

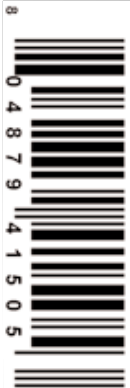
Sun not at Snyder reunion

While each of them are long-time subscribers, none of these Snyder siblings were reading the *Alfred Sun* at the Snyder Reunion Sunday, July 19 at Stony Brook State Park. From left are Harold Snyder, Frank Snyder, Kay Chapman and Nelson Snyder. There will be no *Alfred Sun* the next two weeks. Next issue is August 13.



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THE ALFRED SUN

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\$2

THE ALFRED SUN

No Paper
July 30, Aug. 6
NEXT ISSUE:
August 13, 2020

"A pretty darn good newspaper serving Alfred since Dec. 6, 1883"
Of the Community. By the Community. For the Community.
OFFICIAL NEWSPAPER OF ALLEGANY COUNTY, TOWN AND VILLAGE OF ALFRED AND ALFRED-ALMOND CENTRAL SCHOOL DISTRICT

No Paper
July 30, Aug. 6
NEXT ISSUE:
August 13, 2020

Vol. 135, No. 29 Alfred, Allegany County, New York State, U.S.A. 14802 Thursday, July 23, 2020

School Board Matters

Pierce to continue as president of A-A Board of Education

ALMOND—The Alfred-Almond Central School Board of Education, at its Tuesday, July 7 reorganization meeting held via Zoom, voted that Board President Earl Pierce continue as president, with Nadine Shardlow unanimously voted to serve as vice-president.

Pierce, who was first elected to the school board in 1999, has presided over the Board of Education since 2006.

During its organizational meeting, the A-A school board:

- designated the *Evening Tribune* and *Alfred Sun* as official newspapers
- appointed Kathi Eddy and Elva Owlett to the Board of Election; appointed Shannon Burch and Holly Harris as election inspectors; appointed Craig Mix as extracurricular central

treasurer; appointed Joanne Demetreu as district clerk; appointed Tracy Condie as acting district treasurer and Tracie Bliven deputy treasurer; appointed Lewis Snyder as emergency disaster director; named Buffamante Whipple Buttafaro, P.C. as independent auditor; named Gattuso & Ciotoli as school attorney; appointed Zahi Kassas, MD as school physician; appointed Bryan Burdick census taker; named the Greater Southern Tier BOCES C.B.O. as tax collector; appointed Joanne Demetreu as records access management officer; named Superintendent Tracie Bliven as Title IX and ADA compliance officer; appointed Matt McAneney as liaison for homeless children and youth; named Lewis Snyder as LEA asbestos designee; and

named Tracy Condie as Medicaid compliance officer.

- appointed Mrs. Katherine Palmer as chair, Secondary Principal Dr. Melissa Rivers, Elementary Principal Brett Dusinberre, School Psychologist Casey Roche, School Physician Zahi Kassas, MD, parents Kristina Winters and Melissa Jusaniec to the Committee on Special Education.
- appointed Mrs. Katherine Palmer as chair, speech therapist Benjamin Palmer and parents Justin and Jill Grigg to the Committee on Preschool Special Education
- authorized the Superintendent to borrow up to \$1,000,000 to cover necessary expenditures through the 2020-21 school year.
- appointed Mrs. Barbara Baker and Robert Baker as sur-

rogate parents for pupils with disabilities, should a need occur.

- approved carry over of all

policies, code of ethics, code of conduct, regulations and procedures from previous school year.

2020-2021 Annual Budget - Thank you for your Support!

Budget	
Yes 548	No 223
Proposition 1 - Purchase of two (2) 66-Passenger School Buses	
Yes 531	No 245
Proposition 2 - Resolution for the Capital Reserve Fund	
Yes 546	No 221
Proposition 3 - Almond Library and Alfred Box of Books Library	
Yes 515	No 224
Member of the Board of Education - Five-Year Term	
Gary Acker	566

PROTECTING LAW ENFORCEMENT PERSONNEL

State Sheriffs present 10 legislative proposals

ALBANY—In a series of coordinated press conferences, New York State Sheriffs presented a number of legislative proposals aimed at protecting law-enforcement personnel and the public they serve. These proposals were the result of weeks of conversations among Sheriffs about the recent confrontations between police and the public across the nation.

"Officers are trained in de-escalation, but that requires cooperation on both sides," noted Association Trustee Allegany County Sheriff Rick Whitney who attended the press conference in Niagara County. "An officer's split-second reaction to a perceived threat perhaps may later be thought all wrong. There is a time and place to question an officer's actions, but it is not in the middle of the street when the officer is under pressure to control a situation on behalf of the public's safety."

Two of the ten legislative proposals presented include increasing the felony level for those who resist arrest and for those who fail to retreat or halt when ordered by a police officer. Another six proposals address related crimes against officers such as assault, aggravated harassment, criminal doxing and stalking of officers.

Additionally, Sheriffs encouraged the legislature to recognize and highlight the work done by law-enforcement personnel by passing a \$500,000 disability and death benefit and designating May 15 of each year as a state holiday - Police Memorial Day - to honor the more than 1,500 officers who have died in the line of duty to New York State.

"We call upon the Legislature and the Governor to enact these proposals in recognition of the sad fact that, in the performance of their difficult and dangerous work, too many police officers lose their lives," said State Sheriff's Association President Washington County Sheriff Jeff Murphy.

The regional press events were held in Albany, Oneida, Ontario, Broome and Niagara counties.



Allegany County Sheriff Rick Whitney attended a press conference in Niagara County July 15 as the New York State Sheriffs Association presented a number of legislative proposals aimed at protecting law-enforcement personnel and the public they serve. (Photo provided)

OBITUARIES

Lavern F. 'Vern' Norton, 95, A-A '43, served with U.S. Army in WWII 1943-46



LAVERN F. "VERN" NORTON
A-A Class of 1943
HORNELL—Lavern F. "Vern"

Norton, 95, of County Route 68 (Crosby Creek Road), Hornell, died Monday morning, July 13, 2020 after a short illness.

Born in Alfred Station on May 19, 1925, he was a son of the late Floyd and Hattie (Blowers) Norton. Besides his parents, he was also predeceased by his wives, Rose "Fritz" Cappell Silsby and Shirley D. Katrensky.

A former resident of Alfred Station, Vern was a graduate of Alfred-Almond Central School, class of 1943. He proudly served his country during World War II with the U.S. Army from 1943 to his honorable discharge in 1946 and was awarded the EAME Service Medal, the Good Conduct Medal and the World

War II Victory Medal.

Before moving to California in 1962, he was employed with the former Erie Railroad and also served with the Auxiliary Police in Hornell. While residing in California he was employed as a laborer for several different construction companies. He returned to Hornell in January of 2015 and resided with his daughter and son-in-law, Patricia and George Porter.

Vern was a member of the Hornell Moose Lodge No. 210 and will be remembered for the outstanding care he gave to his vehicles, washing and waxing them at least once a week.

Besides his daughter and son-in-law, Patricia and George

Porter of Hornell; his family also includes his two grandchildren, Jill (Jim) Risley of Cameron Mills and Kenneth Porter of Lockhaven, Pennsylvania; his four great-grandchildren, Peyton and Keegan Risley and Ellison and Lane Porter; his brother, Eugene Norton of Hornell; his sister, Geraldine Lorow of Hornell; as well as his nieces and nephews.

The Bishop & Johnson Funeral Home, Inc., 285 Main St., Hornell is honored to serve the family of Lavern F. "Vern" Norton.

There were no calling hours.

A committal service, with military honors, followed by interment, was held at 10 a.m. Tuesday, July 21, 2020 at the Bath National Cemetery, with Deacon Robert McCormick officiating.

In lieu of flowers, those wishing may contribute in his memory to the Maryville Home for Adults, 7678 County Route 70, Avoca, N.Y. 14809.

Online condolences or remembrances of Vern are welcomed on the Facebook page of Bishop & Johnson Funeral Home, Inc. or at www.bishopandjohnsonfuneralhome.com.

Catherine 'Cathy' Sorochin, 72, sweet spirit



CATHERINE "CATHY" SOROCHIN
Alfred State grad

CHARLOTTESVILLE, VIRGINIA—Catherine "Cathy" Sorochin, 72, died July 6, 2020 after a courageous battle with

cancer. She was born June 29, 1948 and raised in Niagara Falls, New York.

Cathy graduated from Stella Niagara Seminary High School in 1966, and Alfred State College in 1991, with an Associates Degree in Accounting. She was formerly employed at Kodak Inc., Steuben Trust Company, Allen Dygert & Hauser, Inc., Jones Memorial Hospital, and Ionian's Associates.

She was an active member of the Genesee Valley Chorus, Amity Lake Association, MADD, and the Wellsville Lioness Club. Her greatest loves were her family and friends, her pets, and her time at Amity Lake. She loved bird watching and her beloved kitty, Cleo.

She is survived by two sons, Adam Sorochin (Jennifer) of Wellsville, and Craig Sorochin of Barboursville, Virginia., and

was a proud Grandmother to Michael and Megan Sorochin, Scott Morris and Gabrielle Sorochin. She is also survived by a brother, James Patrick (Marlene) Beazley, as well as several nieces and nephews.

She was predeceased by her husband, Ronald Sorochin in 2005.

Cathy had a beautiful spirit. She was known for her sweet disposition, her love of God, and tremendous emotional strength through all of her physical disabilities.

Friends are invited to a graveside service at 11 a.m. Saturday, July 25, 2020 in Sacred Heart Cemetery, 300 South Main Street, in Wellsville. Please consider memorial donations to the SPCA Serving Allegany County. To leave online condolences, please visit embserfuneralhome.com.

Ronald J. 'Ron' Putnam, 82, taught at Alfred State



RONALD J. "RON" PUTNAM

Alfred State science prof
GREENWOOD—Ronald J. "Ron" Putnam, 82, of Greenwood, passed away unexpectedly at home on Thursday, July 16, 2020.

Ron was born in Corning, on March 4, 1938, the son of James and Thelma (Rowley) Putnam and he grew up in Youngsville, Pennsylvania, graduating from Youngsville High School in 1956. He graduated from Edinboro University of PA with a Bachelor of Science Degree and later a Master of Science Degree from Alfred University. He also served in the Naval Reserves.

Ron began his teaching career as a science teacher at Hornell Junior High School where he was proud to be the coach of the undefeated freshman football team. During football season,

one could find him watching games and yelling at the TV like he was still a coach.

He later became a professor of science at Alfred State College from which he retired after 30 years. During that time, he received a Chancellor's Award for Excellence in teaching in 1974. He was on the College Council and was an officer of the Faculty Senate. And if teaching wasn't enough to do, Ron raised heifers and had a small antiques business for several years.

As a Greenwood citizen, he was a life member of the Greenwood Volunteer Fire Department and initiated an EMT corps and taught several EMT classes in the area. He had been a member of the Greenwood School Board, served on the Finger Lakes Health Council, and was a member of the St. James Mercy Hospital Board, serving on the Quality Assurance Committee.

He was an avid gardener who loved his flowers, garden, and birds. His favorite place was sitting in the mornings and evenings with a cup of coffee watching nature and the wild life across his hillside. He enjoyed fishing and was an avid hunter where, he might be found in his tree stand every day during deer season whether he saw a deer or not.

One of his many hobbies was

photography, and he enjoyed going to flea markets and auctions, collecting all sorts of odd and unusual antiques. He had been an Eagle Scout and was a Merit Badge counselor.

Ron loved his wife, his kids and grand-kids. He loved teaching and touched so many lives through the years. He left life too early and will be terribly missed.

Surviving are his wife of 60 years, Virginia Putnam, of Greenwood; two sons, Michael (Bonnie) Putnam of Hornell, and James Putnam of Ithaca; one daughter, Jeanne (Dean) Higgins of Honeoye; two grandchildren, Ava and Owen Higgins; a sister, Norma Trautner of Lindley; one brother, Dennis (LeAnne) Putnam of Cameron; and several nieces and nephews.

In addition to his parents, Ron was preceded in death by his sister, Sandy Coykendall.

At Ron's request, there were no calling hours. A private family service will be held at the family's convenience.

In lieu of flowers, memorial contributions in Ron's name may be made to either the Greenwood Fire Department, Andover Street, Greenwood, N.Y. 14839; Alfred State College; or to a charity of the donor's choice.

Arrangements are with the H.P. Smith & Son, Inc. Funeral Home in Canisteo.



HERBERT L. "HERB" ZUSCHIN

Worked at Alfred State
ARKPORT—Herbert L. "Herb" Zuschin, 93, of 7978 State Route 36, Arkport, died early Tuesday morning, July 14, 2020 at Elderwood at Hornell Nursing Facility, following a long illness.

Born in Akron, Ohio on Oct. 4, 1926, he was the son of Louis and Susan (Besterci) Zuschin.

Herb grew up in Akron, Ohio and later resided in Detroit, Michigan, where he graduated from the University of Detroit High School (class of 1944). He received his Master's Degree in Engineering from Wayne State University in Detroit.

He was a Veteran of the US Army and was stationed in Fort Belvoir in Virginia during the Korean Conflict, earning the National Defense Service Medal and the Good Conduct Medal.

Following his honorable discharge from the US Army, Herb was employed in the Engineering Department of Manhattan College in New York City. While working at Manhattan College, he met his future wife, Anne Farnan at the Newman Club at Columbia University. They were married at St. Raymond's Roman Catholic Church in New York City on July 11,

1959.

Residing in Connecticut for ten years, Herb served as Department Head at J.M. Wright High School in Stamford, CT.

Moving to Greenwood in 1970, Herb had been employed in the Engineering Department at the Alfred State College (SUNY Alfred), retiring in 1991. He and Anne resided in Greenwood for 40 years before moving to Arkport in 2010. For about 22 years they resided in Tucson, Ariz. during the winter months.

Herb had been a communicant of St. Mary's Church of Rexville and later a communicant of St. Brendan & St. Jude Parish in Almond where he served as a Eucharistic Minister. More recently he was a member of Our Lady of the Valley Parish and a communicant of St. Ann's Church of Hornell.

In addition to his parents, Herb was preceded in death by his son, Mark H. Zuschin, who died Dec. 10, 2013.

Surviving are his wife, Anne Zuschin; two daughters, Kathryn Zuschin of San Francisco, California and Mary Anne (Paul) Tytko of Buffalo; one son, Paul (Dana) Zuschin of San Diego, California; two grandchildren, Matthew and Sean Tytko.

At Herb's request there will be no calling hours. A Mass of Christian Burial will be celebrated at 1:30 p.m. Thursday, July 23 at St. Mary's Church of Rexville with burial in St. Mary's Cemetery, Rexville.

Funeral arrangements are in care of the Dagon Funeral Home, 38 Church St., Hornell.

Herb's family request that in lieu of flowers, memorial contributions in his name be made to a charity of the donor's choice.

To leave an online condolence or share a memory, visit www.dagonfuneralhome.com

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Scene About Alfred

A weekly photo feature
By SHERRY VOLK
Alfred Sun Columnist



Norman Rockwell-ish scenes

Sometimes a scene appears to be straight from Norman Rockwell's brush...or camera, as was the case with these photos. Some time ago, Peter Stull posted the first photo on Facebook. Taken in about 1990, it's his 3-year-old daughter, Abby, sitting on the threshold of the "old" Bicycle Man shop in Alfred Station. Peter

kindly gave permission for its use. Today (July 19, 2020), a friend and former colleague at Alfred State College, Vicki Bolton, posted the second photo and said, "When you improvise and use a stock tank as a swimming pool, you occasionally have to share the pool with critters. My grandsons thought it was hilarious."

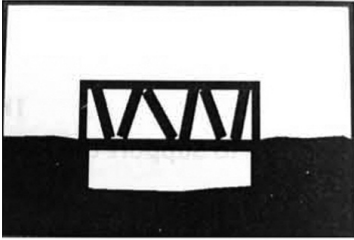
LOCAL NEWS BRIEFS

Baker's Bridge Historical Assn. to hold biennial sale

ALFRED STATION—Bakers Bridge Historical Association will hold its Biennial Sale next month.

Might you have items in good, saleable condition that no longer spark joy in you? Please consider having them turned into cash for Bakers Bridge Historical Association by donating them to the August 22, 2020 (wouldn't it have been cool if it were the 20th?), which will be open from 9 a.m. to 3 p.m. at the Alfred Station Fire Hall.

You may call Sherry Volk at 607-587-9381, to arrange for pick-up, on Friday, August 21, or before. Please leave a detailed message with your phone number. We do not answer that number directly, but only respond to



voice mail.

One item to be offered for sale is a very fine, "Burdick" treadle sewing machine, in a charming oak cabinet. We would love to fill out the offerings to the public with excellent new and old treasures. No clothing please, thank you!

