

## **Alfred University theater professor certified in Action Theater**

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Alfred University Assistant Professor of Theater Niki Tulk was recently certified as a teacher of Action Theater, an improvisational physical theater training and performance method created by renowned dance and movement teacher Ruth Zaporah, a two-time recipient of National Endowment Choreography Fellowships and a Cultural Envoy for the U.S. State Department.

Action Theater is a somatic, improvised training and performance methodology for actors, dancers and musicians; Tulk is now one of a few Action Theater teachers in colleges and universities in the U.S. It is expected to enhance recruitment efforts for the Division of Performing Arts at Alfred University's School of Art and Design.

Action Theater addresses and expands the vocabularies of expression including movement, vocalization, and speech. It is a tool to examines performers' perceptive and responsive process, bringing awareness to and thereby disempowering distracting thoughts of self-obsessions, fears, judgments and analysis.