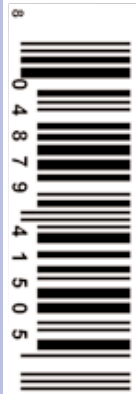




Sun in Germany On June 27, 2014, the Lincoln Young family of Ithaca in front of the ruins of Wertheim Castle in southwestern Germany that was started in the mid-1100s, completed in 1562, damaged in the 1600's and never rebuilt.

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\$2

THE ALFRED SUN



"A pretty darn good newspaper serving Alfred since Dec. 6, 1883"
Of the Community. By the Community. For the Community.
OFFICIAL NEWSPAPER OF TOWN AND VILLAGE OF ALFRED AND ALFRED-ALMOND CENTRAL SCHOOL DISTRICT

Vol. 134, No. 38 Alfred, Allegany County, New York State, U.S.A. 14802 Thursday, October 3, 2019

Nuts about Almond

Almond, WI fire officials pay visit to 'sister city'

By **DAVID L. SNYDER**
Editor, Publisher & Janitor
ALMOND—It's a small world, after all. Just ask the members of the Almond Volunteer Fire Department.

In the mid 1800's, Jacob Meyers moved to Wisconsin from the Mohawk Valley of New York State and started a stagecoach and freight route between Berlin and Stevens Point, Wisconsin.

Because Meyers needed a stop for the horses, he set up a barn and inn. The U.S. government signed a treaty with the Menominee Indians ceding land in central Wisconsin in 1848, which opened up the area to settlement. A post office was established on July 8, 1850, at the stagecoach stop.

James F. Moore, a native of Almond, New York, became postmaster. When he needed a name for the newly established town, he chose the name of his old hometown, and Almond, Wisconsin was founded. It was later incorporated in 1905.

On Sunday, Sept. 29, the Almond, NY Fire Department had the pleasure of meeting and greeting

the Fire Chief from the Almond, WI Fire Department.

"The things we share are amazing including other local town names like Belmont and West Almond, population size and more," said Almond Fire Chief Andy Hulbert.

The Almond NY fire department bought a fire truck from Almond, WI's backyard and the Almond, WI fire department bought a fire truck from their sister department's backyard here in New York.

"Thanks to Chief Dan Folan and his lovely wife Diane for taking the time and effort to visit their sister city," Hulbert said, "And Almond, NY residents - careful when you use Google. Dan is a good sport about it but as Almond WI code inspector, he is getting a bit tired of fielding zoning permit questions for Almond NY!"

The Almond, NY fire chief wished their guests a pleasant remainder of their visit in Western New York.

Also chatting with the Folan's was Donna Ryan, lifelong Almond

(Continued on Page 15)



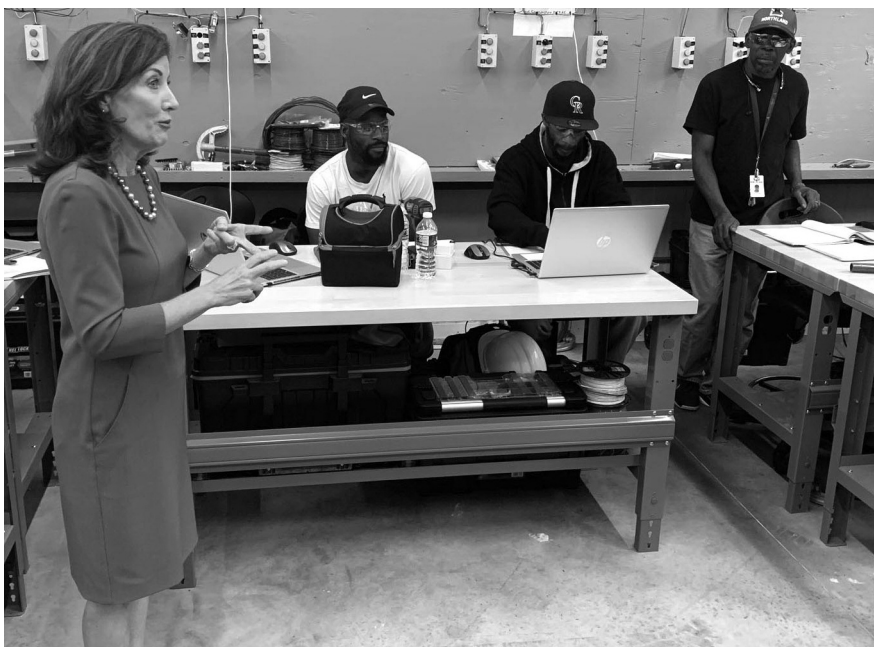
Almond (NY) Fire Chief Andy Hulbert (from left) with Almond (WI) Fire Chief Dan Folan.

ALFRED STATE COLLEGE

Lt. Gov. applauds progress of Northland training

ALFRED—After just one year, Alfred State College's programs at the Northland Workforce Training Center in Buffalo

are rapidly gaining momentum and even attention from Lt. Gov. Kathy Hochul as word continues to spread



Lt. Gov. Kathy Hochul recently visited the electrical construction lab at the Northland Workforce Training Center in Buffalo to chat with students and instructors and congratulate them on their success.

about the excellent hands-on education students are receiving there.

Specifically, the three technical skills programs taught at Northland by Alfred State College faculty – welding technology, electrical construction and maintenance electrician, and machine tool technology – continue to grow as more students enroll and more faculty are hired. A fourth program, mechatronics, is taught by SUNY Erie Community College faculty.

One shining example of Alfred State programs' surging popularity is the electrical construction and maintenance electrician program. Hochul recently visited the electrical construction lab at Northland to congratulate instructors on their tremendous success and encourage students who are now on a clear path to well-paid careers.

"I have visited with students at Northland who are seeing their lives transformed thanks to state investment in job training programs," said Lt. Gov. Kathy Hochul, who met with students recently at Northland.