All Bakers Bridge workers will be masked, at this outdoor event, and hand sanitizer will be available.

ALFRED

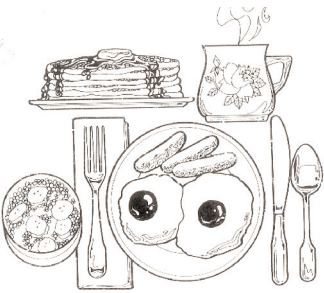
Weather for the Week

July 14-July 19					
July	Hi	Lo	Precip.	Snow	
14	76	55	0	0	
15	82	57	0	0	
16	84	65	0	0	
17	74	65	0.60"	0	
18	83	60	0	0	
19	88	62	0	0	
20	88	66	0.65"	0	

By FION MacCREA
Alfred Weather Recorder

SUNNY SIDE UP

By ELLEN SHULTZ
Alfred Sun Columnist



Another way to cook that zucchini...

[Editor's Note: Like most of the recipes she shared with our readers over the past couple of decades, Ellen Shultz's Sunny Side Up columns are worth repeating.]

Two summers ago I wrote several weeks of zucchini recipes. I love zucchini and, of course, it is very good for you. I thought I had seen every variation of ways to cook it. Fortunately, those chefs keep concocting new ways to present things and I have found another recipe. This one has an unusual ingredient - capers. Many years ago I learned to use capers in meat dishes, but I had never seen them used in a zucchini recipe.

Capers are the floral buds of the caper bush which are pickled in vinegar and used as seasoning and condiment. They add an unusual flavor and texture to this recipe.

Italian Baked Zucchini

- | | |
|--------------------------------------|--------------------------------|
| 4 zucchini (ca. 1 lb.) | 1/3 c. parmesan or feta cheese |
| 1/4 c. olive oil, divided | 1/3 c. fine, dry breadcrumbs |
| 1/2 tsp. salt, or to taste | 1 T. capers |
| 1/2 tsp. freshly ground black pepper | |
| 3 T. vinegar | 1 tsp. oregano |

Trim the zucchini and cut in rounds about 1/2 inch thick. Spread 1 T. oil in bottom of a 9x12 baking dish. Add zucchini, sprinkle with salt and pepper and drizzle another tablespoon of oil over it. Bake for 10 minutes at 450° F. In the meantime, combine cheese, breadcrumbs, capers and oregano in a small bowl. Add the remaining oil and stir to moisten the crumbs. Remove zucchini from the oven, sprinkle with vinegar, and stir. Sprinkle with breadcrumbs then return to oven and reduce heat to 400° F. Bake 20 to 30 minutes. Seves 4.

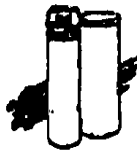
Wally Higgins Estate and Multiple Family YARD SALE

Saturday, August 1st, 9:00-4:00- AND
Sunday, August 2nd, 9:00-3:00

NO EARLY BIRDS PLEASE!

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Puzzles on Page 10

CryptoQuote answer

To succeed in life, you need three things: a wishbone, a backbone and a funny bone.
— Reba McEntire

SCRAMBLERS

solution

1. Surge
2. Upset;
3. Flashy;
4. Cheap

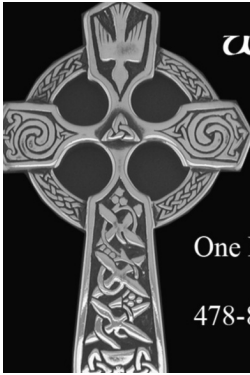
Today's Word
FUTURE

King Crossword

Answers

Solution time: 21 mins.

U	F	O	S	I	T	S	E	S	P	Y
M	A	R	T	I	N	E	T	M	O	U
P	A	R	A	B	O	L	A	B	O	N
			T	I	N	T	H	A	N	K
A	P	S	I	S	D	U	E	L		
B	L	O	C		P	A	R	A	M	U
C	O	Y		M	E	T	E	R	V	I
	P	A	R	A	T	U	S		L	E
			I	T	E	M		S	L	A
U	N	D	O	E	R		P	E	A	
S	O	O	T		P	A	R	A	N	O
E	D	G	E		A	N	E	R	O	I
D	E	E	D		N	A	P		S	L



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EDITORIAL PAGE

Please don't defund Alfred Police Dept.

Dear Editor:

Yes, "DOG LIVES MATTER," especially when they are rescue dogs.

I was appalled, yet happy, about the outcome when I read the Bea Jevremovic letter that appeared in the latest edition of the *Alfred Sun*.

Thank you and God bless officer McKee.

Mayor Prophet of Alfred, please don't defund our valuable Police who are there ready to protect us all, no matter what!

Joe Fasano
Alfred Station

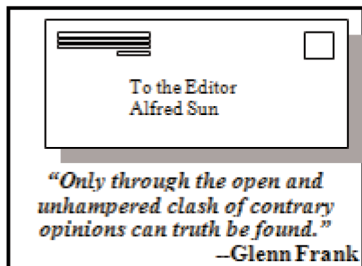
[Editor's Note: Just for the record, the *Sun* has since learned that it was actually Police Chief Paul Griffith and Officer Dylan Burch who rescued Bea Jevremovic's dog.]

Black Lives Matter

Letter to the Editor:

I have lived in the village of Alfred since 2011. I want you to understand why I am here fighting for change in the village and why I have no plans of stopping anytime soon. I want to also be clear that this statement is being directed toward the Village Board, Alfred Police Department, and stakeholders who have been silent, complicit, and late to the party.

Black Lives Matter isn't new. In fact, the slogan was created 7 years ago. However, I have only heard recently of the village supporting and uplifting that statement. I want to be clear – Black Lives Matter when there is not a police shooting. They matter when they are in the restaurants of this village, visiting the salon, at one of the bars, or even going for a walk. But my students are



not my only concern.

On December 15, 2019, I left the bar in below freezing weather with two friends – one black male and one white female. As we left, there was a white man urinating on the side of the building. The APD officer on duty saw this occurring, turned on his lights and proceeded toward the individual. The individual ran. Instead of going after that individual, the officer stopped my friends and I. When I asked why we were being stopped, the officer stated that we must have known that individual. As we insisted that we did not, he continued (for 30 minutes) to threaten to arrest us. He then collected our IDs even as I identified myself as a full-time community member and employee of one of the colleges. But I want to point out that our white woman friend was never questioned and her ID was never collected – just mine and my black male friend.

If this can happen to a full-time community member and employee, our black and brown students don't stand a chance. I've tried to talk with APD, business owners, and the village and warn them that even though students are at home, they are watching you. They remember everything you have ever done to them, every injustice they

have experienced, and how YOU responded to the crisis. They are fed up.

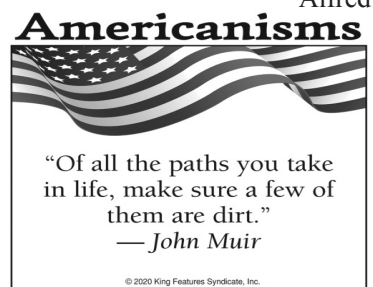
We have less than a month to make real change in the village before students get back. I hope that you will take this statement as advice to be quick to act with systemic change in the village and with the police department.

It is not acceptable to say "change takes time." As noted, Black Lives Matter has been around for 7 years. We will not slow down our movement because you have recently decided to act. It is time for you to catch up.

I would like to offer a correction to the statement I gave on Tuesday at the Alfred Village Board Meeting and later published on Facebook. I'd previously stated that only mine and my black male friend IDs were collected when we were stopped by law enforcement. However, I discovered that the white female's was collected as well.

I would like to note that the sentiment of my statement has not changed. There is no reason we should have been stopped and our treatment was still unjust. I plan to continue to work toward a better Alfred – eliminating systemic racism and mistreatment of black and brown folks.

O.J. Shepard
Alfred



The Root of Offense

Your time is up potato -you're cancelled. For too long you have terrorized the hearts and minds of Irish-Americans like me, your bulbous loathsome shape swirling in the deepest nightmares of my unconscious. For too long have I cowered through the snack aisle of the grocery stores and waited in restaurants with trepidation for the dreaded question, "Do you want fries with that?" For too long have I buried that loathing, pretending to enjoy the salty, fatty symbols of my people's oppression. No longer. Your reckoning is come today, potato.

The potato's complicity with the English in driving my ancestors out of Ireland during the Potato Famine of the 1840's is well documented and as such is an indelible symbol of English imperialism and oppression. Besides which, the potato was culturally appropriated from South America, and introduced into Ireland, undoubtedly as a knowing tool of oppression. I hope I can rely on including Peruvians in potato based outrage as well!

It may be pointed out that many Irish-Americans profess to enjoy potatoes, but they are sadly deluded, suffering from an internalization of the oppression inherent in this invidious tuber. They suffer from a starchy root based Stockholm Syndrome, identifying with the oppressive vegetable in an effort to disable the harm inherent in its ubiquitous dietary presence. They are gravely mistaken, and must be shown, against their will if necessary, that they suffer harm and psychic violence by consuming the treacherous root of our oppressors.

As self-proclaimed spokesman of the Irish-American community, I call corporate America to action to right the wrongs of the past. It's time to end our reliance on this hurtful tuber for our snacking needs. Turnips and rutabaga's are traditional Irish root vegetables, and their usage would affirm Irish-Americans in their Irishness and help remediate the offenses which potato-based snacks have inflicted in the past. If you don't think that turnip fries sound delicious, it's just because you're a bigot. You probably didn't even vote for JFK.

Now that I have fully realized how much harm is inherent in the potato, whole vistas of resentment and oppression have opened up before me. All those shamrock shakes and green beer consumed by non-Gaelic peoples on St. Patrick's Day? Disgusting and offensive. An appropriate step would be to limit St. Patrick's Day revelries to those certified by DNA test to possess Irish ancestry. If caught drinking Guinness without the appropriate papers? Throw 'em in the paddywagon I say!



CONVIVIAL CONTRARIAN

By SEAN HYLAND
Alfred Sun Columnist

Paddywagon! I apologize profusely for any emotional harm I may have caused readers by the use of such an anti-Irish slur! Please don't cancel me, as I'm still trying to decolonize my own mind from these pernicious English influences. Moving on now, I'd like to demonstrate my ideological purity by being offended by...

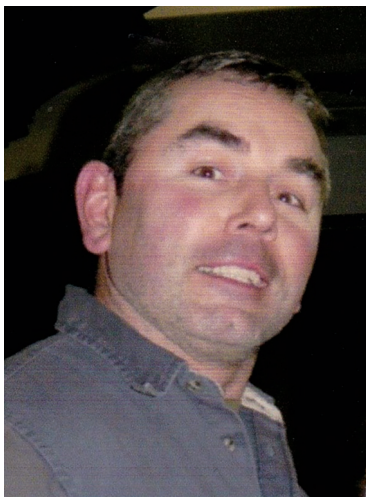
The Notre Dame Fighting Irish. I take great offense at the negative stereotypes inherent in the depiction of their scrappy belligerent mascot. It perpetuates negative stereotypes of Irish as green clad, receding hair-lined, bowler hatted, violent alcoholic leprechauns. This causes untold psychic harm and distress to Irish-Americans everywhere. What if we don't even like wearing green? Does anyone think about the extreme cultural pressure we face when choosing our wardrobes, perpetuated by the expectations induced by leprechaun based stereotypes? How many Irish have been driven to alcoholism despite disliking beer and whiskey simply because of cultural pressures?

Don't even get me started on Lucky Charms cereal. "Magically Delicious"? More like "Magically Cultural Appropriation". Using stereotyped mythological beings from my cultural heritage to promote a sugary marshmallow breakfast cereal is incredibly hurtful, not only to me but to leprechauns everywhere. We deserve for the cereal aisle to be a safe space for all Irish. To facilitate that, I would gladly volunteer my expertise to help General Mills design a more sensitive, culturally appropriate Irish inspired breakfast cereal. It could feature blood pudding, herring, and sausage flavored marshmallows with a soda bread flavored oat crunch. All moistened in your bowl with a generous helping of Barry's black tea. Delicious, nutritious, and authentic. A sure hit with the wee ones!

And don't even think about coming to me asking for advice on finding lucky four leaf clovers or commenting about the red in my beard. Don't worry, because you don't have to. I'll save us all time by being offended by assuming that you wanted to do those things but were too afraid to be seen as bigoted to actually ask me and that it's just an inherent part of your nature to be offensive to me. See, the healing is beginning already!

OBITUARIES

Laurence J. 'Mac' McCormick, 56, valued Alfred Fire Dept. member



LAURENCE J. "MAC" McCORMICK

Served in Marines, Crandall Hooks ladder truck captain

ALFRED/HARTSVILLE: Laurence J. "Mac" McCormick, 56, of Call Hill Rd. Hartsville and Rose Apartments in Alfred, passed away Saturday afternoon July 18, 2020 at Strong Memorial Hospital in Rochester following an extended illness.

Mac was born April 19, 1964 in Lansdale, Pa. to Laurence H. and Mary P. (O'Donnell) McCormick.

He was a graduate of Lehigh Catholic School and had attended SUNY at Alfred where he received an Agronomy Associates Degree in applied science. Mac was a veteran of the U.S. Marine Corps and was honorably discharged as an E-7 Gunny Sergeant. He was very proud of his service to his country. Mac had six tours in the Middle East theater of operations, three of which were in Iraq. His first tour of duty was during operation Desert Shield which later became known as Desert Storm.

Mac had been employed as the superintendent/property manager for the Rose Apartments in Alfred. He was an active member of the A.E. Crandall Hook & Ladder Co. in Alfred where he held the office of Captain of the ladder truck. He was also an EMT and served on various company committees, one in particular was the committee on purchasing the new ladder truck. He was also enthusiastic in training members, new recruits and youth in many aspects of fire

practices. He was honored as "Fireman of the Year" by the department in 2013. Mac was a valued member of the Alfred Fire Dept. community and will be sorely missed.

Mac was also a U.S. forest service wildland fire fighter and served as one of the "hotshots" on the team. He had more than 100 parachute jumps to his credit. Mac also worked at Jones Memorial Hospital as a Unit secretary in the ER and a PCT on second floor. He also worked as a pharmacy technician at JMH. Mac also donated a kidney to his sister when he was in the Marines.

Outside of work and the fire dept. Mac was an avid gun enthusiast who loved to target shoot and improve on his great marksmanship. He was a loving father and his pride showed as he watched his daughter compete in track and swim meets. One of his favorite and enduring past-times was camping and spending time in the outdoors with his daughter, the love of his life.

Mac is survived by a daughter Samantha McCormick of Alfred, his mother Mary McCormick of Wellsville, one brother Michael (Ileen Bancroft) McCormick of Canaseraga, and three nephews Connor, Ethan and Arthur McCormick, aunts and uncles. He was predeceased by his father Laurence H. McCormick in 2015 and his sister Patricia J. McCormick in 2019.

The family will receive friends from 4-6 p.m. Friday at the H.P. Smith & Son, Inc. Funeral Home, 29 East Main St. in Canisteo where a funeral service with military honors will take place immediately following calling hours at 6 p.m. Interment will be in Bath National Cemetery at the convenience of the family.

Memorial contributions in Mac's name may be made to either the A.E. Crandall Hook & Ladder Co. 4 S. Main St. Alfred, N.Y. 14802 or to the Wounded Warriors Project, P.O. Box 758516, Topeka, KS, 66675-8516.

Online condolences and memories may be shared at hpsmithandsonfuneralhome.com.



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Moonlighter



Alfred Sun's Second Section--Entertainment, Classified Advertising, Etc., Etc.

Week of July 23-July 29, 2020 ALFRED SUN, PO Box 811, 764 Route 244, Alfred, NY 14802 607-587-8110

SPY NOVELIST ROBERT LITTELL (AU '56)



20th novel will be published

He looks all of 14. But in fact he's 24. Navy Lieutenant Robert Littell, Alfred University alumnus later to become a world famous author of espionage fiction, is shown preparing to take off from an aircraft carrier somewhere in the Caribbean. The date is the late 1950s. Robert—a destroyer officer, not a pilot—had asked to hitch a ride on a subchaser's routine training flight. The carrier's captain agreed. Writing from his home in France, where he has lived for the past 50 years, Robert recalled “being catapulted into the sky” and flying over the island of

Santa Domingo. “We returned to the carrier and came in for a landing on what, seen from the plane, looked like a matchbox floating in the sea. There were wires stretched across the flight deck and as you came in the last thing the pilot did as he dropped the tail hook was to put the plane at full throttle, so that if he missed a wire he could take off again. The whole thing was quite thrilling. Later a helicopter flew me back to my destroyer and as the helicopter hovered I was winched down to the deck. It was one of my great adventures.” Robert's 20th novel, *KOBA*, based on

the life of the Soviet dictator Joseph Stalin, is scheduled for Nov. 2 publication by Abrams/Overlook, in New York. The publisher plans at the same time to reissue several of his earlier works, including *The Company*, a novel of the CIA. The book later appeared on TV screens as a six-part Sony mini-series starring Alfred Molina, Michael Keaton and Chris O'Donnell. Robert graduated from Alfred in 1956 with a bachelor's degree in English. He is currently working on his 21st novel. (U.S. Navy Photo - Inset Photo by Robert Littell)

ALFRED UNIVERSITY PERFORMING ARTS

The show will go on...at the Stull Observatory

ALFRED—The show (and the stars) will go on.

