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**What's Happening?**[More Events...](#)

TODAY	TOMORROW	FRIDAY
9:00 <a href="#">Tai Chi Master is Back in Alfred!</a>	9:00 <a href="#">Tai Chi Master is Back in Alfred!</a>	9:00 <a href="#">Tai Chi Master is Back in Alfred!</a>
· <a href="#">Art Day Camp</a>	12:00 <a href="#">Summer Location for AU/ASC Weight Watchers Meetings</a>	7:30 <a href="#">'Little Shop of Horrors'</a>
· <a href="#">English Equestrian Camp - Residential</a>	3:45 <a href="#">Zumba@ Fitness Class</a>	· <a href="#">Art Day Camp</a>
· <a href="#">Football Camp II</a>	· <a href="#">Art Day Camp</a>	· <a href="#">English Equestrian Camp - Residential</a>
	· <a href="#">English Equestrian Camp - Residential</a>	
	· <a href="#">Football Camp II</a>	

**International Business Course for Fall 2013**

Register now for BUSI 457 International Business, a 3-credit course on Mondays and Wednesdays from 11:20 a.m.-12:35 p.m. in Olin 307 with Dr. Bruce Rosenthal.

This course has no prerequisites and is great for gaining a global perspective in business. Also, if you are interested in the International Business minor, this is a great first course to take!

Contact Judy Scott ([scottja@alfred.edu](mailto:scottja@alfred.edu)) or 871.2691 for more information!

Submitted by: Deborah Clark

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**Job Posting - Part-time Tennis Coach**

Employment Opportunity:  
PT Head Men's and Women's Tennis Coach

Link: [Tennis Coach Posting](#)

Submitted by: Kim Wyant

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### Healthy Living Tip for July

As the sun and fun of summer takes you outside, be sure to follow safe practices to avoid sun related injuries and illnesses.

Attachment: [Wellness\\_Newsletter\\_July\\_2013.pdf](#)

Submitted by: Mark Guinan

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### AU and ASC are Getting Fit!

Lose weight and feel great in the community of friends from Alfred University and Alfred State!

Whether you are a current member of Weight Watchers or have not yet joined, join us at our summer At Work meetings each Thursday at noon at our summer location in the lounge area of Hinkle Library on the Alfred State College campus.

At Work meetings are always fun, friendly, informative and fit into your work day's lunch hour. What could be easier? Join your fellow faculty, staff, and students in working toward that healthier lifestyle today!

Losing weight feels great, and is even more enjoyable when in the company of friends.

For further information, please contact Beth Turner by email at [turnerea@alfredstate.edu](mailto:turnerea@alfredstate.edu) or by phone at 607-587-4080.

Submitted by: Deborah Clark

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### Zumba Fitness Classes Move to Davis Gym for Rest of Summer

Join instructor Denise Eck for Zumba Fitness Classes at 3:45 p.m. in Davis Gym, Mondays and Thursdays from July 8-Aug. 8. Cost for AU and ASC faculty, staff and students is \$3 per class. No need to sign up in advance, just come join the fun.

Join the Alfred Zumba Fitness Facebook page to get class updates!

Link: [Alfred Zumba Fitness Facebook page](#)

Submitted by: Susan Goetschius

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### Wild Parsnip/Hogweed

Please take care outdoors this summer to avoid Giant Hogweed and its cousin, Wild Parsnip. Skin contact can cause rather nasty burns. Giant Hogweed should be avoided at all costs. Wild Parsnip should be destroyed at root level.

The following is a link to the DEC identification page for Hogweed, and includes photos of Wild Parsnip as well. They look like oversized Queen Anne's Lace. Giant Hogweed grows to 14 feet in height, so it's usually easy to avoid, but Wild Parsnip grows to 5 feet and looks like a pretty wildflower.

Wild Parsnip causes burns on contact with the sap. Washing your skin doesn't fully rid you of the chemical, and UV exposure causes additional burning (phytophotodermatitis). Sunscreen is a must. The burns can include blisters. You may notice that any sun contact causes a burning sensation.

It appears to be everywhere and is flowering right now. It's on campus, along routes 21 and 244 at the roadside and in fields. Please take care outdoors as the plants may be damaged or crushed and leaking sap.

Contact Environmental Health and Safety for removal and treatment; 607-871-2190

Link: <http://www.dec.ny.gov/animals/72766.html>

Submitted by: Cherise Haase

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