

What's Inside



LOCAL

GO INSIDE THE LIVES OF RECENT AU GRADUATES.

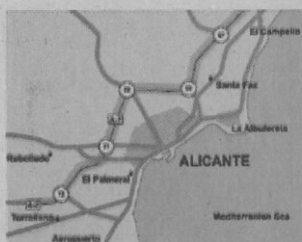
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FEATURES

SEE WHAT LOVE YOUR BODY DAY WAS ALL ABOUT.

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FEATURES

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CHECK OUT WHAT YOUR HOROSCOPE HAS IN STORE FOR YOU.

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SPORTS

AU FOOTBALL'S TRIPLE THREAT OFFENSE.

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Ade dining hall re-opens for AU students

JESSICA CABRERA
STAFF WRITER

Move over Powell dining hall, there is a new food provider in town.

Ade dining hall was re-introduced to the Alfred community on Oct. 14. After months of renovation, AVI food systems presented students with "another option of dining," according to Resident Director of Dining Services, John Dietrich.

The re-opening of Ade dining hall "means a fresh start," said Dietrich.

In past years, Powell dining hall has received larger turnouts than Ade. Last year Powell had a 62% rate of student dining, as opposed to the 48% rate that Ade dining hall maintained.

"The goal is to get an [equal turnout] of students at each dining hall and have people chose to go to either Ade or Powell," said Dietrich.

Some of the changes in Ade include the new location of the salad bar. Pizza is made in front of the students. The panini press provides new sandwich options. The fusion

section combines different ethnic dishes and students have the option of personalizing meals.

Ade is proving to be the new hot spot.

"I hope it will give students a different dining experience than Powell," said Tricia Debertolis, director of Powell Campus Center. "It is offering things that aren't in Powell and I hope students will enjoy choosing where to eat depending on the menu and what they are in the mood for," she stated.

Besides having more options, other areas will be improved as well.

"A lot of things will improve, not just food décor," said Dietrich. "Better management will be provided that will be more concerned with students needs and better training for our staff."

Since AVI food systems has made its home at Alfred University, their goal has been "recognizing a need and committing to fix the need and getting it done on time. They truly care about the quality of service students get," said Dietrich.

SEE ADE PAGE 4



Above is Ade dining hall prior to renovations.



Students enjoy the fresh look and greater array of meal choices at the newly renovated dining hall.

Coming Out Day t-shirt campaign a huge success

JERNEE JOHNSON
NEWS EDITOR

AU has once again managed to liven up the quaint and conservative community of Alfred on National Coming Out Day.

"Once you step onto Main Street, everything is very conservative," said Jessica Barnhouse, co-president of Spectrum.

"Spectrum is trying to show that not all of Alfred is conservative. AU [happens to be] very liberal," she says.

National Coming Out Day is a day when members of the Gay, Lesbian, Bi-sexual, Transsexual and Transgender (GLBT) community are encouraged to "come out" to friends and family about their sexuality. It

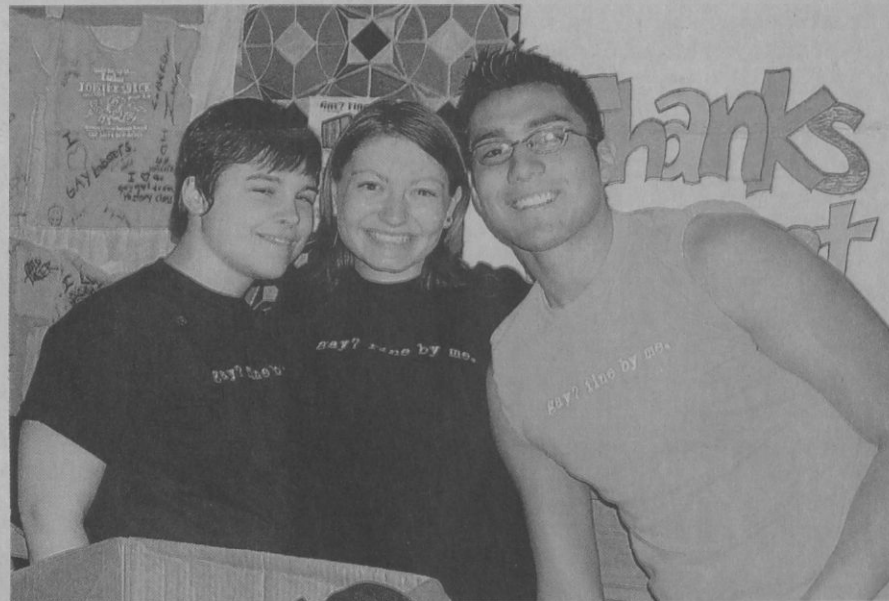
is an international event that was started on Oct. 11, 1988, as a means of increasing gay presence.

AU's GLBT organization, Spectrum, brings awareness each year to the University by celebrating National Coming Out Day. Spectrum is a political-activist group devoted to bringing GLBT awareness to AU's campus as well as fighting to curb discrimination against GLBTs.

In the past, Spectrum has been known for the "coming out" door in front of Powell Campus Center. The door was to encourage people to come out with their sexuality. It was also used for GLBT allies to come out to the community. The door represented a closet door and signifies "coming out of the



Members of Spectrum distributed t-shirts to students, faculty, staff and community members in support of National Coming Out Day.



Missie Cole (center) and her partner (left) pose with Francisco Alegria (right) during the t-shirt campaign.

closet."

This year, Spectrum decided to make National Coming Out Day a bigger event. It brought a t-shirt campaign that was started by a few students at Duke University to help increase GLBT support on its campus.

Spectrum said they hoped to make the event bigger at AU than it was at SUNY Geneseo, who also had a similar campaign. They wanted to promote more GLBT awareness to the Alfred community, as well as gain more support for GLBT allies, according to Missie Cole, co-president of Spectrum. The psychology group, Psi Chi, sponsored the campaign along with Spectrum.

"This event is not only important for the

GLBT community, but for GLBT allies as well," said Cole.

"A lot of allies are afraid to come out as such because they are afraid of being considered gay," she said.

However, according to Spectrum, by bringing the Gay? Fine by me t-shirt campaign to AU, it gained a lot of support from straight students and faculty.

Among the supporters were Student Activities Director Dan Napolitano and Powell Campus Center Director Trish Debertolis. Associate Professor of Communications Pamela Schultz and Professor of Psychology Louis Lichtman were among the first to grab

SEE GAY PAGE 4

Alfred University dedicates Inamori School of Engineering

AU COMMUNICATIONS

Alfred University dedicated the Kazuo Inamori School of Engineering in formal ceremonies Oct. 21. The occasion marks the first time in the University's 169-year history that it has named one of its schools or colleges in honor of an individual.

"The Alfred University Board of Trustees is privileged to bestow this honor upon Dr. Kazuo Inamori, the founder of the Kyocera Corporation, the world's largest manufacturer of advanced ceramic materials," said Robert R. McComsey, chairman of the AU Board of Trustees.

The Kyocera Corporation announced in March that it was creating a \$10 million endowment for the School of Engineering at AU in honor of Dr. Inamori, its founder and chairman emeritus. Established in Kyoto, Japan, in 1959, Kyocera now has manufacturing facilities around the world. Under Dr. Inamori's leadership, Kyocera was among the

first Japanese corporations to establish operations in the United States, opening facilities in San Diego in July 1969.

From that beginning more than 35 years ago and continuing today, Kyocera has employed many Alfred University graduates with degrees in ceramic engineering. That relationship, Dr. Inamori said in March, is what led him to establish the Inamori International Scholarship fund at Alfred University and eventually to the Kyocera Corporation's gift to endow the School of Engineering.

With the income from the endowment, Alfred University will hire four additional faculty members – to be known as Inamori Professors – specializing in the processing of advanced materials, particularly those for biomedical and photonic applications, to create a fine ceramics/nanotechnology research center. The University faculty and students and Kyocera Corporation engineers will be linked in ongoing research and technical exchange

programs as they develop and explore new applications in advanced materials.

The University will also create a permanent exhibition that highlights the history of fine ceramics.

In announcing the gift, Kyocera officials had noted Alfred University's "tradition of instilling in its students a desire to contribute to society and mankind," as well as the key roles played by Alfred University graduates in advanced materials engineering.

To honor Dr. Inamori, the School of Engineering sponsored a symposium to celebrate the inauguration of the Kazuo Inamori School of Engineering and to focus on emerging technologies in the materials field. The symposium was on Oct. 21 in Nevins Theater, with Dr. Inamori as the keynote speaker. He talked about the attitude engineers must have in order to achieve innovation, using his own experience in developing solar cells as a practical means of generating electricity. ☺



PHOTO BY KATHLEEN CRONIN

Fiat Lux

Students and credit cards

Control the plastic before it controls you

Imagine being in your thirties and still paying off a slice of pizza that you purchased when you were an undergraduate at Alfred University. It sounds a bit far-fetched, but that very scenario hits home with many people today.

Responsibility is the main thing that many college students lack when owning a credit card. The College Board website gives information on understanding your credit and using it wisely. This is the most effective way to avoid being buried in mounds of unnecessary debt after you graduate.

First-year college students often fall victim to the barrage of credit card offers that come through the mail. Many credit card companies set up booths and tables at the beginning of the semester, offering sign-up incentives such as t-shirts, key chains or water bottles to lure in students.

Although many students do accumulate large debts in short amounts of time, having a credit card is not necessarily a bad thing, if it is used responsibly.

Credit cards can be considered to be essential in the life of a college student and there are many good reasons to have one. They give you protection for your purchases, allow you to shop online and provide a cushion in case of emergencies. But, with this in mind, there are four main points that college credit card holders must understand.

First, credit cards should never be thought of as "free money." In fact, they are high interest loans. The most common credit card fees include finance charges, which is an interest charge on the unpaid monthly balance. There are also annual fees, which are yearly membership charges that can range from \$20 to \$100. In addition, there are cash advances and late payment fees; these charges should be avoided at all times. Fees are almost always steep and interest rates increase sharply.

Second, not paying off your entire monthly balance will lead to huge finance charges. Annual fees, late charges and unnecessary purchases will ultimately dig a much deeper hole.

Third, students must realize that their credit is important. The college years are prime time to build a good credit history. This is especially important for the years following graduation.

A credit report is needed in order to apply for an apartment and to finance large purchases. Employers too, review credit reports in order to hire and evaluate employees. Also, any problems such as late or missed payments will stay on your credit report for at least seven years.

Last and possibly most important, you need to understand what you are getting into. Too often, students act before they think, which lands them in serious debt.

You, and you alone, are responsible for the debt that you accumulate. Before you sign or agree to anything, read all the information packets and fine print. Understand what happens when the ever-so attractive introductory interest rate expires and the real rate kicks in. Also, understand the consequences of being late, missing a payment and the interest rate of a cash advance. There are so many terms and agreements to understand when owning a credit card. A student must be aware of all of them.

A reasonable way to thwart off this potential threat of debt is to use a debit card instead of a credit card. It is much better to spend money that you actually have. And if you decide to use a credit card, do so only if you know you can fully repay that debt or in the event of an emergency.

Students do not need to steer clear of credit cards, students just need to be knowledgeable and practice responsible usage habits.

**COME PICK UP A
STORY AT OUR NEXT
MEETING. MONDAYS
AT 5:30 P.M. IN
THE S.O.S.**

The *Fiat Lux* welcomes your opinion. Anyone may write a letter to the editor. Submissions must include name, address, phone number and class year (for students). Letters to the editor should be limited to 250 words; guest columns should be limited to 700 words. The *Fiat Lux* reserves the right to edit all letters for space, clarity, brevity and fair play. E-mail your thoughts to fiatlux@alfred.edu. Submissions should follow the rules of fair play (i.e. get the facts straight).

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The *Fiat Lux* supports the perpetuation

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Opinion

Intercollegiate program benefits on and off the court

Alfred has afforded me so many great opportunities, one of which is being able to play a varsity sport. I could never imagine my college career without being a member of a team.

Without the unique ability to experience team bonding, make friends and play competitive volleyball, my experience here at Alfred would not have been as rich as it has been.

Maybe Alfred doesn't have the strongest athletic reputation in many of its programs, but that doesn't mean you can't gain anything positive from playing a sport here. For me, it was learning how to control my temper. I'm an overtly competitive person, and often times, it's difficult for me to contain this aspect of my personality on the court.

Through my experience here at Alfred, I've learned from day one that yelling, scolding and having a condescending attitude towards teammates is not going to help us win games or help develop any team cohesiveness.

I make mistakes too and it's just not right or fair to be so hard on others. Of course my temper can flare up at times and I undoubtedly regret the words that spill out of my mouth. But since I've played a varsity sport, I've learned to keep the word vomit to a minimum.

Physical activity is also a great way to ward off stress and feelings of depression. I know every time I enter the gym, it's the time to leave all my feelings at the door and work hard to make the most of practice. Practice allows you to dissolve any feelings of stress that daily life may create. A feeling of rejuvenation undeniably kicks in.

