

University Wellness Center Opens

Sean Dolan
The University's Wellness Center began its effort to create a healthier living environment on campus with an Open House on Monday, September 22.

The Center was officially opened at 12:45 that day when Dr. Joella Rand, Dean of the College of Nursing, cut a ribbon in front of Allen Hall which houses the center. Observers then moved inside, out of the rain, to explore what the new facility has to offer.

The Wellness Center is a result of an effort by the Wellness Core Committee to consolidate the programs of the Crandall Health Center, University Counseling Center and Intramural staff which strive to create a healthier living environment for the University community.

Mrs. M. Lynn Griffith, Coordinator of the Division of Nursing in Alfred, said, "there was quite a good student turnout. Most of the nursing students came by as did a good number of others." Between 25 and 30 people had their blood pressure tested and many of the same took the Adult and Teen Wellness Check Test.

Griffith also said that she received positive feedback from faculty and students alike.

The student nurses have also shown a positive reaction to the Wellness Center, said Griffith. "There will be a Student council made up of first, second, and fourth year nursing students who will plan new programs for the Center."

The Center will be open from 3 to 6 p.m. every Monday for the University community.

Also during the Health Assessment Week, Mr. Kevin Conklin, the University's head trainer, had a small number of people take part in body fat content and aerobic fitness tests. "I was disappointed that there wasn't a larger turnout," said Conklin.

The trainer feels that some people may shy away from the body fat content tests due to embarrassment. However, no one but the person being tested will know if their body fat is above or below the norm for their body size.

"After I take the readings with the skin fold calipers," said Conklin, "the individual compares his/her readings to a body fat content chart."

Conklin will continue to offer the tests by appointment at McLane Center.

AU Graduate Dies

Joseph L. Keddie
An Alfred University alumnus who had returned to campus for Homecoming Weekend died Saturday, Sept. 20 after a hiking accident in Stony Brook State Park.

Russell Hehn, a 1985 graduate in computer science, was hiking alone in a restricted area of the park when he fell over a gorge wall.

There were no witnesses to the accident, but friends found Hehn lying on a trail about one half-mile up the gorge. Livingston County Coroner pronounced Hehn dead at 12:05 p.m. upon his arrival at Noyes Memorial Hospital in Dansville.

Hehn had visited the recreation area with three Alfred students and a recent graduate. The excursion was not one of the scheduled Homecoming activities.

Ecstasy The Drug of The 80's Page 3

Letters; Page 2



FIAT LUX

The Student Press of Alfred University · October 8, 1986 · Issue No. 3

Saxons Suffer First Defeat

Jeffrey Brill
Although it doesn't seem true, a loss is most probably easier to swallow if it is believed that there was little chance to win the game in the first place. If, on the other hand, victory was definitely within reach, a loss might not be accepted for quite some time.

The latter was definitely the case last Saturday at Ithaca's South Hill Field, as Ithaca College (4 and 0) handed the Alfred Saxons (3 and 1) their first defeat of the season, 28-18.

Ithaca, currently the top ranked team in Upstate ECAC Division III (and possibly no. 1 in the nation), showed their stuff as they took only two minutes to drive down the field and score on a 13 yard run up the middle by Mike Scott. The kick was good, and it was 7 to 0 in favor of the Bombers.

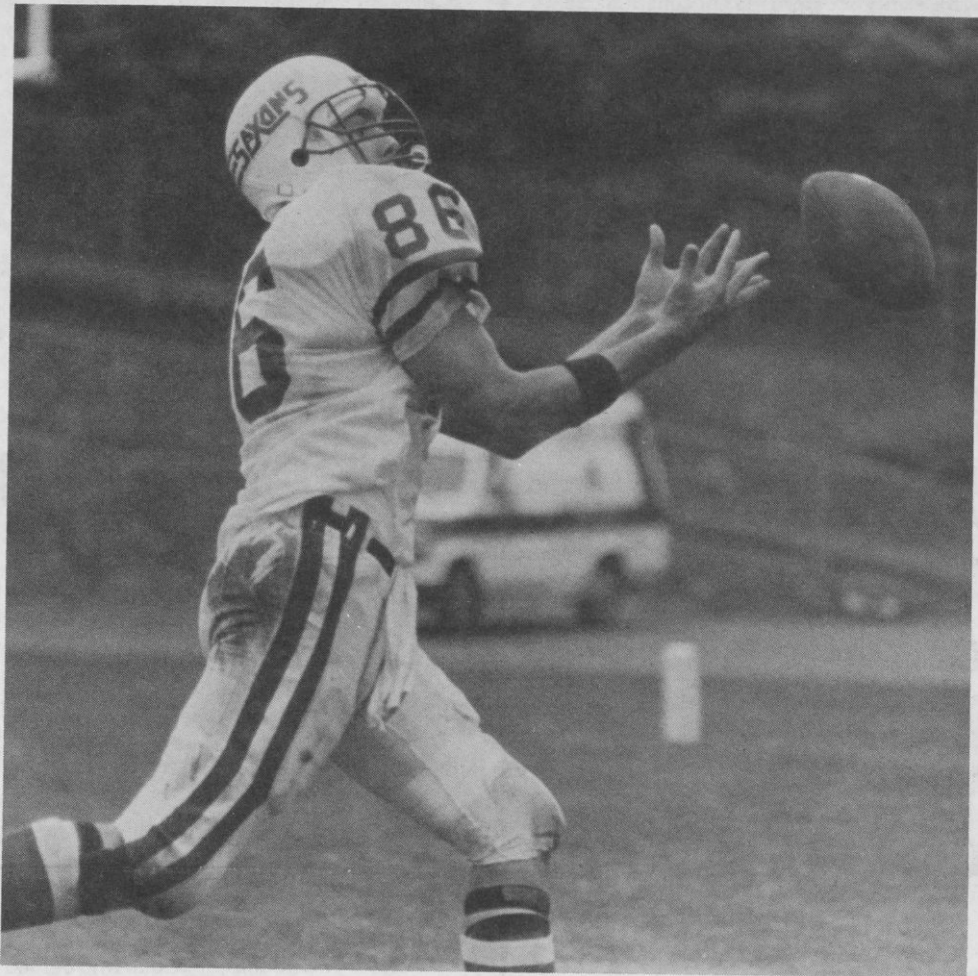
On the ensuing kickoff, Jay Radzavich ran the ball back nearly 70 yards to the Ithaca 15 yard line. Quarterback Paul McDonnell then proceeded to throw an 18 yard touchdown pass to Mike McGowan. Tim Peters' extra point attempt was blocked, leaving the Saxons one behind at 7 to 6.

After successive punts, Ithaca drove into Alfred territory, where Chris Suozzi intercepted quarterback Mike Middaugh's pass at the 17 yard line.

The Bombers eventually got the ball back, and with some effective running, they again moved deep into Saxon territory, but were stymied on a 4th and 8 play by a stubborn Alfred defense.

The first quarter ended 7 to 6, but Ithaca definitely had the edge on both fronts. Only some clutch plays by the defense kept the game as close as it was.

Continued on Page 6.



Paul McDonnell's touchdown pass just barely eludes the grasp of Mike McGowan in the end zone. Arlitsch

Alfred Community Sponsors Fun Run

Bronya Redden
Alfred University, the State University of New York in Alfred, and St. Jude's are sponsoring a 5 kilometer fun run/walk. The event will take place on Friday, October 31st at 3p.m. The race will begin tentatively at St. St. Jude's on the Tech campus, intertwine through the Alfred community, and end at Roger's Campus center on the university campus.

