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Passionately Pink committee raises awareness for breast cancer

Eric Hudak
Managing Editor

Students and staff alike worked around the clock to bring awareness to Passionately Pink for the Cure, with much success this past week.

"I am aware of many students whose mothers are survivors," stated co-founder of the Pink movement at Alfred and Director of Residence Life, Brenda Porter. Porter added how she hopes the event will "give them a cause to be proud of."

Now in its third year running at AU, Passionately Pink has raised \$1,500 and \$3,000 respectively over the past two years and many are hopeful this year will yield even greater results.

Even during the summer, AU's Downstate program bought pink shirts, making the fund-raising and awareness generating a year-round project.

"We received fabulous support

from the sports teams," Porter mentioned, specifically pointing out the football team's commitment to wearing their pink wristbands.

This year's Pink movement culminated with the "Pink-Out football game" against AU rival St. John Fisher. The game also featured a youth flag football game as half-time entertainment in which Porter was one of the coaches.

Seniors Jessica Marble and Kevin Kostyk co-chaired the event, effectively setting the bar for next year's chair, sophomore Tim Mordaunt. Porter expressed confidence in Mordaunt's ability to manage the Pink events next October.

Events at this year's Pink Week included a new t-shirt slogan for sales ("Big or small, save them all") and pink hair extensions courtesy Shear Perfection in Hornell, which brought in over

\$100 in donations.

New this year was the Artists For a Cure Silent Art Auction, featuring artwork from John Gill, Lynda Sykora and Stephanie McMahon. Approximately 45 Alfred students, as well as an assortment of faculty and staff, attended the opening reception in the Cohen Gallery.

According to Porter, the Gallery "set the tone for a boutique environment that showcased all of the beauty and effort into the objects being offered. The location couldn't have been better and Pink is looking forward to expanding on the concept in October 2011."

The Passionately Pink committee managed to raise \$1,212 for the Susan G. Komen Foundation, with the hope of finding a cure for breast cancer.



Controversy or continuity at the WLC

Jericho Shackelford
Editor in Chief

Developed out of an initiative to provide Alfred University students with women's leadership styles, the Women's Leadership Center is currently facing alternate perspectives on education.

"Our hopes were that our sisters would wish to further the noblest of Greek causes, the development of leadership skills," stated AU Trustee, Greek Task Force member, and founding member of the WLC Advisory Board Chris Kulp, in explaining the WLC's foundation.

According to Kulp, the Greek Task Force took note of the vacancies that would be left by losing Greek life.

Although the WLC found a strong base in sisters of AU's disbanded Greek life system, the correlation is far more coincidental than causal. Support for a place to develop women's leadership is documented as early as 1996, six years prior to the disbandment of AU's Greek system.

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Women's Conference 2010

Eric Hudack and Nickolina Noel
Managing Editor and Features Editor

Students, faculty and invited guests settled in for the Women's Conference 2010 on Oct. 23 at the Knight Club in Powell Campus Center.

"The goal is to inspire women to be better leaders," President of Alfred University's Student Senate Ana Devlin-Gauthier said on the objective of the conference.

Members of the Women's Leadership Academy planned to encourage the spirit of confidence with the theme, "Don't merely exist, lead."

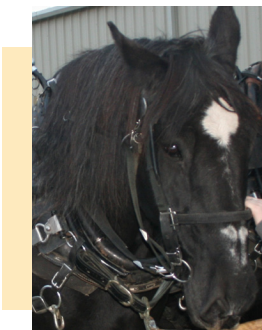
After the opening, guests proceeded to their chosen sessions in various grounds on campus:

Susan Howell Hall, The Career Development Center and The Women's Leadership Center. The first session included Women in Media led by Dr. Robyn Goodman, Inside Out Takes You Further (career success) with Judith Applebaum and Holly Justice, Creative Leadership with Nikki Hockenberry and Chanel Wright and Facing Adversity with Integrity and Confidence led by AU alumna (2007) Jodi Anderson Brown.

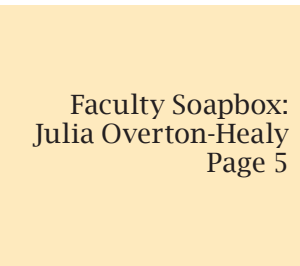
Goodman's lecture provided students the opportunity to engage in a discussion on the image of women in the media and how to increase the power of women in society.

"[Students] voiced their concerns with how women are often

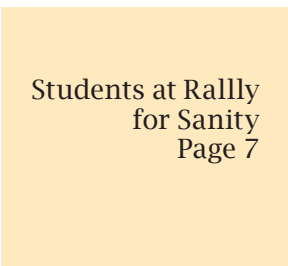
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EDITORIAL

OPINION

Hallowed origins forgotten

Halloween - the only day of the entire year where Twix bars are an acceptable form of dinner, and children and adults alike dress up in the wackiest costumes, playing pretend however they choose. In contemporary society, Halloween is all about make-believe and downing sugary sweets in excess, which seems pretty fun and innocent. Long vanished, however, are the origins of the actual holiday; they are much more bleak and superstitious than the costumes and cavity creations.

In the briefest of terms, the holiday’s origins tell us that Halloween began in conjunction with Samhain, an ancient Celtic festival as seasons changed and marked a time where the barrier between the living and the dead was broken. The presence of the spirits was thought to enlighten Celtic priests who could

better make predictions about the future during this period. For this annual occurrence, the priests built large bonfires for crop burning and animal sacrifice. At these bonfires, the Celts would ritualistically wear costumes of animals. This is where the concept of costumes enters our modern concept of Halloween.

Halloween was later brought to America with the surge of European immigrants. With a vast range of eclectic customs coming together, the holiday was shaped into what it is today by the 19th century, largely ignoring the spiritual, religious and superstitious roots of the Celtic tradition.

With all traditions, it is important to ground ourselves in origins and understand the crux of celebrations that modern society let fade into history.

Guest Column "What Our Students Told Me: Reflections on Remembering 9/11"

On September 11, 2001, a future Alfred student sat in their fourth grade classroom taking a spelling test. The school loudspeaker broke the silence. A voice explained that “something terrible” had happened that would change the United States. “They wouldn’t tell us anything else,” this student recalls, “[but] told us to ask our parents when we got home.” This student’s teacher felt it was wrong to keep the class in such excruciating suspense and decided “to turn on the TV.” Another student noted that they “didn’t know until I got home just how bad it was, to see it on TV over and over again and to have my dad try to explain it to me while crying.”

These short, but powerfully suggestive anecdotes, are taken from a larger project titled “When My Teacher Told Me.” Before the recent anniversary of the attacks, I asked students in Openhym, working as part of Dan Napolitano’s Drawn to Diversity Living/Learning Community, to create an interactive, temporary 9/11 memorial for the campus. I asked them to try and forget the way that teachers, historians, parents, and politicians ask us to understand the attacks of 9/11 and to think about their experiences on that day almost ten years ago. The design they created was brilliant: you might recall the classroom desks with notebooks and pens set up in a row along Academic Alley. The row of desks replicated where these students were, literally, when they heard of the attacks: a fourth, fifth, sixth, or seventh grade classroom, unaware, at that moment, that a staggeringly violent world existed beyond the walls.

Significantly, when you sit in a row of desks you sit comfortably in a recognizable mental space. You are a student, a child in a literal or figurative sense, someone who expects the authority figure at the front of the room to have the answers. In those school tablets, students wrote powerfully about their memories and almost every entry detailed the experience of being dislocated from that comfortable spot behind a desk. Teachers whispered, teachers cried, teachers tried to explain in language that was

understandably incomplete or abstract. Students probed their teachers’ faces, perhaps for the first time seeing them as people connected to a network of relations that extended beyond the school. Terrifyingly, this led these young people to contemplate, perhaps for the first time, how they too were part of a whole series of familial, historical, and political networks. As I read each notebook in succession, I felt the burden of that recognition of obligation as much as the piercing evocations of anxiety, shock and fear.

If we were not in the city that day, or at the Pentagon, we all experienced the day basically the same way. Confusion and endlessly repeated television images form the core of our memories. And this communal experience--our “shared history”--presents us, I think, with an interesting paradox. However much we felt a part of something on that day, the experience repeated across the country was overwhelmingly, paradoxically a solitary one. We were jarred from the comfortable place we occupied, no longer fulfilling one prescribed social role. And yet this sense of dislocation had no way to get voiced. Instead, we retreated to our homes, hugged those we loved and watched the endless repetition of those spectacular acts of violence on television. Shortly thereafter, we were even told to “go shopping.” Thus the insidiously effective intent of terrorism took its course.

We experienced what I would call the “privatization of memory:” the way an event like 9/11 becomes a publically referenced event that nevertheless is experienced in the secluded space of the home within the narrow frame of the computer or TV screen. As I read the notebooks, I was truly surprised to see that in each grade, in each school, the same pattern repeated itself: teachers felt compelled to keep quiet about the events despite the fact that the TVs were playing in the classroom. Parents were called, and it was only when our students got home that the adults in their lives spoke to them about what had happened. Even then, there was no place to go but the television screen. In the face of such disorienting experiences,

it is no surprise that we wish to cast our world into easily identifiable factions. In contrast, our students’ memorial design placed that comfortable row of desks outside, in the sight of others, asking us implicitly to think about the connections we all have to public realm as we write down our private memories.

The memories inscribed in the notebooks are like shards of broken glass -- sharp, piercing, but also incomplete, unable to be brought together as a whole. However, I find these stories difficult to discount as uninformed, “childish” responses, as merely the starting points in individual narratives of maturation in which the errors of the child are corrected by the wise adult. On the contrary, reading and reflecting on these notebooks challenged my own grasp of our fractured history. Our memory-work need be self-critical. The best memorials, such as the Vietnam Veterans’ memorial, ask us to literally and figuratively reflect on our private memories and how we relate--or not--to those absences that define the traumas of our time.

