AU classmates pedaling 300 miles to reunion

“When I see an adult on a bicycle, I do not despair for the future of the human race.” — H. G. Wells

ALFRED—It’s likely to be the trip of their lives. Three Alfred University classmates are this week on the way to their 52nd and 50th reunions on campus by way of — bicycling.

Roger Eis ’58 from Ridgefield, WA; Andy Seaman ’58, Palm Coast, FL; and Jack Heims ’60, Berenicia, CA, are pedaling 300 miles to Alfred; they began Sunday, June 6 in Newburgh, NY.

The trio met up Saturday for lunch and a tour of Linda Rahl Nadas’ ’58 studio in nearby Washingtonville. Linda, Andy, and Roger not only graduated from AU in 1958, they also shared the same classes in Washingtonville from second to fourth grade. Joining the group for the day was Warren Mintz ’58 and Robert Gropper ’83, aka “Bobby Salsa,” who was on hand with samples of his award-winning salsa for all. Later in the day, the bikers and entourage toured a local winery. Seaman and Heims are accompanied by Fran Seaman and Mimi Heim, respectively, in the “support” vehicles.

The bikers (and their cars and drivers) are following NYS Bike Route 17, which goes from Newburgh/Beacon to Lake Erie, passing through Alfred Station. They have received advice about passing through Alfred, planning a stop at the Alfred State Museum, and the like. They also received advice about taking a break every couple of hours to stretch and cool off.

On Tuesday, June 8, the group intends to pedal another 65 miles from Newburgh to Johnson City, passing through Binghamton. They expect the day will offer a number of challenges, including long miles, plenty of hills, and biking through a metropolitan area.

On Wednesday, the contingent plans to move along a flat 60 miles to Elmira. Harrie will accompany the group to dinner that evening.

Thursday the adventurers leave for a 60-mile ride to Horseheads. That evening they will be joined by some 21 AU alumni and friend including many from the class of 1968, Ed (Law) and his wife; Jack’s friend Bob Goldstein, AU class of ’60, and their wives.

The grand arrival day is Friday. The bikers will travel toward Alfred where at around 4 p.m. they will meet up with a number of current Alfred University faculty and staff at the top of Beacon Hill (west end of the Almond Reservoir) joining in for the last leg of the trip.

Next will be a quick stop at The Bicycle Man Shop in Alfred Station.

“Experience the ‘Tour de Alfred’ to Waverly in 2008 and it was very nice.”

Jack learned about the plan for a bike ride to Reunion from the Alfred University Alumni Office.

“I started biking on a spinning bike in January and continued until the weather broke in February. I was able to bike in Palm Springs for a week at the end of January; that really hooked me. Most recently I’ve gone out at least three days a week and ride 10-40 miles a day. My wife Mimi joined me and found the exercise less stressful on her body than her usual routine in the gym. In just a matter of weeks she was biking 10 miles. ‘This is by far the longest trip I have ever attempted,’” said Jack. “About 30 years ago I biked about 28 miles and thought that was a lot. However, today’s bikes are manufactured with lighter materials and gears.

Our own Chris Soulé will be riding with the group and will provide updates via email. "If you have any questions or need any information, please feel free to contact me at chris.soule@nyspca.org."
Comprehensive Plans, Fine Arts, and Books: Keys to Alfred’s Sense of Place

Robert Graves, the U.S. Census Director, recently stated, “The future of the rural county is looking a lot like your past.” According to our past, the quality of life and the area’s natural beauty are valuable assets. In a survey of AU and ACS students, AU and Percival Lattimore residents overwhelmingly agreed. In the past, Alfred people were very protective of Alfred and Alfred’s assets. Comments about the environment were too numerous to add. The following are a few of a myriad of comments regarding Alfred’s natural beauty, as cited in the Comprehensive Plan of 2003:

- Natural environment
- Financial Development Plan
- Rural land use planning is needed to prevent the visual integrity, and seasonal recreational opportunities in the area. The sound of peacefulness and the bells were commonly mentioned. (“Alfred Sun, March 4, 2010”)
- The natural beauty of the area.
- The rolling hills and low population density and educated people.
- The physical environment
- The aesthetics of the Route 244 approach, Main Street and the parking area will not be ideal. However, the natural beauty of the surrounding area and the quality of life was continually lauded.

