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## The National Story That Never Broke

Sarah Thomann  
Staff Writer



Alfred University alumnus and filmmaker Trent Cooper addresses the Saxon football team.

Photo Credit: Student Affairs of Alfred University Facebook Page

Basketball, the will to overcome and one small Eastern Kentucky town found themselves on one screen thanks to Trent Cooper on October 19th, in Holmes Theater.

"My job is to make you feel something" Cooper said

Cooper is one of our own. He graduated from Alfred University in 1993, leaving behind his football legacy with the AU Saxons to continue his journey in sports to work with the NFL. Working as a screenwriter, he has covered many documentary subjects such as a piece about the marches in

Selma, AL as well as covering the controversial "taking a knee" debate currently happening across the nation. It was stories like these that gave Cooper the platform to reach out to many different audiences and begin the journey of changing lives across the country.

While researching another subject for his next project he was told about a story in Eastern Kentucky that caught his attention and sparked further investigation. There had been talk of a story that should have been in the national news but was being kept silent.

In a rural town in Kentucky an NBA and University of Kentucky legend came to the rescue of one high school basketball team. Rodrick Rhodes brought Cordia High School to the top of the conference to win an All "A" Championship and then was suddenly let go by the school shortly before the next season.

This sparked Cooper making the documentary: Us Against the World. It touches on the way racism is viewed down in the south and how it

See **Cooper** on Page 5

## Fake Emails Threaten Account Security

Caleb Scott  
Staff Writer

The Information Technology Services (ITS) of Alfred University is cracking down. In the last few years' spam phishing has been a growing concern to email security, both on campus and worldwide.

Spam phishing is a fraudulent practice, used by scammers, to convince recipients to reply with personal information such as account passwords or financial information. This is done by disguising spam as urgent messages from relevant institutions. On campus, this normally means that they are disguised as emails from ITS or other official school departments. This is an international issue. Once a scammer gains access to an account they can use it to generate additional spam and send it worldwide.

While this issue is not new to AU, it has become a priority problem because of the increasing

number of accounts that have been hacked in this way.

"We saw over 200 cases in the first couple of weeks. We think a lot of that might have occurred over the summer," said Director of Information Technology Services, Gary Roberts.

This email spam has been growing in sophistication to the point where they are now using campus logos, text formats, and lingo to disguise these emails as legitimate communications from school departments. This being said, receiving an email that appears to be from ITS but asks for account information may in fact be one of these fake emails.

The real ITS promises that they will never request financial or account information and such emails should be reported to them immediately.

To help increase awareness of this issue ITS will be holding

a promotional "Phishing Derby" event. ITS will be sending out "fake" spam emails that are intended to resemble real phishing emails every couple of weeks. The first students to report these fake emails will receive a package of gummy fish in their P.O. box subsequently.

"As we move forward, if students are still responding, we will know who they are and we can send them emails saying "Don't do this. Send these to the ITS help desk," said Roberts.

Another proposed security measure to help combat these fraudulent emails is to implement a multi factor authentication system. What this means is that when someone goes log into their email, their phone would receive an alert from a special authentication app that would require them to confirm the login.

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# ALL ABOUT ALFRED

## The Grand Opening of Cheryl's Closet

### ITS from Page 1

This would mean that in order to hack an account, someone would have to get both your account information and your actual phone, making it almost impossible to do.

ITS is aware that this could be an added inconvenience to students especially who do not have smart phones. In cases where students do not have smart phones and cannot get the app, a text message based confirmation may be substituted.

The school has already taken some preliminary precaution against these dangerous spam emails. At the beginning of the year, AU added an additional layer of email filtering to our Microsoft safety plan. The filter checks sent emails and helps to identify emails from out of a specific IP range. This will help flag potentially dangerous content from sources outside the local area.

As all of this is still in the works, ITS welcomes your input. Email Gary Roberts at roberts@alfred.edu with questions and concerns.