The Alfred University Division of Performing Arts production of Reina Hardy's play *Annie Jump and the Library of Heaven* was to be staged on the Alfred University campus in April, but was postponed due to the COVID-19 pandemic.

Now, thanks to a dedicated group of students and Theatre Department faculty, the power of technology, and support from the astronomy department, four performances of the play will now be held on campus in September.

Director Eliza Beckwith, visiting instructor of theatre, and her team of actors and stage managers have been holding regular Zoom meetings since March, when COVID-19 forced the University to adopt a virtual model of instruction.

From their homes in Florida, California, Pennsylvania, and New York, students participated on weekly online rehearsals.

Originally, the play was to be

staged in C.D. Smith Theatre, but to promote safety and meet social distancing guidelines, four outdoor performances will be held Sept. 16-19 at Alfred University's Stull Observatory.

“This outdoor location is ideal for this particular play,” Beckwith commented. “It is about a thirteen-year-old science genius, who is obsessed with the stars. What better place is there than this wonderful facility here in Alfred?”

Beckwith credited members of Alfred University's astronomy faculty, David Toot, dean of the College of Liberal Arts and Sciences, and David DeGraff, professor of astronomy, for supporting the production from the beginning, when it was planned for the C.D. Smith Theatre. “Little did they know that we would ultimately be performing it in their backyard,” she said.

Maureen Weiss, associate professor of Performing Arts Design and Technology, and will be leading the design team in the task of adapting to this new and

unusual venue, along with Zachary Hamm, clinical associate professor/technical director.

The on-campus rehearsals and performances will follow all New York State and federal poli-

cies for safety, and the audience will be limited due to social distancing guidelines.



Students and faculty use a Zoom meeting to rehearse for *Annie Jump and the Library of Heaven*, originally planned to be staged on the Alfred University campus in April, which will be produced Sept. 16-19 at the university's Stull Observatory.

Cultural Arts Calendar



Music

BANDS/DJs/RECITALS
Alfred University Symphony Orchestra featuring Ken Luk performing Vivaldi's Concerto in D for Lute & Strings, Pianist Lucy Mauro performing J.C. Bach's Concerto in G, 7:30 p.m. Sunday, April 19 in Miller Theater, AU campus. Free admission.

Alfred University Recital featuring Tenor JR Fralick, Soprano Luanne Crosby and pianist Kurt Galvan at 3 pm Sunday, April 5 in Susan Howell Hall.

Alfred University Concert Band Spring Concert, 7:30 p.m. Friday, May 1 in Miller Theater, AU campus. Free admission.

Alfred University Jazz Band Concert, 7:30 p.m. Friday, April 24, Miller Theater. Free admission.

Alfred University Choral Concert. AU Choirs joined by Rochester Oratorio Society in presenting Ernest Bloch's "Sacred Service," 7 p.m. Sunday, April 26, Miller Theater.

Hornell Area Wind Ensemble Rehearsals Tuesday evenings at Hornell High School. New members welcome. For further information, call Nancy Luger at 587-9449 or call 545-8603.

MostArts Festival: Plan to enjoy Summer Music & Art July 12-18, 2020 featuring the 2020 Piano Competition ages 13-18, workshops, pop-up restaurant, music under the stars, Art Walk. visit: www.MostArts.alfred.edu for more information.

Off the Wagon show schedule is as follows: Saturday, March 14

at Hornell AMVETS as part of St. Pat's, 12 noon-4 pm; Saturday, April 18 at Hornell Moose, 9 pm-1 am; Saturday, May 2 at Hornell AMVETS 8-midnight; Saturday, June 6 at Off Duty Club in Belmont, 9 pm-1 am; Friday, June 12 at Palmer Opera House in Cuba, 7 pm. Follow the band at: www.facebook.com/pg/OfftheWagonAcoustic

Wellsville Creative Arts Center offers live music some evenings with performances beginning at 8 p.m., doors opening at 6 p.m. Friday, Feb. 28-Honeysuckle; Friday, March 13-Joe Robinson. For tickets, visit: www.Wellsville-CreativeArtsCenter.com or call 585-593-3000.

CHORAL GROUPS
Andover Catholic Choir. Rehearsals 7 pm Mondays at Blessed Sacrament Church, Andover. New members welcome. Contact Director Marcy Bledsoe at 478-5238.

Genesee Valley Chorus. The Genesee Valley Chorus meets every Tuesday at 7 P.M. at the Grace United Church, North Main Street, Wellsville (formerly Congregational Church). The chorus is directed by Norma Bartlett. For further information, call 585-593-3173.

Maple City (Barbershoppers) Chorus Meetings 7:00 p.m. Mondays at United Methodist Church of Hornell, 7528 North Main St Ext., near Webbs Crossing Road, Hornell. New members welcome. Call 607-698-4690 for info.

Sanctuary Choir. Rehearsals 1st & 3rd Sabbath of Month – 12:30pm; Instrumentalists 4th Sabbath of Month– 9:00am. The Seventh Day Baptist Church – Alfred Station. New musicians welcome. Call 607-587-9176.

COFFEEHOUSES
Wellsville Creative Arts Center offers Coffee Houses TBA. Open Mic Night every Wednesday 7 to 10 p.m. For more info, visit: www.WellsvilleCreativeArtsCenter.com or call 585-593-3000.

CONCERTS/RECITALS
Davis Memorial Carillon Recitals, AU campus. There is currently no weekly recital.

Wingate Memorial Carillon Recital Series at Davis Memorial Carillon, AU campus. Free concerts on Tuesdays during the month of July. The Wingate Memorial Carillon Recital Series honors Dr. Ray Winthrop Wingate, a professor of music at Alfred University for 56 years.



Theater & Dance

DANCE
International Folk Dancing Tuesday evenings from 8:30-10:30 p.m. We learn and do a variety of International Dances, many from the Balkans, Israel, Armenia, etc. Everyone is welcome, no partner or experience necessary! Miller Performing Arts Center, AU campus.

DRAMA GROUPS
Wee Playhouse meets monthly. Call Vice-President Martha Lash at 587-8675 for more info.

Alfred Community Theatre (ACT). For more info, call Dave Snyder at 587-8110.

PERFORMANCES
Alfred University Spring Production, "Annie Jump and the Library of Heaven" by Reina Hardy, directed by Eliza Beckwith, CD Smith III Theater, 7:30 p.m. Wed.-Thurs.-Fri.-Sat. April 15-18.

Art/Galleries

INSTRUCTION/GROUPS
Allegany Artisans. The Allegany Artisans, local artists and craftspeople working together to host an annual studio tour, held annually in October, invite artists to apply. Work is juried. Studio must be in Allegany County. 585-593-6345 or visit the website: www.alleganyartisans.com.

Allegany Arts Association, regular board meetings open to public, 10 a.m. 2nd Tuesday monthly, at the David A. Howe Library, Wellsville.

Angelica Ink Letterpress Located at 20 Allegany Avenue, Angelica, NY. 585.466.7040

Angelica Sweet Shop 44 W. Main in Angelica's Park Circle National Historic District. Open daily 8 am–5 pm For more info: 585-466-7070 or www.angelicasweetshop.com.

Cohen Center for the Arts. 55 N. Main Street, Alfred. Gallery open Tues, Wed, Fri 11-4 pm; Thursday 11-7; Sat and Sun 1-3

Wellsville Art Association. For informationcall Karen Dickerson, 585-593-3579.

Steuben Trust Gallery, Steuben Square, Hornell. On-going exhibits of Artist of the Month. M-F 9:00 AM to 4:00 PM. Sponsored by the Hornell Area Arts Council.

Southern Tier Fiberarts Guild, founded in 1983, meets at Trinity Lutheran Church, 470 N. Main St., Wellsville, on the first Saturday of the month from 11 a.m. to 2 p.m. except months of July and Sept. The group welcomes spinners (and wannabes), quilters, knitters, crocheters, embroiderers, weavers, dyers, basket makers, hookers (rug hookers,

that is) and everyone with a creative mind and an interest in fibers. For more information, call Debbie MacCrea at 607-587-9270, or T.C. Gary at 585-593-4799.

MUSEUMS/EXHIBITS
The Andover House, exhibiting Alfred connected Ceramic Art and 2 dimensional art. Historical and contemporary. Open 11am to 4pm on Saturdays. At 21 North Main Street, Andover. For visits by appointment call 585 593 3947 or 607 478 5014. E-mail: Johnfdolan@yahoo.com.

Fountain Arts Center, 42 Schuyler Street, Belmont. For info or group arrangements, call 585-268-5951 or visit our website at: www.thefountainartscenter.org

The Corning Museum of Glass presents the most comprehensive glass collection in the world in "35 Centuries of Glassmaking." For info, call 607-937-5371.

Fosdick-Nelson Gallery at Alfred University. Fosdick-Nelson Gallery is located in Harder Hall, AU campus. Open 11-4 Mondays-Fridays. Info 871-2412.

Glenn H. Curtiss Museum 8419 Route 54, Hammondsport. Special exhibits, special events. Open daily 10-4. Admission. (607) 569-2160.

Hagadorn House Museum Operated by Almond Historical Society. Genealogical research Friday afternoons.

Hinkle Memorial Library Gallery, Alfred State College Campus. Open during library hours, 8 a.m.-10 p.m. Monday-Thursday, 8 a.m.-4 p.m. Fridays, 11 a.m.-5 p.m. Saturdays and 3-9 p.m. Sundays. For more information, call the library at 607-587-4313.

Hornell Erie Depot Museum, 111 Loder St., Hornell is open Wed. & Thurs. from 6-8 pm, Fri. from 4-8 pm and Sat from 12:30-3 pm.

Inamori Kyocera Museum of Fine Ceramics. The newly constructed museum focuses on fine ceramics used in technical and bio-medical applications. Located on the top floor of Binns-Merrill Hall, AU campus, Alfred. Open 10-4 Wed.-Fri. Free admission.



Alfred Ceramic Art Museum. Located on Northeast corner of Main and Pine Streets, AU campus, Alfred. Hours: Tues. thru Friday 10-5, Thurs. 10-7, Sat. and Sun. 10-4. \$7 Adults, \$5 Seniors, \$3 Local Residents. Free for Museum members, 17 and under, AU and A State faculty staff and students. For information call 607-871-2421; or visit the museum website: ceramicsmuseum.alfred.edu

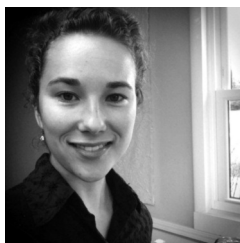
Alfred Art Walk, A collaborative monthly opening by galleries in the Village of Alfred and at Alfred University and Alfred State. For a complete and up to date listing of venues, please visit alfredartwalk.org. To add your event to Alfred Art Walk email: submit.alfredartwalk@gmail.com

The Pioneer Oil Museum in Bolivar will induct Henry Lindquist, Jim Beckwith, Don Miller, and Arthur Yahn, Sr. into the New York State Oil Producers' Association. Museum will open following Memorial Day Weekend. For updates, visit: www.pioneeroil-museum.com

Rockwell Museum, 111 Cedar St., Corning. Largest American Western Art collection on view in the eastern United States, with paintings, sculpture, Native American artifacts, and firearms. Info 607-937-5386.

Terra Cotta Museum, Main St., Alfred. Open on special occasions or by appointment.

World War II Museum, 201 Main Street, Eldred, Pennsylvania. For more information, visit: <http://eldredpawwiimuseum.com/>



Nutrition in a Nutshell

By MARIA BOYUK
*Nutritional Therapy Practitioner
and Alfred Sun Columnist*



NOTES from the BOX OF BOOKS

Building a Thriving Lifestyle: Work-Life Balance

Balancing a work schedule and the rest of life is an ever present challenge and stress for many individuals and families. Depending on one's hours and type of labor, finding a healthy balance between the two will vary. However, there are some important principles which we can all apply.

First of all work is a gift and a privilege. If you hate your job, improving the quality of your life outside of work may not be enough to eliminate stress. Rather, as the saying goes, "Love your work and you will never work a day in your life." Our job does not have to be ideal to "love it", but if we focus on the privilege and value in our job, we will find more satisfaction in the very work itself. Also, there are certainly advantages and appropriate times to move onto a different job where you can grow and function in your strengths and interests. If this is the case, choose your vocation wisely based on the lifestyle you want to build.

Secondly, there is more to life than work. When we understand this, it actually increases the productivity of our work. We will look at the Danes for an example of this principle. In Denmark, the average employee works less than 1,500 hours/year compared to the average U.S. employee who works 1,783 hours/year. (Personally, you know how many hours you average, so adjust accordingly.)[1] Surprisingly, even though the Danes work significantly less hours than the U.S. (and most other countries), their productivity is greater, and they highly enjoy life outside of work.

Now, let us take a deeper look into the Danish lifestyle:

What do they enjoy for work and life? Despite working less, Denmark "ranks above the average in many dimensions: work-life balance, social connections, environmental quality, civic engagement, education and skills, jobs and earnings, work-life balance health status, subjective well-being and personal security." [2]

What is their secret? The Danes prioritize life over work. While they enjoy a comfortable life, they view money differently than other countries. Danish professor, Christian Bjornskov, explained, "Money is not as important in the social life here as, for example, Britain and America. We probably spend our money differently. We don't buy big

houses or big cars, we like to spend our money on socializing with others."

(To give you perspective, in Denmark the average household net-adjusted disposable income per capita is USD 28,950 a year, lower than the OECD average of USD 30,563 a year. [2]) Additionally, when they are working, they enjoy a unique flexibility. "They can often choose when they start their working day and have the option of working from home. The lunch break is often at a designated time each day, enabling colleagues to interact and eat together, thus enabling them to leave their desks. There is a minimum five weeks' paid holiday for all earners." [1]

So, how can you integrate this information into your lifestyle? If you have any control over your work hours/environment, I encourage you to consider your productivity in light of the Danes. They have proven how our work and life can be enriched by intentional balance. On the other hand, if you do not have that level of control, be strategic with how you view work and invest in other areas of rest which in turn will benefit your work. Furthermore, perhaps you are a stay-at-home parent-which is perhaps the most important vocation. This still applies to you!

Find creative ways to balance work and responsibilities within the home so that they are a joy rather than a chore. Also, be careful not to take on unnecessary projects in and outside of the home that would take away from time spent on enriching life relationships.

In conclusion, for most cases, balance is not something that will take place overnight. Give yourself the space to define an ideal work-life balance, and then set a couple of practical goals for this season that will move you toward change. As we look ahead to rest, perhaps a sabbatical to Denmark would be appropriate!

[1]<https://www.weforum.org/agenda/2018/01/the-countries-where-people-work-the-longest-hours/>

[2] <http://www.oecdbetterlifeindex.org/countries/denmark/>

If you have questions or comments for Functional Nutritional Therapy Practitioner, Maria Boyuk, contact her at thrivinghealthNY.com.

Library holding off on opening

By MELANIE MILLER
Box of Books Library Director

The Board of Trustees and Library Director have decided that we will not be opening the library to in-house services for the time being.

With students beginning to arrive on campus we think that it is best for the staff, our patrons, and the community, especially those most vulnerable. if we postpone in-house services until after Labor Day.

This was not an easy decision, but we feel that this is the best decision to make. With so many people arriving from all over the country and world, we do not want to endanger library services locally, or system-wide as things are just beginning to get up and running.

We are continuing with our curbside service. We are offering appointments for computer use. Please call us at 607-587-9290.

Additionally, system wide holds are now available! So you can put holds on materials at libraries within the entire library system.

We thank you for understanding and patience.

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THE ALFRED SUN will NOT be published
July 30 and August 6. It's vacation time!



Lectures/Readings

AU Environmental Studies Speakers Series. Talks are 12:20 to 1:10 Fridays in Science Center Room 247 during the fall semester. All are welcome; refreshments will be served.

Allegany County Bird Club. Meetings held at the Grace United Church, 289 N. Main Street, Wellsville, unless otherwise stated, at 7 p.m. on the first Friday of each month; speakers begin at 7:15 p.m. The club will NOT meet during the months of January and February 2020.