St. Jude's is the Catholic chapel on the Alfred Tech campus that serves the Alfred

Community. Marian Kurath-Fitzsimons, a pastoral associate at St. Jude's, said, "I want to encourage student participation to raise awareness for local needs with regard to peace and justice." The theme of the race is "Share the Harvest - Alleghany Aid '86" The purpose of the event is to raise money for people in need. The race is open to anyone: students, faculty, community members. There is a three dollar entry fee and all donations will be gratefully accepted.

Fifty per cent of the proceeds will be donated to the Food Pantry in Boliver, which is run by Father Ushold. The Food Pantry is a place where people who are in need can go to get food for free. The other fifty per cent of the proceeds will go to St. Jude's Outreach Fund.

Marian Kurath-Fitzsimons said that if you know a student or family in need, put their name on your registration form. St. Jude's will look into the situation and perhaps give them a Thanksgiving basket anonymously.

Blocked Pipe Forces Campus Cafe to Close

Joseph L. Keddie
A blocked sewage pipe forced the Lil Alf Cafe at Rogers Campus Center to shut its doors temporarily on Sept. 18.

Water which contained food particles and residue from the pipe, but no fecal matter, spilled into a downstairs storeroom when workers cleared the blockage, according to a student employee of the Campus Center. After a sanitation procedure, the cafeteria re-opened Friday.

Health officials inspected the cafeteria Monday afternoon. James Sturniolo, Senior Public Health Sanitarian who conducted the inspection, considered it "a very good clean-up." The Campus Center had insured the proper safety measures: the ceiling below the pipes was reinforced to prevent sewage from leaking into the storeroom below in the event of a spill, and food was properly stored six inches off the floor.

Sturniolo stated that a food establishment is not legally bound to report accidents such as the one at the Campus Center but "it is standard procedure" to do so, primarily so that any subsequent health problems can be traced to their source.

A letter sent to the university Food Service by the Health Department requested any future problems of this sort be immediately reported.

The problem first arose around 9:10 p.m. Thursday when food service employees noticed that water was not flowing down the kitchen sinks. The manager closed the cafeteria at approximately 9:30 p.m.

Food Service Director, Gordon McCloskey says that Physical Plant employees cleared the blockage by opening the pipe and inserting an inflatable syringe. In the process, water backed up in the pipes and flowed out of the kitchen sinks onto the kitchen floor. Water also spilled from the opened pipe into the basement storeroom where it was contained by barrels placed there by the workers.

The sanitation procedure consisting of "flushing, rinsing, and bleaching" was completed on Friday by university personnel, he says. McCloskey re-opened the cafeteria around 4 p.m.

Dr. George M. Wortley, university Physician and medical consultant to the Health

Department, reported the sewage spill to the Allegany Health Department on Monday morning.

"Any problem like this that involves food handling should be reported," Wortley says. The Health Department received two reports of the incident Friday but the callers refused to leave their names. Officials there cannot respond unless an informant identifies himself, Wortley said.

Approximately six employees involved in the clean-up reported to the University Medical Center Monday, Dr. Wortley stated. Those who had direct contact with the sewage received inoculations for tetanus and hepatitis as a pre-cautionary measure. Hepatitis can be transmitted through water sources.

A package of plastic cups came in contact with the sewage water and was immediately discarded, McCloskey said.

The main sewage pipe under the floor of the kitchen was blocked by food waste -- primarily rice -- which had passed down the drain. There was a similar problem earlier this year, McCloskey stated.

Fiat Lux Policy of Ad Rates

It is the policy of the Fiat Lux to charge regular advertising rates to all individuals who wish to promote their products, services or events in any publication of the paper.

The rate of advertising will be reduced only if the product, service or event is deemed a product, service or event that is sponsored by a student organization or for charitable purposes.

A fraternity or sorority is not considered a student organization, but a private individual.

If a discrepancy arises on whether or not a product, service or event meets the above stated conditions, it is then the responsibility of the editor to determine if the product, service or event meets the stated requirements.

If the product, service or event qualifies for a reduced advertising rate, the adjusted rate will be the current cost of said advertisement based on the publication costs of the newspaper.

This policy will be adopted as of October 3, 1986

The Next Issue of The Fiat Lux Will Be Oct. 29, 1986

Deadline: Oct. 15, 1986

FIAT LUX

Craig Peretz, Editor
Bronya Redden, Managing Editor
Jennifer Boll, Production Manager
Matt Paul, Asst. Production Manager
Matthew Hermesen, Layout Editor
Sean Dolan, Proof Reader
Tiffany Grant, Copy Editor
Laurie O'Sullivan, Business Manager
Laurie Griliches, Advertising Manager
Kenning Arlitsch, Photo Editor
Gary Brown, Assistant Photo Editor
Jeff Brill, Sports Editor
Chris DeCerbo, Sports Editor
Philip Favre, Circulation Manager
Sharon Hoover, Advisor

Staff

Joe Keddie
Richard Lansdowne
Bonnie Lepelstat
Greg Cohen
Marguerite Sherwin
Chris Sjolander
Joe Raguso
Ben Utech
Andy Cole
Bill Kitson
Janet Pingitore

Editorial Policy
Address editorial communications to the editor care of the Campus Center. The opinions expressed in opinion articles accompanied by a by line do not necessarily reflect the opinions of the Fiat Board.

The Fiat supports the perpetuation of a broad and liberal education conducive to free thought and speech.

The Fiat Lux newspaper of Alfred University is published by Sun Publishing Company and typeset by the Fiat Lux Staff.

The editorial office of the Fiat Lux is located in the basement of Rogers Campus Center.

From The Editor: A New Tradition at AU?

Craig Peretz
Alfred University is more than 150 years old, its traditional mascot is the Saxon Warrior. The symbol of this newspaper, the Fiat logo, has been around since the university was founded. To enhance traditional values at A.U., we have Graduation Ceremonies, Homecoming Weekend, and Parents' Weekend.

Although, students participate in these traditional events, students need traditions of their own. That is why we have St. Pat's Weekend and Hot Dog Day.

These are times that students are able to celebrate being students. Unfortunately, both of these events occur during the Spring Semester.

No longer. This year a tradition is beginning. A tradition not for the university, but for the students. It is the Second Annual All-Campus Halloween Party.

Last year, the students of Alfred University with the cooperation of the American

Remember



Arlitsch

Halloween

Ceramic Society, organized A.U.'s first All-Campus Halloween Party. On Oct. 29, in Davis Gym, this event will happen again.

Students should begin to think about costume ideas. Prizes will be awarded for the best costume as well as for the funniest.

Students should also sharpen their knives for a pumpkin carving contest. (Sponsors ask you to bring your own pumpkin.)

Refreshments will be served, which include: soda, cider, beer and cookies.

Music will be provided by a local DJ, yet to be determined.

If you have any questions or would like to help out with the organization of this event, give Candy Morin a call. (587-8453)

We urge you to attend. Make a note to yourself to pick up a costume when you go home for mid-semester break.

So, sharpen your witch's hat, grow a mole, dust off your cobwebs and get your sheet pressed, become a part of an Alfred University student tradition.