Equally important are how the arts, reflecting current culture, reiterates the sense of Alfred. The Facebook page is a great example of how to build opportunities for research. Unique plants, birds and the area in general could be a target for tours. Biodiversity and the natural setting are positive (Besser and Hanson 2004), or that the risk to community health may not be worth the social cost imposed upon rural communities where neighbors need not lock their doors due to risk. The benefits of economic growth may not be worth the social cost imposed upon rural communities (Rasmussen, Thomas. “Get Outtor of Automobiles. Special Report. New York, Lantham: UP of America, 2009)

- The general friendliness and caring of the people.
- The natural beauty of the area.
- The rolling hills and low population density and educated people.
- The physical environment
- The aesthetic of the Route 244 approach, Main Street and the parking area will not be ideal. However, the natural beauty of the surrounding area and the quality of life was continually lauded.

Three profs cited for 25 years

An accomplished musician and historian, Ecklor joined the faculty in the Division of Human Studies, College of Liberal Arts & Sciences, in 1984 after earning a doctorate in history from Washington University in St. Louis.

(Continued from previous column)

Where’s the Beef? Porter’s Organic Farm now has Certified Organic Beef by the portion available at Stearns’ Poultry Farm Store. Available at Porter’s Organic Farm. Pork by the portion, Certified Organic Beef www.portersorganicfarm.com

Alums pedaling to AU Reunion (Continued from front page) are so much better than yester- year. Living in California also allows for training outdoors at least 10 months out of the year.”

“Roger and I with a couple of others did a bike ride from the Philly area to Alfred in 2008 to celebrate our 50th College Reunion,” said Andy. “The dis- tance, I believe, was similar, approximately 35 miles. So, Roger thought it might be a good idea to do another ride, but from the Newburgh area. Both Roger and I spent a couple of years in grade school at Wash- ingtonville Central School. And, that’s where he got the idea to start our ride from that area.”

“To be honest, I didn’t do much biking after the 2008 ride; perhaps 100 miles or so over a couple months ago when I said to myself ‘self, you better start riding your bike.’ So, a couple of months ago, Roger and I got inspired, between trips, I was riding about 20 miles a week. In the last four weeks, I’ve averaged 20 miles a week from 50- 55 miles/week. Need- less–to-say, I’m getting a little tired but feel good that I’m back on the bike; it’s great for flexibility and destressing. I do plan to continue now I just need to keep it in shape.”

“Be to fair, I haven’t been a couch potato. Both my wife and I go to the gym regularly where I spend a lot of time on the ellipt- ical machine. So, I did not ex- actly start from scratch. “This ride and the one in 2008 are the longest rides I have done. However, in past years I’ve done a reasonable amount of riding. I have participated in 100-mile rides/races and several Florida Senior Games cycling events.”
Two teens awarded camp scholarships in honor of Emily Timbrook

ALFRED—Two teens have been chosen for an environmental camp scholarship created in memory of Emily Timbrook, New York State Department of Environmental Conservation (DEC) Commissioner Pete Grannis announced recently. Christopher Berry of Livonia, Livingston County, and Ashlyn Tehoke of Winchester, Va., were selected from essays they wrote about their experiences at DEC’s Camp Rushford in Caneadea, Allegany County, last summer. Timbrook, a former Camp Rushford attendee and volunteer who resided in Alfred Station, Allegany County, died tragically in a car accident in April 2009. At the suggestion of her parents, DEC and the National Heritage Trust (NHT) created a summer camp scholarship fund in Emily’s name to encourage other young people to get outdoors and appreciate nature as Emily did. The funds collected will be used for “campschships”—scholarships to send two returning campers to Camp Rushford for free. The award-winning campers are specially chosen for their demonstrated interest in building upon their outdoor recreation experiences and their knowledge of the environment. To date, $7,625 has been raised in Emily’s memory.

The awards were made to campers who had excelled at Camp Rushford in 2009 to submit an essay about their camp experience and its impact on their lives and the lives of those around them. The winners will attend a “retuense” week at Rushford this summer.

“The essays we received were thoughtful and detailed. Several experiences about the time spent at DEC’s camps,” Commissioner Grannis said. “While it was difficult to choose just two winners, Ashlin’s and Christopher’s essays were especially insightful and provided great inspiration to all of us involved in honoring Emily’s memory. I congratulate these young environmental leaders and wish them another fun and enriching time at camp this summer.”

