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## What's Happening?

[More Events...](#)

TODAY	TOMORROW	SATURDAY
12:10 <a href="#">Bergren Forum - "Painting Time"</a>	10:00 <a href="#">Men's &amp; Women's Track &amp; Field vs. Coastal Carolina Invitational</a>  · <a href="#">Last Day of "A" Block, Spring Break begins after last class</a>	

### May Commencement Ceremony

There are deadlines, if you are planning to graduate or attend this year's Commencement Ceremony

on Saturday, May 18. Be sure to review the Graduation Checklist web page for all the details. Congratulations on all your hard work. See you at the ceremony.

Link: [Graduation Checklist](#)

Submitted by: Tammy Jursza Williams

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### **Spring Break Dinner**

Thursday, March 7, 5:00 PM - 9:00 PM  
Ade Dining Hall

Ring Toss! Music! Tiki Bar!

Menu:

Jerk Chicken with Coconut Rice  
Hawaiian Style Hamburger Steak  
with Garlic Mashed Potatoes  
Mangu  
Caribbean Crab Cakes  
Seasoned Seitan with Spanakorizo  
Beef Pastrami Melt  
Glazed Pineapple with Coconut Sorbet  
Island-Themed Desserts from Our In-House Bakery

Submitted by: Marie Williams

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### **Bergren Forum - Heidi Hahn**

The Bergren Forum sponsored by the Division of Human Studies, College of Liberal Arts and Sciences and The Provost Office will be meeting at 12:10 pm on Thursday, March 7 in the Nevins Theater, Powell Campus Center.

Bring a brown bag lunch, coffee and tea will be provided

Speaker: Heidi Hahn  
Topic: Painting Time

Asst. Prof. of Painting Heidi Hahn will delve into her own work and discuss the use of time in paint as a material.

Submitted by: Marilyn Saxton

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### **Kiddish with Hillel at Alfred- Fridays at 5:30**

Say some prayers, eat some challah, enjoy some dessert. RSVP not required. Everyone is welcome, regardless of their religious background. Hope to see you there!

Link: [Check out this event on AUConnect](#)

Submitted by: Rachael Pettinicchi

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### Alfred Food Pantry Needs More Donations

The food pantry is running out of donations. Please help out by donating any food/personal care products!

Foods:

Canned goods: soups, beans, vegetables, etc.

Ingredients for simple meals

Peanut butter and jelly

Boxed foods: mac and cheese, dinner sides,

Cooking oils, stock, spices (no butter)

Baking ingredients

Cookies, crackers, and snacks like pudding or jello cups

Gluten free items

Spaghetti sauce and other sauces for pasta and rice

Foods that do not require a lot of preparation

Loose granola bars, tea bags, oatmeal packets, etc. can be donated if they are individually sealed

Chips

Juice boxes

Personal Care products:

Tampons/maxi pads

Shampoo/conditioner

Deodorant

Soap

Toothbrushes/toothpaste

Hair products

Shaving cream/razors

Please do not bring: Refrigerated or fresh products (unless you can bring it on a food pantry open date), Frozen food, bulk food (we are unable to separate them into smaller sizes ourselves due to food safety regulations), opened jars/bags/boxes of food

Contact [us2@alfred.edu](mailto:us2@alfred.edu) for any questions and concerns

Link: <https://my.alfred.edu/emergency-assistance/food-pantry.cfm>

Submitted by: Umaporn Samudrala

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### Summer Employment Opportunities

Are you interested in staying in Alfred over the summer? Summer Programs has job opportunities available. If interested please contact our office at ext.2612 or email, [summerpro@alfred.edu](mailto:summerpro@alfred.edu). Applications are due by March 8th!

Submitted by: Emma McDowell

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### Spring Break Athletic Facility Hours of Operation

Below are spring break hours of operation for the Gibbs Fitness Center and Joyce Walton Health and Wellness Center

Saturday 3/9--Sunday 3/10: 12pm-4pm

Monday 3/11-Friday 3/15 10am-6pm

Saturday, 3/16-Sunday 3/17 12pm-4pm

regular in-semester hours will resume on Monday 3/18

Submitted by: Tony Aquilina

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### Leadership Housing Application Due March 8th

Applications for the new Leadership living community are due March 8th!

Are you interested in forming transformative relationships with fellow student leaders?

Would you like to hone your leadership skills with like-minded peers in a welcoming and dynamic community?

Are you passionate about collaborating with first-rate faculty in and outside the classroom?