Letters to the Editor

Dear Editor;

On behalf of the American Red Cross, we would like to thank students, faculty, and townspeople who donated blood or volunteered their time during the Alfred University Blood Drive on Tuesday, September 23rd. 187 usable pints were collected, in addition to 149 at Alfred Tech.

Special thanks are due to the following:

Members of Alpha Phi Omega who made and distributed posters, as well as providing escorts for the donors.

Brothers of Lambda Chi Alpha who helped unload and load the Bloodmobile truck.

Sophomore and senior nurses who worked many hours taking histories and vital signs.

All the faithful people, some of whom worked over many years, who staffed the canteen, registration table, etc.

Without all of you this effort would not be possible.
Many thanks!

Angela Rossington and Sheila Snyder, A.U. Co-chairpersons, American Red Cross Bloodmobile Visits

Dear Editor;

I wish to commend the Fiat Lux for the articles and editorial in the two recent editions of this fine publication, regarding crimes on campus.

The front page exposure to a subject that involves the loss of valuables and the potential for personal injury or death is very important in making the university community more alert to actual and potential criminal/abusive acts.

I hope that your staff will continue your excellent support of the university's safety/security function through the Fiat Lux coverage of crimes, personal-violence, property loss, abusive acts, and (as you ably pointed out) the steps to take (or taken) toward prevention.

Richard Tossell,
Safety Director, Alfred University

Dear Editor;

I am a Sophomore and assistant coach for the women's tennis team. I find that tennis at Alfred University is very underrated and overlooked in comparison to other sports at A.U.

New Political Column Out of The Void

Joseph A. Raguso
As many of us pass through our years at Alfred, we think about our future: whether or not to pursue further education, how secure we will be in our careers and what type of lifestyle we wish to achieve. One area of thought we neglect is our political views and responsibilities.

Do you hold specific views on nuclear arms, government role in business, the U.S. world role, abortion, apartheid?

Are your views based on your own judgments free from the sometimes manipulating media blitz or peer and family influences?

Most importantly, do you consistently act on these principles by exercising your voice through your vote?

The "cradle" of Alfred nurtures and educates intellectually and interpersonally. However, some individuals here exist in a political void. We excuse ourselves by explaining our remoteness or believing that this vacuum is a chance to complete our "educational years" with limited responsibilities.

Yet when each of us becomes 18, we become responsible for the world around us. We have inherited the responsibility to contribute to weaving the moral democratic fibers which blanket us so peacefully in our Alfred cradle.

We mumble that we believe in a "government of the people, by the people, and for the people," but we do not consider the specific consequences of those words. We allow words such as democracy, freedom, liberty and justice to be our pacifiers.

These principles once stoked fires of participation in the hearts of Americans. Yet now many of us coldly and pretentiously expect these words to be upheld by others while we stay among the rolling hills and sentinel pines.

Can we question whether or not to give 15 minutes to reading a newspaper in order to be more politically aware? Or 30 minutes to register to vote in order to become politically active?

How do these mere sacrifices of time compare with those who have given their blood,

property or livelihood to protect words such as freedom?

There are those who argue that freedom also means the freedom to not be politically aware. One must realize that to enjoy this freedom, a minimal participation is necessary, or the freedom to choose at all is moot.

Should it not be more than an "obligation" but every single individual's desire to express a voice by voting, to know who his representatives are, and to be politically literate? If we do not, we exist in a void larger than that of political apathy. For let the person who chooses to exist in this void never criticize any facet or hypocritically praise the U.S. nor reap the benefits of our American society.

As our constitution approaches its 200th birthday, individuals should reflect on their responsibilities to our nation, realize the importance of their voice and partake in one of America's founding values: action.

Next issue: Affiliating your principles with a party platform.

Let Your Voice Be Heard!
Send letters to Editor,
Fiat Lux Office, C.C.

Ecstasy - The Drug of The 80's

Christi Fournier

Fiddling nervously with the thick gold necklace on her neck, the co-ed asked the frenzied bartender for two glasses of water. Pulling two white capsules out of her purse, she handed one to her friend with a glass of water. "Cheers," they said, clinking glasses and downing the pills.

The latest of the designer drugs is known as the love drug or hug drug. It's called Adam, XTC or more commonly-Ecstasy. Its scientific name is MDMA and has been touted by users as the miracle drug of the 80's.

MDMA is a derivative of oil of sassafras and/or oil of nutmeg. Although it sounds harmless, MDMA is really a hallucinogen chemically related to both amphetamines and mescaline. Its effects have been described by medical experts as those similar to moderate doses of LSD.

The Drug Abuse and Alcoholism Newsletter reported that proponents of the drug claim it leads to increased acoustical, visual and tactile sensory perception. It reportedly dissolves anxiety and jealousy, breaks down barriers between people and enhances communication. It leaves the user "high", but still able to distinguish between reality and fantasy.

Yet, its side effects can be severe, according to the National Institute on Drug Abuse. Muscle tension, anxiety, blurred vision, teeth clenching and sweating are the milder effects. Taken frequently, ecstasy can cause dehydration, insomnia, anorexia, tremors, hypertension, ear disease and brain damage.

Ecstasy was developed in 1914 by a German pharmaceutical firm as an appetite suppressant but was never manufactured. In

the early 1970's, a few dozen psychotherapists began to use it on their patients. It neutralizes an individual's emotional defenses so that he or she can deal with negative emotional crises. It also has been used to treat patients ranging from rape victims to terminally-ill cancer patients.

"Ecstasy gives the user everything a self-absorbed, young American could want: confidence, happiness, verbal ease and emotional intimacy..."

Ecstasy didn't attract much attention until the summer of 1984 when recreational street use increased so much that the DEA became alarmed.

Because of its increased use, especially on college campuses, on July 1, 1985, the DEA listed ecstasy as a Schedule 1 controlled substance. This category contains drugs with no accepted medical use and high abuse

potential. The list also includes heroin and LSD.

This caused a problem for therapists using it in therapy sessions. According to Newsweek, some still use it-either making it themselves or purchasing it from the black market.

Ecstasy is available in gelatin capsules, tablets or loose powder and is often taken with juice or soda. Prices range from \$8 to \$30. The average price is approximately \$20 for one dose which results in a 3 to 5 hour high.

The ecstasy high comes in three phases. Called the weird period, the first stage lasts 30 minutes to 1 hour and occurs when the drug hits the user's blood-stream. He feels considerably disoriented, nauseous and anxious.

"You know something is going on (inside your body), but you don't know what," one college AU senior said.

The second stage is the "rush." "This is when your body feels like one big wave of tingling sensation," one girl said, who uses it regularly.

The third stage is adjustment. The user's body adjusts to the drug, causing the pupils to widen. A sense of happy sociability comes over you, according to many users. That is the general reaction desired.

Called the yuppie drug of the 80's, ecstasy gives the user "everything a self-absorbed young American could want: confidence, happiness, verbal ease and emotional intimacy," Life magazine said. Yet, the search for a drug that will provide us with these things is a reflection on ourselves and the world we live in.

Career And Counseling

Chuck Shultz

David Kaplan

Peg Kurtz

If someone asked you to describe the difference between being assertive and being aggressive, what would you tell them?

The major difference lies in respecting the rights of other people.

