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Men's Basketball Page 8



Victoria Flood chronicles her misadventures, page 6



THE STUDENT NEWSPAPER OF ALFRED UNIVERSITY

Photo provided by Jonathan Merrit

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Alfred's foundry spirit returns

Jonathan Merrit
Contributing Writer / Photographer

The Alfred community poured their heart out in the second annual charity event held at the National Casting Center on Saturday, February 12th.

The event, which is presented by the NYS College of Ceramics, was open for free to adults and children. People visiting the event could engage in open molding sessions, place bets in an open raffle, and bid in a silent auction. All proceeds from these activities will be donated directly to the local A.E. Crandall Hook & Ladder company, as well as the international non-profit organization Doctors Without Borders. This is the second year in this event's history, stemming from the tremendous success of last year's "Pour for Haiti" event, which raised over 5000 dollars for relief efforts following Haiti's devastating earthquake.

So how did this seemingly tiny event end up raising so much money? It all started last year with Walner Edmond, a student in the School of Art & Design at Alfred University. Edmond's father lives in Haiti, and he experienced the worst of the quake. While his father lost his home, thankfully he survived, and Edmond decided that he wanted to help others in the relief effort. He joined the Foundry Guild

in creating a fundraising event, hoping that he could help contribute.

The event ended up being a huge success, so much so that the students who organized it proposed it become an annual occurrence. "People were pouring in right at 2:01," declared Tim Peters, a fellow Art & Design student and a major organizer for the event. The unexpectedly large turnout

made sure that the foundry was packed all afternoon, but the success didn't stop just there. Like this year's event, a silent auction was held to help the fundraising, where students and faculty alike donated some of their artistic endeavors to be placed up for bid. "Last year, the highest bid we got was over 200 dollars," explained Peters. This year, some pieces were going for

nearly just as much, with one spectacular sculpture made by a junior selling for over 160 dollars. "There was such a good crowd last year that we wanted to do it again. And, the community wanted us to do it again too," added Peters.

And indeed, the community did show their love for the fundraising

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Above: Chelsea Bouffard and Crash Wiley pose with firefighters

Right: Scott Kreider oversees crafts at the foundry's Pour Your Heart Out event.



Photo provided by Jonathan Merrit

Pam Schu finds a new home on AU residence life staff



Jericho Shackelford
Editor

Pamela Schu, former health and wellness educator, began work as one of two assistant directors in the Office of Residence Life Wednesday, Feb. 2 following a search that began last semester.

"One of Pam's greatest attributes is her dedication to the well being of every individual she comes into contact with...and I am excited to see how she will incorporate herself into the fabric of our residence life family," said director of Residence Life Brenda Porter about the new hire.

The move represents a life long accumulation of experiences for the new assistant director who began work as a nurse working in Planned Parenthood, realized she had more to offer and so moved on to

teaching, then found work in Alfred University's Wellness Center and has finally - it would seem - come to rest within the ORL family.

For those unacquainted with Pam Schu she may first be recognized by her smile emblazoned from cheek to cheek and an unassuming bob to frame the gleam. Hers is one outstanding personality indefatigably working to exude pep: an enthusiasm not overwhelming but just right to get the point across.

"If someone wants to reach their potential they can overcome," said Schu.

Schu is not without the proper credentials. She gained her B.S. in nursing after developing a background in both education and psychology. Later she earned a masters degree in Health Science Education,

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AU ushered into a less certain financial era

Jericho Shackelford
Editor in Chief

Colleges and universities throughout the state of the New York are evermore finding themselves on the brink of a mandated evolution, hastened still by proposed budget cuts to New York State funding.

"Every institution,

whether educational or not, must change, must adapt to its environment," said President of Alfred University Charley Edmondson nearly a year and a half ago to a community about to witness its foundation rattled by recession.

While there is no

immediate threat to Alfred University, institutional survival will soon mean achieving to greater extents that which has previously been discounted as improbable. Student recruitment, energy efficiency and increasing explored opportunities for revenue are all aspects of the university

that have been obliged to adapt and therefore have developed some of the most thought inspiring appraisals on campus.

As stated under the major initiatives section of the budget, state funding for statutory colleges within universities, such as AU and its New York

State College of Ceramics, is being truncated.

Alfred University is currently slated to lose \$850,000 in state aid to the combined statutory and private colleges. Cornell University is facing losses of almost \$15,000,000 due to decreased appropriations for statutory colleges,

of which there are five; four of these being Cornell's and the final statutory college being AU's.

New York Department of Education cuts to funding for private institutions, such as Bundy aid are yet another speed-bump to navigate. Bundy aid is an

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"Connected" youth play major role in Tunisian Revolution

Eric Hudack
Managing Editor

Tunisian youths, and their use of social media outlets, played a significant role in the success of the Tunisian Revolution, stated Dr. Zakia Robana, assistant professor of French at Alfred University, at Global Awareness Roundtable

focusing on her experiences and knowledge of the Jasmine Revolution in Tunisia, on Feb. 9, in the Knight Club.

"Facebook and Twitter and Wiki Leaks played a big role in the success of the revolution and I think they can play a big role in the success of democracy,"

Robana said to the crowd. The lethal combination of youth, political and economic crisis created an environment ripe for social change in Tunisia.

Robana came to the United States from Tunisia when she was 22-years-old and still keeps herself immersed with her

homeland's politics and news. She shared with the audience how Zine el-Abidine Ben Ali, a military man trained in the United States, rose through the ranks of the RCD (Constitutional Democratic Rally). In 1987, Ben Ali went on to become the second president in Tunisia's history in 1987.

Much of the corruption of his regime stemmed from his political appointees and the ruthless actions of his family.

In addition, Ben Ali's wife, Laila, played a crucial role in the development of the crooked political landscape of Tunisia. Robana referred to Laila Ben Ali

and her ten brothers as "the mafia."

"Our transportation, hotels, taxis, cafes...anything Tunisians put effort in, they [the mafia] take it away [through] coercion, torture [and] killing," Robana emphasized.

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ARTS & ENTERTAINMENT

Cut Copy returns from the land down under



Melanie Baker
A&E Editor

80s-inspired, new wave, electro masters Cut Copy have put forth immaculately produced, catchy dance albums for the masses since their conception in 2001. Their streak of success continues with the brand new release of Zonoscope, a relaxed and downright fun album which exudes the vibe that the guys of Cut Copy had just as much of a blast recording it as your ears will listening to it.

A band hailing from

Australia, Cut Copy's first two albums actually focused on landmark inspirations like David Bowie to mix into their electronic based sound. With Zonoscope, the Bowie influence remains to coat the album with '80s stardust that will have you ready to bust out those zebra-print spandex shorts hiding in your closet - don't pretend like it doesn't exist, kids.

Keyboards and a sampler sequencer bring the tracks to life, producing a sound that is upbeat and off-kilter rhythmically, but undeniably easy to get stuck in your head, thus providing the perfect soundtrack for any dance party on your agenda, whether it be planned or just busting out moves in impromptu fashion. Two tracks gaining hype and acclaim are "Need You Now" and "Take Me Over," the opening two songs on the album. The

sound is akin to that of their previous albums, especially 2008's In Ghost Colors, which features a perfectly processed electric backdrop for alternative funk drums and experimental keyboard ventures.

Some of the less talked-about tracks, however, will certainly get your ears buzzing as well. "Where I'm Going" sounds like a mash of everything good about 70s and 80s music. Not only does the track supply tribal drums and a tambourine, but the steady bass and group lyrical chanting throughout make it one of the most fun tracks to jump around to. Not to mention the synth keyboard pops up here and then to remind us that yes, we're still listening to Cut Copy and not The Beach Boys mixed with The Who and Best Coast (but hey, I wouldn't complain about that collaboration).

"Strange Nostalgia For The Future" acts as a brief, ethereal interlude at the middle of Zonoscope, providing two minutes of electro-twee sound to compliment the harmonic whispers of Cut Copy's lead vocalist, Dan Whitford. Following the "interlude" is one of the strongest tracks on the album, "This Is All We've Got." It's the most successful effort Cut Copy puts forth, combining their previous electro sound with the newer, more relaxed and easy-going vibe.

Previous listeners of Cut Copy might be surprised to hear such a departure from the tight, precise synth that put them on the map, but the sound these guys build when taking their genre a little less seriously and musically coloring outside the lines is brilliant.

Zonoscope is a breath of fresh air for Cut Copy. They've managed to find



Photo provided

the perfect balance of classic and evolving sounds that is honestly good from start to finish. It's rare to find albums you can listen to in their entirety over and over, but Zonoscope seamlessly embodies a unified

sound despite combining new and unique beats to dollop on their trademarked sound.

February Dance Concert to hit the big stage

Melanie Baker
A & E Editor

The much-anticipated February Dance Concert is approaching and will feature brilliant works from student choreographers and a renowned guest artist.

Seven pieces in all will be performed on Thursday, Friday and Saturday nights in the new Miller Theatre at 8 p.m. Professors Robert Bingham and Chase Angier choreographed pieces for the show. In addition, student choreographers include Emily Smith, Laura Smith, Clair Pitts and Katie Barlow. Yoshiko Chuma choreographed the coveted guest artist piece.

Leading up to the concert,

Chuma worked with students on the piece for two weeks. Chuma also presented an art talk as well as guest teaching dance classes at Alfred University.

Yoshiko Chuma's impressive résumé includes her position as the artistic director of The School of Hard Knocks in the United States and the Daghdha Dance Company in Ireland. Although she was born in Japan, Chuma has called the United States home since 1978.