**\*\*The Leadership Experience at Tefft Hall provides a stimulating intellectual and social atmosphere for individuals who want to build confidence, leadership skills, and a network of like-minded students. Come learn, live, and lead with us at AU! To apply, log into the Housing Portal via Bannerweb or click on the link to go directly to the portal to fill out the Leadership Housing Application.**

Link: [Alfred Residence Life Housing Portal](#)

Submitted by: Vicky Gebel

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### Yarn Club: Saturdays at 3:00 pm at the Scholes Library

Love to knit? Want to share your current project? Have you never crocheted before, but would like to learn? Come down to Yarn Club.

Meetings are every Saturday at the Scholes Library and go from 3:00 pm to 5:00 pm. Stay for 20 minutes or stay the whole time.

Anyone who does some form of fiber craft (knitting, crochet, embroidery, etc.) or is interested in starting is welcome to join. Hope to see you there!

Link: [Check out our organization on AU Connect](#)

Attachment: [Yarn Club](#)

Submitted by: Rachael Pettinicchi

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## Alfred Art Walk

Date: Thursday, March 21  
Time: 5:00 pm - 8:00 pm  
Location: Alfred, NY  
Cost: free  
Sponsored by: Alfred Ceramic Art Museum

Alfred Art Walk is a collaborative monthly venture created by the galleries in the Village of Alfred and on the campuses of Alfred University and Alfred State College in an effort to foster dialogue within the local arts communities. Our goal is to support local artists and galleries and to highlight Alfred as the arts destination it truly is.

Alfred Art Walk is open to anyone in the Alfred area who would like to participate. Have an event for Art Walk? Contact us! [Submit.alfredartwalk@gmail.com](mailto:Submit.alfredartwalk@gmail.com) [alfredartwalk.org](http://alfredartwalk.org)

Submitted by: SOAD Events

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## Employment Law Training

This is the seventh training in a 9 month series targeted at any AU employee who has supervisory roles in their department. This training can also be especially helpful for any staff who support the supervisors in their department.

This training will encompass: review of employment law that are applicable to Supervisors

Supervisors who may be new in their rolls or need a refresher are encouraged to come.

This training will be held on March 12, 2019 from 11:15 am - 12:00 pm and on March 27, 2019 from 11:15 am - 12:00 pm both located in the Kenyon/Allen Room in the PCC. This is the same training both days.

Link: [HR Website](#)

Attachment: [Flyer for Supervisor Training](#)

Submitted by: Kayleigh Misner

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## Faculty and Staff Bible Study

Join us for conversations about being "a light in the workplace" as we study the book of John together this semester, led by co-leaders: Jared Cooper and Mariah Evans. Thursdays at 12:10 pm in the Herrick Conference room 202!

Submitted by: Mariah Evans

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## Kiddish with Hillel at Alfred - Fridays at 5:30 pm

Friday beginning at 5:30 pm at the Hillel House

Come and spend Shabbat with us! Say a prayer, enjoy some homemade challah (and perhaps

dessert), and discuss this week's Torah reading.

All are welcome, even if you aren't Jewish. No RSVPs required! Feel free to bring a friend. For more information email [hillel@alfred.edu](mailto:hillel@alfred.edu)

Link: [Check out this event on AUConnect](#)

Submitted by: Rachael Pettinicchi

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### Open Draw : Figure drawing open to all

In the Brick basement  
Every Thursday night from 6:00 pm to 9:00 pm  
Bring your own drawing materials

Attachment: [Open Draw](#)

Submitted by: Sage Gonzalez

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### Gallery Talk with David Freddy Fredrickson

Date: Thursday, March 21, 2019  
Time: 4:30- 5:30pm  
Location: Alfred Ceramic Art Museum  
Cost: Free

Sponsored by: Alfred Ceramic Art Museum

In conjunction with the exhibition Kilns of Alfred: Transactions with Fire - as viewed through the lens of photographer Brian Oglesbee on view through July 29, 2019, Fredrickson's gallery talk will focus on the highlights of his career working with the luminaries of Alfred ceramic art and the Ceramic Art Division of the art school. He will share his insight into the nature of ceramics via the kiln and will concentrate his remarks on the role of the kiln in the individual artist studio.

Submitted by: SOAD Events

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### Join the Women's Leadership Academy--apply today!

Building on Alfred University's heritage as the first truly co-educational institution in the nation, the Women's Leadership Academy (WLA) provides opportunities for Alfred University students to explore, develop, and fulfill their potential as leaders personally, professionally, and within their communities. The WLA is an elite group of AU students who combine academic coursework with experience-based leadership.

Are you interested in...

