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## What's Happening?

[More Events...](#)

TODAY	TOMORROW	WEDNESDAY
5:00 <a href="#">The F-Word in the Classroom</a>	9:00 <a href="#">Remote CDC Walk-in Hours at Olin</a>	12:00 <a href="#">Introduction to Co-op!</a>
	11:00 <a href="#">Blood Pressure Screening</a>	<a href="#">Dr. Collins on Heart Health</a>
	6:00 <a href="#">2/5/13 M/W Basketball AWAY @Elmira - 6 &amp; 8pm</a>	12:20 <a href="#">Writing Center Workshop on the Senior Thesis</a>
	6:30 <a href="#">Food Committee Meeting</a>	5:30 <a href="#">Poet, Motivational Speaker, Business Consultant</a>
	8:30 <a href="#">International Folk Dancing</a>	

**[Undergraduate Students - Financial Aid Deadline 3/15/13](#)**

IMPORTANT: MARCH 15, 2013 IS THE DEADLINE FOR FILING THE 2013-14 ALFRED UNIVERSITY FINANCIAL AID APPLICATION AND THE FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA).

If you will be an undergraduate student at AU for the 2013-14 academic year and do not have these documents, please stop by the Financial Aid Office to pick them up. We are located in Alumni Hall and are open 8:30 a.m. - 4:30 p.m., Monday - Friday.

Submitted by: Elena Wallace

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### USPS Postage Rate Increases Effective Jan. 27, 2013

On Sunday, Jan. 27, 2013 the postage rates will increase. Attached you will find a new price breakdown.

For the new pricing on bulk mailings please contact Mary Schaumburg x2955.

Thank you.

Attachment: [Postage Increases](#)

Submitted by: Susan Peck

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### Holiday Schedule

The Holiday Schedule for 2013-14 is now available on the HR website.

Link: [Holiday Schedule on the Web](#)

Submitted by: Kathy Costello

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### Off-Campus Living Forum

For students interested in moving off campus, you will need to attend an off-campus forum. If you have lived on campus for at least 6 semesters you may be eligible. Come find out information on many different aspects of living on your own.

Feb. 7, 2013  
Nevins Theatre  
6-7 p.m.

Submitted by: Valerie Daciw

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### New Date: The F-Word in the Classroom

The presentation "The F-Word in the Classroom" has been rescheduled for Monday, Feb. 4 at 5 pm at the Judson Leadership Center. Please join us for a great discussion by AU students Lindsay Warnes and Kristey Palmisano as they discuss feminism in art and how creativity enhances learning!

Submitted by: Deborah Clark

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### **Bergren Forum: Juliana Gray 'Roleplay'**

The Bergren Forum sponsored by the Division of Human Studies and the College of Liberal Arts and Sciences will be meeting at 12:10 P.M. on Thursday, Feb. 7 in the Nevins Theater, Powell Campus Center.

Bring a brown bag lunch; coffee and tea will be provided.

Speaker: Juliana Gray

Topic: "Roleplay: A Reading of Personal and Persona Poems"

Professor of English Juliana Gray will read from her recently published poetry collection, "Roleplay."

Submitted by: Marilyn Saxton

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### **Marlin Miller Outstanding Senior Nominations**

It's time to nominate seniors as Alfred University's Marlin Miller Outstanding Senior Woman and Man for the class of 2013.

This award recognizes all-around accomplishment in scholarship (min. GPA 3.2), leadership, and character.

There are two ways to nominate students. (1) You can use the easy link below for a quick Web form, or (2) you can email or mail the attachment below.

Deadline for receipt of nominations is the end of the day on Friday, March 1. Please nominate early to give your candidate more time to prepare the application.

Link: [Web Nomination Form](#)

Attachment: [Call for Nominations Form](#)

Submitted by: Valerie Daciw

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### **Summer 2013 ARGUS Proposal Call**

It is that time of year again! All student proposals requesting summer 2013 funding from the Alfred Research Grants for Undergraduate Students (ARGUS) program are due in one month on Friday, March 1, 2013.

Instructions for preparing and submitting a proposal and the supporting application materials can be found at the link below. Please be aware that proposals not following the required format will be returned without review.

Link: [ARGUS Program](#)

Submitted by: Geoffrey Bowers

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### **AU Faculty Research Mentor Award**

Provost Bill Hall is pleased to announce the establishment of the Alfred University Faculty Research Mentor Award.