Emily’s parents, Barbara and Tim Timbrook, said: “Emily loved camp and lived the camp philosophy all year long—sharing messages about the environment and her love of the outdoors with other youth. The recipients of the award have demonstrated the same kind of commitment to the outdoors and the environment that Emily did, and we are pleased to honor her memory in this way.”

Christopher Berry’s Rushford experience included learning important lessons about recycling, energy use and the small ways he and his friends can make a difference to improve the environment. Highlights of Christopher’s essay included: “I know now that the decisions I make can have a huge affect on the animals and plants and environment around me.”

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Several of Ashlyn Tehoke’s family members live in Western New York and her mother and two uncles both attended Camp Rushford when they were teenagers. After following in her family’s footsteps and enjoying her time at camp, Ashlyn’s wrote: “When it comes down to it, respect is the word that sums every thing up. Respect for the environment, for your friends, and yourself. Without any of those things, camp would have meant nothing.”

Space is still available at Camp Rushford, especially for 15- to 17-year-olds from August 1 to 7. Visit www.dec.ny.gov/education/29.html for more information about DEC summer camps and to find out what other weeks still have openings.

Donations to support future camp scholarships in Emily’s name can be made to NHT, a public benefit corporation that receives and manages gifts, grants and contributions to further public conservation programs. A description of NHT is available at www.nysparks.state.ny.us. To donate, make a check made out to “NHT-Emily” to Camps Scholarship, c/o Director of Management and Budget Services, NYSDEC, 625 Broadway, Albany, NY 12233-5010.

Orion recipe that involves barbecuing

Since the last two recipes were entitled “barbecue” but involved no barbecuing, let’s look at some that actually do involve barbecuing.

If you would like to help keep Frank Crumb’s Dream alive, send your name and address or that of a loved one with check payable to “Alfred Sun.”

Back in 1884, a simple item appeared in the Alfred Sun that said, “Until the thousand subscribers to the Sun,”

That goal suggested by Sun co-founder and legendary Editor and Publisher Frank A. Crumb, was met before the new millennium. But now we’d like to keep the dream alive. So we’ve set a goal of 125 new subscribers to mark the Sun’s 125th anniversary.

During Frank Crumb’s Dream Campaign, we offer new subscribers 13 months for the year’s subscription price of $27 ($30 outside of Allegany County). That’s $25 off the newsstand price. And you’ll read hometown news and interesting stories too, of course.

If you would like to help keep Frank Crumb’s Dream alive, send your name and address or that of a loved one with check payable to “Alfred Sun.”

Yes! I want to help fulfill Frank Crumb’s Dream! Please enter my subscription to the _Alfred Sun_ as indicated below:

**CHECK THE APPROPRIATE BOX**

- [ ] $27 for 13 months
- [ ] $55 for two years

Outside Allegany Co. $30 for 13 months

Name __________________________

Address __________________________

City ______________ State ______ Zip ________

Send check payable to “Alfred Sun,” Box 811, Alfred, NY 14802.
The Imperfect Game

Gather round and hear the saga
Of Galot Lorance, the one who pitched the almost-perfect game: With masterful control Over the “beisbol,”
Even Cleveland’s bats had never been so tame.
Each man who came to bat Went back to the bench and sat And waited for his turn three innings hence; Cur, no batters, for his trouble, Hit one, only a desperate throw.
Much less succeed to hit one o’er the fence.
Nor did a single vis-à-vis Hear those cherished words, “Ball four!” But the Tiger fielders, neither did they err;
And we know ya can’t just fire “It would instantly replay throughout the sport.”
But Commissioner Bud Selig He’d never blown a call of such import.
And said in 22-odd years “Wanted, one thousand subscriptions!”
But ex-Yankee (and Non-Saxon) Galarraga didn’t flounder, Much less succeed to hit one o’er the fence.
Hear those cherished words, “Ball four!”

The Imperfect Game

Several things have happened since my last column! First off! UP FOR ADOPTION! LANDSCAPE AREAS ARE UP FOR ADOPTION! By this I mean the maintenance of the landscape materials, weeding, etc. No cost is involved only your time.
The Alfred-Almond National Honor Society weeds the signs areas each spring and the Alfred State College Cross County Team weeds the large triangle by the blinking light each fall but will not be doing so this fall as they expect to get help during the late spring and summer months. All is greatly appreciated!

The Imperfect Game

I have been getting estimates for some interior work which can begin as soon as the roof is complete. So we are moving forward.

