



Long-time Alfredian Alan Littell's "Courage" Page 6

# FIAT LUX



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THE STUDENT NEWSPAPER OF ALFRED UNIVERSITY

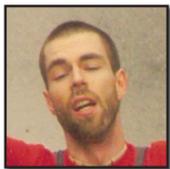


The Fiat Lux has a newly redesigned Web site www.thefiatlux.com

Vol. 103, No. 6

www.thefiatlux.com

February 9, 2009



Andrew Crawford is a man who loves to run. Read his story in Sports.

Sports on back page



Check out Matt Groening's 'Life is Swell,' formerly 'Life in Hell,' comic strip.

Features on page 4



What the (blank) is going on in (blank)? Junior Kristin Rubisch divulges her knowledge of current international issues in her new column

Features on page 4

## SAB announces five bands for Hot Dog Day

By Jeremy Juhasz Sports Editor

It's official. The Students Activities Board announced in January that they have made an agreement

with tour managers and officials from the Bamboozle Roadshow, a tour that will bring five pop-punk bands to Alfred on Hot Dog Day, April 25.

The start time of the show is still

being negotiated, according to Director of Student Activities and adviser of SAB Dan Napolitano.

We the Kings and Forever the Sickest Kids will highlight the event, and Never Shout Never,

The Cab and Mercy Mercedes will complete the show. Bamboozle Roadshow travels the entire United States, from as far west as Tuscon, Ariz., to Worcester, Mass. The 22 tour stops throughout the month of

Continued on page 9...

## Engineering dean Cormack to resign

By Jeremy Juhasz Sports Editor

In an announcement made Feb. 6 on Alfred Today—a daily campus-wide e-mail event calendar—Provost and Vice President of Academic Affairs Suzanne Buckley informed the University community that Inamori School of Engineering Dean Dr. Alastair N. Cormack has decided to resign from his post, effective June 30.

Cormack has served as dean for the past six years.

The reason for resignation in Buckley's statement is that Cormack



Cormack

Continued on page 9...

## No more Snowball Policy

By Thomas Fleming Editor in Chief

Alfred University's Snowball Policy quietly disappeared this year when it was excluded from the 2008-2009 Student Policy Handbook.

The Snowball Policy was enacted in the early 1990s following a series of destructive snowball fights in the 1980s, which caused both personal injury and property damage.

According to an article in the Dec. 13 1985 issue of the Fiat Lux, the "snow-war" was an event that occurred every year between Alfred University and Alfred State College, then called Alfred Tech.

The snowball fight which occurred Dec. 5 and 6, 1985, for example, resulted in both injury and

an arrest. An injured Alfred Tech student received a head injury and an Alfred Tech WETD disc jockey was arrested and charged by Alfred Village Police for "allegedly attempting to incite a riot."

**"We try not to regulate fun."**

- Dean of Students Norm Pollard

The Nov. 18 1986 "snow-war," which was written about in the Dec. 10 1986 issue of the Fiat Lux, resulted in 58 broken windows and six arrests.

Snowball fight participants broke 36 windows at Davis Gym and another 20 windows total at Harder Hall and the McMahon Building.

The culmination of several similar incidents from the "snow-war" snowball battles between Alfred University and Alfred Tech resulted in the Snowball Policy at AU.

"Because of the possible consequences which include personal

Continued on page 9...

## Corning Inc. to lay off 3,500 workers

By Thomas Fleming Editor in Chief

AU's largest employer, Corning Inc., announced Jan. 27 that it will lay off 3,500 workers in 2009 due to poor fourth quarter performance, according to several news sources reporting locally and nationwide.

"While we don't know the full impact of this news...we are keeping a close eye on the situation to see how it will impact our alum that are currently working at Corning and our students who are hoping to work for them in the future," Career Development Center Director Mark McFadden said in an e-mail to the Fiat Lux. "It would be unrealistic to think that the

Continued on page 9...

## From Alfred to inauguration: Two from AU present at historic event

By Thomas Fleming Editor in Chief

Junior Jennifer Johns and Dean of Students Norm Pollard attended the Jan. 20 inauguration of President Barack Obama in Washington, D.C.

In addition to attending inauguration, Johns was invited to two unofficial inaugural balls when she received an invitation to the University Presiden-

tial Inaugural Conference, where about 15,000 students, ranging from middle school students to college students, attended.

At the conference, Johns had the opportunity to see former Secretary of State Colin Powell, former Vice President and presidential candidate Al Gore, Luke Russert of NBC News and political consultant James Carville.

Johns was invited to the inaugural events because she is an alumna of two other student and

government programs. She attended the National Youth Leadership Forum while she was in high school and later the International Scholar Laureate Program.

Below is her account of inauguration day and the following evening.

### Inauguration:

"1:30 in the morning, I went. I got there at the Capitol Building at 2 a.m. because we had to go through the metro. I waited in line from 2 a.m. until 7 a.m. It was at the beginning of the gate, thank god. Then they let us in, and that was probably worse than Black Friday, running in. You know how

like everybody dodged in? It was probably the worst thing in my life. I had two asthma attacks in the process of running to my spot. It was ridiculous. It was

Continued on page 8...

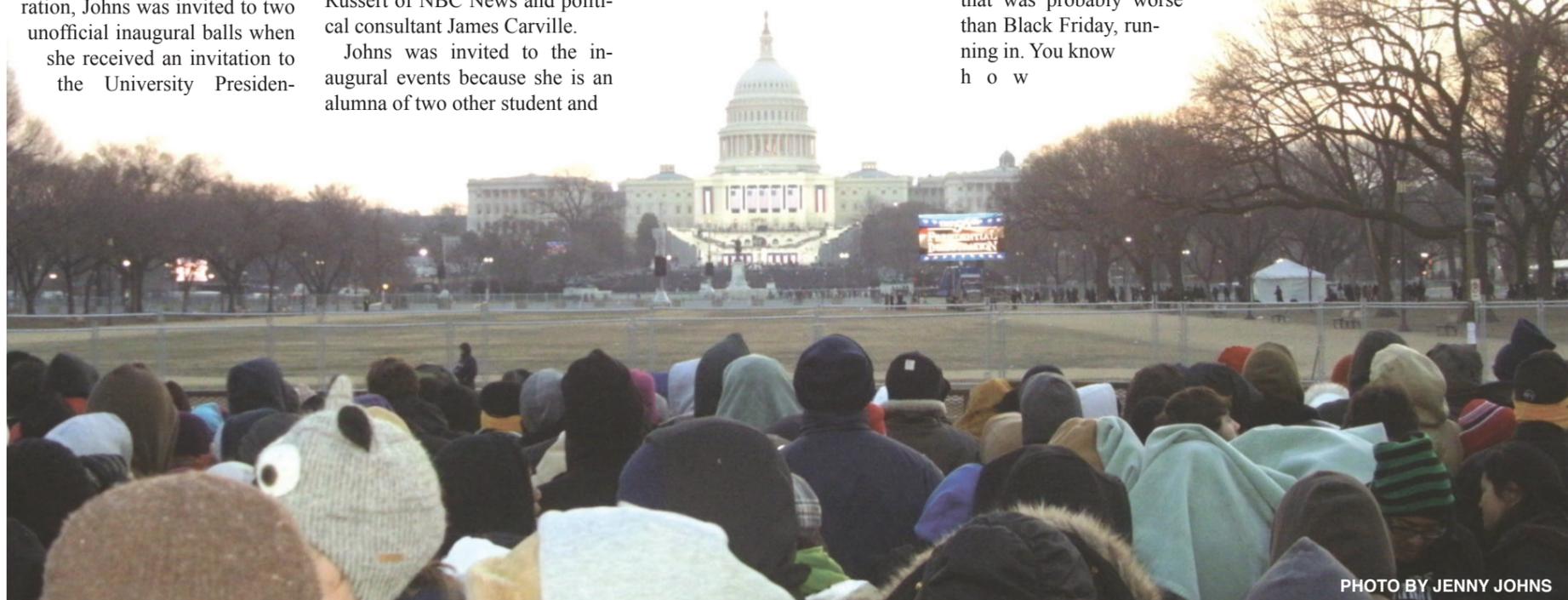


PHOTO BY JENNY JOHNS

## EDITORIAL

### Stimulus package important for faltering economy

Terms like bankruptcy, foreclosure, recession and TARP (Troubled Asset Relief Program) are all being thrown around quite frequently, and we are in the eye of the storm.

"In short, a bad situation could become dramatically worse," President Barack Obama said in a speech delivered on Jan. 8.

This soup of panicky economic jargon is what we have been enduring since the start of the widespread media coverage of our financial state, and President Barack Obama has proposed his solution.

The "American Recovery and Reinvestment Plan" is the title of the economic stimulus package that Obama is proposing which will supposedly save or create 3 to 4 million new jobs, with more than 80 percent of them in the private sector.

The plan involves doubling the production of alternative energy in the next three years by modernizing 75 percent of federal buildings for energy efficiency and building solar panels, wind turbines and fuel efficient cars. The plan also encompasses infrastructure projects (repairing & building roads/bridges), computerizing all of America's medical records, investing in thousands of schools, community colleges and public universities, and providing tax breaks and financial aid increases for college students, as well as a multi-staged middle class tax cut.

These are grand and far-reaching aspirations, but in order to find our way out of this financial quagmire we require grand proposals. The most we can hope for is that partisan politics are set aside to achieve national unity on a plan that will generate the millions of jobs that are so desperately needed.

The debate over minute details should not hinder the core issues, but politics is fickle. This plan may go down in flames, and if it does we can only trust it was for the right reasons.

Obama has accepted a level of accountability for the money this plan employs that tends to inspire a fair amount of trust, even from embittered cynics like us.

"Every American will be able to hold Washington accountable for these decisions by going online to see how and where their tax dollars are being spent," Obama declared at the Jan. 8 speech.

This economic crisis is more than a national problem; this is a global problem. The failure of the United States to not act accordingly on this issue may cause more of a domino effect across the globe than it already has. Obama's stimulus package is a proposal which appears to have merit, time is running short and the effects can be felt even now at the local level.

With businesses such as Corning Inc., AU's largest employer, ready to lay off as many as 3,500 employees this year, closure on the possibility of an unstable job market is exactly what we are all looking for now; not foreclosure on their recently acquired homes.