Another positive aspect of participating in sports is that women who play sports tend to have a better self-image and better mental well-being.

Quite possibly one of the most beneficial aspects that I've gained from playing a sport in college is the ability to balance my time. With practice, games and tournaments taking up around 40 hours of my week, I have to learn to budget my time effectively. Many of my friends tease me for not being a fellow procrastinator, but it's a great quality to have to help reduce stress.

It's clichéd to say, but playing sports allows you to grow as a person and can make you a more marketable employee when you start your career.

People are often assigned to group projects, and if you've played on a sports team, you know that everyone has their specialty. You can relate this back to your project, and once you figure out everyone's special ability, your "team" becomes golden.

Playing a sport gives you the past experience of knowing how to deal with a group of people and provides you with the ability to know how to keep group goals in mind.

I value my teammates more than they may know. They are my fellow competitors, friends and sisters. Being a member of a varsity sports team at Alfred gives you the opportunity to play your desired sport at a competitive level with people who share many of the same goals of excellence. It also allows you to have a whole lot of fun! ☺



**GERALDINE
GENZARDI**
MANAGING EDITOR

Alfred is where the heart is

I love the common question, "So why did you choose Alfred?" Outsiders, heck, even townies treat Alfred as though it is some awful prison that students are sanctioned to when all else fails.

So maybe Alfred isn't all sugar and spice. Maybe there are only two places to go on the weekend and everything is a hop, skip and jump away. Yeah, there are no subways, payphones, traditional bus stops or shopping malls. That doesn't imply that Alfred isn't something to be proud of, or to at least enjoy.

I am not going to lie; at first Alfred scared me to death. Odd, maybe, but it really frightened me. See, I didn't really look into the system, or the town, or the geographic location for that matter, before I had become part of the 2006 class. All I knew was that Alfred allotted me fantastic financial aid and it met my requirement of "get me as far away from home as possible". I needed change and apparently the middle of no where seemed to fit rather nicely.

It took a total of two days on the road before I arrived in Alfred. My guardians and I thought it would be a smart idea to travel the scenic route from Freeport, Maine to Alfred, taking us through the deep, dark woods of Vermont, where pavement was an unheard novelty. Note to self, never do that again, ever.

We stayed the first night in a rather pleasant hotel in Vermont; complete with two king-sized beds and

a super steamy shower. Ah, the luxury. That happened to be my last good nights rest before entering my college career.



**MICHELLE
CLARK**
CO-FEATURES
EDITOR

The second night, the night before I was allowed into the freshmen dorms, we found home at a local Alfred hotel. Holy cow is really all I can say without being profane. Let's just say that in order to feel safe, my guardians and I slept on the top of the comforters, fully clothed, and bathed in the less than mediocre shower with our socks on. Good times let me tell you!

However, that experience was the last horrible experience I encountered. I fell in love with the town immediately. This happened only because I'm willing to embrace the modest amount of resources available and make the most of them. So what if there are lots of trees and more cows than people. Ok, that means adventurous walks in the back wood and good milk. So there are no chain restaurants. So find something you like at the mom and pop shops and make yourself a known regular.

There is no need for original college town commodities. Find the Alfredian substitution! Alfred is a great place to be because of the people and the special places there happen to be here. You need to be open minded and free-spirited to understand that Alfred University is a unique experience and one that you should be proud of. I mean where else can you find a day designated to eating hotdogs? ☺

Words CAN hurt you

Sticks and stones may break my bones but words will never hurt me. We have all probably heard this in elementary school. This is the message adults, our teachers, and even some of our parents gave us.

Every single person I asked to finish "sticks and stones may break my bones..." was able to do so without any questions. This shows we have all been told this, yes, we have all been told this awful lie.

It is not only a lie we have been told but also pure crap. This could be debatable, depending how you interpret the saying but for the most part it says that "words" or "names" will never hurt. Give me a break. Not to offend anyone but what logical, knowledgeable, living person would tell anyone this?

Words are used to transfer information; they are the bases for which we communicate, whether through writing, speaking or sign language. Without words, verbal, mental and emotional abuse could not exist but words cannot hurt you, right? Oh, wrong, they do hurt and they hold an enormous amount of power.

People often characterize themselves by the way others perceive them. If you tell someone they are stupid, fat, ugly, too thin, abnormal, weird looking and so forth, after a while they are going to believe it to be true. This is where words hold such great power and when power gets into the wrong hands people get hurt.

Most of us have a vivid memory of the meanest thing someone has ever said to us. And most of us will never forget how we felt after that person said it. Just imagine if you had to deal with that everyday.

In elementary school, I was never bullied but I saw a lot of children who were. But just because you are not beaten up for your lunch money or called

mean names does not mean you did not deal with cruel, ignorant peers.

I will always remember the mean group of girls in my fourth and fifth grade class. These girls said some of the meanest things to other children, made fun of anyone different from them, and looking back I am sure they engraved a few vivid memories of mean words into many children.

Verbal abuse is almost worse than physical. Verbal abuse is not physically noticeable on someone, whereas with physical abuse it is easier for a friend, parent/guardian or teacher to notice, allowing him or her to react. Verbal abuse is something someone can manipulate in their mind, telling his or herself it is not happening and for a child it would be easier to hide.

The message given out to children who face verbal abuse from their peers should go more along the lines of "sticks and stones may break my bones and though words really hurt sometimes; I wear a mirror so whatever those mean people say, they are really saying about themselves, for they have more self-issues than I will ever have."

It just upsets me that so many children are tormented in schools and it goes unseen by so many. We were all in K-12 grades at one point, we all know how mean some can get and this type of abuse will always be in schools. There will never be a solution to make children treat each other like humans but I do think something can be done.

Send the message that anyone at any point in our lives can say whatever they want to us but we hold the power and control in what we will allow ourselves to listen to, much less believe. ☺

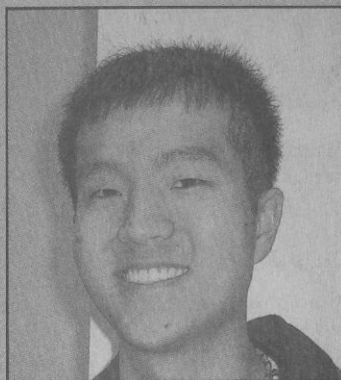


**JESSICA
HENDERSON**
STAFF WRITER

Roving Reporter

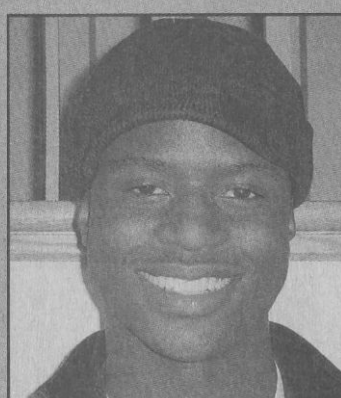
QUOTES AND PHOTOS BY
JESSICA WEBSTER

**WHICH TEAM DID YOU
WANT TO WIN THE
WORLD SERIES AND OF
THE TEAMS GOING WHO
DO YOU WANT TO WIN?**



"I wanted the Atlanta Braves to go to the World Series. Out of the teams going, I want the Astros to win because they have never been to a world series."

Brian Norby
Business Administration



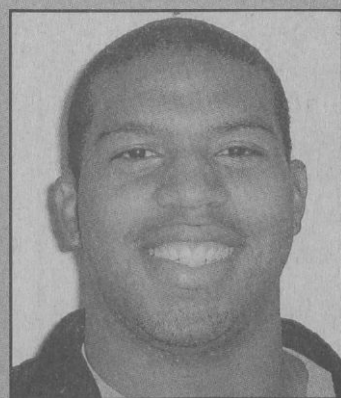
"I wanted the Yankees to win, but I want the White Sox to win the World Series because I have a fitted hat for their team."

Conrado Bowen
Communication Studies



"I wanted the Boston Red Sox to win, but I guess I want the White Sox to win since they haven't won in a while."

Jessica Dupis
Art and Design



"Of course I wanted the Yankees to win. I want the White Sox because I don't want the Astros to win since Roger Clemens is a traitor."

Elmer Newsome
History



"I wanted the New York Yankees to win. I don't care who wins, but if I have to choose, I want the White Sox to win."

Laura Findlay
Elementary Education

The real world perspective from recent AU graduates

Life after AU

Class Year: 2005
Majors: Communication Studies & English
Hometown: New York City
Current Location: New York City
Current Status: Applying to grad school and seeking employment in higher education

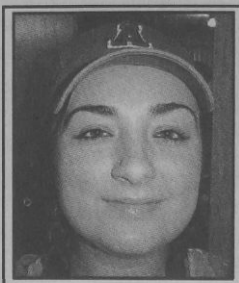
Alfred University, in its own reclusive, secure bubble in the middle of nowhere, with its plethora of friends to make and ways to be involved, helps one to forget the outside world. The very uniqueness which makes Alfred so special can help one to forget the future too. Then graduation slaps you twice: First with its congratulatory palm, and then with its backhand to fill you with fear, reminding you that once you walk off of that stage, you no longer belong in Alfred's bubble. Anxiety sets in, leading to the inevitable question: What do I do now?

I always knew what I wanted to do. I wanted to work in the cosmetics industry, then move onto editorial work at a beauty magazine. When I decided hectic deadlines and journalism weren't for me, I figured cosmetics in general would be a fine career, or glamorous at least. But as we all know, people change and so did I. Unfortunately for me, I changed a little too late. I decided a month before graduation that my ultimate goal in life is to be a Director of Multicultural Affairs at a university. I say unfortunately because I immediately realized that, to even be an assistant in any student affairs position, you need to have a master's degree.

I applied to every position at a college I could find. No one would have me, not even for an interview. The frustrating part is that I know how great I could be if I was offered a position. I started looking in New York City, then decided all of New York State would be acceptable. I soon broadened my options and applied for positions in Connecticut, Pennsylvania, Virginia

and Massachusetts. As the months stretched by, ridiculing me, I soon applied to secretarial jobs, and even at Victoria's Secret. My father was thrilled to hear that four years private school tuition culminated in a job at the mall.

Then came the brilliant idea of graduate school. I love school and immediately became enthralled with the idea of furthering my education in the field of Higher Education Administration. But to my surprise, my parents weren't behind me, mostly for financial reasons. I was enraged; how could my wise parents (my father with two master's degrees and my mother with one) think more schooling was not the right choice? I decided that for better or worse, graduate school is something I need to further my career, and I'm willing to make as many sacrifices as necessary.



JESSICA ECOCK
GUEST WRITER

I assured my parents I wouldn't go if I couldn't find financial support from assistantships or loans, or if I suddenly found a job that I loved. Now I am in the process of applying to three different colleges and I am very excited, although the process is hard on your own.

Everyday I wish I had known what I wanted to do sooner. Everyday I wish I had done more at Alfred, joined more clubs, made a bigger difference, had a backup plan at least, but you can't go back. And although I wish life were different now, I wouldn't wish to change anything about my time at Alfred. If you're wondering if there is life after graduation, I won't tell you it's wonderful, and I won't tell you all of my alumni friends are stable or sure of their plans either. I'm writing to tell you that, although life after Alfred isn't guaranteed to be easy or quickly satisfying, what you do while you're in school can help make your Alfred afterlife (and resume) a little sweeter.

So join clubs, participate in class, become friendly with professors and stand out. And do it now. Just as applying for college was competitive, applying for life is even more challenging. And for heavens sake, treasure your four years in the bubble. ☺

Life lessons from beyond Alfred

Class Year: 2005
Major: Communication Studies
Minor: Business Administration
Hometown: Rochester, NY
Current Location: Boston, MA
Profession: Marketing Consultant

It's been nearly four months since I walked off the stage at graduation with my diploma in hand, and then out of Alfred as an undergrad for good. The four years spent studying at Alfred, and any undergraduate institution for that matter, seemed to pass by in the blink of an eye and can be matched by no other life experience.

When it came time to leave Alfred, I was one of the fortunate ones to have a job offer at a firm I had admired for two years. I pursued countless extracurricular activities, performed well academically and was even honored as a commencement speaker on that draining and somewhat anticlimactic morning in May that culminated four years of hard work. My life seemed to move in a blur, after moving back home for the summer before for my eventual relocation in August to Boston for my new job and new life.

In true form, I waited until the last week, day and hour to take care of the things I had been putting off and in denial of. This was it. There was no turning back as I stored away my Alex's mug, bought a functioning alarm clock and received my first leather briefcase as a graduation present. I was officially an adult and entering the working world.

Looking back on my final semesters at AU, I wish I would have done one thing. I wish I had taken the time to figure out how to combine my passions and my professional life. I was so caught up in my move to Boston and finding a job before graduation, that I neglected some of my most important interests, things that I took for granted as a journalist. I've always had a passion for humanitarianism and the connectivity with my community that journalism forces you to have. I've always loved living and growing up in my hometown and felt sad to become one of the droves of young professionals to abandon Rochester in search of bigger and better opportunities. Rochester has so much to offer, you just have to look a little harder.

