

'Hurdling' Ahead: Spicer wins second state title

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Seth Spicer

Alfred University's men's track and field student-athlete Seth Spicer (Corning, NY/Corning-Painted Post) won the New York State Collegiate Track Conference (NYSCTC) Decathlon Championship held May 1 at both Nazareth and St. John Fisher Colleges.

The junior won with a total score of 6,388 points, edging Ithaca College's Seth Abbott who had 6,272 points. In the final event of the day, the 1,500-meter run, Spicer had to stay within a minute of Abbott in order to hold onto the lead for the win. Abbott, through near two inches of rain on the track and more coming down, ran a 4:33.18. Spicer ran a 4:44.00 to earn 655 points and to claim the title.

Spicer's biggest boost to his total score on day two of the NYSCTC meet was the first event of the day, the 110-meter hurdles where he won the event with a time of 15.87 and a score of 747 points. He followed that event with another top finish in the discus throw when he scored 567 points off a throw of 35.15 meters (115'-4").

Spicer then earned 535 points in the pole vault with a height of 3.70 meters (12'-1.5") and 397 points from his javelin throw with a distance of 36.89 meters (121').

During the indoor season, Spicer won the NYSCTC Heptathlon Championship at St. Lawrence University with a facility record of 4,859 points. Monday's finish earned him the sweep of the 2016-17 NYSCTC Multi Championships.

Spicer's previously set school record of 6,471 points during the Mondschein Multis at Kutztown University still has him at #7 in the national rankings.