If you want to know more about how dedicated people in New York City and elsewhere have struggled to tell a self-reflexive history, I urge you not to miss Dr. James Young’s presentation “The Stages of Memory: From Berlin to New York” this Wednesday, Nov. 3, in Nevins theater at 5:15 p.m. For more information about this talk, see Alfred Today online.

Dr. Robert Reginio
Assistant Professor of English

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Apathy is not awesome

Vreni Gust
Opinions Editor

Where do you see yourself in the upcoming years? Do you see yourself with a college degree? Do you see yourself working full time? Do you see yourself with a family? Do you see yourself being financially self-supportive? I think it is safe to say most college students can identify with at least some aspect of these visions.

Obviously, everyone has felt some impact from the recession. I think many students agree that they are afraid they will not be able to find a job when they graduate due to the job market. Personally, I have known many recent graduates who are struggling to find employment and pay off student loans. The cold

truth is that in the upcoming years, the state of the economy is going to greatly affect the lives of college graduates.

But in a small, somewhat isolated town like Alfred, it is easy to overlook and even ignore these issues. Even if you are thinking about the economy and the job market, you might also be thinking, “what’s the use of worrying, there’s nothing I can do about it now.”

There is something you can do. Vote. Midterm elections are on Tuesday, Nov. 2, and these elections determine the politicians who will make important decisions that may directly influence your goals and life after college. Midterm elections will determine which party will be in control of congress. Don’t you want to have

a voice? The upcoming election might lack the glitz and glamor of the 2008 presidential election, but just because there are no celebrity endorsements or giant posters does not mean it is less interesting or less important.

College students are constantly getting a bad reputation for being apathetic, and for good reason. Interest in politics and voting appears to be at a significant low point among college students and young people in general. In 2008, Rock the Vote registered 2.5 million young voters. This year, it has signed up just 280,000. On other campuses, groups such as the “Unifying Truth Project” in North Carolina are encouraging students not to vote. They are saying that voting only condones a system that isn’t working, so

not voting makes more of a statement.

The truth is that inaction does not help make progress, it only sets us back. Voting is our right, and it is our responsibility to exercise it. But, as with all choices we make, it is important to vote responsibly. Therefore, before you vote, look at the facts and decide who you want to vote for. Votesmart.org and Factcheck.org are two great places to start. So please, do your research and vote. These elections will have a huge impact on what happens in the next few years, and those years are very pivotal years in the lives of all college students.

Voting is awesome; apathy is not.



Now that temperatures are dropping, Green Alfred would like to remind those readers not living on campus to keep the thermostat at a reasonable level. Even if you do not directly pay for heat, it is still good to be aware of how much energy you use. On average, people feel comfortable at 68 degrees in the winter.

OPINION

Cliff’s peak

Griffin Taylor
Staff Writer

A few weeks ago, I headed to Buffalo to watch the Bills host the New York Jets. If nothing else, I needed reassurance that Walmart is not the pinnacle of civilization.

A few years back, ETRADE ran an ad that went as follows:

“Somebody is always going to win the lotto. It’s just not going to be you.”

Somebody is always going to win a game in the NFL. It’s just not going to be the Buffalo Bills.

Buffalo’s quarterback, Ryan Fitzpatrick, hails from (insert drum roll)...Harvard, and in the first half displayed why the NFL. isn’t the most popular career choice amongst his fellow alumni.

Toward the end of the second quarter of a game already out of Buffalo’s stunted reach, Fitzpatrick connected with a Buffalo receiver on an intermediate route for a first down in Jet territory.

One would have thought

Chuck Norris and Stone Cold Steve Austin stormed the field in unison.

Advice to fellow college students a bit confused by this whole “job” idea: open up a psychic stand in Western New York. Predict the Bills will lose their next game. And inevitability they would, but here you would be the ninth wonder of the world.

How could Bills fans accept such mediocrity? How could they allow management to put such an inferior product on the field and offer such undying loyalty and belief? On the heels of a playoff-free decade, Buffalo fans have assured me that 2010 is a rebuilding year.

A meaningless first down against a prevent defense, however, and Ralph Wilson Stadium sounded like the place to be. And this was no Bronx cheer...

Which brings us to the Bronx. Turner Sports’ marketing slogan for its coverage of the playoffs states “This Is Beyond Baseball.” This past Monday night at Yankee Stadium, the network’s claim was validated.

By now we all know of Cliff Lee, postseason legend. We know of perfect postseason record, of the surgical precision with which he paints the black when he is on the mound in October. We know of the Game 3 line that needs no intro; 8IP, 2H, BB, 13K.

What we should know is how the masterpiece the Texas ace created inside the House That Ruth Built crippled a monarchy in the kingdom of sports fans.

As a Met fan in a Yankee town, I have been forever resigned to second class citizenship. When a friend calls to tell me that the Mets signed a big free agent, I ask what the catch is (it is different every time). When I call a Yankee fan and tell of his team’s failure to sign a big free agent, he asks what the catch is (it doesn’t happen).

It is because he, and the 49,000 plus in attendance this past Monday, are a part of the Royal Family that rules the sport fan kingdom .

The Family demanded its 200 million dollar lineup draw blood when Lee took the mound at the start of the hour; by its close, they

begged for a scratch. Finally, with two outs in the bottom of the fourth inning, Lee issued a bases empty walk to Mark Teixeira.

As Teixeira made his pompous trot toward first base, Yankee stadium sounded like it usually sounds in October. Only this time, its team still trailed by two runs and nary a runner was in scoring position.

And this was no Bronx cheer.

Monday night, Cliff Lee made the unthinkable happen; the Royal Family from the Bronx shared a moment with the pagans from Buffalo.

Lee gave the spite in us middle class fans a deep-tissue massage. Resentment of elite is a pulse of democracy. Those of us that “can’t” resent those that “can.” We can stash the resentment and pretend that it doesn’t exist, but in some aspect of life (baseball related or not), it is there. We salute the high and mighty from afar, and search for chinks in the armor at close range.

I don’t know if I buy that payroll discrepancy and lack of history that cast Texas as David

in the series. Josh Hamilton beat drug addictions; he does not fear Yankee Stadium. Vladimir Guerrero’s strike zone spans whatever zip code he is in (the answer to which he probably doesn’t know); its doubtful that he fears Yankee stadium. Michael Young has waited so long for a postseason at-bat that he doesn’t give a darn about Yankee stadium. The new sheriff in town is Nolan Ryan. He doesn’t fear anything.

And Lee certainly does not resemble an underdog. He may well be a Yankee come winter.

When that day comes, the “Royal Family” will no doubt flex for all to see, and the rest of us will lurk in the shadows.

On Monday night, Lee provided middle-class citizens of the kingdom an alternative to wishing that we are not who we are -- an opportunity to be thankful that we are not “them.”

Cliff Lee, how we do love you for that.

FEATURES

Art gallery exhibition: “Perceiving Place”

Jon Merritt
Contributing Writer

Audiences in Alfred were graced with the opening of a new exhibition on Oct. 22 at the Fosdick-Nelson gallery, presenting four artists delving into the concept of “Place.”

The exhibition, “Perceiving Place,” displays the work of painters Mike Glier, Josephine Halvorson, Nina Rizzo and Corinne Ulmann. It was inspired by each artist’s unique understanding of space and environment.

Students and faculty stopped to observe the artwork. Director of the Fosdick-Nelson Gallery, Mrs. Sharon McConnell, said she was “very impressed” with the whole show, citing it as one of the best shows the gallery has had in recent memory.

The rapid brush strokes, vivid colors and striking layers of Nina Rizzo’s paintings are admirable. Objects are often depicted in the forefront, with distinct emphasis on the whole presence of the material used. At first glance, it may seem confusing as to where Rizzo’s understanding of place falls, since her paintings are so focused on the object which seems both realistic and fictitious. These mysterious amalgamations are rich with intuitive uses of color, constructing the

dimension and form of the objects at hand. Indeed, Rizzo’s paintings are not so much concerned with the place of where the object sits, but rather with the places in the perception of the object.

Josephine Halvorson’s paintings have a more reserved tone, being smaller than the paintings by Rizzo, and having a more neutral color palette. Her paintings appear to be made on-site from direct observation, and often depict small spaces or cropped areas that evoke a feeling of enclosure. Halvorson’s work tells an almost haiku-like story when viewed collectively, and the places perceived can be read quite differently depending on the distance between the viewer and the canvas. It is as if when getting closer to each piece the tightness perceived from afar gradually loosens up, and the distance between each area in the painting widens and the seemingly shallow space becomes a vast expanse of detailed separation.

While Halvorson explores place through the impressions of tiny, yet immeasurably large spaces, artist Corinne Ulmann approaches place with the use of light and perspective. These paintings were monochromatic and replete with incredible detail. Reductive in nature, the

paintings seem to have started off as pieces of a singular color and transformed little by little into awe-inspiring perceptions of a leaf-littered backyard from an aerial perspective. However, what was most interesting about Ulmann’s work was the piece, “800 Tenth Avenue,” where Ulmann painted a gigantic mural on the side of a building in New York City. Miniature versions of the two paintings appear in the gallery, but a photograph was also provided displaying their place in New York City. One of the murals depicts trees containing the bright yellows and oranges of autumn, while the other mural appears more subdued with blurred and casted shadows of trees. Together, the two pieces form a rhythmic and reflective interpretation of place, as the painted and transparent window panes that decorate each mural represent a different understanding of a similar space that can only be perceived through reflection; one mural reflection is implies the form of the trees, and the other is implied through the transparency of the windows.

Mike Glier gave a lecture prior to the exhibition’s opening on Thursday, Oct. 21 where he discussed his career as a painter and his most recent projects.