Professor Chase Angier became intrigued with Chuma's choreography after seeing one of her site-specific pieces. After speaking with Chuma herself and through the continuous

generosity of Marlin and Ginger Miller, AU was able to bring Yoshiko to Alfred for this year's guest residency.

Global studies major Kim Rau, a dancer in Chuma's work, noted that they have rehearsed the piece for about 25 hours, a demanding but fun process. Rau also mentioned that Yoshiko's vision for the piece is based on the individuality of the dancers, with an emphasis on purity and sparseness.

To reserve tickets for the February Dance Concert, contact the Miller Performing Arts Center Box office via the online box office at www.alfred.edu, email performs@alfred.edu or call (607) 871-2828

Love: Just Another Drug?

Sonya Ellison
Staff Writer

It's the 1990s: the decade of the prescription drug boom. Jake Gyllenhaal plays Jamie Randall, a womanizing pharmaceutical representative for Pfizer, who convinces doctors to prescribe his company's Zolofit instead of the decade's controversial drug of choice, Prozac.

During one of his visits, Randall falls for Maggie Murdock, a patient with stage one Parkinson's disease, played by Anne Hathaway. Murdock

displays an immunity to Randall's charms. The two end up having liaisons with no strings attached, but one eventually falls for the other.

After Pfizer introduces Viagra, the first drug for impotence, Randall becomes more successful, as the company's sales and profits skyrocket to record amounts. Randall is faced with the decision of advancing his promising career or pursuing a love interest with serious potential.

Director Edward Zwick wanted to make the movie in the

romantic comedy genre because he felt the genre is "fleeting."

The movie is not your average romantic comedy. It's a tale of an unconventional love, but also stands as a testament to the business behind prescription drugs as well as the place they have taken in our recent culture.

It's full of sex and the ugly games of corporate sales competition but intertwined with an unlikely romance. It makes for something rare: a romantic comedy that's touching, yet anything but cliché.



Photo provided

Weird world of sports: Wife carrying?

Victoria Flood
Copy Editor

For those couples who have had their fill of mystery chocolates and desperately affectionate teddy bears, I might have just the suggestion to help you break out of your Valentine's trance. Forget about long-stemmed roses: try wife carrying.

Nope, I didn't make it up, it's real. This quirky sport for the young of heart and strong of legs originates from Sonkajärvi, Finland, which is widely (though perhaps not thoroughly) known as the

birthplace of wife carrying and the annual World Championship for the sport held there since 1994.

The rules are pretty self-explanatory. The male competitor must carry his female teammate through a 253.5 meter obstacle course (official length) as fast as possible, often climbing hurdles and trudging through watery trenches. The team does not technically have to be married, so long as the woman is at least 17 years of age and weighing no less than 110 lbs. Additional weight

will be added to women weighing less. As if satisfaction of winning was not reward enough, the team with the fastest time of course completion wins the wife's weight in beer and five times that in cash.

The most popular method for carrying "the wife" is Estonian-style, in which the woman will hang upside-down against her partner's back, holding his waist and resting her legs over his shoulders. Though the woman's position might seem less than comfortable (of course she

is encouraged to wear a helmet during the race), this approach is said to help balance the runner while he runs. The traditional styles of "piggyback" and "fireman's carry" are also common in the competition, but neither have the appearance of united suffering quite like Estonian Style; his legs burn while her face bounces. This level of sacrifice is beautiful, no?

Some sources report that the sport dates back to the 19th century and commemorates a practice for training soldiers

with heavy sacs. Others say it sprouted from the frequent stealing of wives from neighboring villages during raids, because the robbers would run away with the women on their backs. Maybe you're thinking this story won't have a happy ending because it sounds awful, but wife stealing evolved into wife carrying, which rolls off the tongue a little sweeter and is far more consensual.

Wife carrying is perhaps not the kind of sport that you would sit on the couch and watch on a Saturday

afternoon (at least not on my satellite package), but it is a sport that a lot of couples and friends enjoy as a challenge and an opportunity to bond while competing as a team. Sure it seems silly that rational adults would race around an obstacle course in such a ridiculous and primitive manner, but if you can't have a laugh at your own expense and a little adventure with your "better half" then looking foolish is the least of your worries.

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ADDITIONAL NEWS

New financial era continued...

...endowment that allots money per graduate to over 100 independent colleges and universities. According to the 2011-2012 budget presented by Lt. Governor Duffy, Bundy aid will see its appropriated funding decreased by ten percent next fiscal year, Bundy aid appropriations have been shrinking for quite some time and so can be compensated for.

At the root of this problem is not only the recession but more specifically the difference between necessitated purchasing power as monitored by the Consumer Price Index or CPI, which measures the change in cost of products to the private sector's everyday consumers and the Higher Education Price Index, which measures

the change in costs related to capital that is directly associated with the running and maintenance of colleges and universities.

As many with a decent background in math will say when two lines on a graph cross it means one's slope is of a lesser magnitude than that which it segmented. In this case the CPI has fallen beneath the HEPI, and while the point of intersection, or fiscal outstripping, occurred some time ago due to recession the effects of that declined slope are now at their heaviest.

"The sources of revenue that we have relied on... they have all been maxed out," said Edmondson in an effort to explain the problem that is affecting colleges and universities

across the nation with unprejudiced severity.

New York State, which is renowned for its high taxes, is being forced to find compromise across the board. Every institution k-postgraduate is having its budget shrunk in an action signaling the beginning to the end of an era, in which vast improvements and operational costs were heavily subsidized by state aid.

The Commission of Independent Colleges and Universities, of which AU is a member, lobbied successfully to keep both the Tuition Assistance Program and Higher Education Opportunity Program unscathed by budget cut proposals that could have affected the state aid of almost 70 percent of AU's student population.

Isolated success is still not enough to cover a projected loss of approximately \$1.5 million for the 2011-2012 school year; this, a projection that is expected to grow in severity in the future as the New York legislature pulls itself out of debt. Therefore considerations are being made with the future in mind.

"I am not pessimistic, I am actually optimistic that we can get it done," said President Edmondson in a recent interview.

Change, however, will not come easily as Edmondson stated many aspects of higher education that will allow the industry to survive into the future have yet to be conceived.

The adaptation must begin with noting current areas to be developed in

the future. Under-enrolled programs such as ceramic engineering and material science are such areas calling out for more attention.

"I wish we had in America more students studying math and science," stated Edmondson.

This aversion to math and science based majors is one shared by most every higher education provider, and so a solution to AU's attendance problem may well signal a resolution for all.

Yet another area of known possibility is saving money through guaranteeing higher energy efficiency. New buildings on campus are all being built with state of the art processes and materials in mind. The idea is that larger costs now will pay

dividends through their future savings.

While downsizing staff can never be guaranteed nonnegotiable. It is far more likely if staffing is affected currently vacant positions will go unfilled as opposed to eliminating those already occupied.

At some point the cost of higher education must be fully recognized. This is not a statement concession, rather it is recognition of the fact that in order to maintain higher education as the business it is, certain aspects of the industry must change.

Foundry spirit continued...



Photo provided by Jonathan Merrit

...again with this year's Valentines themed event. Participators once again showed up right at 2PM, and with a small donation of 10 dollars, could immediately get their hands on a "scratch block," a small, square-shaped mold with an indented center. With some specific tools and a little bit of patience, participators could "scratch" into the block a design or drawing of their choice. Then, students would take the molds, prepare them for the casting process, and proceed to very carefully pour hot, molten iron into them. The entire process is highly organized, with several individuals operating different roles, each one just as crucial as the next. "The goal here is to get the students involved as much as possible," explained Coral Lambert, a professor of sculpture at

Alfred University and the head of the Foundry Guild. Because the whole event is a result of all the work and effort contributed by the students, Lambert feels that events like these are great opportunities for them as practicing artists, too. "It really is a good way of getting the students involved in their community," she added. And this, she believes, is very important for a developing artist. When asked if this event will continue, Lambert replied, "Definitely, and hopefully for many years to come."

After all the molds were casted, the pot containing the molten metal returned

to its container, and the onlooking crowd erupted into cheer. A job well-done was issued to everyone that helped in the process, and the casted molds were set aside to cool, so that participators could receive their intricate relief sculptures to keep by the end of the day. Caleb Fletcher, a sophomore in the Art & Design program and a fellow organizer to the event, calls metal casting, "The most badass art form there is. There's no better thing to do in art than this."

That same passion and enthusiasm roared on in the students through the whole day and into the night, where as the event

was winding down a guest visit was made by the Alfred Fire Department. While 50 percent of the charity is going to Doctors Without Borders, the other half of the proceeds is going to Alfred's own volunteer-based fire department. Just before the event ended, the students and faculty of the foundry gathered together to honor the fire department by awarding them a casted metal sculpture, designed and created by Art & Design student Chelsea Baufford.

The National Casting Center Foundry is located at 1016 Route 244 in Alfred, NY.

Student senate pool sees influx of candidates following one-week extension

Jericho Shackelford
Editor in Chief

Three new candidates appeared for top-level student senate positions following an extended due date for petition submissions.

Vice President hopefuls Ronja Ogrodnik and Scott DeFranco-Norton, both became interested in the position after serving as the senate representative for their respective clubs. Meanwhile Ana Devlin Gauthier, current student senate president, has decided to follow this term with another go at the office.

Student Senate election submissions were postponed following the original deadlines, when there were fewer candidates than expected.

For the office of Vice President there were originally no candidates. This was a feat matched by what became the resignation of presidential candidate Kevin Nagel who after time elapsed realized prior obligations would keep him from contributing as much as the office demanded.