- Developing leadership skills in project management, public speaking, and conflict resolution?
- Creating lasting relationships with Academy alumnae and your fellow cohort members?
- Participating in WLA-exclusive events, field trips, and workshops?
- Receiving priority access to funding for internships, conferences, and research projects?

- Improving your resume?
- Examining the ways in which gender impacts leadership?

If the answer is YES!, apply today using the attached form or via the JLC's AU Connect page. This year's application form is available under "Documents." Applications will be accepted until March 11th. However, it is STRONGLY recommended that you apply as early as possible.

We seek students of all gender identities who are intellectually curious and ready to participate in an academic and experience-based study of leadership. A particular GPA is not a prerequisite for admission, but please note that academic and judicial records will be reviewed.

If you have any questions or would like to learn more about the WLA, please contact Abby Griffith at [griffitha@alfred.edu](mailto:griffitha@alfred.edu).

Attachment: [2019 Women's Leadership Academy Application](#)

Submitted by: Abby Griffith

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### Application to Live in the Hillel House

Apply now to live in the Hillel House for the 2019-20 academic year. DEADLINE IS FRIDAY, March 15.

Attachment: [Hillel House Application](#)

Submitted by: Larry Greil

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### INTERNATIONAL STUDENT EXPERIENCE

Thursday, March 7 at 1:00 pm in Terra Cotta

Concerns? Questions? Praises?

I am interviewing International Students to talk about their experience and ways we can make their time here better! For more information email [kio1@alfred.edu](mailto:kio1@alfred.edu)

Attachment: [Interviewing International Students](#)

Submitted by: Kelsey Oliveira

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### HR Tip of the Month

Did you know that the IRS has announced updated retirement plan contribution limits for 2019?

403(b) Plan Contribution Limits:

For 2019, the contribution limit for employees into this type of account is rising from \$18,500 in 2018 to \$19,000 in 2019.

For participants who are age 50 and older, the catch-up contribution amount of \$6,000 has not changed. Meaning that older savers can choose to defer up to \$25,000 of their compensation into their accounts.

How do you open a Supplemental Retirement Account (SRA) with AU?

1. First you have to decide how much money you want to set aside.
2. Secondly you have to decide if you want that money to be a Pre-Tax or Post-Tax deduction.

-Pre-tax contribution is the amount of deductions you make from your bi-weekly gross wage into your 403b retirement savings account, BEFORE taxes have been deducted. By making pre-tax contributions,

you are lowering your current taxable income.

-Post-Tax contribution is the amount of deductions you make from your bi-weekly gross wage into your 403b retirement savings account, AFTER taxes have been deducted. By making post-tax contributions, you do not have to pay tax on withdrawals because you've already paid taxes

3. Third, you contact HR, as detailed below, and we would be happy to help you!

Non-Statutory (Regular AU Employees):

With this type of account we are able to process your contribution as a flat dollar amount, not a percentage. If you wish to open a new account you should fill out the form attached and return to Kim Wyant, HR Assistant, in Human Resources.

Statutory (NYSCC):

With this type of account we are able to process your contribution as a flat dollar amount, not a percentage. If you wish to open a new account you should contact, Kayleigh Misner, HR Generalist, to set up your appointment to enroll in either a pre-tax or post-tax SRA account.

Attachment: [SRA](#)

Submitted by: Kayleigh Misner

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### STUDENT AMBASSADORS NEEDED!!!

The Office of Alumni Engagement is looking to hire 15-20 Student Ambassadors to assist with our 2019 Reunion Weekend June 5-9. Must have own transportation to/from Alfred. Campus housing and meals are included throughout the weekend. Great opportunity to network with returning alumni. Get paid and have fun at the same time! Call Janet or Maggie for more information! (607) 871-2144

Submitted by: Maggie Alsworth

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### Health & Wellness Tip

Drink More Water!

Attachment: [Wellness Tip](#)

Submitted by: Christopher Vozzella

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### 2019 AU Ping Pong Tournament

Date: Sunday, April 7

Time: 10 am

Location: Multi-purpose Room, Joyce and Walton Center

Cost: Free and open to the public

Organized by: Confucius Institute & Athletics Department at Alfred University

Come and win a trophy! Free pizza and drinks will be provided. All are welcome to attend this event. Please note that Registration is required at Olin 211 by Apr. 4.

Feel free to call 607-871-2762, with any questions by email [ciau@alfred.edu](mailto:ciau@alfred.edu).

Attachment: [Poster](#)



Submitted by: Sheng Lin

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### Wellness Tip!

AU Health and Fitness Management

Attachment: [Why you should eat breakfast every morning.](#)

Submitted by: Eric Brennan

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