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TODAY	TOMORROW	WEDNESDAY
6:00 Dear Governor Cuomo - Film Screening	8:30 International Folk Dancing	

2012 W-2 Forms are Ready

Employee W-2 forms are ready to be picked up in the Business Office in Carnegie Hall. They will be available for pick up through Wednesday, Jan. 30.

**All W-2 forms not picked up by Wednesday will be mailed to the home address on file on Thursday, Jan. 31.

Please bring photo ID with you. If you would like a third party to pick up your form, you must send written permission allowing the Business Office to release your W2 to them.

Submitted by: Kathy Costello

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Last Day to Add Spring Semester Classes

As published in the 2012-13 Academic Calendar, registration for Spring Semester courses (other than B-Block courses) ends on Monday, Jan. 28. Students can register for A-Block and semester-length courses only until Web registration closes Monday night at midnight.

Late registration requires the written approval of instructor, advisor, and Dean. If a request for a late ADD is approved, a \$35 late fee is assessed.

The same date, Jan. 28, is the last to DROP an A-Block course.

The last day to DROP semester-length Spring classes is Monday, Feb. 4.

Questions? Contact the Student Service Center at 871.2123, or e-mail registrar@alfred.edu.

Submitted by: Larry Casey

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'Dear Governor Cuomo' - Film Screening

Presented by the Art History Club

Date: Monday, Jan. 28

Time: 6 P.M.

Location: Nevins Theater

Cost to Attend: Free

Come join the Art History Club for the screening of the concert film "Dear Governor Cuomo" followed with a talk by activist/artist and Alfred alum Jamie Carestio about the current political issues surrounding fracking in New York and ways students can become involved and make a difference.

Submitted by: Shelly Grant

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International Randall Chair in Sculpture: Ben Woodeson

Date: Thursday, Jan. 31

Time: 6:30 P.M.

Location: Nevins Theater

Cost to Attend: Free

Sponsored By: Sculpture/Dimensional Studies

Sculptor Ben Woodeson talks about his work as an artist and lecturer. He is known for making confrontational and often deliberately dangerous sculptures in a variety of materials in private and public spaces.

Woodeson was educated in Glasgow, and now lives and works out of London, England. He has exhibited in numerous international exhibitions, biennales and participates in symposiums and residencies worldwide.

We are pleased to welcome him to Alfred as the International Randall Chair in Sculpture.

To view his work please visit: <http://www.woodeson.co.uk...>

Submitted by: Shelly Grant

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Norovirus

There have been cases of the Norovirus at local ERs. The Norovirus is a virus that causes irritation of the stomach and intestines and generally presents as vomiting and diarrhea. Symptoms of the virus will continue for several days but you should notice gradual improvements.

If you feel like you have the Norovirus:

For the first 8-12 hours drink only clear liquids (water, Gatorade, apple juice, 7-up, etc.

After that, begin bland foods (bananas, plain rice, applesauce, toast, mashed potatoes, etc.)

Wait until you feel well for 24 hours before trying spicy/greasy foods or any dairy products.

PLEASE REMAIN IN YOUR ROOM TO ASSIST WITH CONTAINING THE VIRUS. CONTACT YOUR PROFESSORS TO BE EXCUSED FROM CLASS, HEALTH SERVICES CAN ASSIST WITH THIS IF NEEDED. CONTACT DINING SERVICES TO REQUEST A MEAL-TO-GO THAT YOUR FRIENDS CAN PICK UP FOR YOU WITH YOUR STUDENT ID.

Do Not:

Use over-the-counter medication to stop the diarrhea, unless told by your doctor or Health Services or

Drink beverages with caffeine or ingest dairy during this illness

Call Health Services if you experience any of the following:

Increase of constant pain

Inability to retain fluids

Continuously high fever

Decreased urination

Red or black bowel movements

Confusion, unusual sleepiness or drowsiness

Abdominal pain that remains in just one area

If you have any questions please call Health Services at 607-871-2400.

Submitted by: Amber Hardy

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Submitted by: Amber Hardy

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Flu Clinic

Alfred Pharmacy will be hosting a flu shot clinic for AU Faculty and Staff on Tuesday, Jan. 29 from 11 a.m.-1 p.m. in Powell 305. Please complete the attached form in advance to help make the process more efficient.

Attachment: [Flu_Clinic.pdf](#)

Submitted by: Amber Hardy

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Monthly MasterCard Trainings/Refreshers

Since JPMorgan Chase eliminated support for the Visa PaymentNet system and with their assistance we are migrating to their Commercial Card Classic MasterCard Program.

The new program will roll out in January 2013. Due to the website program being different, we wanted to offer additional trainings as well as refreshers for anyone that may need it until they feel comfortable.

A new monthly training schedule has been set up for the new MasterCard Program to assist cardholders and reviewers with the new program. We will start having the trainings/refreshers on the second Wednesday of each month from 1-2 p.m. in the Banner Training room located in Howell Hall.

We are hoping these extra trainings will be helpful and would appreciate any of your suggestions. If you have any questions please give us a call at x2698.

Submitted by: Susan Peck

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Bergren Forum: Chase Angier 'Shifting Landscapes'

The Bergren Forum sponsored by the Division of Human Studies and the College of Liberal Arts and Sciences will be meeting at 12:10 P.M. on Thursday, Jan. 31 in the Nevins Theater, Powell Campus Center.

Bring a brown bag lunch; coffee and tea will be provided.

Speaker: Chase Angier
Topic: "Shifting Landscapes: Framing Site Specific Performance"

Professor of Dance, D, Chase Angier will discuss the challenges of framing site specific performance and how it affects the audience/art relationship.