Baker's Bridge Historical Association. Meets 7:30 pm, third Monday of each month, Sept.-April in the Meeting House, 5971 Hamilton Hill Road, Alfred Station. Sept. 21-Laurie Lounsberry Meehan, "Alfred Women's Suffrage Movement." Oct. 19-Joan Sinclair, "Daughters of the American Revolution." Nov. 16-WSKG Public TV video on "Hurricane Agnes"; Dec. 16-Dish-to-Pass Dinner followed by Members Sharing Memories and Mementoes of Hurricane Agnes. All programs free, open to the public. Website: www.bakersbridge.org. For more information, contact President Jim Ninos, 607-587-9018, jninos@gmail.com. For a tour of the building contact Collections Manager, Alexandra Hoffman, (607-382-9404, ahoffman4@gmail.com).

Bergren Forum. 12:10 p.m. Thursdays, Nevins Theater, Powell Campus Center, AU campus when classes are in session. Bring a brown bag lunch; coffee & tea available. All forums cancelled for the remainder of the spring semester due to the coronavirus crisis. Watch for update regarding Fall

Semester's Bergren Forum.

Nunda Historical Society. Questions: see www.nundahistory.org or call 585-476-2354 or 585-465-0971.



Films

GRAND THEATRE 585-593-6899, Main Street, Wellsville. grandtheatrewellsville.com

SPOTLIGHT THEATER. 191 Main Street, Hornell. www.thespottlighttheaters.com (607) 661-4685

DAVID A. HOWE LIBRARY Nancy Howe Auditorium 155 N. Main Street, Wellsville Senior Matinees at the Howe
The David A. Howe Library presents a special matinee screening for Senior Citizens the fourth Tuesday of each month starting at 2:00 pm. All programs in the Nancy Howe Auditorium are suspended until further notice due to the coronavirus. Watch for further information.

Fun-n-Games

STAR GAZING John Stull Observatory open to the public free of charge, clear Friday nights from 9-11 p.m. Sept.-Oct.-Nov. and Feb.-March, April. Open clear Thursday nights from 10 p.m.-12 midnight during May, June and July. For info, call the Observatory phone at Alfred University, 871-2270.

BEEKEEPING Belvidere Beekeeping Club
A group is forming a group that will share information about beekeeping in our area. We will provide guest speakers and information about getting started beekeeping. We will share information, tips and

frustrations, have suggested readings and hand outs along with yard walks. Our mission is to attract and encourage beekeepers to pass on their knowledge to others. The club will meet at Angelica Ink Letterpress, 20 Allegany Avenue, Angelica, during cold months and at Belvidere Cornerstone, 5781 County Road 20, Belmont, summer months on the following 2020 Saturdays from 1-3 pm: July 18, August 29, September 26, October 24, November 21. Contact The-BelvidereCornerstone@gmail.com with questions. Meetings are subject to cancellation due to the coronavirus pandemic. Watch for further information.

BOWLING Maple City Bowl, 7580 Seneca Road, Hornell. Check out our new Arcade Section. Visit www.maplecitybowl.net Or call 607-324-1011.

BRIDGE Helen Bailey Bridge Club. Games start at 12:30 pm Wednesdays and 6:30 pm Thursdays in Hornell. Rides are available. For more information email johnson@alfred.edu

Str8 Eight Tournament at the Terra Cotta Coffeehouse, Main St., Alfred. Tournaments held quarterly in February, May, August (the big one!) and November on the 8th day of each month at the Terra Cotta Coffeehouse starting at 8 p.m. (unless otherwise noted). You get the idea. To learn more about the card game invented in Alfred, NY, visit: www.str8-eight.com

Special Events

Alfred-Almond Central School Alumni Association Annual Reunion Weekend July 24, 2021. "Double the Fun" Celebration honoring alumni graduating in the

years ending in 0, 1, 5 and 6. For updates, check out the AAAA website at: www.aacsalumni.org

Allegany Artisans OPEN STUDIO TOUR October 16-17-18, 2020. Visit artists' studios where their creative ideas come to life. For a map, check out our Web site. www.alleganyartisans.com

Pioneer Oil Days, June 21-28 in Bolivar. For more details, visit www.pioneeroilmuseum.com

Bareknuckle Boxing Hall of Fame Induction Weekend July 10-12. **Friday, July 10**—Free public Welcoming Reception of the inductees in the evening. Photo opportunities with Apollo Creed's refurbished Rocky II Palatial Training Ring as seen in the movie. Yes, we own it! **Saturday, July 11**—Induction Ceremony with brunch and awards. Tour of John L. Sullivan's 1889 Training Barns. Evening activities too! **Sunday, July 12**—After party at www.pollywoggholler.com from 1 to 6 pm. For tickets info, visit: <https://www.bareknuckleboxing-halloffame.com/induction>

Allegany County Fair July 20-25 at the County Fairgrounds, Angelica, has been cancelled for 2020. Watch for details for the bigger and better County Fair in July 2021.

Journey to Transformation: Friday night community prayer for host, community and Allegany County churches, and beyond, are being held from 7 p.m. to 8 p.m.: Biweekly Sunday night praise and worship and prayer time, with live music, 6 p.m. to 8 p.m. to pray for prime county-wide concerns. Ongoing area prayer gatherings during the week available from 6:30 to 7:30 a.m. weekday mornings at Knights Creek Evangelical Methodist Church, 2987 County Road 9, Scio; 8 to 9 a.m. Wednesdays at the Belfast Free Methodist Church; and from 10:30 to 11:30 a.m. Saturdays at the Pow-erhouse Youth Center,

23 West Main Street, Fillmore. Further information: Pastor Dan Kenyon, Wellsville Bible Church, at wbc@ne.twcbc.com or (585) 593-6471, or most area pastors.

Support Groups

Adult Survivors of Sexual Abuse. Meets at various times. Call 716-593-6300 for info.

Al-Anon. 7pm Thursdays and Sundays at the United Presbyterian Church, 150 Main Street, Hornell. Use the side entrance

Alcoholics Anonymous. 7 pm Fridays at Union University Church Center in Alfred. Call 607-276-8588 for help or information.

Alzheimer's Support Group. Meets third Thursday of the month at noon in United Church, Belmont. Call Allegany County Office for the Aging at 716-268-9390 for info.

Cardiac Support Group. Meets second Wednesday of the month at 6:30 p.m. in the St. James Mercy Hospital Cardiac Rehab (2nd floor). For info, call the Cardiac Rehab Unit at 324-8735.

Caregivers Support Group. For info, call the Allegany Office for the Aging, 716-268-9390 or toll-free 1-866-268-9390.

Celebrate Recovery/Celebrate Victory Christian 12-Steps support for all types of hurts, hangups, habits and struggles of life, including common addictions. 7PM Saturdays at Knights Creek Evangelical Methodist Church, 2987 Knights Creek Road (Co. Road 9), Scio. www.facebook.com/KnightsCreekC

hurch, or Casey Jones at bps461@msn.com or (484) 435-0503 for information.

Diabetes Support Group. Meets fourth Thursday of the month from 6:30-8 p.m. in the Memorial Conference Room, ground floor just off the cafeteria at St. James Mercy Hospital. For more info, contact Bonnie at 607-324-8900.

LaLeche League. Mother-to-Mother Breastfeeding Support. Hornell group meets third Thursday of each month at 7 p.m. at Christ Episcopal Church, corner of Main and Center Streets, Hornell. For more info, call 324-6266.

PARKINSON SUPPORT GROUP Meets 2nd Saturday of each month at 10:00 am to 11:00 am at the Hornell YMCA. For more info, call Lisa at 607-382-6497.

Etcetera

Allegany County SPCA. Volunteers or those wishing to contribute are asked to call 585-593-2200. Send contributions to PO Box 381, Wellsville, NY 14895.

Wellsville Lioness meets second Monday of the month upstairs at the Beef Haus.

Deadline

To include your event in this calendar, send information to: Calendar, ALFRED SUN, PO Box 811, Alfred, NY 14802 or e-mail: alfredsun.news@gmail.com no later than 5 p.m. Friday. Event listings should be sent two weeks prior to ensure sufficient notice.

WHAT'S COOKIN'?

Meals on Wheels Menu

Monday, July 27

Creamsicle Salad
Swiss Steak
Mashed Potatoes
Green Beans
Whole Grain Bread
Apple Slices

Tuesday, July 28

Ambrosia Salad
Sweet & Sour Pork
Brown Rice
Mixed Vegetables
Lemon Mousse

Wednesday, July 29

Coleslaw
BBQ Pulled Pork On Whole Wheat Bun
Tomato & Zucchini
Butter Beans
Sugar Cookie

Thursday, July 30

Mandarin Orange Gelatin Salad
Stuffed Shells
Italian Green Beans
Garlic Bread
Peach Crisp

Friday, July 31

Four Bean Salad
Chicken Ala King Over Whole Grain Biscuit
Corn
Petite Peas
Brownie

For reservations, call the site coordinator or 585-268-9390 or (toll free 1-866-268-9390) by 2 p.m. previous day.



At the Movies

(Effective July 24-July 30)
GRAND THEATER
Main St., Wellsville 585-593-6899
Closed until further notice.
(check website for updated listings.)
www.grandtheatrewellsville.com

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M-W 6-2 Th6-7 Fri 6-8 Sat6-7 Sun7-7

Do It Yourself Greek Leg of Goat

If you tried last weeks introductory recipe to goat and are feeling confident to try another one -check out this weeks leg of goat. Your family will be so impressed when you place this on the table!

GREEK LEG OF GOAT

For the meat:

3 lbs. goat leg with the bone
3-4 sprigs of rosemary
1/4 c. olive oil
1 T. dried oregano

2-3 cloves garlic cut into sticks
Juice from 1 lemon
Salt and pepper to taste
1 c. white wine

For the glaze:

3 tablespoons pomegranate syrup, or grape syrup, maple syrup or honey
1/2 teaspoon ground coriander seeds
Pinch of salt and pepper
1 teaspoon olive oil

Instructions:

Preheat oven to 350°F (180°C). Rub meat with salt and pepper. Make small incisions throughout the meat and insert one stick of garlic and some rosemary. Place meat and potatoes in a pan, add the wine and lemon juice, drizzle with the olive oil and sprinkle with the oregano. Wrap well with foil and bake for 2 hours.

Combine all glaze ingredients in a bowl, and mix well. Remove foil and brush the meat with half of the glaze. Return to oven and bake uncovered for at least 30 more minutes or until surface of the meat is deep brown and you see tissue separating from the bone. When the meat is almost done, brush once more with remaining glaze and bake additional 5 minutes (this is the time to throw in some pomegranate arils). Remove from oven and let it rest 15 minutes before serving.

If you have a household tip to share or questions for The Farmer's Wife, e-mail: Kristinamariesnyder@gmail.com or write her at: The Farmer's Wife, 1724 Randolph Road, Alfred Station, NY 14803.



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We are closed until further notice.

For those that have not heard, The State has mandated closure of movie theaters (as well as gyms, restaurants, bars, etc) effective Monday, March 16. Thus, we will be closed until further notice.

We will provide updates as we know them as to when we will be allowed to reopen, as well as what we will be showing at that time.

GUEST ESSAY

By **TERRY MORGAN**
Guest Essayist

I’ve been thinking more about race lately. Maybe you have, too. Don’t worry, nothing very profound or inflammatory here. But I have a recollection or two that, with some processing, may help me clarify my own thoughts. As a white male, I’ve never had to confront many racial matters ‘up close and personal,’ but that luxury may be coming to a close.

In 1949, when I was very young, my parents lived in a small town near Utica. It’s a worn cliché, but in those days, we neighborhood kids roamed freely, always under the eye of at least one stay-at-home mother. By age four or five, I wandered the neighborhood with a handful of others, usually within shouting distance of someone’s mother.

One of our favorite stops was at the small home of a woman living nearly across the street from my house. Her name escapes me all these years later; I know almost nothing of her except that

she lived alone and she often baked fresh cookies for the wandering tribe of kids on our street. Somehow, without smart phones, we knew when she was baking, and we’d gather by her front porch till she called us all in for a treat.

We’d assemble in her kitchen, waiting for the hot trays to come out of the oven and be set on the table. I remember a day when the cookies were not quite ready and she just talked to us for a few minutes. Slightly bored (I was five, maybe six, and the cookies filled my thoughts), I wandered into the adjoining living room and looked at a line of photos on her piano. Or it may have been a sideboard. I had to stretch a little to see the pictures. They were the standard array of family, parents, maybe even her children. The chatter from the kitchen continued. But there, in the next room, only a few feet away, my mind was trying to make sense of what my young eyes were seeing. All the people in her pictures had dark-colored faces! I checked and checked again. The people were definitely dark colored,

something I’d never seen before.

About then, new sounds from the kitchen meant the cookies were out and cool enough to eat. I walked the ten steps back to the kitchen. I tried to eat cookies and, at the same time, look at our favorite neighbor. And to my surprise, her face was dark-colored, just like the people in the pictures! I wondered if anyone else knew what I had just discovered.

I won’t lie; I was filling my mouth with cookies, but at the same time I was peeking at our neighbor. The same warm look, the same friendly smile, the voice we looked forward to hearing, but with darker skin than any of us.

This is the place where I should reveal some deep insight, a truth that shaped my young life from that day. But I have none. We loved her, we loved the cookies, and I assume she enjoyed having us fill her kitchen every few days that summer. I remember saying something about her darker color to my parents, who said how nice she was. That’s all.

Within a year, maybe two at the most,

she had moved away or perhaps died. Death had not yet entered my world, so the two were probably the same to me. Another family arrived, this one not at all dark-colored. And this memory, still surprisingly clear, surfaces every few years; I’m not yet sure where to file it in my mind.

Many of us can remember when we first heard a beloved song or saw a favorite movie. I can tell you exactly when I first heard Roy Orbison’s *Pretty Woman* or Sir Thomas Beacham’s recording of *Fauré’s Pavane*. And, of course, I remember when I first saw Alan Ladd as the quiet, reluctant gunfighter in *Shane*.

And I can tell you, with precision, the moment I discovered that humans are not all the same color. In a few years I would learn the huge importance of this to many people, but I treasure that short period nearly 70 years ago, before ‘color’ existed for me and maybe a group of small-town kids.

Terry Morgan, retired, English and Humanities Department, Alfred State College, lives in Andover.

COLLEGE NEWS

Alfred State reaches SOS Emergency Fund goal; to aid students

ALFRED—Thanks to the support of more than 200 donors and the SUNY Impact Foundation, Alfred State College will provide \$100,000 to its students in need through the Support Our

Students (SOS) Emergency Fund.

Alfred State launched the SOS fund in April to help its students who are dealing with food insecurity, financial concerns, tech-

nology needs, and more as a result of the disruption of campus operations due to the COVID-19 pandemic. With the fund’s \$50,000 goal now met, the SUNY Impact Foundation has agreed to match the amount, meaning that \$100,000 will be made available to these students.

Alfred State President Dr. Skip Sullivan said, “We are extremely excited about meeting our SOS fundraising goal and

grateful for all of the support this campaign has received. Alfred State thanks all of its donors, and extends a special thank you to the SUNY Impact Foundation for doubling the amount raised. Our students will greatly benefit from this generosity.”

Danielle White, executive director of Institutional Advancement, said, “I am thrilled that we were able to reach and surpass our \$50,000 goal for our Support

Our Students Emergency Fund campaign and qualify for the \$50,000 match from the SUNY Impact Foundation. The assistance that our students require, even just for basic life needs, is critical now more than ever. We are grateful to have incredible support from our alumni and friends to help ease their burden and ensure that they are able to continue their education and be successful.”

Alfred State lifts SAT, ACT requirements for applicants

ALFRED—Alfred State College (ASC) announces last week that it will not require an SAT or ACT score from prospective students applying for the 2020-21 and 2021-22 academic years.

This decision comes after the State University of New York (SUNY) Board of Trustees announced it is suspending the testing requirements at its colleges and universities for prospective students. While SUNY’s temporary waiver only applies for the spring 2021, fall 2021, and spring 2022 semesters, Alfred State is waiving standardized testing requirements beginning this fall and continuing through the spring of 2022.

Alfred State Vice President for Enrollment Management Betsy Penrose said, “With limited testing options available in 2020, Alfred State is pleased to join SUNY in waiving the standardized testing requirements through spring 2022. We understand that, due to the pandemic, many students were unable to take the SAT and ACT exams. Alfred State conducts a holistic review of applicants and considers many variables, not just test scores, upon admission. Now, students may be admitted to

bachelor’s degrees without those standardized scores and admission will lean more heavily on other factors such as high school grades and co-curricular involvement.”

Traditionally, standardized test scores were not required for admission into associate degree programs at Alfred State, meaning the waiver will impact students applying for bachelor’s degree programs.

