

Pair of Saxons sweep weekly Empire 8 women's lacrosse honors

3/22/10



ALFRED, NY Two members of the Alfred University women's lacrosse team have earned weekly honors from the Empire 8 Conference. Junior attacker Michelle Adams (Horseheads, NY/Horseheads) was named Player of the Week and junior Kate Baughman (Rush, NY/Rush-Henrietta) was named Goalie of the Week. Both players were honored for their play in three home games last week, all AU wins. The Saxons beat Keuka (15-5), Medaille (16-0), and SUNY Maritime (19-4) to improve to 3-1 on the season. Adams had 13 goals and three assists in Alfred's three games. She reached the 100-point mark for her career in the Medaille game and the next day, against Maritime, netted her 100th career goal. Baughman made 21 saves in the three contests, while allowing just nine goals. She made a week-high 12 saves in the win over Keuka and stopped three shots against Medaille for her first career shutout. AU (3-1, 0-0 Empire 8) plays next on Friday, April 2, at 11 a.m. at Stevens, in the Saxons' Empire 8 Conference opener.