# FIAT LUX

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The *Fiat Lux* is printed by Adnet Direct and is typeset by the production staff. It is funded in part by Student Senate. The *Fiat* can be reached at (607) 871-2192.

## OPINION

### Letter to the Editor: Stop building moguls at the bottom of the sledding hill

To the Editor:

I am writing to whoever builds the moguls at the bottom of the sledding hill on the AU campus. The small children who go down the hill do not know they are there and are getting injured. Since there are children who also use this hill for sledding, extra caution should be taken. My son was injured today when he accidentally went over a mogul;

he ended up in the E.R. with a fractured wrist. Whoever is doing this - please think about the consequences of what you are doing - and please stop building these moguls.

Dr. Carstens  
Wellsville

### Dude, where's my sidewalk?

Chris Field

Features and Opinions Editor



With the winter season in full force, Mother Nature has shown her might, dumping well over a foot of snow on our campus since we came back from winter break. The accumulation of snow has become a nuisance for many people in the area and the students at Alfred University are forced to suffer through this harsh winter. I'm speaking, of course, about the sidewalks on campus that until early this week had not been plowed. This is not only an inconvenience for the students, but it's downright dangerous. For students forced to walk across much of the campus for classes and such, there should

at least be a clear walkway to make sure they get to their destinations safely. The University is neglecting the safety of the students on this campus by not fulfilling the simple task of clearing the pathways, and something needs to be done about this. This may mean having someone out there every morning to perform maintenance on the walkways, or perhaps allowing students an excused absence because they feel it's not safe to walk to class. Something needs to be done about this situation before a serious injury occurs to a student because of the University's negligence.

### I'm not, like, a fan of the word 'like'

Jeremy Juhasz

Sports Editor



Everyone has their own pet peeve, that one thing that drives them crazy. Mine is a measly four-letter word: "like." Ever since it was introduced as a word coupled with "as" to form a simile in the English grammar lexicon, it's been pretty important. But the recent trend of its overuse and obnoxious repetition drives me berserk.

The word itself is supposed to distinctly compare. It's supposed to make connections. In reality, its function has been altered and, I think, demoted into a weak descriptor, depicting items that don't need further explanation.

In class this has become the norm. Take for example the teacher posing a question to a hesitant and/or unprepared student. In the student's explanation and answer, which is usually long-winded, the pupil intends to sugar coat the fact they may have not completed

the required reading or assignment. So instead of admitting fault, the student will bombard the word "like" into a response as many times as possible so that the instructor can counter with:

"Okay Johnny, you're on the right track."

Please!

You're not fooling anybody and the instructor knows it's a feeble attempt, but, for your sake, he or she won't call you out on it. I've seen this done time and again. So while it appears I'm upset with students, I'm just as frustrated with the faculty's silence. What's perhaps worse is the state of the other students in the class who can't help but stare at their desks, hoping that person isn't called out. Talk about awkward tension.

Furthermore, the use of "like" gets the conversation nowhere. In fact, I feel my knowledge takes three leaps backwards. It's like I have to put the training wheels back on after I've already mastered the local, paper-boy gig for a year. (Sometimes to make a point, this word is unavoidable.) It's just simply frustrating.

But now this word doesn't just appear in the classroom. In fact, it's everywhere. I'm starting to believe the number of advertisements a person is exposed to in our society pales in comparison to the number of times that same individual encounters that infamous four-letter word, whether spewing it themselves or, unfortunately for them, having to soak it in. (I tend to try and have it go in one ear

and exit out the other.)

I don't know how this word has exploded in our society in what seems like such a short amount of time.

Is it an extension of the West coast valley girl hoopla? Maybe.

It seems probable, but it doesn't even matter, because it's stuck, and I don't see it leaving. This is not the Yo-Yo or the Tickle-me-Elmo nationwide craze that will eventually fade away. This is language and communication, which requires much more effort to relinquish.

But you know things have hit an all-time low when your pet peeve is exercised by you. It's been subconsciously planted in my mind, to my dismay. I find myself using the word I can't stand others mouthing.

There are many things in our culture that influence our communication and I'm curious if it's something that can be reversed? Yes, we have a "like" epidemic in America.

What I'm most fearful of is that this word will go unnoticed or be avoided as a topic for scholarly research. I don't need you to rally behind my whining and bitterness, but I don't want this word to dominate the circles of higher education. It would be, like, a catastrophe!



The Green Guide

BROUGHT TO YOU BY GREEN ALFRED

Use reusable tote bags for any and all shopping trips, whether to the grocery store or the department store. If you do get a plastic bag, make sure to save it and reuse it at least once.

# Ask the Alfred computer guy



**Mike Stone**  
Staff Writer

**Question:** "I have a MacBook computer at home. I got it in 2007, so it is fairly new. Last night it froze up and I couldn't get it unfrozen. I shut it off and then tried to turn it back on. When I did, I got another frozen white screen with a flashing question mark in a folder. [...] I am new to Macs, and I was wondering if there was a simple fix that I am missing."

**- Hannah Young**  
assistant professor of counseling psychology

**Answer:** The flashing question mark means one of two things: either the computer can't find a working bootable operating system or it can't find the hard drive altogether. Luckily, unless there is an actual hardware failure, there

are simple fixes that typically result in no loss of data.

Dust off the CDs that came with your Mac and identify the one marked "Disk 1." Power the computer on, immediately insert the CD, and hold down the "C" key to boot up the disk. At the first menu, choose the language of your liking to get to the first installation screen, then go to the top menu bar and choose "Utilities," then "Disk Utility."

When "Disk Utility" opens, select your hard drive and click "Repair Disk Permissions." When that finishes, click "Repair Disk." Assuming there were no unresolved error messages, quit the application and reboot the computer.

If this did not do the trick, boot from the CD again and perform a "Repair Install" of OSX. This is a special installation that will rewrite the core components of the operating system while leaving your applications and user profile (and all music, documents, etc. contained within) intact. Go through the standard steps for OSX installation, but when it asks you to select the destination drive, STOP. Click the "Options" button and make sure the following settings are checked: "Archive and Install" AND "Preserve Users and Network Settings." Click OK and

continue through the rest of the installation normally.

If none of this seems to make things better, go ahead and give the ITS Helpdesk a call for further troubleshooting – if hardware failure did occur and the system is still under AppleCare, we can help you with all parts and installation. If the laptop is no longer covered by AppleCare, we can still provide you with helpful links for good deals on purchasing replacement parts as well as assist with the installation to get you back up and running again in short order.

**Question:** "I tried to send a Windows Media video to my daughter, but she was unable to play it because she has Mac. What can we do?"

**- Thomas Foreman**  
local resident

**Answer:** There are a few options for this; the best is not the one you might think, though. A lot of people seek out solutions for this and find that Microsoft made a Windows Media Player for OSX – unfortunately, this software is buggy, bloated and hasn't been updated in quite some time.

Your best bet is to have your daughter go here: <http://www.telestream.net/telestream-home.htm> and click the "Flip4Mac – Get Free Player" link on the lower right hand side of the page. Flip4Mac is a free product that allows .wmv files to be played natively within Quicktime on the Mac and works extremely well.

Any other non-Quicktime-native file (such as .avi) can be easily handled by one of the most robust, clean, and easy to use pieces of free software to ever hit the world of computers (and it's available for Windows, Mac, and Linux): VLC Media Player. downloadable from <http://www.videolan.org/>. If I come across a video file that I'm unable to play in any other program, I know that I can throw it at VLC and watch it with no hassles.

This edition's questions were fairly Mac heavy this time around, but rest assured Windows users, I'll be able to answer your questions as well.

To send your inquiry, shoot an e-mail to [stone@alfred.edu](mailto:stone@alfred.edu) with the subject "Alfred Computer Question."

# Roving Reporter

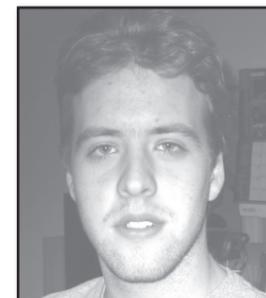
**"What do you think about this year's large act?"**

By Harold Muntner  
Office Manager



"I have no interest because I have no idea who they are."

-David "Ash" Torey  
Theater Senior



"I'm looking forward to that."

-Chris Harnett  
Undecided Sophomore



"Never heard of them."

-Sam Schuman  
Psychology Sophomore



"I don't really care I haven't heard of the bands"

-Nick Mahan  
Electrical engineering Junior

# AU Health and Fitness: Don't 'catch' a cold

## A look at the myths and management of the common cold



**Matt Cohn**  
Staff Writer

The frigid months of Alfred always seem to bring on a wave of coughing and sniffles that make our lives more difficult. Like soldiers, we march on with sneezing, runny noses, coughs, headaches and a general feeling of malaise. This enemy we face is the common cold. To conquer our enemy, we must know its plan of attack and exploit its weaknesses in order to defeat it. Fall-in!

So who is our enemy? The common cold, otherwise known as acute viral rhinopharyngitis, is a viral infection that affects our upper respiratory system. Many different types of viruses can cause the cold, and these many types of viruses

have many different and constantly accumulating mutations. This is why we can't become immune to colds through exposure or vaccines. The most common culprit is the rhinovirus.

A frequent misconception we often hear people say is that they have the flu, when they, in fact, have only the common cold. The flu is caused by a completely different virus – influenza. The flu differs symptomatically from a cold by a manifestation of more severe symptoms, such as extreme exhaustion and fever. We cannot be 100 percent sure whether a person has a cold or influenza unless laboratory tests are performed.

What is our enemy's attack route, and how can we stop it? Colds are very contagious. They are passed person to person through inhalation or contact with nasal secretions (sneezing) and saliva secretions (coughing). An old myth is that we catch colds from exposure to lower temperatures. This is not the case – colder outdoor temperatures cause us to change our behavior in a way to increase our chances of developing an infection: we stay indoors in close proximity of others.

A key method of reducing the spread of the virus among people is the simple act of hand-washing.

It is ideal to wash your hands for approximately 20 seconds, making sure to rub every surface briskly (the friction gets rid of the virus), including under your nails. Another key habit to take up is to avoid touching your face or rubbing your eyes with unwashed hands – if you do, you may rub the virus on or near an entry point to your body. A word of caution: carriers of the virus may not have symptoms, so be consistent with good hygiene habits.