Assertion is defined as the act of standing up for your rights without infringing on the rights of others. Examples of your legitimate rights include the right to say no without feeling guilty, the right to make mistakes, and the right to feel angry when you have been mistreated.

Aggression also includes the act of standing up for your rights. However, in the process of standing up for your own rights, you infringe on the rights of another person.

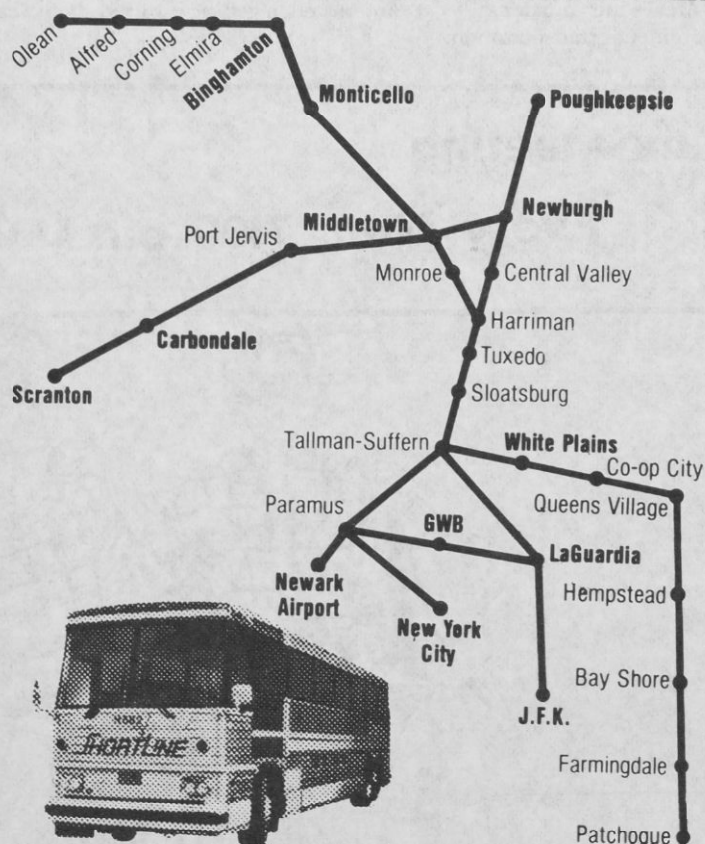
The ability to behave assertively is an important skill, because if you do not feel that you can stand up for your rights then you are not going to feel very good about yourself. It is also important to separate assertion from aggression, because constantly violating the rights of others will affect how they feel about you. Like all skills, assertion takes practice. It is one of the most important skills you can learn.

If you don't stand up for your rights, who will?

Career and Counseling Services provides personal, academic, and career counseling to any interested student. All contacts with Career and Counseling Services will remain confidential in accordance with guidelines established by the American Psychological Association and the American Association for Counseling Development. Call 871-2164 or stop by the Career and Counseling Services Office, first floor Bartlett Hall for an appointment.

WE GET RIGHT TO THE POINTS

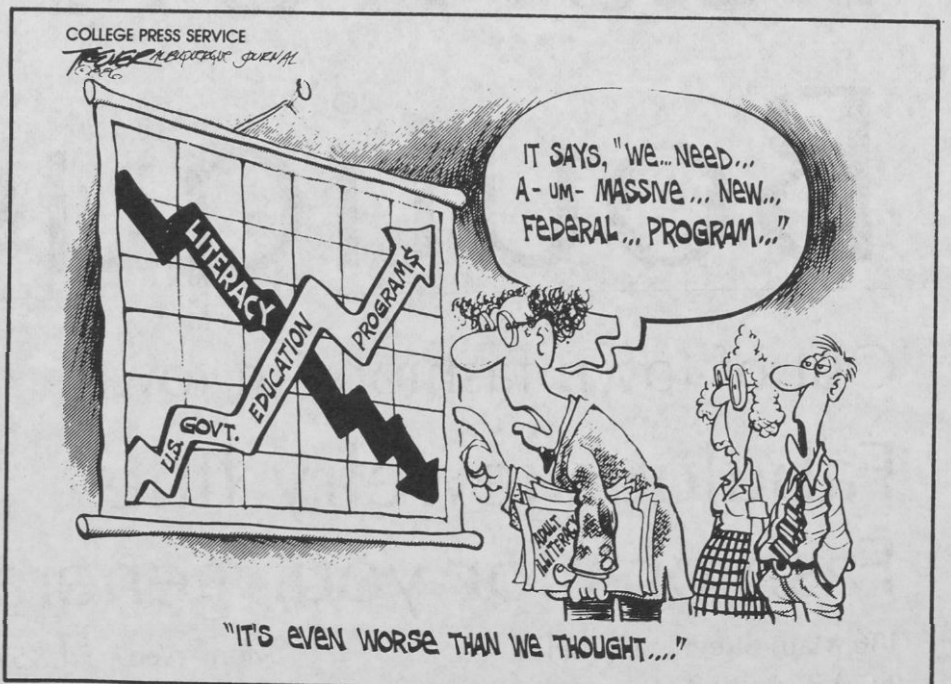
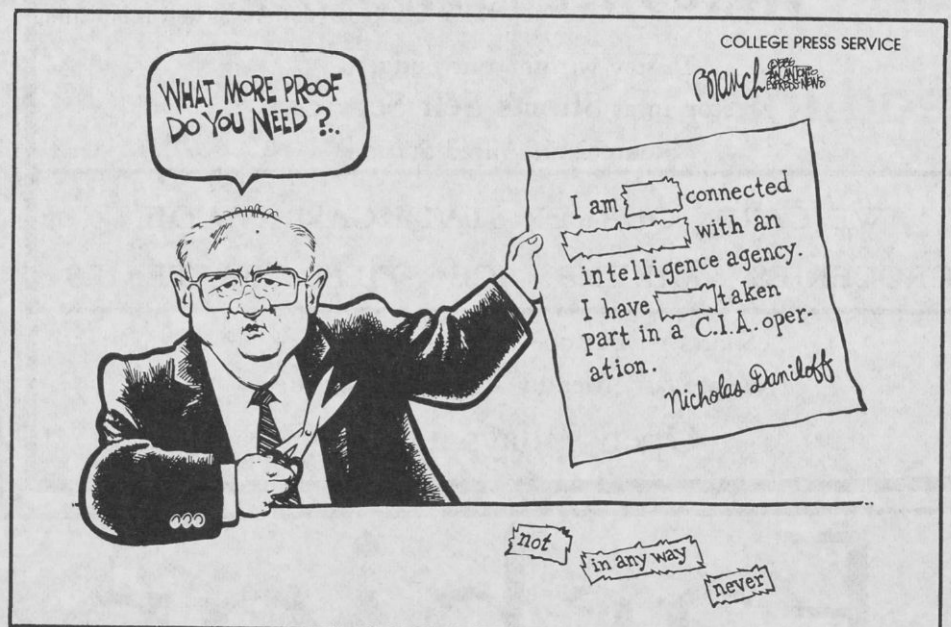
AND ALL OTHERS IN BETWEEN!



CALL YOUR LOCAL AGENT FOR SCHEDULES AND INFORMATION ON ALL OTHER POINTS SERVED.

For schedule and fare information, stop by or call: Alfred College Village Book Store, 2 West University Street, 587-9183.

