'Lucky Charms' theme for AU's annual health fair 3/03/04

"Lucky Charms 2004: Reach your pot of goals" is the theme set for the Alfred University health fair planned for 11 a.m. to 2 p.m. March 17. The event, to be held in the Knight Club, Powell Campus Center, is open to AU faculty, staff and students as well as residents of the area. "We're excited about 2004 Health Fair, an annual celebration of health and wellness," said Rosetta Brown-Greaney, director of Alfred University's Crandall Health Center. Each year a new theme is incorporated into the event and this year's theme - because of the date - revolves around "The Emerald Isle," complete with a "touch of magic and a dash of Irish." Since it began in 1999, the Alfred University Health Fair has brought local health-related agencies and student groups together to create interactive exhibits that focus on prevention and offer ideas to help people stay well and fit. The year includes some displays on massage therapy (Hair Care), Cold Weather Health (Alfred Ski & Snow board Club), Smoking Cessation (Crandall Health Center), Ending Domestic Violence (Alfred Men 2004), Body Mass Index (Cornell Coop Extension), HIV (AIDS Rochester) and Breathalyzer (Alfred Police Department). Traditional wellness topics, as well as those that are not, will be displayed side by side. The fair is free and open to the public. For more information call Crandall Health Center, (607) 871.2400 or email Rosetta Brown-Greaney, greanrb@alfred.edu.