In my first few weeks of work, it became increasingly apparent that it wasn't a job I could see myself delving into for the long run. I want more out of my life, pro-

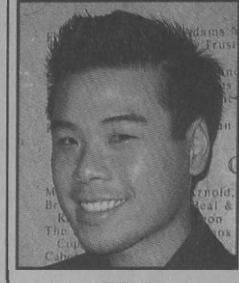
fessionally and personally, than a nice paycheck every two weeks. I have been blessed and cursed by a burning desire to make an impact with my work, no matter how large or small, on any community, organization or individual. I struggled with the fact that my firm does wonderful work professionally, but undeniably it just isn't the right fit for me.

On top of my personal apprehension, I never considered how torturous the commutes in Massachusetts can be. I spend at least two hours of my day in heavy, congested and stressful traffic. Boston is a wonderful place and I lucked out to be able to live on the city's North shore. Though with the price of my one bedroom apartment, I could be living in a four bedroom, two-floor house with a backyard and garage in many other cities, including Rochester. But more importantly, no matter how beautiful the ocean views to the east and the picturesque Boston skyline to the south seen from my apartment balcony are, I still hunger for more; more from myself and my professional life and I won't settle for anything less.

Your first year out of college is going to be one of your toughest. You may experience the same sort of 'quarter-life crisis' I have the pleasure of living through, but in the end, these so-called wrong turns in life only shape the person we were meant to be. Through my struggles, I have been inspired to pursue activities outside of work that fulfill me, like soaking up the abundant Boston culture, volunteering as a Communications Consultant for a local politician, hopping on a plane for weekend adventures (four times to NYC, then Philadelphia, Chicago and Virginia Beach so far), volunteering for the Greater Boston Food Bank and most importantly, serving as an English tutor for the Boston Chinatown Neighborhood Center.

I don't necessarily believe that every event in our lives has meaning. Some carry monumental significance and other events are just random occurrences on this rugged and unpredictable journey called life. It's true, you do give up freedoms when leaving college and entering the workforce, but in many ways, you gain new ones. Without these continuing chapters in our lives, we'd still be the same person we were four years ago, and no closer to figuring out who we are or want to be.

I can say with certainty that everything in our lives carries both positive and negative life lessons. I know the only thing I can do is relish the good, learn from the bad and soldier on, striving to live each day better than I did yesterday. ☺



TIM
INTHIRAKOTH
GUEST WRITER

WIC and Love Your Body Day inspire women

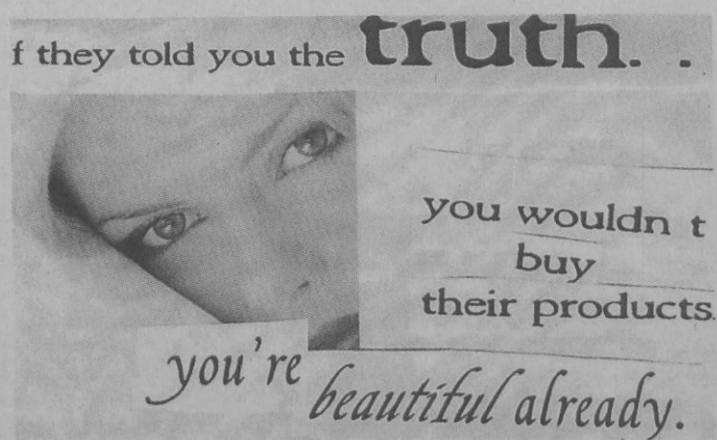
Make-up and skin care products are no match for natural beauty

KARLI-MARIE REYES
STAFF WRITER

The Women's Issues Coalition, spearheaded by Jodi Andersen, organized Love Your Body Day 2005 on Oct. 19. The celebration was part of a national campaign to alert women of the adverse effects that mass media, specifically advertising, have on society.

In an attempt to bring awareness to AU, WIC members enthusiastically handed out colored hearts in Powell Campus Center to "write what you love about your body."

The hearts read things like: I love my BELLY! I love my little feet, I love my gigantic frizzy hair, I love my eyes or I love my coolie. The hearts formed a collage over the WIC table, with colors and quotes as varied as



the writers themselves.

WIC's posters around campus read: "If they told you the truth, you wouldn't buy their products. You're beautiful already."

Later that evening, the Women's Leadership Center was packed for WIC's screening of "Killing Us Softly 3," a documentary film based on the lectures of Jean Kilbourne.

Kilbourne is a pioneer in the fight against advertiser's objectification of women in the media. The documentary focused on the media's unrealistic portrayal of women.

Kilbourne makes the point that advertising constantly surrounds women. On average, Americans are bombarded with 3,000 ads a day and will spend approximately three years of their lives watching ads on television alone. This much exposure to the mass media has a profound effect not just on the way women view themselves, but also on the way that men view women.

Women are commonly shown in advertisements as passive and vulnerable, they are hyper sexualized and the emphasis becomes on their bodies alone. According to Kilbourne, the average American woman is 5' 4" and weighs 140 pounds. The average model is 5' 11" and weighs 117 pounds. Through advertising, the media surrounds women with this ideal image of beauty. Women feel ashamed and guilty because they are unable to conform to this ideal.

Failure, however, is inevitable because it is an ideal that is impossible for most women to achieve. With this kind of pressure, it is no wonder that one in five women today are diagnosed with an eating disorder. Kilbourne asserts that objectifying women in the media is the first step in justifying violence towards women. Women's body parts are taken apart in ads, focusing solely on their breasts and legs, among other things. When women's bodies are picked apart in this manner, they become objects. The abuse of women then becomes acceptable because they are viewed as sub-human. Battery is the number one way that women are injured in

America. A person must question if advertising is at least partially to blame for this shocking fact.

Advertisers such as Nike, Dove and Avenue are on the right track, but

Choose Your Eye Color
Without a Prescription



LOVE YOUR BODY DAY Oct 19

there is still a long way to go. Andersen says, "We have the ability to fight back, but most people don't know what to do."

So what can you do? Start out small, do not weigh yourself down, focus on your strengths and question what the media throws in your face every day.

Think you are ready to take bigger action? Websites such as About-Face.org and OneAngryGirl.net can point you in the direction of letter writing and petition campaigns to get involved in. ☺

Senate Update Senate Update Senate Update Senate Update Senate Update Senate Update

MATTHEW BUTTS
EDITOR-IN-CHIEF

As of the Oct. 19 Student Senate meeting in Nevins Theater, senior Aris Rodriguez resigned as treasurer of the Student Senate due to an abundance of other obligations. Nominations and elections for the position will be held during the Oct. 26 Student Senate meeting.

President Ian Phillips stated that Herrick Memorial Library would be undergoing renovations during Summer 2006. Completion of the project will be near Fall 2007. The majority of the library's materials will be transported to an off-campus location. There will be a courier system in place, by which students can obtain books. Literature can be requested and obtained later the same day, or on the following day. However, a special collection of materials will be available on campus, which will be selected by instructors and relevant to their courses. In addition, there will be the possibility of a 24-hour study lounge, cyber café, increased study areas and improved

shelving.

Senate committees and their chairpersons convened to update members on past issues and concerns and address new ones.

Pink slips will be available during every meeting so that senators are able to record complaints, concerns or compliments and insert them into the "Box of Issues." These issues will then be re-directed to the appropriate committee chairpersons.

Academic Affairs committee chairpersons addressed their reports to the entire Senate floor. The School of Business chairperson stated that there is an interest in an art management class. The Engineering schools' chairperson stated that there is a proposal to have a reception for December graduates. The School of Liberal Arts and Sciences chairperson said that there was a Chinese class scheduled for the Fall 2005 semester, but it was cancelled one week before the start of classes because the University could not acquire an instructor for the course. Also, a replacement or substitute lab is needed for students due to

the renovations of Allen Hall. The chairperson for the School of Art and Design stated that students are very interested in an art class that is business oriented.

The Buildings and grounds committee's report stated that students should work order any problems with lights on campus before addressing it during Student Senate meetings. If the problem is not taken care of by the following meeting, then it may be brought up during the open forum session.

The Transportation committee chairperson stated that the creation of a SAFE bus is in the making. It will escort students to possible stops on Main Street, the Brick, Ade Dining Hall and locations on the Alfred State campus. More information is forthcoming.

The report from the Telecommunications chairperson stated that Joel's House is still not connected to the University cable system; it is currently using the town cable system.

The Food committee chairperson stated that students are complaining about

uncooked bacon, flies in the deli area, mold on buns at Ade Express, no labels on food and that more meats and less carbohydrates need to be available. The new Ade Dining Hall made its debut during mid-semester break and is currently open to students.

The budget of the Student Senate executive board was reviewed and accepted unanimously.

There are concerns about the use of the Alfred Today e-mail service. Organizations have been receiving unpleasant e-mails suggesting that the Alfred Today service be used. It was also suggested that the service include events of the particular day rather than to post events for the week; it is believed to defeat the purpose of the service.

Alfred Today is optional for clubs to use. Student groups can choose to send their own e-mails, but the service is encouraged in order to decrease the clutter that mass e-mails create.

Other issues include the poor quality of furniture in the Ford Street Apartments,

students are not receiving warnings before being documented by resident assistants and weekend breakfast options need to be more flexible.

By way of announcements, on Oct. 28, AU Trainers will be having a bowling tournament. The cost will be \$10 per person for three games, shoes and transportation. Sign-ups will be for four to ten person teams at the information desk at Powell Campus Center.

UMOJA will be sponsoring the 10th annual AIDS Charity Basketball Game Nov. 5 at 6 p.m. in McLane Center. Tickets are \$7. All proceeds will go to AIDS Rochester for research purposes.

On Nov. 6, Pacific Rim will host an Asian Fusion dinner at 6 p.m. in the Knight Club; tickets are \$5.

Spectrum thanks everyone who participated in National Coming Out Day. Over 700 Gay? Fine by me t-shirts were given out in less than three hours.

The next Student Senate meeting will be held on Oct. 26 at 8 p.m. in Nevins Theater ☺

National News

Mother faces murder charges for allegedly tossing children in bay

SAN FRANCISCO, California (CNN) -- The mother accused of throwing her three young children into the cold waters of San Francisco Bay is scheduled to appear in court Friday to face charges of murder and assault, the district attorney's office said.

Police arrested 23-year-old Lashaun Harris of Oakland on Wednesday after witnesses reported seeing her drop the children off of a pier.

Harris was charged Thursday with three counts of murder and assault. The charges included special circumstances for multiple murder, which means that if convicted Harris could face the death penalty or life in prison without parole.

Harris' relatives said she had a history of mental health problems, including schizophrenia.

An aunt told the San Francisco Chronicle that Harris' mother had tried to gain partial custody of the children after Harris stopped taking the medication and made threats toward the children.

"They said she was sane, that they couldn't do anything," Joyce Harris told the newspaper.

A spokesman for the Alameda County Social Services Agency would not discuss the custody issue, according to the Chronicle.

Family members said Harris had been living at a shelter in Oakland, but recently said she was going to San Francisco.

A cousin told the Chronicle that she tried to stop Harris on Wednesday when she told her she was going to feed her children to the sharks.

Former neighbor Angelica Williams said police often came to the house to break up fights. She said Harris began behaving strangely last year.

"She was very paranoid," Williams said. "She would pile furniture against the door. ... She was afraid people were out to get her."

Authorities said witnesses reported on Wednesday seeing Harris walk to the end of Pier 7, which extends about 700 feet into the bay, and throw the children into the sea. The body of 2 1/2-year-old Taronta Greely, was found about five hours later, two miles away from the pier.

The bodies of the two other children, Treysun Harris, 6, and Joshua Greely, 16 months, have yet to be found, and the Coast Guard suspended its search late Thursday.

The waters in that area are 55 degrees -- too cold to survive very long.

Witnesses said Harris looked dazed as police led her from the pier.

Mayor Gavin Newsom said the alleged actions make "you, frankly, sick to your stomach." He noted the city has resources for people who feel they can't care for their children, such as drop-off stations known as "safe havens."

Grief counselors and teachers reportedly were preparing to break the news to Treysun's elementary school classmates.

"Everybody is in a state of shock," principal Marsha Saks told the Chronicle. "Knowing it happened to one of our children is a blow."

His teacher told the paper that Treysun was a quiet and serious, but was well liked by his classmates.

Vitale suspect described as goth loner

MARTINEZ, California (CNN) -- The teenage suspect in the beating death of a prominent lawyer's wife was described by classmates as a goth loner who followed the occult and dressed in black from the polish on his fingernails to his trench coat.

The young man is being held as a juvenile in the slaying of Pamela Vitale, wife of lawyer and television pundit Daniel Horowitz. Police say he apparently acted alone.

Horowitz found Vitale's body when he returned to a trailer the couple shared while they built a dream estate on a hilltop in affluent Lafayette, east of Oakland.