Photo Credit: Student Affairs of Alfred University Facebook Page

Trustees gathered at the Career Development Center for the 20-year anniversary of the Robert R. McComsey Career Development Center establishment at the Allen-Steinheim Museum on October 20. Pictured is Dr. Cheryl R. Blanchard '86 cutting the ribbon for the grand opening of Cheryl's Closet.

## FIAT LUX

- |                  |                 |
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## Evangelista to leave Alfred University, accepts post as provost at Muskingum University

From Alfred E-News

Dr. Nancy Evangelista, associate provost and dean of the College of Professional Studies, will join Muskingum University in New Concord, Ohio, as provost, effective Jan. 1, 2018.

In her new position, Evangelista will be responsible for all academic affairs, student affairs and all related initiatives for Muskingum's traditional undergraduate programs which serve an estimated 1,400 students. Like Alfred University, Muskingum has an off-site and on-line graduate program that enrolls about 1300 students. The integration of Academic Affairs and Students Affairs will offer new opportunities for creativity, accountability and teamwork, all designed to improve student success.

Evangelista joined the Alfred University faculty 20 years ago as an assistant professor in School Psychology. She became a full professor in 2008 and was chair of the Division of Counseling and School Psychology from 2006-2010. She has been associate provost and dean of The Graduate School since 2009, and served

as acting dean of the College of Business from 2010-2013, during which time she led the creation of the College of Professional Studies, which included the School of Business. The College she leads is comprised of 500 undergraduate and graduate students, 30 faculty members, and seven staff members.

She is a member of the Strategic Planning Workgroups for Planned Giving, Branding and Marketing, and Retention, and serves on the Presidential Committee on Diversity. She is chair of the Academic Assessment Council and is a member of the Title IX Review Board for Discrimination, Harassment and Sexual Misconduct. She also serves on the International Programs Advisory Committee.

She has previously been a faculty representative to the Alfred University Board of Trustees' Academic Affairs Committee, was a member of the Task Force on Evaluation of Administrators, chaired the search committee for the director of Institutional Research and Effectiveness, served on the Assessment Work

Group for the Middle States Commission on Higher Education Self-Study from 2002-04, and served on the College of Engineering and Professional Studies Curriculum Committee from 1999-2001.

Active professionally, she has authored a number of publications and position papers and delivered several refereed and invited presentations. She is a member of the Substantive Change Review Committee for the Middle States Commission on Higher Education. Evangelista has been involved with the National Association of School Psychologists, served as president of the New York State Association of School Psychologists and treasurer of the School Psychology Educators Council of New York.

An outdoor enthusiast who enjoys downhill and cross-country skiing, cycling, hiking, camping and canoeing, Evangelista also finds time for yoga, dancing, cooking and gardening and is a member of the Alfred University Chorus.

# WANT TO WRITE FOR THE FIAT?

## EMAIL: [AUFIATLUX@GMAIL.COM](mailto:AUFIATLUX@GMAIL.COM)

## Take A Knee: The NFL Protest of the United States Anthem

Jaime McClintock  
Staff Writer

By now the sports world knows the #takeaknee protest by heart. But when the president put his hat in the ring, the political world began to take notice as well. A protest centered around police treatment of Black Americans is now being expressed as a stand against the flag itself. President Trump has decided that the insult to our nation's flag was too much and accused NFL players of disrespecting their nation and those who put their life on the line to serve it. How does this event affect a small university in the middle of no-where New York, you may ask? Here are the facts and you may see how we are all affected by this protest.

A year ago, Colin Kaepernick took a knee during the National Anthem to protest police brutality against Black men in America. His actions were not made from anger or malice, but instead humility. Kaepernick recognized that for a select amount of time, a large number of Americans would be watching as the National Football League played. He took this opportunity to express his respect for the people who have fallen to police violence against Black Americans. He, and subsequent players after, are calling into question the message of the "Star-Spangled Banner," expressing that this nation, however great, has more work to do.