Last week the spring newsletter and fund-raising letters went out to over 450 local community members and businesses. Thus far the response has been quite good. Keep those pink envelopes coming to my mailbox! Many thanks to Linda Acomb, from Alfred, for her help in getting the newsletter layout, and to Robyn Hansen and the Alfred State College Document Center for printing the newsletter.

Work on 61 South Main Street is progressing. The new slate tile is now in its way up the roof. The back hip portion of the roof is complete and now work will begin on the front hip portion. We are waiting for the new windows with hopes of them arriving sometime this week.

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ALFRED – Coral Lambert, assistant professor of sculpture in the School of Art & Design at Alfred University, is among the artists whose work is included in “Nature Rules,” an exhibition of outdoor sculpture curated by the Brooklyn Waterfront Artists Coalition on Governor Island, part of the Abigail Allen Award, said AU’s director of the National Casting Center Foundry, part of the School of Art & Design at Alfred University.

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Founded in 1836, Alfred University was the first college or university in New York State to pursue higher education and inspired by many of whom were radicals in the late 19th and early 20th century, German women writers of the late 19th and early 20th century, many of whom were radicals in their day fighting to address social issues affecting women and children, while pursuing their professional careers.

“You write, in particular, studied by singer was Hedwig Dohm, a woman fearless in her struggle by German women writers of the late 19th and early 20th century, many of whom were radicals in their day fighting to address social issues affecting women and children, while pursuing their professional careers.”

Sandra Singer’s scholarship reflects her interest in women’s roles, said Porter, noting that in her first book, Free Soul, Free Woman! Singer wrote about German women writers of the late 19th and early 20th century, many of whom were radicals in their day fighting to address social issues affecting women and children, while pursuing their professional careers.

“...Porter has written that she is the winner of the Buffalo Music Room Music Award for Top Original Female Vocalist for six consecutive years. Her band, winners of the Top Original Rock Band in 2005, features the combined talents of Patrick Shaughnessy on drums, Graham Howes on guitar and Jim Whitt on bass.

Sandra Singer

Sandra Singer, professor of German, is this year’s faculty recipient of the Abigail Allen Award for service to the Alfred University community.

The Abigail Allen Award is presented annually to a faculty or staff member who “has contributed greatly to the Alfred University campus and community by improving the quality of women’s lives today.” The award recognizes the legacy of Abigail Allen, a founding member of Alfred University, who dedicated her life’s work to advancing the cause of co-education and encouraging women to pursue higher education.

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One Time, One Meeting

The Practice of Zen Meditation

By BEN HOWARD

On Saturday, August 4, 2007, Alex Rodriguez hit his 500th home run. When Elvis left the building, as the sportscasters sometimes say, the thirty-two-year-old Rodriguez became the youngest player to join the 500 club. The third baseman to do so while wearing a Yankees uniform, the previous two being Mickey Mantle and Babe Ruth. However momentous A-Rod’s achievement—the ball he drove into the left-field seats later sold for more than $100,000—it was not brought about by an act of will. On the contrary, his fervent desire to hit one more homer had stood in his way. On July 25 Rodriguez had hit his 499th home run at Kansas City. With expectations rising to the point of frenzy, he had tried through the next five games to hit his 500th, adapting his swing for that purpose. Only when he returned to his regular swing, trying only to hit hard, was he able to succeed. “I hope to keep going,” he said afterward, “that you can’t will yourself to hit a home run.”

In Zen practice, the counterpart of a home run in baseball is the experience of kensho, which means “seeing into one’s true nature.” Often used synonymously with satori, kensho arises from two primary conditions, the first being “accumulated samadhi”—rigorous meditative training—and the second a “triggering event,” such as the sight of a falling leaf or the sound of a stone striking bamboo. In kensho, the practitioner experiences a dramatic falling away of the personal ego and a profound sense of unity with all things. Of the many accounts of kensho in Zen literature, one of the most vivid is that of Peter Matthiessen, who experienced it while training at Dai Bosatsu Zendo.

And very suddenly, on an inhaled breath, this earthbound bodymind, in a great hash, began to swell and fragment and dissolve in light, expanding outward into a fresh universe in the very process of creation. At the bell ending the period, I fell back into my body. Yet those clear moments had been an experience that was everything right here now, contained in “me.” Within this experience, like a sonorous, then weeping, then “a spontaneous rush of love for friends, family, and children, for all being the strivings in this room, for every one and everything, without distinction.”