Authorities said Vitale, 52, was bludgeoned by a strip of crown molding and fought with her killer.

A Gothic cross was carved into her back. That symbol may be a key link to the suspect.

"He was just really a Gothic kid, and everyone knew who he was just because of his apparel. When you heard the name, you were just like, 'Oh, that kid,' "a classmate told CNN.

"He just definitely stood out in front of anybody in the school," the classmate added. "When he walked by, everybody talked about him -- like, he definitely didn't blend in."

Authorities would not identify the 16-year-old, and CNN is not naming him because of his age. But news outlets in the San Francisco Bay area widely publicized his name after his arrest late Wednesday.

Former classmates told The Associated Press that the teenager drew a pentagram on the ground at school, telling other students he was reading from the book of Satan.

They described him to the wire service as a quiet student at Acalanes High School in Lafayette, where he stood out because of his attire.

"He was really Gothic, always wore a long, dark jacket," Kevin Etheridge, 16, told the AP. "He'd hang out with a few kids, but he was pretty quiet, pretty much to himself."

Another student remembered him in junior high school drawing a pentagram on the ground with chalk and dancing around it with other students.

"He told people the book that he was carrying and reading from was the book of Satan," Keith Kingon told the AP.

The San Francisco Chronicle, citing an unidentified law enforcement source, reported that investigators believe the killing was related to a scheme that involved using stolen credit card numbers to fund a marijuana-growing operation.

The Chronicle's source said the boy had ordered equipment for the operation and mistakenly thought the supplies were delivered to Horowitz and Vitale's home, the newspaper reported on its Web site.

The teen went there Saturday looking for the equipment and got in a fight with Vitale, striking her dozens of times in the head with a piece of molding that was left behind at the scene, according to the Chronicle's source.

The boy, who lived on a remote canyon road down the hill from the estate, had scratches on his arms and legs from a fight, the newspaper reported.

A man at the house where the suspect lived declined to comment Thursday as goats and chickens wandered around the property. A potbelly stove, a bathtub and dozens of baseballs littered the yard, the AP reported.

If the boy is convicted of murder as an adult, he would face up to life in prison. If convicted as a juvenile, he would be freed on his 25th birthday. He is too young to face the death penalty.

Dam fears ease, town reopens

TAUNTON, Massachusetts (AP) -- City officials reopened neighborhoods surrounding a storm-weakened wooden dam Friday, four days after evacuating the area because of fears that a collapse would flood downtown Taunton with several feet of water.

Workers pumped millions of gallons of water from the rain-swollen lake above the Whittenton Pond Dam and began shoring up the battered structure Friday ahead of the new round of heavy rain forecast for the weekend.

Some 2,000 people in the city of 50,000 had been told to leave their homes Monday. About half were allowed back Thursday night, but hundreds of residents who live close to the dam were asked to stay away. Mayor Robert G. Nunes lifted their evacuation order Friday.

As downtown businesses reopened, Anthony Lentine welcomed the breakfast crowd back to his deli, estimating he lost \$1,000 for each of the three days he was closed. But he didn't blame town officials for playing it safe.

"After seeing what happened in New Orleans, God forbid, we wouldn't want anything like that to happen here," he said.

Authorities cautioned that the threat had not entirely passed for the working-class city south of Boston. A state of emergency will remain in effect until early next week.

"We still have the danger we had before," Fire Chief Joe Rose said. "Now we're trying to fix it."

Water levels rose as the area got more than 11 inches of rain this month, including 7 inches last weekend.

The pumping that began Thursday -- combined with dry weather -- greatly relieved the pressure on the 173-year-old wooden dam. But another wave of foul weather expected to arrive this weekend could push area waterways back to flood levels. With the water level lowered, officials hope to make some repairs before then.

Authorities said that if the dam gave way, it could send a 6-foot wall of water surging through downtown Taunton, about a half-mile downstream.

"We feel very comfortable with the decision we've made," the mayor said. "We are seeing tremendous progress."

Thomas Shaughnessy, 25, was headed home from a high school-turned-shelter with his girlfriend and their cat, but he wasn't convinced they're completely safe.

"I'm not going to lie to you," he said. "I'm scared." ☐

Stray animals need homes

Stray cats are normal in Alfred. As a student, you may be wondering what you can do to help.

Living in the town of Alfred you may have seen a number of cats roaming around. Some you may see daily, some you may see only once and some have been here since your first semester at Alfred. Obviously different students and community members will react to the cats in a variety of ways.

Some people may want to put food out for the cats, some may want to take them in and some might leave them alone all together. All of these choices are good ones, as long as you are willing to stick with your choice.

Putting food out for strays can be a very nice gesture for some felines, however, it can also have consequences. Once you start feeding an animal they will become dependant on you for food. If you decide to go on vacation, the animal is left without a source of food. While you're away the poor cat is left listening to its tummy growl.

Also, according to the Hornell Area Humane Society, feeding strays also increases the population. Unless you're prepared to feed a whole family, think twice. That does not mean that it is wrong to feed animals it simply means that you need to think about it. If you live permanently in the village and wont be leaving there is less of a problem, or if you can arrange for some one to feed the animals then it is fine. I'm sure the cats really

appreciate it.

Maybe you are one of those people who are up to the full level of commitment; adoption; if this is you, fabulous. Currently, the Humane Society is over whelmed with cats and dogs. They have 70 cats; about 30 of them are kittens, but only 50 cages. They are also at their full capacity for dogs. Any one willing

to take on the responsibility and joy of owning a pet is greatly appreciated. Just make sure that when you adopt a pet, either from the shelter or from the street that you are prepared to keep them. People don't like to be abandoned, and neither do pets. Again, think ahead before you commit. Are you going to take your pet with you after you graduate? Will you be able to find an apartment that allows pets? Will it be this cute when it wrecks your clothing? These are all questions that need to be answered before you get to that point.

Some of you may be reading this thinking, "this doesn't apply to me, I don't own pets, I don't feed pets, I just let them be." If this is you, that's fine. There is nothing wrong with that, actually that may be the best choice, especially if you don't have the means or desire

to have a pet. Don't forget that stray animals, especially cats, are apart of our community too.

If you want to help, the Humane Society is located on Industrial Park Rd. in Hornell, NY. For more information go to http://www.hornellanimalshelter.org/our_place.html, for a full list of donation items and volunteer needs. ☐



KATIE KIELY
CO-FEATURES EDITOR

No sign of homesickness

It has been more than a month, 46 days to be exact, that I have been living outside of the United States. You know what they say, time flies when you're having fun. But, I'm not having fun. I'm having a blast! So to me, it seems as if time is traveling at the speed of sound. Despite the fact that I don't have the Internet, or that I eat late, that there is no MTV, and that everyone seems to smoke everywhere, I still love it.

Speaking of smoking, must they do it all the time? I mean, not a minute of my day passes, when I do not have smoke puffed past my face. I would rather not smell like smoke walking through the class buildings, thank you. You can smoke in class while taking an exam because it "calms" you. Oh give me a break, what about me? I'm not that calm taking an exam while being subjected to second hand smoke. But regardless, I still love it here.

Everyone should live outside the box (America) at least once in his or her life. I'm happy that I have taken the opportunity to do it now, at least before I have a real job and won't have the "vacation" time to do it. So you want to travel throughout Europe huh? Here's some advice. Do your research on the airports. To make a truly long story short, three weeks ago, I was suppose to be eating German pretzels, but somehow I never made it. Not to worry, I did make it to London. I came, I saw and I conquered. It's more like the British pounds conquered me!

London was nice, not much sun though, kind of like a small village I know near Hornell, NY. I did all the touristy stuff. I visited Big Ben, Buckingham Palace, Trafalgar Square and shopped at Harrods. I also had to get my aunt's television license.

You don't have your television license? You'd better hurry and get it before the television police come and get you. It may

sound like a joke, but it is true!

In the United States, when you purchase a television, you can easily go home, plug in your new television and watch a program. In Britain, it's not that easy. When you buy a television, you must first acquire your television license before you may view content. This is a fee, around \$150, paid annually. The charge is in addition to any cable charges you might incur.

You may be asking why must you pay just to watch television? The lovely people over at the British Broadcasting Channel (BBC) do not have commercials on their network, so the television license pays their salary. If you don't pay your television license, you WILL be fined \$1,000. Trust me, my aunt lives in London and she didn't have her license one year and they found her! That's the British television license in a nutshell.

As for my experience so far in Spain, the language has become a lot easier now because I have to speak it all the time. I also

do a lot of things with my Spanish family and friends. It is really nice to have Spanish friends because they know that you want to learn Spanish and they want to learn English. It's a wonderful relationship.

I am a commuter student, so I really miss being able to roll out of bed and go to class. My classes are taught in Spanish, what was I thinking? I actually have to read the textbooks. Furthermore, one of the best parts about being in Spain is the siesta (afternoon nap)!

What have we learned?

London is expensive so do your research before traveling throughout Europe, pay your television license, siestas are great and I hate the smell of cigarette smoke. ☐



TAHSHAUNA
WILLIAMS
STAFF WRITER

...Ade

CONTINUED FROM FRONT PAGE

Associate Dean of Students, Carol Wood also points out AVI's dedication.

"I am really pleased that AVI was able to do such a complete renovation between the time that they took over the contract and the opening of Ade," she said.

Students are pleased as well with Ade hall.

"As a visitor last year, Ade was dark and dreary. It was just a place to eat," said freshman elementary education major Jessica Porter. "Now as a [AU] student, Ade is really nice and has an elegant atmosphere as compared to before. Better lighting makes it look nice and makes students want to socialize more. It's not just a place to eat. You want to stay and hang-out," she said.

Student groups and organizations are more than welcome to

use the space provided below Ade dining hall.

"I would love to work with student groups. When Ade was being renovated, our goal was to incorporate more activities within it," said Dietrich

Praise is in store for staff and students as well, according to Dietrich. "It was a stressful time for the staff to feed everyone from Powell. We were very impressed with the patience of students and with the few complaints. We were equally impressed with the dedication and ability of the staff to work through a difficult time."

Students will be surveyed, either later this fall or early next semester, after all the changes to the dining hall have been made. This will help to see if Ade is headed in the right direction.

"I hope everyone is excited about the changes and that they go over to Ade to really experience for themselves all the changes," said Debertolis. ☐

...Gay?

CONTINUED FROM FRONT PAGE

and sport t-shirts.

The t-shirt give-away began at 10 a.m. on Oct. 11, on the second floor of the Powell Campus Center. Within the first hour of the t-shirt giveaway, a crowd of students and faculty gathered around a few tables to pick through an assortment of colorful shirts. By noon, Cole said that the remaining t-shirts were given away within 10 minutes.

A total of 720 t-shirts were given away.

"It [the campaign] went better than expected," said Cole. "We [Spectrum and Psi Chi] reserved the whole day to give away t-shirts. We thought it would go for three to four hours."

Along with the free t-shirts, Spectrum also handed out condoms provided by Crandall Health Center and brought back the "coming out" door, which had not been used in three years.

Napolitano and Debertolis showed their support to the GLBT community by walking through the door and "coming

out" as allies.

Only about 10-12 students refused t-shirts, according to Barnhouse.

"I never thought this event would receive so much support," said Craig Arno, AU sophomore. "A lot of people came out and showed support."

Although the campaign was expensive, Spectrum and Psi Chi managed to get enough support to bring it to AU. President Charles Edmondson, along with Residence Life, Residence Hall Council, the Career Development Center, Student Affairs and the Honors program pledged money and made the event a success.

"This was such an amazing campaign," said Barnhouse. "We [Spectrum] are still getting tons of emails from students requesting t-shirts."

The GLBT community said that it would like to have awareness and support from AU all year round.

Spectrum is requesting for the Alfred community to wear its Gay? Fine by me t-shirts on the 11th of each month starting in November to help encourage support for the GLBT community. An email will be sent out each month to remind AU students and faculty to wear their t-shirts. ☐

The Dairy Princess Diaries

Theresa Coddington
A&E Editor

The Steuben County Dairy Princess is a student on Alfred University's campus this year.

Megan O'Brien, freshman environmental studies major, represents this honor with a lot of pride and enthusiasm. After meeting many requirements, making a speech, being interviewed by judges and attending a pageant, she was awarded the honor of being the Dairy Princess of 2005.

What is the Dairy Princess you ask? Thankfully Megan had all the answers. The Dairy Princess is not so much an award as it is a program. Megan had to explain to the judges of the pageant what she would do to promote the dairy industry and the nutritional benefits of eating three dairy products a day. Then she had to go out and do it.

She visits local schools and conducts programs for children, educating about healthy benefits of dairy products and the dairy industry.

All of this is very close to Megan's heart. Her family owns a 60-cow dairy farm, which she helps out on. The amount of work she contributes to the farm, all of a sudden makes a eight o'clock alarm feel like sleeping in.