SHORTLINE



Alumnus' Opinion on S. Africa

Joe Raguso
Raymond Pardon of the U.S. State Department said that hope for South Africa may lie in nonracial anti-apartheid groups in his lecture given Sunday, Sept. 21 in the Parents' Lounge.

"It is less than a hopeless case," Pardon said about apartheid, if white leaders work along with blacks in black groups. Pardon theorizes that a commonality between whites and blacks existing in the Christian churches could bridge black and white efforts.

Pardon criticized the American media for simplifying the picture of "black-on-black violence." He went on to explain the complexities in the relations of the many black groups. Furthermore, Pardon stated that media attention to violence undermines blacks who seek a nonviolent solution to the problem of apartheid.

A 1961 graduate of Alfred University, Pardon is the current labor adviser for the African Bureau of the U.S. State Dept. Pardon's former Alfred classmate, Dr. Gary Ostrower, professor of history, described segregation as a moral issue when he introduced the lecture.

After earning a degree in history from Alfred, Pardon received a masters degree from New York University. His work experience includes appointments to Senegal, Sierra Leone, and Gambia.

Pardon said he was indebted to Alfred University for the "fine education" it gave him. His visit, sponsored by the Division of Human Studies, coincided with Homecoming Weekend.

Fifth Dimension Here in Concert



Close-up of Fifth Dimension prior to concert in McLane Center.

Arlüsch

Chris Sjolander

On September 27, 1986, Alfred University's Performing Artists and Speakers Series presented The 5th Dimension in concert at McLane Center.

The group, with original members Florence LaRue, Lamonte McLemore and Ron Townsend and new members Michael Procter and Estrellita, performed some their greatest hits such as "Up, Up, and Away," "The Worst Thing That Could Happen," and "Aquarius/Let The Sunshine." They also performed some more recent songs such as "Fame," "Jump," and "Ain't No Mountain High Enough." One special section was dedicated to the late Nat King Cole and featured a medley of his most popular songs.

The group performed extremely well despite obvious technical difficulties. Florence LaRue, the definite leader of The 5th Dimension, did an excellent job of getting the audience involved and excited about the music. The newest member, Estrellita, sang wonderfully although she hasn't developed the stage personality of Florence. Ron Townson's beautiful ballads kept the audience enthralled.

Comedian Nick Ligrit opened for The 5th dimension with a comedy program with colleges in mind. The students seemed to enjoy it although some of the parents in the audience weren't impressed.

The 5th Dimension was formed in 1967 and their first hit was "Up, Up, and Away." They have fourteen gold albums and are soon to release a new one.

Students Getting Involved With Children

Janet Pingitore

Do you find yourself spending dull Saturday mornings with the Smurfs, four loads of laundry and a mean hangover? Looking for an escape from the weekend doldrums and a break from the "maturity" of college life? Need an excuse to play in playgrounds, to visit farms and pet cute little lambs, to jump into piles of leaves, to build snowmen, or to bake cookies? Adopt-A-Youth has an answer.

Adopt-A-Youth is a part of Student Volunteers for Community Action, advised by Matt Dubai and coordinated by seniors Teri Gluck and Lisa Scheminger.

This semester, 62 students are assigned little brothers and little sisters recommended by Lynn Brooks, a Steuben County social worker.

Volunteers are expected to come at least eight hours per month (two visits) to the program.

"We need new members but make sure you have the time," Teri said. "If you volunteer but don't have the time, the only people who will be let down are the kids."

Students who are not Big Brothers or Big Sisters can still get involved by helping at the annual Halloween, Christmas and Easter parties, usually held at fraternities Alpha Chi Rho or Lambda Chi Alpha.

Also, students are encouraged to participate in Give-Up-A-Meal which provides money to support volunteers' transportation.

Adopt-A-Youth funds, received from the Student Senate, are used to reimburse the volunteers when they take their little brother or little sister bowling, rollerskating, horsebackriding or to a movie.

The organization owns a car that carless volunteers may use for transportation to homes and events. Give-Up-A-Meal helps maintain the vehicle. Gas money is also reimbursed.

"It makes you feel good about yourself and it's like having a second family while you're at school," Teri said. "Students who give their time to the program are exposed to a different view of life and enriched."

Many Big Brothers and Big Sisters develop wonderful friendships and keep in touch with their "Littles" over vacations and breaks. Some even maintain contact after graduation.

This year, Adopt-A-Youth's thirteenth, looks to be a promising one. Anyone who is interested in getting involved should call Teri (3445) or Lisa (3263).

Welcome Students

To stay within your budget...
stop in at **Short's Self Service**
Route 244, Alfred Station

WE CARRY QUAKER STATE GAS AND OIL
GROCERIES MIXENS ICE FILM BATTERIES

Short's is your one-stop shopping place.
We are fast, friendly and family operated.
Open 7 days a week

Fiat Lux Meeting

Every Mon. 7:00 pm C.C.

Fashion Boutique

Out of town fashions in town
Fabulous jewelry line
Fashions for your generation

186 Main Street · Hornell
(607) 324-6658

Mon.-Wed., Fri.&Sat. 10-5
Thurs. 10-8:30



Students Activities Board Update

Jeffrey Brill
The old adage, "You only get out what you put in", seems to be the Achilles' heel of the Student Activities Board. Yes, SAB is alive and kicking at Alfred, but it is suffering from a lack of student support.

So far this year, SAB has sponsored two events (as of October 1st): the Over-21 Party at the Saxon Inn and the movie, "The Meaning of Life". According to president Kim DeRider, both events went well, and she hopes that student interest continues to be high. That's only half of the battle, however. Students complain that there's nothing to do here - the age old problem. DeRider's response to that is if students want things to do, or if they don't like what SAB is doing, they

can easily do something about it. Unfortunately, not many students are exercising that option - only their vocal chords.

DeRider's staff is very small, and she welcomes anyone to come to the meetings and have an effect on what SAB does. Or, if time is a problem, simply drop off a note at the Campus Center desk suggesting ideas. She believes that student input is a critical part of SAB. It is an organization for the students, but without student help or ideas, it cannot go far.

SAB, along with the Student Senate and BLUE, sponsored a bus trip to Ithaca so students could see the football game. This is part of their new Travel Committee. Depending on the support for the trip, more trips will

be planned to other games, both college and pro, and to other places.

SAB has other activities planned for this semester. These include: movies, including "Risky Business"; a leadership- program- ming retreat at Susan Howell Hall on November 8th (leave a message at C.C. desk if interested); and a Monte Carlo week in November or December. Plans for a concert are in the works, but there is nothing definite so far. They are also considering a comedian.

Obviously, SAB is far from being inactive. However, it is far from being properly staffed. Student help and ideas are needed, and all SAB can do is ask for it. If you want more from SAB, do something about it, don't just complain.

Montague Visits Alfred University

Sean M. Dolan
BERGREN FORUM
The statement that poetry and politics don't mix is false, John Montague, a distinguished Irish poet, told about 90 people at the Bergren Forum last Wednesday. "Poetry handles material that others can't," he said.

Montague said the trouble in Ireland has made poetry popular there again.

"Bombs and bullets, whatever the outcome, poets and writers must work against this background," he said. "Poets will chant remedies in hope that one day things will change."

Montague described the North and South of Ireland as a "doubly diseased body, Siamese twins infecting each other."