Given its prominence in Zen lore, particularly in the Rinzai school of Zen, the experience of kensho can easily become a goal of practice. And if he or she can just attain that experience, the long and often painful hours of sitting will be vindicated. Yet if there is one thing Zen teachings, Soto and Rinzai alike, agree upon, it is that the striving to experience kensho only undermines one’s practice and defeats its purpose. In the words of the Soto master Kosho Uchida, “The goal of practice is not to have a double row of pieces from concertos to marches to tangos. His selections will include “Die Fuga in G Major” by Benoit Bröll; “IV , BWV 1055” and “Largo, Concerto V , BWV 1056” by Bach; “Capricho Arabe,” Francisco Tárrega; famous marches under the direction of Eagle, Wagner, “Razdedek March,” Johann Strauss Jr.; salon music—“The Fountain,” Böh ; “The Mountains and Gorges,” Bröll; “La Zingana (The Gypsy),” Böhm; “Improvisation on “Here There and Everywhere,”” John Lennan/Paul McCartney; “Ar- gentine tangos—“Cata,” “El Conventillo,” “El Cantor de Buenos Aires”; overtone to “To Poet and Planet.”

The Wingate Memorial Carillon Recital Series honors Dr. Craig Wightman (Ringo), Wingate Recital in 1966), who was a professor of music at Alfred University for 36 years. After the inspiration of the bells in 1937, he was ap- pointed the University carillon- neur and continued in the position until his death. He arranged more than 5,000 selections for the carillon and com- posed nine suites. The Margaret Merrill and Ray W. Wingate Me- morial Carillon Foundation funds the series.

The carillon at Alfred Univer- sity is made of 11 bells of South America, July 27; “Largo, Concerto V , BWV 1056” and “Larghetto, Concerto IV , BWV 1055” by Bach;}

Bret Talley has been involved with music most of his life. He was raised in a musical home and it seems he will never stop. His musical career includes his two years as lead guitarist and producer for the Philly based pop-rock act, Outset, his contin- uing status as lead guitarist for one of Philadelphia’s most pop- ular rock outfits, IKE, and now his new role as lead guitarist for Susan Steen Talley (IKE) on bass and Jamie Briggs on drums with the Brett Talley Band. In 2009, on Brett released his first self-produced solo album, “Under the Double Eagle,” which featured more of Brett’s pop sensibilities. The release of his most recent darker side, his fourth digital down- load EP, “Emancipator,” earned him a 2009 Homey Award.Brett has been playing the annual Carillon at Alfred to raise money for this year’s enter- tainment. Brett’s music contains hard- driving pop-rock sounds with darker elements which define his unique style. Brett remains committed to offering his own unique mix of engineer and producer to in- terested artists and bands along with continued music production record and produce new music of his own as well as with IKE.

The best way to describe Tri- als is Gymnastics on two wheels. The rider conquered a monstrous obstacle course while never putting their feet on the ground. Amazing Balance with a level of precision and control found in no other sport. This show and Brett Talley Band has won the most popular motorcycle grand prix events for fairs and festivities. For information on dates or to donate to this year’s event visit their website at www.an- doverfours.com.

As you sow, so shall you reap!

• Seeds • Fertilizers
• Mulches • Seed-starters

It’s all here in Tinkertown!

Dungeons and Dragons is a game where players make a character with a game like that, it seems he will never stop. Brett’s music contains hard- driving pop-rock sounds with darker elements which define his unique style. Brett remains committed to offering his own unique mix of engineer and producer to in- terested artists and bands along with continued music production record and produce new music of his own as well as with IKE.

Extreme Trials Showcase

The Team Extreme Trials Showcase features two com- petitors who take on the most difficult and dangerous of Trials. Tommi Ahvala is a 2 Time World Champion Trials rider who has won and lost together. He is a 5 Time World Champion with 4 American titles. Adam Mehrabian is an American legend with 14 National Champion titles. Adam and Brett Talley are two of the most extreme riders in the world. Talley has won the annual Carillon at Alfred to raise money for this year’s enter- tainment. Brett’s music contains hard- driving pop-rock sounds with darker elements which define his unique style. Brett remains committed to offering his own unique mix of engineer and producer to in- terested artists and bands along with continued music production record and produce new music of his own as well as with IKE.