Ronja Ogrodnik, a junior biology major with minors in equine studies and chemistry, exuded a well-rounded confidence, likened by few but certainly able to command an audience of many.

When asked about some of the more

painstaking tasks of the vice presidency, Ogrodnik said that there will certainly be aspects to the position she will need to learn but is more than fit for the task.

Ogrodnik is a founding member of Pre-Vet Club, a member of the Women's Leadership Academy's fifth class and a consistent presence on the dean's list. When asked, she expressed a want to make a difference in the greater Alfred community and was especially fond of orchestrating the club block party, which happens early fall semester.

Scott DeFranco-Norton, a first year biomedical engineering major, has gotten into this race as somewhat of an underdog - an attribute of which he shows little fear. In addition, the newcomer has already found aspects to both the election process and general senate operations he would like to see amplified.

"Get it voiced around that there is a vote going on and we should get more active participants," said DeFranco-Norton

Both newcomers have credited graduating senior and current Vice President Matt Brown as a reason they want to return to student senate floor with a larger role, following this election season.

Devlin Gauthier alluded to other prospective jobs and opportunities as the reason for her original

resignation. However, following some retrospection and the consult of a few friendly advisors, her sentiment soon changed.

Following a highly acclaimed convocation speech, Devlin Gauthier expressed her yearning to do even better on her second go around.

The more than capable senate president is confident in her ability to learn from her experiences of the previous year.

"It's not doing things differently; it's learning from my experiences and I feel like I already have learned a lot," said Devlin Gauthier.

Within the past week Devlin Gauthier has become more and more convinced of her ability to run student senate effectively despite the prospective opportunities that originally deterred her. Ultimately, she stated that there is so much opportunity to be had with a second term that she cannot help but to be excited by the idea of accomplishing it all.

With the addition of yet another unconfirmed candidate for the position of student senate president, this year's senate races are shaping up to be more contested than in previous years.

Voting for Student Senate offices is scheduled to begin this Sunday, Feb. 20 and end Wednesday, Feb. 23.

Pam Schu continued...

...which despite the name was a program devoted to influencing entire communities as opposed to individuals in a classroom.

While the issue of her future as a health and wellness teacher remains contested the new position will not disrupt her current semester, in which she is teaching a course on how to deal with stress as well as one on general health and wellness.

Although Schu's future as a teacher is uncertain her position as Assistant Director of Residence Life will allow for her to affect more changes on a much

broader scale.

"It's wellbeing I'm interested in. I really like working with students and their development," said Schu about her latest vocation.

Schu takes over as the First Year Hall Coordinator. The title entails supervision of staffs working within first year halls as well as programming including overseeing and planning of the First Year Hall Cup, which enjoyed its first full academic year conclude last spring.

Yet another duty is the charge of resident assistant training, which will begin with a single course this

spring and conclude with about a week's worth of training just before classes resume in Aug.

"[I] Really like interacting with student leaders," said Schu of her new assignments.

During training Schu hopes to impart her holistic view on health, wellness and success to the incoming RAs. She also is looking forward to teaching student leaders how to "sell" good conduct and healthy values.

"I do come from a long line of car dealers," said Schu.

Robana in Tunisia continued...

"That is how Ben Ali and his 'entourage' kept everybody quiet," she added.

Robana was in Tunisia at the time that political and social unrest reached a pinnacle, resulting in an organic revolution against the oppression, the unemployment and the stifling of freedom of expression and of political and religious choice. This domino effect has reached the heart of the Middle East and is still spreading.

In Tunisia, the Labor Union fueled the revolution and, on Jan. 14, was rumored to be the source of a momentous protest.

Robana said she needed to be there.

"I wanted to be part of that. It is a day no Tunisian would want to forget."

The labor union marched

to the Ministry of the Interior, from which the cancer of that society was stemming, and burned down the ministry. Shortly after, Ben Ali and his wife fled for Saudi Arabia, but not before looting the treasury of, what equated to 1.5 tons of gold.

The New Age Revolution was organic, Robana stressed. It was not arranged by religious groups or politicians, but by the youth. They used the internet and Facebook to get in contact with each other and organize rallies and events. Tunisians then started "twittering" tips and ideas to Egyptians during their struggle for freedom and democracy.

For example, Robana suggested that Tunisians were advising Egyptians

to use Pepsi cola on their faces to stop the burning of the gas.

Robana remains cautiously optimistic for the success of the revolution, knowing that the road ahead will not be an easy one.

"As a Tunisian, this is a learning curve. Democracy is not as easy process; it has to take its course and Tunisians have to stay the course. They have to dismantle the corruption, especially the Ministry of the Interior, end the corruption in business," Robana concluded.

"I like to believe that Tunisians, though homogenous, are quite diverse; they are quite diverse in terms of political beliefs... they will not accept a theological regime," she added.

FEATURES

Spectrum Date Auction is a success

Eddie Brown & Zoe Lai
Copy Editor & Contributing Writer

Spectrum raised over \$400 in the Date Auction for an LGBT charity, during the event held Feb. 12, in Nevins Theater.

In the second annual event, 26 AU students put themselves up for auction. Some actually were looking for potential love, while

others just hoped to raise a little money for the charity. Spectrum chose to sponsor. Lyon Martin Health Services is a nonprofit organization based in California that provides services not only to members of the LGBT community, but also to the uninsured, homeless and others in need in the area.

Bidding started off slow and hesitant, but event

emcee Melanie Baker managed to talk single's final price up by reiterating some of their more interesting personal facts. For example, of one of the male singles:

"I mean, he's a gymnast, do I even have to explain what that means?" She teased.

All of the singles rang in final bids ranging from

\$3 to \$30.

Spectrum Vice President Emily Dowd shocked the crowd, and Baker, when she announced that Baker was going to be a special surprise auctioneer.

A fierce bidding war quickly erupted, between seniors Eddie Brown and Vinnie Gravanda, ultimately ending in the latter's victory with a record-setting

\$105.

While neither student was interested in Baker romantically, both said that it was fun to go all out for both a close friend and a good cause.

At the end of the event, all of the couples, or triples, or quadruples in a couple cases, dispersed to enjoy their dates--sharing the contents of party-favor

bags containing cookies and small trinkets like bubbles and lip-gloss-filled plastic jewelry.

In total, Spectrum earned \$425 for Lyon Martin Health Services and provided many with an entertaining evening.

Editorial: What we missed

The debate over whether technology is good or bad for education has been ticking on for quite some time now. In recent years it has become obvious that there is no going back to a purely book-based world. As a belated Valentine's Day sentiment, I've decided to share my feelings about both technology and books, from sexy to sentimental.

Technology has always had a way of sticking around. First, as little more than society's annoying little brother. It was always there, but only tagging along for the ride. From the days of Atari, on which we could spend hours battling for high scores at Galaxian or Pitfall, to the era of Nintendo, with Mario Brothers, Duck Hunt and Mike Tyson's Punch Out (pre-ear incident). For some reason, the system would always fail, forcing us to shove one cartridge in on top of the other to hold the game down. The effect was magical but remains a mystery as to why.

Then we have the elementary school, one-day type writer classes, which by some bizarre form of logic, was almost immediately followed by a brief tutorial on how to use a computer. The screen was black, the letters green and the monitor was roughly the size of a mobile home. It was on one of these

monsters that some of us wrote our first stories. Maybe you still have it, but most likely it's lost somewhere on a little square floppy disk that cannot be accessed for lack of a system old enough to load it. Long gone are the days of the casual run-in with a VIC-20.

Technology is apparently limitless. With each new microscopic development, an older piece of machinery gets the hook off stage. It is the story of life; just as one generation is replaced by another and then another. It's no wonder that some people aren't comfortable with it, because it makes you feel replaceable. A new face at the same desk that old friend sat at last year and the year before, but now - what's their name again?

In a sense, people are records, ATRAC, cassettes, CDs and now digital music. Our generation falls somewhere in between cassette tapes and CDs on the music-tech-timeline. But how will the "MP3 generation" feel when laser music comes along or when the track gets subconsciously download directly into the brain. It will be like a better quality version of that song that you can't get out of your head ... literally. It's a little scary to think how small we are in terms of technological advancement.

It's a little scary to think

how small we are relative to the larger 6.7 billion of us. But ultimately to one eye or another we aren't all replaceable, in fact to the right mind we may be quite the opposite.

Within just one of all those others we all may inspire the feel of a book. The classics, they aren't tossed out when something new stirs your fancy. Instead, new books are measured against the favorites. The solid weight of it in your hands, the easy glide of worn pages as they float before your eyes to reveal the next ... even the sound of the letters as the word leaves the mouth; BOOK, is a romantic experience. This seems to be one of the few things in life that technology can't replicate. One of the few timeless loves.

No matter how hard they try to make the smooth plastic screen replicate the feel of turning a page or the sound of swishing paper, there is no way to compete with the feel of a real book. I know it's a day late but it's worth saying: No warranty, instruction manual or smudge prints come with me nor anyone who aspires to be another's real-feel classic book.

FIAT LUX

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Editorial Policy

The *Fiat* welcomes your opinion. Anyone may write a letter to the editor. Submissions must include name, address, phone number and class year (for students). Letters to the editor should be limited to 250 words; guest columns should be limited to 700 words. The *Fiat Lux* reserves the right to edit all letters for space, clarity, brevity and fair play. E-mail your thoughts to fiatlux@alfred.edu. Submissions should follow the rules of fair play (i.e. get the facts straight).