"What a world we live in," said Montague. "If you want to blow up somebody fast, you can learn quickly in Belfast. Some of my neighbors are experts in annihilation."

READING
As part of the Visiting Writers Series, on Tuesday night, Montague read poems which describe the effects technology has had on people and their environment.

In "She Cries," a poem set in the beautiful background of Mount Gabriel in West Cork, a woman speaks of the "sonic boom of Concorde" flying overhead and of the harmful effects of space exploration.

In "Crickets," Montague describes himself and his friend Seamus Heaney as "late nineteenth century crickets, reflecting on how things were in the past, and how they have changed over the years."

Montague broke the tension he had created with four short, ribald poems to which the audience responded to laughter.

In "Water Carrier," Montague says that people need an imaginary well or spring in

their minds which they can go to when they need to replenish their minds and rid themselves of confusion brought on by today's world.

Montague ended the reading with a poem by a contemporary. "Spring," describes salmon in a river that are developing sores that eventually lead to their death. The salmon, he says, are men living in the environment that we have created.

Montague teaches at the University College in Cork. He has published seven collections of verse and one of short stories. He is also active in the revival of Irish music and culture.

The Visiting Writers Series has been developed since 1969 by Dr. Ben Howard, professor of English.

Pop Tops

Saxon Warrior
Each fall and winter semester, Career and Counseling Services offers a number of group programs. Most meet weekly for 1 to 2 hours for four to six weeks. If you want to sign up for a group or want additional information about the groups, call Career and Counseling Services. (2164)

Personal Growth Group
Designed for individuals who want to learn more about who they are and how their needs, values, opinions, beliefs, roles, and self-perceptions affect how they relate to others.

Assertion Training
Designed to introduce you to a new way of behaving with a new set of skills. Topics include: expressing positive feelings, standing up for your rights, making and refusing requests and understanding how your self-esteem influences your attempts to be a more assertive person.

Eating Problems Group
A group for individuals who find themselves overaware of food, calories, and nutrition.

Sexual Abuse and Assault Survivors Group
A group for those who have been victims of sexual assault, including incest and date or acquaintance rape.

Karns Bike Shop

Schwinn and Ross bikes
Skateboard parts and accessories
Full service department

12 speed bike from \$129.99

Mon.-Fri. 10-5:30
Thurs. until 8:30, Sat. 10-4

12 Broadway, Hornell Mall
324-4400

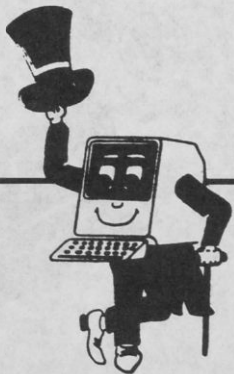
The Magical Poet

Lets you customize
a greeting card
for any occasion

Available only at

Crandall's Downtown
Main Street, Alfred

Ask for a demonstration



The Gallery

A unique place
to find a
special gift

· Now Open ·



"The Gallery, Too"

Featuring

- Comfortable **CLOTHING** (more to come)
- Portable **FURNITURE**
- Tapestries and Rugs
- Room Accessories and more

Come in and browse
Mon.-Fri. 10-5, Sun. 11-4

43 North Main St.
Alfred, NY 14802

Traveling Somewhere...?
FLY CHEAP

JOIN NTC

Sample Fares: Paris - \$99 o/w, Jamaica - \$69 o/w
One Year Membership - \$8

For More Information Write
NATIONAL TRAVEL CLEARINGHOUSE
BOX 4542
BURLINGTON, VT 05401 802-864-5310

Blow-Out Alfred vs. Ramapo



Quarterback Paul McDonnell attempts another pass against Ramapo. Arlitsch

Jeffrey Brill
Definition: Annihilated - reduced to utter ruin or non-existence; annulled or nullified.

Perhaps Webster should have included in his definition a separate statement, that being the condition of Ramapo College's football team was left in after they played Alfred University Sept. 27th at Merrill Field. Alfred was a 49-point favorite entering the game, and they had no trouble confirming the validity of that betting line, as they soundly defeated the visitors 69-0 before a wet but pleased Parents' Weekend crowd.

The tone of the game was set in the first quarter, as Alfred took barely 2 minutes to score on a 13 yard touchdown pass from Paul McDonnell to Gary Sheely. Tim Peters' kick made it a quick 7-0 Saxon lead. Ramapo could have tied it, and possibly turned around the tone of the game, but they failed to capitalize on Alfred penalties (2 for pass interference) and fumbled at the one yard line on fourth down. From then on, it was the Saxons' game.

In the second quarter, Alfred ran off 35 unanswered points. The first score came 45 seconds into the quarter on a 2 yard McDonnell keeper, and Peters made it 14-0 with his point after. On Ramapo's first play after kick-off, Chris Suozzi intercepted a pass and ran it back 15 yards for a TD to make it 21-0. Alfred then sandwiched two safeties around a Peters 46 yard field goal during the next 5 minutes to go up 28-0. One safety came about when the punter was tackled in the end zone by Warren Garner, and the second came on a QB sack by Jeff Galvin Ramapo survived one Alfred threat soon afterwards, but the Saxons came back with two touchdown runs in the final four minutes of the half. Ray Rogers ran for 5 yards at 3:56 and Sam Goble, who had 65 first half yards, ran a ten yard sweep just before halftime. Both TD's were followed by extra points from Peters to put Alfred up 42-0.

The second unit, led by QB Jim Carman, started the second half, while Ramapo retained its starters. For a quarter, they maintained a status quo, but the Saxons burst out again in the fourth quarter. Clayton Waller bounced off several would-be tacklers and ran 21 yards for a TD at 11:20. Jay Radzavich, a running back, kicked the point after to make it 49-0. At 7:35, Mike Borst blocked a punt, the 2nd one blocked that quarter, and Bill Rozumalski ran it back 24 yards for a TD, 56-0.

After a successful Ramapo punt, Mike Anderson ran 25 yards, then 3 more yards on the next play for a touchdown. Tim Gardinier hit the extra point for a 63-0 lead. Mike Augustine then intercepted a pass and ran it back 35 yards for the final score, making it 69-0.

Alfred completely dominated play, holding Ramapo to negative rushing yardage. Ramapo shuffled QB's all afternoon, with no success.

Alfred's First Loss a Tough One

Continued from Page 1.

Ithaca got possession of the ball again at the beginning of the second quarter.

With a series of successful runs, including several effective option plays, the Bombers penetrated the Alfred side of the field.

On a field goal attempt, Middaugh, acting as holder, passed to Chris Moriello, who ran for a first down. Then, Shawn Huth ran the ball 9 yards for a TD, and a 14 to 6, lead at 9:46.

An interesting observation was the almost total ineffectiveness of Middaugh since the middle of the first quarter.

Alfred was again unable to move the ball, and the Bombers were given another possession. The Saxon defense held tough, but a roughing the kicker penalty revived their drive.

Suozzi then ended the drive with his second interception at the Alfred 14 yard line at 4:34.

Sam Goble then started penetrating holes left open by the offensive line and the Saxons moved down to the Ithaca 24.

McDonnell then hit Robert Jones on a 25 yard TD pass with 42 seconds left in the half. A two point conversion attempt failed, and the score stood at 14-12.

