## Alfred University women's swimming and diving team beats Hartwick 1/18/03

UTICA -- The Alfred University women's swimming and diving team defeated visiting Hartwick College, 148-95, Friday afternoon. Pacing Alfred (4-4, 3-2 Empire 8) were sophomore Lauren McCormack (Norwich/Norwich), who won the 50 and 100 freestyle events, and junior Sara Thompson (Batavia/Batavia), with victories in the 200 IM and 100 breaststroke. AU senior Melissa McAllister (Hornell/Hornell) won the 100 backstroke. The team of McAllister, Thompson, sophomore Lacy Clifford (Oil City, PA/Oil City) and senior Carrie DeMay (Canandaigua/Canandaigua) took first in the 400 medley relay, while the team of freshman Rachel Saroka (Groton/Groton), senior Anne Martin Martin (Wayne, NJ/Wayne Hills), junior Becca Coppola (Takoma Park, MD/Montgomery Blair) and junior Tabitha Maher (Lyme, CT/Waterford) won the 400 freestyle relay. Alfred is in action next on Jan. 25 at 1 p.m. at LeMoyne.