

## Quartet of Saxons earn Empire 8 men's lacrosse honors

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Four members of the Alfred University men's lacrosse team have been named Empire 8 Conference all-stars, including freshman attack [Jake Lynch](#) (Whitney Point, NY/Whitney Point), who was named the league's Rookie of the Year.

Lynch, senior attack [Nicolas Wood](#) (Canandaigua, NY/Canandaigua), sophomore midfielder [Derek Bishopp](#) (Livonia, NY/Livonia) and junior defender [Max Wilson](#) (Menlo Park, NY/Menlo-Atherton) were all named Second Team conference all-stars.

In his first season, Lynch was outstanding, playing in all 15 games (10 starts) and finishing second on the team in goals (46) and third in assists (17) and points (63). He also picked up 19 groundballs and had seven games with four or more goals. Lynch becomes Alfred's second E8 Rookie of the Year; the first was Andy German in 2004.

Wood started all 15 games and led the team with 47 goals. He was second on the team in assists (18) and points (65) and had 28 groundballs.

Bishopp saw action in all 15 games and had 32 points on 22 goals and 10 assists while also picking up 35 groundballs and causing nine turnovers.

Wilson played in 14 games, making 13 starts, and scooped up 35 groundballs (third on the team). He led the team in caused turnovers with 27.

Each season, the Empire 8 honors students-athletes from each conference school who play on teams sponsored by the conference, with Sportsperson of the Year awards. Honorees, chosen by their coaches, exhibited outstanding sportsmanship in keeping with the conference's mission of "competing with honor and integrity." Sophomore attack [John Winchell](#) (Vestal, NY/Vestal) is Alfred's honoree from the men's lacrosse team.

The Saxons finished the regular season with a 12-3 record, tying for third in the Empire 8 standings with a 5-3 conference mark.

The Saxons will host this week's ECAC Division III men's lacrosse championships. AU is the second seed in the tournament and will receive a bye into Saturday's semifinal round, where they face the winner of today's meeting between third-seeded Stockton and sixth-seeded Lebanon Valley. Top-seeded Western New England also received a bye and on Saturday will take on the winner of today's game between fourth-seeded Marywood and fifth-seeded Misericordia.