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AU’s NYC exhibition is a big career step for artists

ALFRED — He’s dealing with painters, electricians, sign-makers and more, all the myriad details that go into creating an exhibition in a temporary gallery in New York City.

For Hornell native Kevin Jacobs, who received a BFA degree from the Alfred University School of Art & Design in 1989, as a career specialist in the University’s Career Development Center, his primary role is to help art students make the sometimes challenging transition to studio artists.

And that’s why Jacobs has spent days on the road over the last month, traveling the 300 miles each way to and from New York City where he is organizing Profile 2010: The School of Art & Design at Alfred.

The special exhibition will feature the work of six MFA graduates and 20 BFA graduates, all received their degrees during AU’s commencement less than a month ago. Work included represents the full range of what the School of Art & Design has to offer, including drawing, painting, print-making, ceramics, glass and sculpture.

Jacobs is not only an AU graduate, he is working with art students and alumni, his work also allows Jacobs to establish firmer ties with young alumni, as well as the faculty and administration of the School of Art & Design, which is part of the New York State College of Ceramics at Alfred University.

Jacobs is also director of the Cohen Gallery, which has both a physical and virtual presence at Alfred University’s Career Development Center and created programs targeted toward the arts students. It was so successful that AU has continued the practice.

Creating exhibitions in the space gives art students very practical, hands-on experience in all the aspect of creating an exhibition, from designing the space to lighting and promotion of the event, said McFadden.

Jacobs is also director of the Cohen Gallery, which has both a physical and virtual presence at Alfred University’s Career Development Center. “It gives our new alumni not just an opportunity to sell their work, but a chance to see all that’s involved” in becoming independent artists, most of whom find themselves managing the financial and business aspects of their studios.

“If they want to make a living as an artist, they need to know what’s involved,” said McFadden.

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Kevin Jacobs, a specialist in Alfred University’s Career Development Center whose responsibility is working with art students and graduates, is helping to set up a temporary gallery in New York City where he is organizing Profile 2010: The School of Art & Design at Alfred and will be exhibited June 9-16. Jacobs, a Hornell native, is a 1989 graduate of the School of Art & Design.
Alfred Village Band Road, Hornell. DJ/Karaoke every 7580 Seneca call 545-8603.

New members are always welcome at Hornell Intermediate School. Alfred Community Band plays Thurs. evenings 6-9 p.m. with music, parties, espresso, desserts; Saturdays 4:30-11 pm with music, parties, espresso, desserts; Sat.

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WHAT’S COOKIN’?

Allegany County Office for the Aging Monthly Menu on the second Tuesday of each month.

All Allegany County Meals @ 7 p.m.

Monday, June 14
Crescent salad, Firemen’s BBQ chicken with fried rice, dinner roll, fresh fruit.

Tuesday, June 15
Orange juice, ham & broccoli casserole, yeast rolls, chocolate pudding, graham crackers.

Wednesday, June 16
Peach cobbler, salad, macaroni and cheese, dinner roll, oatmeal raisin cookie, dibbet orange.

Thursday, June 17
Fajita Salad

Friday, June 18
Baked bean salad, Beef on Wook, horseradish, oven brownies, succotash, cheese, cookies, white chocolate cookies.

Saturday, June 19
Lettuce salad with cheese, cherry tomatoes, black bread, chocolate pudding, graham crackers.

WHAT’S ON THE TAP?

Allegany County Office for the Aging Monthly Reading on the second Wednesday of each month.

Monday, June 14

Tuesday, June 15
JUNE, the new month of life and the vibrant soul of the season. The sun shines brightly, the days are longer, and the world is full of new growth and possibilities. It’s the perfect time to enjoy the outdoors, explore new hobbies, and spend quality time with loved ones. So put on your sun hats and sunglasses, grab a book, and revel in the beauty of June. Aulas of the Community. By the Community. For the Community.

Support Groups

Alzheimer’s Support Group.

Meets Thursday of the month at 6 p.m. in United Church, Belmont.

Call Allegany County Office for the Aging at 607-264-6500 for more information.

Caregivers Support Group.

For info, call the Allegany Office for the Aging at 1-800-243-1800. Ext. 113.

Diabetes Support Group.

Meets fourth Tuesday of the month. Meet- ing times are 5:30-7:30 p.m. in the meeting room of Menary Center, 53 North Main St., Hornell. For more information, call 607-585-4199.