Editorial Policy: The *Fiat Lux* welcomes feedback from its readers. Letters to the editor will be subject to editing for space and content purposes. The *Fiat Lux* reserves the right not to print any letter. Letters must be accompanied by name, address and telephone number. E-mail: fiatlux@alfred.edu or mail letters to: *Fiat Lux*, attn: Editor, Powell Campus Center, Alfred, N.Y. 14802.

The *Fiat Lux* supports the perpetuation of a broad and liberal education conducive to free speech. Only unsigned editorials reflect the opinions of this newspaper. All other editorials reflect the author's opinion.

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Try to stock your kitchen with reusable items, like water filter pitchers (instead of water bottles) and plastic containers (instead of plastic wrap). If you prefer aluminum foil, reuse large sheets as much as you can, and then be sure to recycle.



OPINIONS

Riding the Alfred "Cloud"

Nicholas Clark
Contributing Writer

"The Cloud" has been generating a lot of buzz in the tech world over the past few years.

"The Cloud" typically refers to the idea of doing some sort of computer work remotely. Sounds futuristic right? Not really... You have probably seen it before and just not known it. Usually when you hear someone talking about the Cloud they are talking about "cloud storage." Where have I seen cloud storage? That contacts backup app on your phone? Yep. Almost all email? Uh huh. Cell phone voicemail? Indeed. Uploading pictures of that awesome party on Facebook? Totally (and a terrible idea). All are examples of us saving stuff to a location that could be hundreds of miles away!

Cloud storage is everywhere, not just at Google's headquarters but in rural Alfred, New York as well. My goal is to introduce you to... your own free and already-set-up private cloud. If you've ever lost a flash drive with important stuff or been annoyed with emailing documents between the library and your computer, then grab your trusty laptop, tell your secretary to hold all calls

for 5 minutes, and read on...

Every computer connected to wall or wireless internet on campus exists on what is called a LAN, or local area network. Think of it like our very own gated community within the grand city that is the internet. Now imagine each individual computer connected to the internet here on campus as a house within this gated community. We are going to change some basic file sharing settings, which is sort of like looking out your window at the other houses and possibly going over for a visit.

First and foremost: update windows/firewall/antivirus/etc. I can't stress this enough

Second: clean the windows (the glass ones) of your "house" so you can look around:

PC: Go to control panel Find "network and sharing"

Switch network to "private" or "work" or "home" Turn "network discovery" on

Mac: Click "system preferences" in the dock

Click sharing Check the "file sharing" box

Do you remember ever hearing about something

called the U: Drive? Every enrolled student (and faculty member) has one (as an LAS student mine is 200MB). It's really only cloud storage space set aside for you to store documents. The trouble is that they never tell you the cool way to use it.

On a PC:

Hold down the windows key (the button between "ctrl" and "alt") and press R Type in "\\jobs" (no quotes)

Log in like your email (mine would be "alfred\nic2")

On a Mac Hold down the command key and press K

Type in "smb://jobs" (no quotes)

Log in like your email (mine would be "alfred\nic2")

If everything went smoothly, you just looked out of your clean window, saw the house called "Jobs" and walked there. Then you used your key and went inside. Nice work! If you are using a PC, you can take the process one step further. (and really impress that special someone...)

PC:

Within "Jobs" right click the folder with your initials Select "map network drive"

Choose a letter and press

finish (check reconnect and uncheck different credentials)

Now hold down your windows key and press E to show "Computer"

Drag the new "Jobs" icon to your desktop

You now have easy access to a folder on your computer that you can access anywhere on campus with an internet connection. Our days of emailing ourselves pages, running around with flash drives, and forgetting homework on computers at the library are over... right?

I am out of space, but this article only scratches the surface of what you can do with local file sharing on the Alfred network. If you want, you can visit my "house", called Whistler (login like email). I will post the guide that wouldn't fit: how to use the network to print pages from your computer to (almost) ANY printer on campus. What's that? You like the idea of having your reading/paper waiting for you when you show up to class? I thought so. I would like to make

Announcements

-Elections - Run for a Senate Executive Board positions! Contact us if you are interested senate@alfred.edu

-Call for submissions

Class of 2011!

What do you think is One thing that someone should do before they graduate from Alfred University?

Tell Us!

We are making an "Alfred Bucket List." This master list will be a hub of information for new (or current) students to attempt to accomplish by the time they graduate.

SUBMISSIONS NOW ACCEPTED

(Keep in mind, although we are not planning on editing to the max there are certain things we cannot accept. This will be determined on a case by case basis)

Please email adg6@alfred.edu with any submissions or questions!

Thank you,

Ana Devlin gauthier and Jessica Repanes

This announcements section of the *Fiat Lux* originated out of a student's concern to be heard. Thus this section is the no strings attached portion of the *Fiat*, open only to students and associated interests. Simply send an announcement and it will be placed. For more information attend the next student senate meeting or email the *Fiat Lux* at fiatlux@alfred.edu

this computer related "how-to" column a regular thing. Email questions, comments, or suggestions for future articles to nic2@alfred.edu.

Mental illness and the enlightened stigma

Vreni Gust
Opinions Editor

Mental illness can be an awkward topic to address. Everyone has notions of what someone with a mental illness is like, from depression to schizophrenia. The fact is that too often having a mental illness carries a negative stigma that is difficult to overcome.

Regardless of advocacy and public education in recent years about the neurobiological basis of mental illness, the stigma associated with it has not decreased. According to the General Social Survey, a study done by the National Institute of Mental Health, 67 percent of the public in 2006 attributed major depression to neurobiological causes, compared with 54 percent in 1996. Of those surveyed in 2006, 79 percent supported professional treatment for mental illness, as compared to 61

percent in 1996. Despite increased understanding of the causes of mental illness and the need for treatment, the stigma was not alleviated. In fact, community rejection of people with mental illness was shown in 2006 as having increased.

A common misconception about mental illness is that it is caused by some type of personal weakness. For example, one might write off a person with severe depression as someone who is feeble or simply has a bad attitude. So it would make sense that if (according to the General Social Survey) people accept that mental illness is caused by biological factors, this stigma would be alleviated. Then why does it remain?

Think about how other illnesses are portrayed in the media and in society. Personally, I think about positive examples such

as people overcoming cancer, or the Wake Forest University baseball coach who recently donated his kidney to one of his players. Now think about the way people with mental illnesses are portrayed. We are often exposed to serial killers and criminals: people who are dangerous, aggressive and unstable. We are surrounded by stereotypes: soccer moms who live their lives like zombies because they are taking too much Prozac. We use negative vocabulary like "crazy" and "lunatic" to talk about mental illness. Stigma can be observable and direct, such as someone making an open negative remark about mental illness. But it can also be extremely subtle, such as someone assuming a person is dangerous or violent because of a mental illness.

It is the subtle stigmas that may be the hardest to eradicate. Those suffering

from a mental illness are deeply affected by negative stigma both on a public and personal level. According to the Mayo Clinic, stigma can cause low self-esteem and prevent people from seeking the help they need. It can also cause rejection by family and friends, problems with discrimination at work or school, difficulty finding adequate housing and more. Negative stigmas too often result in social avoidance of people with mental illness. The General Social Survey found that more than a half of those surveyed were unwilling to spend an evening socializing, work next to, or have a family member marry a person with mental illness.

Negative stigmas also impact the families and friends of those who have a mental illness. Even when families understand the causes, they may be reluctant to discuss their family member with

others for fear of adverse reactions due to negative stigmas. For many, even their close friends may not understand, resulting in feelings of isolation and being withdrawn. Families may also feel ashamed of their loved one. In early psychoanalytical traditions, it was believed that problems in adulthood were a result of childhood experiences. Although this is sometimes found to be false, many families still blame themselves for their loved one's condition.

A different survey found that beliefs surrounding mental illness fall into three categories. The first school of thought is that people with severe mental illness should be feared, and therefore excluded from most communities. The second category believes that people with mental illness are irresponsible, and so their decisions should be made by others.

The third group believes that those suffering from mental illness are childlike and need to be cared for.

But why are we equating people with their illnesses? We use the term "mentally ill person" but we never say "cancerous person." In the case of mental illness, we put the disease before the human being, and that is completely unfair. In a time of so many medical advancements and so much access to information and resources, society is still holding people with mental illnesses back because we are choosing to look past what we know and give into what we think we know.

The fact is that just like other diseases, people can and do overcome mental illness. By working to eradicate negative stigmas, this can become a more common reality.

OPINIONS

Academically adrift....and?

Griffin Taylor
Staff Writer

In his State of the Union address, President Obama stressed the need for more college graduates in order to keep up with China and India.

A week earlier, the controversial text "Academically Adrift: Limited Learning on College Campuses" was released. It claims that in a study of 2,300 undergraduate students, 45% percent showed no significant improvement in critical thinking skills by the end of sophomore year.

I am an Alfred University undergrad and my mother reminds me daily what a lazy generation I belong to. She blames my ignorance on a lack of reading. She is an avid Times reader and I knew she'd stumble upon the study, so I needed to think up a strong counter-argument when she blamed it all on the students. Since we hear daily from the higher-ups what we need to do better, it doesn't hurt to think about why it's not our fault, Mom!

My advice? Make the classroom a more interactive environment.

Students no longer need to be physically present in one confined area to learn. With the advent of social media, we can process information out of the classroom and offer immediate feedback. This type of communication allows the sender and receiver to alternate roles.

Many teachers are hesitant to adapt social media into the curriculum. Some argue that the teacher

knows best, and students should follow the professor's lead. Others, such as Nancy Furlong, AU's Chair of the Psychology and Communication Studies Department, point out that the free flow of information on the web presents students with an excess of "junk."

"There is no real replacement for the textbook," said Furlong.