Players take a knee when another player is hurt during a game; it is used to acknowledge the risks players take when they take to the field. By pausing a game through taking a knee, they belay the intensity of the moment to pay homage to what happened to the injured player. In this instant, Kaepernick was extending the crowd's attention on himself to pay homage to the families who have lost a loved one from a faulty system. Of all football players, three-quarters of the league is black. While players make extraordinary wealth from the game, they put their health at risk as soon as they enter the field. Football players almost always leave the league with more than a few concussions. The sport encourages players to get hurt for the entertainment of the crowd.

Conversely, much of the population have interpreted his refusal to stand during the anthem as a disrespect to the flag and to fallen service members. They



Photo Credit: Google

accuse this act to be trivializing the deaths of those who have fought to keep this country free and safe.

In response to this controversy, many players have tried to pay homage to both stances by continuing to stand during the anthem but locking arms with their team members. Unfortunately, these actions can be seen as diluting the message of the original protest. They are conveying that the original protest's message is not strong enough to stand by itself, or in this case, kneel. They have allowed outside influences to affect the way in which they protest, which in turn allows viewers to ignore the potency of the idea. Other teams who wish to stay neutral on the matter have decided to stay in the locker rooms until the anthem has been played. This shows that the original protest is working. The objective of a protest is to make the viewer uncomfortable, to draw attention to the fact that things cannot stay as they have been.

There is some debate as to whether Kaepernick began this protest as a stunt to draw attention to himself and his career. This has been refuted by the fact that Kaepernick is currently the most hated player in the whole NFL. Kaepernick was not an extraordinary player, not good enough for a team to put themselves in the middle of this controversy, and he must have taken into account how this protest would affect his career. Since the protest, Kaepernick has not been hired to play again this year.

The first of President Trump's complaints against the NFL were heard at Luther Strange's rally in Alabama on September 22. What was at first a rallying speech deteriorated into a rant about football players disrespecting

the flag. He wondered whether those in the crowd wished for NFL players to be fired for kneeling during the anthem. He accused players of "ruining the game," remarking that while making

millions of dollars playing football they should respect the country that allowed them this job. Later, he argued that the recent attention to athletes' brain injuries were also "ruining the game." This is referencing Aaron Hernandez's autopsy which showed 'sever' chronic traumatic encephalopathy (CTE) created from multiple concussions. Doctors have spoken about the player, saying they have never seen a case this sever in anyone as young as Hernandez.

President Trump said that he thought linking arms was alright but he viewed kneeling as disrespectful. After that Sunday's games, he began to tweet #StandForOurAnthem, and encouraged crows to boycott the NFL. Though his stance is not unexpected, seeing as he does not often side with the voices of the Black Lives Matter movement.

See **Kneel** on Page 5

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## Ask A Sex Nerd: My friends say that you should pee after you finish having sex, is that true? Even if I don't have to pee?

- Post Coital

Yes, Yes, Yes! You should pee every time you finish having sex. I'm talking each round of sex. This is medical -- it's not optional, or it shouldn't be.

If you have a vulva, you need to urinate to clean out your urethra and make it less likely to get a urinary tract infection which can happen if you don't get a chance to 'clean up' after sex. UTI, that's not a sexually transmitted infection, how can you get that from sex? Well, you can get a UTI from all sorts of things, but it can happen because of sex because you're bacteria has gotten all mixed up with someone else's bacteria, and moved all around your genitals (which is why you should pee before sex too!).

If you have a penis, you need to pee to clean out the urethra and vas deferens (the sperm duct). The same way that bacteria gets all mixed up for bodies with a vulva, bacteria gets all mixed up for bodies with a penis too, urinating helps flush those bacteria out. And yes, people with a penis can get urinary tract infections, it's less likely, but it's just as painful. Believe me you don't want one! But beyond just that, semen

can stay in the urethral tubes until something forces it out be it urination, pre-cum, or ejaculate. That means that the bacteria isn't expelled until then either, right into their partner who now has a whole new mess of bacteria to deal with, potentially giving them a urinary tract infection. Not nice, be nice to your partner, help them prevent UTIs.

