Alfred University

The **SPACE** Place

School Psychology And Counseling Events



November 2011

AU Grad Student Senate

By Danielle Yearwood

Last year the AU Graduate Student Senate took initiative and made great strides towards ensuring that graduate students' voices were heard. The Senate developed a constitution and appointed executive board members. They also understood the need for fun and social time, hosting weekly social events and occasional fundraisers. Thanks to their hard work, graduate students now have a much higher printing allowance to match our higher level of required reading, research, and writing. We are also more comfortable interacting with graduate students from other programs, such as business, fine arts, and education.

This semester the Senate is off to a great start. Graduate students vocalize their needs to their delegates. Additionally, there are some fresh faces and an accompanying high energy and excitement level. Faculty advisor Dr. Fishman, a recent addition to the AU School Psychology faculty, participated in a similar Senate at her alma mater, and is thrilled to help us accomplish our goals. The school psychology delegates are Michael Perrone, from the first year cohort, and Danielle Yearwood, a second year student. The counseling cohorts are represented by Sarah Eggleston and Emily Rummel, both first year students. The main goal this year is to establish communication between the Graduate Senate, administrators, and the AU Student Senate. We are working hard to secure our position as more than a club but instead a professional collective with bigger responsibilities to voice.

We encourage all graduate students to participate in Graduate Student Senate activities, which are advertised via flyers, email, and the Alfred Today newsletters. If you have concerns about your graduate school experience or have suggestions to improve it, please contact your student reps or attend the biweekly meetings advertised on Alfred Today. All graduate students are automatically members of the Graduate Student Senate and are welcome to attend and participate in our meetings.

Danielle Yearwood & Emily Rummel Photo Credit: K. Schubmehl



Volume 6, Issue 1

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Upcoming Campus SP Intern Days: February 3, 2012 April 20, 2012

Spring Break: March 3-March 11, 2012

Commencement: May 12, 2012

AU Counseling & School Psychology is on Facebook!



Please "like" us, so you can be the first to hear information about our Division. We welcome your participation! Post pictures of conferences and events, network with alumni or peers, share news about your jobs, and show support for peers and profs!

Type the URL in your browser or just search for our page.



The Annual Welcome Barbecue

By Nicole Marinaccio

Every year, the second-year school psychology and counseling students host a welcome barbecue for all of the incoming cohorts. It is a great way for the new students to meet each other, the second and third year students in both programs, and all of the faculty and staff in the Division.

This year, the barbeque was held on Sunday, September 4th at Gayle Gebhard's pavilion. It was nice to see everyone mingling outside of his or her own cohort. It was a relaxed and welcoming atmosphere for bonding and chatting. Danielle Gentile, first-year school psychology student, said, "It was great seeing everyone in a less formal setting." A few people even brought their dogs to run around and play with each other. All of the upperclassmen made a dish, so there was plenty of delicious food.

A bonfire was also going for the majority of the barbeque. This seems to be a new tradition at this event. Stacy Jaikaran, second-year school psychology student, noted, "The turn-out rate for the new students that went to the event was great. It shows everyone's enthusiasm about the program." Overall, it was a great day, and I know it will be an ongoing tradition in the years to come. After all, next year, it will be my turn to be a co-host!



Left (from L to R): Michael Perrone, Danielle Gentile, Abby Stanton, Kristen Cooper, Colton Makowiec

Below (from L to R): Kaitlin Maloff, Aynsley Kendall, Katie Schubmehl, Kristen Bundy, Danielle Yearwood, Stacy Jaikaran, Jennifer Grabski

Below: Gayle Gebhard & Nicole Marinaccio



Photo Credit (all): K. Schubmehl



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Temple Grandin Lecture

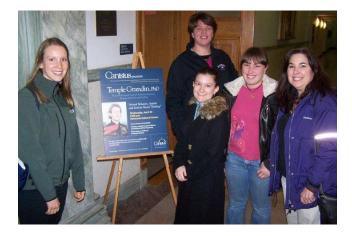
By Kristen Bundy

On April 20, 2011, a group of AU students and faculty traveled to Canisius College in Buffalo, NY to hear Dr. Temple Grandin's lecture, "Animal Behavior, Autism, and Sensory Based Thinking." Grandin's presentation justified missing class (gasp!). I have seen the movie based on her life twice, and I found her to be quite inspiring.

