

Alfred University professor named Professional of the Year by Mental Health Association

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Robert Maiden, a professor of psychology and director of the gerontology program in the College of Liberal Arts and Sciences at Alfred University, will be honored as “Professional of the Year by the Mental Health Association at the Mental Health Association of Allegany County’s dinner meeting Monday at Moonwink’s Restaurant in Cuba, NY.

Maiden has been a member of the AU Faculty in 1982 and serves as director of the program leading to the bachelor of arts degree in gerontology.

He is a Fellow of the Gerontological Society of America, the American Association for Gerontology in Higher Education, and a Diplomate-Fellow in psychopharmacology (certified by the International College of Prescribing Psychologists). He maintains a part-time practice as a licensed clinical psychologist dealing with marriage, family and child issues, alcohol and substance abuse, and geriatric problems.

Maiden is an author or coauthor of numerous journal articles, several book chapters on counseling grandparents who are rearing their grandchildren, and coauthor of a book that deals with aspects of the aging experience in the rural settings.

He has presented more than 100 papers at state, national, and international conferences.

His current research evolves around community mental health, rural aging and public policy, individual differences in personality, service learning, and the development of a senior center.