Photo provided by Jonathan Merritt

Most recently, Glier has been observing different environments over extended periods of time, documenting the changes as part of two projects he called “Along a Line” and “Latitude.” For Glier’s “Along a Line” series, perceiving place was to establish works that would operate on a global level, creating paintings based off of the travels he made to four points on one line of longitude on the globe. In slight contrast, his “Latitude” series brought forth paintings done in one place as Earth’s axis turned, thus as the

seasons changed, he was able to document all the incremental changes that happened along the way. His paintings, abstract and assorted in design, form coherent interpretations of place by bringing attention to the subtle differences and transformations that occur through the cyclic action of the seasons.

Redmond’s Bergren Forum enlightens

Melanie Baker
Arts & Entertainment Editor

Erin Redmond, assistant professor of Spanish at Alfred University, presented an informative and entertaining Bergren Forum on Oct. 21, titled, “1930s Hollywood and Argentine Literature: Melodrama in Manuel Puig’s Betrayed By Rita Hayworth.”

In the course of the hour-long presentation, Redmond touched on a plethora of engaging ideas, beginning with literature at large. Redmond questioned, “what is the point of talking about literature?”

In a theoretical nutshell, we value literature and believe it makes us better people, but Redmond herself was not satisfied, and proceeded to question why we value literature so specifically. In order to illustrate her connection of literature and its impact (and vice versa)

on popular culture, Redmond employed Argentinian writer Manuel Puig’s novel, “Betrayed by Rita Hayworth,” to examine the seamless relationship.

Born in the quaint General Villegas in Argentina in 1932, Puig was born into a traditional family with male-dominant expectations. Redmond stressed the important impact that typical Argentinian domestic and marital roles played in Puig’s life, especially in his novels.

The talk then focused on Puig’s own existence in Argentina, with culture dominated by the stereotypical male gender roles and women expected to “stand behind their man,” embodied by Juan and Eva Perón, respectively.

As Puig’s literary creativity grew, he began to feel suffocated by the Perón regime, which banned his most popular novel, “Kiss of the Spider Woman,” written in 1976. It wasn’t until the fall of the regime in 1983 that the ban was lifted. The Argentinian government, being on to Puig’s “liberal” and supposedly “communist” literature, was enough to cause Puig to flee to Mexico and Brazil, among other countries.

Although Puig separated himself from the Perón agenda, his own opinions about the glamour and Hollywood façade of Eva Perón translated directly into his first novel, “Betrayed by Rita Hayworth.” The novel’s young protagonist, Toto (supposedly a nod to Puig’s childhood self), examines women in Hollywood, showing admiration for the wholesome actresses like Norma Shearer and held contempt for the femme fatales, like Hayworth herself. Puig himself was admittedly obsessed with the Hollywood scene and was fascinated with the world of film, which inspired him to begin writing.

Redmond’s captivating and seamless talk clarified the correlation of melodrama in the relationship of Puig to the exterior image of Eva Perón, and Puig’s connection to his outlook on Hollywood heroines in “Betrayed by Rita Hayworth.”

Erin Redmond inspired attendees of the forum to explore Puig’s literature with a much more insightful eye, thanks to her eloquent and well-researched presentation.

Faculty Soapbox: The WLC: More than an academy



Julia Overton-Healy
Director of the WLC

Whenever I am asked about the Women’s Leadership Center (WLC), I like to explain all the different services and opportunities it provides the AU community. Let me start with this: We’re more than the Academy.

The WLC helps AU members build leadership skills and learn more about how leadership works in the “real world.” Our Learn-to-Lead workshops focus on fundamental skills such as leadership styles, public speaking, conflict resolution and time management. Next semester, we will offer topics on money management, basic social etiquette, salary negotiation and writing professional communications.

The WLC hosts the Women of Influence speaker series which brings to campus high profile and high achieving speakers who have distinguished themselves in their fields. Speakers share their life stories and advice on how to succeed and how to lead effectively. The Women of Influence series has welcomed judges, authors, museum curators, scientists, engineers, business owners and

social activists. Next semester, we will host Dr. Maureen LeBeouf, the first woman department head at the U.S. Military Academy, and Dr. Rachel Teaman who was instrumental on “Pathways to Progress,” a research initiative to support girls avoiding risky behavior during adolescence.

The WLC sponsors special events such as the Women’s Conference held on Oct. 23, the Saxon Chef Cook-Off and Auction on Nov. 2, and self defense seminars. On Nov. 16, the WLC will offer a special panel discussion on careers in green, eco or agricultural industries. The panel is comprised of AU alumnae who have achieved success in these careers.

New this year is the Women’s Leadership Research Award, which provides financial support to students (graduate and

undergraduate) to conduct academic research on subjects related to women’s leadership. Applications can be obtained from the WLC and we encourage applications from all colleges and schools at AU.

Many people know about the Women’s Leadership Academy, which is a cohort-based leadership training experience for selected students. Applications for the next cohort will be accepted in the spring semester for our next Academy class beginning in the fall. Academy students take leadership courses together, work on a leadership capstone project and are also matched with mentors who help them with professional, academic and career goals.

The WLC is also the home of a special leadership library, not duplicated by Herrick or Scholes.

We also house a special collection of books, plays and poetry related to Women’s Studies. And of course, our building is a great meeting space for clubs or organizations. Just call us to reserve the common room of the WLC. Or, just stop by to rest, relax, read... it’s a really comfortable space.

So, now that you’ve read this far, you know the WLC is more than the Academy. It is workshops, speakers, special events and space... all with the goal to help you become a more effective leader. The WLC is for everyone, because leadership is for everyone. Check our event calendar at www.alfred.edu/wlc, or call us to learn more at 607-871-2971.

Light shed on the moody blues of SAD

Victoria Flood
Contributing Writer

It is SAD when moods change like the weather and this article is all about seasonal affective disorder.

SAD is apparently a lot less common than its milder stepsister, subsyndromal SAD (“winter blues”). Though reports on percentages vary due to one’s sex and geographic location (higher in women and in northern climates), roughly 6 percent of the population suffer from SAD and 14 percent from subsyndromal SAD. Every year people with these disorders find themselves depressed, excessively tired, craving starchy foods, and gaining weight for no apparent reason.

Light therapy helps combat SAD. While there is a positive side to vast quantities of snow and fewer daylight hours (winter sports, snowmen and a long break from sunscreen, to name a few) most people still miss the sunshine. The intense cold and darkness associated with winter makes those months pretty miserable for most people, but some more so than others. People who suffer from SAD have a physiological mood disorder resulting from the changing seasons.

As Covell explained how “circadian rhythms” (24-hour cycles) affect the body, it began to make sense that the invention of the light bulb would have altered

hormone production. Back in the days before the light bulb, people generally got up when the sun rose and went to bed when it set. Thanks to Mr. Edison, we are able to stay up as long as we like without burning a drop of midnight oil.

Since most people do not spend as much time outside as they used to based on sunlight, acquiring the appropriate amount of natural light is more difficult. Normally, as a response to nighttime and the body’s need for sleep, the brain produces more melatonin, which makes the body tired. In the morning, cells in the retina transmit evidence of light to the brain, which causes melatonin production to cease, thereby giving the sense of wakefulness. As there is less light from late fall to spring, these are generally the months during which people are affected by SAD.

According to WebMD, some symptoms to keep an eye out for during the winter include decreased levels of energy, difficulty concentrating, an increase in appetite and an increased need for sleep. During the summer, symptoms include a decrease in appetite and difficulty sleeping.

If you have experienced the symptoms listed above for two or more consecutive seasons, you should go to your doctor or to the Wellness Center so that you can be tested. It is important to rule out conditions with similar

symptoms. These conditions include hypothyroidism, anemia, hypoglycemia, chronic fatigue syndrome and diabetes. They all share some symptoms with SAD, but would not respond to the same treatments.

If it is discovered that you do have SAD, there are a number of treatments available to you. Even if you decide not to move to Florida, you can still compensate with medications like fluoxetine (Prozac) or sertraline (Zoloft), or you can opt for light therapy or phototherapy. This treatment can be administered by sitting beneath a specially designed light box or lamp which emits a broad spectrum of light effective in replacing some of the light lost during winter months.

The Wellness Center has such a lamp available to students with SAD, but they are also available for purchase at a reasonable price in many stores. If you choose to buy one, remember that it is important to speak with a licensed professional, first.

While light therapy has not been proven to have negative effects in most people, it can cause mania or hypomania in those with bipolar disorder.

So stop by the Wellness Center if you are feeling under the weather, or if you just have questions regarding your health. There is always someone there to help.

What’s New with Swine Flu?

Sonya Ellison
Contributing Writer

This year the Wellness Center has not had as many people come in with H1N1 as the year before.

According to Pam Schu, last year the Wellness Center saw around 107 cases. However, there is a problem with reporting numbers when estimating how many people within the whole campus suffer from this illness.

“Not everyone with symptoms comes to the Wellness Center to get them checked out,” says Schu.

The symptoms are similar to the common cold or mild flu-like symptoms, which is what makes diagnosing swine flu tricky.

“But students don’t realize how important it is to watch your symptoms...if left untreated, it could develop into pneumonia and that’s why it’s such a big deal.” Schu says.

The care necessary for recovery from swine flu is the same as regular influenza. This means that students should take care of themselves like they have been told countless times through

eating right, getting enough sleep, exercising, and taking a multi-vitamin with at least the daily amount of Vitamin C regularly.

The high-risk groups for swine flu include young children and those with asthma.

“The interesting thing about swine flu is that elderly people are not in the risk group,” Schu stated.

“Many people of that age have experienced the virus sometime earlier in their lifetime, and have developed an immunity to it.”

Although most college-aged students are not in the risk group, Schu encourages everyone to get vaccinated against H1N1 every year.