“We are fortunate to have a myriad of educational opportunities for students at the associate and bachelor’s degree levels,” Penrose said. “Associate degree students have never been required to submit standardized test scores and these students perform well at Alfred State. Now, our bachelor’s degree applicants will have the opportunity to be considered without SAT or ACT scores.”

Alfred State will continue to evaluate each application individually using a holistic review to make the best decision for both the applicant and the college. A variety of factors are considered, such as individual program requirements, letters of recommendation, strength of academic program, and extracurricular activities.

CAMPUS NOTES

Duncan Bryant-Carty of Alfred Station and Vianna Koegel of Almond have been named to the spring 2020 Dean's List at SUNY New Paltz. The SUNY New Paltz Dean's List recognizes those students who excel academically and earn at least a 3.3 grade-point average in a semester with a full-time course load.

Emily Kokot of Almond, who is majoring in Graphic Design & Digital Media, has been named to the Champlain College Dean's List for the Spring 2020 semester. Students on the Dean's List have achieved a grade point average of 3.5 or higher during the semester.

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LOCAL NEWS DIGEST

Legislator Brooke Harris cards his first hole-in-one

ALFRED—Like father, like son. Allegany County Legislator Brooke Harris of Alfred carded a hole-in-one Tuesday morning, July 21 on the ninth hole at Vanderview Golf Course in Alfred, his first ace.

Brooke’s father, George Harris, has two aces at Vanderview, both on No. 6, where Alfred University History Professor Dr. Gary Ostrower recorded his first ace in July 2018.

Ostrower, prior to his weekly WLEA-AM1480 interview on the Newsmakers Show with Brian O’Neil, reported that he was on the Vanderview course Tuesday morning when he heard Harris yell that he got a hole in one, and offered his congratulations to Harris.

“I was coming off a three putt triple bogey on number 8,” Harris told the Sun. He aced the 105-yard Hole 9 “with a 52 degree wedge shot that landed just short, bounced on and tracked into the hole.”

Str8 Eight Day set for August 8

ALFRED—The lead up to the eighth annual Str8 Eight Day has not gone as we had imagined over the past year, but we are happy to announce that the festivities will continue as close to normal as possible!

The Terra Cotta Coffeehouse in Alfred will once again host the annual tournament – and first since November - on Saturday, August 8 but at an earlier 3 p.m. start time. Under the current Department of Health requirements, all participants will be required to wear a mask during the event – unless sipping one of the Terra Cotta’s delectable drinks – and there may be fewer tables spaced out to facilitate better social distancing. The grand prize remains an \$88 gift card with the winner’s name immortalized on the St8 Eight Day plaque.

As in years past, the Terra Cotta Coffee House will be offering an extraordinary Str8 Eight Day special of 2 focaccia sandwiches for \$8.88! Make sure to mention Str8 Eight for the discount and come out for the biggest tournament of the year for the game that is so associated with Alfred that the town’s name is on every card.

Additionally, the sixth annual Figure 8 Fun Run kicks off at 1pm on Str8 Eight Day. Come a few minutes early to sign up and run the approximately 1 mile course around the Pine Hill/Sayles neighborhood. Similar to the big tournament, bring a mask to wear at the starting line or when milling around after the race in case you are unable to appropriately social distance. Meet at 67 Pine Hill Drive, where Pine Hill and Sayles meet. Medals for the top 3 runners will be presented at the conclusion of the race.

Visit <http://str8-eight.com> for more information on

how to play.

Borrello slams illegals’ free tuition

ALBANY—Senator George M. Borrello (R-57th Senate District) and other members of the New York Senate Republican Conference Monday, July 20 slammed Democrats who have kept applications granting free tuition to illegal immigrants open while closing the Excelsior Scholarship application available to citizen students, whose families are struggling even more due to forced business closures during the coronavirus pandemic.

“Only in NYC-Democrat-ruled New York would you send law abiding, taxpaying families to the back of the line while giving illegal immigrants preferential treatment when it comes to college tuition aid. Every parent and student who was counting on the Excelsior Scholarship for the fall semester and is now desperately worrying about how to pay the August bill deserves an explanation as to why they’ve been put on hold while applications and aid are flowing for illegal immigrants seeking a free college education at taxpayer expense. It’s outrageous, unfair, and it symbolizes everything that’s wrong in Albany under One Party Rule,” said Senator George M. Borrello.

Nursing home staffers picket

WELLSVILLE—Staff of Highland Park Nursing Home in Wellsville, picketed at the facility on Monday, July 20 to protest their lack of a contract. Almost two years ago, Highland Park workers organized a union chapter in hopes of improving care and working conditions at the facility. In spite of months of negotiations, management has refused to agree to contract terms typical of other nursing homes in the region.

Highland Park employees are members of 1199 SEIU United Healthcare Workers East. 1199 SEIU members work at over 70 nursing homes in Western and Central New York, including at nearby Wellsville Manor Care Center.

IDAs’ 2018 project data listed

ALBANY—New York’s Industrial Development Agencies (IDAs) reported \$784 million in net tax exemptions in 2018, up 4.4 percent from 2017, according to an annual report that summarizes the performance of IDAs issued Monday, July 20 by New York State Comptroller Thomas P. DiNapoli.

In 2018, the Allegany County IDA had 8 projects valued at \$33 million that offered a net tax exemption of \$379,463 and created an estimated 74 jobs.

In 2018, the Steuben County IDA had 46 projects valued at \$1.17 billion, offering a net tax exemption of nearly \$11 million and creating 2292 jobs.

In 2018, the Hornell IDA had 13 projects valued at \$50.2 million that created 1178 jobs. The net tax exemption was not available.

In 2018, the Cattaraugus County IDA had 44 projects valued at \$165 million, offering a net tax exemption of \$1.8 million that created 533 jobs.

In 2018, the Chautauqua County IDA had 52 projects valued at \$814 million with a net tax exemption of \$15.3 million, creating 584 jobs.

Allegany Co. to collect E-waste

BELMONT—Allegany County will hold an E-Waste Collection Event from 9:30 a.m. to 12:30 p.m. Saturday, August 8, at the Belmont Transfer Station, 6006 County Road 48, Belmont.

For a full list of acceptable items or more information, please call Tim Palmiter, Allegany County Recycling Coordinator, at 585-268-7282.

Mitrano wants 5 debates with Reed

PENN YAN—Democrat Tracy Mitrano is challenging her opponent to five live televised debates spread across New York’s 23rd district.

Mitrano is calling on incumbent Republican Tom Reed to debate her in each media market in New York’s 23rd congressional district: Binghamton, Elmira-Corning, Buffalo, Syracuse and Rochester. Public health and social-distancing precautions should determine if there is an in-person audience for the debates.

Mitrano agreed to schedule debates on dates when Reed was in the district. The two debated just twice when Mitrano ran against Reed in 2018. One was in Olean and the other, in Corning.

Sun Spots

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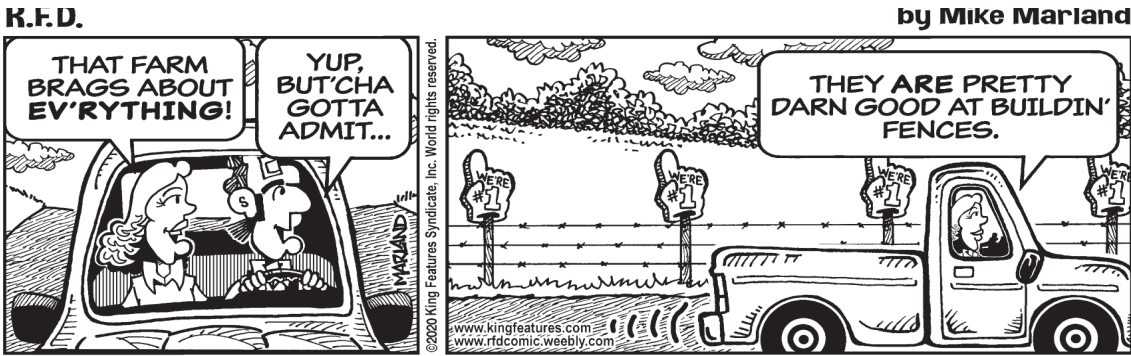
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Garish
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TODAY'S WORD

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King Crossword

ACROSS

1 Fleet from faraway?
5 "— Impossible"
8 Get a look at
12 Strict disciplinarian
14 Small grimace
15 Geometric curve
16 Former European capital
17 Can metal
18 "Gracias"
20 Orbital point
23 Affair of honor
24 Coalition
25 New Jersey borough
28 Coquettish
29 Parking lot structure
30 Bigwig, for short
32 "Semper —" (Coast Guard motto)
34 Toy block name
35 Thing
36 Angle
37 Destroyer
40 Pod occupant
41 Chimney grime
42 Irrational fear
47 Lip

DOWN

1 Ref
2 Sky safety org.
3 Bobby of hockey
4 Radio interference
5 A party to
6 Aviv lead-in
7 Heights
8 Mummify, maybe
9 Any time now
10 Play a prank on (Sl.)
11 Longings
13 Sacred wading bird
19 Listen to
20 Kimmel's network
21 Fall into a beanbag chair
22 Sauce source
23 Piece of information
25 Jif rival
26 Eye layer
27 Portent
29 Partner
31 Cauldron
33 Disturbed the peace
34 Argentine grasslands
36 Burn somewhat
37 Secondhand
38 Protuberance
39 Venetian magistrate
40 Get ready, for short
43 Literary collection
44 Lubricate
45 Wedding utterance
46 Venomous viper

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CryptoQuote

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

SG EOB BFFK TZ CTAF, HGO
ZFFK SQVFF SQTZPE: J
LTEQNGZF, J NJBWNGZF
JZK J AOZZH NGZF.
— VFNJ UBFBZSTVF

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28TH ANNUAL RIDGE WALK

Ridgewalk & Run will be virtual event this year

WELLSVILLE—Jones Memorial Hospital has announced that the 28th Annual RidgeWalk & Run will be a virtual event this year. The disappointing – but not unexpected – announcement comes after months of wrestling with how to ensure the safety of participants in the midst of the COVID-19 crisis.

“This is hands down the hardest decision we have had to make in the life of the RidgeWalk,” said Event Chair Jim Helms. “To be successful, the RidgeWalk needs the support of the Wellsville school system for registration and busing, as well as the more than 50 land owners who allow the trails to cross their land, and the local volunteers and sponsors who keep things running smoothly. Without all of these pieces in place, we knew a live RidgeWalk would not be possible and strongly considered just can-

celling it.”

Runners like Jim Helms will tell you that running is a great opportunity for clear thinking and it was during a solo run on the WAG trail that he got the idea to transition the 2020 RidgeWalk & Run into a virtual event.

“I realized the runners and walkers who look forward to the event love to share their adventures on the trails regardless of where those trails are,” he said. “The RidgeWalk committee agreed: If we can’t get together in person, we will hold a virtual event.”

So the first – and hopefully only – virtual RidgeWalk was born. The over 70 people who registered for the event prior to July 15, 2020 have three options. They can participate in the historic RidgeWalk & Run as virtual walk or run; request a deferral of their registration to

the 29th RidgeWalk & Run on October 17, 2021; or request a refund of the 2020 registration, minus the Run Signup processing fee. Requests for deferrals or refunds should be made no later than Saturday, August 15, 2020.

If you would like to continue to support the RidgeWalk & Run as a virtual event, the first step is registering as usual at <https://runsignup.com/Race/NY/Wellsville/28thAnnualRidgeWalkRun>.

“The registration process is the same and all of the standard distances are listed,” Helms said. “Complete the chosen route between October 10th and 18th and submit a completion form.”

The committee is asking participants to submit photos of their walk or run, which they hope will continue the spirit of the event by taking place on trails.

“We recognize this isn’t possible for everyone,” he added. “But we are encouraging people to post photos of their participa-



tion on Instagram (#ridgewalkrun) or The RidgeWalk & Run Facebook page or by Facebook Messenger.” You can also email pictures and stories to RidgeWalk@urmc.rochester.edu

The good news for RidgeWalk t-shirt collectors is that those participating in the virtual event will be mailed a 28th annual RidgeWalk t-shirt, noting that it was a virtual event. Because there are no sponsors, this year’s swag bag is limited to the t-shirt, which will be mailed in late No-

vember.

As usual, all proceeds from the RidgeWalk & Run will be used for community health initiatives. A link to registration can be found on the Jones Memorial Hospital website: jones.rochester.edu.

“It won’t be the same RidgeWalk,” Helms added. “But we hope that by holding a virtual trek and sharing the stories and photos will keep our RidgeWalk community connected during a difficult time.”

Star Watch

By ML WELLS
Alfred Sun Columnist

Stop the Presses! Extra! Extra! Extra!
New Comet - Must See!!!

Last March, astronomers spotted a new incoming. It rounded the Sun a few months later and is now headed back into outer space, beyond the orbit of Pluto. It will soon fade from our sky. SO go see it now!

Where to look: 10:00 p.m. - face North. It is visible to the naked eye below the Big Dipper which is standing on its dipper with the handle point up. It is about 1/3 above the North West horizon with its tail leading the way to the right.

No time for more now. More on comets next time! Go see it while you can!

6. Real Estate Rentals

MAPLE APARTMENTS
30 Glen Street Alfred, NY 14802

Apartment Available

- Seniors 62 years or older & disabled/handicapped (18 years or older)
- 1 bedroom apts /Accessible units available
- Limited subsidized rental available to qualified applicants
- Income limits apply
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TDD 1-800-662-1220 / NYS Relay Line 711

www.odsmgmt.com



10. Help Wanted

PART-TIME MAINTENANCE CARETAKER

Apartment Complex in Alfred, NY

ODS Management Inc. is a growing company focused on the successful operation of affordable housing properties. ODS is currently seeking a part-time maintenance caretaker for a 24-unit apartment complex in Alfred, NY.

Maintenance Assistant: (20 hours per week) maintenance position (additional hours possible seasonally). We are looking for someone who has a positive attitude, good customer service skills, trustworthy, punctual and has general maintenance experience in the areas of painting, lawn maintenance, snow removal, cleaning facilities and completing minor repairs.

Requirements

Previous experience with apartment complexes is preferred but not required. Flexibility, positive attitude, team orientation and willingness to learn are a must! A valid NYS driver license is required and the successful candidate must have a clean record and pass a criminal background check.

Competitive pay commensurate with experience.

Interested applicants should forward their resume and cover letter to lfurry@odsmgmt.com or fax to (716)542-2111.

ODS Management Inc. is an equal opportunity employer.



1. Items For Sale

FOR SALE: 8 track tapes, cassettes and CDs. Big collections! Also old records, 78s and a few antiques. Call 585-217-7104. 27-4x

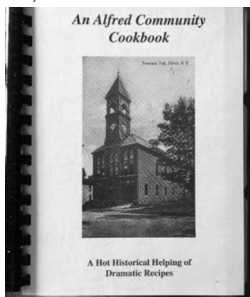
1a.Wanted to Buy

FREON WANTED: We pay CASH for cylinders and cans. R12 R500 R11 R113 R114. Convenient. Certified Professionals. Call 312-361-0601 or visit RefrigerantFinders.com

1c. Finds under \$50

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BUMPER STICKERS \$1.50 each. Order today! Send self-addressed stamped envelope w/payment to: Alfred Sun Bumper Sticker, Box 811, Alfred, NY 14802.



Alfred Community Cookbook: A Hot Historical Helping of Dramatic Recipes. Published by Alfred Community Theatre. Great family recipes. Anecdotes about Alfred's best cooks through the years. Great gift idea! Limited number of copies remain. \$15 each or 2/\$25 plus \$5 postage. Send check payable to "Alfred Community Theatre" to Box 811, Alfred, NY 14802.

FREE WELL ASSESSMENTS

Seeking area residents interested in having an on-site review of their private wells. The assessment considers site conditions, land use practices, well construction and maintenance in determining if conditions exist which could impact your well water quality. You will be given a well owner's manual and site-specific recommendations to help keep your water safe from contamination. Contact Catherine Rees of RCAP Solutions, Inc. at crees@rcap-solutions.org or 607-587-9598 to schedule an assessment. 30-tf

5.Real Estate Sales

Northern New York Residential property with St. Lawrence River views! A unique 7.6 acres, with main house and guest house on the property. Inquiries: threeriverspropertiesales@gmail.com

REALTORS: Sell that property in the SUN!

8a.Legal Services

BOY SCOUT COMPENSATION FUND - Anyone that was inappropriately touched by a Scout leader deserves justice and financial compensation! Victims may be eligible for a significant cash settlement. Time to file is limited. Call Now! 844-587-2494.

Recently Diagnosed w/Lung Cancer or Mesothelioma? Exposed to Asbestos Pre-1980 at Work or Navy? You May Be Entitled to a Significant Cash Award! Smoking History Okay! 888-912-3150.