Megan gets up at five in the morning to milk cows on the farm. Talk about commitment. The dairy industry means a lot to Megan and her family, and she represents it well in her new station as Dairy Princess.

Besides educating the youth of Steuben County, Megan has to contribute to local newspaper and attend farm meetings where new regulations and updates of the American Dairy Association and Dairy Council (ADADC) are discussed. Megan then has to take the information she learns and create a speech which is

received by local farmers and the public. This is a lot of pressure for a freshman with a full schedule, but Megan is living up to the task.

"It is not all hard work," said Megan. She has gained a better appreciation for the dairy industry through all the information she has retained. Also, the public relations has made her an excellent public speaker and better at meeting people; skills which will come in handy later in life if she decides to break away from the family farm.

She also said that conducting programs and educating children is very fulfilling and rewarding. Megan said it is important to educate others and to get an education, so that you have the skills to follow your own path in life, whichever path you choose.

The Dairy Princess program is important in New York; so important that there is also an overall Dairy Princess for the whole state. Interest in the Dairy Princess program is on the rise with the amount of contestants doubling in next year's pageant.

Megan has to give a farewell speech in April, when she will have to pass on the Dairy Princess title to the new winner. She will still be involved in the dairy industry however, working many early morning and long hours on her family's farm.

Megan is a self-confessed cream cheese addict who won't drink anything but whole milk from her farm. She is an excellent nutritional role model for children in the schools she visits. The amount of commitment Megan shows in promoting nutrition, hard work and education is very impressive. She is going to do a great job as Dairy Princess. ☐

Friday the 13th remains classic choice for Halloween fun

Chris Dunshee
Staff Writer

It's Halloween time, so once again horror movies are back in vogue.

From the silent screams of *Nosferatu* and *Metropolis*, to the modern massacres of *Cabin Fever* and *Saw*, there are dozens of films from around the world that have defined what the genre represents.

Perhaps, no horror films are as significant in American popular culture as the *Friday the 13th* film series. Most of the eleven films – featuring Jason Voorhees, the killer in the hockey mask – have received little critical attention. However, they have grossed a combined \$314 million in the United States alone and have spawned countless clichéd imitators. As the franchise celebrates its 25th anniversary this year, it is important to look at why these films have been so consistently popular and the effect they have had on pop culture.

When director Sean Cunningham and writer Victor Miller first conceptualized the series in 1979, their vision had little to do with what the series is today. Instead of a durable and profitable film franchise, Miller's one-part story was about a young boy, named Jason Voorhees, drowning at summer camp and his mother's subsequent revenge. His film was a combination of *Halloween* and *Hitchcock*, murder mystery and teenage hedonism.

This exploitative combination of sex and violence was an unexpected hit in the spring of 1980, grossing just under \$40 million and launching the careers of several of its stars. The realistic and stomach-turning special effects were the work of Tom Savini, who is considered today to be "The Godfather of Gore" in the horror industry. Interestingly, *Friday the 13th* was also actor/director Kevin Bacon's first major role (a part made unforgettable due to his infamous death scene).

Though Cunningham and Miller had intended their *Friday the 13th* to be a one-part, self-contained story, Paramount Pictures saw potential for sequels and began work on *Friday the 13th, Part 2*, without Cunningham or Miller on board.

The script centered on Jason Voorhees (now undead) seeking his own revenge on the counselors of Camp Crystal Lake. After *Part 2* was a success in 1982, its script became the template for the rest of the series. By pitting an unstoppable monster against a group of vulnerable teenagers in an isolated area, Paramount had found a formula all but guaranteed to draw in a teenage audience looking for some cheap scares. Despite casting mostly no-name actors and filming on shoestring budgets, the series continued to turn a profit.

Critics, like Roger Ebert, vehemently panned the series and decried its manipulative storytelling, but the sequels kept coming, year after year. 1982's *Part 3* was filmed in 3-D and is still the highest-grossing 3-D film of all time. 1984's *Part 4: The Final Chapter* was not only misnamed but was also Corey Feldman's steppingstone into being cast in the cult classic *The Goonies*.

1988's *Part VII: The New Blood* is the best example of how cheaply these films were made. It was shot in Alabama in March of 1988 and released in theaters less than two months later!

However, after releasing eight films in ten years, Paramount decided to shelve the *Friday the 13th* franchise, sensing that they had saturated the market.

Perhaps they were right: New Line Cinema purchased the rights to the series and released *Jason Goes to Hell: The Final Friday* in 1993 and *Jason X* in 2002 to little fanfare. However, the series bounced back in 2003 with *Freddy Vs. Jason*, pitting Jason Voorhees against fellow horror icon Freddy Krueger. The film was a blockbuster hit, grossing over \$81 million and renewing demand for *Friday the 13th* – related products.

Its' success can be partially attributed to '80s nostalgia; for many children of that decade, a *Friday the 13th* film was the first R-rated movie they ever watched. Today, the series is terrifying a new generation of fans.

The impact these eleven films have had on popular culture is obvious, but is not often recognized.

The mask-wearing, chainsaw-wielding killer, the creepy 'ch-ch-ch-ha-ha-ha' sound effect, the sex-crazed teenagers alone in the woods- all of these trite, hackneyed horror film clichés were all originated in *Friday the 13th*. The bogeyman, Jason Voorhees, has also become a household name in American popular culture. In addition, Halloween costume makers have a great deal of gratitude for the *Friday the 13th* films. Thanks to them, cheap, plastic hockey masks have been a consistently popular product for decades.

The *Friday the 13th* films have often been described as cinematic fast food: light on plot, heavy on gore. This assertion is not an unfounded one. More fans are likely to remember 'the sleeping bag scene' from *Part VII* or 'the grand finale' from *Part IV* than the films' dialogue or character development. However, the *Friday the 13th* series has provided successful and memorable (if mindless) entertainment for over a quarter-century.

If you're looking for some movies to scare you into the Halloween spirit, then look no further than *Friday the 13th*. ☐

Increasing breast cancer awareness Decrease risks with yearly check-ups

Crystal Craft
Staff Writer

Have you been to the Health Center for your annual check-up? If not, how come? Are you not worried about having breast cancer at a young age? Breast cancer affects women of all ages.

According to the [komen.org](http://www.komen.org) website, about 1,000 women between the ages of 20 and 30 will develop breast cancer in the United States.

Breast cancer affects women of all ages, not just women in their 40s. However, the risk of getting breast cancer increases with age.

Women who are between the ages of 35 and 40 should have a yearly mammogram, but young adults, such as those in their late teens and early 20s should have their breasts checked when getting their annual check-up.

"We can do breast exams here at the Health Center," said Rosetta Brown-Greaney, nurse practitioner and director of AU's Health Center. "There's no need to be afraid," said Brown-Greaney.



Women who are at the greatest risk for breast cancer are over the age of 60 or have had breast cancer before. Also, women who have started their menstrual cycle before the age of 12 or have breast cancer as a hereditary trait.

In addition, women who are obese and consume alcohol are also at a greater risk.

However, women are not the only victims of breast cancer. Men develop breast cancer as well.

Like women, men should also conduct self-breast exams. Men who are over the age of 65, African-American, been exposed to radiation therapy or whose family has had a history of breast cancer are at risk for developing this disease.

Although the development of breast cancer results from an increase in age, young women also possess fears of developing breast cancer in the future.

Jing Chen, sophomore art student said, "I am afraid of having breast cancer because my mom had breast cancer 20 years ago."

Although there is currently no cure for this disease, there is a greater chance of recovering from breast cancer if detected early. No one knows what causes breast cancer, but mammograms and self-breast exams have helped many women and men curb the development of breast cancer. ☐

Weird News

courtesy of theonion.com

Study Reveals Pittsburgh Unprepared For Full-Scale Zombie Attack

PITTSBURGH—A zombie-preparedness study, commissioned by Pittsburgh Mayor Tom Murphy and released Monday, indicates that the city could easily succumb to a devastating zombie attack. Insufficient emergency-management-personnel training and poorly conceived undead-defense measures have left the city at great risk for all-out destruction at the hands of the living dead, according to the Zombie Preparedness Institute.

"When it comes to defending ourselves against an army of reanimated human corpses, the officials in charge have fallen asleep at the wheel," Murphy said. "Who's in charge of sweep-and-burn missions to clear out infected areas? Who's going to guard the cemeteries at night? If zombies were to arrive in the city tomorrow, we'd all be roaming the earth in search of human brains by Friday."

Government-conducted zombie-attack scenarios described on the State Department's website indicate that a successful, citywide zombie takeover would take 10 days, but according to ZPI statistician Dr. Milton Cornelius, the government's models fail to incorporate such factors as the zombies' rudimentary reasoning skills and basic tool use.

"Today's zombies quickly learn to open doors, break windows, and stage ambushes," Cornelius said. "In one 1985 incident in Louisville, a band of zombies was able to lure four paramedics and countless law-enforcement officials to their deaths by commandeering an ambulance radio and calling for backup."

ZPI researchers noted that tens of thousands of Pittsburgh citizens live in close proximity to a cemetery. This fact, coupled with abnormally high space-radiation levels in eastern Pennsylvania and ongoing traffic issues in the East Hills and Larimer areas, led Cornelius to declare the likelihood of a successful evacuation as "slight to impossible."

"The designated evacuation routes would be hopelessly clogged, leaving many no choice but to escape by foot," Cornelius said. "Add a single lurching zombie into that easily panicked crowd and you've got a nightmare scenario."

Cornelius' model shows that after the ensuing stampede, "the zombie could pick and choose his victims," and predicts the creation of hundreds of new undead "in a single half-hour feeding frenzy."

Pittsburgh's structural defenses are particularly inadequate. The city's emergency safe houses, established by a city ordinance in the early '70s, lack even the most basic fortifications for zombie invasion.

"Under the ordinance, wooden tool sheds and rusty station wagons are classified as adequate shelter," Cornelius said. "But once dozens of zombies hungering for living flesh begin pounding on the walls and driving their half-decomposed fists through the windows, sheds and cars quickly give way."

Federal Undead Management Agency spokesperson Dr. Sheena Aurora downplayed the ZPI report, arguing that zombies move slowly and can be easily overpowered. Aurora advised citizens to look over their shoulders frequently, adding that a large shopping mall can serve as a "long-term, even fun" refuge from zombies.

Veteran Cop Gets Along Great With Rookie Partner

LOS ANGELES—Just one month before narcotics officer Vincent Tate was planning to turn in his badge and retire on a full pension, he learned that he was being assigned a rookie partner. Now, after four weeks, the hard-boiled 25-year veteran of the Los Angeles Police Department says he's having so much fun with the new recruit, he "may never leave."

"The last thing I wanted was to train some know-it-all, baby-faced college boy who'd question my every move," Tate, 55, said. "Luckily for me, Jason has been an absolute delight."

Jason Hepplewhite, 23, a Stanford University graduate who majored in criminal science, hit it off immediately with Tate, according to 34th Precinct Captain Lionel Shaw, who united the pair. After a tense few seconds in which the entire squad room waited to see if Tate would haughtily snub Hepplewhite's extended hand, the older cop instead shook it warmly, grinned, and took the younger cop on a tour of the precinct building.

"I thought the difference in age, race, and class would lead to certain friction," Shaw said. "I'm sure glad it all worked out, though, since Lord knows that, as his captain, I would never intentionally do anything to anger a veteran cop like Vince, whose questionable methods get results. In fact, I don't believe we've ever raised our voices to each other."

Tate said that the first thing he did when he got in the patrol car with Hepplewhite was lay down a strict set of ground rules. "I said to him, listen, kid, do your best to apply what you've learned at your fancy school, and if you have any questions at all, don't hesitate to ask," Tate said.

Although Hepplewhite proved to be the intensely idealistic, literal-minded greenhorn Tate had feared, the duo, in the true spirit of partnership, have managed to work around their philosophical differences. Tate even took time out to praise what he called Hepplewhite's "superb book-based education."

"Jason has this helpful idea of a 'thin blue line' that separates the lawless from the civilized, whereas I understand that sometimes certain crimes must be left unpunished in order to protect the greater good," Tate said. "So we switch off. If, on Mondays or Wednesdays, Jason thinks a small-time crook who's given me solid leads for 20 years should be locked up, that's his prerogative. On Tuesdays and Thursdays, though, we'll use an underage hooker as bait to close in on a major heroin kingpin."

"Friday is a grab-bag," Tate added.

According to Hepplewhite, it has been a pleasure working with Tate, who has refrained from patronizing him or deliberately involving him in a difficult situation that would require his older partner to step in and save him.

Poll: More Americans Getting Their News From Bev

MARSHFIELD, MA—With an increasing variety of news media options, including 24-hour cable channels, websites, and blogs, more Americans have been tuning out traditional newscasts and turning to local resident Beverly Tollefsen for their news, a poll released Monday shows.

According to the poll, 42 percent of Americans rely on Bev to keep them informed of the top news events. Only 37 percent said they get their news from network or cable TV. The remaining 21 percent rely on newspapers and radio, though 8 percent of that group does not form a strong opinion on the news "until chatting with Bev first."