"For too long, neighborhoods on

Buffalo's East Side were neglected and suffered from disinvestment," Northland added, "We have been committed to making sure that every neighborhood is lifted up, and the Northland Workforce Training Center has been an essential part of Buffalo's comeback story."

Northland said that growing numbers of Alfred State students are learning essential skills and experiencing good-paying internships as part of the program.

"Across New York, we are re-imagining workforce development in an innovative way to meet the needs of employers who have jobs available now, and prepare for jobs of the future. The \$175 million Workforce Development Initiative will help to ensure we close the skills gap and provide New Yorkers with job training and education they need to thrive in the 21st century," the lieutenant governor said.

Last fall, a cohort of 20 students were the first in Alfred State's new electrical construction lab. Since then, the program has grown to three fresh-

(Continued on Page 6)

NEW YORK STATE COLLEGE OF CERAMICS

SUNY affirms Gaustad appointment as unit head

ALFRED—The State University of New York (SUNY) Board of Directors on Wednesday affirmed the appointment of Gabrielle Gaustad '04 as vice president of Statutory Affairs at Alfred University.

The appointment is effective immediately. In her role, Gaustad -- who is dean of Alfred University's Inamori School of Engineering -- will serve as unit head for the New York State College of Ceramics at Alfred University. She replaces W. Richard Stephens, who had served as acting vice president of Statutory Affairs/NYSCC unit head from 2016 until June 30, 2019, when he retired from his position as Alfred University's provost and vice

president of Academic Affairs.

"I am pleased that Gabrielle Gaustad has been chosen to serve as vice president of Statutory Affairs at Alfred University," remarked Mark Zupan, Alfred University president. "As dean of our Inamori School of Engineering and an alumna of our University, she is dedicated to continued success of the New York State College of Ceramics and Alfred University."

The vice president of Statutory Affairs/unit head is SUNY's chief administrative officer of the New York State College of Ceramics, overseeing supervision of budget requests and expenditures for the College on behalf of the SUNY Board of Trustees.



GABRIELLE GAUSTAD

Gaustad has been dean of the Inamori School of Engineering since Jan. 1. She came to Alfred from Rochester Institute of Technology (RIT), where she served as associate professor and Master of Science program in the Golisano Institute for Sustainability. At RIT, Gaustad conducted more than \$2 million in sponsored research programs, graduating dozens of doctoral and masters students.

Gaustad earned a B.S. degree in ceramic engineering from Alfred University in 2004. She also holds a master's degree in computation for design and optimization and a doctorate in materials science and engineering, both from MIT.

OBITUARIES

Marjorie B. Perry, 95, Andover matriarch



MARJORIE B. PERRY
Cared for her family

ANDOVER—Marjorie B. Perry, 95, of Andover, passed away Wednesday, Sept. 25, 2019 at Wellsville Manor Care Center following a lengthy illness.

Mrs. Perry was born on Jan. 4, 1924 in Scio to Deo and Melvina (Campbell) Feenaughty. She attended Greenwood Central School. On Jan. 7, 1941 she married Harold W. Perry, who predeceased her in July 22, 1989.

Marjorie was a proud and devoted wife, mother and grandmother who spent her

years caring for her family.

Marjorie is survived by seven daughters, Pearl Perry, Jane (Terry) Austin and Judy Perry, all of Florida, Carolyn Bowen of Allegany, Bonnie (George) Smith of Eldred, Pennsylvania., Norma (Craig) Gaylord of Andover and Charlene (Michael) Kellogg of Montana; three sons, Harold (Rose) Perry, Jr. of Alfred Station, Earl Perry of Florida and Dale (Penny) Perry of Andover; many grandchildren, great grandchildren, great-great grandchildren and one great-great-great granddaughter; a special nephew, Gary (Cheryl) Briggs of Andover; and several nieces, nephews and cousins.

In addition to her husband, she was predeceased by a daughter, Florence Perry; three brothers, Lawrence Feenaughty, Charles Feenaughty and Carl Feenaughty; and three sisters, Reda Tidd, Virginia Gardner and Winifred Donaldson.

Marjorie loved her family and with 11 children, and lit-

erally dozens of grandchildren, there was a lot of family to love. She enjoyed the outdoors and took great pride in her flowers. In her quiet moments, Marjorie enjoyed crocheting and reading. She was a longtime member of the Andover Baptist Church.

Per her wishes, there will be no prior visitation. A private funeral service will be held at the convenience of the family. Burial will follow in Hillside Cemetery.

Arrangements are under the direction of Baker-Swan Funeral Home in Andover. Online condolences may be offered at www.baker.swan.com.

In lieu of flowers, memorial contributions in Marjorie's name may be made to Andover Volunteer Ambulance Corps, 8 Chestnut St., Andover, NY 14806.

Rev. Mynor Soper

REV. MYNOR SOPER
Seventh Day Baptist Pastor

NORTH LOUP, NE—Reverend Mynor Soper, 92, of North Loup passed away on Sunday, September 29, 2019, at the Valley County Health System Hospital in Ord.

Funeral Services will be held at 10:30 a.m. on Friday, October 11, 2019, at the North Loup Seventh Day Baptist Church. Pastor Scott Smith will officiate. Burial will be in the Hillside Cemetery at North Loup. Military Honors will be provided by the Ralph R. Rich American Legion Post #285.

Visitation will be on Thursday, October 10, 2019, from 5:00 p.m. to 7:00 p.m. at the Ord Memorial Chapel.



JENNIFER LORY-MORAN

AU Homecoming Weekend features carillon recital Sat.

ALFRED—A carillon recital by artist Jennifer Lory-Moran will ring through the valley at 4 p.m. Saturday, Oct. 5 as part of the Alfred University Homecoming Weekend festivities.

Jennifer Lory-Moran will feature songs known by the whole family, classical pieces, and carillon originals--including arrangements and pieces written especially for the Alfred carillon.

