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What's Happening?**More Events...**

TODAY	TOMORROW	THURSDAY
11:20 Jordan Fuchs Master Class Today!	10:00 Walk-In Hours - Career Development Center	10:00 Walk-In Hours - Career Development Center
12:00 Zumba classes Tuesday and Thursday	6:00 Yoga Classes	12:00 Zumba classes Tuesday and Thursday
4:00 Women's Tennis vs. Elmira	7:00 AU Martial Arts Club Meeting	12:10 Bergren Forum 'Calico and the Sturdy Pioneer'
6:30 El cafecito: Spanish Siglo de Oro Theater Night	7:30 Chinese Concert	6:30 Art History Club Presents Robert Reginio
7:00 Twitter, Facebook, Instagram, Oh My!	Women's Soccer vs. Houghton	
Women's Volleyball vs. D'Youville	Galloping ion the Grassland	
	8:00 RESPONSE ABILITY	
	Response Ability	

Jewish High Holy Days Accommodations/Policy

Soon it will be the season of the Jewish High Holy Days.

Rosh Hashanah begins Wednesday evening, Sept. 24 and runs through Friday, Sept. 26.

Yom Kippur is Friday evening, Oct. 3 and Saturday, Oct. 4.

Some observant students will not attend classes during Rosh Hashanah. Some students may wish to go home for the holidays and might ask for some concessions. Professor Greil, adviser to Hillel, will advise students to observe the holidays according to their conscience. He will advise them to request any special consideration in advance, to be responsible for the days' work, and to make arrangements to complete any work missed.

Professor Greil hopes his colleagues will accommodate the students in this conflict of calendars. These arrangements are consistent with University policies regarding religious observances for students, faculty, and staff.

Submitted by: Cheryl Monroe

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ITS Video Services

As we seek to hire a new Classroom Technologist, until further notice, ITS is unable to provide the following services:

- Conversion of VHS or DVD to digital format
- Conversion of digital video to MP4
- Placement of videos on AU's streaming server
- Assistance to those who videotape lectures or events

If you were planning to take advantage of these services in the near future, we recommend that you explore other options to meet your needs. We apologize for the inconvenience, and we look forward to the possibility of providing these services in the future.

Submitted by: Meghanne Freivald

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El cafecito: Spanish Siglo de Oro Theater Night

Please join us for El cafecito, AU's Spanish Culture & Conversation Club, as we write and perform fun skits on Spanish Siglo de Oro Theater Night!!

Tuesday, Sept. 23
6:30 - 7:30 p.m.
AU Language House, 12 Park St.

Beginner to Advanced Spanish speakers, everyone is Welcome!!

Submitted by: Michele Gaffney

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Response Ability: The Revolution for Courageous Leadership

Mike Dilbeck will be speaking at AU on Wednesday, Sept. 24 at 8 p.m. in Nevins Theater.

Mike Dilbeck is a runner, traveler, award-winning video/film producer, social entrepreneur, speaker, trainer, and revolutionary leader.

He is on a mission to change the way individuals, organizations, companies, communities, and society as a whole, react when another human being, or group of people, are being adversely impacted by inappropriate, abusive, or unhealthy behavior.

When someone does go beyond their fears and intervene in a situation, Mike distinguishes this as courageous leadership and he is leading a revolution for it.

Link: [Join the Revolution](#)

Attachment: [Mike Dilbeck Poster](#)

Submitted by: Craig Arno

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Celebrate Hispanic Heritage Month - 'Fifty Years On: Brown & Proud'

Alfred University will be hosting Will and Company's "Fifty Years On - Brown & Proud" at 7 p.m. on Saturday, Sept. 27 in Holmes Auditorium of Harder Hall.

"Fifty Years On" - is a series of seven plays that presents the imperative social justice issues that will need to be tackled by America's next generation, your students.

Specifically, "Fifty Years On - Brown and Proud" explores the social justice issues for Latinos 50 years ago and examines what they have become today: e.g. from The Braceros to the "Illegals."

The play "Fifty Years On - Brown and Proud" specifically compares and contrasts the topics of:

"Fifty Years On" - that was then, this is now. How are we doing?

"Brown and Proud" - the "browning of America" - the future.

"Crossing Borders" - immigration issues still so divisive.

"Putrid In Pink" - the horrors of the justice system for Latinos.

"Maria's Children" - poverty and education - 4 Latino children a day die of maltreatment

"Birth Right" - abortion, religion and the community

"Latin Lovers" - the gay community in a Latino world

Submitted by: Craig Arno

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Free Practice Tests - LSAT, MCAT, GRE, GMAT, DAT, OAT & PCAT

Kaplan Test Prep is offering free practice graduate school entrance exams.