The swine flu shot is something new this season. Unlike last year, it includes resistance against both H1N1 and the seasonal flu.

Students can receive an H1N1 vaccination for \$20 through Health Services at the Wellness Center by making an appointment. If anyone is interested, call the Wellness Center at 607-871-2300.

ADDITIONAL NEWS

Matt Zeller Upcoming performing arts calendar on campus

Eddie Brown
Copy Editor

On Monday, Nov. 1 at 7 p.m., New York’s 29th Congressional District Democratic candidate, Matt Zeller, will be speaking to voters in Nevins Theater.

Alfred University’s Political Science Club invites students, staff, faculty and community members to come connect with Zeller one last time before the elections the following morning.

He will speak to the audience for 10 to 15 minutes and then will answer voter’s questions for the remaining time.

There is no admission charge for this event, but the Political Science Club encourages those interested in attending to show up early, as space is limited.

Melanie Baker
Arts & Entertainment Editor

The performing arts department has must-see events in music and theatre in the upcoming weeks.

Festifall, Alfred University’s annual fall music showcase will take place on November 5 in the new Miller Theatre at 8 p.m. This year’s Festifall will feature jazz music performed by AU’s music ensembles including University Chorus, Chamber Singers and the Jazz Band. The night will certainly be memorable and highlight the magnificent music program here at Alfred. Admission to Festifall is free.

In the theatre realm, Alfredian Dramatists, AU’s student theatre

group, will be hosting their bi-annual 24-Hour Theatre Marathon on November 6 at 8 p.m. in Room 301 of the Miller Performing Arts Center. Students will work around the clock for the 24 hours leading up to the performance with script writing, casting, memorizing and directing student-written scenes. Audiences will witness the combined effort of 24 exciting hours devoted to producing spontaneous and impressive student theatre. Admission to the 24-Hour Theatre Marathon is free.

Both events will definitely be worthwhile, and with free admission everyone should go and support the great performing arts department here at AU.



Photo provided

Women’s Conference Continued...

stereotyped as empty-headed and over-sexed in advertisements and TV shows,” Goodman said about her lecture. Goodman went on to add that the students seemed anxious, however, to find ways to pressure the media to cover women in a more even-handed fashion.

After the first session, guests returned to the Knight Club for lunch, provided by AVI Food Services, and a speech presentation called “Having it all: Defining what that means for you,” by Christa Christakis.

The theme of being a successful leader dealt with the importance of “saying no” and knowing limits and its relevance was not lost on the audience.

“It related to every single person in that room to the point where people thought the speech was specifically written for them,” Devlin-Gauthier stated. “It was applicable to all student leaders’ lives.”

Session Two included Title IX: Women + Sports + Equity = Success with Kathy Woughter, vice president of Student Affairs at AU, Meditation Workshop with Dr. Shannon Hickey, Woman in a Man’s World with Naomi Silver and Non-profit Careers and Leadership led by Gretchen Hanchett.

The last sessions were Special Panel Discussions which included the Major Women Panel downstairs in Susan Howell and a panel called Managing Independence, upstairs in Susan Howell Hall.

The Major Women Panel was led by Dr. Linda Jones, associate vice president of Statutory Affairs at AU Inamori School of Engineering, Dr. Karen Porter, professor of sociology, Leslie Bellavance, dean of AU School of Art and Design and Sharon Davidson, professor of accounting.

The Managing Independence Panel

was led by life coach/consultant Dr. Judith Colla, Colla Associates. Sr. Margaret Carney, president of St. Bonaventure University, Brenda Copeland, CEO of Steuben Trust Bank and Melissa McGraw, CEO of Workchic.

The presentations were all focused on women managing independence and becoming more alert of our environments in society.

“I was awakened by the mind-blowing presentation by Dr. Goodman on Women in Media,” said Jamie Troy, a student of the College of Liberal Arts and Sciences.

Dr. Robyn Goodman introduced a documentary film written and directed by MEF Executive Director Sut Jhally. The film applied sociologist Erving Goffman’s research on advertising and how it conveys normative ideas on masculinity and femininity.

Dr. Julia Overton-Healy spoke for the closing session, “Sustaining Personal Happiness,” in the Knight Club while guests savored doughnuts and apple cider provided by Lain’s Cider Mill.

Devlin-Gauthier hailed the conference as a major success.

“We are currently in the process of processing the event and we’re getting good feedback,” Devlin-Gauthier stated.

Devlin-Gauthier went on to add that the conference was well attended, and due to the size restrictions of the venue, were forced to turn people away.

“It was sad but very exciting.”

Goodman added, “I thoroughly enjoyed this wonderful event, and I hope to experience many such women’s leadership events in the future.”

Controversy or Continuity Continued...

AU established the WLC in April 2004 with a challenge donation from an anonymous donor that has been met in all subsequent years both by donations and institutional funding.

Controversy was not created but grossly kindled at an AU student senate meeting Wednesday, Oct. 20, resulting in campus debate on the issue: Has the AU demographic matured beyond needing AU’s WLC? Many young women entering AU have noted skepticism of the WLC’s purpose as unnecessary or ironically repressive in its seemingly nominal agenda, subsequently intimidating a division of status.

Alfred was the second coeducational institution in the United States, yet above all, the WLC was created to address issues of inequality amongst men and women present within the Alfred community, not just as preparation for the world after undergraduate education.

“It is appropriate that Alfred University, which has been educating women on an equal basis with men since its founding more than 150 years ago, takes this step to address the needs of our women students today,” stated AU President Charley Edmondson in a May, 2004 press release about the creation of the WLC.

The WLC is financially supported by many women, their husbands and men independently thinking on behalf of leadership at AU.

Recently the Women’s leadership Academy had its demographic changed by one, with the admission of junior Bachelors of Fine Arts student Kevin Carr.

“[We] never had a male student in the Women’s Leadership Academy because they never applied,” Dr. Julia Overton-Healy commented.

Overton-Healy went on to explain that the Women’s Leadership Academy has changed its mission statement very little and has never inscribed the exclusion of men.

Attendance at the Women’s Conference showed four male participants out of the 95 attendees. This figure signifying those

outside the coterie have perhaps pigeonholed the WLC and its women’s initiatives much the same way historically black colleges and other such nominal institutions have been victim to the names they bear.

Autumn McLain, a member of the Women’s Leadership Academy, found through an independant study she conducted with the aid of Overton-Healy that Alfred University may benefit from a more general leadership center or program. This proposal was made amongst many other suggestions to strengthen AU’s leadership development programs.

Duly noted is the fact that the WLC and its Women’s Leadership Academy is only one of a multitude of options at this individuality inspiring university. Other leadership opportunities include becoming a Garry Horowitz Leadership Program member, a resident assistant, a First Year Experience peer leader or an orientation guide.

Despite the varying leadership possibilities on campus, the WLC is still very widely seen as that “opportunity upon a hill,” as it remains to be the only leadership center on campus.

Developments within the WLC have left onlookers thinking perhaps this leadership center is simply overshadowed by the prefix that it is based upon but in the end that basis is call enough for its foundation and continuation.

For those students that believe perhaps society has outgrown a need for a place such as the WLC, much has changed for the standing of women in recent times however the vast majority of women are still paid less than their male counterparts and general inequality is still sited as motivation to keep striving.

“Although women are faring better in the workforce, they still face discrimination and inequity. Add that to fierce competition for jobs and difficulties in advancement and it seems imperative that students to prepare themselves to be the best that they can be,” Kelp said.

ARTS & ENTERTAINMENT

The man, the myth, the Alex Ebert



Melanie Baker
Arts & Entertainment Editor

Ima Robot is officially back with their third studio album, “Another Man’s Treasure,” and it most certainly is a musical gem. In the four years since their second album, “Monument to the Masses,” was released, Ima Robot front man, Alex Ebert experienced his own inner transformation and formed Los Angeles based hippie folk cult supergroup, Edward Sharpe and the Magnetic Zeros. Edward Sharpe and his musically genius disciples virtually skyrocketed to indie fame overnight, gathering droves of loyal fans across the

summer festival rush and underground music circuit. During the flux of Ebert’s new-found fame, he decided to return to his roots with Ima Robot in order to create and reinvent a far different sound than their past two electric-pop based albums. Thus, “Another Man’s Treasure,” was developed with Ebert’s own alter ego, Edward, popping up in tracks with more psychedelic backbeats and a loving affinity for xylophones and tambourine shakers than in their self-titled debut in 2003, and “Monument” in 2006. Whatever shifted for Ebert, or caused his own personal epiphanies (altered by substances or not), is much appreciated, and creates an honest and blissful quality to his new music ventures, which was less audible in his previous work. The hit track off of the new album is “Ruthless,” the essential drum circle, warpaint primal, electro anthem. Not to mention it has a subtle nod to Ghandi in it. It’s a song to blast in the middle of a woodsy bonfire, escaping all societal expectations and getting in touch with nature. Ebert makes it too easy to succumb to the gorgeous synthesized beats, which

link together with percussive instruments, guitar and maraca elements for a sound that is not just unique, but spellbinding to listeners. “Life Is Short,” another track that is hard to get enough of, feels like a revolutionary match up of Bob Marley, Yeasayer and of course, the original offbeat quality of Ima Robot. Flutes, magnified bass and echoing tambourines, enhance the song’s island-flavored backbone. Ebert repeats, “I need your love” throughout, and listeners are guaranteed to give it to him. The album’s eight tracks are meaty, packed with a minimum of five minutes each to ensure that Ebert and his robot counterparts cram in as many instruments and creative beats as they can, but never in an overwhelming sense. Ima Robot seems to possess a magic wand that enables them to layer, build and experiment musical elements together in the confines of one track, seamlessly. It has been thrilling to watch Ebert’s figurehead persona develop and adapt after being introduced to their dance worthy, auto-tuned hits like “Creeps Me Out” and “Cool Cool Universe”



Photo provided

back in high school. With Edward Sharpe and his new Ima Robot album, he has ditched all pop world expectations for an epic display of facial hair and clothing that is more akin to Jesus than any acclaimed Top 40 figure. It’s no wonder that indie kids become religious converts and fawn over him like he embodies the second coming of musical worship. Right now the indie music scene belongs to Alex Ebert; we’re all just dancing along in it.