Area residents, friends and alumni are invited to enjoy the recital from the ground, or climb the tower to see how the bells are played!

Lory-Moran is the advisor for the Cornell University Chimes program in Ithaca. She has played the 21-bell chime there since 1993. In 2012, Jennifer started taking carillon lessons at Alfred University with Laurel Buckwalter, but the long drive made it difficult to practice very often.

Now, Jennifer is a "distance learner," enrolled in the Royal Carillon School in Mechelen, Belgium and studying over Skype with Koen Van Assche from a carillon practice keyboard in her living room.

Her arrangement of "Pure Imagination" won first place in the Yale University Guild of Carillonneurs arranging contest of "Music for an Elegant Occasion" in 2016.

‘Our words matter’ Myers says in published article

ALFRED—An article by Robert Myers, professor of anthropology and public health at Alfred University, which discusses the rise of war-associated words and phrases into modern lexicon, was recently published in *The Conversation*.

The article--titled "The 'warspeak' permeating everyday language puts us all in the trenches"--appeared Aug. 6 in *The Conversation*, a non-profit on-line news organization which publishes articles written by scholars who are experts on issues of public interest. *The Conversation* was founded in 2011 and has newsrooms in the United States, United Kingdom, Australia, South Africa, and France.

Myers' article describes how words and phrases derived from war imagery have found their way not only into political discourse, but also into advertisements, social media and coverage of sporting events. The article has been "republished in many diverse online sites" as well as on Twitter and Facebook, Myers said.

"A sentence from it was picked up by the automated online Merriam-Webster dictionary to illustrate 'body count.' My point is not that warspeak is new, but rather that it has become increasingly common and subtly influences our stressful, polarized social environment. Our words matter, especially our violent ones."

Puzzles on Page 12

SCRAMBLERS
solution

1. Elegy; 2. Dwarf;
3. Against; 4. Novel

Today's Word
FORGET

CryptoQuote
answer

Science knows no country because knowledge belong to humanity, and is the torch which illuminates the world.
— Louis Pasteur

— **King Crossword** —
Answers

Solution time: 21 mins.

A	S	S		S	C	E	N	E		I	M	P
L	E	I		P	R	E	E	N		N	E	O
E	X	P	L	A	I	N	E	D		G	A	S
			A	R	M		D	E	A	R	T	H
P	L	U	C	K	S		S	A	G	A		
E	O	N		S	O	N		R	E	I	N	S
S	U	C	H		N	O	S		S	N	O	W
O	T	H	E	R		W	E	B		E	T	A
	A	R	E	S		D	E	A	D	E	N	
E	L	I	S	S	A		A	W	N			
D	E	N		A	B	S	T	A	I	N	E	D
A	V	E		L	E	P	E	R		I	V	Y
M	I	D		E	R	A	S	E		L	E	E

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Scene About Alfred

A weekly photo feature
By **SHERRY VOLK**
Alfred Sun Columnist



Walkway Over the Hudson

A unique state historic park in Poughkeepsie provided this view of a train moving northward along a placid Hudson River. In

color, the reflections are orange and white on the river, foretelling the autumn colors to come. Also reflected, Mid-Hudson Bridge for ve-

hicular traffic. We were on Walkway Over the Hudson, a former railroad bridge transformed into a four-lane (pedestrian lane each way; bicycle lane each way) 1.28 mile, plus approaches, recreation path. We saw every "ability;" a woman inching along with a walker, a mom on roller blades with her pre-school son on a 12-inch-wheel bike, fast runners, slow runners, seniors, students, strollers, cyclists of every size and shape. There is even an elevator to the deck on the eastern shore of the Hudson. It's a beautiful encouragement to get out into the world and view a tiny part of it from a unique perspective, as over 5 million visitors from all 50 states and over 50 countries have done since it opened to the public in 2009.

Almond 20th Century Club meeting ‘The Flu’

ALMOND—“I feel so sick!”
“What happened?”
“I opened the window and influenza!”
Some of us grew up chuckling at that joke, but having the flu isn’t funny. In the summer of 2018, one hundred years after the great flu epidemic that killed more people than the Great War which was then drawing to a close, Chris Romanchock of Alfred Station went to Washington, D.C. to research just what happened. He will share his


fascinating report at the Almond Library at 7 p.m. Tuesday, Oct. 8. All are welcome. Refreshments will be provided. The Library’s annual Election Day Basket Auction, Luncheon, and Quilt Raffle will be the main topic for the business meeting following the program. A TV Raffle will also be starting soon. All earnings from these and all other fund-raising projects this year will be added to the building fund. Your support will help to keep Almond’s Library open.

Early 5:30 p.m. start for Oct. 8 Str8 Eight tourney


ALFRED—The game’s inventor and tournament host, Peter McClain, sailed to a commanding lead through the first 3 rounds of September’s play only to be unceremoniously dumped in the final round by local Str8 Eight enthusiast, Drake Lee. Drake walked away with bragging rights and the \$25 gift card for his excellent play. October 8th lands on a Tuesday and so as not to run against the Village of Alfred board meeting, the tournament will begin at 5:30 p.m. Stop by to see if you can top-ple our newest champion – who will be running the November tournament in Peter’s stead – and enjoy an evening of free, family fun in the Terra Cotta Coffeehouse with a chance to win the monthly \$25 gift card. Tuesday is even Focaccia night! So, grab dinner and play a few rounds of Str8 Eight for entertainment. Visit <http://str8-eight.com> for more information on how to play.

Comments due Oct. 4 on comprehensive plan

ALFRED—The Village and Town of Alfred have been working together with the Allegany County Planning Office and MRB Group through the Comprehensive Planning School to update the 2004 Alfred Comprehensive Plan. On the heels of the Allegany County Comprehensive Plan approval, Alfred is just a few steps away in the same process. The draft text and all appendix items are available online at www.alleganyco.com/departments/planning/reports/ for review. All comments should be sent via email to denhoffmm@alleganyco.com no later than Oct. 4. With this 2019 update the Alfred Comprehensive Plan first adopted in 1970, describes necessary objectives and strategies providing the framework to help reach a desired growth and development within both communities. This has been a long but rewarding process and is expected to be completed by the end of the year. Questions should be directed to Michelle Denhoff, Planning & Development Specialist for Allegany County at (585) 268-7472.