The University intends to acknowledge and reward faculty who are outstanding undergraduate research and scholarly activity mentors across the campus, i.e., those individuals who are outstanding mentors to students engaged in research or scholarly activity and are actively engaged in being research/visual-performing artists themselves.

One award each year in the following categories: physical and life sciences, undergraduate engineering, social sciences, humanities, visual and performing arts, and professional studies.

The award in the amount of \$500 of faculty development money will be presented at the Honors Convocation on April 26, 2013. The nomination period for this award is Feb. 1 through Feb. 22, 2013; nominations are to be sent to the Awards Committee at [argus@alfred.edu](mailto:argus@alfred.edu). The attached document explains in detail the process and selection of the award.

Attachment: [Description Faculty Research Mentor Award](#)

Submitted by: Cheryl Monroe

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### **Fact of the Day**

Did you know physical activity boosts mental wellness. Regular physical activity can relieve anxiety, depression, and anger, as well as help improve memory.

Submitted by: Kimberly O'Rourke

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### **Student Senate Elections**

Student Senate elections are swiftly approaching! The positions of President, Vice President, Secretary, Treasurer, and Publicity Director are available.

If you would like to run for Secretary, Treasurer, or Publicity Director, you must fill out a Statement of Intent. If you would like to run for President or Vice President, you must fill out a Statement of Intent and get 150 AU Student signatures for your petition to run for those positions.

These documents must be turned in at Senate on Wednesday, Feb. 6, 2013. Statements of Intent and Petitions can be found at the Senate office in Powell Campus Center.

Submitted by: Student Senate

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## Yoga Workshop

AU Yoga Club is Sponsoring A Yoga Workshop with Visiting yoga instructor Amy Jo Metzendorf. SATURDAY, FEB. 9 @ 9 A.M., 2nd Floor Miller Dance Studio

This is for all levels. Yoga experience recommended. For more information look for the posters around campus and town. To register, Email Sharon McConnell at [mcconnells@alfred.edu](mailto:mcconnells@alfred.edu). \$15 charge for students and community, FREE for current yoga club members.

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Submitted by: Gloriann Langva

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## Student Musicians

Incoming IEA visiting artist Brett Sroka is looking for students who have and play a musical instrument to work with during his one-week residency from Feb. 4-8. Specifically, Brett is looking to make improvisational recordings of various instruments to work into his greater project during his residency.

If you would be interested in participating, please send an email to Devin Henry at [dh7@alfred.edu](mailto:dh7@alfred.edu) with your Name, the Instrument(s) you have and play, and the best way to get in contact with you (email or phone number). This list will be given to Brett when he arrives and he will contact those he is interested in working with to organize a time to get together with you.

Submitted by: Shelly Grant

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## You Can Win Big at the Internship & Summer Job Fair!

The Internship & Summer Job Fair will be taking place on Friday, Feb. 15 from noon-2 p.m. in the Powell Campus Center, Knight Club. Not only can you score a great internship or summer job by attending this event but if you bring the postcard that you received in the mail, you can also enter to win some great raffle items!

To see a growing list of employers currently registered to attend, please visit the CDC website at [www.alfred.edu/cdc/events](http://www.alfred.edu/cdc/events).

Submitted by: Jill Crandall

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## Student Senate Meeting Minutes 02/06/2013

Student Senate meeting minutes and attendance attached.

Attachment: [Attendance2012-2013.xls](#)

Attachment: [Upload Failed](#)

Submitted by: Student Senate

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### Great Mentors! Thank you!

The Judson Leadership Center wishes to acknowledge the following individuals who were nominated by AU students for being great mentors: Norm Pollard, Tesla Parker, Professor Johnson, Shelby O'Rourke, and Brielle Depugh.

On behalf of the students who nominated you, thank you for making AU a special place and for doing your part for our campus community.

Submitted by: Heather Folts

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### TIAA-CREF Consultant on Campus

You're invited! Jason Sciotti, Individual TIAA-CREF Consultant, will be conducting one-on-one, 45-minute, individual retirement counseling sessions on Thursday, Feb. 7, and Tuesday, March 5, in the Human Resources Conference Room in Greene Hall. Let him help you make financial decisions that are right for you.

To schedule an appointment with Jason, Non-Statutory employees should call TIAA-CREF at 1.877.209.3144 and Statutory employees should call TIAA-CREF at 1.800.732.8353; remain on the line for assistance.

Submitted by: Kim Wyant

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### Norovirus

There have been cases of the Norovirus at local ERs. The Norovirus is a virus that causes irritation of the stomach and intestines and generally presents as vomiting and diarrhea. Symptoms of the virus will continue for several days but you should notice gradual improvements.