Now it's true that urinating after sex doesn't work for everyone. Some people can have all the sex they want without having UTI issues. Some people urinate before and after sex and still get UTIs. It all depends on your body, but peeing after sex is a safe quick way to help ensure that you stay healthy. Also, if you're peeing after sex, or any other time, and it burns, itches, or hurts, get yourself over to the wellness center and get an appointment. They have free appointments and anonymous STI testing.

- Your Local Alfred Sex Nerd

## Lost in Translation: Shooting Star

Alexiane Bacle  
Staff Writer

Did you know that every year, between the 2nd of October and the 7th of November, you can see meteor showers in the night sky? This year, the best night to observe the phenomenon was between the 20th and 21st of October.

What is a shooting star? It is the visible path of a meteoroid as it enters the atmosphere, becoming a meteor (thank you Wikipedia). To explain further, shooting stars are not stars, but a piece of rock that burns as it enters the atmosphere. What we see is the light from that burn, not the rock, nor a star. However, it's always magical to look at.

During this precise night of October, you can see the Orion constellation and a meteor shower going out of it. The constellation of Orion looks like a bow tie, or an hourglass. The sky is well dressed

for the shower. I won't be, since it is crazy cold outside.

Anyway, this constellation was named after Orion, a hunter from Greek mythology killed by a Scorpio. Some say that the Scorpio constellation has been placed at the other end of the celestial dome so that the Scorpio can never reach Orion again.

For some tribes of Native Americans, Orion is the Winter Maker.

One constellation can have several names within the world, but still mean something for people who believe in stars. Whoever you are, believer, astronomy enthusiast, dreamer, or lost on a cold night, I hope you will have the chance to see a shooting star. My only advice would be: watch the rock burn and make a wish, for winter is coming.



Photo Credit: Google

## Movie Review - The Last Days (Los Ultimos Dias)

Ryan Butler  
Staff Writer

Both movies reviewed prior to this are considered fairly unanimously as lackluster at best and atrocious at worst, though they both have plenty of comedic value. This week's movie is a wonderful step away from that, and it's different in so many ways. Primarily The Last Days is actually a Spanish movie, so unless one speaks fluent Spanish, subtitles are a requirement. Hence the second Spanish name in the article title. Understandably not everyone is a huge fan of reading a movie's dialogue, but it doesn't subtract from this film's quality in any meaningful way. Furthermore this film, unlike previously reviewed movies, is not bad by any means. Subjectively it's actually quite a great watch.

The film's plot line is a pretty standardized dystopian thriller



Photo Credit: Google

by today's standards. The setting plays a big part in making the whole thing work, taking place in Barcelona not long after the collapse of society. The filmmakers do a wonderful job of making everything at least feel real and plausible, which is appreciable.

A key aspect of the movie, and the reason that the world has fallen apart, is because the entire population has become stricken with fatal agoraphobia (in the movie this manifests as an inability to go outdoors) thus a vast majority of the movie takes indoors. The

characters use the subway system to move from place to place, and the world below the ground is absolutely fascinating and feels very lived in. All in all the movie's setting really sets it apart from the rest of modern post apocalyptic movies.

The Last Days takes what could have been an otherwise bland and uninteresting movie and makes it into something with a lot of heart. If a single aspect had been dealt with in any less of a delicate fashion the movie likely would have devolved into a nameless schlock filled wreck. Thankfully the director and the actors all played it seriously and the end result was a very solid movie. Provided one doesn't have an issue with subtitles, the entire movie is a very decent and enjoyable one.

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## Cooper from Page 1

can affect the way sports are conducted and looked at. With a basketball team comprised mostly of Black kids from out of state alongside their Black coach, it raised the question of why had a championship coach been let go? As the documentary goes on Cooper shows how the socio- economic aspect of small town lives mixed with the harsh backgrounds of the players from out of state could effect a turn of events such as this.