How can I stop this enemy invasion? Cold symptoms have been shown to begin approximately two to five days after the time of exposure, often with symptoms of an irritated throat. Cold symptoms most often are seen resolving after approximately one to two weeks. Unfortunately, there are no drugs to treat the common cold. A common misconception is that we can treat a cold with antibiotics – we simply can't treat viral infections with something designed to kill bacteria; they are very different organisms.

So what about vitamin C and zinc? There is some evidence suggesting that vitamin C and zinc can decrease the intensity and duration of colds, but there are also a number of studies indicating that their benefits are not that statistically

significant – make sure you don't overdose should you choose to take supplements. A common herbal treatment for the cold, Echinacea, has conflicting studies as well.

The most proven treatment for colds, not-surprisingly, is plenty of fluids, nutritious food, general comfort and sleep.

Sleep deprivation is associated with cold infections; one study suggested that people who get eight or more hours of sleep per night had one-third the chance of getting a cold than people who get less than seven hours of sleep.

Mom was right all along!

To sum it up: Make sure you develop good hygiene habits. Take care of your body, and your body will take care of you. Go in good health fellow Alfredians. Forward march!

Matthew Cohn is majoring in biology with a minor in exercise science. He has been certified as an emergency medical technician – basic (EMT-B), certified nursing aide (CNA) and personal trainer (NCSF).

This article is for entertainment purposes only.

Questions? Comments? Contact Matthew at [mac8@alfred.edu](mailto:mac8@alfred.edu)

# What the Gaza is going on in Israel and Palestine?

**Kristin Rubisch**

Contributing Writer



The conflict between Israel and Palestine is an important issue to understand in our globalized world. Recent events emphasize the need to know who is involved, when this conflict began, and what it is about.

As with many conflicts, one can trace back hundreds of years for its origins. With this in mind, it

is hard to pinpoint the exact moment when this conflict began. It is, however, safe to say that it manifested itself in modern times in 1917, when Great Britain issued the Balfour Declaration. This promised the Jewish population a home in Palestine, but only with respect for the rights of the non-Jewish Palestinians currently residing there. Large immigrations to the territory led to its declaration of statehood in 1948, in addition to sparking the animosity of the neighboring Arab states.

Several decades of war over the legitimacy of an Israeli state ensued, followed by Palestinian civilian uprisings (intifadas) seeking a Palestinian state separate from Israel's control.

Israel, under President Shimon Peres and Prime Minister Ehud Olmert, is still balancing its desire for security and its previous prom-

ise for Palestinian self-determination. The Palestinian Liberation Organization and its administrative branch (the Palestinian National Authority) have established themselves as the legitimate government of Palestine, headed by President Mahmoud Abbas. While the relationship between Israel and the PLO was much different in the past (the PLO was once a terrorist organization), they had established an unofficial peace agreement in 2003 after the second intifada. However, a radical political organization (Hamas) won a majority of parliamentary seats in Palestine in 2006. While the United Nations was able to establish another ceasefire later that year, it was fragile from the start. Hamas regularly announced its hatred of Israel and the need for militant action against them, using suicide bombers on a frequent basis. Hamas' popularity

has arguably increased in the three years since that agreement, perhaps due to the strains of Israel's tightened border control on the Gaza Strip and West Bank. Issues such as an 80% unemployment rate, a freezing of money transfers into Palestinian territory, a project constructing an illegal wall through private property, and a strict limitation on products (such as food and gasoline) entering and exiting has only increased the desire of Palestinians to change their current situation.

As the ceasefire's term drew to a close in December, tensions were high and the United States (working with the United Nations, the European Union, and Russia) failed to establish a lasting peace with the Road Map Plan. On December 26th, an outburst of violence involving Hamas launching rockets into Israel began a 23-day

offensive that tallied a death toll of at least 1,200 Palestinians and 13 Israelis (BBC NEWS). Another tenuous ceasefire was established on Jan. 18. Unfortunately, this ceasefire is far from stable or functional, and the most promising option is an Egyptian-brokered agreement. Hamas has promised to continue its fight while Mahmoud Abbas has repeatedly expressed interest in a two-state solution, involving Israeli withdrawal to 1967 borders, Palestinian sovereignty and viability and peace. Israel remains in control of the borders as before, and is now unclear on whether it will support the Road Map Plan or new peace talks led by either the United States or Egypt. There is only one question left to ask, and no answer is apparent: what comes next?

## A for Alfred, C- for parking

**Catherine Dillon**

Staff Writer

Alfred University is not receiving high marks on parking from the student body.

"It is easier to get a Ph.D. than a parking space in Alfred," said one AU senior.

On the popular college rating Web site collegeprowler.com, AU is 'just passing' with a C- grade for parking. College Prowler is a stu-

dent-generated Web site that rates the 20 most relevant campus life topics and services to students and acts as a virtual go-to guide for honest information on prospective colleges.

Alfred University's parking issues have been steadily increasing on campus and are negatively affecting both students' and visitors' desire to attend or visit the campus.

AU is losing support and enthusiasm from patrons and students because much of their energy is exhausted finding a legal parking space. A group of students jokingly said that their parking tickets cost more than tuition and that they may need to transfer to a college with better parking.

"If there was more parking on campus, I would attend more lectures, performances and visit my

granddaughter on campus more often," said 90-year-old Bessie Constantine.

The Motor Vehicle Appeal Committee and various public safety officials seem to imply that students should not expect convenient parking on campus, and that they should pack their walking shoes.

A student's rebuttal to this perspective was, "If I wanted to at-

tend a large college that I needed to hike to get to class I would have, but I chose AU for the small and 'convenient' campus lay-out."

As parking issues continue to escalate, there will inevitably be a confrontation. The University will either create more accessible parking for the community, or the students will pay for a different type of ticket: a one-way ticket out of Alfred.

# How to successfully appeal a parking ticket

By Catherine Dillon

Staff Writer

Although writing a parking appeal may feel something like a Dear Abby letter, to be heard by

AU's Motor Vehicle Appeal Committee, it takes a strong appeal with hard facts and extenuating circumstances.

"The appeal should have a reasonable explanation," said

Motor Vehicle Appeal Committee Chairman Steve Crandall. "Frequently we receive appeals that make up their own rules, use profane language or have poor use of the English Language. This

doesn't make the board any more sympathetic."

Ever since the new system iParq, a state-of-the-art automated parking solution, was integrated into AU's Public Safety Department, tickets have been on the rise while appeals have decreased.

Students who believe they have received a ticket due to reasons out of their control should appeal the ticket within the given five-day period, and include all pertinent information regarding the situation.

"Public safety workers are quick to issue tickets—you could be parked a little over the line and you would get a fine," said freshman political science major Autumn Miller.

The Motor Vehicle Appeal Committee meets about every two weeks and reviews approximately 50 to 70 appeals during a meeting, according to public safety secretary Lena McDermott. The approximate number of successful appeals was unavailable.

The committee officially consists of two faculty members, two public safety workers, and two students, but the committee frequently operates with as few as two individuals because of scheduling conflicts, according to Crandall.

"Two students were just elected to sit on the committee by the Student Senate," said Crandall at the end of the fall semester after numerous meetings were held.

There are few parking spaces and few people listening to student appeals, so students must take time to properly and appropriately convey the situation

which led them to be in violation of the University parking regulations.

To write a successful parking-ticket appeal, the student should read over the parking rules and regulations found on the University Web site to understand the violation. You want to first, address the regulation that was violated and explain the situation which led to the violation. Your next step is to include pictures to assist the committee's understanding of the situation. The pictures need to be sent separately to the Public Safety email account, [publicsafety@alfred.edu](mailto:publicsafety@alfred.edu), because the online appeal application does not support images.

"Certain people who get stuck in things that are beyond their control should be cut some slack," said Crandall.

Once the appeal has been sent out it takes about a month and a half to receive an appeal decision. If the appeal has been denied, don't despair. Although the initial appeal has been denied, you have the right to request to meet with the appeal committee to revisit the appeal. Within the five-day period, the student can call or visit the Public Safety Office and speak with Lena McDermott to schedule a time to meet with the committee.

"I really wish that someone would have told me about the appeals process in order to fight my ticket," said senior communications major Elizabeth Daniello. "I have rights as a student, but unfortunately no one tells you about these things."



# What happens to all of those unused meals?

By Jaelyn Rath  
Staff Writer

At the end of every semester, meal plans the majority of Alfred University students are required to purchase are often left with dozens of meal credits that cannot be refunded to students or rolled over to the next semester.

Right now, about 35 percent of meals already purchased are uneaten, Director of Dining Services John Dietrich said.

AVI Foodsystems Inc., which runs AU's dining facilities, is now half way through its five-year contract with the school. It provides for the two main dining halls on campus, the MidKnight Express and the CyberFresh Café.

AU students are required by the University to purchase a meal plan, with prices ranging from \$4,070 for the 150-meal plan to \$5,000 for the 300-meal plan, according to AU Meal Plan Information 2007-2008. At the end of the semester, uneaten meals are lost.

Dietrich explained that students pay for a set number of meals to eat over a period of time, regardless of whether the students come for their meals or not. This is necessary, since the dining halls are always prepared for students to come in, which costs money in food, labor and supplies. Dietrich compared the meal plans to a health club membership. A customer buys a membership in advance, and the equipment is available for him or

her to use. How much the customers actually use what they paid for is up to them.

"The students have the opportunity to use the meals," said Dietrich. The dining halls are open regularly and combo meals are offered at MidKnight Café as well as the Cyber Fresh Café.

The money that students spend on their meal plans does not go directly to AVI, said Dietrich. The University first charges the students for their meal plans, then AVI charges the school a daily rate based on previous years' eating patterns and the number of students living on campus. AVI also keeps track of the unused meals in past years to factor in when making its price estimate, in order to

help students and the company get the most for their money.

At the time of the interview late last semester, Dietrich said that there was a 67 percent participation rate. Over half of the meals purchased had already been used at this point in the year.

Students have expressed some concern over the climbing prices in the dining halls, especially as they see posters in Powell Campus Center advertising how much the school has been saving since the introduction of the tray-less dining halls.