The Drums playing for a full house of CMJ participants in New York City

Photo provided by SAB



Diamond Kings play CMJ

Photo provided by SAB

SAB and WALF attend CMJ

Radu Rotaru
Staff Writer

Alfred University’s Student Activities Board and WALF Radio Station sponsored a delegation of eight student representatives from both organizations at the 2010 College Music Journal Music Marathon and Film Festival in New York City Oct. 20 through Oct. 24. The College Music Journal (CMJ) is an event that occurs once a year in New York City. The 2010 event celebrated the 30th year for the Music Marathon and the 16th year for the Film Festival, and is geared towards the discovery of underground bands and films.

The event occurred for five consecutive nights, and had over 1,200 live performances from 30 countries at 75 popular clubs and theaters around the city. A few well-known artists who took the stage at the CMJ in previous years includes Nirvana, Lady Gaga, Black Eyed Peas, U2, as well as many others. This year’s festival brought popular bands such as Phoenix, LMFAO and Daft Punk, along with others such as the band Glasser which performed as an opener for Gayngs, at Alfred University on Oct. 1. At the arrival in New York City’s most popular borough, Manhattan, the eight AU students received their badge-holders

which gave them a full free access pass to all the concerts, panels, films and speeches. Even though most of the students stayed together in a hotel, throughout the day and into the evening everyone dispersed around Manhattan to cover as many venues as possible. The more venues covered, the more feedback the SAB and WALF members acquired, hence enriching the possibility of discovering new on-the-rise bands that could in the future perform at Alfred University before having national or international recognition. One of the many memorable events that occurred during the CMJ was the screening of the movie ‘Love & Other Drugs’ which

was followed, surprisingly, by a Q&A with the main actor, Jake Gyllenhaal, at which many Alfred students were present. The president of SAB, Michael Kudra, agreed to give a small glimpse of the bands that could perhaps perform on stage for AU students in the future. According to Kudra, “The bands that most of the members enjoyed were Surfer Blood, First Aid Kit, Diamond Rings and The Drums among many others.” Having participated at the CMJ in the past three years, Michael stated, “This year was the best year I have been to, and besides the great concerts, I got the

chance to attend panels about music writing and managing recordings.” Overall, the delegation covered more than 50 concerts, panels and movies and it proved to be a great success for the WALF Station and Student Activities Board. AU has been present at the CMJ for the past 15 years and it will definitely send another delegation in 2011, since many members are already looking forward to next year’s event. For more details about the event, visit the official website at www.cmj2010.com.



Photo provided Zachary Grosser

A few sane people

Jericho Shackelford
Editor in Chief

Alfred University students bussed a Drawn to Diversity contingent to the National Mall, Washington D.C. to attend John Stewart and Stephen Colbert's Rally to Restore Sanity and/or Fear Saturday, Oct. 30.

"Yes we can, but not overnight," was President Barack Obama's response to many of John Stewart's barrages Wednesday night before the Stewart/Colbert rally.

Motions for the trip began months ago, diminished and were then revived by Drawn to Diversity members with the help of Director of Student Activities, Dan Napolitano. The trip was made possible by 50-dollar contributions from attending students, the Center for Student Involvement, a coach bus from Alfred State College and a thirteen-hour effort from Bill, the bus driver.

Students made their way onto a 7 a.m. train on the yellow line from Greenbelt metro station.

The Roots kicked off the rally at noon, introduced John Legend in accompaniment and later gave way to performances by Yusuf Islam (formerly known as Cat Stevens), Ozzy Osbourne, The O'Jays, Mavis Staples, Jeff Tweedy, Kid Rock, Sheryl Crow and Tony Bennett.

Colbert called out news organizations for disallowing their reporters' attendance at the rally for fear of making the organization appear too leftist. Colbert followed the gesture by giving an award to a seven-year-old girl who apparently had more courage than these media corporations.

"It delivered as an entertaining concert with moments of inspiration, but certainly wasn't the defining moment for our college students that I had hoped for," said Napolitano on the rally.

While estimates on attendee numbers are still up in the air, the most accurate appear to be Canada's CTV showing 250,000 participants.

Outside the hours of musical performances, in which appearances from both Stewart and Colbert were strategically scattered throughout, the rally threatened

to underwhelm.

Finally, permit nearing expiration, in front of what Stewart jokingly estimated must have been 10 million people, he gave reason for the Rally to Restore Sanity in a 13 minute moment of sincerity.

"If we amplify everything, we hear nothing," said Stewart beginning his address. "There are terrorists and racists and Stalinists and theocrats, but those are titles that must be earned, you must have the resume. Not being able to distinguish between real racists and tea partiers, or real bigots and Juan Williams or Rick Sanchez is an insult not only to those people, but to the racists themselves who put in the exhausting effort it takes to hate."

The mall's quarter million people laughed and cheered at the jeers aimed toward political pundits and politicians. Continuing in on the press, Stewart offered this quote:

"The press is our immune system. If we overreact to everything, we get sicker."

Later in the speech, Stewart offered a metaphor comparing individuals and their

ideologies with car traffic, each car giving a little to go a little further. Noting that we as individuals make compromises to do everyday tasks, Stuart contended there is no sound argument as to why people cannot be reasonable in Washington.

"You go, then I'll go. You go, then I'll go. You go, then I'll go. Oh, oh my God is that an NRA sticker on your car? Oh is that an Obama sticker on your car? Eh, well that's okay, you go, then I'll go," said Stewart explicating on his idea.

The eventful afternoon was unfortunately dampened by the Washington D.C. metro system, which was demanded beyond its capacity yielding extensive lines, closed platforms and empty trains. The fiasco at the metro led AU students, Napolitano and DeGraff on an hour-long detour ending with another subterranean wait for the next metro car.

Overall, the event, political or not, functioned as a gesture towards sanity. Through an afternoon of "Oh you go"s, participants proved the power of being calm.



Photo provided Zachary Grosser



Photo provided Zachary Grosser

(Above) Woman at the Rally to Restore Sanity and/or Fear holds a homemade sign for freedom.
(Right) Sandra Perry happily holding one of the three Drawn to Diversity sign that got national coverage.

MORE FEATURES

Talking for peace in the Middle East: The U.S., Karzai, and the Taliban

J.P. McCombs
Sports Editor

When the U.S. military entered Afghanistan in October of 2001, there was one overwhelming objective: take down the Taliban. Whether it was for oil control or revenge for the attacks on Sept. 11, every road eventually led to the Taliban. It has been ten years since the U.S. has been in Afghanistan and, finally, open peace discussions with Taliban leaders have begun. This is a huge step for not only the U.S. who still has 100,000 troops located in Afghanistan, but for the radically young Afghan government led by President Hamid Karzai.

Over the past few years, the Taliban movement has been under a transformation that focused their resistance on a much more nationalistic approach with respect to Afghanistan. According to Qari Yousef Ahmadi, the Taliban “are fighting to free our country from foreign domination.” The fact that he uses the word country splits away from the typical Taliban approach which is to fight western domination wherever it is, and not just within specific borders. However, Taliban efforts have been decreasing, the reasoning behind the cooperation.

The Taliban have started to realize that victory on the battlefield is obviously a near impossible task, but this also goes for Karzai’s side. According to the Taliban, they would continue a resistance until foreign troops are finally out of Afghanistan. Waiting for a full pullout may take years and it is evident the Obama administration will only send a small amount of soldiers home starting in July of 2011. Although the U.S. holds by far the largest amount of troops in Afghanistan, there are still roughly 7,000 others from NATO allies, a number that may not be worth fighting for to the Taliban.

Another condition the Taliban requested is the freeing of members from U.S. detention centers, something extremely unlikely to happen from Obama.

Much of the Taliban’s power has drifted away thanks to an increase of intelligence within Afghanistan with the heavy use of drones. With the help of better intelligence, many key leaders within the Taliban movement have either been captured or killed, and the remaining leaders are not able to safely travel in and out of Afghanistan. The decrease in travel has led to a decrease in constructive communication between high and low end leaders which has started to tear down internal infrastructure. Another aspect of the fizzling away of infrastructure is an increase in the monitoring of phone calls from Afghan intelligence agencies. The lack of communication means that many key players have lost power, resulting in the independence of regional Taliban commanders.

Some talks to end the war in Afghanistan have already taken place in Kabul, the country’s capital. The discussions have included President Karzai and his staff, along with members of the Quetta shura, an affiliate with the Taliban located in Pakistan. The Quetta shura is in charge of the Taliban movement inside of Afghanistan. Although the talks are still in a primitive state, they show the yearning for peace on both sides of the effort, demonstrating that each side really wants to see an end to conflict.

When asked by a New York Times reporter, an Afghan official claimed that “this is not about making the Americans happy, or making Karzai happy. It’s about what is in the best interests of the Afghan people.” The fact that a citizen of Afghanistan can even say that discussions are in the favor the people shows just how

important they could be.

Although the peace talks could be a monumentary feat for Afghanistan and its people, there are still some factors that could result in a few bumps in the road. In order to be involved with the talks, the members of the Quetta shura had to secretly leave their homes in Pakistan and risk being caught. They had to trust NATO along with Afghan security that they would not be attacked or captured when traveling to Kabul; NATO has been very cooperative. Regardless of NATO’s help, the Taliban leaders must still keep in mind that they’re involved in peace talks and must keep them a secret from other Taliban; not everybody is looking to follow the same path.