Support Groups.

Meet monthly on the third Thursday of the month. Meet at the Allegany County Community Caregivers Support Group. For more information, call the Allegany Office for the Aging at 607-243-1800. Ext. 113.

Hornell Women’s Studies Round- table. Free For All @ 6 p.m. in the St. James Mercy Hospital Cardiac Rehab (2nd floor). For more information, call Karen S. 607-276-8588 for help or information.

Grain Support Group.

Second Wednesday of the month in the Hornell Women’s Studies Round-table. Free For All @ 6 p.m. in the St. James Mercy Hospital Cardiac Rehab (2nd floor). For more information, call Karen S. 607-276-8588 for help or information.

Support Groups.

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Nevins Theatre, Pewel CAMC, Hornell.

Tickets to Nevins Theatre. Pewel CAMC, Hornell.

The Fibermagik Support Group meets on the second Thursday of each month from 7-8:30 p.m. in St. James Mercy Hospital. For more information, please contact the group facilitation at the St. James Mercy Hospital at 607-585-1910.

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Steve Piper will perform Saturday, June 12 in Angelica.
Great knives while they last! Kain-Mac Chapter O.E.S., Alfred has RADA Cutlery - utility, slicers, grapefruit, carving knife, peeler, gives group discounts from $33.75-14.30 each. Call 587-8071 for more information.

FREE ADS: If you have an item you'd like to sell for less than $30, advertise FREE in the Alfred Sun! Limit one item/ad. Must list price. Private parties only. Turn “trash” item/ad. Ad must list price. Private parties only. Turn “trash” item/ad. Ad must list price. Private parties only. Turn “trash” item/ad. Ad must list price. Private parties only. Turn “trash” item/ad. Ad must list price. Private parties only. Turn “trash” item/ad. Ad must list price. Private parties only. Turn “trash” item/ad. Ad must list price.

Call 587-8071 to list your va-

6. REAL ESTATE RENTALS

ROSE APARTMENTS: Alfred, NY. Luxury one-bedroom $565/month. NO rental re-

quiry. For info www.alfredsun.

free ads. Call 587-8533.

35-8b

Call 587-8110 to list your va-

ad in the Sun. 25 words list

But our readers know of your

15. INSTRUCTION


WILL REMOVE scrap metal from your property. Flattens ne-

14. SERVICES


LS.

4. Garage/Yard Sales

HAVING A GARAGE SALE? Let the whole town know of coming sale with a classified ad in the Sun. 25 words list some of your featured treasures. Only $5. $5 your ad to 607-8110. Must be submitted by 4:00 pm on Wednesday.

3. Deals on Wheels

Sell your car in the SUN! Only $425! Reach 3,000,000 readers for FRED SUN at 607-587-8110. ($175) for 25 words. Each newspaper statewide. Or, tar-

New Norwood Sawmills-Lumber/Metal-Pe handles logs 34” diameter, mills boards 28”.

NEW Norwood SAWMILLS-

Tell the world!

5c. Pet Care

Nestle for a New pet for a cat or dog? Looking for a pet to keep your company? Place a pet ad right here. E-mail your ad to: alfredsun.news@gmail.com or call 587-8110.

9. PETS

Canastota. Elobiologics-

LLC contracting reliable Owner Operators (2003+) Steady re-

country work transporting baked goods. Average 2,200 miles/week. $1.10 all dis-

ties, miles plus Fuel Sur-

charge. Weekly Settlements, Stop/Play, All Tolls. Incentives. For more info, call toll free - 866-411-2444.

12. Financial

CASH NOW! Get cash for your structured settlement or annuity-

10. Help Wanted

HELP WANTED: Volunteer news correspondent in An-

county. Apply to neighboring towns. E-mail: alfredsun.news@gmail.com or call 587-8110.

TRACTOR TRAILER TRAILING: Apply Now! June Classes, Pei Grant. VA Ben

11a. Classifieds

Wanted! With fresh air and great views... come to us! The Alfred Sun! Only $60/week for 30 words, $175 for 60 words. Also, 125 word ads at $5. Advertised self-adressed envelope payment to: Alfred Sun Classified, P.O. Box 81, Alfred, NY 14802.

1. Items For Sale

Sell it in the Sun! The Alfred Sun is not covered to move or sell any of those unwanted items in the Alfred Sun Classified. E-mail: alfredsun.news@gmail.com.