"I don't understand why the prices are going up when the amount of product being used is going down," sophomore English major Ashley Lysiak said.

Although the dining halls are saving up to 1,000 pounds of food each week from tray-less dining solutions alone, that doesn't cancel out the escalating food prices due to the economy. Dietrich said that although AVI purchased less milk than the previous year, it actually cost more in the end due to climbing milk prices.

As for the tray-less dining halls, Dietrich explained that it was a "student-driven decision," focused more on the environment than on decreasing the bottom-line price.

"Students get the impression that we're a money-grubbing corporation, but we are a family company trying to do what's best for the business and students," Dietrich said.

# Survey results show high depression rate at AU

By Celia Precioso  
Contributing Writer

Many AU students are depressed, and alcohol and drugs are among the main causes of this problem.

"Suicide among college students is growing every year, and now Alfred is named one of the 50 schools with depressed students. Faculty and staff need to take this more seriously, and the University as a whole needs to find activities and alternatives to drinking and drugs," said Seward C. Landerdave, a resident director.

In spring 2007, 598 AU students

completed a survey administered by Pam Schu, a Health and Wellness Educator, which showed that depression was among the top 10 health problems at Alfred University. Of those who were polled, 23.3 percent reported experiencing depression during that year. This data is a little bit higher than the reference group rate, which is 18.4 percent, according to the American College Health Association - National College Health Assessment Spring 2007 report.

Some people think that more should be done with regard to this problem, because they believe the increasing rate of depressed stu-

dents shouldn't be overlooked.

"Depression is completely underrated on college campuses. Not many students feel like they need counseling, yet are still feeling down or depressed," said Landerdave.

Depression in AU students is frequently caused by factors such as stress from school, binge drinking and Seasonal Affective Disorder.

Writing papers, completing homework and preparing for exams can all cause stress, and a bad time-management system for dealing with those academic demands can result in even more stress.

"If they don't have the tools to manage the stress, they feel overwhelmed, and that could lead to depression," Schu said.

"When it comes to drinking alcohol, having one or two drinks can help of-age students relax, but binge drinking will only add more stress and problems, and could end up in depression," she remarked.

On the other hand, there are some external factors which can make a student feel depressed. One of them is the Seasonal Affective Disorder (SAD) which is a mood disorder caused by the lack of light in winter. It can be treated with a SAD lamp, a specially de-

signed light, used for 30 minutes two or three times a week.

It has been proven that most of these factors have an academic impact, affecting individual performance, lowering grades and causing anxiety, which is one of the causes of depression. But there is help available for those who have suffered some of these symptoms, and students shouldn't be afraid to ask for help.

The Counseling and Wellness Center is located in the Crandall Center for Counseling and Health Services on Park Street in Alfred. To schedule an appointment, call: 607-871-2300.

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## ARTS &amp; ENTERTAINMENT

## The Alfred effect: The story of Alan Littell

By Leah Houk  
A & E Editor

Alan Littell, seasoned journalist and author of "Courage: A Novel of the Sea," which was published in November 2008, spends much of his time in the recesses of Herrick Library as a part-time staff member. Most students are probably unaware of the Littell family's multiple connections to AU.

Littell, who is originally from New York City, worked for years as a self-syndicated writer, and his pieces have appeared in approximately 50 publications, including the New York Times, Chicago Tribune, Los Angeles Times and several European publications. He has been a travel journalist for Travel and Leisure Magazine and Ocean Navigator Magazine, among many others.

Littell first attended Kenyon College, but he left after a year and spent the better part of two years at sea. His father was the one who enrolled him at AU. After graduating in 1953 with degrees in psychology and sociology, Littell "hopped right back on a ship."

From 1968 to 1984, Littell served as the News Bureau Director at AU, and he was the editor of the alumni newspaper.

During the 1970s, wealthy 1924 AU alumna Evelyn Openheim provided Littell with some books from her extensive library. Years later, Openheim ("I know all the kids pronounce it 'OPP-en-heim,' but it's 'OPEN-heem,'" Littell said) asked Littell to help her catalog and increase her library.

When Openheim died in 1992 she endowed the collection to AU, and Littell still manages the collection, which has grown from 6,000 books to around 10,000 books under his charge.

Alfred has proven to be a hub for the Littell family, and the community suits him nicely. When he retired in 1984, Alan and his family stayed in the village.

Littell's wife, Caroline, has worked as a photographer for various magazines and newspapers. Born in Cairo, Caroline holds dual citizenship in the U.S. and the U.K., and she spends five months of the year in Greece, where she is active in Greek democratic politics through Democrats Abroad.

Littell's son, Harry, 44, received his master's degree in Fine Arts from AU in 1988, and he now works as a sculptor,

photographer and digital photography teacher in Ithaca. Harry's imitation woodcut prints appear in Littell's new book, "Courage." Littell's younger son, Matthew, 42, lives in Pasadena, Calif., with his family. The Littells have four grandchildren.

Literary talent, as well as a strong connection to AU, runs in the Littell family.

Littell's brother, Robert, who also graduated from AU in 1956, is a well-known author of espionage novels. Robert's 2002 bestseller "The Company" was made into a three-part television series starring Michael Keaton, Chris O'Donnell and Alfred Molina.

In 1996, Jonathan Littell, Alan's nephew and son of Robert, became the first American to win the Prix Goncourt, the most prestigious French literary award, for his novel about the Holocaust, "Les Bienveillantes." Harper Collins will release the English translation of the novel in March 2009 as "The Kindly Ones."

Alan, who has written for several French publications in the past, said, "I like some of my brother's books, but Jon's is too dense for me. When it's translated into English, I'll read it."

Jonathan's connection to AU involved a near kidnapping while he was doing humanitarian work in conflict-ridden Chechnya, a Muslim republic in southwestern Russia, eight years ago.

Jonathan's father, Robert, wanted to recognize the kindness of the driver who drove Jonathan to safety during an ambush. He could think of no better way to honor and thank driver Adam Susarov than to offer an educational opportunity to Susarov's son, Akhdan, whose university scholarship had been cut off due to the political upheaval. AU President

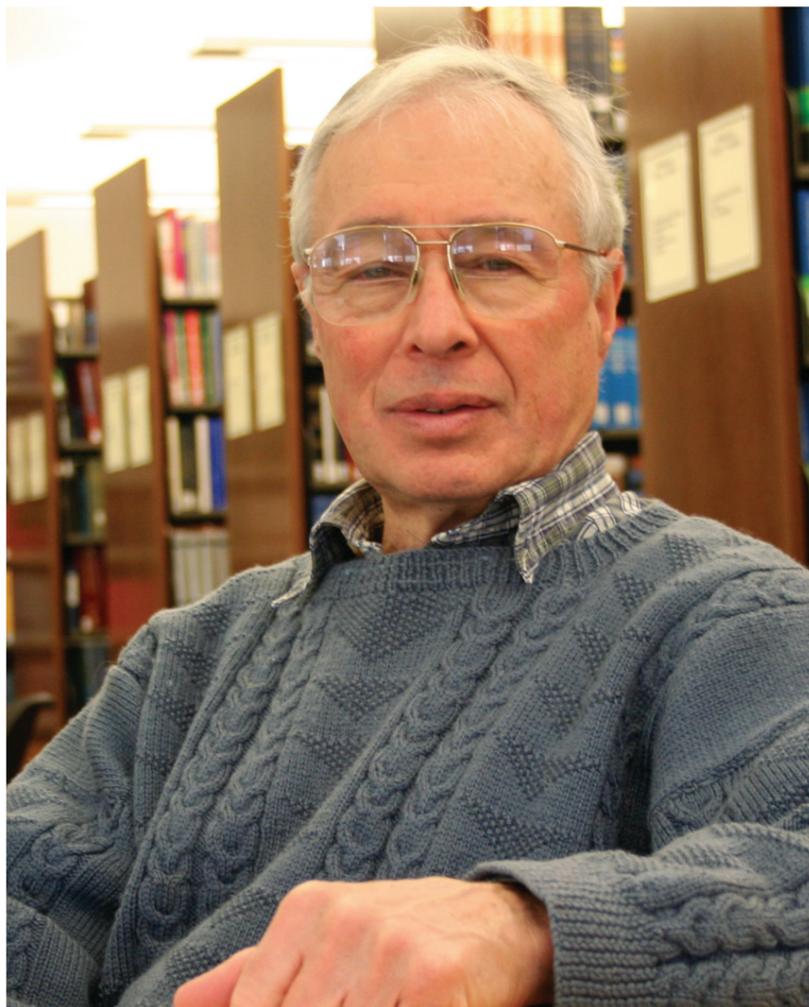


PHOTO BY LEAH HOUK  
Alfredian writer Alan Littell released his new novel "Courage" in November. Littell works part time in Herrick Library, managing and expanding a book collection endowed to AU by alumna Evelyn Openheim.

Charles Edmondson agreed to allow Akhdan to attend AU. According to Alan Littell, Robert insisted that he (Robert) had received a better education at AU than Jonathan had at Yale, and he was overjoyed to offer the opportunity to someone who wouldn't have otherwise received it. Alan's appreciation of Alfred also runs deep. "I love it here," Littell said. "I love the people."

## Littell's new novel tells a nautical tale

By Leah Houk  
A & E Editor

The release of "Courage: A Novel of the Sea" by Alan Littell is a culmination of Littell's considerable experience as both a mariner and a writer.

"In one way or another, I've been fooling around with it for forty years," Littell said of the novel, which tells the story of a hazardous ocean rescue off the coast of Ireland.

The main protagonist, Johnny Driscoll, is the fourth mate aboard a Europe-bound New York steamer that changes its course to respond to a distress call from a sinking London cargo ship.

The first version of the book was published in England in 1962, but Littell said, "It should not have been published. I disown it. It was a juvenile work."

During the last few years he "broke the book down to its skeleton" and rewrote it.

The revision process is a tedious one for perfectionist Littell. He estimates that he revised each page 20 to 30 times, and all on a typewriter.

"I don't like this machine," Littell said, indicating his computer.

Herrick librarian and archivist Laurie McFadden handles all Littell's computer work, and she

has helped him with upwards of 40 articles and two books now.