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Kelly's Forecast
By **KELLY SNYDER**
The Alfred Sun Weather Forecaster
“October is crisp days and cool nights, a time to curl up around the dancing flames and sink into a good book.”. —John Sinor
Thursday, October 3
RAIN
(HIGH 69– LOW 44)
Chance of precipitation...100%
Friday, October 4
AM SHOWERS
(HIGH 48– LOW 36)
Chance of precipitation...40%
Saturday, October 5
PARTLY CLOUDY
(HIGH 56– LOW 45)
Chance of precipitation....10%
Sunday, October 6
SHOWERS
(HIGH 62 – LOW 48)
Chance of precipitation...40%
Monday, October 7
SHOWERS
(HIGH 60 - LOW 46)
Chance of precipitation...50%
Tuesday, October 8
SHOWERS
(HIGH 57 - LOW 42)
Chance of precipitation...50%
Wednesday, October 9
AM SHOWERS
(HIGH 58 - LOW 41)
Chance of precipitation...40%
For more up to date weather information add your *Alfred Sun* Weatherman Kelly Snyder on Facebook and as always if you don't like the weather in Alfred just wait five minutes!



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SUNNY SIDE UP
By **ELLEN SHULTZ**
Alfred Sun Columnist



Delicious dish at Children’s Fest

[Editor’s Note: Like most of the recipes she shared with our readers over the past couple of decades, Ellen Shultz’s Sunny Side Up columns are worth repeating.]
Of all the things to eat at the recently held International Children’s Festival in Alfred, this was the most delicious. It is an Indonesian recipe that came to Alfred by way of Nadine Hoover. It can be served hot or cole, alone or over rice.

Rendang

1 lg. onion chopped	1 tsp. turmeric
5 lg. cloves garlic chopped	1 tsp. cayenne pepper
1/2 tsp. pepper	1 T. oil
1/2 tsp. ground ginger	3 lb. beef in stew size pieces
1/2 to 1 T. salt	1 can coconut milk
2 T. coriander	


Put the vegetables and seasonings in a blender. Add 1-2 c. water and blend to paste. Heat oil in a large skillet. Add blended ingredients all at once. Fry for a few minutes, stirring occasionally. Add meat and cook on moderate heat stirring once in a while until meat is dry but not scorched. Reduce heat to medium low and add coconut milk. Continue to cook without covering. Stir occasionally until meat is dry. Serve. The wonderful aroma of this dish will delight you.

ALFRED
Weather for the Week
Sept. 24-Sept. 30

Sept.	Hi	Lo	Precip.	Snow
24	74	51	0.12"	
25	69	47	0	
26	72	42	0.07"	
27	76	41	0.03"	
28	73	44	0	
29	82	53	0.04"	
30	68	48	0.05"	

By **FION MacCREA**
Alfred Weather Recorder

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What is a Barbarian?

In modern parlance to label something as “medieval” is to level a harsh pejorative. It implies barbarous ignorance, superstition, crudity, and boorishness, in short a complete lack of what we consider the “enlightenment” particular to our own time. However, no age is really capable of rendering impartial judgement upon itself given its lack of perspective. Some future generation will perhaps be better able to judge the comparative worthiness of our own time. When they do, what will their determination be? When they look at what the past has given them, will our contribution prove of lasting value and memory?

Let us consider this question from one narrow angle, one which preoccupies me sometimes. How is it that we live in an age where our technical capabilities are nearly limitless, tooling and electrical power are advanced and cheap, yet we produce almost nothing which is created to outlast us, and that which we do produce is ugly, devoid of any ornament which might delight the eye and the spirit? By contrast, the supposed barbarians of the medieval era (to use but one example, any pre-modern society shows the same quality), though hampered by relatively crude tooling and other technological constraints, were driven to create works of great subtlety and beauty, meant to stand for posterity.

Consider the great cathedrals, elegant poetry in stone, raised to dizzying heights with only the power of man and beast amplified by the mechanical advantage gained by combinations of pulleys, levers, and wheels. But not only the great cathedrals. If we examine the local parishes of the English countryside, even the smallest were lavished with the finest art that the local craftsman could produce, in the form of elaborate rood screens, roof timbers given the form of soaring angels, or the jeweled light falling from stained glass. All this was not only a place of worship, but a cultural and artistic repository open to rich or poor alike.

Or consider the monks la-

boring in the medieval scriptorium, painstakingly copying the Scriptures or the works of Greek or Roman antiquity. The labor was intense and their daily output miniscule. Pigment and ink had to be gathered and prepared by hand, vellum made from sheep skins, along with the



CONVIVIAL CONTRARIAN

By SEAN HYLAND
Alfred Sun Columnist

constraints of working by the light of the sun. But yet, instead of reducing their manuscripts to a bare utilitarian minimum, they created minute worlds of whimsy within their capitals and borders, lush with color and warmth.

In our own age, I can think of no equivalent on a cultural scale. Certainly there are individuals today creating works of enduring beauty, but they are rare outliers, driven by personal compulsion against the impetus of the dominant culture. In our own time, we are obsessed with transience. The demands of a consumer society require that objects be disposed of quickly and replaced, so that the all-consuming god of economic growth be placated. We make a great profusion of things, and so put little care or value on them. We extract resources at great dint of trouble to purchase them cheap and send them unmourned to the landfill. After all, we are all given the label “consumers” now, designating our proper station in the world: to consume and not to create.

