

Westacott quoted in article about new attitudes toward retirement

5/23/19



Emrys Westacott

ALFRED, NY – Emrys Westacott, professor of philosophy at Alfred University, is quoted in a story published recently in *MarketWatch*, which discusses a growing movement where workers aim to retire early, eschewing a regular paycheck in favor of living on savings and investment income.

The article, [“Forget retirement — focus on financial independence.”](#) appears in the May 23 edition of *MarketWatch*, a financial information website that provides business news, analysis, and stock market data. It discusses the emerging “FIRE” (financial independence, retire early) movement, which has seen more and more workers retire in middle age, if not earlier.

The article alludes to living frugally in order to increase savings, and pave the way for financial independence and early retirement. Westacott, whose 2018 book, *The Wisdom of Frugality*, reflects on the benefits of frugal living, comments on the advantages of a thrifty lifestyle.

“People are looking around and saying, ‘I don’t need all this crap,’” Westacott says in the article. “You can really live a very pleasant life on quite a lot less.”