Littell previously published another novel, "Corruption," under the pseudonym Ciaran Ross. The book details the workings of a Boston newspaper and the corruption within it.

The choice of his pseudonym, as well as the setting of "Courage" in the North Atlantic, reflect Littell's enduring love of Ireland.

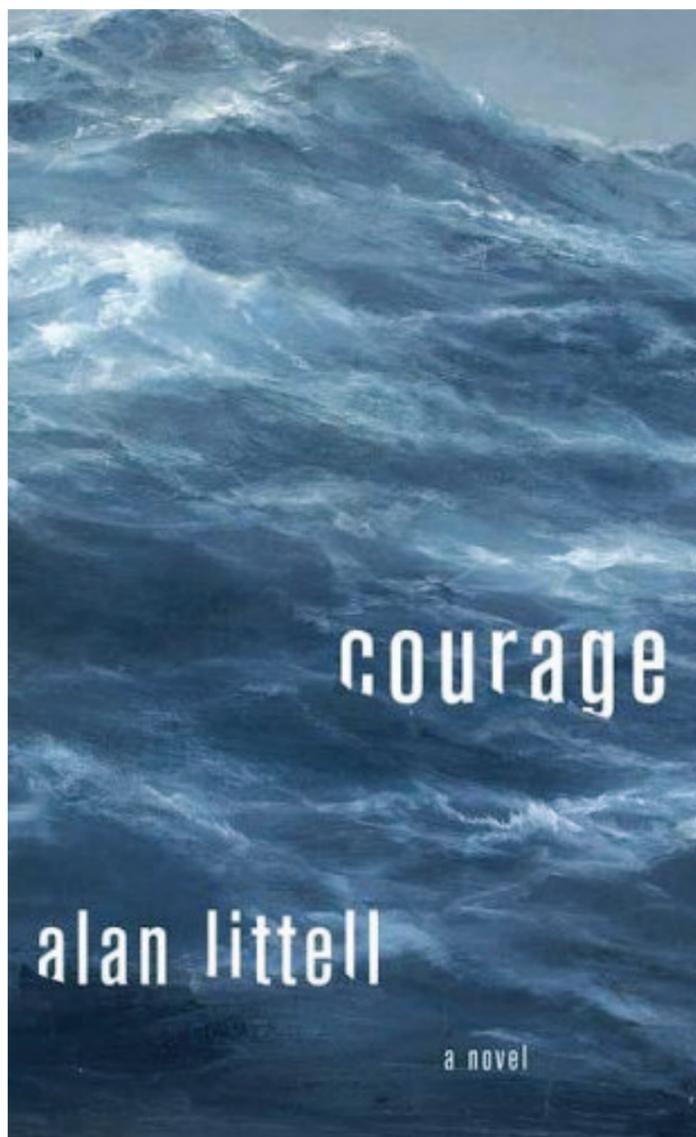
Littell's preferred method of typewriting manuscripts complements the style of his more recent book.

"'Courage' is not a modern book; there's no sex in it, there's no drugs in it," Littell said.

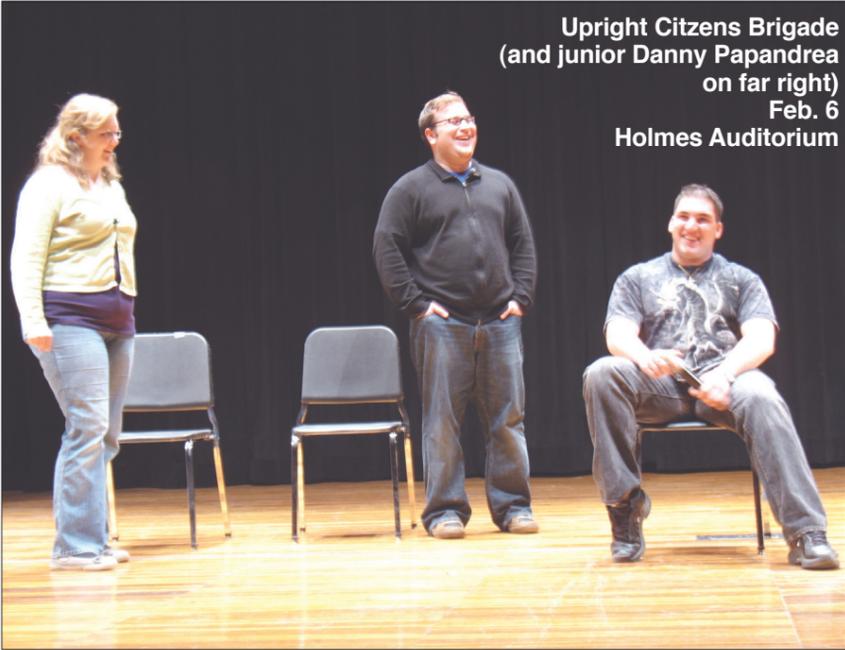
Jonathan Carr of The Athens News hailed the book as reminiscent of the work of authors Tomlinson and McFee—"poetically rich and succinct...with the definition and atmosphere of a black and white film."

Littell, who turns 80 this year, said, "Writing books is a total commitment. I don't think I've got the energy anymore."

However, Littell is content with his completion of "Courage." "I'm satisfied that I've gone as far as I can go with this particular topic," he said.



# Dragons and puppets and people...OH MY!



Upright Citizens Brigade  
(and junior Danny Papandrea  
on far right)  
Feb. 6  
Holmes Auditorium

PHOTO BY THOMAS FLEMING



Ventriloquist Lynn Trefzger  
Jan.31  
Holmes Auditorium

PHOTO BY NADINE TITUS



Dragon snow sculpture  
between Powell and Herrick

PHOTO BY NADINE TITUS



PHOTO BY ADAM BIGGAR

The words "Good Morning" are written on the quad outside of Powell Campus Center.



PHOTO PROVIDED

From left, Meg McLaughlin, Nick Dosch, "Drawing With Chalk" director and writer Todd Giglio and Tiffany Butler. The film included actors from AU and scenes shot in Hornell.

### Inauguration...continued from front page

like Black Friday going into a mall. It was ridiculous. But it was fun. Some gates, though, you had security times a million. They were only letting two people in at a time. I don't know why at my gate they weren't, but they weren't doing any security. There was a little security there, but there wasn't anybody checking us. It was really weird. There was D.C. Police, there was Military Police, and there was police from all over the United States. There was literally military up the wazoo, FBI, local police. Just everybody. You were back to back packed with people.

"They gave our tickets to the middle-schoolers, which really made us mad. We were supposed to be basically right behind the celebrities. It was like half-a-mile away, give or take. We were really close actually. You could see the Capitol people, but they were just little dots. Jumbotrons were everywhere, so that helped out.

"To get on to the Metro station people were pushing through. We beat the crowd. It took us five hours to get back to the hotel. There was a grid line of people. It was ridiculously packed. And, it wasn't just certain parts of the city; it was the whole city, with people back to back. The metro station was closed."

#### Inaugural Ball:

"I didn't get back until about 5 to 5:30 p.m. Then I ordered room service and got a Caesar salad and chicken fingers and everything like that, and didn't get to that portion of my meal and ate the Caesar salad and within an hour I was sick...throwing up. And, I felt better so I was like 'let me get ready for the ball' and I got all dressed and was waiting in line to get on the busses, because we take busses everywhere, and I just got really weak and I was like 'I can't go. I can't do this.' My head just started spinning. So I went to my roommate and I was like 'I need to go to the bathroom. Is there a bathroom close?' I collapsed in the process of going to the bathroom. My legs just gave out. And, I couldn't walk. They had to pick me up and put me in a chair. That's when I had the live interview with the school.

"I had food poisoning, salmonella, dehydration, my skin was extremely dried out, my head was spinning, and I couldn't remember mostly anything that happened except for collapsing. I was in the hospital until five in the morning."

After being released from an American University hospital, Johns rode home with her grandparents, and returned to school, where she resumed classes a week late, still recovering from food poisoning and dehydration and not knowing whether President Obama made it to either of the two unofficial inaugural balls she was invited to.

Johns stayed at the Washington Marriott Wardman Park hotel, where, according to Johns, Ted Kennedy was going to hold his inaugural ball. However, Kennedy's ball was canceled after he collapsed at an inauguration day lunch.

"I'm going to write to Obama and say how I missed the balls and what had happened."

Johns hopes that she will receive at least an autographed photograph of Obama.

#### Below is Pollard's account of inauguration day.

"My oldest daughter, a graduate student at Georgetown who lives in Arlington, Va., my youngest daughter, and I left her Arlington apartment around 7 a.m. and headed to the Metro. Since automobile traffic was restricted, hundreds of people were walking down the street towards the entrance of the subway. The Metro was

running on a rush hour schedule meaning that a train with extra cars came through every two minutes. Even with this increased passenger capacity, it took three attempts before we could squeeze on. Fortunately everyone aboard was in a great mood and didn't mind being crushed together.

"Once we got off the Metro we headed to the (National) Mall. By this time the crowds were in the thousands, all walking down the middle of the street flanked by a wide variety of security and emergency personnel. The temperature was in the mid-teens and the wind was



PHOTO PROVIDED BY JENNY JOHNS

Junior Jennifer Johns poses by a float featured in the inaugural parade early in the morning before inauguration.



PHOTO BY NORM POLLARD

A view of the crowd at inauguration in Washington, D.C.



PHOTO BY NORM POLLARD

A look at the busy streets of Washington, D.C. during inauguration day.

brisk. There were vendors selling T-shirts, buttons, hand-warmers, food and warm drinks. There were also folks giving away hats, scarves, snacks and different products. Outlining the edges of Mall were thousands of portable toilets. It was weird to see them for blocks and blocks!

"On roofs of the buildings surrounding the Mall were sharpshooters. The main avenues had temporary barricades and fencing to funnel the crowd. Surprisingly, we did not have to go through any security check points. No one searched our bags, we didn't have to walk through metal detectors and we weren't patted down. It was easier to get through there than at Darien Lake or a Bills' game. It was then that I truly realized that all the security was to keep the president safe, not the crowds.

"We knew we did not have a chance to get near the actual ceremony, so we parked ourselves near one of the JumboTrons. They were replaying the weekend concert and the performances were enhanced the festive mood of the crowd. Even though we were very far away from the Capitol, we were squeezed together. There were many families who came en masse - from grandparents to babies. Many brought photographs of those who could not make the ceremony or had died. There was a real sense that history was being

made.