We arrived an hour early, so we could take our time. There was already a line down the ramp and around the presentation building. The hall quickly filled to the brim. My professors selflessly switched places with the students who were stranded outside. I felt bad for them, because we traveled so far and they would not see the presentation, but, luckily, they projected the presentation to an adjoining overflow room.

As we waited, I couldn't help but imagine how the cows feel in Temple's brilliant labyrinth. At long last, Dr. Grandin came on stage. The wait was worth it. For me, she represents a living, breathing validation of school psychology and my passion to help children with diverse needs. Furthermore, she is a symbol of hope for anyone who has ever felt different or overcome any obstacles. Just seeing her restored my faith in the blissfully improbable.

Dr. Grandin was a great presenter. She effortlessly spoke with a PowerPoint. At times she made the whole audience laugh. I was surprised at her likability and deep knowledge of psychology. After the talk, the audience had the opportunity to stand in long lines to buy her books and get autographs and pictures. My party made sure to secure an extra autograph for the professors in the overflow room!





Above: Grace Burvee, 2nd year MH Counseling Clinician

The new Manley Observation Center in the Child & Family Services Center is operational! Sessions are recorded digitally and captured through a PC hub. Cameras can be controlled by remote. Clinic groups and graduate seminars view sessions on sharper flat-screen monitors. Tablet computers allow for more subtle messaging and feedback between supervisors and graduate clinicians working in the therapy rooms.

New Year! New Faces! Meet Alfred University's First Year School Psychology Class Representatives

Meet Jalisa Barnes:

My name is Jalisa Barnes. I grew up in Brooklyn, NY, and I am currently a doctoral student in the school psychology program here at Alfred University. I received my BA in History at Claflin University, which is located in Orangeburg, South Carolina, a place that feels even more rural than the Southern Tier. So, although I remain a city girl at heart, I am fully accustomed to rural life, which has made fitting in at Alfred a piece of cake!

I want to become a school psychologist because, as a lover of history, research, and education, I feel it is a career that incorporates all my skills and interests. I chose Alfred because it houses one of the best school psychology programs in existence, and I am very proud of be a part of it.

So far, I am doing well here. I am learning more and more each day, both about myself and about the field of school psychology. I LOVE my cohort and the way that we have managed to click, and I believe that we are well on our way to being close friends. I love to sing, and I write short stories when I feel inspired. Maybe you'll catch me on a weird day, and I'll share with you! Enjoy your year!



Jalisa



Michael

Meet Michael Perrone:

My name is Michael Perrone. I graduated from SUNY Geneseo with a degree in psychology. In my free time, I enjoy cooking, watching thought-provoking movies, playing racquetball, and doing just about anything outdoors. As an avid poker player, I hope that my social perception skills at the tables help me become an astute psychologist in the future!

I am thrilled to be pursuing my PsyD in school psychology at Alfred, and I am delighted to be representing the cohort alongside Jalisa. I am so thankful to be a part of an already closely-knit group of friends; we share great discussion in class and bond even more outside of class. I hope to contribute an open, critical mind along with a lighthearted attitude (and an all-too-often sarcastic tongue) to the welcoming atmosphere of AU school psychology. I look forward to a great couple of years and a lifetime of success for everyone in the program.

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New Year! New Faces! Meet Alfred University's First Year Counseling Class Representatives

Meet Eddie Brown:

I'm Eddie Brown. I'm the first-year student representative for the mental health counseling track. I am not native to New York; instead, I hail from Nashua, New Hampshire. Although it's the second largest city in the state, you still have probably never heard of it! This is my fifth year attending Alfred University. I received my BA in May with a major in political science and a minor in creative writing. As an undergraduate I was actively involved with Residence Life, the Political Science Club, Spectrum, and the Student Senate. This year, I am a Residence Director for Cannon Hall, and I feel that this position and this program will prepare me to thrive in a higher education career.