10. Help Wanted

HELP WANTED: PT now, FT Jan-Apr or more in small tax office. Job includes phone, filing, copying, some exchange with client. Must know Excel, Word, mail merge. Some tax, QB input. Send resume, references. Elizabeth Schiralli CPA, 91 N. Main St. Wellsville, NY. Do Not Call. 27-3x

JOB OPPORTUNITY \$18.50 P/H NYC \$16 P/H LI Up to \$13.50 P/H UPTATE NY CDPAP Caregiver Hourly Pay Rate! Under NYS CDPAP Medicaid program you can hire your family or friends for your care. Phone: 347-713-3553

10a. Career Training

COMPUTER & IT TRAINING PROGRAM! Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Grants and Scholarships available for certain programs for qualified applicants. Call CTI for details! (844) 947-0192 (M-F 8am-6pm ET)

TRAIN AT HOME TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-543-6440. (M-F 8am-6pm ET)

13. Health

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150. FREE shipping. Money back guaranteed! 1-855-579-8907

14. Services

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-844-286-6771 or visit www.walkintubquote.com/new-york

DISH TV \$59.99 For 190 Channels + \$14.95 High Speed Internet. Free Installa-

tion, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. 1-888-609-9405

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Call Charlie Gaynor at 607-382-8089

17. Personals

Birthdays, anniversaries, other personal celebrations? Place a 2 col.x5" ad with photo in the SUN for only \$25!! Send email to: alfredsun.news@gmail.com

Pregnant?
Confused?

Talk with someone who really cares... Find out about the alternatives available to you Free pregnancy test... Call 1-800-648-HELP 24 hours every day for help with your problem pregnancy NOW... **CALL FOR HELP NOW! 1-800-648-HELP.**

20. Adoptions

Family-oriented single woman looking to welcome a child into her life. Any ethnicity welcome, expenses paid. Please call (347) 470-5228 or my attorney: (800)582-3678 for information.

21.Public Notices

Notice of Formation of
Limited Liability Company
(LLC)

Name: Sunny Cove Farm Store, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on May 26, 2020. Office Location: Allegany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 1444 Randolph Road, Alfred Station, New York 14803. Purpose: to engage in any and all business for which LLCs may be formed under the New York LLC law. 24-6b

E-mail legal advertisements to: alfredsun.news@gmail.com by 12 noon Mondays.

Write your ad here!

Count the words. 25 words. Four weeks. \$15 + 20 cents for each additional word over 25. Send check or money order payable to: "Alfred Sun" together with this form to: Box 811, Alfred, NY 14802.

In The Alfred Sun 75, 30, 25 and 10 Years Ago

Compiled By DAVID L. SNYDER

Alfred Sun Editor and Publisher

75 Years Ago, July 19, 1945

The Western S.D.B. Association will hold its regular summer session at Potato Camp, located ten miles east of Coudersport, PA on Route 6. All boys and girls between the ages of 10 and 18 are eligible to attend. Each camper is asked to pay \$6. The officers will be Pastor Rex Zwiebel, Dean Rev. Albert Rogers; Teachers A.J.C. Bond, Miss Lina Drake, Rev. Charles Bond and Dean Rogers. Pianist Mrs. Reva Stearns; Recreation Director, Everett Percy; Campfire Leader Pastor Rex Burdick; Cook (leave it to the director).

Word has been received that the S.D.B. General Conference which was to be held in Milton, Wisconsin, has been canceled on account of railroad difficulties.

Particulars have just reached us of the death of Miss Julia Davis of Shiloh, N.J. on April 1, 1945. At that time she was the oldest living graduate of Alfred University, being a member of the Class of 1874. Miss Davis was a member of the Shiloh S.D.B. Church for 81 years.

Postwar football is peeking around the corner at Alfred University with the reconstruction of Merrill Football Field from damage in the 1942 flood...Possibly no men will be available to form a team in 1946...In 1930 floodlights were installed furnishing 72,000 watts. The first game played "under lights" was Sept. 20, 1930 - Alfred 27, Clarkson 0.

The following Boy Scouts left Sunday for Camp Gorton: Cameron Hitchcock, Alexander Openhym, Burke Garr, and Harold Snyder.

Mr. and Mrs. John Button and daughter, Jean, of Andover, Mr. and Mrs. Robert Nicholson and daughters, Anne and Barbara of Bolivar, were Sunday guests of Mr. and Mrs. Ernest Button.

Maxine Henry and Janet Wheaton were preparing and serving the lunches at the school cafeteria for the benefit of the teachers who are attending summer school there and the employees of the Corning Center.

The first group of Fresh Air Guests will arrive in Alfred Thursday evening.

Seaman Robert Burdick, son of Mrs. Madeleine Burdick of this village, was on one of the boats that was struck by a suicide plane. Luckily he was not injured.

Rose Marie Emerson visited her grandparents, Mr. and Mrs. E.V. Greene, last week.

55 Years Ago, July 1, 1965

Diplomas were awarded to 59 seniors at AACS commencement exercises Saturday evening with seven of the class recognized as graduating with honors...Diane Brown, Jane Clicquenois, Peter Gray, Christine Lobdell, Philip Lockwood, Peter Randolph and Gregory Smith...

Miss Patricia Ann Richmond, daughter of Mr. and Mrs. Bert Richmond of 113 N. Main Street, Alfred, became the bride of Joseph Curtis Decker of Belmont R.D.#1 Saturday evening in a candlelight ceremony at the Alfred Union University Church...

Robin North, ten-year-old son of Mr. and Mrs. John Paul, will leave Monroe County Airport Monday morning for a five-day trip to California as a winner in the 2nd annual IGA Boys Contest...

Miss Linda Stearns was elected president of the Alfred-Almond Central School Senior High Student Council and Peter Eisenhardt was chosen president of the Junior High Student Council at Moving Up Day exercises two weeks ago.

Dr. and Mrs. Donald Polan, Britan and Barbara, were overnight guests of Dr. and Mrs. H.O. Burdick, Sunday, following the wedding anniversary of Mr. and Mrs. L. Ray Polan.

Frederick J. Pierce of Alfred Station, died Wednesday afternoon, June 23, 1965 at Bethesda Hospital following an illness of several weeks. He was 80 years old. He was born in the Town of Alfred where he was a dairy farmer for 50 years. For several years before his retirement he was employed by Alfred University...Survivors include his wife Edna S. Pierce; two sons, Lloyd and Donald both of Alfred Station; two brothers, Dr. Harrison Pierce of LaMirada, Calif., and Ira Pierce of Alfred Station; one sister, Mrs. Leon Lewis of Alfred Station.

25 Years Ago, July 20, 1995

Students returning to campus this fall will find Alfred University at a new address. Following a request from Alfred University President Edward Coll Jr., the Alfred Village Board of Trustees changed the name of East University Street to Saxon Drive at its July 11 meeting. Apart from the movers and shakers of Alfred University and the stalwarts of the U.S. Postal Service, most people may not have recognized its address as a crucial part of AU's identity. With the street name change, AU will be "moving" from a North Main address to a Saxon Drive one. In a related motion, the Village Board also changed the name of the existing Saxon Drive, located in the middle of the campus, to Steinheim Drive. Even before these name changes, neither the former East University Street nor the former Saxon Drive were what they used to be. Following a recommendation in the AU Master Plan adopted in the early 1970s, a pedestrian campus was established. In the fall of 1972 the upper block of East University Street leading to Howell Hall was closed to motor traffic. At the same time Saxon Drive was closed to drivers between the Science Center and East University Street...

Several area Scout leaders were recognized at the Thunderbird District dinner in May. Michael Link was recognized as a Collegiate Assistant Scoutmaster. Michael, a Troop 19 Eagle Scout, attends Alfred University and has continued to be active in the troop as a leader. Walter Schulze was recognized as Assistant Scoutmaster of the Year. Walter has worked with Troop 19 for the past seven years. Mary Stearns received the District Award of Merit. Mary is the unit commissioner for Troop 19 Pack 26 and Fire Explorer Posts in Almond and Alfred Station.

(Photo) A-A Physical Education Awards: Winners of the P.E. Award, sponsored by the Student Government and given by the Secondary Physical Education Department are Jessica Snyder, Eliza Grandusky, Jen Peck, Mark Aultman, Jeff Sootheran and Adam Weeks. The awards were given to the male and female in grades 7 and 8, 9 and 10, and 11 and 12 who attains the highest PE average for the school year.

An Almond native, Reverend Peter Leathersich, will be returning to the area to lead the worship service at the Hornell United Presbyterian Church on Sunday, July 23 ...He is the son of Glenn and Frances Leathersich of Canisteo, formerly of Almond. He is a 1956 graduate of Alfred-Almond Central School...At present, he is pastor of the First Presbyterian Church, Apopka, Florida.

Laura Renfrow and H. Allan Simpson were united in marriage in Trinity Episcopal Church--where the couple met four years ago--in Boston, MA. on Saturday, Nov. 12, 1994. The daughter of Mrs. Omer W. Renfrow and the late Dr. Omer W. Renfrow, the bride was given in marriage by her mother and her brother Omer. Her husband is the son of Mrs. H.E. Simpson of Alfred and the late Dr. Harold Simpson, who was a professor of glass science at Alfred University...

Notes from Palmiter Hill (By Rev. Albert N. Rogers) Reports are that Camp Harley staff survived the first week of camping, also finding muscles they hadn't been aware of. So adults learn as well as the campers, and find muscles they hadn't been aware of and become big brothers and sisters in this summertime of the outdoors...Watering the garden is the thing to do these days, so much better than shoveling snow come October and November...A friendly farmer cut our hay and hauled it away in bales. Such a difference from the methods of my boyhood when we used a hay loader and yelled to the driver when the horses' pace threatened to bury us. Mowing keeps down the brush that would quickly spring up given a chance, and I am glad the farmer can use the crop...This is the time for summer band concerts in the park. Sorry I missed the first one in the series. Band concerts provided good listening long before TV was invented...Family members from my boyhood in Brookfield, central New York, expect to visit us this weekend, possibly even my brother from Arizona. This is one of summertime's special treats, too!

(Photo) Members of the Alfred-Almond Youth Baseball All-Star Team that won their own tournament over the weekend include Cory Lawrence, Luke Harvey, Jarett Stuart, Ryan McElhenny, Cory Perkins, Brent Cline, Andrew McGraw, Kyle Moses, Aaron Allen,

Mark Young, Ben Lester and Danny Ormsby, with Coaches Mark Lawrence, Dennis Allen and Bob Young.

10 Years Ago, July 22, 2010

Summer always seems to be the season of change in the Alfred area and Summer 2010 is no different. With most students away, major projects are undertaken in earnest. Demolition of the Merrill Field Grandstand and press box has been completed and work is underway at constructing the new grandstand. Meanwhile, removal of the "old turf" on Merrill Field began on Monday, with work continuing at press time. Field Turf is expected to be installed in time for Alfred University's pre-season football camp in mid-August. The grandstand, meanwhile, is scheduled for completion just prior to the Saxons' season opener...Just down the street, work continues on construction of a new Alfred office of ServU Federal Credit Union at 180 North Main Street in the Village of Alfred...It is now expected that the new Collegiate Restaurant at 31 N. Main Street will open on Monday, August 2...Tim Koegel is planning to move his College Suppliers operation from Alfred Pharmacy to the Kampus Kave at 11 N. Main. At 7 N. Main, meanwhile, plans are underway to renovate for another restaurant.

Long-time Alfredian Evelyn Moland Thomas, 94, of Rochester, went to be with our Heavenly Father on Wednesday, July 14, 2010. Born in Alfred July 9, 1916, the daughter of Harold and June Burdick Moland, she was married on May 28, 1937 to Roger Thomas who predeceased her on August 17, 1989...She was a 1934 graduate of Andover Central School and the Hearst Private Business School in Buffalo. Evelyn served as Village Clerk for the Village of Alfred from 1943-1963 when she resigned and accepted a position as the secretary to the elementary school principal at Alfred-Almond Central School. She retired from that job in 1972. She and her mother operated The Corner Grocery Store in Alfred from 1943-1951 in the building that was destroyed by fire in October 2009. Most of her life was spent in Alfred until she moved to Rochester in 2003 to be closer to her two daughters...

Days Gone By (By David A. Crump) Most faculty walked from home to campus. The "suburbs" in the hillside meadows south and east of the village had not yet been built and nearly everyone lived in town. Pine Hill was reached by a climb behind the Steinheim and at the summit, a long trail went south until it reached the silver water tank....Lloyd R. Watson, professor of chemistry, was credited with changing bee culture on the planet in the tiny lab just off the apiary on South Main Street. He perfected under microscope the artificial insemination of the queen. Before this technique, the queen would mate in the air. Now, the process was controlled by Watson. His aim was to develop a longer-tongued bee for the U.S. clover crop. One of many side effects was bees with vanilla colored eyes...Bill Ellis, jovial pharmacist, provided a safe space in the day time for the retired village blacksmith. Mr. MacCombs would rise from his chair and go to the near storeroom to play euchre with students...

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HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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THE GLORY OF AMERICA

Thursday, July 23

Once described by John Adams as “an old Puritan, as honest as an angel and as firm in the cause of American Independence as Mount Atlas,” Roger Sherman helped to draft the Declaration of Independence, and served in both houses of Congress. The epitaph on his tombstone reads:

“He ever adorned the profession of Christianity which he made in youth; and, distinguished through life for public usefulness, died in the prospect of a blessed immortality.”

LAHAYE, FAITH, 134.

Alfred Area Church Directory

ALFRED-ALMOND AREA

HORNELL ALFRED UNITARIAN UNIVERSALIST SOCIETY—Now meeting at 10:30 AM the second and fourth Sundays of each month at 198 Main Street across from Hornell Cinema. The Rev. George Smith leads the group the second Sunday. Call 607-698-4508 or 607-522-7803 for more information.

ALFRED-ALMOND BIBLE CHURCH—Rt. 21, Almond. Pastor Ken Shutt. Pastor Justin Langley. Sunday School 9:30 am, Sunday Worship 10:30 am. EPIC (for teens) and EPIC Kids Club (K - 6th grade) 5:30 pm Sundays (Sept. - May), and Adult Bible Study 6 pm Sundays. Midweek Home Groups 7:30 pm. Vintage meeting Tuesday nights at church at 7:30 pm. Phone 607-276-6700. www.aabile.org.

ALFRED ASSEMBLY OF CHRISTIANS—Remembrance of the Lord in the Breaking of Bread, Sundays at 10:30 a.m.; Gothic Chapel, corner of Ford & Sayles, Alfred. Bible Study 8 p.m. Fridays in Almond. Call 607-382-4140 or e-mail lookup@frontiernet.net for more information.

ALFRED SEVENTH DAY BAPTIST CHURCH—5 Church St., Alfred. Adult Sabbath (Saturday) School, 10 a.m. in the SDB Parish House; Sabbath Worship Service at 11 a.m. Church Office: 607-587-9430. Pastor Christian R. Mattison.

ALFRED STATION SEVENTH-DAY BAPTIST CHURCH “Baptist with a Difference” Sabbath (Sat.) Worship Experience: Sabbath (Sat.) “Face to Face” (You will need a mask, and be willing to practice Social Distancing.) You will be dismissed row by row) 10:30 am Church Meetinghouse Opens; 10:30 am Contemporary Christian Music in the Sanctuary/ 10:45 am Traditional Christian Hymns; 10:55 am Classic Choruses. “Cloud Congregation” (Streaming Live) Sermon.net – www.alfredstationsdb.org; Alfred Station Seventh Day Baptist Church Facebook Page; Alfred Station Seventh-day Baptist Church You-Tube Channel. Pastor’s Phone 607-222-6023 Pastor’s E-Mail pastor.chroniger@gmail.com Campus at 585 Rt. 244 Alfred Station.

ABUNDANT LIFE MINISTRIES—Rt. 21, Almond. Pastor Everett Hasper. Sunday 10 am & Wednesday at 7:30 pm. 276-6201. www.almcommunity.org

ALFRED UNITED METHODIST CHURCH—1389 Moland Road, Alfred. Sunday services at 9 a.m. Nursery care available. Join us for Small Group one Saturday a month at 7:00 pm. Pastor: Rev. Stephen Crowell. Pastor’s Number: 716-982-6469. Church Office Number: 607-587-8355. Service day and time: Sunday at 9:00 a.m.

ALMOND COMMUNITY CHURCH—11 Main St., Almond. Join us Sunday Mornings: Bible Hour 9:30 am, Worship Service & Kids’ Club 10:30 am. Wednesday Morning Women’s Prayer Group at 9:30 am. Food Pantry open Tuesday, Thursday & Friday from 9 am to Noon. For more information, call (607) 276-6151 or email us at almondcommunitychurch@gmail.com or by mail at PO Box E, Almond, NY 14804. We’re your Community Church, please join us! Pastor Charles Emerson.