Therefore the power among the leaders who are talking for peace may diminish, because they are splitting away from Taliban ideals. Another factor that may become an issue is Al Qaeda’s involvement. Al Qaeda is obviously not going to support peace and may attempt to prevent future Taliban involvement with the talks.

There are a lot of components going into these talks. Even though they are currently directly between the Taliban, U.S. and Karzai’s staff, other world players such as Pakistan and Al Qaeda are more than certain to play a role in the outcome. As for the U.S., these talks are very crucial for the Obama administration. If success is found and troops are eventually taken out of Afghanistan permanently, our current political state could take a big turn with more support for the democratic president. The U.S. needs successful peace talks. There is a huge amount of unrest when it comes to our society’s view of the government with the War on Terror, and this could give trust back to the American people.

New York State of Mind

Griffin Taylor
Staff Writer

KANSAS CITY 13, BUFFALO 10: Alas, it was heartbreak city once again in Buffalo. One week after the Bills were a decent officiating crew away from a victory in Baltimore that would have caused a few jaws to drop around the league, the Bills fell at Kansas City, 13-10, on a 35 yard Ryan Succop field goal with one second left in overtime. The gods appear to shine upon whomever the Bills’ opponent is each week, but before disheartened Buffalo fans take a plunge into the depths of Niagara Falls, let’s analyze what positives would have arisen from a victory Sunday.

Sure, it would have eliminated the prospect of a winless season, but with the Lions’ 37-25 victory over Washington, Buffalo now has some breathing room in its quest for the first overall pick in the 2011 NFL Draft. Buffalo controls its own destiny; keep playing to its full capabilities every week, and the top pick will no doubt belong to the Bills. Beyond the realm of playoff contention since, well, 2000, a pair of victories the past two weeks would have done little but hurt Buffalo’s draft position.

Bills fans should begin sending Stanford QB Andrew Luck postcards highlighting the amenities that Buffalo have to offer (lie if you must). Luck, the top prospect in the nation, would no doubt change the luck of the franchise, no pun intended. The problem is, the junior appears as if he may be leaning towards a return for his senior campaign. A Bills fan assured me this past week that after Ryan Fitzpatrick’s monster performance at Baltimore (fluke?), Buffalo had no doubt found its franchise quarterback. Hopefully management will not be as disillusioned as its fan base next April.

If Luck is not available, Buffalo could opt to shore up the defensive line with its first pick. The Bills run defense was once again non-existent Sunday, allowing Kansas City’s two-headed backfield monster of Jamaal Charles and Thomas Jones to combine for 254 yards on the ground. Which makes the slim margin of defeat all the more admirable.

GREEN BAY 9, NY JETS 0: The Packers exposed the Jets glaring weakness on Sunday. Sure, it has been a promising sophomore campaign for Mark Sanchez, and sure, Jets fans no longer worry that Sanchez will lose the game for New York. But look ahead to January for a moment. This Jets team is built for a Super Bowl, as head coach Rex Ryan so eloquently reminds us every week. No matter how dominant Gang Green’s D may be, and no matter how powerful the rushing attack is, at the end of the day the game is still won or lost by the man under center.

If this team is to do more than reach its lofty goal, Sanchez must do more than not lose the game. He must win the game. Against a playoff caliber team and a potential Super Bowl opponent, Sanchez got a taste of what January will look like. He had two chances to engineer the offense to a game wining drive in the fourth quarter, but could not get the job done.

Yes, his receivers certainly did not help him out, dropping at least five catchable balls, but offensive coordinator Brian Schottenheimer must take the training wheels off the playbook, and allow his franchise quarterback to take some shots downfield. If growing pains are to result, so be it; better now than in January at Pittsburgh or New England.

NY GIANTS: Bye Week

30 Rock + SNL = success

Adrian To
Advertisement Manager

If you have never watched “30 Rock” before, and you are sick of Steve Carell’s silly yelling in “The Office” or Kristin Wiig’s Southern accent in “Saturday Night Live” (SNL), watch “30 Rock.” The jokes are not acted out in a dramatic way, but instead by words and tone.

The jokes are witty and hilarious, different from the jokes in “The Office” or “Parks and Recreation.” This type of humor need to be “processed,” that’s why I like it, and consider the jokes to be smarter.

“30 Rock” had its live episode two weeks ago; which is similar to SNL.

For the cast of “30 Rock,” a live episode should not be something new to them. Tracy Morgan and Tina Fey were “educated” and trained in SNL, and Alec Baldwin has been a guest host on SNL numerous times. Other cast members from “30 Rock” also have a good amount of experience performing in live shows.

Although the cast is accustomed to doing live shows, this particular

episode brought us some new elements. They did the episode in SNL’s studio with a live audience; they performed it twice for audiences in the East and West, and got big guest stars like Matt Damon and Julia Louis-Dreyfus from “Seinfeld,” something you won’t get to see on SNL.

This live show did keep the intelligent jokes, but a live show requires more physical elements or it will be boring, and they were able to integrate those elements smoothly. For instance, Baldwin was trying to smell wine out from Jane Krakowski’s mouth and Jon Hamm with his freaky hands.

Although I still prefer the taped episodes, once in a while, a live show is not a bad choice to spice things up.

My favorite line from the night is probably, “Welcome back to Fox News. I’m blonde. President Obama, in your own words, why are you a terrorist who hates America?” from Krakowski, improvising the anchor on Fox News, a division of “Fox Nonsense Incorporated.”



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The Social Network (Like)

Adrian To
Advertisement Manager

The Social Network is definitely one of my top 10s for the year; it was beyond my expectation. I literally could not stop thinking about the movie the night after I watched it. The last time I had this experience was probably when I saw “Inception” over the summer.

Originally, I pictured this movie as one of those long David Fincher movies that try to cover

every possible detail, like “Zodiac” or “The Curious Case of Benjamin Button.” But this movie was a surprise; the pace was so fast one would think they were sitting in the cinema for four hours, but instead it was only two hours, but there were many details during those 2 hours.

I was also impressed by how Fincher and Aaron Sorkin (screenplay writer) dealt with which part of the story should be included and how those details were presented in the movie.

Facebook founder, Mark Zuckerberg commented that the movie was more dramatic than the real story, but it was fun. I didn't really find the movie over dramatic, but indeed it is exciting and interesting.

As mentioned, the presentation and structure of the movie were brilliant, there was no confusion or misunderstanding, and I loved it. It balanced out the development of Facebook with the court cases and debates. Elements like intense moments, betrayal, humor, and romance can all be seen in this movie.

This movie is highly recommended for college students. Facebook started off in Zuckerberg's Harvard years (sophomore year, to be specific), so college students can somehow relate to the movie. Even though AU no longer has fraternities and sororities, the movie includes fraternity culture in it.

An interesting point to note is that you might only be familiar with Justin Timberlake in the movie. However, there are a few potential big stars in the

movie: Jesse Eisenberg from “Zombieland” who will next voice in “Rio” against Anne Hathaway, Rooney Mara, who will next star in “The Girl with the Dragon Tattoo,” one of the best sellers in 2010 and Andrew Garfield who will be the new Spiderman in the Spidey-reboot.

“The Social Network” is one of the best from David Fincher; I'm hoping there are a few Oscar nominations for the movie, especially adapted screenplay and best actor and supporting actor for Jesse Eisenberg and Andrew Garfield. Their performance stunned me, especially Eisenberg's opening scene. The Social Network -- I like it.



Photo provided

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MEMORIAL

In memory of Beth Judson

Jericho Shackelford
Editor in Chief

I knew Elizabeth Judson for no more than a fraction of her life summed from serendipitous instances and within those moments I found myself noting how special she was.

Beth Judson graduated from Alfred University with degrees in both ceramic science and mathematics in 1982. Following her magna cum laude distinction she made a life for herself as a dedicated wife, mother, business-woman and patron.

She served on the AU Board of Trustees as a committeeperson for Enrolement Management, Executive, Strategic Planning, Trusteeship and Academic Affairs.

However he most withstanding contribution to the AU community may have been as a founding supporter of the Women's Leadership Center.

Elizabeth Judson's continued dedication to the WLC cause led her to allow students and staff to stay at her home for a Women's Conference in Georgia, which would result in AU's Women's Leadership Academy presenting their own Women's Conference.

While her impact on life at AU may never truly be understood by those outside a lucky few the following memories are offered in hopes that in her passing the Alfred community may realize how lucky it was to have shared the heart of such a phenomenal person.

As a trustee, Beth was amazing in her dedication, her help in strategizing possibilities and her complete joy in every day life. Whether it was by enjoying great dinner, a trip to see her kids play golf or soccer, skiing in Switzerland, a glass of red wine, or her dedication to her

family, Beth always knew how to live for the present. What a great lesson for all of us. I can say with confidence that Beth not only helped in shaping AU's leadership efforts in the past as an Omicron sister, in the present through her dedication to the WLC, and in the future, by brainstorming with me about so many possible directions," Kathy Woughter, vice president of student relations at AU.

"I got to know Beth during my tenure as Director of the Women's Leadership Center. Beth had a positive energy that was contagious; she focused on possibilities rather than limitations. Beth was the pre-eminent professional - always prepared, knowledgeable and articulate. But she was also quite simply a lovely person to spend time with. And amid all Beth's commitments and obligations, you knew that family came first - she simply glowed when talking about her kids or Jim," Amy Jacobson, director of gift planning at AU.

"Beth Judson was an amazing woman. She was inspiring and welcoming in every way. I looked up to her and appreciated the advice she shared with me. She was a very classy, modest, and sophisticated woman that truly loved Alfred University.

Every time I saw Beth she was smiling, and so happy to be where she was each day. She was just one of those people that could really "turn that frown upside down," Jessica Marble, senior marketing major and president of SOMA.