So far this year, I feel like all of us are settling into classes and acclimating to the new pressures of graduate school quite nicely. We are learning a lot about effective counseling and its use in various fields, including schools, agencies, private practice, and colleges, and universities. The professors have been supportive and encouraging, which has been very helpful during the adjustment period. I enjoy seeing a new side of Alfred University that I wasn't aware of as an undergraduate. I am very excited for our continued learning opportunities and cannot wait to learn more.



Brett (L) & Eddie (R)

Meet Brett Shufelt:

I'm Brett Shufelt, and I'll be acting as the first-year student representative for the school counseling track. I'm originally from Remsen, NY, a very small town in the Adirondacks, and I graduated from Remsen Central High School in 2007. I graduated from SUNY Geneseo in 2011 with a BA in psychology. I was drawn to school counseling by some volunteer work I did in the Dansville and Keshequa school districts. One of my undergraduate professors referred me to Alfred. From the first time I interviewed with the AU faculty, I knew it would be a great fit, and I'm thrilled with my experience in the program thus far. If you have any concerns about the program, or if you just want to talk about sports or music, please don't hesitate to find me. I'm really looking forward to a great year and will represent you well. Good luck, everyone!

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School Psychology in the Spotlight!

Dr. Pamela Wilkie, a 2001 PsyD alumna, has been honored with the Frank Plumeau School Psychologist of the Year award by the New York Association of School Psychologists (NYASP)! Dr. Wilkie is a school psychologist for the Letchworth Central School District (K-12), and she has been a tremendous source of support and assistance for AU graduate students. She has helped several school psychology students become stronger practitioners during their practicum, advanced practicum, or internship.

Dr. Wilkie was recognized at the annual NYASP Conference luncheon on Friday, October 28th.



Congratulations, Dr. Wilkie!

Alumna **Katie Ribble**, MA/CAS, has been named the 2011 winner of NYASP's Ted Bernstein award. This award is given for outstanding professional promise in School Psychology. Ms. Ribble exemplifies the best qualities of a school psychologist and is committed to improving the lives of children and their families.

Ribble earned her MA in 2010 and her CAS in 2011, and she was also recognized at the Conference's luncheon ceremony.

Congratulations, Dr. Faherty! Pictured at right: Dr. Faherty (L) & colleagues at the award ceremony.

PsyD student **Rachel Scaccia**, MA/CAS, has been serving as the Graduate Student Representative for NYASP's executive board since 2009. Upon completion of this term, she will be appointed co-representative with Nancy Foreman for Chapter H of NYASP. Chapter H covers a total of 5 counties: Chemung, Livingston, Schuyler, Steuben, and Yates.

Congratulations, Rachel!





Dr. Ellen Faherty, clinical associate professor and Director of the Lea R. Powell Institute for Children and Families, was recognized at a ceremony on October 6th at the Allegany County Courthouse. The ACCORD Corporation honored Dr. Faherty with an embossed purple plaque for her "outstanding commitment and service to victims of domestic violence" in recognition of Domestic Violence Awareness Month.

Dr. Faherty has provided psychotherapy services to child and adult victims of domestic violence in Allegany County for twelve years and has developed an advanced practicum course for Division of Counseling and School Psychology students wishing to gain supervised experience counseling victims of domestic violence.

Counseling in the Spotlight!

Charity Chaffee, MSEd candidate, was recently appointed as the student representative for the New York Mental Health Counselors Association (NYMHCA) Board of Directors. There were many nominees for the position, but the presidents and executive committee were most impressed with Chaffee's experience, passion, and commitment to the field of mental health counseling.



Congratulations, Charity!

Julie Ilowiecki, MSEd candidate, spearheaded a drive to replenish supplies for the women's shelter that was damaged by the September flood that devastated Owego, NY. After learning about the situation through a DART (Domestic Abuse Review Team) meeting, she has been working to raise awareness about domestic violence on the AU campus. Ilowiecki has a practicum with Family Service Society, and she has helped facilitate multiple peer support groups for victims, batterers, and their families.