"As it got closer to the start of the ceremony they switched the Jumbo-tron feed to live TV. There were loud cheers for many of the dignitaries, and a few boos for the former Vice President and President. Once the ceremony began, the crowd was very quiet. Everyone was glued to the images on the screen. After President Obama finished his oath of office a lot of people started to leave. That's what they came to see and they didn't seem interested in hearing the poetry or singing. Of course, everyone had been standing in the freezing cold for several hours and were ready to get moving.

"Once the ceremony was over it took a long time to move everyone off the Mall. It was like Hot Dog Day on steroids! We said good-bye to my oldest daughter and left to head back to Union Station and to catch our train to the BWI (Baltimore-Washington International) Airport. What would normally have been about a half-hour walk, took three times as long. Even so, we made our train on time, got through airport security and caught our plane back to Rochester, N.Y. We were exhausted, cold and more than a little overwhelmed with being able to witness such a historic event!"

# Campus wireless is not up to par for some students

By Joy Frye  
Contributing Writer

Despite a major upgrade to the University's wireless Internet equipment, some students still feel that wireless Internet on campus comes up short.

There appears to be a common thought among the students here at Alfred University this semester: What's up with the wireless? Across campus there have been several complaints about our newly expanded wireless service. However, the wireless service has actually improved this semester, according to Information Technology Services Network Services Manager Adrian Morling.

"It's not perfect," Morling said.

Students have complained about faulty signals and decreased browsing speeds. However, a few wireless improvements were already made for the 2008 to 2009 school year this summer, including more wireless access points and increased bandwidth, Morling said.

"I had no idea ITS did that," Claire Pitts, a sophomore interdisciplinary arts major who has been experiencing issues with her wireless connection, said. "I just thought they (ITS) were having some kind of issue with their system."

The thing is that most students fail to realize that their own usage greatly affects the quality of the

wireless, Morling said.

According to Morling, more students are using the Internet as a recreational tool during their leisure time, and it's putting a strain on how well the service functions. For example, there has been an "influx in video and media" that spans from watching YouTube videos to downloading music from iTunes. These sites and programs use a lot of bandwidth, which slows down the wireless service when a large number of students log on and use them.

Morling explained that aside from shared bandwidth, there are other factors that can affect the reliability of the wireless connection.

"Wireless by its very nature is

subject to the elements," he said.

Therefore, the signal can be affected by unsatisfactory weather. Any sudden change in the weather could cause it to dissipate. Another thing that can cause a problem with connectivity is the Internet itself. Occasionally, students may be able to receive a full wireless signal, but the Internet will have problems when trying to access it. Unfortunately, this issue is out of the control of ITS. The reliability of the Internet and wireless are separate, Morling said.

Overall, the transition to campus-wide wireless has proved useful to students and faculty. The decision was acted upon after considering the number of mobile devices used on campus and how their owners

would benefit from a wireless signal. There are 180 wireless access points spread around campus to ensure the most coverage possible. However, there are a few areas on campus that have better reception than others, and few that may not receive a signal at all.

"We don't have 100 percent coverage," Morling said.

He is, however, working toward bettering the network.

Morling explained that next year the contract ITS has with Time Warner will be up for negotiation. That being said, he hopes to better the service with higher speed and additional bandwidth.

"We can improve," Morling said.

## Paranormal researcher to 'haunt' audience at Alfred University event

On Saturday, Feb. 21, Alfred University will host John Zaffis, paranormal researcher, who runs the Paranormal and Demonology Research Society of New England based in Connecticut.

Admission to the event, which begins at 8 p.m. in Holmes Auditorium, Harder Hall, on campus, is free.

Zaffis has over 30 years of experience researching and examining

the paranormal and is considered to be one of the leading specialists in the paranormal field today. He has worked with spiritualists and psychics studying how their knowledge is used for channeling,

reincarnation, and meditation to gain the information they need.

In addition, Zaffis has made appearances on "Unsolved Mysteries," "Fox News Live" and has been featured in the Discov-

ery Channel's documentaries "A Haunting in Connecticut" and "Little Lost Souls."

### SAB...continued from front page

April serve to promote a two-day Bamboozle festival, "The Bamboozle," held in East Rutherford, N.J., on May 2 and 3, which features Fall Out Boy and No Doubt.

Alfred University is the only college venue scheduled. The Roadshow visits the House of Blues in Cleveland one day before making the journey to Alfred.

It was imperative for SAB to lock in a large act as soon as possible, after last year's last-minute booking of Gallagher.

"Last year SAB planned on bringing the band Broken Social Scene, but they backed out on us with less than a month before Hot Dog Day," SAB President Kristie

Valentino said in an e-mail to the Fiat Lux. "We then had to make a decision as an executive board and as a club to try and make up for our loss. We didn't want to let the students down, so the decision was pretty easy."

Vice President of SAB, Julie Gordon, says that the emphasis to place the large act on Hot Dog Day hasn't always been there. Only two years ago, when Gym Class Heroes invaded AU, was the large act booked on Hot Dog Day. Gordon says that now it's almost a priority and expectation of SAB's to deliver a Hot Dog Day large act.

Without explicitly stating that it's a requirement to have the large

act on Hot Dog Day, Valentino said that she thinks hosting a large event on a day filled with entertainment is logical.

"Hot Dog Day is one of the times that all of SAB can work together to put on a great show," Valentino added.

This particular act was a good fit into the allotted \$30,000 budget given to Alfred's most well-endowed student organization, while still fulfilling a goal to try to please students and further involve the community.

"As the Student Activities Board, we try to reach out to as many students as we can, so we thought that these five bands would

do that," Valentino said. "With all of this entertainment, we hope to appeal to more than just Alfred University students, but also the public and SUNY Alfred."

Since Wonka, a candy manufacturer, sponsors the tour, the show's cost was made more manageable, allowing SAB to essentially bring five separate concerts into one event.

Gordon also said that SAB plans to hand out promotional tickets to regional city radio stations in Buffalo, Rochester and Binghamton. Not only will this large act draw a crowd within the Southern Tier, but students can expect neighbors from nearby cities to come to Al-

fred.

Napolitano says that tickets will go on sale beginning March 1. It will cost Alfred students as well as Alfred State students \$5 for the first ticket, and then students can purchase an unlimited number of tickets at the standard \$10 rate.

At this point, SAB is looking to add staff to help run the event. Interested students are encouraged to attend SAB's weekly meetings on Mondays at 6:15 p.m. in the Multicultural Suite in Powell Campus Center.

For more information about the Bamboozle Roadshow tour, visit <http://thebamboozle.com/roadshow/home.php>.

### Cormack...continued from front page

intends to "devote more time to his teaching, research, and scholarship."

A dedicated scholar, Cormack is a lead researcher on the topic of computer modeling of materials. His expertise in that area has prompted invites to 34 lectures

worldwide, and Cormack has published more than 20 papers, according to Buckley.

His tenure as dean spawned vast upgrades at the administrative and educational level within the school. Cormack led the efforts to combine statutory and

non-statutory programs into a single unit, and today, the Inamori School of Engineering has a cohesive "school-wide first year engineering sequence taught by faculty from several engineering disciplines."

Under his watch, the Inamori

School of Engineering developed a relationship with Kyocera Corporation, an influential company that donated \$10 million in honor of Dr. Kazuo Inamori. It was the largest gift to the School and paved the way for further research in nanotechnology and materi-

als science, while additionally allowing the school to name four Inamori professors as outstanding scholars in their field.

Buckley's full statement can be found online at [http://www.alfred.edu/alfred\\_today/docs/Cormack011909.doc](http://www.alfred.edu/alfred_today/docs/Cormack011909.doc).

### Snowball...continued from front page

injury, damage to University or personal property, and intimidation of others, the throwing of snowballs will not be tolerated on the Alfred University campus," the Snowball Policy states in the 2007-2008 Student Policy Handbook. "Individuals who are identified as participating in snowball

fight or throwing snowballs will be subject to University judicial action as well as possible arrest and prosecution."

Across the street from AU, Alfred State College's student handbook still includes a snowball policy. In the Village of Alfred, however, Alfred Village Police

fine persons acting disorderly for disturbing the peace if they are participating in dangerous snowball activities, according to Alfred Village Police Chief Timothy O'Grady.

According to Dean of Students Norm Pollard, the Snowball Policy at AU was covered by other poli-

cies and was therefore eliminated from this year's policy handbook, since it was considered a redundant policy. Pollard also said that since he has been the Dean of Students, the policy has not been used against any students.

"The act of throwing a snowball to me doesn't need a policy,"

Pollard said. "If someone uses that snowball, or ice ball, or puts stones in it and throws it at someone and hurts someone, we've got a policy to cover that. We try not to regulate fun."

Note: AU Archivist Laurie McFadden aided in the research of this article.

### Corning...continued from front page

economic downturn and layoffs at Corning will not affect future hiring, but we are hoping that growth at the diesel plant and in the research and development areas will continue and result in opportunities for both students and alumni."

Corning Inc.'s Web site (<http://www.corning.com/>) states that Corning Inc. "is the world leader in specialty glass and ceramics," creating components for high-tech devices such as LCD televisions,

computer monitors, laptops, telecommunications network equipment and optical fiber.

The 3,500 jobs to be cut account for 13 percent of Corning Inc.'s entire workforce, including 640 jobs to be cut locally at subsidiaries in Corning, N.Y., according to a Jan. 27 Corning Leader article.

Director of Communications Sue Goetschius told the Fiat Lux that AU currently has a reported 255 alumni working for Corning

Inc. or one of the company's subsidiaries, but since alumni self-report their employment status and place of employment to the university, this number may not accurately represent the number of AU alumni working for Corning Inc.

Corning Inc. employs about eight to 10 AU alumni every year, making the company the university's largest employer, according to Career Development Center Director Mark McFadden.

Some students are not too surprised or concerned about the Corning Inc. layoffs.

One student, Victoria Knox, a graduate research assistant in the College of Ceramics, has worked for Corning Inc. for two summers. Knox said she does not believe that the impact of Corning Inc.'s job losses will be permanent.