HARTSVILLE COMMUNITY BAPTIST CHURCH—Purdy Creek Road, Hornell. Pastor Charles Williams. Sun. School 9:30 am, Worship 10:30 am.

HILLEL AT ALFRED—Friday night services 6:30 pm at Melvin Bernstein Hillel House, 18 S. Main St., when AU is in session. Add’l services & programs throughout year. For info, call Larry Greil (871-2215 work, 587-8694 home) or Barbara Greil (587-4313 work).

INSTITUTE OF DIVINE METAPHYSICAL RESEARCH—Sundays 12 noon at Almond Grange, Almond. Choir starts 11:40 am. Meetings Tuesdays and Thursdays 7:30 to 9:30 pm at Almond Grange Hall.

LIGHTHOUSE CHRISTIAN FELLOWSHIP—Randolph Road, Alfred. Pastor Roger Gardner. Worship 10:30 am Sundays. Kingdom Life School of the Bible 9-10:30 a.m. Saturdays at Seidlín Hall Room 114, AU campus. Student Prayer Meeting 7 p.m. Mondays in Scholes Library Rm. 218. Small Group Gatherings throughout the week. 607-382-4217.

SS. BRENDAN AND JUDE PARISH—Father James W. Hartwell, Pastor. St. Brendan Church, 11 S. Main St., Almond. Weekend Mass: Saturday, 5:00 p.m. Weekday Masses Monday, Wednesday, Friday 9:00 a.m.; St. Jude Chapel, Lower College Dr., Alfred (on the Alfred State College campus). Weekday Mass Thursdays 7:00 p.m. Weekend Masses Sunday 11 a.m. & 5 p.m. Office phone: 607-587-9411, Rectory phone: 607-276-5304.

UNION UNIVERSITY CHURCH—Alfred, 10:30 a.m. Sunday at 5 Church Street. A multi-denominational community church welcoming all faiths. Infants nursery, K-6 classes during service, youth programs. Church Center at corner of Main and Church Streets, Rev. Laurie DeMott. 587-9288.

ANDOVER AREA

CHRISTIAN & MISSIONARY ALLIANCE—5 Rochambeau Ave. andoveralliance.com Rev. Philip Barner, Sunday School 9:00 AM, Worship Service 10:00 AM – Worship Team Coffee Fellowship time before and after Worship Service. Wednesday – Bible Study / Prayer Meeting 7:00 PM.

BLESSED SACRAMENT CHURCH—26 Elm St., Andover. Father James W. Hartwell, Pastor. Weekend Mass Sunday 9:00 a.m. Office phone: 607-478-8885; Rectory phone 607-276-5304.

CHENUNDA CREEK FELLOWSHIP—Mennonite congregation of believers in the Town of Independence, five miles south of Andover. Sunday School 9:30, Worship 10:45 a.m. Pastor Stephen Richard 585-610-0166. Phone 478-5277.

FIRST BAPTIST CHURCH—14 Elm Street. Pastor Calvin Densmore. Sunday School 9:45 am, Morning Worship 11 am. Wed. night Bible Study 6 p.m. AWANA 6-7:30 p.m. Food Pantry available at Church. Clothing Closet Mon. 10-1 and 4-7 pm, Fri. 10-1.

FIRST PRESBYTERIAN—E. Greenwood St., Andover. Worship Service at 10:15 AM, Coffee hour before service. Pastor Christian R. Mattison.

ZION’S HILL MINISTRIES—23 Barney St., Andover. Services: Sunday 10:30 am. Wednesday Night Bible Study 6:45 p.m. Pastors Mary and David Nevol. Phone 716 498 0119.

Call 587-8110 or e-mail changes to: alfredsun.news@gmail.com. Thank you!

CHURCH NEWS

9th Commandment topic of Sabbath sermon

ALFRED STATION—Did you know heard that your friends and neighbors at the Alfred Station Seventh-day Baptist Church are now enjoying “Face to Face” Worship Experience? You are invited to Worship this Sabbath (Saturday) July 25. The doors of

the church-meetinghouse open at 10:30 a.m. While sitting in the Sanctuary Worship through Contemporary Hymns of Praise, Classical Hymns, and at 10:55 a.m. Modern Choruses. At 11 a.m. the Sabbath Worship Experience begins with the ringing of the Church meetinghouse Bell.

When you come to ‘Face to Face’ Worship Experience please wear a protective face mask, be ready to answer three questions about you and the virus, experience social distancing in the sanctuary and be dismissed at the close of the Worship Experience row by row.

This Sabbath we continue our examination of the Covenant Document, called the 10 Commandments. This Sabbath’s Sermon is “She said What?” a look at the 9th Commandment. “You shall not bear false witness” concerns itself with formal witness as in a courtroom, the way a person lives life, and gossip. Of course, we will be attempting to ask, “How does this work in the

way we live in the 21st Century.

At 10:55 a.m. we welcome the “Cloud Congregation” through live participatory Streaming at”:

Streaming.org- www.alfredstationsdb.org

Alfred Station Seventh-day Baptist Church Facebook Page

Alfred Station Seventh-day Baptist Church You-Tube Channel

If you would like to join us for this Sabbath’s (Saturday) July 25, “Face to Face” 11:00 am Worship Experience? The Church Meetinghouse is located at 585 Route 244 Alfred Station. If you desire further information please call the church office at 607-587-9176.

Hope you will join us on Sabbath July 25, in “Face to Face” or “Cloud Congregation” Worship. One more thing, whether participating in the Worship Experience through the “Cloud Congregation” or “Face to Face”. Please bring your bible either hard copy or digital.

Church holding outdoor services

INDEPENDENCE—Chenunda Creek Fellowship invites all to worship with them at their outdoor service at 9:30 a.m. each Sunday. Bring a lawn chair! Coffee is served at 9:20 a.m.

The Chenunda Creek Fellowship Church is located midway between Andover and Whitesville at the crossroads of Independence Road and County Rt. 22.

Call Pastor Steph for details or more information at (585) 610-0166. The church follows social distancing guidelines to protect those who are most vulnerable.

“For no one can lay any foundation than that which is already laid, which is Jesus Christ.” 1 Cor. 3:11

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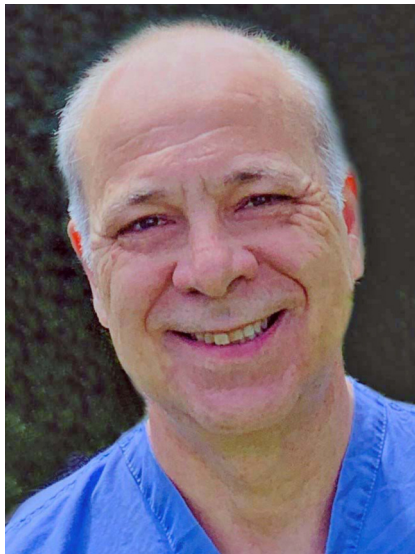
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ALLEGANY COUNTY NEWS

Allegany County has 75 cases of COVID-19 as of Tuesday

BELMONT—In the United States, the COVID-19 virus has infected approximately 3.9 million people, and there have been over 143,000 deaths. According to the New York State Department of Health COVID-19 tracker, there have been 407,326 confirmed COVID-19 cases, and there have been 25,056 deaths statewide. As of 1:00 a.m. on Tuesday, July 21, Allegany County's statistics for are as follows:

Confirmed Cases: 75

Recovered Cases: 71

COVID-19 Related Deaths: 1

Total Quarantined/Isolated to Date: 1,062 (This number was reported incorrectly on the 07/19 report.)

Released from Quarantine/Isolation: 1,031 (This number was reported incorrectly on the 07/19 report.)

Currently Quarantined/Isolated: 31

Precautionary Travel Quarantines to Date: 127

Total COVID-19 Antibody Tests Given: 578

Total COVID-19 Antibody Positives: 22

If your life or someone else is in imminent danger, call 911. If you are in crisis and need immediate help, please contact the following resources:

COVID-19 Emotional Support Hotline: 844-863-9314

Allegany County Crisis Hotline: 888-448-3367

Allegany County Community Services: 585-593-1991 (Monday-Friday, 8:30 a.m. to 4:00 p.m.)

National Suicide Prevention Lifeline: 800-273-TALK (8255)

NYS Text Line: Text "GOT5" to 741741

Veterans' Crisis Lifeline: 822-273-8255 (Press 1)

For additional COVID-19 questions and information:

Call: 585-268-9250 (Health Department)

Email: healthinfo@alleganyco.com; Website: www.alleganyco.com

Facebook: Allegany County, NY, Government & Allegany County Department of Health

For re-opening questions and information:

New York Forward Website: <https://forward.ny.gov/>

Allegany County's Website: <https://www.alleganyco.com/coronavirus/reopening-allegany-county/>

Jones now has Sleep Disorder Center

WELLSVILLE—A sleep disorder is more than just being tired. Sleep deprivation can put you at risk for a number of chronic health conditions including asthma, heart attack, and high blood pressure. If you have trouble falling asleep and staying asleep, wake up groggy, or feel drowsy during the day, maybe it's time to talk to your provider about the Jones Memorial Hospital Sleep Disorder Center.

A sleep study can identify the reasons you are not getting the rest you need. There are many conditions that can be identified with a sleep study – including restless legs syndrome, narcolepsy, and insomnia – but the most common problem identified by a study is sleep apnea.

"This a potentially serious sleep disorder – especially for people who have had a stroke or heart attack, or are dealing with have diabetes, heart failure, hypothyroidism, and high blood pressure," said Daniel Covel, Director of Acute Care Nursing at Jones. "Those who have these conditions are more likely to have sleep apnea and should consider having a sleep study."

Sleep apnea is snoring interrupted by periods of silence, gasping, or choking during sleep. As the soft tissues and muscles in and around the throat relax, the airway becomes narrower, causing snoring and breathing

difficulties. If these muscles relax too much, the airway can become completely blocked and prevent breathing. After a short period of time—ten seconds to two minutes—the brain realizes there is a lack of oxygen and alerts the body to wake up.

"Sleep apnea can occur hundreds of times during the night and the person is not even aware of it," said Jodi Rogosinski, RPT (registered polysomnographic technician). "During a sleep study, the person is attached to 25 leads that record their brain waves, blood oxygen level, and heart rate, breathing, and eye and leg movements."

Sleep studies at Jones Memorial are reviewed by physicians Dr. Neil Kline and Dr. Alex Strassberg, sleep medicine specialists who make a diagnosis and recommend the best course of treatment.

"The final report and recommendations are sent to the referring provider," Jodi said, adding that sometimes a second study will be ordered. "If sleep apnea is identified and a CPAP is the treatment, it can be difficult to optimize the settings either as part of an initial study or with a trial of therapy at home."

A CPAP (Continuous Positive Airway Pressure) therapy delivers lightly pressurized air through a small nose mask while you sleep. The flow of air acts like an air splint to keep the upper airway open and prevent snoring and apneas. Most people experience almost immediate and total relief.

For more information about sleep studies at Jones Memorial Hospital Sleep Disorder Center, talk to your healthcare provider or check the hospital website: jones.rochester.edu.



MATTERS of Finance

By MATHEW S. HILL, CFP®

Financial Advisor

Now May Be Time For A Financial Reassessment

We're experiencing a period of upheaval in the world today, which has also had an impact on the economy and markets. Given the spike in volatility and uncertainty we're seeing in the broader economy, it may be time to step back and carefully review your financial life.

Take some time to assess where you stand and whether it may be appropriate to make any adjustments in your strategy. Here are four key questions to ask about your current financial circumstances.

#1 – Do you have enough cash to meet short-term needs?

A healthy cash reserve is important in times like these. A general rule of thumb is to have enough cash on hand (held in readily accessible accounts) to meet three to six months' worth of expenses. But given today's economic uncertainties, it may make sense to set aside up to nine months' worth of cash.

#2 – Are you comfortable with the level of risk in your portfolio?

Investment markets have been volatile since the start of 2020 and may continue to be for the coming months and maybe years. Unsettled markets can be a real test of whether you are comfortable with your investment strategy or if the level of risk in your portfolio is keeping you up at night. Given the disruption that's been occurring, a portfolio review makes sense.

#3 – Do you have a solid protection strategy in place?

This is an opportune time to make sure that you and your family are adequately insured. Health insurance is a good place to start, particularly if your work situation has changed in recent months. The importance of adequate life insurance is more evident in times like these to protect the wellbeing of your family. Look at other protection options too, such as disability income insurance and long-term care coverage to meet specialized care needs, especially as you grow older.

#4 – Is your financial plan still on track?

Finally, take a careful look at your overall financial plan. Are you still on track to achieve the key goals you initially established? Does your plan require adjustments based on circumstances that have changed? Given all of the events of recent months, this is the right time to review your plan to make sure you are still heading in the right direction.

Be sure to connect with your financial advisor to explore these questions in more detail and keep your financial life in order.

Mathew S. Hill, CFP® is a Financial Advisor with Cadence Wealth Management Solutions, a private wealth advisory practice of Ameriprise Financial Services, Inc. in Alfred, New York. He specializes in fee-based financial planning and asset management strategies and has been in practice for 19 years. To contact, email mathew.s.hill@ampf.com or call (607) 587-9696, 10 Church Street, Alfred New York 14802.

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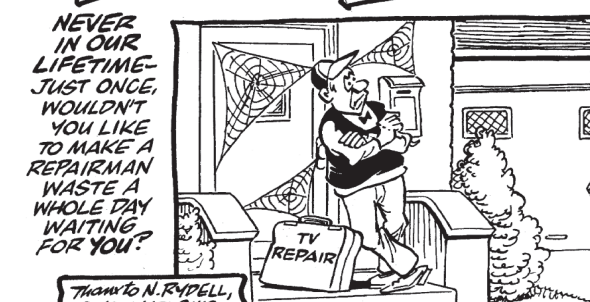
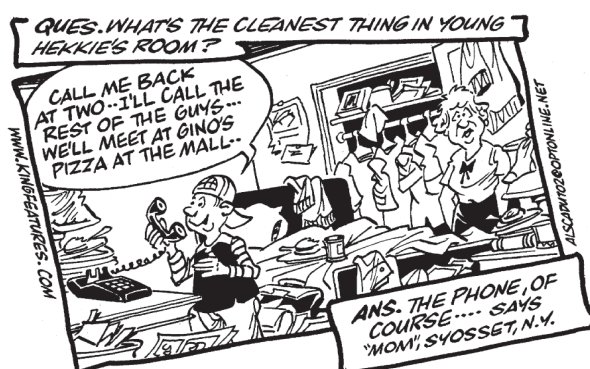
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Pandemic Escapes



Photos above from left: On the steps of the old hotel on Christmas 1914 with (from left) the author's mother, great grandmother, and the baby cousin who



grew up and eventually was the last person to live in the hotel; The hotel in the 1920s with sign on the roof saying "Tourist's Home."; A portrait of great-great



grandparents, married in 1835; and, below, Pritchard family on the porch of the old hotel, Thanksgiving Day, 1920.

Wyoming: Real travel and time travel

By LINDA HUEY
Special to the Alfred Sun

Her search for her roots took her to Slab Creek, West Virginia. But in 1907, Linda Huey's ancestors, the Pritchards, moved to Wyoming and built a "hotel."

"Count me in!" was my excited response during a conversation at the Thanksgiving dinner table in 2015. My brother, Paul, and his wife, Lois, retired archaeologists who love to travel, had just announced that they were planning to take a trip to Wyoming. Suddenly my sleeping sentimental memories of visiting there as a child awakened with a jolt. It was going to be a wonderful trip.

My mother had grown up in Wyoming, so my childhood was sprinkled with family road trips from New York State to visit relatives there. I nostalgically remember my mother's aunt's ranch. I also fondly remembered visiting what we called the "hotel" that had been built by my great grandparents after they moved from Slab Creek, West Virginia to Wyoming in 1907. It was actually not a hotel but a large rooming house that one of my mother's unmarried aunts lived in at the time. My sentimental feelings for it were also fueled by seeing many old family pictures of my mother, who was born in 1912, with family members on the porch of that old hotel. It was now more than 50 years since I had last visited, and I was wondering if the building was still there. We studied satellite images of the little town where they lived, looking for the old hotel, but could not find it.

Using the internet, we were delighted to confirm that descendants of the family were still running the ranch, and doing well. We learned that the small town had refurbished its old school into a community center, which seemed to be an amazing accomplishment for a town with a population under 100. The only other establishment we could find was a beer and burger café in the middle of town.