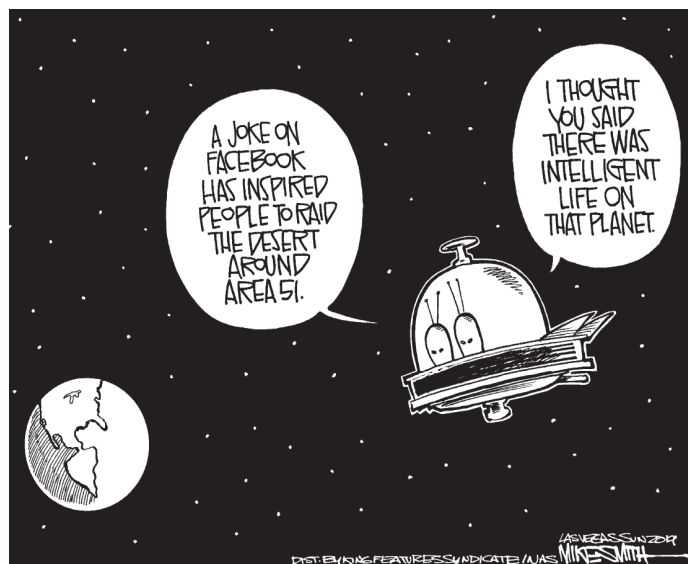
Yet we are constantly beset by “labor saving” innovations which promise to free us from the drudgery of our lives. But strangely enough, the more “labor saving” we adopt, the less time we seem to have. It seems that we moderns are constantly in an ever more frantic rush, running in circles with no time to converse, socialize, or take the time to create a thing of charm or beauty. I remember an article I read a while ago that said we spend the same average amount of time doing laundry today as we did in the mid 1800's. How, you may ask, is that possible? Apparently, we own

such vast quantities of clothing and launder them with such frequency that it equals the task of scrubbing on the old wash board. Progress indeed.

But it would be facile of me to pretend that modern technology has not freed us from much backbreaking toil. Unfortunately it has freed us, in the main, to be more wasteful and extravagant, valuing our time less instead of more. I would wager that as many hours

have been spent playing “Candy Crush” on Facebook as it took to build Notre Dame and illuminate the Book of Kells combined. Although unverifiable, I am convinced this statement is substantially accurate. We have become addicted to frittering away our time on trivialities. It may allow us to pass our time in comfort and forgetfulness, but what are we leaving? What legacy but a paucity of spirit, an abiding ugliness, and landfills which are overfilled?

All this raises the question of what is a barbarian? Is a barbarian one who through great effort, against constraints and difficulties, is nonetheless able to painstakingly create beauty and a testament to the human spirit intended to far outlast his lifetime? I think rather that this quality is the true mark of civilization, the ability to summon forth some manifestation of order and beauty out of the chaos. Instead, it may be that the true barbarian is the one who has been given the power of gods yet in small minded self-absorption, leaves nothing for the future but the castoffs of his own orgy of self-indulgence.



Sun Spots



To Two A “Son”net

’Twas twenty-seven years ago today,
A crisp October day in our Midwest,
Two boys came to our house to play—and stay;
A long time after that, we got some rest.
Their birthday landed six months off from mine,
An odd coincidence that made me glad;
It happened once before in our bloodline—
And thus they shared their birthday with my dad.
Today, he’d be a hundred five years young,
But stroke reached in and took its awful toll;
I’m sure, though, if today his song were sung,
His birthday-sharing grandsons he’d extol...
But remind them of their age and let them know
They’ve still a long, long, long, long way to go.

—Ason et A. Mouse

Americanisms



“Not everything that is faced can be changed,
but nothing can be changed until it is faced.”
— James Baldwin

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THE ALFRED SUN DEADLINE for NEXT ISSUE:

We’ve got a deadline and we’re stickin’ to it.
E-mail news, ads, to: alfred-sun.news@gmail.com
NEXT ISSUE:
Thursday, Oct. 10
Deadline: 12 noon Monday, Oct. 7

Quite frankly, we’d like you to subscribe to the Sun!

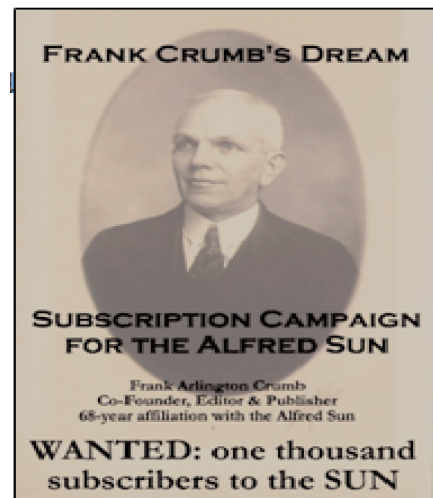
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David L. Snyder, Editor, Publisher & Janitor

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CELEBRATE SERVICE, CELEBRATE ALLEGANY



Volunteers at Bakers Bridge meetinghouse worked to scrape and paint the deck and ramp.



Volunteers working at the Box of Books Library take a smile break.



A volunteer sweeps the ceiling of cobwebs and dust preparing the ambulance bay at A.E. Crandall Hook and Ladder for a much-needed-and-appreciated-facelift.



Community members and volunteers pause for a moment to celebrate Service at Almond's Woodlawn cemetery

AU students 'Celebrate Service,' history, community

By SHERRY VOLK
Alfred Sun Reporter
ALFRED—On Saturday, Sept. 28, teams of Alfred University students went into nearby communities to pour their efforts and capabilities into making a difference. Projects included work at A.E. Crandall Hook and Ladder Company, Alfred's volunteer fire and EMS service; "Mike" Kenyon Children's Park; the Alfred Box of Books Library; the Bakers Bridge Historical Association meetinghouse; and the Almond Woodlawn Cemetery's rural cemetery project.