Unfortunately, Jeff Hyslip, the starting offensive guard, went down with a fractured bone above his left ankle. When, or if, he will return this season is unknown at this time (Oct. 5th).

Ithaca then fumbled trying to run out the clock and Dave Pillets recovered it. With 8 seconds left, McDonnell hit Tony Gibbons with a 21 yard pass for a TD. Another two point conversion was missed, but Alfred led 18 to 14 at the half.

After successive punts to open the second half, Alfred sustained a drive that put them deep into Bomber territory. A potential touchdown was blown when McGowan dropped an over the shoulder pass in the end zone. The Saxons then lost the ball on 4th down.

The third quarter ended with no scoring during it and a continuance of the 18-14 Saxon lead.

All that was to change in a very short time.

Scott of Ithaca moved the ball downfield on a few descent running plays. At 12:04 left



Gary Sheely (no. 30) stretches for the ball as Ithaca cornerback Niall Rosenzweig (no. 11) makes an early tackle. Arlitsch

in the quarter, Middaugh hit George Mack, third on Ithaca's all time reception list, for a 25 yard scoring play. The kick was good, and Ithaca regained the lead, 21-18.

On Alfred's next possession, Suozzi (who had a fine afternoon) ran a fake punt 20 yards for a first down, but nothing else came of that drive.

After an Ithaca punt, Jones fumbled the ball after receiving both a McDonnell pass and a nasty hit at the Alfred 35 yard line.

Immediately after this, Middaugh hit Mack with a 30 yard pass, and then a 5 yard TD pass to put the final score on the board at 6:47, 28 to 18.

Alfred tried to muster a comeback drive, but they just couldn't do it.

It was definitely a tough loss for Alfred, as they never gave up, despite a superior Ithaca effort.

Middaugh's passing was effectively controlled, but the Bombers' running game was quite impressive, especially Middaugh's option pitch outs that tortured the Alfred defense all afternoon long.

The Saxon defense had trouble against the Ithaca offensive machine, but in a few instances, they came up with key plays to keep Alfred in the game.

The Saxons were capable of winning the game, but Ithaca's potent squad held them short of achieving a big upset.

Women's Volleyball

Chris DeCerbo
In women's volleyball, Alfred is now 9-10 on the season, placing head coach Shirley Liddle one victory away from her 100th as head coach of the team.

At the University of Rochester Invitationals, the Lady Saxons defeated Brockport, Western Connecticut, and RIT before losing to U. of R., Nazereth, and St. Bonaventure in the consolation rounds. Co-captain Becky Bergren recorded 70 spikes and 27 kills while Kim Coombs had 71 spikes and 21 kills.

Also pitching in, were Lisa Potter with 49 and 20, Arienne Meyers with 51 and 14, and Karen Grant with 41 and 10. In serving, Meyers was 55-56 while co-captain Tricia Stank was 45-47.

The volleyball team will now have home matches on Oct. 28 and Nov. 4.



ALFRED
SPORTS CENTER

SHORTLINE® Bus Agent 587-9144

10:00 to 5:00
Mon.— Fri.
10 to 4:00
Sunday

* ROSSIGNOL *
* Saucony *
* Olin Skis *
* CB Sports *
* adidas *
* trak! *

And MUCH MORE!

Full Service Ski Shop
Custom shirt/cap Printing

Successful New Sport At Alfred



A. U. Rugby players battle for possession of the ball on the throw-in.

Arlisch

Chris DeCerro

With a spring season and an impressive Upstate Rugby Association reputation tucked firmly under its belt, the 1986-87 edition of the Alfred University Rugby club opened up its first full year of competition. The club, formed last year under the efforts of AU Senior Ty Fobare, opened its season at home with a tough defeat at the hands of RIT but rebounded the next weekend to get by the University of Rochester 3-0.

This year's edition of the club is markedly different from the surprising team of last semester. The players on the club range from

first semester Freshmen to third semester Seniors. Around two-thirds of the rugby B team are new players as of this year.

Against RIT, Alfred fought a tough battle in the losing effort. Half of the AU starters had only three days of practice before the match. RIT's scoring consisted of a try for 4 points and a penalty kick for 3 to give the 7-0 score. Alfred's B squad also fell to RIT but gave a good showing despite their lack of experience.

Against U of R, the Saxons dominated the first half in the scrum and in the backfield.

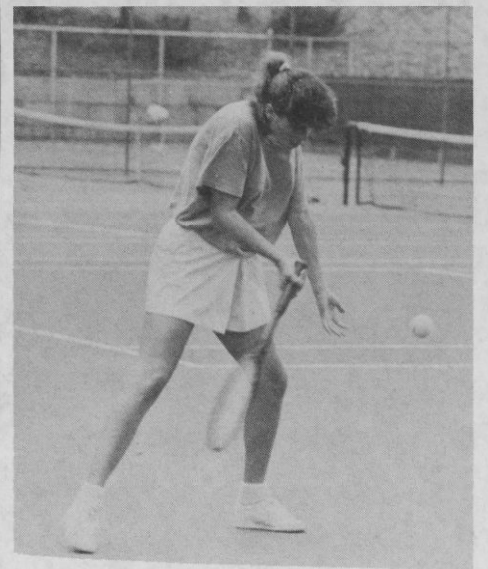
Towards the end of the half, Alfred put the first and only points of the match on the board with a penalty kick (similar to a field goal in football) by Adam Quirk from about 35 yards out. The second half was more evenly matched with neither club being able to score in the dismal rain on Jericho Hill.

Alfred's and U of R's B squads also fought to a stand still for a while until a goalline stand by AU turned the tide. Alfred's Ron Hickman later scored on a thirty yard run to lead Alfred to an eventual 7-0 victory.

"We've got a lot of young players this year," commented AU captain Carter King. "They've got a good mental attitude and are willing to learn and play. Our motivation and our spirit is high and that's what keeps us going."

This year's club is coached by Bill Pulos, Jim Nahan, Brian Schu, and Fobare. The club's president is Chuck Miller with co-captains King and John Walker. The match secretary is Chris Decker.

The club would like to thank Don King, Gene Castrovillo, and the rest of the AU Athletic department for their continued support. A special thanks goes to the coaches and fans and WALE. Upcoming matches include Ithaca, home against LeMoyne on Oct. 25, at RIT, at UB, and at home against St. Bonaventure Nov. 15.



Sherwin

Karen Miller returns a volley for A. U.

AU Tennis Rallies

Jeffrey Brill

Following a successful 7-3 season last year, third-year coach Brian Friedland has his team at 3-2 following the ICAC tournament at RIT on the 24th and 25th of September.

The team has 6 singles players (rated no. 1 through no. 6) and 3 doubles teams. At the tournament, Julie Golebowski, Alfred's no. 1 singles player, lost in the semi-finals to William Smith's no. 1. Jill Morrison, Alfred's number two player, also lost in the semis to William Smith's number two. Both matches ran three full sets, and all were long and very close.

Alfred's no. 4 singles player, Kris Herr Neckar, followed suit, unfortunately, as she too lost in the semi-finals to RIT's no. 4, who went on to capture the no. 4-seed championship.

Alfred's first doubles team of Golebowski and Jody Maerz lost their first match of the season after a 6-0 start. They too lost in the semis, to RIT's first doubles team, the eventual champs of their seed.