"I'm not entirely surprised that Corning is having layoffs," Knox said in an e-mail to the Fiat Lux. "It's the nature of the beast at

this time, but I don't think this is a permanent thing for Corning. Corning is only doing what is best for vitality of the company."

Students and alumni concerned about future employment can make an appointment with a counselor at the Career Development Center. For more information, go to the Career Development Center's Web site at <http://www.alfred.edu/cdc/>.

## 'All Electric' and 'Zero Emissions'

### Physical Plant invests in an all-electric truck



PHOTO BY NADINE TITUS

Physical Plant's new electric-powered truck parked outside of Myers Hall.

By Sam Urann  
News Editor

While trekking around campus, students may have noticed a small, white work truck with the words "All Electric" and "Zero Emissions" written on it. This truck is another example of AU's efforts to go "green."

The University vehicle purchased this new truck in order to be more environmentally friendly, Director of the Physical Plant David Peckham said.

Physical Plant purchased the vehicle from Miles Electric Vehicles (<http://www.milesev.com>). The truck is the ZX40ST model work truck and has an all

steel body construction. The University ended up paying in the range of \$15,000 to \$18,000 for the vehicle.

The truck can travel from zero to 20 mph in roughly five seconds, and it can drive for roughly 50 to 60 miles per charge.

This electric vehicle also requires roughly 90 percent less maintenance than a gas-powered car, and it is capable of charging at any standard 110V wall socket.

The truck is legal on streets up to 35 mph, which makes it ideal for AU, Peckham added.

## A Bergren Forum on alternative energy

By Sam Urann  
News Editor

The employment of alternative energy in this continually globalizing world is fast becoming a reality, and Alfred University is directly involved.

This was the topic of Dr. Doreen Edwards' lecture titled "Alternative Energy Science, Technology and Policy" that was delivered at the Feb. 5 Bergren Forum.

Edwards is a professor of materials science and engineering in the Kazuo Inamori School of Engineering. Edwards' areas of concentration are oxides for electronic, optical, energy and environmental applications.

The energy problem facing the world, as most already realize, is

a fossil fuel problem, Edwards explained. The depletion of petroleum, coal and natural gas due to limited reserves as well as increasing demand are at the center of the problem.

Edwards provided some sobering information about the nature of the world's situation, such as geophysicist Dr. M. King Hubbert's graph of the rate of global oil extraction. According to Hubbert's graph, oil production is currently reaching its peak, and by 2200 oil reserves will be almost completely depleted. There have been theories of replacing oil consumption with all natural gas, although Edwards noted that all the natural gas would only last roughly 50 years.

The distribution of oil, coal and natural gas will continue to cause

social as well as political tensions on the international level until renewable, environmentally friendly solutions are found. Edwards explained that this solution will need to be three-pronged, with a combination of human behavior, government regulations and technological innovations.

Human behavior necessitates action on an individual level like reducing, reusing and recycling. Government regulations and incentives through the U.S. Department of Energy advocate basic energy science research, clean coal initiatives and solar energy technology programs. The Solar America initiative, for example, is attempting to implement cost-effective solar technology by 2015.

The final prong is technologi-

cal innovations in energy with the aid of federal funding, and Edwards noted an optimistic attitude towards this possibility due to the new executive administration. Edwards added that today, 2 percent of federal research and development funding is devoted to energy, unlike the 10 percent that was devoted in the 1980s. This current funding is equivalent to 2 percent of what was spent on the Apollo mission, and Edwards proposed the possibilities if a program for alternative energy gained half of the national support of the Apollo program.

Edwards highlighted the solar power as one of the more promising alternative energy sources, since 86,000 terawatts (TW = one trillion watts) hit the earth from the sun, and humans only use 15 TWs.

Alfred University is directly involved with the technological advancements of concentrated solar power. One of these CSP systems employs parabolic troughs with receiver tubes running along the center. These trough systems help funnel the light into the receiver tubes. AU faculty and staff, including Edwards, have designed oxide enamel solar selective coatings for these receiver tubes to optimize their solar absorptency.

The energy research in the Kazuo Inamori School of Engineering will continue here at AU, and the energy policy decisions of the recently elected President Barack Obama will be closely watched as forward motion is constantly made in this field.

## Herrick Library Café closed



PHOTO BY KODI TIDD

Herrick Café closed down Jan. 23 after only three semesters of business.

By Sam Urann  
News Editor

The Herrick Library Café closed indefinitely on Jan. 23 due to a lack of use, but the café may have been doomed to a short business life after a long planning period.

"It wasn't getting used, and it's closed pending discussion about the space," Library Director and Collection Management Coordinator Stephen Crandall said.

The Herrick Library Café opened fall 2007 and remained open through fall 2008. The café served cappuccino, lattes, espresso, Taylor and Byrnes coffee, cold beverages and pastries.

Crandall specified a variety of reasons for the closing of the café. First, the revenue was not adequate for the University, since only received about one-fifth of the total revenue paid to both the University and AVI Foodsystems Inc.

According to Crandall, the plan for the

café was developed from 2001 to 2002 after AU received a gift and a 2002 student survey showed a demand for a coffee house, Crandall said. By the time the renovations to Herrick Library were finished, however, the demand for the coffee house diminished.

"Students would fall asleep while waiting for customers," Crandall said.

On September 18, 2008, credit cards were accepted as payment and consumer turnout still didn't improve, Crandall said.

Crandall speculated that the close proximity to Lil' Alf Café and the opening of the Terracotta Coffee House in 2003 may have also played pivotal roles in the café's eventual closing.

The area of the library that was the café will still be used for functions and events, Crandall said. These events include Team Trivia, the Student Expo and student performances.

"For the moment, we're going to leave it as is," Crandall said.

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**SPORTS**

# Inside the walls of AU's AT room

## A glimpse at the 'team' that cares for our athletes

By **Jeremy Juhasz**  
Sports Editor

Inside the McLane Center rests a room where no athlete wants to spend a majority of their season. The athletic training area can be intimidating and often burdensome for athletes. But, its purpose—to prevent injury—has served AU student athletes time and again, only to reap the benefit of self gratification.

“Athletic training is not a field you get into for high recognition,” said AU’s head Athletic Trainer Andrea Wilkinson. “You get the job satisfaction from knowing you help personnel.”

Wilkinson acknowledged that there are many fields that are under appreciated, but at the end of the day, they have a practical function. And for the athletic trainer, it’s no different.

Injuries vary from sport to sport, but there are trends, says Wilkinson. It typically depends on the sport and each position. There’s no proof of a correlation between injuries as a result of Alfred’s outdated/lack of facilities, but Wilkinson says that if the University decides to construct a new athletic complex, it would not only benefit the student athletes, but it can put ATs in prime position to fulfill its role.

“(Now) you have people running back and forth,” Wilkinson said. “Whereas if you had satellite athletic training rooms you can provide better coverage for everybody.

**Crawford...continued from page 12**

per hour, the temperature hovering near 40 degrees and precipitation prevalent from start to finish, Crawford said the Boston Marathon was no easy task. However, he overcame these obstacles, clocking in at a time of 2:54 (without the wind factor a time of 2:45) with an average mile pace of 6:38. This placed Crawford 520th out of 23,000 runners.

Crawford said he stared at the camera and cheered with open arms as he crossed the finish line, making the front page of the Boston Globe right next to the first-place finisher. Even though he wasn’t first place, the photograph captured the anguished relief of a man who had come full circle and who was finally recognized for his hard work and achievement.

Currently, Crawford continues to run for the Genesee Valley Harriers (GVH), a club team focusing on 5ks and 6ks, with the occasional 8k and 10k. Crawford is preparing for the 10k Spokane Washington USA Club National Championships.

Although now he has become the assistant coach to AU Men’s and Women’s Cross Country and Track teams, Crawford’s experience has become great advice for runners at AU, and his experience fortifies his status as a mentor.

“He was very knowledgeable about cross country and was good at recognizing things we needed to work on in our running,” said junior math major and runner Rachel Gay-

lord. Wilkinson is assisted by Mike Conroy and Bryan Brockway. Wilkinson says that it’s very much a team atmosphere between the three of them, rotating assignments and filling in when appropriate. With a new certified staff on the service side, there’s a new atmosphere inside the AT office this academic year.

Junior Athletic Training student Doug Graham can clearly see a difference with the new staff.

“It’s more inviting for people and less intimidating,” said Graham, “and we (as AT students) have more of a say as to what goes on in here.”

Sophomore AT student Zach Spencer agrees with Graham.

“It’s more relaxed,” he said. “Athletes like it a lot more.”

Wilkinson says that she can’t attest to how things were prior to her arrival, but hopes that the clinic is upbeat. She insists that it’s important for athletes to seek help and a trust factor combined with a pleasant atmosphere can make for an optimum working environment.

Approximately, 30 student AT’s are enrolled at AU, each gaining valuable hands-on experience in all sports. As a first-year in the program, students are required to serve 50 hours. ATs additionally sign up for 50 hours each year until seniors are at 200 hours. Seniors are also required to arrange an off-campus internship.

As a first-year, students are only allowed

lord.

As head coach last year for the Cross Country and Track and Field program in addition to graduate study obligations, Crawford had a lot on his plate. With no other individuals willing to coach the team, it was up to Crawford to keep the program alive. Even with other responsibilities in his life, he still managed to provide workouts every day, give advice and take the team to meets.

“In my opinion he did an outstanding job. He was a student and a coach, which isn’t easy, and he knew how to motivate us,” said junior art and design major and runner Megan Crimmins.

When asked whether Crawford enjoys coaching, he said, “Coaching cross country was definitely more fun. You get to show your knowledge as coach.”

Crawford said he enjoyed the post as head coach, and respected others’ opinions of the sport. Whenever someone challenged his philosophy of running, Crawford would question his style.

The man does rest at some point, believe it or not. When Crawford is not running, he can be laid back. He enjoys hanging out with his friends and putting together puzzles, while listening to classical music.

Crawford says some people can run 120 miles a week without taking a day off, and some people need a day off once a week.

“You just have to learn how your body

to observe, but as sophomores are put on assignment with one of the three certified trainers, participating in full capacity.

To reach sophomore status, a spring semester, first-year student has to apply to the clinical portion of the curriculum. These are the folks you see wearing the purple polo.