This is a valid point, and there's a strong argument that the brain needs to read and conceptualize in order to come to work every day.

But I say this: in my social media class, I have everything course-related available in a few clicks of the mouse and can complete a project that requires twice the work in half the time. Half the time because I don't spend hours trying to read my own sloppy notes and keep my eyes on the textbook, rather than shut.

Daniel Shaw, professor of psychology at Pikes Peak Community College in Colorado Springs, CO, feels a learning-based approach, in which students gather information by teaching one another, is necessary.

"Until more educators recall when they began to really learn their material—the first time they had to teach it—our students will remain passive receptacles who memorize course material just long enough to pass a class," he said.

For example, if students learn by "doing," what exactly are 100 students doing as designated receivers, watching one sender write on a chalkboard? Put the content from that

lesson or that night's reading assignment in a Google Document, and 100 students can not only read it, but edit it as well, communicating with one another all the while. They will be both receiver and sender, teacher and learner.

I am not dismissing the importance of the text book, nor am I suggesting that the most effective method of reaching today's students is also the most efficient. It's hard to match up with the classics like the Socratic Method. But Socrates didn't have to worry about Plato checking his Facebook while he was trying to teach him. For better or worse, times have changed.

In his book "Where Good Ideas Come From: The Natural History of Innovation," media innovation scholar Steven Johnson says ideas cannot break boundaries until the environment is ready for them and equipped with the tools to break those boundaries.

My mother, who cannot operate a cell phone, regularly checks her Twitter. Facebook groups are being created by students in Egypt, Lebanon and Sudan to organize protests and overthrow authoritarian governments. The environment is ready.

With advances in technology occurring daily - an iPod from two years ago looks prehistoric today - and access to the web becoming universal, we have the tools.

Professors: The ball is in your court. Let's make something happen.

Editor's note: Call for responses

This is not an attempt to beef up the opinions section. Rather it is a call reasoned out of concern and the hope to facilitate a conversation about education in a time when that action could not be more

pertinent.

The changing academic climate is nothing but the inevitable evolution of a socio-economic culture; a culture everyone on this campus is submerged in. Faculty, staff and

students are all welcome to comment on the following articles as well as submit new ideas. Please read this section and submit a reply, we would love to keep this conversation running.

-Fiat Lux Staff

College admissions

Evelyn Porter
Contributing Writer

Applying for college has developed a terrible reputation. The process is a real source of anxiety - from SATs, to competitiveness ratings, to applications. And after all of this, you might not even get in.

But college is necessary. "What are your plans after graduation?" is the most anticipated, annoying question a high school student can be asked. Giving the name of a college or university is the equally predictable answer which is awarded with a congratulatory remark. Tell the neighbors that you have other plans and they give a puzzled look, or raised eyebrows.

We believe that the traditional learning experience is a rite of passage into the adult world of independence. Today the importance placed upon college grades and degrees is overwhelming. Students and educators alike are feeling the pressure to perform and produce well-educated, well-rounded individuals ready to change the world. But a college degree is not always the right path to establishing a successful adult existence.

According to The

American Freshman: National Norms Fall 2010, a survey of college freshmen across the United States, first year students rated their "drive to achieve" higher than in past years, but "assessments of their emotional health were declining." More and more, the cost of a degree is outweighing the compensation received by students and ultimately, society.

It is possible that amid our intentions to create a well-educated populous, we created the illusion that college works for all students - all students will reap equal benefits. The "academic-only approach" represents an attitude of "sameness" that does not suit the student population, according to Robert Lerman, an Urban Institute fellow in labor and social policy.

In my senior marketing classes, I often feel that the class content is monotonous and lacks the dynamics of ideal college-level discussions. This is because teachers must teach to the generalized population present in colleges.

I am not scolding colleges for their efforts to educate students. However, the college admission

process lacks credibility these days. In a recent article about the value of college education, Richard Arum, sociologist and author of "Academically Adrift: Limited Learning on College Campuses" cites "'perverse institutional incentives' that reward colleges for enrolling and retaining students rather than for educating them" as a reason that the current system is failing.

Basically, colleges are concerned about the bottom line, and as Chad Harriss, a member of the General Education Task Force at Alfred University, suggested, students being admitted may not be prepared for the rigor that should be represented in the classroom.

As a society we must recognize that "we have a variety and so we should rethink", says Charles Knob, the President of the Committee for Economic Development. We should pay greater attention to diversity, a pillar of our democracy, and less to the credentials upon which we currently rest. Only then can we really assess the success of individuals.

Capital Efforts: Is education worth its cost?



Jericho Shackelford
Editor in Chief

When England was forced to raise tuition prices at colleges three months ago, women and men rioted. Flooding streets, they boomed their voice to parliament; they marched, they sat, they fought invigorated by prospective loss - and they returned to school hampered, some bloodied by the cost.

Recession has induced anxiety concerning the price of education and the financing of it throughout this nation too. Many young people feel helpless: they want to go to school, or are in school, but have no

means of paying for it, with no ideas to solve for the how. Certainly, here in Alfred, NY the financial strain is also expected to rise, but this incidence is not insurmountable - so we hope.

Fortunately for the world's ever-expanding westernized minority, it has become a self-evident truth that liberty is paid for at the cost of education, that happiness is found in revision of ones self. I have found no better place to achieve the latter than here at school. And education is therefore valued.

"Very few households can afford the full cost of private education," said Charley Edmondson, president of Alfred University, as he reflected on the university's all too archetypal situation and he concluded, "We have got to find a new financial model for higher education."

Truthfully, American education has dedicated years to positioning itself at this proverbial spot between a fiscally emboldened rock and the hard place of educational provision. The only way out seems to be for those on



Photo provided

all sides of the dilemma to heighten their propensity for adaptation - to learn, and so evolve out of this financially pressurized spot. It's not impossible, it's not even improbable; it's just a matter of time before it gets worked out. So we believe.

Meanwhile, because of the recession, friends learned that capital going out isn't coming back in. Many of us have had that parental sit down explaining the birds and the bees of compound interest and the benefits of state versus private loans. Or worse the somehow more paternalistic hand of the state funders who claim

"overqualified for aid." This is my space. So I reside championing this spot between a rock and the afore mentioned hard place. Fortunately, I happen to be an English and political science major considering a third in communications and gifted - it seems - with an optimistic sensibility (or severe naivety), for I continually find myself waking to the belief that education equals opportunity. Right now, I reason we are all simply stuck paying our dues.

True there will be higher qualifications for much state aid, such as the New York Higher Education Loan Program or NYHELPS,



Photo provided

which cannot - for various demographics - shoulder the cost of college, but it is, as the acronym states, help.

Meanwhile schools akin to Alfred University may start developing larger and larger niches encompassing more students looking for high-quality and affordable institutions. Surely Harvard will remain Harvard and Berkley, Berkley, but in-between are the Alfreds. A school, by the way, that had its largest incoming class in more than a decade last term.

No matter the story, the ultimate reality is that the more students who make it out of what is becoming an implosive K-12 public

education system and into college the more successful our nation, our parents, and our futures are. A future guaranteed by the audaciously hoped for opportunity - for that dream we must succeed.

As for me I routinely wish I could riot, I hope for the topic to take and my opportunity to strike, I pray for this dilemma's resolution. Yet somewhat resolutely I settle on reason; where I am now I would settle to pay my English, political science and even those communications professors double their annual allotments - I would pay them for their worth - if only I could.

It's all about the effort

Kendall Westbrook
Contributing Writer

A recent publication, "Academically Adrift," stated that college is a waste of money. The study of about 2,300 undergraduates from 24 different schools were tested with the Collegiate Learning Assessment, a standardized test that measures general knowledge.

But is a standardized test a reliable tool for evaluating how well students are learning or how much their brains are being "exercised?" Like the saying goes in many exercise programs: Individual results may vary. College is what you make of it, and in the end, it's all about the effort you put in as a student. Before we all start pointing fingers at the education

system and at the professors, we must first take a look at ourselves.

I know this is most likely going to be a very unpopular viewpoint, and I'm now thinking that I'll be spending my last semester hiding out in my apartment away from the furious mobs of students with pitchforks, but you'd be surprised what a good long look in the mirror can do for you. I know it helped me.

Before I was a Communications Studies major in the liberal arts college, I was a foundations student in the BFA program. Foundations was the eight-credit course that went all year, and for me it was incredibly tough. I had in my mind already what I wanted to do, and the amount of work I was given

piled on so rapidly that I couldn't keep up. When I failed the Foundations course, ultimately costing me eight credits, an extra year of college, and my confidence as an artist, I cried and immediately blamed my professors.

"The course was too hard! All we did was draw boxes! I was at this school for ceramics, not charcoal drawings!"

Looking back, though, I realized that it wasn't my professor's fault. It was my fault.

I was the one who wasted time complaining, I was the one who procrastinated on assignments and I was the one who fell asleep in the course. Professors weren't wasting my money; I was. I knew that unless I shaped up and flew right, I'd be

the one who'd suffer in the end. Interestingly enough, I had this realization as I was pleading my case to get back into the art school. I succeeded (as you can see, I'm still here), which brought at least some pride back to my parents.

The idea to become a communications studies major came to me through my parents. My mom would go to work and tell her co-workers how her daughter talked herself back into college. "She should be a communications major!" she'd say, jokingly. My father said that he was proud of how mature I acted, and how well spoken I was at the school asking for a second chance. The more I thought on it, the more I liked the idea. I changed my major, and I'm glad I did. The

communications program is fun and enjoyable, but don't be fooled—it's not an easy course of study! There's a lot of work that goes into communications, and so, I turned myself around and put my nose to the grindstone.

