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WEDNESDAY

Failure to Observe Face Covering, Social Distancing Call in

When Alfred University re-opened for the Fall Semester, all employees were provided with face coverings and training outlining the guidelines and expectations for returning to campus during the COVID-19 pandemic. The university requires all staff and faculty (as well as students) to complete a daily screening. This screening requires individuals to answer travel and health questions before being given clearance to come to campus. Additionally, appropriate face coverings, properly worn (covering both the mouth and nose at all times) are required when in the presence of others and in areas where social distancing is not possible. This includes, but is not limited to, classrooms, office settings, breakrooms, hallways, and bathrooms.

The President's Cabinet recently approved a three-step approach for addressing non-compliance where staff and faculty do not follow the policy:

- * First incident: verbal warning from HR and their immediate/dean Supervisor (documented in writing and kept on file).
- * Second incident: written/final warning by the area Vice President or Provost.

* Third incidence: termination by president; immediate suspension without pay pending investigation to verify infraction.

This Policy will be applied retroactively to August 2020 and any warnings that were given prior to this communication will be counted toward the above progressive action steps.

There is a link to the policy in an attachment.

Attachment: [A-U Policy COVID-19 Requirements](#)

Submitted by: Mark Guinan

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Receive your 1098-T Tax Form electronically!

If you would like to receive your 1098-T form electronically, please give your consent by following the link below.

1098-T's will be provided by the end of January 2021.

If electronic consent is not received by January 1, 2021, the 1098-T will be mailed to your current address on file.

Link: [1098-T Electronic Consent](#)

Submitted by: Amanda Azzi

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Return your RENTED Textbooks by 11/25/20

Make sure to RETURN your RENTED textbooks by 11/25/20 BEFORE you go home for the semester. Return books to the AU Bookstore!

Link: <http://alfred.bncollege.com>

Submitted by: Marcy Bradley

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Mind over Matter: Weekly Wellness Center Tips

College may appear to be a constant struggle, but you are not alone. Over the past decades, there have been multitudes of resources developed to help students battle mental illness. These resources are offered nonprofits, government agencies, and several are available right here at Alfred University. They can be found on campus and online and offer help on everything from academic stress to social turmoil. The problem is that only half of the students who report mental troubles ever use them. Many are concerned about the time commitment, while others are worried about how it will look among friends and family. However, early intervention is key to avoid developing worse or more serious symptoms. It may not be easy, but the time spent will be well worth it and friends and family will be relieved knowing that you are getting help. If you know someone who is struggling, speak out and assist them. You may not know how much it means to them.

* Crisis Text Line: Text HOME to 741741 or <https://www.crisistextlin...>

* National Suicide Prevention Lifeline: 1-800-273-8255 or <https://suicideprevention...>

* Anxiety and Depression Association of America: <https://adaa.org/>

* National Sleep Foundation: <https://www.sleepfoundati...>

* Active Minds: <https://www.activeminds.o...>

Submitted by: Garrett Martin

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Student Payroll

Students, it should be noted that, the payroll #23, that is paid on 11/13/2020, will be the last payroll that you are on campus to retrieve your paper checks from your Powell Campus Box.

During the #24 payroll we will begin forwarding your checks to your home address listed on file, if you need to update your address you should reach out to the Registrar to update your personal information.

If you want to avoid a paper check, you can sign up for Direct Deposit, and your checks will go directly into your bank account you can find that form here <https://my.alfred.edu/hum...> Please do not email this form, please hand deliver to Greene Hall or fax to 607-871-2318. No emailed forms will be accepted.

Link: [Payroll Schedule](#)

Submitted by: Kayleigh Jones

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Music Courses for Allen Term

Students,
Get ahead with Allen Term/Winter Term courses.

MUSC 110 Music Appreciation
Attributes: CLAS: (C) The Arts, CoB: Humanities

MUSC 211 World Music
Attributes: AU: Global Perspective, CLAS: (C) The Arts, CoB: Humanities, SoAD: Humanities-'Other'

Submitted by: Lisa Lantz

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25% OFF CHAMPION Brand Clothing

Take advantage of 25% OFF all Champion branded clothing at the AU Bookstore. Shop early! Hoods, crews, sweatpants, tees, & kids clothing! Sale dates 11/2-11/15/20. Check us out online!

Link: alfred.bncollege.com

Submitted by: Marcy Bradley

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Mandala and Adult Coloring in the ICU for Stress Relief and Relaxation

The Institute for Cultural Unity will be offering free drop-in times to color and decorate Mandala and other designs during the remainder of the semester. We have a number of books and resources for you to color, relax, and enjoy as a de-stressing activity. All campus community members are encouraged to participate.

The Agents of Change will select their favorites each day with the artists receiving Institute SWAG (T-shirts, stickers, flashlights, and more) so be sure to sign your work.

The Institute for Cultural Unity is on the first floor of Powell across from the Center for Student Involvement.

Be safe, healthy, and take care.