RIT, the home team, won the overall ICAC tournament that weekend. Other participating schools were Alfred, William Smith, RPI, Ithaca, Clarkson and St. Lawrence.

Friedland believes that this team is definitely on the upswing following last year's success. As stated, the team's current record is 3-2. This is only their individual record, not in the conference. Conference standings are only determined twice: at the RIT tournament and at state tournament on October 24th and 25th. Friedland feels that in a couple of years, he will have a few potential ICAC champs on his squad to challenge RIT and William Smith.

Soccer Update

Chris DeCerro

The Alfred University men's soccer team upped their record to 4-3-1 with an away victory against Geneseo, 4-1. The team now heads into a big weekend home stand against St. Lawrence and Clarkson.

With eight games remaining, the team will play five of them at home, Oct. 3 and 4, Oct. 17, Oct. 25, and Oct. 30.

The individual scoring up through Geneseo shows Pedro Oregui the high scorer with 14 points with 6 goals and 2 assists.

Bill Ruffle has 3 goals and 4 assists for 10 points and Tom Gillett has 7 points on 3 goals and 1 assist.

The women's team, after a strong start, has now fallen to 5-3-1 with losses to Geneseo, Hartwick, and the University of Buffalo 3-1, 5-3, and 4-3 respectively.

The Lady Saxons have six games remaining with three at home on Oct. 11, Oct. 16, and Oct. 25.

The high scorers so far for the Lady Saxons are Penny Giess with 18 points on 8 goals and 2 assists, Cyndi Murray with 5 goals and 6 assists for 16 points, and Andrea Hynes with 16 points on 8 goals.

THE BEST TASTING HARDWARE IN TOWN

Extension cords • Paint • Potting soil
Tools • Clay pots • Keys

STANLEE HARDWARE

833 Rte. 244

Alfred Station

Convenient shopping in downtown Alfred

TELEFOODS

We carry grocery items, beer, beer balls, soda pop, snacks,
health and beauty aids, dairy items, frozen foods, breads,
ice, film, candy, cigarettes, taps and more!

Sandwiches from our Deli • Pour your own
soda from our fountain

COMPARE OUR PRICES AND SAVE

Mon.-Thurs. 9a.m.-Mid.

Fri. & Sat. 9a.m.-1a.m., Sun. 9a.m.-11p.m.

17 North Main Street
Alfred, NY 14802

Is This Guy Paying Room and Board?
Mr. Chipmunk finds a safe haven in a pipe outside
Cannon Hall. Photo by Kenning Arlitsch.



Greek Release

Inter Greek Council
“Greek Release”, is a new column written by the members of the Alfred University’s fraternities and sororities. Its objective is to show that the Greeks are responsible, productive students of Alfred University.

Fraternities and sororities sponsor the majority of social events for the students in Alfred. Every weekend the Greeks provide students with the opportunity to relax and have a good time. However, there is a lot more to fraternities and sororities than just parties.

There are six social fraternities and three sororities affiliated with Alfred University. Although each house is unique in its own way, they all have some common characteristics.

Every house has an elected executive board whose members are responsible for the functioning of the house. Other positions include Alumni Secretary, House Manager, Social and Rush chairpersons.

Pledging is another characteristic common to all houses. The whole purpose of pledging is to learn about the house history, house traditions and house members. Pledging gives a person a feeling of pride and respect for their house and their brothers and sisters.

If you are thinking of pledging any house, there are a few questions you should ask yourself before making the commitment.

Find out what it is you hope to gain from being in a house and what are you able to contribute to it.

Get to know as many brothers and/or sisters in the house as possible before hand and don’t be afraid to talk to a brother or sister about any questions or concerns you may have about pledging or the house.

Being in a fraternity or sorority isn’t for everyone. If it’s right for you, you will know it.

The Puzzle

ACROSS

1 Highway
5 Bucket
9 Novelty
12 One opposed
13 Small island
14 Anger
15 Funeral car
17 The soul
18 Moray
19 — homo
21 Out of date
23 Instructors
27 Marching cadence: abbr.
28 Angry
29 Edge
31 In music, high
34 Symbol for nickel
35 Besmirched

38 Faeroe Islands whirlwind
39 Sodium chloride
41 Dine
42 Brief
44 Babylonian deity
46 Cruel
48 Box
51 Debatable
52 That woman
53 French article
55 Worships
59 Hostelry
60 Dry
62 A state
63 Dance step
64 Promontory
65 Act

DOWN

1 Cheer

2 Individual
3 Indonesian
4 Leads
5 Fragment
6 For instance

7 Kind
8 Jump
9 Religious festival
10 War god
11 Erase: printing
16 Plot
20 Printer's error
22 Paid notice
23 Containers
24 Silkworm
25 Cooled lava
26 Title of respect
30 Manner
32 Defeat
33 Golf mounds
36 Organ of hearing
37 Triangular
40 Becomes aware
43 Concerning
45 Near
47 Frogs
48 Chisel
49 Rockfish
50 Verve
54 Before
56 Fish eggs
57 Female sheep
58 Mournful
61 Land mass: abbr.

1	2	3	4	5	6	7	8	9	10	11
12				13				14		
15				16			17		18	
			19			20		21	22	
23	24	25				26		27		
28					29		30		31	32 33
34			35		36			37		38
39		40		41				42		43
		44	45		46		47			
48	49			50		51				
52				53	54		55		56	57 58
59				60		61			62	
63				64					65	

Personals:

Sueby, cheer up, life is not that bad.

Hey Jeff, its 60 lines, not 112.

Kenning, no singing allowed in the dark room.

Kenning, when do you take a bad picture.

Congratulations to all those Acc/Cit students who made it through Franks first exam. Go get a stiff drink, you deserve it.

Debbie K., where have you been, stop by soon. We will be in this time. M. and B.

Murphy, you sprain your ankle when you fall off a horse. NOT, when you fall off a wall.

R., the students are complaining that you are not giving them enough work. They would like 20 hours of homework instead of 19.

B.K. watch out for your “boyfriend!”

Maryann, you asked for it, you got it, Toyota.

Sueby, D.H. , Ski

Lil Bro, You make the sun shine on a rainy day !


Classified Ads:

Help Wanted
Bicycle Mechanic Experience preferred; flexible hours. Karns Bike Shop, 12 Broadway - Hornell Mall 324-4400

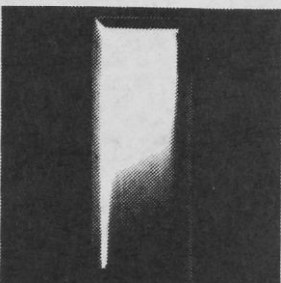
Opportunity Shop
Catering to college clothing needs. Excellent used clothing. Open every Tuesday 3-7 p.m. Parish Hall, 8 West University

Ride Board
Looking for rides to Long Island or Albany. Call Marissa at 871-3118.

THERE ARE TWO SIDES TO BECOMING A NURSE IN THE ARMY.



And they're both represented by the insignia you wear as a member of the Army Nurse Corps. The caduceus on the left means you're part of a health care system in which educational and career advancement are the rule, not the exception. The gold bar on the right means you command respect as an Army officer. If you're earning a BSN, write: Army Nurse Opportunities, P.O. Box 7713, Clifton, NJ 07015. Or call toll free 1-800-USA-ARMY.



ARMY NURSE CORPS. BE ALL YOU CAN BE.