Register for free practice exam and you will receive the following:

- * Entry for a chance to win Kaplan's \$10,000 sweepstakes
- * A detailed score report
- * We'll figure out what kind of test taker you are and let you know what your strengths and weaknesses are
- * Complete explanations to every question
- * Don't you hate it when you don't understand a mistake? We'll show you what mistakes you made and how to correct them
- * Strategies for improvement
- * A practice test is not any good if you don't learn anything from it. We'll show you strategies to get you started on improving!

Our practice tests are offered in our Anywhere (Live, Online) virtual classroom environment, which

allows you to take the test from anywhere you have a computer and internet connection. It is a proctored exam with a live instructor so please be prepared to be on time. They will be available to answer your questions and help along the way.

Further directions will be shared with you after you register. Questions can be directed to your Kaplan Market Manager for Alfred University at Stephanie.Miller@Kaplan.com

Link: [Register Here](#)

Submitted by: Mark McFadden

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2015-16 Tuition Exchange Application Deadline is Oct. 15, 2014.

Faculty and Staff - the Tuition Exchange Export Application deadline is Oct. 15, 2014. If your child is planning to begin college (or transfer to another college) next year, 2015-16, you may wish to explore the schools participating in the Tuition Exchange (TE) Program. RENEWAL TE Export applications are also subject to the deadline of 10/15/14.

Please read the attached TE Information Memo for application procedures and details on the program. Two application forms are required; specifically, the AU TE Export Application and the AU Human Resource (HR) TR/TE form (links and attachments, herewith).

Link: [AU HR TR/TE Application](#)

Attachment: [TE Information Memo for Campus Community](#)

Attachment: [AU 2015-16 TE Export Application](#)

Submitted by: Catherine Schnurle

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What Did You Do Over the Summer? - Internship Surveys

The Career Development Center wants to hear about your summer job, internship, or volunteer experience. Fill out a survey and be entered in a raffle to win a \$50 gift card to the bookstore!

Link: [Click here to start!](#)

Submitted by: CDC Intern 2

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Attention Alfred University Ladies

Recently you received a "save the date" email regarding an upcoming Educational Event from TIAA-CREF and Alfred University focusing on Investing and Retirement from a woman's point of view. The program will be presented in four separate sessions that build upon each other with the first being Wednesday, Oct. 8, 2014 from 9 -10:30 a.m. in the Kenyon-Allen-Davis rooms of the Powell Campus Center.

Space is limited to 60 participants and reservations will be taken on a first-come, first-served basis. Attached you will find information about reserving a spot for yourself for this important and informative event.

Attachment: [Alfred_University_Start_To_Finish_Invitation.pdf](#)

Submitted by: Mark Guinan

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Be Safe in the Woods!

Hunting season for large game (deer and bear) will soon open in New York State. Most public lands allow hunting this time of year. Please use supreme caution when hiking or hunting in the woods by wearing blaze orange that covers your front, back, and head.

Hunting season runs from Wednesday, Oct. 1- Tuesday, Dec. 16 for the Southern Tier.

If you are a hunter, remember your number one safety rule when shooting, "Know your target and what is beyond!"

For more information on hunting season dates, you can visit the NYS Department of Environmental Conservation website below.

Hunting is not permitted on Alfred University property nor at Foster Lake.

Link: <http://www.dec.ny.gov/outdoor/65231.html>

Submitted by: Cherise Haase

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Sign up for ICU's Weekly News and Updates

If you would you like to receive a weekly email from the Institute for Cultural Unity with news and updates simply click the attached link to sign up!

Link: [Sign up now!](#)

Submitted by: Craig Arno

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What is the Bias Response Team?

The Bias Response Team is a committee of students, faculty, and staff who serve to provide necessary responses to issues or concerns of bias and discrimination at Alfred University.

Anyone may submit a report, and reports may be filed anonymously. All reports will be reviewed with due diligence.

Questions?

Contact Norm Pollard by email pollard@alfred.edu, by phone 607-871-2132 or Craig Arno by email caa2@alfred.edu, by phone 607-871-2671.

Link: [Report an Issue or Concern](#)

Submitted by: Craig Arno

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AU Bookstore Open Seven Days a Week

Bookstore hours are Monday-Thursday 8:30 a.m.-5 p.m., Friday 8:30 a.m.-4 p.m., Saturday Noon-4 p.m., Sunday Noon-3 p.m.