Submitted by: Institute for Cultural Unity

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Students: MUSIC Courses and Lessons are available for the Spring

MUSIC Courses and Private Lessons available to ALL Students

Continue to study your instrument or voice- OR try something new: Private Lessons available to ALL Students from Beginners to Advanced:

Guitar, Mandolin, Piano, Strings, Winds, Brass, Percussion, Voice and the Chinese Guzheng

Courses with No prerequisites and most fulfill certain Gen Ed requirements for your college:

MUSC 110 Music Appreciation- online

MUSC 120 Fundamentals of Music & Technology [basic music theory]

MUSC 215 History of Rock Music

MUSC 226 Music History: Romantic Era to 20th C.
hybrid online and F2F

MUSC 132 Beginning Voice Class

MUSC 133 Music of the Guzheng

PreReq. or by permission offerings:

MUSC 220 Theory II

MUSC 131 Class Piano II - online- keyboards provided

Ensembles are Free Overload credits

Open to All Students- no auditions

MUSC 272 Chamber Singers

MUSC 273 Concert Band

MUSC 274 Jazz Ensemble

MUSC 275 Symphony Orchestra

MUSC 279 Chamber Music

Guzheng Ensemble- instruments available

NO Auditions and Instruments are available- Contact Raul Barcenes: Barcenes@alfred.edu

Lisa Lantz: Lantz@alfred.edu

Submitted by: Lisa Lantz

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December Graduates- Cap & Gown Ordering

December graduates can order regalia (cap & Gown) now if you choose. You can order online and ship it to yourself. Please note: regalia ordered online is non-returnable.

Link: alfreduniversity.shopoakhalli.com

Submitted by: Marcy Bradley

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Wellness Center Counseling Services is Here for Students

The Wellness Center's Counseling Services is open and available to students by appointment. We are open Monday through Friday from 8:30 AM- 4:30 PM. To make an appointment, please call 607-871-2300.

We have an excellent team of counselors that are available to hold not only individual sessions via tele-mental health but also group therapy with no cost to you as a student. Our trained counselors can help with numerous issues that you may be facing including but not limited to: anxiety, depression, anger, sleeplessness, lack of motivation, relationship problems, issues with concentration, processing after the Presidential election, and more. All tele-mental health counseling services are conducted via Zoom and will be password protected and encrypted in compliance with HIPPA regulations to protect your privacy and confidentiality.

If you are concerned about not having enough privacy in your room to do tele-mental health, the Wellness Center has multiple "zoom rooms" that you can reserve at the Wellness Center. You can either bring your own laptop or if you don't have access to a laptop, one can be provided for you.

In the case of a mental health emergency where a safety assessment is required, a face-to-face meeting will be accommodated. If you are experiencing a mental health crisis during office hours, please call the Wellness Center front desk at 607-871-2300 to be connected with the clinician on duty.

If you are experiencing a mental health crisis outside of office hours, and you are on campus, please call Public Safety at 607-871-2108.

Submitted by: Amanda Khodorkovskaya

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The Wellness Center's November Newsletter

November is here and so is the Wellness Center's monthly newsletter, The Morning Reflection! This month's newsletter focuses on men's mental health and the similarities and differences between influenza and COVID-19.

Attachment: [November Morning Reflection](#)

Submitted by: Amanda Khodorkovskaya

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Textbook Order are now Due- ALLEN and SPRING terms

Textbook orders are now due at the AU Bookstore. Please try to have them to me by November 15 for ALLEN and Spring 2021. We want to offer our students the most USED books we can to keep their expenses down! Thank you!

Link: <http://alfred.bnccollege.com>

Submitted by: Marcy Bradley

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HR Tip of the Month

Did you know that through NexGen EAP as an employee of AU you have many great benefits?

NexGen EAP is your confidential EAP, Work/Life, Wellness, and Health Advocacy benefit provided by AU at no cost to you. You and your eligible family members can trust the NexGen EAP services to address your total wellbeing for accessing counseling services to maximizing work/life balance to assistance navigating your health plan to providing personalized wellness resources.

Services offered:

- Counseling Services- 8 free sessions offered either virtually or in-person
- Child/Elder Care Resources- access resources to help you find the child and elder care that you need
- Legal and Financial Consultations- half-hour legal consultations can be done over the phone or in person, and can be used for issues such as divorce, custody disputes, and wills.
- Virtual Concierge- the Virtual Concierge Service features dedicated Personal Assistants available to provide you with research, referrals, or information on just about any topic
- Individualized Wellness Resources- your comprehensive, personalized Wellness Program encompasses all areas of wellbeing from nutrition and fitness to relaxation and restoration.
- Health Advocacy- Care Guides provide health care claims and appeals management, health care billing assistance, prescription information and costs, as well as health care provider research

To learn more about this benefit, please click the link below.

Link: [EAP Information](#)

Submitted by: Kayleigh Jones

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Visiting Artist Lecture: Roberto Lugo

Roberto Lugo will deliver an artist lecture and studio tour via Zoom, Tuesday November 10th at 4:30pm.

Lugo is an American artist, ceramicist, social activist, spoken word poet, and educator. Lugo uses porcelain as his medium of choice, illuminating its aristocratic surface with imagery of poverty, inequality, and social and racial injustice. Lugo's works are multicultural mash-ups, traditional European and Asian porcelain forms and techniques reimagined with a 21st-century street sensibility. Their hand-painted surfaces feature classic decorative patterns and motifs combined with elements of modern urban graffiti and portraits of individuals whose faces are historically absent on this type of luxury item - people like Sojourner Truth, Dr. Cornel West, and The Notorious BIG, as well as Lugo's family members and, very often, himself.

Lugo holds a BFA from the Kansas City Art Institute and an MFA from Penn State. His work has been featured in exhibitions at the Houston Center for Contemporary Craft, the Clay Studio in Philadelphia, and the Museum of Arts and Design in New York, among others.

Register on AUConnect!

Link: [Register Here!](#)

Submitted by: Arts Events

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Job Opening-Director of Residence Life

Please see the link below for more information on the open Director of Residence Life position.

Link: [Director of Residence Life](#)

Submitted by: Tamara Green

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