Cooper took it upon himself to be the voice this story needed to let the world know that racism is still a burning issue in the twenty-first century.

"I'm afraid to see the rest of it... I've worked so hard to

tell myself these stereotypes don't exist... I'm afraid," said one audience member after watching a small piece of the film.

The film brought mixed emotions to the audience along with an eye opening realization to students and faculty alike that outside the town of Alfred there are some who are not as kind. While having discussions with Cooper to go over his thought process behind certain segments and to gage reactions, the students spoke up more than the faculty. The overall tone throughout the theater was a somber one. Students talked about how they were hurt by the reactions toward the coach and team being shown. Others exclaimed that they were shocked this was the first time they heard of

this particular story.

With talk recently throughout the nation of marches such as those down in Charlottesville and the devastation that surrounded it, having it brought to our campus in such a way for many of our students to relate to was such a humbling experience.

Cooper stated at one point, "when I see injustice like this in the world I get angry..."

There is a line that Rodrick Rhodes says to his team at one point, which is: "never let a team outwork you." He tells the team this in a way for them to use it to conquer those against them on and off the court. This quote sets the theme for the whole documentary, to never let anyone outwork you no matter

the situation. Never let someone stand in the way of what you are working towards, never let someone or something tell you it cannot be done because of who you are or where you came from.

Trent Cooper makes this his mission in film now, to be able to give perspective/ insight into these tough situations that no one else can. He is bringing the tough issues in the world into homes and making them relatable.

"Sports are the backdrop, I'm just there to find their stories," Cooper concluded.

You can follow up with this story of the brave team and their fearless leader at [UPROXX.com](http://UPROXX.com).

## Kneel from Page 3

He has also illustrated a "tough on crime" policy, asking police to be more proactive. These tweets were held under much scrutiny because of the attention he was giving the subject. Some critics proposed that his attention to the politics of the football league, which lasted around three days of rapid tweets, were disrespectful to other situations he barely paid mind to. Though he was easily incensed to speak about NFL but needed much encouraging by coworkers to condemn the Nazi's who protested in Charlottesville. Or citing his brief responsiveness given to the situation in Puerto Rico.

Trump's comments were born from a misunderstanding. He focused on the perceived insult to the flag, rather than the message of the protest; bringing awareness to the rise in police brutality. Even before President Trump's comments,

veterans have supported and even participated in the protest. However, the President's attention means that the protest is working, as the message is getting to a wider audience.

After the President's words, Roger Goodell, NFL commissioner, expressed his grief for the lack of respect given to the league, though he did not mention Trump specifically. He said the failure to understand what the players experience was unfortunate. After the tweets, many teams made a show of creating a united front against the President's dispatch.

The students at Alfred add a variety of opinions on the matter, ranging from agreeing fully with the protest, to arguing that they are disrespecting a country that they live and work for, or merely saying they do not have a horse in this race. The vast majority of the people I spoke to said they felt they did not know enough about

the protest to give an opinion and expressed that as long as it continues to be a peaceful protest, they do not care. Most thought that the protest was not truly disrupting anything and shouldn't be criticized.

When I spoke to a few football players, they told me they were sick of talking about the subject. As it directly affected them, it was a common discussion. The group had a split opinion on the matter, however.

One player told me that, while he had not originally agreed with Kaepernick, since learning about the protest he has come to agree with the reasons behind the protest. Another player told me that they thought it disrespectful. Saying, it is just two minutes before a game, the player thought that there were other times and more appropriate places to protest. Most of the group agreed that the way Trump spoke about the topic

was very rude. They said that the escalation after the President's comments was a way for the league to tell the President that he did not control what they did.

Most other students did not talk about the topic with friends. Not many knew details about it unless they were particularly news savvy. Many students said that kneeling was not a way to disrespect the flag, just another way of acknowledging it. That kneeling was better than sitting like a lump while the anthem played. People I spoke with tended to agree that Trump did not know enough about the topic to be making such comments and said that he should be dissuaded from speaking about it.