The AT program is focused on next year’s visit from the Commission of Accreditation of Athletic Training (CAATE). Without an accredited program, students are unable to sit to take the certification exam post-graduation. The commission fine combs the program, similar to an audit. Needless to say, it’s an important component to the program and early preparation can never hurt.

“We’re preparing now,” said Wilkinson, pointing to an organized shelf lined with three-ringed binders. “So that’s a big deal that Alfred is an accredited program.”

Currently, the AT office is flooded with patients as swimming, lacrosse, track and field, softball, skiing, equestrian and basketball are all in full swing. Not to mention, football spring practices resume after the spring break.

In a room that may appear chaotic, don’t worry because this team has a plan of attack. With a younger enthusiastic staff, student ATs and athletes are now on the same team, working together toward common goals: health and success. Now that’s a win-win.

works through trial and error, and trial and success!” he said.

Preferably, Crawford takes a day off once every other week, but sometimes can go 50 days without rest.

Crawford has had his share of successes. He’s also had his embarrassing moments, which really says a lot about his character. Crawford’s sense of humor brings joy to fellow AU runners, especially during gruesome workouts. Crawford takes the workouts seriously, but jokes around often, which provides a good break.

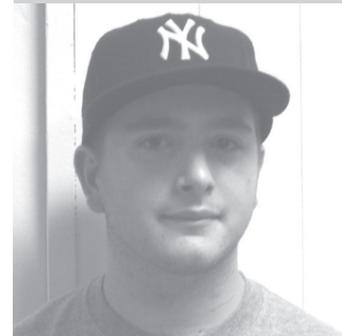
When asked about the most embarrassing thing that ever happened to him, he described a story about his fanny pack stuck around his waist in the third grade. Young Crawford decided to pull the pack down instead of detaching it, which ultimately came down, along with his pants, in front of his classmates.

“Crawford as a person is never a bore. He can make you laugh no matter what your day has been like,” said Crimmins.

Although Crawford is often humorous and laid back when not running, he is a force to be reckoned with on the track. Crawford’s determination and natural competitive edge makes him a formidable foe, and his years of experience have made him not only an excellent runner, but a role-model too.

# Underdog losers still gain respect

**Nathan Weiser**  
Copy Editor



The Arizona Cardinals shocked the NFL and made the Super Bowl even after they were said to be undeserving of qualifying for the playoffs. Their surprise came only months after fellow cellar-dwellers the Tampa Bay Rays reached the World Series. Unfortunately, for both moribund franchises they were not able to pull off the upset and win their respective championships. However, the Arizona Cardinals are the better underdog story to rally around since they have been in existence for more than 100 years, and have called such cities as Chicago, St. Louis and Phoenix home. The Cardinals surely put forth a valiant effort against the Pittsburgh Steelers who are almost the polar opposite of the Cardinals, known for their tradition of excellence (sixth Super Bowl win) and long-standing ownership of the Rooney family.

The Cardinals season and story is uplifting, because they were able to prove all the doubters wrong, and win three playoff games. Arizona’s victory proves that the media pundits should let the games be played before saying the team has no chance in the world. Arizona, despite humiliating defeats to the Jets and Patriots, remade their image by playing near flawless football in all phases.

Their last championship was in 1947. After a half century of futility, their next playoff win came in 1998. It was time they to treat their fans to post-season glory. They were able to rally around likely hall-of-famer and, highly respectable quarterback Kurt Warner. Warner has had, at times, a bumpy road, and the Cardinals have had a similar predicament so you could say that they were made for each other. Warner started out stocking groceries before coming from nowhere to lead the St. Louis Rams to a Super Bowl championship. Later on he was supposed to be a teacher to young players such as Eli Manning and Matt Leinart. But at that point his game, was inefficient and his career was supposedly over.

Another fascinating story from the Cardinals season was wide receiver Anquan Boldin, after he needed to have screws placed in his head thanks to a vicious hit by the Jets’ Eric Smith. He was able to make it back sooner than anybody expected and display his amazing skills on the field helping the Cardinals to victory.

The mercurial and religious Warner, as well as the rest of the team, proved everybody wrong and granted the owner, Bill Bidwell and his franchise, some measure of respect, which is an uplifting sign for other struggling franchises. This should be a lesson to all teams spanning the ranks from college to professional athletes that you should never give up or sell yourself short, because you just might achieve something special. Even though the Cardinals did not win the Super Bowl, they finally brought interest back to the franchise and reversed the trend of having so many disappointing seasons.

## Alfred Saxon Scoreboard

Team	Opponent	Result	Record	Next Opponent
Alpine Skiing	Rochester	M 4th/W 2nd	N/A	Cornell
Eq. (Eng/Wst)	Caz/Oswego Invit.	3rd of 12/2nd	N/A	Cazenovia
Track and Field	Susquehanna Invit.	None Provided	N/A	Kane Invitational
M Swimming	St. Lawrence	W, 140-103	9-1, (5-0, E8)	Empire 8/NYSWCAA
W Swimming	St. Lawrence	L, 148-75	3-8, (1-4, E8)	Empire 8/NYSWCAA
M Basketball	Ithaca	L, 73-71	7-13, (2-9, E8)	Nazareth
W Basketball	Ithaca	L, 64-39	10-10, (4-7, E8)	Nazareth



## SPORTS



PHOTO BY NADINE TITUS

The Alfred Swimming teams were on display in McLane on Saturday Jan. 31 as a dual meet welcomed E8 rival Hartwick. The men won 130-98, while the women lost 148-83. Both squads currently are prepping for states in Syracuse later this month.

## Running past the doubters: The legend of Crawford

By Lee Consolo  
Staff Writer

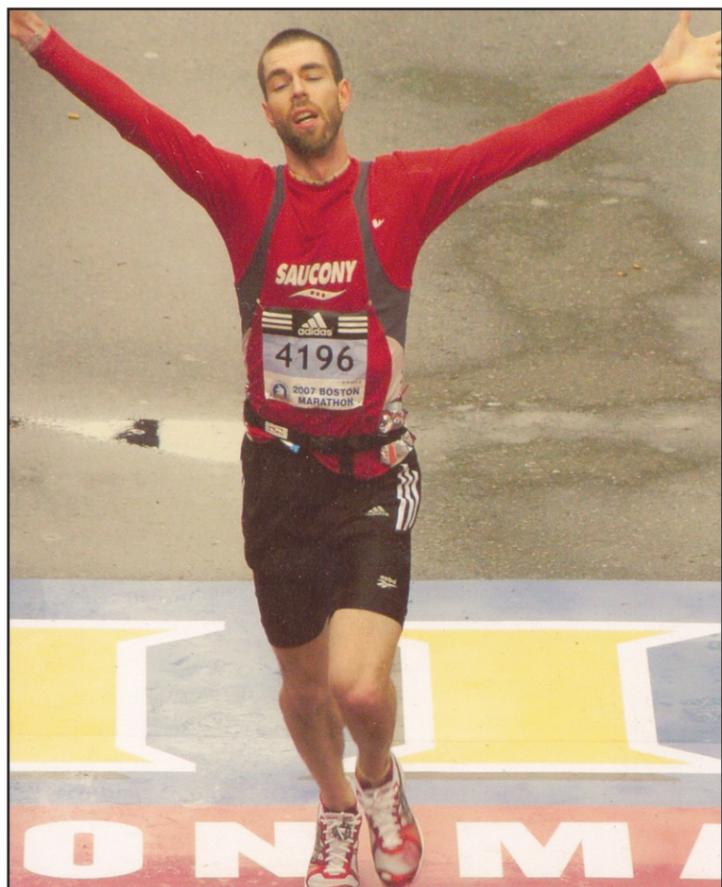


PHOTO PROVIDED BY ANDREW CRAWFORD

Andrew Crawford finishes the Boston Marathon in 2007. Crawford placed 520th out of 23,000 participants.

With tights equipped, T-shirt over Under Armor, Pearl Izumi Synchrofloats II sneakers laced, Andrew Crawford begins what appears to be a casual run.

It's when he returns from the run covered in mud, cold, and doused in sweat, that one notices a warrior. As Crawford enters the McLane Center looking like he just went through war, one can't help but ask:

"Where did you run today?" said one of AU's cross country runners.

"How long of a run was it?" another one asks.

These are questions Crawford has grown accustomed to. They merely remind him how ambitious of a runner he has become, from a competitive high school athlete to a persistent college runner.

Alfred University graduate student and glass science major Andrew Crawford has certainly been through many races, whether it be 5ks or 26-mile marathons, and has come a long way since the days of the "gym mile in the sixth grade."

Crawford, now currently the assistant coach of the Men's and Women's Cross Country and Track and Field team, has been running for years and has had a tremendous amount of experience in the sport. But where did his hunger for running begin? What motivated Crawford to be where he is today?

After running the mile in the sixth grade quickly on multiple occasions, Crawford's gym teacher asked him to join the school's cross country team. At first, Crawford was one of the slowest members of the

team.

When Crawford entered Canandaigua Academy, he continued to run cross country. As a true competitor, Crawford grew "tired of getting his ass kicked," and began to train and run harder. Crawford, throughout school, didn't have a blemish on his record, coming first in every race. Crawford's attitude— to be the best of the best— made him the fastest.

When Crawford enrolled at Alfred University, his running career continued. Crawford took up cross country again and was repeatedly the 8th man on the team, throughout his four-year stint. Track and field appealed to Crawford as well, and he became a part of the 1500-meter run and the 3k. Crawford always wanted to run the 800-meter run, but his coach felt he wasn't fast enough and never let him run it until his junior year. Crawford did not disappoint. He ran the 4x800 meter relay, capturing a piece of a new school record. Crawford's persistence, even in the eyes of his doubters, wouldn't stop him from capturing first.

During his graduate student years, Crawford said he wasn't as concerned about academics, which benefited his training schedule. Crawford became faster than ever before. And when former AU teammate Jeff Worton said, "You should do this marathon," Crawford accepted the challenge.

With the decision to run a marathon on such short notice, Crawford had only four weeks to train. Crawford began running more miles each day as his training intensified. After the race, Crawford qualified for the Boston Marathon, which would take place six months later in 2007. With winds blowing at 30 miles

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