"Beth Judson is someone I will never forget. She could ease any tension, make anyone and everyone feel at secure whether through a smile, a hug or words of encouragement. Her generosity helped me grow as a leader. I will

never forget when I walked into the trustees meeting, scared out of my mind and Beth greeted me like an old friend, introduced me to those around her and asked me how everything was going. She was truly an inspiration who was dedicated to the students of Alfred University and went out of her way to help them," Ana Devlin Gauthier, junior environmental science major and student senate president.

I was introduced to Beth, as she was explained to me to be, for the first time last May while at a reception dinner for graduating seniors. She was to me, an unwitting acquaintance, entirely unassuming, unconscious of the world beyond our conversation and timeless.

When asked about her contributions to Alfred University and why she continued to give so much to the community Elizabeth responded, "Alfred made it possible for me to go away to school and pursue my dreams because of the generosity of previous donors, so I feel it is my duty to pay it forward and help the next generation of future AU alumni. It is also rewarding to see the innovative programs that AU invests in, such as the Women's Leadership Center, make such an impact on today's AU students."

Equest Fest

Victoria Flood
Contributing Writer

Equest Fest served up great food, a cheerful atmosphere and family fun on Oct. 19 at the Equestrian Center.

For the second year in a row, Alfred University's Dining Services, AVI, threw a great party at the Equestrian Center, two miles up the road on Jericho Hill.

Arguably, the best part of any festival is the food. There were

five grueling stories of craggy synthetic rock. Then, after a cup of hot cider, attendees enjoyed a horse-drawn wagon ride around the property.

The atmosphere in the barn was very relaxed and cheerful. Many people strolled through the stables to visit with the horses. Some of the students practiced lassoing, which looks hard enough on the ground with a stationary straw calf, let alone on horseback chasing the real thing.

Another highlight of the evening was the line dancing.



Photo provided by Victoria Flood

tables set up serving barbecue, desserts, candy apples, a root beer station and Harry Lain's fresh doughnuts and apple cider.

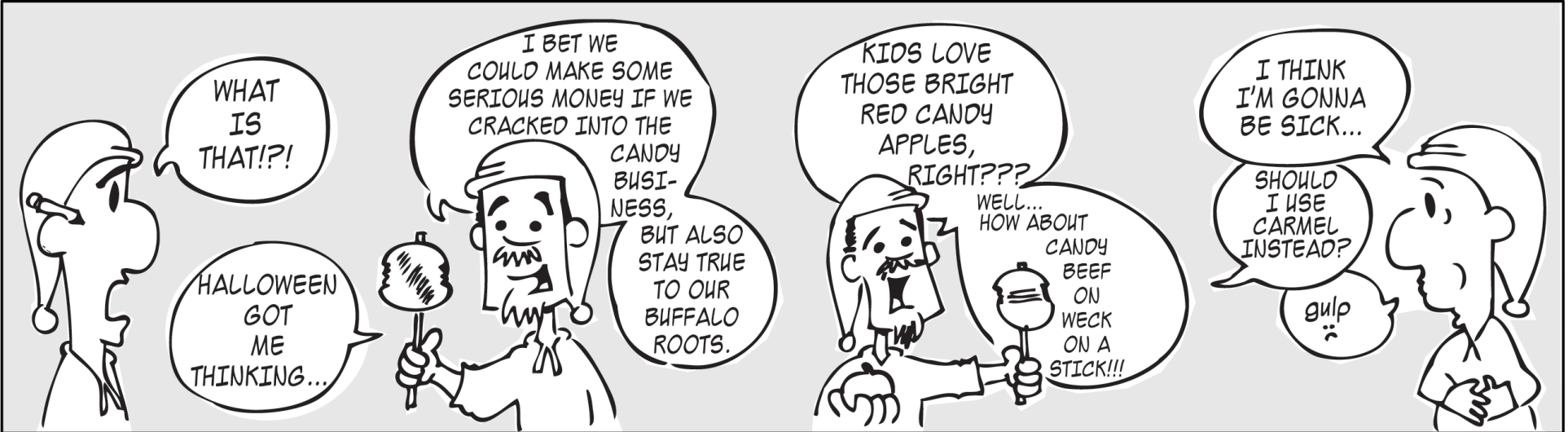
At first, I was a little overwhelmed with all of the choices, but by the time I had tasted everything, I somehow found room for another "taste" of pumpkin chili (the newest member of my "fall favorites" list).

Nearly all of the food was purchased from local merchants such as E.H. Lain Cider Mill, Wilson Beef Farms and Quest Farm Produce.

For those that favor rock climbing and wagon rides over pumpkin chili would have enjoyed hoisting themselves up

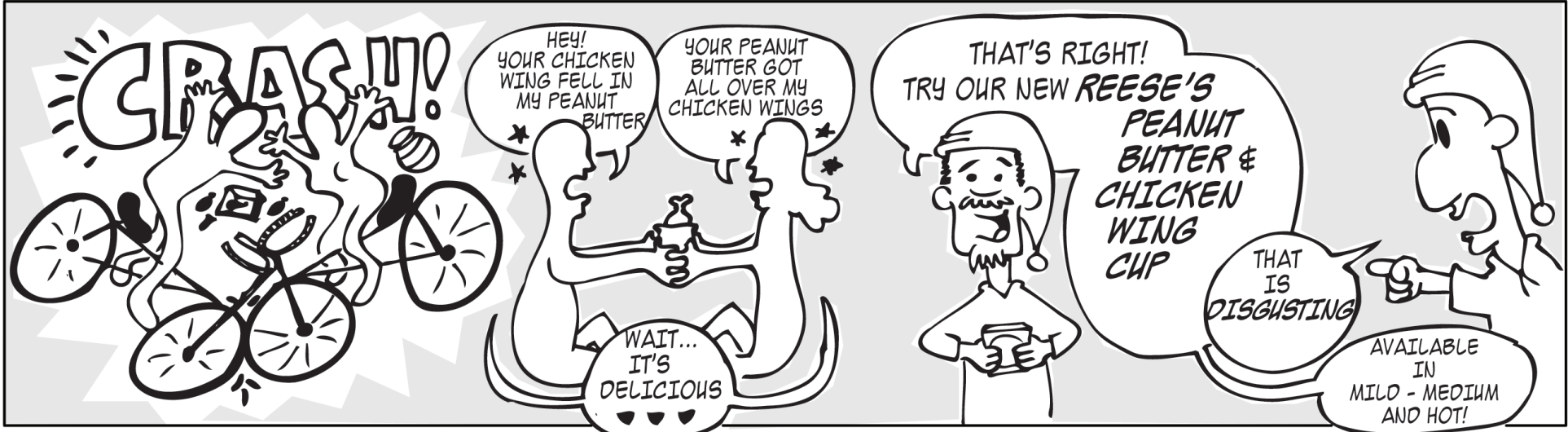
Honestly, country music doesn't speak to me, but add the "Not So Country Line Dancers" to the mix and everyone's happy. I have never enjoyed Lady Gaga's "Poker Face" more.

What Earth-friendly evening would be complete without a little peace of mind? Almost 100 percent of the refuse from Equest Fest was made of compostable material. The trash area was even sectioned off to diminish confusion during the separation process. It is always nice to see responsible waste management, and I would expect nothing less from AU.



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SPORTS

Fall Classic

Griffin Taylor

Staff Writer

FALL CLASSIC

Just one week ago, the Rangers were fresh off their manhandling of the team everyone loves to hate in the A.L.C.S. They were media darlings, bathing in the good vibes that came with being cast as Cinderella in the quest to dethrone Goliath and its \$206 million payroll.

Boy, what a difference a week makes.

The Rangers now find themselves in unfamiliar territory as the favorite in a series and last night. With the bull’s eye now attached to its back, Texas portrayed a mirror image of last week’s adversary, the New York Yankees.

The Giants, paced by midseason castoff after midseason castoff in its suddenly potent

lineup, steamrolled previously unbeatable Texas ace Cliff Lee in Game 1 of the 2010 World Series, en route to an 11-7 thumping that was a lot more one- sided than the final score may indicate.

Lee was pulled after just 4 1/3 mediocre innings, in which he fell behind nearly half the hitters he faced (acceptable for the rest of the league, unheard of for Mr. Lee), and stuck to his fastball in fastball counts, though it was obvious that the Giants hitters were sitting dead red.

Reliever Darren O’Day replaced Lee in the bottom of the fifth and promptly served up the knockout punch to Giants 3B Juan Uribe on a silver platter, a 2-0 fastball down the middle that Uribe turned into a three run jack to give San Francisco an 8-2 cushion and a ton of momentum heading into Game 2.

Giants ace Tim Lincecum did what he had to do to give his team a chance to win the game, containing a potent Texas offense over 5+ innings. Lincecum displayed some October grit, staying in the game after being struck twice on the left leg; first by a Vladimir Guerrero comebacker in the 1st inning, then a Mitch Moreland shot in the 6th.

The Giants have taken quite nicely to the underdog role in 2010, first catching a San Diego team awash with starting pitching on the last day of the regular season to capture the NL West, then beating the likes of Tim Hudson and Derek Lowe en route to a Divisional Series victory over Atlanta. In the NLCS, San Francisco toppled the heavily favored Phillies, and gained a victory over each of the Phillies’ trio of aces; a Game 1 victory over

Cy Young candidate Roy Halladay, a Game 4 win over Roy Oswalt (Oswalt took the loss in relief), and a Game 3 triumph over lefty Cole Hamels.

Beating Lee, previously unbeaten in October, is the most notable accomplishment of all. The Giants have to like their chances after battering the Texas ace in a one-sided affair that was quite the statement.

