

## **McDermott named Alfred University's Empire 8 Sportsperson of the Week**

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ALFRED, NY Bonnie McDermott (Grand Island, NY/Mt. St. Mary), a junior on the Alfred University women's swimming and diving team, has been named Empire 8 Sportsperson of the Week. The Empire 8 Sportsperson of the Week program, which debuted this semester, identifies and rewards one student-athlete from each of the Empire 8 conference's member institutions on a weekly basis. The honorees distinguish themselves through exemplary sporting behavior on and off the field of play. McDermott, who was nominated for the honor by Brian Striker, head swimming and diving coach at AU, was honored for the week of Jan. 10-16. "Bonnie's positive attitude has helped her and her teammates work harder in practice and meets. She leads her team by competing to the best of her ability, but by also respecting her opponents," Striker said. "Bonnie's views on competition have helped to make her and her teammates humble when they are winning and respectful towards opponents when not winning. Her attitude is noticed not just by her team and her coaches, but by other teams, their coaches and officials." Student-athletes' performance is also considered when being nominated for the honor. In two Empire 8 conference dual meets last week (victories over Utica and Hartwick), McDermott swam on winning 200 medley relay teams. She also placed third in the 1000 freestyle against Utica.