4. Auctions/Events

PUTNAM COUNTY NY REAL

PROPERTY TAX FORECLOS-

SURE AUCTION 100 Proper-

erties June 23, 8:11AM Street.

Metal Worker’s Local in Brew-

erst, 800-243-0061 AAR & Har

r Inc. www.NYSAuctions.com

Announce your fund-raiser in the Alfred Sun. Let the whole town know about it! E-mail: alfredsun.news@gmail.com.

5. Real Estate Sales

UPSTATE NY FARM SACRIF-

ICE! 10 acres - $29,900 Rushing stream, woods, views, valuable Southern Tier loca-

tion! Terms available! Call 855-

378-6910 or 607-896-1100 on NewYorkLandYa.com or

NY LAND FORECLOSURE

SALE 5 acres beautiful ridge-

$15,950, 15.8 acres at snow-

trails & state land - $37,950.

24.8 acres in Lewis County $7,950. Must see it! Na-

nance. 800-229-7843.

6. Real Estate Rentals

MAPLE APARTMENTS 30 Glen Street, Alfred, NY 14802

Affordable housing complex with on-site laundry, street parking, your pets welcome. Subsidized rental available to qualified applicants. Occupations are 62 yrs handicapped or disabled regardless of age, income limits apply, Viachoice accessible.

Equal Housing Opportunity.

Phone: 607-858-8642

1-888-542-3031

TDD: 1-800-662-1220

FAX: 607-858-8110 or 607-857-8813 or take to 764 Rt 244, Alfred

BROWN’S SEPTEC SYSTEM

Septic tanks pumped

Repairs and installations of septic systems.

Certified inspections

Water analyses

Call 607-276-6788

COMPUTER REPAIR available. Former Kenmore IBM HP engineer. Typical 2-day turn-around. Free removal to lost data. Sick of Vista? Ultimate available. secur-

ity updates and necessary programs installed. Typical cost $150. Laptops and lowen welcome, also copiers and laser printers. Call Kristin Jackson’s 585-268-5627. 14-6b.

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CASH NOW! Get cash for your structured settlement or annuity-

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Equal Housing Opportunity.

Write your ad here!
Named to Dean’s List

GEORGE—Lauren Lorow of Alfred, daughter of Barb Lorow and Doug Lorow of Webster, is a member of the women’s soccer team and is working this summer for the Rochester Americans hockey team.

The Alfred Sun, Thursday, June 10, 2010
ALFRED – It was back to school this weekend for a team of five professors and the dean from Alfred University’s College of Liberal Arts & Sciences (CLAS); the AU team was one of 36 chosen from across the country to participate in the recent BI. (continued) ...
Our spring banding season at Braddock Bay Bird Observatory was unusual and interesting. Bird migration was 10-14 days earlier than usual and the banding station wasn’t set up until our normal start day on April 17. So we missed many of the earliest migrants including Golden-crowned Kinglets, Brown Creepers and White-throated Sparrows, and our numbers are way down for them. Then, when we did get operating, we had a long spell of winds from the wrong direction (birds in spring move north on a south or southwest wind), cool temperatures and rain. From April 17 to May 13 we caught very few birds. In fact, on April 26, 27 and 28 we banded just four, five and then eight birds!

But on May 14, the dam burst and we had one of our best periods of spring banding ever, with 2269 birds banded between May 14-24. On May 23, we banded 402 birds, our tenth best spring banded number of 3600 birds. We also taught a 1986. We ended the season having banded 402 birds, our tenth best spring and we had one of our best periods of spring banding ever, with 2269 birds banded between May 14-24.

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THE DUGOUT continued

**THE DUGOUT continued**

Yikes...what a finish. Looking forward to the annual A-A Alumni banquet, alumni weekend and hoping a host of ‘70 classmates will be there! Turner, Pierce, Snyder, Hurrie, Gardnese, Jeffersds (maiden names all) plus Knudsen, Firp, Stasiuk ... many more! Jamie Bennett up from Florida. If anything...get alumni dues in to help support scholarships.

**Wrapping up this week as 3L has a couple of summer soccer games on tap, Monday-Wednesday. Hoping to go on a “hiking venture” this Saturday, perhaps to Ithaca or somewhere in the Rochester area. Will invite her former Webster Schroeder soccer teammate, Jess Herbst (UVM) to tag along with us.**