If you feel like you have the Norovirus:

For the first 8-12 hours drink only clear liquids (water, Gatorade, apple juice, 7-up, etc.)

After that, begin bland foods (bananas, plain rice, applesauce, toast, mashed potatoes, etc.)

Wait until you feel well for 24 hours before trying spicy/greasy foods or any dairy products.

PLEASE REMAIN IN YOUR ROOM TO ASSIST WITH CONTAINING THE VIRUS. CONTACT YOUR PROFESSORS TO BE EXCUSED FROM CLASS, HEALTH SERVICES CAN ASSIST WITH THIS IF NEEDED. CONTACT DINING SERVICES TO REQUEST A MEAL-TO-GO THAT YOUR FRIENDS CAN PICK UP FOR YOU WITH YOUR STUDENT ID.

Do Not:

Use over-the-counter medication to stop the diarrhea, unless told by your doctor or Health Services or

Drink beverages with caffeine or ingest dairy during this illness

Call Health Services if you experience any of the following:

Increase of constant pain

Inability to retain fluids

Continuously high fever

Decreased urination

Red or black bowel movements

Confusion, unusual sleepiness or drowsiness

Abdominal pain that remains in just one area

If you have any questions please call Health Services at 607-871-2400.

Submitted by: Amber Hardy

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### Sarasota Event at Ringling Museum of Art

Please join President Edmondson and his spouse, Dr. Laura Greyson, for an evening of fun at the Circus Museum Backyard, located in the John and Mable Ringling Museum of Art, Sarasota, FL, at 6 p.m. on March 2, 2013.

You will enjoy a wine and cheese reception during which you can take a self-guided tour through the attached Circus Museum. A buffet dinner and comments from President Edmondson will follow the reception.

The cost is \$20 for adults and \$10 for anyone under 18.

Please RSVP by 2/22/13:

Email: [alumni@alfred.edu](mailto:alumni@alfred.edu)

Phone: 607-871-2144

Online: [www.alfred.edu/alumni/reg...](http://www.alfred.edu/alumni/reg...)

Submitted by: Deborah Clark

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### Student Architecture Exhibit at Hinkle Memorial Library Jan. 22-Feb. 28

Stop by anytime during library open hours:

Monday-Thursday 7:30 a.m.-11 p.m.; Friday 7:30 a.m. - 5 p.m.; Saturday 1-7 p.m.; and Sunday 1-11 p.m.

Description:

Professor Richard Carlo, an Architecture Professor at Alfred State: SUNY College of Technology, instructed his students to work within a 2ft-by-2ft cube. The objective was to conceptualize and create "texture" in a newly introduced computer software program called "Rivet". Within uniform spacial parameters and the theme of texture, students would design their ideal work space; one which included a private "office area" and an "exhibition space" to display their digital design prints and architectural models.

Students completed their assignment in three weeks, transforming their ideas from sketches on paper, to digital designs, and finally a three dimensional model.

This may sound simple, but it was a very difficult assignment when you consider the amount of variables included in the process. Dreaming of your ideal office might be easy, but going from creating texture with paper then switching to considering how to make texture with wood, metal, concrete and other building materials isn't so easy.

Each student's approach is creative, unique, and personal. It leaves you wondering how you would approach the assignment at hand and provides a glimpse into what practicing architects need to consider designing a functional space successfully.

If you would like to inquire about use of the gallery please email Jenny Hillenbrand at [HillenJB@alfredstate.edu](mailto:HillenJB@alfredstate.edu), or stop by the library homepage for more information: <http://www.alfredstate.ed...>

Submitted by: Deborah Clark

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### **Alfred Montessori School 2nd Annual Multicultural Event**

DATE: Saturday, Feb. 23

TIME: 3-6 p.m.

LOCATION: The Alfred Montessori School (located on Main Street, next to the children's park)

COST: \$2 per person

The goal of the event is to celebrate the variety of cultures that make up our community. Student organizations from Alfred University and Alfred State College, as well as community members, will be sharing aspects of their culture, via ethnic cuisine, performances, and craft projects, etc.

NOTE: If you or your student organization would like to share an aspect of your culture at this event please contact Mary Perkins, the Director of the Alfred Montessori School at [amsdirector@yahoo.com](mailto:amsdirector@yahoo.com) or call 607-587-9334.

Submitted by: Louis Lichtman

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