By: L. A. Bonté



For more comics visit [FilbertCartoons.com](http://FilbertCartoons.com)

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## Turnovers plague Saxons at home against RPI

From gosaxons.com



Photo Credit: Peter Mangels

ALFRED, NY – The No. 25 Alfred University Saxons (5-2, 3-1 Empire 8) turned the ball over seven times in a 30-15 loss to Rensselaer Polytechnic Institute in Yunevich Stadium on Saturday.

The Saxons totaled six interceptions and a fumble in the nonconference match up, falling for the second game in a row. AU had not lost back-to-back games since 2014 when it closed out the season with losses to Utica College and St. John Fisher College.

Senior A.J. LiCata (Lake View, NY/Frontier) set a new standard in career tackles at Alfred University, surpassing Nick Clark '11 (377 career tackles). LiCata now stands at 382 career tackles in his collegiate career. He is only 69 tackles short of the NCAA Division III top-10 career total tackles list (Adrian Pynenberg, Wabash – 451).

The Saxons were the first team on the board, scoring with 8:21 left in the first quarter. AU marched 72 yards on four plays to earn the 7-0 lead when first-year Nas Smith (Auburn, NY/Auburn) barreled his way into the end zone from seven yards out for his fourth touchdown of the year.

The Engineers replied with a scoring drive on their next possession, carrying the ball 44

yards on 15 plays. Kicker Christian Kapp nailed a 44-yard field goal, bringing RPI within four points of the Saxons to close out the first stanza.

The second quarter was a defensive battle, with the Engineers taking away the only points in the period. Kapp struck again from 30 yards out with 2:17 left on the clock in the opening half. As both teams headed to their locker rooms for the intermission, the scoreboard read, 7-6, in favor of AU.

The Saxon received the second half kickoff, taking over on their own 25-yard line. However, junior Bryce Morrison (Kennedy, NY/Randolph) looked to find E.J. Staniszewski (South Wales, NY/Holland) in the middle of the field, but RPI's Oliver Kaija came away with an interception, marking the second turnover in the game for AU. The Engineers wasted no time, scoring on the next play when George Marinopoulos hit Keaton Ackerman in stride for the 25-yard touchdown and the lead, 13-7.

RPI capitalized on another interception to increase the lead with 9:03 left in the third quarter. Sam Barrett ripped down a Morrison pass for a pick-six from 50 yards out. The Engineers held onto a 20-7 lead.

AU fought on the next drive, travelling 63 yards on 15 plays

over 8:30 before being intercepted on the 12-yard line. RPI's D.J. Stefonsky took the ball 85 yards in the opposite direction, setting the Engineers up for another score and 27-7 lead. RPI added another field goal from 26 yards out with 8:39 left in the game to expand the lead yet again, 30-7.

The Saxons bounced back and added a score at the end of the game when Morrison found first-year Kenny Speed (Rochester, NY/Greece Athena) on a five-yard touchdown pass. AU converted the two-point conversion to get back into striking distance with time waning.

AU's final opportunity was squashed following an unsuccessful onside kick with 1:09 left on the clock. The Engineers exhausted the remaining time and earned their fifth win of the season.

"We need to get better and we need to do it in a hurry," stated AU head coach Bob Rankl. "We can't feel sorry for ourselves and we have to get right back to work and prepare to play a very good Morrisville team that is coming in next week."

Morrison threw for 308 yards and a touchdown on 26-of-44 (59.1%) throwing. RPI's Marinopoulos accumulated 104 yards and a touchdown on 10 completions, with no interceptions.

Senior Maleke Fuentes (Olean, NY/Olean) led the Saxons on the

ground with 52 total yards. Smith had 29 yards and a touchdown on the day. The Engineers were determined to pound the ball over the course of the game, rushing 52 times for a total of 136 yards. Ethan Wells paced the team with 34 yards. Nick Cella had RPI's lone rushing touchdown on the day.