Effort is essential if you want to learn anything in college, or in any situation, really. Think of it this way: Do you want to pay money to take a nap? If you don't, then keep your head up in class. Do you want to spend hundreds of dollars on paperweights? No? Then read your textbooks. It is not your teacher's fault if you don't read your textbooks or if you fall asleep in class. If you don't understand something the teacher is explaining, try visiting them during their

office hours to make sure that you get one-on-one assistance. There are tutors available for many classes as well.

I'm not saying that you should study every minute of every day without a break, but you do need to prioritize your interests. What's more important to you: Staying up late on Facebook or at a party, getting too drunk to remember which way is up and wondering why you have so many texts from random people, or getting that degree at the end of your time at college and walking across the stage at graduation? The choice is up to you.

FEATURES

History of Cacao (ka KOW)

Nickelina Noel
Features Editor

Each year just prior to Valentine's Day, store aisles are stocked with boxes of chocolate truffles begging American consumers to pull them off the shelves and push them into the hands of loved ones. Chocolate is the gift most associated with Valentine's Day.

But what exactly is chocolate and how was this delightful treat discovered?

Natural chocolate is made from the beans of the cacao tree, which was discovered 2,000 years ago in the tropical rain forests of South America. The pods of the cacao tree contain seeds that are processed into chocolate.

The Maya and their ancestors grew cacao in their backyards, where they harvested, fermented, roasted, and ground the seeds into a

paste substance. When the cacao paste was mixed with water, chile peppers, cornmeal, and other ingredients, it made a frothy, spicy chocolate drink adored by the Maya civilization.

As the Aztec empire expanded through the 1400s, they traded with the Maya for cacao, which was also used as Aztec money. Like the Maya, the Aztecs consumed the bitter chocolate beverage with spices.

The Maya and Aztec elites created a cacao beverage or chocolate drink from cacao beans and water. Montezuma, an Aztec ruler, believed that chocolate was an aphrodisiac and routinely drank it. In the Aztec society, the brew was reserved primarily for rulers, priests, decorated soldiers and honored merchants.

The cacao seeds were offered to the gods and chocolate drinks were served

during religious events and sacred ceremonies.

In 1521, Europeans first stumbled upon chocolate during the conquest of the Americas. The Spaniards realized the worth of the cacao beverage and soon began shipping the product back home.

Chocolate became a sensation among the Spaniards and remained an elite beverage and a status symbol for 300 years among Europe's upper class who mixed the cacao with cinnamon and other spices. They later added sugar to the bitter brew.

For almost 100 years, the Spaniards kept chocolate a secret from the rest of Europe. Cacao and sugar were expensive imports and only the wealthy and royalty could afford these delicacies.

The Europeans created specially designed



Pods hanging from a Cacao tree.

porcelain or silver serving pieces and cups as signs of prestige and power.

When cacao and sugar became international commodities, Spain and other European nations established plantations for growing cacao and sugar. Paid laborers, as well as slaves, worked on cultivating these

plantations.

By the 1800s technology advanced and machinery enabled the product's mass production. Solid chocolate candy was created and made affordable to a larger public. A company known as Fry and Sons developed the first solid chocolate bar in 1847. The production and

manufacturing of chocolate was continued in the field and furthered by new technologies in factories.

It wasn't until the Industrial Revolution that technology allowed for a number of mechanical inventions that could become readily available to all. For example, the steam engine helped to produce chocolate cheap and quick.

Eventually cacao was made into smooth, creamy solid chocolate, which is enjoyed today.

What was once the Americas' and Europe's delectable and high-priced luxury, is now adored and affordable by all. Whether it is a Valentine's Day gift or just for the simple enjoyment, chocolate will always be the number one treat.

Adventures of a mishapped columnist: The black and blue badge of courage



Victoria Flood
Copy Editor

Happy belated Valentine's Day, Alfred. This is your friendly "mishapped" columnist checking in with my latest adventure. In the spirit of

healthy relationships, I have a confession to make. Through my column, I was attempting to pan handle moral support from you. I was a mere click of the mouse (or tap of the touchpad) away from sending off my piece titled, "Just one more reason why I'm awesome" to the Fiat. Well, I hadn't really titled it yet, but that was more or less the direction that I was headed in.

The reason that I was feeling so self-satisfied is that I took my first snowboarding lesson last weekend. It was magical! I had a wonderful time and felt elated for several days afterward. Aside from one grapefruit-sized bruise on my arm and some surprisingly sore upper body muscles, I didn't incur any

serious bodily harm. While I was nervous to try the extreme sport (or decidedly less than extreme sport, in my case), I can't say that it was a life changing experience. It was a step in the right direction, if anything at all, but certainly not worth the anxiety that I had invested into it.

I'm not saying that it was easy learning how to stand up on a piece of wood and then slide downhill sideways without crushing any small children, because there is a knack to all of those things. I can happily say that none of my "face plants" involved any innocent bystanders. Through excellent guidance from my Swain-appointed instructor, I even learned how to turn and stop, which is more than I can say for

my last downhill skiing experience. (Let us just say that walking down the slope with ski patrol is extremely humbling.) Surely I'm not ready to challenge Sean White, or even to talk to him lest he catch some "weird and terrible snowboard funk" from me, because I am still a beginner after all and therefore a loathsome obstacle on the slopes. I can make it all the way down the "bunny hill" without falling, but I can not disembark the ski lift gracefully. Nope, I can't get off the thing without numbing the old derriere. On the bright side, I am sure I've given the lift's operator a few laughs.

It's a strange approach to root against myself, but I thought that if I did poorly at snowboarding,

I would have had a better story to write about in my column. Much to my dismay, it wasn't as bad as I had expected. My success was pretty upsetting, because I had been putting it off for a long time. I just decided that I couldn't do it, kind of like the way a finicky kid decides not to like onions before tasting them. Everybody loses. As a result, I've been missing out on something that I really enjoy, giant bruise and all. Just think of all the fun that I could have been having if I wasn't such a coward. So in a way my success has proven that there are worse things in life than failing miserably at something, there is being too afraid to try it.

So that settles it, I will no longer be telling myself

that I'm going to fail before I try something new and I will also do my best to stop soliciting therapy from my readers ... you've already done enough. That last part might be difficult because I have a tendency to wear my heart on my sleeve and to use terrible clichés on a regular basis, but I hope that you'll overlook these things in the interest of curiosity and find some entertainment in my stories. Until next time, try new things and give yourself a little slack if you don't succeed the first time. If you were born great at everything, there's a good chance people would secretly hate you.

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FEATURES

You say you want a revolution?

J.P. McCombs
Sports Editor

Over the past few months, there has been a hunger spreading across the Middle East and Northern Africa for revolution, reform and democracy.

The small Middle Eastern country of Tunisia is attempting to forge its way ahead, sparked by a December incident where an educated man set himself on fire after his food was confiscated by the police for no reason. Egypt has followed in Tunisia's path, demanding reform in a government which looked stable in regards to the rest of the region, but still repressive compared to western nations. Tunisia will be the test rat for the rest of the Middle East, but its journey towards democracy is far from over as multiple factors stand in the way.

The big question is whether this momentum can last. It is more than evident that the country of 11 million has started something big against the

long time dictatorship. Zine El Abidine Ben Ali has been in power since 1987, but has since been driven out of Tunisia into the safe haven of Saudi Arabia. Ben Ali took over after a coupe when he pushed the nation's modern day founder, Habib Bourguiba, out of power. Under Ben Ali's party, the Constitutional Democratic Rally, also known as the RCD, Tunisians still had just as much if not more freedom than any other country in the Middle East.

They were allowed to use the internet and cable, however the government did block several websites which threatened Ben Ali's party. Wire tapping was also used frequently by the "President" (That term is in quotations because that is only the label by which Ben Ali is referred; he is essentially just a dictator). His power was distributed through local police forces that had large government ties.

Although Ben Ali currently may be in Saudi Arabia, the RCD still has

some control through the police. This is a large factor standing in the way of total democracy. Another factor is the economy.

Tunisia's economy relies heavily on tourism, boasting luxury resorts frequented by international travelers. With the current chaos, tourism has come to a halt. Unlike many other Middle Eastern nations, Tunisia does not have an abundance of natural resources to tap into, so with the decrease in tourism, the economy is already plummeting as services like Standard and Poors have dropped its government bond ratings due to political instability. In such a small nation like Tunisia, the economy must stay intact for the revolution to continue. As a result, unemployment and food prices skyrocketed. If this continues, protesters will forget about their push for democracy and focus on survival.

The main factor benefiting this movement is the fact that approximately 52 percent of the population

is less than 22 years old. These are the people that utilize technology and, through the internet, have witnessed the corruption within the RCD including the torture of political prisoners and the ignorance of poverty. The young see this and carry the energy needed for a revolution. They have lived short lives and are already putting the past behind them while pushing for democratic freedom.

Since Ben Ali has fled, power has shifted between two different interim governments. Hopefully, stability will be found for the next six months leading up to a possible election.

Regardless of what happens, Tunisia has set a mark for the rest of the region. Egypt has followed in Tunisia's path with President Mubarak recently stepping down, paving the way for the Egyptian revolution. For the oppressed masses of the world this is a crucial time for nations like Tunisia and Egypt to lead by example.

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SPORTS

MLB News: "Phat Albert Wants a Phat Contract"

Griffin Taylor
Staff Writer

The St. Louis Cardinals have until Feb. 19 to agree upon a contract extension with franchise icon Albert Pujols, or else they must wait until after the season to resume negotiations, when the 30-year-old may be the most sought-after free agent in baseball history.