Submitted by: Marilyn Saxton

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Heart Health

February is Heart Health month and the Wellness Center, Judson Leadership Center, Athletics, and the Bookstore have teamed up to help spread awareness to the campus.

Join us in kicking-off the month by wearing a red shirt on Friday the 1st - we will have a picture taken at 12:30 and sent to the American Heart Association to show AU's support for the cause.

Attached you will find a calendar of events for the month; AU employees are more than welcome to attend events to learn more about what can be done to improve heart health.

Also attached is a flyer to hang on your door and/or in your classroom to help show your support all month long!

Attachment: [Commitment_and_Calendar.doc](#)

Submitted by: Amber Hardy

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Orthopedic Clinic @ Wellness Center

Bart Spratt from Westfall Sports Medicine will be coming to Health Services on Wednesday, Jan. 30, 2013 9 a.m. to noon. Please call 607.871.2400 for an appointment; insurance can be billed

Submitted by: Rene Richardson

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TIAA-CREF Consultant on Campus

You're invited! Jason Sciotti, Individual TIAA-CREF Consultant, will be conducting one-on-one, 45-minute, individual retirement counseling sessions on Thursday, Feb. 7, and Tuesday, March 5, in the Human Resources Conference Room in Greene Hall. Let him help you make financial decisions that are right for you.

To schedule an appointment with Jason, Non-Statutory employees should call TIAA-CREF at 1.877.209.3144 and Statutory employees should call TIAA-CREF at 1.800.732.8353; remain on the line for assistance.

Submitted by: Kim Wyant

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Play Bass or Piano?

AND read music? Join the AU Jazz Band! We are currently having auditions for bass and piano. Rehearsals are Mondays 5:30-7 p.m., and Wednesdays 7:15-8:45 p.m. in Miller 302.

Contact Chris Foster, Director of Bands, via email. foster@alfred.edu

Submitted by: Christopher Foster

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Off-Campus Living Forum

For students interested in moving off campus, you will need to attend an off-campus forum. If you have lived on campus for at least 6 semesters you may be eligible. Come find out information on many different aspects of living on your own.

Feb. 7, 2013
Nevins Theatre
6-7 p.m.

Submitted by: Valerie Daciw

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Breakfast Workshop Roundtables Announced

Join Student Affairs staff for 3 breakfast workshops.

Feb. 12: "The AU Experience" - Results of a Student Affairs Project Team

March 6: National Collegiate Health Assessment - AU student health behavior and changes over the past 10 years

April 2: Three years of assessment in Student Affairs - what students have told us

8:30-9:30 a.m. Powell Board Room

Submitted by: Valerie Daciw

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Flu Season

Flu season is in full swing and, unfortunately, most of us know someone who has had the Flu already this year. Here are some prevention tips from the CDC to help you stay healthy:

Get the Flu vaccine.

Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it, don't recycle and re-use it.

Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

Avoid touching your eyes, nose and mouth. Germs spread this way.

Try to avoid close contact with sick people.

If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)

While sick, limit contact with others as much as possible to keep from infecting them.

Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people also may have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

For more information go to www.cdc.gov/flu or www.flu.gov

Submitted by: Amber Hardy

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Ombuds Officer at AU

One of Alfred's better kept secrets is that the University has an ombuds officer, Professor Gary Ostrower.

What does he do? The ombuds officer serves as a mediator and a problem-solver. He promotes conflict resolution. His services are available to all members of our campus community.

The ombuds officer plays a neutral role in respect to all disputes, and he guarantees confidentiality to complainants.

If you need to use his services, please email ostrower@alfred.edu, or call 871-2999.

Submitted by: Deborah Clark

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Internship & Summer Job Fair

The Internship & Summer Job Fair, hosted by the Career Development Center, will take place on Friday, Feb. 15, 2013 from noon-2 p.m. in the Powell Campus Center Knight Club.

Over 40 companies are expected to be represented, recruiting all majors. To see a current list of companies which will be represented, please visit the CDC website at www.alfred.edu/cdc and click on events.

Bring the postcard that you receive in the mail to enter a raffle to win 1 of 6 VISA giftcards or an AU sweatshirt!

Submitted by: Jill Crandall

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Champion Clothing BOGO Sale

Looking for something new with Alfred on it? Take advantage of the BOGO sale- Buy 1, Get 1 50%

OFF-going on now at the AU Bookstore. Hurry in to see the new tees and hoodies!

Submitted by: Marcy Bradley

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NYC Young Alumni Event at the Brooklyn Bowl

Alfred University Young Alumni please join us for an afternoon of fun as the Center for Student Involvement shares some exciting AU initiatives, including the award-winning Drawn to Diversity program and the newly created Institute for Cultural Unity (AU's new multicultural program).

Noon-2 p.m. Saturday, March 9, 2013 at:

61 Wythe Ave.
Brooklyn, NY 11211

\$15 per person, \$10 for those under 18
Includes one hour shared lane time, shoe rental, and refreshments.

Space is limited to first 100 to register!

RSVP by 2/25/13:
Online: www.alfred.edu/alumni/reg...
Phone: 607-871-2144
Email: alumni@alfred.edu

Submitted by: Deborah Clark

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Classic Movie: 'The Red Shoes' (1948)

Tuesday, Jan. 29 at 6:45 p.m.
Nancy Howe Auditorium
David A. Howe Public Library
155 N. Main St., Wellsville
585-593-3410

This stylized fairy tale tells the story of a young ballerina who is torn between a composer and a dance impresario. The 1948 landmark film is famed for its integration of dance in storytelling and stars Moira Shearer.

This library-sponsored movie is free and open to the general public.

Submitted by: Deborah Clark

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