This National Good Neighbor

Day event kicked off the tri-college annual fall service event, Celebrate Service, Celebrate Allegany, for 2019. Alfred State College and Houghton College have planned Celebrate Service, Celebrate Allegany events for October. Alfred University students and community members scraped, painted, cleaned, raked, sealed, swept, told stories, and smiled, as they worked to make our community a bit spiffier, cleaner, safer, and more comfortable. On that day, having completed their work for our communities, student volunteers

from the Caribbean Student Association (CSA) led an additional service project, preparing a Caribbean meal to benefit the Water for Puerto Rico fundraiser coordinated by Dr. Michele Hluchy's Water Planet class. Alfred University's day of service events are organized and supported by the Gary Horowitz Service Learning Program. Located in the Robert R. McComsey Career Development Center at the Allen Steinheim Museum, AU's Service Learning Program is named in honor of Dr. Gary Horowitz, retired Alfred University history professor

as well as former mayor of the Village of Alfred and former publisher of the *Alfred Sun*. Reflecting on the day's activities, AU Service Learning Coordinator, Corey Fecteau, commented, "We could not have wished for a nicer day to give back to the communities of Alfred, Alfred Station, and Almond. Students learned more about their adopted communities while volunteering their help to preserving

the legacy of the town founders and maintaining facilities and services that benefit local residents today. "I'm grateful for everyone who worked to make this event a success; our community partners, Alfred University faculty and staff, and most of all, the student volunteers who cheerfully gave up a portion of their weekend to support our communities."



The Children's Park elements needed scraping and re-sealing.

32nd
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Saturday & Sunday

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ALFRED STATE COLLEGE

ABET reaccredits ten technology-related majors

ALFRED—Reaffirming that Alfred State is committed to providing a high-quality technical education, the Accreditation Board for Engineering Technology (ABET) has recredited 10 of the college’s technology-related majors.

Programs that were recently recredited include: computer engineering technology (AAS and BS), electrical engineering technology (AAS and BS), mechanical engineering technology (AAS and BS), surveying engineering technology (AAS), surveying and geomatics engineering technology (BS), construction engineering technology (AAS), and construction management (BS).

Dr. John Williams, dean of the School of Architecture, Management and Engineering Technology at Alfred State, said, “Having the majority of our technology programs recognized by ABET highlights the strength of our faculty and programs and the great experience provided to our students.”

Dr. Matthew Lawrence, chair of the Mechanical and Electrical Engineering Technology Department, said, his department is pleased that all six of its engineering technology programs have been fully accredited by ABET through 2024.

“Successful accreditation represents validation of the quality of students, faculty,

and staff in the department,” he said. “ABET accreditation evaluations are very thorough; over a three-day period, industry and academic experts for each program inspect course materials, review assessment procedures, and interview students, faculty, and administrators. The goal of accreditation is to verify that academic programs are taught by qualified faculty, using industry-relevant techniques and equipment, and, perhaps most importantly, producing graduates that can immediately and positively contribute in their profession after completing the degree. All program constituents deserve recognition for this accomplishment!”

Erin Vitale, chair of the Civil Engineering Technology Department, echoed Lawrence’s remarks, noting that she is very pleased about the reaccréditation of her department’s programs. She noted, “ABET accreditation puts a national stamp of approval on our programs. It also gives our students credit toward the experience required for professional licenses.”

According to Williams, Alfred State programs have been recognized by ABET since the 1950s. To become accredited or recredited, educators must create a detailed performance program for each major that aligns the pro-



The Accreditation Board for Engineering Technology (ABET) has recredited 10 of Alfred State’s technology-focused majors. Pictured are three surveying students.

gram and its courses to the standards of the national professional societies that oversee each discipline. They must also continually collect and assess data regarding student performance and the level of achievement of program objectives.

“Each program must create a self-study document and host an external review team,” Williams said. “This represents a lot of hard work and dedication.”

In addition to the excellent news about the 10 ABET reaccréditations, Williams noted that the college’s construction management BS program was recently recognized by the Applied and Natural Science Accreditation Commission (ANSAC), one of four ABET commissions that lead and conduct accreditation activities.

“Historically, our engineering technology programs were accredited under the En-

gineering Technology Accreditation Commission (ETAC),” he said. “Some recent changes at ABET headquarters required the shift of our construction management BS program from ETAC to ANSAC. This program’s objectives and assessment activities needed to be modified to satisfy the new ANSAC expectations and process. This was our first ANSAC accreditation review and we were successful.”

Northland training applauded

(Continued from front page)

man cohorts in addition to the senior class, resulting in 80 electrical students in the 10,000-square-foot dedicated electrical training building at Northland. The program also began with three freshman instructors, and now has six freshman instructors, three senior instructors, and one instructional support assistant.

Dr. Skip Sullivan, president of Alfred State, said, “We are extremely pleased with the ongoing and increased interest in our programs at the Northland Workforce Training Center. We thank Stephen Tucker, his staff and all of the Alfred State instructors for this success. Our college takes pride in knowing that our partnership with Northland is providing access to a post-secondary education and to hands-on training that will ultimately help bolster the workforce here in western New York.”

The electrical construction and maintenance electrician program provides in-depth instruction in the theories and principles of electricity. As with the welding and machine tool offerings, hands-on application of the classroom theory is a major component of the electrical program, as approximately one-third of lab time is spent on actual work sites, gaining real-world work experience.

ALFRED CERAMIC ART MUSEUM



Marlin Miller talks at the opening reception for “Materiality” as his wife, Ginger, looks on.

‘Materiality’ exhibition opens

ALFRED—A collection of works by some of the most renowned ceramic artists of the 20th century is on view at the Alfred Ceramic Art Museum, thanks to the generosity of Alfred University alumnus and trustee Marlin Miller and his wife, Ginger.

“Materiality: Masterworks from the Miller Ceramic Art Collection,” an exhibition containing about 60 pieces from Marlin and Ginger Miller’s personal collection, opened Thursday, Sept. 26, at the Alfred Ceramic Art Museum. It will remain on view through Dec. 29.