Junior Jayden Gavidia (Homer, NY/Homer) racked up a game-high 192 yards on 11 receptions while Speed caught the only touchdown for AU. Gavidia was only 15 yards short of his career-high (207 yards), set against Utica earlier this year. The performance ranks fourth all-time in single-game receiving yards at Alfred University. Ackerman led the visitors with 55 yards and a touchdown.

LiCata was a dominant force on the day, amassing 18 total tackles (seven solo; 11 assisted) and three tackles for a loss. Sophomore linebacker Nick Milgate (Hilton, NY/Hilton) chipped in with 10 total tackles (four solo; six assisted). Junior Cole Reed (Gratz, PA/Upper Dauphin Area) and sophomore Justin Mosley (Long Beach, NY/Urban Assembly) had a sack each. Jack Hoggard led RPI on defense with an interception and a fumble recovery. Rory McCarthy had nine tackles (four solo; five assisted).

FIND MORE SPORTS AT:  
GOSAXONS.COM

## Saxon volleyball clinches first E8 tourney spot since 2000

From gosaxons.com

ROCHESTER, NY – The Alfred University women's volleyball team clinched a spot in the Empire 8 Athletic Conference Playoffs for the first time since the year 2000 on Saturday afternoon as they split in the E8 crossover at Nazareth College.

The Saxons (7-20, 4-4 Empire 8) started the day off with a four-set loss to Nazareth, 25-23, 21-25, 22-25, 19-25. They rebounded with a three-set sweep of Utica College, 25-22, 25-21, 25-16. Alfred University needed Hartwick College to fall to St. John Fisher College in the split scenario and also needed Houghton College to get swept on their day. Fisher defeated Hartwick in three sets whereas the Highlanders were upset by Elmira College in five sets, clearing the path for the Saxons to claim the No. 4 seed in the playoffs.

The Saxons had two outstanding performances in their first match from senior Maddison VanEtten (Harpursville, NY/Harpursville Central) and first-year Sarah Raeman (Canandaigua, NY/Canandaigua). VanEtten hit a .438 off of 10 kills on 16 attempts



Photo Credit: Peter Mangels

with only three errors. Raeman was also in the .400's with a .435 hitting percentage as she claimed 11 kills on 23 attempts with one error. Both Raeman and VanEtten were in the top three Saxon scorers for the match.

"Even though we lost, I am extremely proud of our Nazareth match," Head Coach Dakota "Dak" Pruess said. "We tapped into that will to win that we have been trying to cultivate for an entire season. I was thoroughly impressed with what Sarah [Raeman] and Maddison [VanEtten] did for us offensively. As a whole, we utilized

our strengths in that match."

Sophomore Amber Smith (Penfield, NY/Webster Schroeder) had 14.0 points on 14 kills. She also tallied 12 digs and one set assist. Senior Heather D'Andrea (Erie, PA/Mercyhurst Prep) led the Saxons with 15 digs while junior Elisabeth Estep (Horseheads, NY/Horseheads) followed with 13. Senior Aubrey Totline (Fairport, NY/Fairport) had 44 set assists against Naz.

In the later match, senior Jacquelynn Hicks (Greenville, NY/Greenville) led the Saxons with 16.0 points off of 13 kills, two

aces and one block solo. Smith followed with 13.0 points on 13 kills and D'Andrea posted 11.0 points with eight kills and three aces.

"I am just happy that we had a clean match against a conference opponent," Dak said. "To finish the regular conference season with a 3-0 win, that we needed to stay in the running for our post-season dreams, was huge."

Smith had 15 digs while D'Andrea and Estep had 14 each. Totline posted 38 set assists.

## Men's swimming narrowly edged in season-opener with RIT

From gosaxons.com

ALFRED, NY – The Alfred University men's swimming and diving team narrowly fell in its season-opener to Rochester Institute of Technology 153-147 on Saturday morning in Lebohner Pool.

