

AU cross country teams compete at New York State Championship

11/08/03

SARATOGA, NY-- The Alfred University cross country teams competed Saturday at the New York State Championship meet at Saratoga State Park. The men's team placed fifth out of 15 teams competing and women's team placed 12th out of 15 teams competing. The top runner for the AU men's team was senior Michael Cook (Auburn/Auburn), who completed the eight-kilometer course in 26:59 for a 23rd-place overall finish. Junior Ryan Bank (St. Johnsbury, VT/St. Johnsbury) was 24th with a time of 27:02 and junior Dan Burnett (Spencerport/Spencerport) was 33rd with a time of 27:14. Freshman Kristen Egan (Robesonia, PA/Conrad Weiser) was the top runner for the AU women's team, finishing the five-kilometer course in 19:54 for a 57th-place finish. Senior Kerry White (Congers/Clarkstown) placed 64th with a time of 20:05, while sophomore Elaine Heimers (Warwick/Warwick Valley) was 75th with a time of 20:21. The scores from the meet also count towards the Empire 8 league championship. In those results, the AU men's and women's team both captured third place out of five teams competing. The AU cross country teams compete next on Saturday, Nov. 15 at the NCAA Regionals.