Marlin Miller earned a bachelor’s degree from Alfred University in 1954 and has been a member of the Board of Trustees since 1972, serving as board chair from 1983-89. A successful businessman and noted philanthropist, Marlin is one of the most generous supporters of Alfred University. His gifts have funded construction of the Ceramic Art Museum, as well as the Miller Performing Arts Center and Miller Theater. Alfred University has awarded him two honorary doctorate degrees, in 1989 and 2019.

Wayne Higby, director of the Alfred Ceramic Art Museum, welcomed visitors to Thursday evening’s opening reception. The

exhibition officially opens the Museum’s fourth fall season.

“This is an exhibition we’ve been talking about since 2016,” Higby said. “Marlin and Ginger have been such amazing friends to Alfred University, the arts, performing arts. I can’t explain how much they have changed lives.”

“What a way to kick off the museum’s fourth season,” said Alfred University President Mark Zupan, who described the Miller collection as “one of the most significant private collections anywhere around the globe.”

Miller credited his time at Alfred University – where he met his first wife, the late Marcianne (Maple) Miller ’55 (B.F.A.) – for his developing an interest in art.

“I wouldn’t have collected any of this if I hadn’t come to Alfred University first,” commented Miller. He said that he didn’t begin collecting art until many years after he graduated from Alfred.

Then, about 50 years ago, on a trip to Cape Cod, “I saw this piece here,” Miller said, gesturing toward a lidded jar by Val Cushing on a nearby pedestal. “That’s where it all began.”

Read more about the collection on Page 7.

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Moonlighter



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Week of Oct. 3-Oct. 9, 2019

ALFRED SUN, PO Box 811, 764 Route 244, Alfred, NY 14802

607-587-8110

ALLEGANY ARTISANS STUDIO TOUR OCT. 19-20

Bill Banker restores two antique horse heads

ALMOND—Bill Banker of Sundance Forge in Almond recently restored two antique life-size horse head sculptures.

The horseheads were damaged in a windstorm when they got loose and cart wheeled down the owner's driveway. The sculptures are delicate because they were made out of many pieces of thin metal soldered together. One ear was hanging by a thread and there were tears in the body as well as many holes.

These sculptures are be-

lieved to be a trade signs from the 1800's and of the type used outside French restaurants and butcher shops that sold horse meat for human consumption. A similar one was featured in the popular TV program "Storage Wars."

The sculpture is very detailed from the long flowing mane to its nostrils, eye brows and ears. The restoration included stabilizing by adding internal structure, remounting the ear, repairing tears, and patching the holes.

Internal structure will allow the sculptures to be firmly

mounted to prevent another windstorm disaster. The project was completed with the horseheads ready to be mounted on the customer's barn.

For the 22nd year Sundance Forge will participate in the Allegany Artisans Studio Tour on Saturday and Sunday, Oct. 19-20. The Allegany Artisans tour is a self-guided driving tour of artisans' studios, in Allegany County.

This year is the 32nd year for the Allegany Artisans Tour which includes highly skilled artists. There are 32 artisans at

26 locations for the 2019 tour. The artisans' media include clay, fiber, jewelry, metalwork, painting, wood, and other media.

Visit the artisan in their studios of your choice and talk to the artisan. Also experience

the Allegany county landscape. The web site is www.alleganyartisans.com.

Follow directions on the web site to get a full color brochure mailed to you or look for posters and brochures at your local merchants.



Horse head before restoration.



Horse head completely restored.

ALFRED CERAMIC ART MUSEUM

Millers' collection to be donated to museum

ALFRED—Over the last half century, Marlin Miller – with his first wife Marcianne (Maple) Miller, and second wife, Ginger – has collected works by some of the most renowned ceramic artists in the world. Since Marlin Miller's first acquisition, a lidded ceramic bowl created by famed artist, Alfred University alumnus and ceramic art professor Val Cushing, the Millers' collection has grown to exceed 200 pieces.

On Friday evening, Miller, a 1954 Alfred University alumnus and member of the Board of Trustees, announced he and Ginger would be donating the majority of the Miller Ceramic Art Collection to Alfred University's Ceramic Art Museum. Marlin Miller, who earned a bachelor's degree in ceramic engineering from Alfred University and received honorary degrees from his alma mater in 1989 and 2019, made the announcement at a dinner following Friday afternoon's Perkins Ceramic Art History Lecture.

Also at the dinner, the University awarded an honorary Doctor of Fine Arts degree to Helen Drutt English, a pioneering educator, collector and curator in the craft art industry, who has long been a supporter and advocate for ceramic artists affiliated with Alfred University.

Miller enrolled at Alfred University in 1950 as an engineering major, but soon became interested in the arts. His roommate was an art student, who introduced him to another art student, Marcianne Maple '55 (B.F.A.). "That's when I became acquainted with the world of art. I didn't understand art until I came here," Miller said.

After Marlin and Marcianne married, Marlin's appreciation for art continued to grow. On a trip to Cape Cod in 1969, the Millers acquired the first piece of their collection, a lidded bowl by Val Cushing for which they paid \$50.

Today, the Millers' collection contains some of the most renowned names in ceramic art, including

the late Cushing, a ceramic art professor who earned a B.F.A. degree from Alfred University in 1952, and several others affiliated with the University: Wayne Higby, director of the Alfred Ceramic Art Museum; John Gill '75 (M.F.A.), professor of ceramic art, and his wife, Andrea '74 (B.F.A.), professor of ceramic art emerita; Anne Currier, professor of ceramic art emerita; and late professor of ceramic art Robert Turner '49 (M.F.A.). The exhibition also contains work by noted Japanese and Chinese ceramic artists.

An exhibition, "Materiality: Masterworks from the Miller Ceramic Art Collection," opened at the Alfred Ceramic Art Museum Thursday and will remain on view through Dec. 30. The Val Cushing piece is one of approximately 60 pieces in the exhibition, and one of more than 200 pieces in the Miller private collection.

