Empire 8 names AU As Mark Baker swimming and diving Athlete of the Week 2/02/09



ALFRED, NY Mark Baker (Weedsport, NY/Weedsport), a senior on the Alfred University men's swimming and diving team, has been named Athlete of the Week by the Empire 8 Conference.Baker was honored for his performance in a dual-meet win over visiting Hartwick last week, when he won a pair of individual events and swam on two winning relays. He won the 50-yard freestyle in 21.63 seconds and the 100-yard freestyle in 47.21 seconds, and swam the lead leg in the Saxons' victories in the 400 medley relay (3:36.21) and 400 freestyle relay 3:11.85).It marks the second straight week one of Alfred's Baker brothers have claimed weekly Empire 8 honors. Mark Baker's twin brother, Matt, earned Athlete of the Week honors last week for his performance in a dual meet against Geneseo on Jan. 23.The AU men's and women's swimming and diving teams wrap up their dual-meet seasons on Saturday, Feb. 7, at 1 p.m. at St. Lawrence.