Adults over 55 lead the shift, with two-thirds saying they consider Bev a top source of national news.

A local news source since 1974, 54-year-old Bev burst on the scene with her coverage of the Whitewater scandal, which she called "just awful" in her now-historic Shop Rite Address.

Since then, a growing number of Americans have tuned into Bev's reports—from her admonishing and sometimes blushing coverage of the Clinton-Lewinsky scandal in her front yard in the '90s, to her remarks on the contested election of 2000 to fellow bowlers at Alley Kat Lanes.

Bev's popularity has soared in recent years, thanks largely to her position on the corner of Library Plaza and Webster Street, looking out over more than six other homes. Neighbors and passersby tune in for Bev's greetings and news of the day, which she introduces with her trademark lead-in: "Have you been following all this news that's been going on?"

Andrew Kohut, director of the Pew Research Center, said America's shift toward Bev results in part from her ubiquity.

"Bev is looming larger as a news presence," Kohut said. "Appearing live from locales ranging from the hairdresser's chair to the doctor's office waiting room, Bev goes places traditional media can't."

Reports indicate that programmers in the fiercely competitive field of television news have been looking for their own Bevs. *CBS Evening News* producer Chris Weicher said the network was hoping that the recently hired anchor Shirley, a 57-year-old Mt. Horeb, WI resident, would "Bev up" its broadcasts.

"We wanted someone with a compelling, no-nonsense edge," Weicher said. "Someone who wasn't afraid to deliver the news in curlers and a nightgown."

Media analyst Aaron Lenz credits Bev's success to the public's increasing media sophistication, and growing frustration with mainstream media. "Today's news consumers want a maternal, non-threatening voice they can trust. Bev has given Americans a reason to believe in news again," Lenz said.

Loyal Bev watcher Kent Miellerson agreed. "I can't relate to the mainstream media elites. But Bev—she's just like you and me, so I trust her. Also, she's my aunt."

Despite fervent praise from her loyal listeners, Bev's critics allege that she is often unreliable. "Sometimes, like in the weeks after Sept. 11, Bev simply stops paying attention to the news, saying that it 'makes her sick just thinking about all of it,'" said retiree Gladys Hager, who claims Bev once devoted an entire report to endorsing a brand of fabric softener she preferred. "And she'll go on sudden, indefinite hiatuses, like if her daughter returns from college or her bursitis starts acting up."

She added: "I lent Bev's husband my hedge trimmers, and still haven't gotten them back. I'm supposed to rely on this woman for my news?" ☐

Do you Dare?

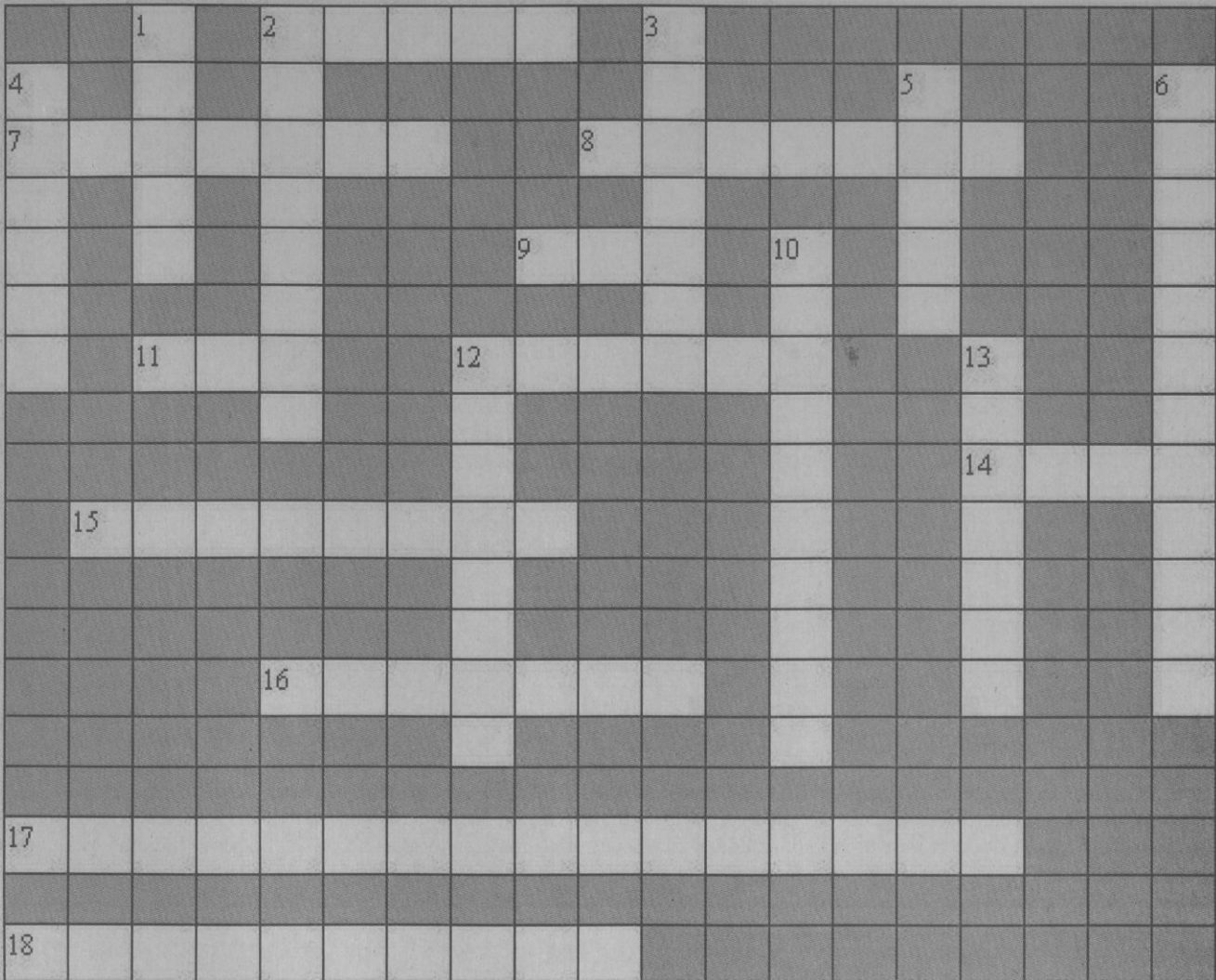
Halloween Crossword

ACROSS

- 2. Sweet treats give on Halloween
- 7. Worn on Halloween Night
- 8. These are carved on Halloween
- 9. A black one is said to bring bad luck
- 11. Something you say to scare someone
- 12. Creates a web to catch flies
- 14. Wolves howl at this
- 15. Turns into a wolf when the moon is full
- 16. Month in which Halloween takes place
- 17. The original name for Halloween
- 18. What you tell children to scare them before bed time

DOWN

- 1. Worn to hide one's face
- 2. Potions are created in this
- 3. A house where ghosts live is said to be this
- 4. What most people do if they see a ghost
- 5. Flies on a broomstick
- 6. Another word for a candled pumpkin
- 10. Another word for ghostly activity
- 12. Made of all the bones in your body
- 13. Dracula is one of these



Make your own Halloween treat

Baked pumpkin seeds

INGREDIENTS:

- *Pumpkin seeds
- *Cooking spray, olive oil, or butter
- *Optional: Salt, garlic powder, onion powder, seasoned salt, or other seasoning of choice

PREPARATION:

Rinse pumpkin seeds. Use your fingers to remove all the pulp. Drain pumpkin seeds and discard pulp. Spread out on paper towels on a cookie sheet to dry overnight. Preheat oven to 250 F.

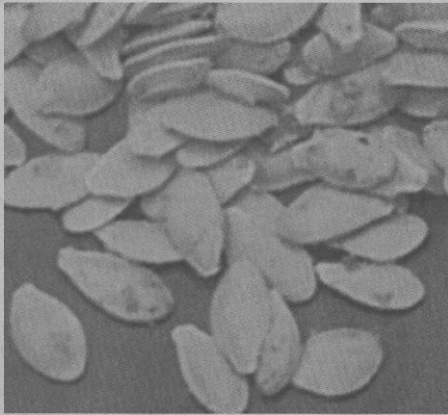
Line a baking sheet with non-stick foil.

Toss pumpkin seeds in olive oil, butter, or spray with cooking spray. Sprinkle with salt, garlic powder, onion powder, seasoned salt, cayenne pepper, or your choice of seasonings. Toss to coat.

Bake about 1 hour, tossing every 15 to 20 minutes, until golden brown.

Cool pumpkin seeds before eating. Store in an airtight container at room temperature up to 3 months or refrigerate up to 1 year.

If you like your toasted pumpkin seeds extra-salty, soak overnight in a solution of 1/4 cup salt to 2 cups of water. Dry an additional day, then proceed as above.



HAPPY
HALLOWEEN!

Daily Horoscopes

courtesy of astrology.com

Aries March 21-April 19

Two possible scenarios are on the agenda. First, a wonderfully entertaining individual will charm you right out of your fiery little shoes with not much more than a word, a glance or a gesture you'll find immensely attractive ... okay, irresistible. Second, someone could try to manipulate you into dealing with something that's never been at the top of your top ten favorite list: teeny, picky details you see as not just unimportant, but also extremely irritating. If they arrive at the same time, make yourself scarce. It's got to be better in the long run.

Taurus April 20-May 20

The heavens have quite the agenda set up for you, starting bright and early this morning. That arrangement you've been working on almost non-stop for what seems like months will finally start to come together, due in no small part to the fact that you haven't had more than a few hours sleep at one in at least that long. Still, sleepless or not, if anyone can keep their eye on their dream, it's you. Don't worry. A few more sleepless nights ought to do it.

Gemini May 21-June 21

Still feel like you're spoiling for a fight? Don't let it happen. Not when you're this close to achieving the goal you've been planning out, miniscule detail by miniscule detail, for longer than you'd care to remember. Besides, that recent power-struggle you won bolstered not just your confidence but also your belief that you and you alone are in charge of eliminating any animal, vegetable or mineral currently in your life that's just not serving any positive person.

Cancer June 22-July 22

You need some time alone to rest, recuperate and get your act together -- more together, that is. Take it, right now, because over the next few days, you'll have your hands full with entertaining both familiar loved ones and extending your hand to amazingly interesting new friends -- with equally new and interesting accents. Even if you don't nap, be sure to at least close your eyes and do some creative visualization.

Leo July 23-August 22

Being the star of the show isn't just something you're used to. It's something you've learned to expect -- and that has nothing to do with being vain, either. People love to be entertained, but not all of us are up for the challenge. So when you're in the mood to perform, whether it's behind a bar, in someone's living room or on an actual stage, you're guaranteed an eager audience. This time out, someone you're quite fond of will absolutely be in attendance. Ready?

Virgo August 23-September 22

It's been a long day, and an even longer week. The particular project you've been focused on is about to come to a close, and even though it's not your style to congratulate yourself before every last little t has been crossed and i has been dotted, this time out, it seems to be in order. If a there's a last-minute switch of authority figures or a bit of interoffice personnel juggling, don't worry. It's all part of the Master Plan.

Libra September 23- October 22

Just for right now, it's going to seem like everyone around you is in the mood to be just as sociable and friendly as you try to be every minute of every day. If you have a jealous or even slightly insecure partner in the vicinity when someone attractive, obviously interested and/or extremely single starts acting especially sociable and friendly, try to tone down your response time just a touch. Why ruin a perfect evening -- and maybe more -- for a few minutes of flirting?

Scorpio October 23- November 21

Someone has been not-so-subtly 'working' you, for reasons you have yet to discern -- and that fact alone is making you crazy. Half of you believes they're interested in you for more than professional or platonic reasons, which presents a whole set of problems you're already trying to work out. The other half is wondering what they want. Ah, well. Don't lose any sleep over it. You're more than equipped to handle either situation. The question is, are they?

Sagittarius November 22-December 21

Your attention has most definitely shifted from mediation to more personal matters -- personal matters and travel. Yes, given your druthers right now, as a reward for how good you've been lately, you'd like nothing better than to drop everything and take off for destinations unknown with a certain someone you just know would make the Eiffel Tower look even better -- if they were standing in front of it with a great big smile on their face.

Capricorn December 22- January 19

Your routine -- something you're ordinarily quite attached to -- will be most definitely disrupted now, but only because of surprise errands or short trips you'll find extremely pleasant. This means that the trouble you dealt with recently will be all but a distant memory by the time your head hits the pillow tonight. In the meantime, don't give it a second thought. Think about what a lovely day you're having -- and about the fact that tomorrow's agenda could present an equally delightful instant replay

Aquarius January 20- February 18

Making a choice between two attractive offers has never been something that's especially disturbed you -- especially when you've been responsible for arranging each of them. That's what's on your plate, so prepare yourself. Oh, and if someone comes along who seems eager to pretend they're exactly what you're looking for, don't feel obligated to let them know you're on to them. Not right away, at any rate. You've got more important things to think about.