Pujols has won in St. Louis and produced at a rate which would render him a dark-horse presidential candidate, were he in a bigger media market. Which might be the problem - the hitter of the decade just might be ready to run for president. Either that or Pujols will be a Cardinal for life, and New Yorkers will be left to cope with the fact that they aren't that special for the second time in as many years.

Just don't cite the fact

that the city of St. Louis adores him as a reason Pujols will stay. Don't tell Clevelanders what happened to them was just an aberration. Don't taunt them like that. Because it's not true. As LeBron James indicated, all the sentimental stuff is nice as a party favor, but for the elites of sport, it is about money and legacy, and championships build legacies.

BusinessInsider has Pujols valued at \$240 million over the next eight years, and Fangraphs has the sabermetrics to back it up. It has been years since I took a math class, and years more since I passed one, but that equates to \$30 million per year. I have little access to precise revenue figures Pujols generates (advertisements, ticket sales) in addition to his production on the diamond, so let's assume our panel of

experts is correct.

Which brings up the \$300 million dollar question: If not St. Louis, where else?

At this point, if there were a large apple anywhere in the room, it would be hard not to notice. Let's assume for discussion's sake (this is where you close your eyes, St. Louis fans) the Cardinals do not hemorrhage money to Pujols and allow another owner to give Albert a handful of his pocket change. What could the Cardinals buy for the prospective 2012 Free Agent Class with \$30 million?

(Please don't quote me on the below figures, nor do I intend them to be practical)

I would assume St. Louis intends to pick up the options on Chris Carpenter, Adam Wainwright and Yadier Molina, Pujols or not. The Cardinals appear to be in good shape at all

outfield positions and youngster David Freese looks like the real deal at 3B.

So let's say the first order of business is to replace that bottomless pit at first base. You plug in Carlos Pena, so you can at least see the bottom. Pena's average is ugly, but he takes pitches and he makes his hits count. Plus he would augment Pujols' glove in the field. If Pena can stumble upon a few more hits - after last season the only direction he can go is up - he can once again be a 2 WAR player.

WAR stands for Wins Above Replacement Player and it factors in weighted variables to all of his plate outcomes to reach luck-independent probabilities, combined with UZR rating (a neat way to measure a player's fielding ability) to calculate how many more

wins a player is worth than an average player at his position. Pujols should factor out to be around an 8 WAR player next year.

Say you bring in Rickie Weeks to play second base. Weeks made his long-awaited presence felt in Milwaukee last year, and posted a WAR of 3.7. I know that "talent" and a sabermetric stat like "WAR" should not go in the same sentence, but Weeks has the skills to suggest 2010 was no fluke. At only 27, let's say he would post upwards of a 4 WAR in '12.

Finally, we get to perhaps the most "nonsensical, but what-the-heck" move of all - the Cards bring in Jose Reyes to play shortstop. If Reyes, who would be 29 at the time, can post a few healthy seasons, he would average around a 5 WAR.

Assume Pena commands \$6 million in '12, Reyes and

Weeks \$12 million each. That's \$30 million in payroll, equal to Pujols.

Reyes and Weeks would be replacing Skip Schumaker, who could be expected to post a WAR of 1.5, and a SS "by committee," who could be expected to post a WAR of 1.5 as well.

Add up the WAR of St. Louis' departed infielders (we won't say any names) and compare it to the new arrivals: 11-11. Plus the Cardinals would not have an eight-year commitment to all three, so they may save.

I know Pujols is irreplaceable because yes, I am a fan too. I'm just saying, in case of emergency, at least you won't lose 25 games in a row. Sorry Clevelanders, I know misery loves company.

Inside the NHL: Buffalo Sabres, buyers or sellers?

Eric Hudack
Managing Editor

The Sabres announced the official sale of the hockey club to Terry Pegula, on Feb. 1. The hydro-fracking billionaire announced his passion to bring a Stanley Cup to Buffalo, whatever the cost, and he hopes to take over by Feb. 22, shortly before the NHL trade deadline.

Current General Manager Darcy Regier has taken fire from the media over the past decade for being passive during the deadline and lacking the hockey smarts to make impact moves. But a sneaky

two-year contract extension given to Regier in the fall has allowed the unpopular GM an audition with the new ownership. If he wants to prove that it was the tight budget constraints that held him back in the past, he'll have to make some impact trades now. That means giving up talent to get talent.

Players like Jochen Hecht and Paul Gaustad are fourth-line talent being paid scoring line money. This is a problem.

Hecht has produced in the past. His penalty killing was the difference between a first round upset in the

playoffs and a Stanley Cup run (Boston's special teams proved to be the deciding factor in last year's first round match up). But his sloppy and careless play of late has left Hecht a bit of a liability.

The numbers are deceiving in Hecht's case. Most of his goals are lucky, bad-angle shots that magically find their way into the back of the net. Don't get me wrong, when he is focused, Hecht is one of the best defensive forwards in the league. The fact is, Hecht is inconsistent. And some teams, come trade deadline, may be willing

to take a chance on him; convince themselves that all he needs is a change of scenery and some new linemates. If Regier wants to win his audition for Pegula, he has to be willing to part with talent and take risks.

Gaustad is another player that needs to go. Fans will not like this, but Gaustad is getting paid too much to center a fourth-line and win face-offs. He is a marginal talent with a lot of upsides (ie: face-offs, penalty killing), but at this point in his career, with the monetary investment that Regier has put in him, the hope was that Gaustad

would be a leader and a goal scorer. His size and potential is enormous, but the results have not been there.

Maybe it's just that he is not given the opportunity to skate with scorers; that the chances are not there because he is not surrounded by scorers and playmakers. But Gaustad gets powerplay time. And if Ruff is willing to audition Paul Byron and Luke Adam with top six forward time as opposed to Gaustad, there has to be a reason why he does not trust Gaustad with the opportunity to play with playmakers.

A recent three-game win streak and going 12-4-1 in their last 15 games have some convinced that this group is the real deal and little is needed to push them over the top. However, a team that boasts the oft-injured Tim Connolly as the number one center and currently sits tenth in the Eastern Conference (with a few games in hand), still has some missing links and needs to consider themselves a seller come trade deadline. Not just to improve the team now, but to help build a contender for the future.

Bring on the Madness

Griffin Taylor
Staff Writer

It has been a season of parity in college basketball, with nary an undefeated team and hardly a dominant one (though folks in Lawrence and Austin will beg to differ). As March swiftly approaches, the 2011 NCAA Tournament promises to be as unpredictable and entertaining as any in years past.

What does this mean for the office pool?

Well, that hyper-conservative guy three cubicles down - the one who still feels the need to let you know when he goes to the men's room and pencils in four No. 1 seeds every year? He won't win. The guy across the hall who pays some sports website for its "top-secret sleeper," then flashes the fraudulent

"ehh, it's really not a big deal" smile when everyone asks him, "How on earth did you pick George Mason to reach the Final Four?" He won't win, because with no clear-cut favorite, almost every team in the tournament has sleeper potential.

No team in this year's field will have its entire starting five penciled into April's NBA draft lottery (I believe Kentucky has only two, Terrance Jones and Brandon Knight), so now is as good a time as any to go with the gut and ride that Cinderella all the way to Houston. Unless of course Cinderella is your alma mater, then you're just an idiot.

Who will cut the nets down when it's all said and done? I have about as good (or bad) an idea as anyone, but since it's my column,

here are some crazy picks in what has been a crazy year.

Disclaimer: When any one or more of these teams winds up in the NIT, do not try and contact me. While I give advice, I do not expect anyone to take it - that would be downright mad.

Baylor (16-8, 6-5 BIG XII): Sure, the Bears are overrated as a No. 2 seed, which their preseason ranking of No. 7 in the country would indicate they deserve. But as a No. 10 seed?

It is always nice to have the potential top pick in the NBA Draft in your corner, as the Bears do in F Perry Jones. The same can be said for Bears' G LaceDarius Dunn, soon to be the all-time leading scorer in Big 12 history. You will now probably open a new tab and Google the

above name in disbelief, but that's how criminally underrated Dunn is - give him a millimeter of space and he will give you three points.

The Bears' weakness? Come on, they are a double-digit seed, figure it out for yourself. But we are talking about sleepers here and I doubt very many top seeds want to face either Jones or Dunn, let alone both of them.

North Carolina (18-6, 8-2 ACC): With the emergence of freshman Kendall Marshall at the point, the Heels seem to be trending in exactly the right direction at just the right time. The same that was said for Perry Jones applies to Carolina super freshman Harrison Barnes and while experience plays its part in March, there is no telling

just how much better a young team such as this can get as the season and tournament progresses.

Tennessee (15-10, 5-5 SEC East): The Vols are the freshman girl no one can figure out the first week of school. She was the talk of the party one night, then the next day in math class she makes the formulas on the chalkboard look good. While makeup can usually be attributed to the above scenario, the Vols' inconstancies have been a mystery. Some will cite coach Bruce Pearl's suspension for the first half of conference play as an excuse, but the team was bipolar in non-conference play, going into Pitt and handing the Panthers a double-digit thrashing (the party), then stumbling on its face with consecutive losses

to mediocres Charlotte, Oakland and USC (math class). Pick Tennessee to advance at your own peril, but they have the talent to beat anyone in the tournament.

Harvard (17-4, 6-1 Ivy League): After Cornell's Sweet 16 run last year, who's laughing? I have not seen much of the Crimson (blame ESPN for that), but its non-conference play, including wins over Colorado and Boston College, suggest the team may be able to postpone dates with Wall Street to dance a little in March. Besides, I have learned over the years it is dumb to bet against smart people.

