

3/16/17



Multi-media artist and dancer Helen Hale will perform *Sanity Ceremonies*, a one-act, one-woman, multi-media dance performance Saturday March 18 at 8 p.m. in Alfred University's Holmes Auditorium.

Sanity Ceremonies integrates dance with a combination of text, video, costuming, props, lighting, animations and sound. The performance is free and open to the public.

Hale, the director of Helen Hale Dance, in Atlanta, Ga., is current a Visiting Artist at Alfred University.

In that capacity, she is working with students across the Alfred University campus, including School of Art and Design Foundation students and dance studio classes. She will deliver a public lecture, “Keeping the Fire Lit,” at 5 p.m. March 22 in Holmes Auditorium, sharing surprising twists and turns in her life as a performer and dancer maker, the role of ritual in her personal practice, and her thoughts on creating art as a form of resistance and activism.

“I believe that an ability to make pertinent and powerful work is dependent upon being an earnest listener, keen observer, disciplined worker, and daring performer,” she says. “I do my best to be these things.”

As a dance maker and director of Helen Hale Dance, Hale is devoted to making robust and gorgeous “movement medicine,” combined with a spirited blend of southern twang, magical realism, Greek drama and modern savvy. Her work has been presented in a wide range of venues including The High Museum of Art, The Museum of Contemporary Art of Georgia, Galleries at Moore, Hambridge Center, Dance Truck, Dashboard, The Lucky Penny, Spark and Echo Arts, Kun-Yang Lin/Dancers, Temple University and Wonderoot.