Pisces February 19- March 20

If anyone knows how it feels to be so darned happy, infatuated and out of your mind in love with that special person that you haven't noticed that your feet haven't touched the ground in days, at the moment, it happens to be you. So when you pass by someone (or two someones) with 'that look' on the face, toss them the same look in return -- or offer up a nod and a toast from across the room. They'll get it. Happiness and love are contagious.

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Varied Barrie captures AU audience

From Oct. 5 to Oct. 8, the Division of Performing Arts presented *Varied Barrie* in the C.D. Smith III Theatre of the Miller Performing Arts Center.

The production was composed of two different one-act plays. They were based on the ideas of loneliness.

In *The Old Lady Shows Her Medals*, Mrs. Dowey and Kenneth form a bond from their mutual loneliness and lack of family ties. Although Mrs. Dowey interacts with her friends,

she is still lonely and ultimately forms a bond with Kenneth.

In *The Twelve Pound Look*, characters believe that they are happier in their loneliness.

The main character's former wife creates an emotional barrier between them and alienates herself from the relationship.

James Barrie, the creator, gets to the heart of being lonely.



PHOTO BY CARLOS BIDO
Senior Sara Schnick and Jeffrey Baxter act as Mrs. and Kenneth Dowey during *The Old Lady Shows Her Medals*.



PHOTO BY CARLOS BIDO
Senior John Kalish and freshman Amanda Lucas act as Harry and Lady Sims in *The Twelve Pound Look*.



PHOTO BY CARLOS BIDO
Sophomore Logan Kjepp (center) plays Sir James M. Barrie during the two one-act plays. He served as the narrator for both of the plays in *Varied Barrie*. (From left to right) Amanda Holland, Hailley Field, Jaimie Pinkham, Jeffrey Baxter, Sara Schnick, Logan Kjepp, Megan Shove, John Kalish and Amanda Lucas.

AU volleyball wins final home game

STEVE BARZ
STAFF WRITER

Despite its record, the Alfred University women's volleyball team is having a solid season. The 5-14 record does not reflect the improvements the team

has made from last season and the effort the team has put into each game this season. In numerous games throughout the season the team held their own, but was not able to finish.

"We let teams go on runs when we have a let down in our serve-receive, this doesn't allow us to set up our offense," said senior co-captain Beth Sanger. "When teams do go on runs against us, we start to psych ourselves out. It's all a mental thing."

Games against Arcadia, Hamilton, Baruch and St. John Fisher were all games in which Alfred showed heart and played well, but was not able to come away with victories. The team has struggled with inconsistencies in games against SUNY Geneseo and Nazareth, but is peaking towards the end of the season.

The team has only had three games at McLane Center, playing well in all three, but winning only one. The team lost their home opener to Keuka College 3-0. Senior Catherine Rieck led the Lady Saxons with 11 kills and five digs. Sanger contributed four kills and five digs and sophomore Stephanie Troiano had five kills and four digs in the Saxon's loss.

The team's next home game came on Oct. 12 against St. John Fisher College. The Lady Saxons had the opportunity to get an Empire 8 win, but came up short, losing 3-1. The team lost sets of 30-24, 30-12 and 30-26. Sanger led the Saxons with 13 kills and 20 digs.

The Lady Saxons sent its seniors off with a win in their final home game at McLane Center, defeating D'Youville 3-2 on Oct. 18. All three seniors helped contribute to the win for the Saxons. Senior Geraldine Genzardi had 43 assists and seven digs, Sanger had 16 kills and nine digs and Rieck added 17 kills and eight digs. The win should help give the team momentum going into the Empire 8 conference tournament at RIT.

"We were finally able to get out of our ruts when we get behind in the serve-receive, and rally when we were behind," said junior Sarah Berry. We didn't take ourselves out of the game mentally when D'Youville got on a few scoring runs."

"D'Youville is one of our biggest rivals, we were able to feed off their mistakes and pick up our intensity. That was a big reason we were able to win," added head coach Kathy Dyring.

The team is looking forward to building on its improvements for the rest of the season. During the off-season, they hope to plan for a more successful 2006 season.

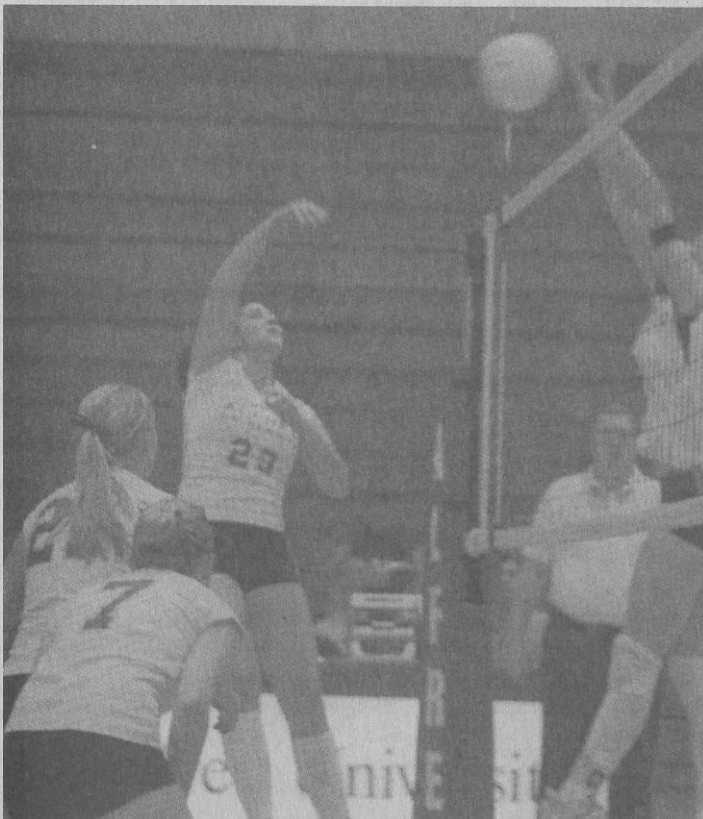


PHOTO BY SHAUN LATULIPPE
(From front to back) Senior Geraldine Genzardi, senior Beth Sanger and sophomore Stephanie Troiano prepare to get back on defense.

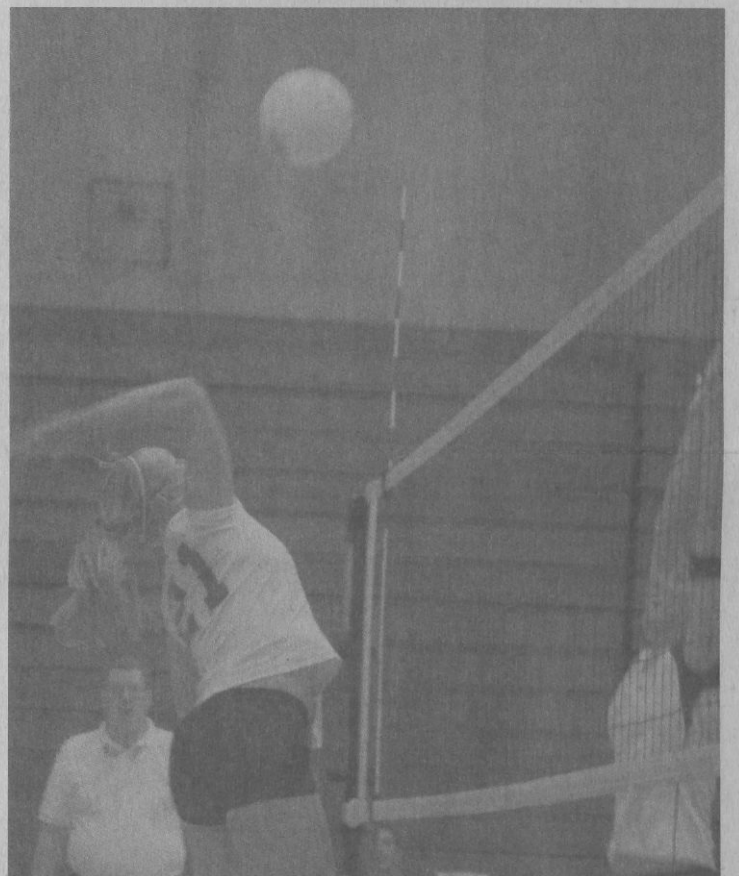


PHOTO BY SHAUN LATULIPPE
Senior Beth Sanger attempts to score for Alfred University.

SUPPORT YOUR ATHLETES

...Dresscode

CONTINUED FROM BACK PAGE

ing into the courtroom with a throwback Lawrence Taylor jersey and Timberlands on? No, because they show respect for their profession and they want to have a professional image.

Allen Iverson, of the Philadelphia 76ers said that he is 31 years old, a grown man and nobody is going to tell him what to wear. Well AI, when the boss tells you to do something, guess what? You do it.

However, there are some players that do think the dress code is a good thing.

LeBron James said, "It's not a big deal, this is a job and we should look like we are going to work."

Grant Hill of the Orlando Magic said, "It's a good thing."

Melvin Ely of the Charlotte Bobcats said, "I'm actually glad they're doing it because some people come to these games looking wrong."

Many players are arguing that it is uncomfortable to be on planes traveling over long distances in suits. Well I am sure there are ways around that, but, I would say to them, go sit in a 4'x4' cubicle and crunch numbers all day in a suit and talk to me

about being uncomfortable. I have traveled long distances in a shirt and tie and it's not that bad, so stop crying.

The racist talks are asinine, the NBA has become a world wide organization and the fact that guys come to arenas looking like Mr. T is unacceptable. It has nothing to do with black and white; it has to do with promoting the NBA as a professional organization.

I understand that the current NBA image is an imitation of the recent hip-hop culture and that is why some players might think it's unfair and racist. But, does that mean if you are a black CEO of a major corporation that gives you the right to dress like the Cash Money Millionaires? No, the NBA is a major corporation and players and personnel should dress accordingly.

Michael Jordan always dressed to impress, he once said, "People could be seeing me for the first time or the last time, and they deserve my best." Players all want to be like Mike but not act like Mike, and that's why they will never come close to being like him.

However, I will miss Rasheed Wallace showing up to the arena with a WWE Heavy Weight Championship belt look-a-like. C

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AU Sports

Fiat Lux • Alfred University • October 25, 2005

AU's "triple threat" backfield continues to rack up yardage

CHAD WINANT
SPORTS EDITOR

The Alfred University football team has had some success this year to say the least. The running game for head coach Dave Murray has been a dream come true. It would be for any team if they had the caliber players that AU is bringing to the table.

"We (as a team) are averaging 200-yards a game running the football," explained Coach Murray. "Each of our running backs complements the other very well."

Those running backs that Murray praises so well are none other than starting sophomore running back Elmer Newsome, backup running back freshman Julio Fuentes and AU's short yardage running back, senior Brenton Brady, who is also the teams co-captain and starting linebacker.

The Alfred coaching staff has meshed these running backs together to string up some big wins. Against St. Lawrence, Alfred had a net total of 229-yards rushing, Norwich 245-yards, Hartwick 301-yards and Utica 221-yards. Each game was a victory that Alfred won by an average of 24-points.

Newsome put up some impressive numbers as he tallied back-to-back-to-back games of over 170-yards on the ground, including a 207-yard rushing game against Hartwick.

"I have to give credit to my linemen," said Newsome. "They just keep blocking until the whistle is blown, and that helps me get extra yards."

Newsome said that a good night's sleep and studying game tapes contributed to his 207-yard game against Hartwick.

"I watched films mainly on Hartwick's defense," added Newsome. "The one thing I noticed is that they were lazy."

Newsome also admits that he had no idea he was even close to 200-yards.

"I was just having fun running the ball," said Newsome. "I was more shocked than anything."

In recent games, Newsome has shown the AU fans his speed by busting off some large chunks of yards. Two weeks ago against Utica, Newsome took a hand off, jumped over a lineman and turned on the jets for a 45-yard touchdown run. He has been showing the AU crowd his versatility through his running style. However, coach Murray and the rest of the AU coaching staff are not surprised.

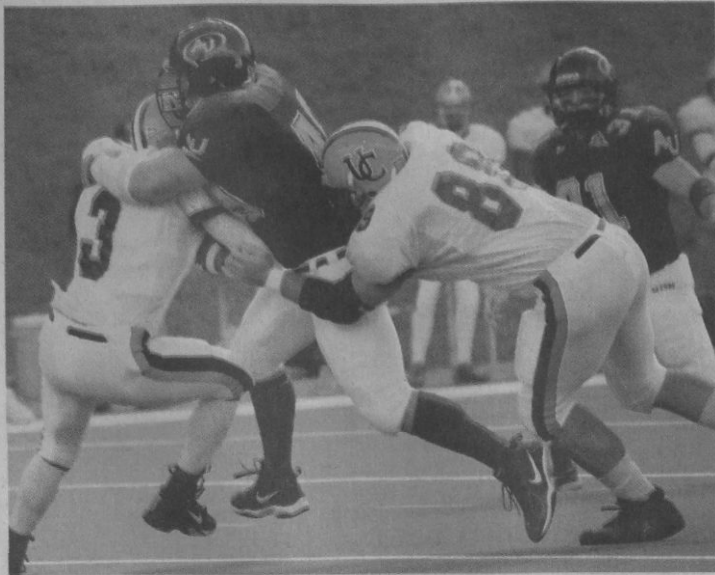


PHOTO BY SHAUN LATULIPPE

Junior defensive end Andy Rantz stops the Utica running game.