The Saxons were led by first-year Noah Koltenuk (Danville, PA/Danville Area) who totaled three first place finishes in his individual events, the 1,000-yard freestyle (10:08.10), the 500-yard freestyle (4:53.30) and the 200-yard butterfly (2:02.12). He also teamed with junior Zach Goodwin (Holden, MA/Wachusett), junior Ethan Zyglocke (Livonia, NY/Livonia) and first-year Ryan Brown (Olean, NY/Olean) in the 200 medley relay to open the day with a third place finish with a time of 1:44.57.

"The men kept the meet exciting having it come down to the last relay," Head Coach Brian Striker said. "There were some really great swims, from both upperclassmen and the first-year student-athletes. We are a better team that we were a year ago and have greater ambitions. This result, although not a win, gives us some re-assurance that we can be very competitive in our



Photo Credit: Peter Mangels

meets this year."

The 200 medley relay team of sophomore Andy Edmister (Belmont, NY/Genesee Valley Central), junior Richard Berger (New Paltz, NY/New Paltz), senior Joseph Lawrence (Clarence Center, NY/Clarence) and first-year Geno Darin (Boca Raton, FL/Olympic Heights) took the early win with a time of 1:39.15.

Senior Alec Toth (Lockport, NY/Starpoint) and Edmister joined Koltenuk as they both had multiple first place finishes on the day. Toth took first in the

200 freestyle (1:52.13) and 200 individual medley (2:06.14) while Edmister won both of his individual events with the 100 (54.28) and 200 backstroke (2:01.76). Toth also finished second in the 200 backstroke (2:03.62).

Lawrence earned the Saxons' last individual first place when he swam a 54.03 in the 100 fly. He also tacked on a third place finish in the 100 free (50.92).

First-year Yunneng Du (Yorktown, VA/Tabb) picked up a total of four second place finishes with three in individual events. He

swam a 1:52.36 in the 200 free, a 23.07 in the 50 free and a 2:23.29 in the 200 breaststroke. Du then teamed with senior Derek Ciraolo (Grand Island, NY/St. Joseph's), Brown and Edmister in the 200 free relay to take second with a 1:30.03.

Other second place finishers for the Saxons were Darin and Berger. Darin took second in the 100 free (50.85) and Berger finished second in the 100 breast (1:02.97).

The Saxons will next head to Rochester, NY to face Nazareth College in a dual meet on Friday, October 27 at 6 pm.



## The Career Development Center is Back in the Castle!



We are happy to announce that the Career Development Center is back in the Steinheim! Stop in to say hi and be sure to sign up for an appointment using Handshake for a resume review and any other career help that you may need.

## Bergren Forum Schedule



Diana Maguire

### October 26: First Year Students' Business Practicum: Impacts of Early Experiential Learning

In 2015, Alfred University's School of Business adjusted its curriculum to add a required practicum for first-year students in their second-semester. The hands-on course, requiring students to create real business projects, is more typically offered to students in the final stages of their business course sequence. Maguire will share the findings of her two-year study (2016-2017) that measured students' perceptions of the impact of the course on their understanding of their major and potential careers.



D. Chase Angier

### November 2: Immersed in Blue: Iceland

Though her embodied investigation of Iceland's landscapes, art, and swimming pools, Angier explored the dialogue between internal and external landscapes. During this presentation, she will share her discoveries, choreographic processes, and renewed understanding of the transformative power of art and landscapes.

# Soulful sit-downs

Soulful Sit-downs are meaningful student-run conversations centered on topics ranging from authenticity and mindfulness, to love and fear.

This is not group therapy or a formal lecture! The purpose is to facilitate in-depth, nonjudgmental connections with our peers while exploring topics that are relevant to everyday life.

**Located in:** Herrick Library's Seminar Room 106  
Healthy snacks are always provided!

The facilitators are Summer Markajani & Savannah Markajani — please contact them at [soulfulsitdowns@alfred.edu](mailto:soulfulsitdowns@alfred.edu) with any questions!

**When:**  
Every Monday from  
8:00 – 9:00pm

**Upcoming Topics:**  
10/30  
Magic  
11/06  
Empathy

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