Our rental car took us through the breathtaking landscape that was as dramatically huge and mind boggling as ever compared to the familiar northeast. We drove the long miles of highway into forever distances until we finally reached a nearby town, where we asked for directions. Told to make a turn off the main street, we were then on our way through 20 miles on a washboard road that became increasingly narrow and less travelled, through beautiful sagebrush covered range. We passed a sign that read "Slow - Cows in Road." Indeed, cows were in the road, and defiantly waiting for us. They stood motionless in front of the car, staring at us with an expression of "What are you doing here?" We looked back at them with the same question.

Eventually we reached our destination without passing another car. Driving through the middle of the quiet town, my brother looked to the side and said "There it is...the old hotel!" I was totally thrilled and amazed that it was still standing. We immediately parked in front and explored around it, looking in all the windows. No one appeared to be living there, but it was certainly full of lots of "stuff."

Knowing we could return later, we

went off to unpack at the rental cabin we had found. After we settled in I called my distant cousin who was now running the ranch. Even though he was going to be "hauling bulls to North Dakota" the next day, arrangements were made to have lunch with his parents who also lived on the ranch. When I asked him about the old hotel, he said it was still in the family (after more than a century) and that one of my mother's cousins was the last to live there before she died in a nursing home in 1995, about 20 years earlier. It was now owned by her 80 year old daughter, who

lived several hundred miles away. He said sometime in the past he had wanted to "gather it up," a local expression which I realized meant to buy it. If we wanted to see inside, he told us who had the key.

But first we went to visit the ranch where a delicious lunch was waiting for us. I had actually now met five generations of the family who ran the ranch. It was as if time had stood still and I was a stationary observer. The two most recent generations lived in the original ranch house across the road.

The ranch looked surprisingly similar to what I had remembered when my mother's aunt lived there. The house, although enlarged, still had the same living room, dining room, and bedrooms. Outside, several ancient sod-roofed log buildings looked the same and were well preserved. The ranch seemed to have even more animals than I remembered, among them Black Angus calling for their calves (a sound that I remembered from long ago), a dozen or more horses, goats, chickens, cats, dogs, and puppies. The same beautiful mountains lay in the dis-

tance. Life was still good!

We had made an appointment that afternoon to meet the man who had a key to the old hotel. We walked across the little wooden footbridge in front of the house where my mother and her little cousins had sat as children and dangled their feet in the water. From there, we climbed onto the porch with that familiar shapely turned pillar seen in our old family photographs from the early 1900s. Inside the front door and into the living room, it seemed apparent that unwelcome intruders had left a chaos of junk



been left by the last inhabitant, my mother's cousin, twenty years before.

Most impressive were old family photographs still hanging on the walls. We gently took one down to see what it said on the back: "West Virginia." The photo included a very large group of people and was taken around 1900. On the far right side of the group in the photograph I recognized our Pritchard great grandparents with their seven children that included my mother's mother. On another wall was an even older looking portrait of a young couple, who I later found out were my great great grandparents who were married in West Virginia in 1835. Certainly too valuable a family picture to be left hanging there forgotten!

In the living room, an old saddle was propped on an easy chair. Things like boxes of Christmas wrapping paper, cans of Raid, and an old iron were here and there. In the kitchen, the old wood stove and hutch had a mix of pots and pans and

dishes, along with brand new looking unopened packages of napkins and toilet paper, and bottles of medication. A half full jug of maple syrup sat on the table.

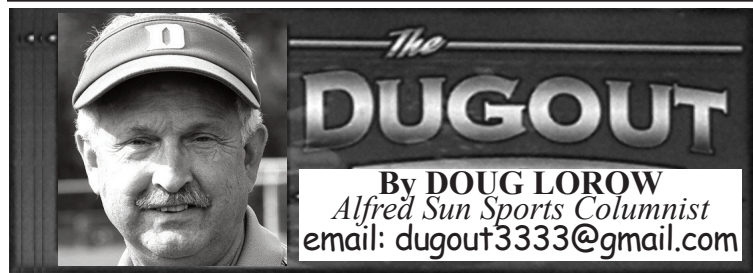
We then went up the narrow stairway to the bedrooms. There were about eight rooms with their room numbers still painted on the doors, and each room still had an old bedstead, bedding, various pieces of clothing, bureaus, and trunks filled with unknown mysteries. Another stairway to the large attic revealed more artifacts...old radios, gas lanterns, a churn, books, baskets, chairs, etc. The whole house was like a magical time capsule and a museum of Pritchard history containing scattered heirlooms laden with sentiment. The condition of the house was not as bad as it would be perhaps if it were located in the more humid east coast, causing more rot. It seemed solid, but not necessarily savable. It did appear to be slowly relaxing lower into the ground.

We all thought about how something might be done to save the house and its contents, and fantasized how we could help. But that would happen only if the present owner in the family wanted us to. It had been at least three years since she had been there, and at her age it was not getting easier for her to do the long trip from where she lived. She was a second cousin that I had never met. At some point in all this I realized she was the one I had heard about when I was a horse-crazy young girl and I had been sent pictures of her as a trick horseback rider in rodeos.

I was able to get her phone number. When she picked up the phone, I explained who I was and how we were related. She immediately volunteered "I just can't give it up" in reference to the old hotel. Realizing the depth of all her connections and memories, I really could appreciate what a strong force sentiment can be. The seemingly abandoned hotel was loved and cared about, if not cared for.

The house remained as a powerful witness and physical connection to our ancestors. I had to tear myself away from caring, and came home wondering what to do with this amazing experience. I began to think of questions... such as why the Pritchards left West Virginia in 1907 and why they had chosen a little town in the middle of Wyoming to move to. That led to a wonderful project of contacting long lost relatives for stories passed down, historical study with a variety of approaches, newspaper research, and another amazing trip back to Wyoming the next year to find more information. My husband and I ended up writing what I call a "book" complete with many details and old pictures of the family on the ranch and in front of the hotel.

But this story is not over. The "book" stirred up sentiment in family members who still live in Wyoming, and my second cousin who seemed to not want to give up the hotel actually sold it to another Pritchard descendant who is younger. We will see what happens next!

**HITS AND MISSES:**

The Empire Eight Conference (E8), of which Alfred University is a member, has announced the postponement of all sports for the fall of 2020 due to the ongoing coronavirus pandemic. Speaking strictly of the AU Saxons home football slate, it was to be a great one: Hobart-Ithaca-Cortland-Brockport-SJ Fisher. Pretty tough to top that with solid Liberty League foes and long time rivalries with the Statesmen and Bombers, plus the top three E8 programs coming to Merrill Field. Great for the fans, not sure how the AU coaching staff viewed that daunting schedule? Anyhow, anyone for spring 2021 football at the Division III level? Emailed AU athletic director, Paul Vecchio on the subject of the cancelling of the fall sports at AU and in the E8 and he (politely) informed me that, "the operative word here for the fall seasons is postponed, not cancelled and we hope to play these schedules, as much as possible, in the spring." Only a guess on my part and thinking that for football it might just be a slate of games within the E8. If that comes across that way, have no idea how the fall of 2021 will look. For safety reasons all of this makes perfect sense, but for an awesome home football slate, it is quite frustrating.

"Across the street" at Alfred State College, I contacted their SID, Paul Welker about the fall football schedule and it was "no updates" as of this weekend past. The Pioneers travel all over the place for football, in particular, and for that reason alone I could see their season called off as well this fall.

And how about this one in Division III football, as St. Thomas in Minnesota is jumping directly to the D1 ranks and will be playing in the non-scholarship, Pioneer Football League. That league is "all over the place" as well with games in California, Florida and New York. Teams in it include: San Diego, Dayton, Drake, Davidson, Marist, Stetson, Morehead State, Butler, Jacksonville and Valparaiso ... Valpo! These teams are in the FCS of the NCAA ranks. San Diego is the dominant program in this grouping. St. Thomas was booted out of their D3 league, the MIAC, for winning too much! The Tommies fell in the 2012 and 2015 championship games at the Amos Alonzo Stagg Bowl to Mount Union both times.

The Colonial Athletic Association will not have a fall football schedule this season either (but) member teams are allowed to pursue a slate of non-league games on their own. "Little different," to say the least. James Madison is a member of this league and they have grabbed the regular season championship three of the past four years. Attempts to reach the "Cage Man" of the Dukes on this subject were futile with spotty phone service in New Hampshire over the weekend past. The A-A grad would've normally been biking to Alfred but switched gears and headed up to the New England region instead. The University at Albany is in the CAA as well.

The NFL is set to open up their camps this week and just don't see how this season is going to be able to take place. For starters, this contact sport is hardly conducive to "safety protocols" and how do you otherwise take precautions? Under "normal" conditions ... will we ever get there?, would love to see a season and take in some Tampa Bay Bucs games with the likes of A-A grads Jake Taft, Mr. Timmer, maybe Brownie and Our Man over from the opposite coast. A Packers game with McDrip was on the back burner. Don't see any of that taking place right now.

And MLB is supposed to start this weekend with COVID-19 all over the place in Florida. How are the Miami Marlins and Tampa Bay Rays going to be allowed to travel to New York to take on the Yanks and Mets, for example? Along with the Atlanta Braves. Both states on the "Cuomo Quarantine List!" And sure the MLB East Division is "thrilled" about heading to Florida for games! Also, Canada says "no go" to USA teams playing in Toronto, so where do the Blue Jays play their home games? Their "AAA" affiliate is in Buffalo, a logical replacement home, but apparently the lights at Sahlen Stadium aren't exactly "MLB worthy." Now, not sure if the lights at Frontier Field in Rochester are any better, but they'd be the next closest "AAA" stadium! Would the parent Minnesota Twins allow that? Would the Red Wings want that? Have no idea but the 'Jays need to make a decision pretty quick. Can't see Toronto playing their home games at their spring training site in Dunedin, FL.

Watched four-innings of the NY Mets and NY Yankees spring training game at Yankee Stadium on Sunday past. Really eery without fans! The Yanks open at Washington on Thursday (7/23) and with a great pitching matchup: Gerrit Cole versus Max Scherzer. Two of the 6-7 best starting pitchers in the game today and going head-to-head. Right there with Jacob deGrom of the Mets, Clayton Kershaw of the Dodgers, a healthy Blake Snell in Tampa Bay and probably Stephen Strasburg, also of the Nats. (If) the Yanks stay relatively healthy, like their chances this season at another World Series appearance and hopefully knocking off the Houston Astericks* along the way.

Guess the NBA starts pretty soon. Well, unless LeBron James has already declared himself and the LA Lakers as the champs.

Guess the NHL will begin play ... sometime as well. Have no

Empire 8 postpones fall sports competition

ALFRED—Due to continued challenges presented by COVID-19, Alfred University and fellow members of the Empire 8 Conference will not be engaging in athletic competition this fall. The conference announced this evening that the Empire 8 Presidents Council has voted unanimously to postpone all fall competition in the sports of men's and women's cross country, field hockey, football, men's golf, men's and women's soccer, women's tennis, and women's volleyball.

"Empire 8 member institutions have been working since the advent of COVID-19 to ensure the health and safety of all members of our respective communities, including our student athletes, as we anticipate reopening our campuses this fall," the conference said in a press release announcing the decision. "However, the continued evolution of the virus has presented significant new challenges for safe competition."

The press release noted that the Empire 8 is "committed to providing all fall student-athletes with a meaningful conference regular season and championship tournament experience in the spring of 2021, provided it is safe to do so." While the postponement of the fall sports season is no doubt disappointing to many in the Alfred University community, Mark Zupan, Alfred University president, and Paul Vecchio, athletics director, said that it was the correct decision.

"Athletics has long been a key component of Al-

fred University's ability to transform student lives and better our world. It is thus with great regret that we have joined with the other colleges and universities in our Empire 8 league to move our Fall sports to the Spring semester. We have opted to do so in light of COVID-19 and keeping the health and safety of our student athletes, coaches, and broader Alfred University community at the fore of our decision-making criteria," said Zupan, who sits on the Empire 8 Presidents Council.

"It is with deep sadness that we are forced to make the decision to postpone all Fall athletic competitions at this time but the current risks to students, faculty, staff and community outweigh our opportunity to compete," Vecchio added.

Vecchio noted the important role student-athletes, coaches and members of the athletics department staff play in promoting a safe and healthy campus environment.

"It is incumbent on each and every one of us in Saxon athletics to take the steps necessary to control and eventually defeat coronavirus and that comes with great personal responsibility," he said. "We all want to compete again but it will take all of us doing what is required in the coming months. In the meantime we are working to set up as many team opportunities – be it skill or strength and conditioning training – to have our student-athletes prepared to compete for Empire 8 championships when we return to competitive play."

THE DUGOUT CONTINUED...

idea when, no idea where or how many teams are involved? The once-legendary Kaz in NC says, "doesn't matter, the Hurricanes will win the Stanley Cup!"

Apparently Tim Koegel and Brent Reynolds (A-A) plus Mike Novak from Geneseo soccer, and family members, all in Watkins Glen this past weekend and none of them saw each other!

Last week in this space I mentioned the name of basketball star, Maya Moore of UConn-Olympic-WNBA fame in hoops and while I thought that fellow UConn superstar, Breanna Stewart might be the most decorated women's basketball player of all time ... Moore probably is! The National Gatorade Player of the Year in high school, two-time NCAA champ at UConn, National Player of the Year at UConn, WNBA Rookie of the Year, Olympic Gold in 2012 and '16, WNBA champion in 2011-13-15-17, league MVP in 2014, finals MVP in 2013, All-Star game MVP in 2015-17-18, FIBA World Champion MVP in 2014, winner of championships in the Euro-Spanish-Chinese leagues and then took time off from her Minnesota Lynx team in the WNBA to fight to free Jonathan Irons from Missouri that she felt was wrongly convicted. And, she was a winner in that as well with Irons being freed recently due to her great efforts.

(If) the WNBA begins play this summer, August could have the WNBA-NBA-NHL-MLB all going at once with the NFL perhaps looming. First no sports, now maybe all sports! Key word ... maybe.

July in years past was always a week in Indian Lake at the Lone Birch Motel in the ADK's. Starting going up there when daughter, Lauren was in 8th-grade and with classmate Chels Lindahl along that first year. Had "no idea" if 3L would want to come up again the next

year as I love the Adirondacks but didn't know if she would? Well, think we went there for 12-13 straight years, Bob & Becky McGill plus Amanda at a great place for us. Over the years others would join us: the "non-athlete" from Webster, Lindahl again, Jess Herbst the most, Brooke "Red" Easton, Kelly Holman, the "Shifty One" from Cheektowaga/Geneseo plus Geneseo soccer player and eu-chre standout, Meg "Pam" Verdino. Verdino in one of best happenings when she was going to order from "The Ice Cream Lady!" Rian Jock from Geneseo soccer stopped by one year as well. Usually a stop in Utica along the way there either to meet Doris Springer for breakfast or a few times for the Utica Boilermaker 15K. Miss those days but a great run!

Apparently Phil Mickelson on the PGA Tour has been at the Sherman Hills GC in Brooksville, FL and seen the likes of Scummer with his long-range putter in use, out in the fairway. Mickelson was attempting the "Scum move" at The Memorial this past Sunday at Jack's place.

Jon Rahm won The Memorial and is the new world #1. Didn't see any of the big names on the leaderboard come Sunday, with the exception of Jason Day. Tiger was way behind in his return to the tour, Rory was over par, Jordan Spieth actually in top 15 but never a threat. No DJ, no Koepka, no Fowler, no Rose around. Tough Sunday conditions.

Still going to go thru the box of clippings that Penny Powers (A-A '69) sent me with many newspaper items on Coach Powers and his A-A basketball teams. Sectional champs in 1946-47-49 and Alfred-Almond has never grabbed another trophy. There is a sectional baseball championship in that era as well and other odds & ends. More on that after "The Janitor" returns

from his vacation. Mine were always "richly deserved," not sure where he is coming from?

Dual birthdays this Sunday in Kentucky and Virginia for "Fish" and Jason. Just back from an extended time in Kentucky and Virginia, seeing both of the them plus my sister out in KY. Catching up with Lauren, Quinn and Rowan in Leesburg. Hot and muggy there! Whew. A few walks here and here, three trips to the community swimming pool and tossing Quinny up in the air. Lunch sometimes out on their deck and searching for a missing blue ball from the water machine. A trip to Warrenton to see Jason's parents and a stop over to the Leesburg Wegmans to grab some summer ale made by the nearby Old Ox Brewery. Wish my brother, Scott was part-owner! Most of July away but good spending time in both places.

Hoping to get some golf in with Bob-John-Stephen Baker soon, perhaps followed by a cookout at the Baker's in Penfield/Fairport. Maybe some golf on July 31st with the illustrious Smitty at Woodlynn Hills in Nunda ... if his "agenda" allows it! Or if his swing is capable. Whatever excuse my former A-A classmate uses next.

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