One would be foolish to sleep on Texas, however. The Rangers lineup is filled with sluggers who have overcome odds much more steep than an 0-1 series deficit. Do not forget that Texas trailed the Yankees after Game 1 of the ALCS, a loss considered equally crippling to the Rangers morale as last night’s debacle in San Francisco (Texas squandered a 5-0 lead in the 8th inning against New York in that one).

Lee will also no doubt be ready the next time he takes the mound in this series, whenever that may be (Game 4 or 5). The lefty has both legacy and 0’s on the line, the latter in regard to how many commas will be written on the check he receives as a free agent this upcoming offseason. Dominate the Giants bats in his next start, and Lee will once again solidify himself as October savior, prompting a deal that may be in excess of \$150 million over seven years.

Though San Francisco no doubt has the momentum at this hour, I look for the Texas bats to come through over the long haul that will be this series, and for Lee to prove that his Game 1 hiccup was simply an aberration.

Texas in 7.

The return of AU rugby

J.P. McCombs

Sports Editor

Alfred Rugby is making a comeback. The club was first started in 1985 by Alfred grad Bill Pulos when a Delta Sigma Phi brother (a fraternity that Pulos is an honorary member of) approached him with the idea of starting a rugby team. Pulos attended AU from ’73-’77 and covered the swim team for the Fiat Lux. He also taught business law here for nine years. Pulos remembers Openhym being called the “new dorm,” as it was still in its infancy during these years. He also coached from 1985 until 1990 when he decided to step down and continue on with his law career that is still going strong in Hornell.

When the rugby club first began, there was very limited practice space. “Our first practices were held on my father’s farm,” said Pulos. The team made it work for a while, but when the turf on Merrill Field first went in, they were able to practice on Jericho Hill. During his first reign as head coach, Alfred never

had a losing season and amassed an impressive 79-38-5 record in its first four seasons. Alfred also placed second among 30 in the NYS Rugby Conference championships, an amazing feat for such a young program. Coach Pulos is responsible for how much the program flourished in such a short time, and after he retired in 1990, success could still be found as the tradition carried into the 1990s. The team was strong, and by 1996, much hard work had paid off as the team won the NYS Championship. Sadly, two seasons after that was the last time the Alfred rugby team competed in the playoffs. That was the case until the 2010 fall season.

A tragic death would bring Pulos back into the game that he loved. Dr. Jeff Hollier, an Alfred psychology major from Angelica, NY, was introduced to the game of rugby by Coach Pulos in 1985. Hollier was instantly a rugby success due to his work ethic, and was named the Upstate Rugby Union of New York Academic Athlete of the year with his

impressive 3.9 GPA. After graduating from Alfred, Hollier moved on to the University of Virginia for his doctoral degree and stayed involved with rugby. He played on multiple national teams and went on international tours. After earning his doctoral degree, Hollier became the Director of Neurological Education at the Penn State College of Medicine. Hollier passed on August 13, 2009 at the age of 43. When asked about Hollier, Coach Pulos said he was “not just a great player, but a tremendous person.” Hollier easily falls under legendary status when it comes to Alfred rugby.

Shortly after Hollier’s funeral, Pulos was walking through the AU campus with his wife and came across a flyer looking to recruit rugby players. After some thinking, Pulos decided to come out of retirement to coach the team once again. The loss of Hollier, a very close friend of the coach’s, was a big factor in his return. Pulos thought it was the right thing to do with respect to Hollier’s memory, and has been the team’s coach since.

The team has been very successful over the course of the 2010 fall season. On Oct. 4, the

team made a statement with a crushing 45-5 homecoming victory over St. John Fisher on Jericho Hill. Playing in the New York Rugby Conference for the first time in three years, the huge win showed that Alfred is a competitive force. Leading the Saxons were Lester Binion and Tyler Peguero, who both recorded a try in the first half to give AU a 10-5 lead. The Saxons continued to be powerful in the second half with Steve Gould who scored twice, along with Steve Dahar, Tim Casper, Mike Harris and Peguero each scoring one more. Ken Pixley also kicked in three conversions.

The following week, AU took down visiting Canisius with a 15-10 win. The Saxons were down 10-5 at halftime, but came out swinging in the second half. Cody Renwick scored the first try of the second half, which tied the game up at 10. Next, Mike Harris flew in for the score off of a pitch from Peguero. The Saxon defense held strong for the rest of the match and after the win, clinched the third place spot in the NYRC DIV III West division.

After the two successful matches, Alfred traveled to

Saranac Lake to face Paul Smith’s College for their first playoff game. Despite a great effort, the Saxons fell 56-10 against the No. 2 Bobcats. Alfred was out of full commission with its top jumpers and one captain not active. Even though the team was unable to advance to the next round, the season was a huge turnaround from its recent past. Coach Pulos mentioned that “we’re damn proud of it.” After a solid season, the Saxons are hoping for some more support from the university. Currently, there are four members that actively attend student senate meetings. “We hope as the team increases viability as an on-campus program, senate will help,” states Pulos. The team is involved with community service, which will surely not hurt the cause. Last February, the team helped John Ninos move kitchen equipment from the old Jet, after a fire burned down the original.

Rugby is a great game. It teaches good work ethic and other characteristics that can be used in life. Hopefully, with more support from senate, the rising power of Alfred Rugby can keep its success rolling.



(Above) AU’s Women’s Cross Country Team (from left to right) Linsey Laserte, Elisabeth Phillips-Jones, Amy Morrissey, Melissa Haahr and Kate Lepore



Photos provided by Melissa Haahr

Strong finishes for AU X-Country in Saratoga

J.P. McCombs

Sports Editor

The AU men’s and women’s cross country teams both finished in 10th at the New York State championship meet, held in Saratoga Springs on Oct. 23. The meet was hosted by RPI.

Leading the men’s team was junior Ken Noll (Valatie, NY/Ichabod Crane) who finished the eight -kilometer event with a time of 27:18. Noll came in 44th place. Freshman Sam Cox (Linwood, NY/York) came in 87th with a time of 31:08, followed

by sophomore Eric Shromann (Batavia, NY/Notre Dame) who finished right behind him with a time of 31:13. Sophomore Kevin Nagel (Clarence, NY/Clarence) finished in 90th with a time of 31:37, followed by senior Eric Hudack (West Seneca, NY/St.Francis) who came in right behind Nagel at 92nd with a time of 32:11.

Junior Elisabeth Phillips-Jones (Watertown, MA/Watertown) ran strong for the AU women on the five-kilometer course, finishing 33rd with a time of 19:17. Senior Melissa Haahr (Owego, NY/Tioga)

finished in 56th with a time of 19:54, followed by sophomore Linsey Laserte (Westminster, MA/Oakmont Regional) who placed in 85th with a time of 21:24. Senior Kate Lepore (Port Jefferson Station, NY/Comsewogue) came in 91st with a time of 21:59, followed by sophomore Amy Morrissey (Hornell, NY/Hornell) who finished 93rd with a time of 22:14.

Both teams competed at the Empire 8 Conference championship, also held in Saratoga Springs, on Sunday, Oct. 31.

(Left) From left to right: AU’s Kevin Nagel, Eric Shorman and Sam Cox work together at New York State championship meet at Saratoga Springs.

SPORTS

AU offense comes up big in "Pink Out" victory

Eric Hudack
Managing Editor

Alfred's commitment to ball control resulted in a 42-31 victory over rival St. John Fisher College on Oct. 23 at Merrill Field.

AU limited the mental mistakes and did not turn the ball over en route of the nationally ranked Fisher squad. With the much-needed home win, Alfred moved to the top of the Empire 8 Conference standings and has its eyes set on a second straight NCAA playoff appearance, provided they win against Ithaca next Saturday.

A week after losing at RPI, the Saxons played a near-perfect game against St. John Fisher which came into Saturday's game ranked 17th and 19th, respectively, in the American Football Coaches Association (AFCA) and D3football.com national Division III polls.

The AU defense held Fisher quarterback Tim Bailey, the leading passer in the Empire 8, relatively in check, as he completed 20 of 38 passes for 265 yards and two touchdowns.

Junior quarterback for AU, Tom Secky, put up much more impressive numbers in the gunslingers' duel completing 21 of 27 passes for 211 yards and three touchdowns. Freshman tailback Austin Dwyer also managed to tear things up on the ground, running for 162 yards on 27 carries and senior wide receiver Ryan Thon caught two touchdown passes and threw for another as the Saxons racked up 439 yards of offense. Dwyer became the first runner to break the 100 yard barrier against Fisher, allowing 93 rushing yards/game.

Alfred was also in action at home against Rochester on Oct. 30. The 20th-ranked AU team dropped their first loss to Rochester in the last 12 meetings with a final score of 24-14. AU's record is now 6-2, while Rochester improved to 2-5.

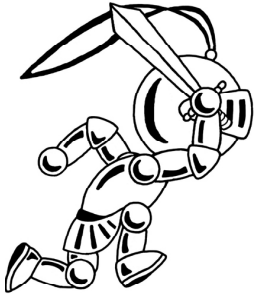
Alfred is in action next on Saturday, Nov. 6, at 1 p.m. at home against Ithaca. With that win, AU would clinch a share of the Empire 8 title and would earn the conference's bid to the NCAA championship tournament.



Photo provided by Rebecca Spitz



Photo provided by Rebecca Spitz



ALFRED SAXON SCOREBOARD

Team	Last Opponent	Result	Record	Next Opponent
Volleyball	Hartwick	W, 3-2	7--19--0	
Football	Rochester	L, 14-24	6--2--0	Ithaca
Men's Soccer	St. John Fisher	L, 1-2	5--10--3	Empire 8
Women's Soccer	Morrisville	W, 3-2	4--8--3	
Women's Tennis	Empire 8		4--8--0	
Swimming & Diving	Geneseo Invitational	2nd of 3	1--0--0	RIT