We do have extended hours for Parents' & Homecoming weekends.

Submitted by: Marcy Bradley

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WNY Community Needs Assessment Survey

Residents are being asked to participate in a survey for the WNY Community Needs Assessment. The survey is anonymous and confidential. This is a chance to speak up about what your health care needs are. The survey must be completed by Thursday, Sept. 25.

Please access the survey at: <http://www.wnyhealthsurve...>

Submitted by: Deborah Clark

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Caregiver Workshops

Are you caring for an older person? Are you looking for skills to help you cope?

The Allegany County Office for the Aging is offering a free Caregivers Workshop one evening a week (Thursdays) starting Sept. 4 and continuing to Oct. 9. These sessions will give caregivers the tools they need to make their jobs easier and are open to caregivers of all ages.

Topics covered include Estate Planning with Joe Miller, attorney-at-law, Sept. 4; Funeral Planning with John Embser, funeral director, Sept. 11; Understanding Alzheimer's & Dementia with Meghan Fadelof of the Alzheimer's Association of Western New York, Sept. 18; Health Care Proxy vs. MOLST with Tobi Nickerson of the Allegany County Office for the Aging and Betty Guinnip of Jones Memorial Hospital, Sept. 25; Scams & Frauds - Don't be Duped!, Oct. 2; and Navigating the Financial Waters - Financial Resources & Responsibilities for Seniors, Oct. 9 with Jose Soto of AmeriCorps.

All courses are 5:30 to 7:30 p.m. at the Allegany County Office for the Aging, 6085 State Route 19N, Belmont. You can attend any of the sessions that interest you.

A light dinner will be provided, so registration is required. Please contact the Office for the Aging at 585.268.9390 for more information or to register.

Submitted by: Deborah Clark

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A Matter of Balance Program

Have you turned down a chance to go out with family or friends because you were concerned about falling? Do you have a fear of falling? If so, A Matter of Balance: Managing Concerns About Falls is a program for you.

Fear of falling can be just as dangerous as falling itself. People who develop this fear often limit their activities, which can result in severe physical weakness, making the risk of falling even greater. Many older adults also experience increased isolation and depression when they limit their interactions with family and friends. A Matter of Balance can help people improve their quality of life and remain independent.

A Matter of Balance is designed to reduce the fear of falling and increase activity levels among older adults. Participants learn to set realistic goals to increase activity, change their environment to reduce fall risk factors, and learn simple exercises to increase strength and balance.

The Allegany/Western Steuben Rural Health Network, Inc. in conjunction with the Allegany County Fall Prevention Collaborative is offering the course A Matter of Balance: Managing Concerns About Falls Thursdays and Mondays, throughout the months of October and November 2014, starting Thursday, Oct. 16 and ending Monday, Nov. 10. The class is scheduled 2-4 p.m. at the Union University Church, Alfred. Each class will build upon the previous week making it extremely important to attend all sessions.

The registration fee is \$10. Scholarships are available upon request. A workbook is provided and refreshments are served.

Pre-registration is required by contacting Melissa Biddle, Community Health Program Manager at the Allegany/Western Steuben Rural Health Network, Inc. at 585.593.5223 ext. 15, by Friday, Oct. 10, 2014. Space is limited so don't hesitate to register today.

The class agenda is as follows:

Thursday, Oct. 16 Introduction to the Program

Monday, Oct. 20 Exploring Thoughts and Concerns About Falling

Thursday, Oct. 23 Exercise and Fall Prevention

Monday, Oct. 27 Assertiveness and Fall Prevention

Thursday, Oct. 30 Managing Concerns About Falling

Monday, Nov. 3 Recognizing Fall-ty Habits

Thursday, Nov. 6 Recognizing Fall Hazards in the Home and Community

Monday, Nov. 10 Practicing No Fall-ty Habits Fall Prevention

Attachment: [A Matter of Balance](#)

Attachment: [A Matter of Balance Brochure](#)

Submitted by: Deborah Clark

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Ask A Lawyer Day

Are you over 60 years of age and need legal advice? The Allegany County Office for the Aging will be holding an Ask a Lawyer Day on Thursday, Sept. 18 and Thursday, Sept. 25.

Joseph Miller, attorney at law, will be available at the Office for the Aging for 30-minute appointments to discuss any legal issues you may have. Please call the Office for the Aging at 585.268.9390 to make an appointment.

In order to assist Mr. Miller in preparing for these appointments, we will be asking you for the reason for your visit.

Submitted by: Deborah Clark

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