SPORTS

AU Swimming and diving gear up for Empire 8's



Senior Sarah Blair 100m Fly vs Fredonia Photo provided by Nicole Ramos



Senior Dan Steere Freestyle in the Medley Relay vs Fredonia Photo provided by Nicole Ramos

Gillian Lichter
Copy Editor

Although Ithaca College defeated both the AU women's and men's swimming and diving teams on Jan 29, with a final score of 173-127 for the men and 234-61 for the women, the Saxons have come a long way and have performed well over the course of the season.

Winners for the AU men (5-2, 2-3 Empire 8) were: senior Tyler Olsen (Saratoga Springs, NY/Saratoga): 200-yard freestyle (1:47.39), the 100-yard freestyle (48.48) and the 50-yard free (25.64); Senior Matt Lobban (Pittsford, NY/Pittsford-Mendon): 1000-yard freestyle (10:21.73) and 500-yard free (4:59.55); junior Warren Dolben (Rye, NH/Rye): 50-yard backstroke (27.38) and sophomore Brett Irwin (Springwater, NY/Wayland-Cohocton): 50-yard butterfly (24.25).

Other top performers for the Saxon men were: senior

Zach Mix (Mount Morris, NY/Mt. Morris) taking second in the 200-yard butterfly (1:59.59).

According to captain Matt Lobban, "The team has been noticeably more unified and supportive than in past years. We are all swimming fast and the work everyone has put in is definitely showing."

For the women, senior Sarah Blair (Auburn, NY/Auburn) won the 50-yard freestyle (25.64) and took second in the 100-yard breaststroke and the 50-yard butterfly (29.15) to pace the AU women.

Other performers for Saxon women (3-5, 1-4 Empire) were: sophomore Eryn Matich (Johnson City, NY/Johnson City) finishing third in the 50-yard butterfly (29.29) and second place in the 100-yard butterfly (1:06.8).

The 200-yard medley relay the team of Blair, freshmen Paige Citarella (West Islip, NY/West Islip) and Heather Remchuk (Hornell, NY/Hornell) and junior Donna Hoops (Geneseo, NY/Geneseo) took third (2:00.30)



2011 Swimming/Diving, back row: Zach Grosser, Matt Lobban, Tad Remington, Zach Mix, Nick Clark. Front: Cailin Asmo, Cali Merritt, Sarah Blair Photo provided by Nicole Ramos

One of the team's major accomplishments this year were an increase in GPA for both the women and men. In addition, the relationship between the women's and men's teams has been the best Lobban has seen in his four years at Alfred, and the men's diving team was able to recruit three new divers.

"I have been so inspired by my teammates this season. Everyone, regardless of sex, experience level, talent, or age has pulled their weight and more. The passion and hunger for improvement has been infectious. I anxiously look

forward to state championships in two weeks. It's everyone's favorite part of the year, as it is what we have all worked so hard for the entire season," stated Lobban.

Things are definitely looking good for the Saxons swimming and diving teams, not only this season, but in the seasons to come.

The AU men and women are in action next on Feb. 23-26 at the men's and women's state and Empire 8 Conference championships at the Webster Aquatic Center.

Saxons continue struggles in Empire 8 play

Eric Hudack

Managing Editor

The Alfred University women's basketball team was defeated by visiting Ithaca College, 73-43, Saturday afternoon in Empire 8 action, falling to 1-4 in their last five games.

AU dropped both games in their back-to-back home stand, the first a heart-breaking loss to Utica College Friday night in Alfred. Utica came back from a three-point halftime deficit to beat the Saxons 72-68.

Alfred (9-14, 4-10 Empire 8) seemed out of their league at times against Ithaca, as the Bombers held a 38-22 lead at the half, shooting 39 percent to AU's 32 percent. Alfred was far off its .410 shooting percentage from the night before when they put up 34 points to Utica's 31 in the first half of the Friday night game.

Ithaca (17-5, 13-0 Empire 8) continued its domination after intermission, outscoring AU, 35-21 in the second half. For the game, Ithaca held a 40-37 rebounding

advantage.

Fatigue seemed to play a big factor in the Ithaca game as the Saxons did not seem to have the same fire under them in the matinee. Morale may have played a role too, after giving up the lead to Utica and losing by such a close margin.

Freshman forward Grace Williamson (Olean, NY/Olean) lead the Saxons with a game-high 12 points, with seven rebounds and four blocks. Senior guard Lyndsay Murphy (Almond, NY/Hornell) scored 10 points, a day after leading

the Saxons with 24 points against Utica. Senior forward Autumn McLain (Oneida, NY/Oneida) finished with six points and nine rebounds.

Jessica Farley netted 12 points to lead Ithaca. Elissa Klie had 10 points and six rebounds and Jennifer Escobido chipped in with nine points.

Alfred is in action next on Friday, Feb. 18, 6 p.m. at home vs. Nazareth.



Photo provided

Saxon basketball looks to move ahead

J.P. McCombs

Sports Editor

Despite coming off of a solid road win against Hartwick, the AU men's basketball team couldn't carry the momentum into Elmira, who cashed in 11 threes on its way to a 73-66 victory.

Elmira (2-20, 1-12 Empire 8) was up 31-22 at the half as they knocked down 5 threes. There wasn't much the Saxons could do when

Elmira made six more long balls in the second half. The Soaring Eagles shot an impressive 46 percent from three point range (11 of 24). Alfred (8-13, 3-9 Empire 8) still wasn't too far off with the threes, shooting 40 percent for the game, but it wasn't enough. The Saxons did however, hold a 31 to 26 advantage in rebounds.

Sophomore guard and sharpshooter Sean Curran

(Honesdale, PA/Honesdale) hit 4 of his 6 threes while leading Alfred with 16 points. Curran also had 7 boards. Junior guard Josh Parker (Tonawanda, NY/Sweet Home) followed with 14 points while senior guard Mike Stopera (Scotia, NY/Scotia-Glenville) had 13 points and led the Saxons in the assist column with 5. Next on the schedule for the Saxons is Utica at home. Senior captain Gary

Kwicien (Perry, NY/Perry) said that "the best thing to do now is focus on getting the win in our next game." Hopefully the Saxons can look past the Elmira loss and focus on taking down the oncoming Pioneers.



Photo provided

NBA NEWS: A legend is out in Utah

Griffin Taylor

Staff Writer

Deron Williams, from one young person to another, now you will find out why it sucks to be young.

In case you didn't hear, legendary Jazz coach Jerry Sloan resigned this past week after 23 seasons with Utah. Sloan cited a failing relationship with franchise point guard Williams (among other things) as a primary reason for the decision. Much respect for Sloan who, in the whirlpool that is the NBA, has remained constant, steering the same team for parts of four decades.

But someone has to stand

up and at least give the young fella a fair trial!

We see why it sucks to be old on a daily basis - thinning hair, wrinkles and the occasional need for a pill to do certain things. To make amends, we tag gray-beards near and far as possessors of one universal trait; experience. Then we go ahead and render that trait the most invaluable thing in the world, just for good measure.

Do I agree that all old people are experienced? In some shape or form yes. Do I agree that experience is all it is made out to be? Not necessarily.

My grandfather has

allowed his experience to influence such statements as no player in the NBA today can compare to Bob Cousy, whose entire frame is the size of Dwight Howard's right bicep. In his highlight tapes, Cousy looks down at the ball when he dribbles (a trait which won't make it past your 5th grade CYO team today). But I dare not argue with him because he is, well, old.

I would assume Williams' qualm with Sloan was along the lines of, though it has produced 19 playoff appearances in 23 seasons, the system and the times not being one in the same. Sloan has engineered the

pick-and-roll to perfection first with Stockton and Malone, and more recently with Williams and Carlos Boozer (now Williams and Al Jefferson).

But version 2.0 failed to rack up more than a string of second-round playoff appearances, and while that may constitute a successful decade for New York Knicks fans, Williams has been frustrated by the team's inability to get over the hump. He raises a valid point in questioning the ability of Sloan's system to win in the league today. After all, Kurt Thomas was in grade school when Sloan notched his first win as an

NBA head coach. And we all know Kurt Thomas is old.

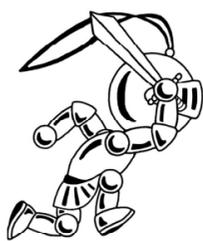
Just think about how much the game has changed in four years. Gilbert Arenas and Tracy McGrady watch the opening tip from the bench now, and only check in because their contracts say they have to. Teams no longer look for one superstar, but three instead.

But Sloan has experience, and franchise icon Karl Malone (who indirectly called out Williams for the manner in which the situation unfolded) does too, and you will be hard-pressed to find a media outlet in Utah, perhaps anywhere

else for that matter, which elects to blame anyone but Williams here.

It is a lose-lose situation for Williams in Utah. The ceiling for this Jazz roster is pretty visible with the Lakers around the west the next couple of years and the Thunder after that. But the team could conceivably get worse, in which case the jury will come to the natural conclusion that the team misses Sloan, and the finger will be pointed at guess who?

Sorry Deron, but look on the bright side: only 38 more years and you are eligible for social security benefits!



Alfred Saxons Scoreboard

Team	Last Opponent	Result	Record	Next Opponent
Men's Basketball	Ithaca College	L, 81 - 85	8,15,0	Nazareth
Women's Basketball	Ithaca College	L, 43 - 73	9,14,0	Nazareth
Men's Alpine Skiing	Bristol Mountain	5th of 11		Regionals
Women's Alpine Skiing	Bristol Mountain	5th of 11		Regionals