"He's deceiving as far as speed goes," said coach Murray. "He has the natural ability to let plays develop and when he sees the open field, he accelerates very quickly."

Also, according to coach Murray, Newsome is physical enough to run people over for some extra yards.

Newsome was also quick to compliment his fellow running backs.

"Brenton brings the 'punch' to the offense," explained Newsome. "Julio brings the quickness and I bring a combination of both."

Newsome, who stands 6'1" and weighs 215 pounds, is considered to be more of a punishing runner than his 5'2", 145-pound counterpart, Fuentes.

But do not judge a book by its cover. Fuentes will mix it up between the tackles if he is asked. According to coach Murray, Fuentes is not the type of guy that will shy away from contact, despite his size. Also, Fuentes is not afraid to put his body on the line when it comes to protecting the quarterback against blitzing linebackers.

"Julio is one of our best blocking running backs," stated coach Murray.

In recent games Fuentes has been used for AU's screen pass game. When Fuentes gets his hands on the ball in the flats, he is tough to catch up with and get a hand on.

In the Utica victory, Fuentes caught a screen pass from sophomore quarterback, Paul Keeley. Fuentes was celebrating his touchdown 45 yards later with teammates as AU took a demanding 28-6 lead in the third quarter. His speed and low center of gravity are what help Fuentes be the threat he is on the football field.

"Coach (Murray) tries to get me the ball out in the open field because I can make cuts that the bigger players can't, and I just make them miss," Fuentes said.

Another thing that helps Fuentes be elusive is the fact that he is able to "hide" behind those big offensive linemen until he sees a gap; then he can go from a jog to sprint as quickly as anyone.

Brady has found out first hand that Fuentes is no joke, even on the practice field.

"He's hard to hit because you can't see him behind the line," Brady explains.

Brady says he has not been able to get a good hit on Fuentes, but he has had his hands on him a couple times.

"He squeaked out of my grip," Brady said. "We have some more practices, so I will get him eventually."

Fuentes, on the other hand, said that Brady would not be able to catch up to him.

The man who AU turns to when there is any type of short yardage situa-

tion, whether it is in the middle of the field or on the one-yard line, is Brady. Going into the Case Western game, Brady has six rushing touchdowns from three yards or less on the season thus far, with four games left to play.

"It (scoring touchdowns) feels good because I know I am helping the team," said Brady. "In a way, I consider myself Jerome Bettis, 'The Bus.'"

If Brady were "The Bus," Newsome would have to be Deuce Staley, while Fuentes would take the role of Willie Parker, each running back bringing something unique to the ball club. Not a bad comparison since Pittsburg went 15-1 last season, mainly due to their running game and defense, a formula that has Alfred as one of the top teams in the Empire 8.

"Brenton is a bull," said coach Murray. "When you are dealing with short yardage, we want the 240-pounder that runs extremely hard with the football in his hands in there."

Given that Brady is a linebacker and running back, it does not matter to him if he makes the game saving tackle on the one-yard line, or runs in the game-winning touchdown.

"As long as we win the game, it doesn't matter," said Brady.

It is hard to praise running backs without giving credit to the offensive line. As stated previously, a team does not gain over 200-yards a game rushing without the big boys up front getting a good push on the defense.

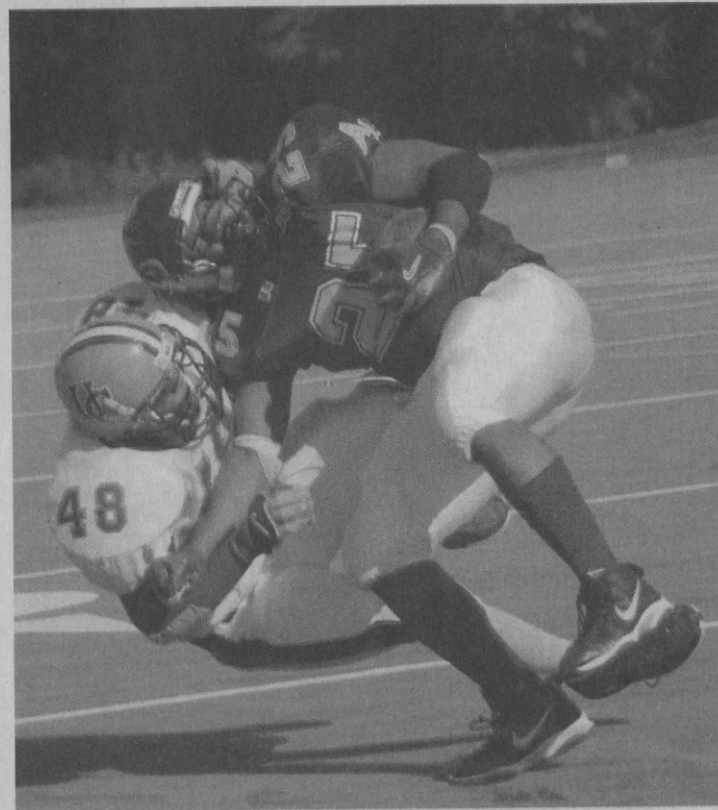


PHOTO BY SHAUN LATULIPPE

Sophomore tailback Elmer Newsome is stopped by the Utica College defense.

Junior left tackle Mike Yokopovich is 280-pounds, junior left guard Brian Caston is 300-pounds, sophomore center Mike Callahan is the smallest of the five at 240-pounds, senior right guard Mike McCall is 280-pounds and senior right tackle Matt Nelson is as big as they come at 6'5", 360-pounds.

"Those guys have jelled very nicely as one unit and we are fortunate to have them stay healthy," said Coach Murray.

The "Triple Threat" and the rest of the Saxons will be in action for four more season games. AU looks to finish up its season on the road for their two toughest games of the year, at Ithaca and St. John Fisher. ☺



PHOTO BY SHAUN LATULIPPE

AU defense takes down a Utica College player.

AU cross country makes big strides

AU COMMUNICATIONS

The Alfred University women's cross country team finished 4th out of 11 teams at the Harry F. Anderson Invitational at Roberts Wesleyan on Oct. 18.

Alfred recorded six runners under the 25-minute mark for the 5k run. Finishing in 7th was junior, Kristen Egan (Robeson, PA/ Conrad Weiser) at 20:05. Freshman Krista Villoman (Kings Park, NY/ Kings Park) finished in 10th place at 20:15. Junior Kate Ciccone (Brooktondale, NY/Ithaca) recorded her time at 20:42, which gave her 18th place. Sophomores Kaitlin Sherin (Maybrook, NY/Valley) (21:37), Hannah Wilson (Arlington, MA/Arlington) (21:52), and Ashley Johnson (Baldwinsville, NY/CW Baker) (22:41) all contributed to Alfred finishing 4th in the run.

Despite the fact that Alfred's men were running without two of their top runners, they still placed 6th out of 11 teams. Alfred had five runners under the 30-minute mark. Leading the men was freshman Fontana Fluke (Shaftsbury, VT/ Mt. Anothony Union) who placed 10th with a time of 27:04. Junior Travis Swan (Binghamton, NY/ Binghamton) placed 12th with a time of 27:12. Sophomore Matt Karczewski (Penn Yan, NY/ Penn Yan) (28:17), senior Jeff Norton Norton (Buffalo, NY/ St. Francis) (28:30) and sophomore Aidan Grace (Fairfax, VT/Bellows Free Academy) (29:53) all recorded times under 30 minutes.

The cross country teams will be competing at the State Championships on Nov. 11.

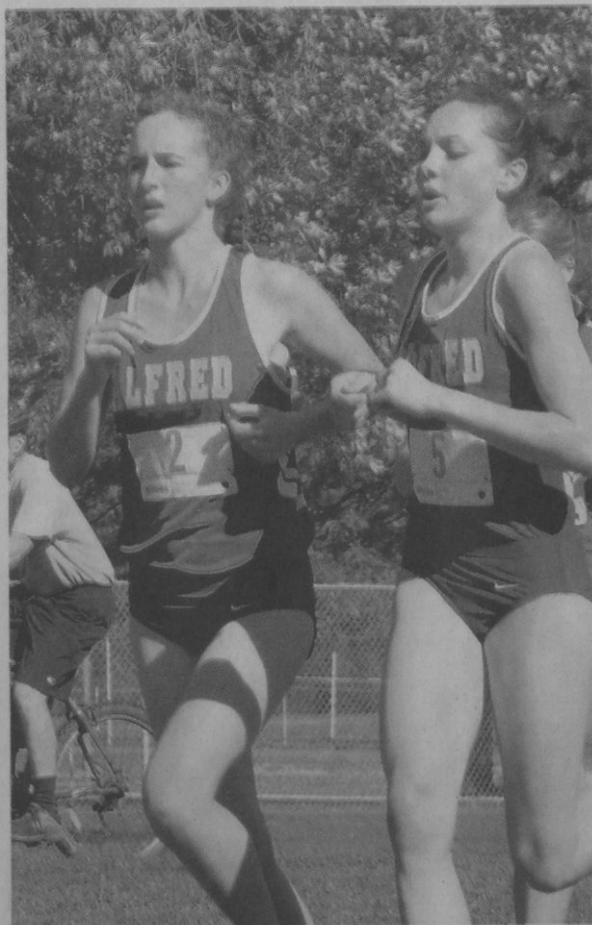


PHOTO BY HANNAH WILSON

Kristen Egan and Krista Villoman race for AU.



PHOTO BY HANNAH WILSON

Fontana Fluke, Travis Swan and Matt Karczewski race for AU.

Dresscode creates animosity Just another day at the office

With the NBA season only a few weeks away, there are numerous headlines that are worthy of conversation.

Atlanta Hawks center, Jason Collier, died suddenly of appeared heart failure, he was 28 years old. Collier was a well respected teammate because of his hard work and humorous personality. The seven-footer from Georgia Tech will be greatly missed around the league.

Twelve-year veteran, Allan Houston, who was selected in the first round (11th overall) by the Detroit Pistons in 1993, retired. Houston will be remembered around New York for his nine year Knicks tenure. Houston finished with a career field goal percentage of 44 percent and a career three-point percentage of 40 percent. Houston was bothered with knee problems and was held to career lows in games played and games started his final season with 20 and 11 respectively.

Another Knicks headline that has turned some heads is the controversial trade for ex-Bulls center Eddy Curry. Curry was sidelined last season with a rare heart condition but was cleared by doctors to pursue his NBA career. The 6'11" center was drafted by the Bulls in the first round (fourth overall) of the 2001 draft.

Cavaliers' superstar, LeBron James, was hospitalized for two days with pleurisy, a virus that causes severe pain in the chest. He is expected to make a full recovery.

Long time NBA center Vlade Divac called it quits after a 16-year career. Divac, who is well known for his "flops," came into the league in 1989 and spent seven years with the Los Angeles Lakers, a short two year stay with the old Charlotte Hornets, six years in Sacramento and spent his last season where his career

started, in LA.

Believe it or not, there is still one headline that is over shadowing all of the previous stories, the NBA dress code. Commissioner David Stern and the NBA are enforcing a business-casual appearance for all NBA players. Stipulations for the "new look" NBA are: collared shirts, slacks, dress shoes and for players who are sitting out of a game a dress coat is required on the bench. Now banned are: do-rags, chains, medallions, throwback jerseys, sweats, t-shirts and head gear. The dress code issue has raised some questions about the NBA turning racist.

Stephen Jackson of the Indiana Pacers is quoted as saying, "As far as chains go, I feel that is a racial statement. Almost 100 percent of the players in this league that are young and black wear big chains."

Well, I say this to you Mr. Jackson, if you didn't demonstrate thuggish actions, like going into the crowd and fighting with fans, you might be able to have a say in this.

But for now, shut your mouth. If there is any finger pointing going on during this whole ordeal as to why a dress code has been implemented, I would think the Indiana Pacers would have to be at the top of the list for the little escapade that they exhibited last year in Detroit, resulting in the worst players vs. fans fight in sports history.

In recent years, NBA players have been pushing the envelope each and every time they are shown on television, wearing what look like 20 inch rims around their neck and hats tilted to the side with do-rags underneath. Being a PRO-fessional, means that you shouldn't show up to work looking like you just came from a rap video. I mean, do you see lawyers walk-

SEE DRESSCODE PAGE 7



CHAD WINANT
SPORTS EDITOR