

Eight Saxons earn Empire 8 outdoor track and field all-conference honors

4/24/13

ALFRED, NY — The Empire 8 announced its outdoor track and field all-conference teams this week and eight members of the Alfred University men&s and women&s teams earned all-league honors.

Four individual members of the Alfred men&s team received all-conference recognition, as did one men&s relay team, while one member of the AU women&s team was honored. All-conference awards were based on results from last weekend&s Empire 8 Championships, held at Nazareth College. Event winners earned First Team honors, while runners-up garnered Second Team recognition.

For the Saxon men, senior **Chris Lopez (Rochester, NY/Pittsford Sutherland)** and freshman **Joe Duermeyer (Corfu, NY/Pembroke)** were named First Team all-stars. Lopez won the long jump (6.69 meters) and Duermeyer took first in the shot put (12.81 meters).

Sophomore **Greg Pomarico (Liberty, PA/Liberty)** and junior **Jason Osborne (Liverpool, NY/Liverpool)** received Second Team recognition: Pomarico in the javelin (51.27 meters) and Osborne in the shot put (12.76 meters).

AU&s 4X400 relay team of Lopez, senior **Randy Brito (New York, NY/Cardinal Hayes)**, junior **Eddie Potter (Lansing, NY/Lansing)** and sophomore **Nolan Rummel (Kings Park, NY/Kings Park)** earned First Team honors with a winning time of 3:26.75.

AU sophomore **Miasia Hillman (Buffalo, NY/Hutch Tech)** was the lone Saxon woman to earn all-conference recognition. She took First Team honors in the 100-meter dash (12.74 seconds).

The AU men and women are in action next on Saturday, April 27, at the St. John Fisher College Invitational.