"Violence is not only physical abuse, but is psychological, emotional, and verbal. Many people feel uncomfortable about the topic and would rather not talk about it or keep it a family matter, but it is serious and needs awareness." – Julie Ilowiecki



Erica Pettinger, MSEd, a 2011 mental health counseling alumna, received an Honorable Mention in the 2011 American Counseling Association Foundation's Gerald and Marianne Corey Graduate Student Essay Competition. This year's contest asked participants to write about the importance of career counseling in graduate program curricula. For her response, Pettinger was awarded a complimentary conference registration.

"Social justice has been noted as a major force in counseling. Career counseling complements this force, given the current economy and the high number of rural poor." – Erica Pettinger

Faculty Updates

Dr. Lynn O'Connell, associate professor of school psychology, has accepted the role of Division Chair for a three year term. Past Chair **Dr. Nancy Evangelista** is concentrating on her administrative leadership duties as Associate Provost, Dean of Graduate Studies, and Interim Dean of the College of Business. Associate professor **Dr. Cris Lauback** received an Outstanding Teaching Award at the Honors Convocation on April 15. **Dr. Steve Byrne** is now an assistant professor of counseling. Brand new to the Division this year is **Dr. Callen Fishman**, assistant professor of school psychology.



From L to R: Dr. Fishman, Dr. O'Connell, Dr. Byrne

Conference Notes

American Counseling Association, New Orleans, March 23-27, 2011 By Kelly Hint

As a first-time attendee at the ACA Conference, I was unsure of what to expect. I knew that I was thrilled to be heading to New Orleans, but I was a bit nervous. Was I going to be bored? Would I get lost? Would the sessions be worth my time? All of my fears, however, were put to rest upon arrival. The conference was absolutely amazing! I was star-struck to see authors of my textbooks, as well as Aaron Beck's daughter, Judith. I had spent years reading research by these well-known authors, and here they were! The educational sessions that I chose to attend really inspired me. I learned interesting new techniques to use in sessions and was able to hear from the "experts" about many diverse issues.

To be among so many other students and professionals renewed me. Graduate school can be overwhelming at times, but taking a few days to go to the conference refreshed me and reminded me exactly why I chose this profession. I would highly recommend attending professional conferences to any student and professional in this field. The amount of gained practical knowledge, the networking, and the inspiration is well worth it. I cannot wait until the ACA Conference next year in San Francisco. I hope to see you there!



Enjoying a delicious NOLA dinner. Clockwise, from left foreground: Erica Pettinger, Allison Keddie, Kelly Hint, Grace Burvee, Charity Chaffee, Ashley Wagner, Dr. Curtin, Cortney Bryant

Poster Presentations

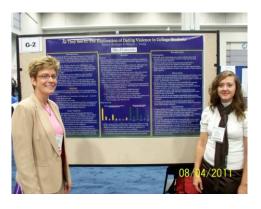
119th Annual Convention of the American Psychological Association, Washington, DC, August 2011

Dr. Byrne: *Peer Evaluations of Interpersonal Relationships in Narcissism vs. High Self-Esteem.* Erica Pettinger & Dr. Young: *As they see it: The exploration of help seeking behaviors in victims of dating violence.*



Left: Mr. Eacho & Dr. Curtin

Right: Dr. Young & Erica Pettinger



16th Annual Conference for Advancing School Mental Health, Charleston, SC, September 2011

Dr. Kevin Curtin and Chris Eacho: *Evaluating the effectiveness of Multifamily Therapy Groups: Members' perspectives on the essential elements.*

Other Conferences

Several of our school psychology students and faculty participated in the **New York Association of School Psychologists** (NYASP) Conference at the Turning Stone Casino & Resort in Verona, NY on October 27-29, 2011. We had a lot of alumni to recognize, after all! Look for a full report in the next newsletter, or visit our Facebook page!

Meanwhile, school counseling students and faculty traveled to the **New York State School Counselor Association** (NYSSCA) Conference at the Radisson Riverside Hotel in Rochester, NY on October 27-29, 2011.

The next **National Association of School Psychologists** (NASP) Annual Convention will be in Philadelphia on February 21-24, 2012.

The next American Counseling Association (ACA) Conference will be in San Francisco on March 21-25, 2012.

Finally, the next **New York Mental Health Counselors Association** (NYMHCA) Convention will be in Albany on April 20-22, 2012.