"We're going to give the bulk of our collection to Alfred University," Miller said Friday. "It's like déjà vu, coming all the way back around."

Miller, a member of the Board of Trustees since 1972, is a successful businessman and noted philanthropist who has been one of Alfred University's most generous supporters. His gifts have funded construction of the Ceramic Art Museum, as well as the Miller Performing Arts Center and Miller Theater.

He credited Drutt English for the influence she has had on him as a collector of ceramic art. Drutt English's involvement in the field of Modern and Contemporary Craft began in the mid-1950s, first as a collector. She was a founding member of the Philadelphia Council of Professional Craftsmen in 1967, serving as its Executive Director until 1974. In 1973, she founded the Helen Drutt Gallery, one of the first galleries in the United States committed to modern and contemporary crafts.

Drutt English for years has been an advocate to Alfred University's art community, including graduates of the ceramic art program. In presenting her

for her honorary degree, Higby said, "None of the pioneers of the contemporary cultural marketplace has been more important to Alfred University and to the advancement of ceramic art than Helen Drutt English."

Higby related how, during a visit to Alfred University in 1997, Drutt English arranged to see a Master of Fine Arts thesis exhibition of Sun Koo Yuh, a Korean American student. A month later at the Helen Drutt Gallery in Philadelphia, she mounted the Sun Koo Yuh's first solo exhibition.

"During the exhibition, his work was acquired by eight private collections as well as the Smithsonian Institution's National Museum of American Art," Higby said. "Today, Sun Koo Yuh is one of the world's renowned ceramic artists. This is but a single example of Helen Drutt English's commitment to young artists."

Over the years Drutt English has exhibited and promoted the work of numerous ceramic artists affiliated with Alfred University. They include Higby, whose work has been shown at more than 20 exhibitions at Drutt English's galleries in Philadelphia and New York City. In 2018 she began work with the National Museum of Art in Sweden on an exhibition that includes the work of several ceramic artists connected to Alfred, including Higby, John and Andrea Gill, Linda Sikora, and Turner and Cushing.

Over her career, Drutt English has organized a number of major exhibitions in the United States and abroad. In 2014, she facilitated the gift of a collection of 74 works, including ceramics, furniture and jewelry, worth approximately \$2 million, to Russia's Hermitage Museum. The work of several Alfred University-affiliated artists, including Higby, is included in the collection.

"Alfred has been part of my life for many decades," Drutt English said after receiving her honorary degree. "I'm very grateful and very proud."

Cultural Arts Calendar



Music

BANDS/DJs/RECITALS
Alfred University Orchestra
Halloween Concert, 8:15 p.m. Thursday, Oct. 31 at Holmes Auditorium, Harder Hall, AU campus.

Alfred University Jazz Band
Concert, 7:30 p.m. Friday, Nov. 22 in Miller Theater, AU campus.

Hornell Area Wind Ensemble
 Rehearsals Tuesday evenings at Hornell High School. New members welcome. For further information, call Nancy Luger at 587-9449 or call 545-8603.

MostArts Festival: Plan to enjoy Summer Music & Art July 12-18, 2020 featuring the 2020 Piano Competition ages 13-18, workshops, pop-up restaurant, music under the stars, Art Walk. visit: www.MostArts.alfred.edu for more information.

Confucius Institute presents its annual "East Meets West" Concert, 7:30 p.m. Saturday, Sept. 28 at Miller Theater, AU campus.

Ken Luk Guitar Trio in concert at 3 p.m. Sunday, Oct. 27 in Susan Howell Hall, AU campus.

Wellsville Creative Arts Center offers live music some evenings with performances beginning at 8 p.m., doors opening at 6 p.m. Friday, April 12-Professor Louie & The Crowmatix; Friday, May 3-The Bruce Katz Band. For tickets, visit: www.WellsvilleCreativeArtsCenter.com or call 585-593-3000.

CHORAL GROUPS
Andover Catholic Choir. Rehearsals 7 pm Mondays at Blessed Sacrament Church, Andover. New members welcome. Contact Director Marcy Bledsoe at 478-5238.

Genesee Valley Chorus. The Genesee Valley Chorus meets every Tuesday at 7 P.M. at the Grace United Church, North Main Street, Wellsville (formerly Congregational Church). "Genesee Valley Chorus Favorites" Concert 3 p.m. Sunday, June 9 at Trinity Lutheran Church. Free concert; donations will help purchase new music. The chorus is directed by Norma Bartlett. For further information, call 585-593-3173.

Maple City (Barbershoppers) Chorus Meetings 7:00 p.m. Mondays at United Methodist Church of Hornell, 7528 North Main St Ext., near Webbs Crossing Road, Hornell. New members welcome. Call 607-698-4690 for info.

Sanctuary Choir. Rehearsals 1st & 3rd Sabbath of Month – 12:30pm; Instrumentalists 4th Sabbath of Month– 9:00am. The Seventh Day Baptist Church – Alfred Station. New musicians welcome. Call 607-587-9176.

COFFEEHOUSES
Wellsville Creative Arts Center offers Coffee Houses TBA. Open Mic Night every Wednesday 7 to 10 p.m. For more info, visit: www.WellsvilleCreativeArtsCenter.com or call 585-593-3000.

CONCERTS/RECITALS
Davis Memorial Carillon Recitals. AU campus. There is currently no weekly recital.

Wingate Memorial Carillon Recital Series at Davis Memorial Carillon, AU campus. Free concerts on Tuesdays during the month of July. The Wingate Memorial Carillon Recital Series honors Dr. Ray Winthrop Wingate, a professor

of music at Alfred University for 56 years.



Theater & Dance

DANCE
International Folk Dancing Tuesday evenings from 8:30-10:30 p.m. We learn and do a variety of International Dances, many from the Balkans, Israel, Armenia, etc. Everyone is welcome, no partner or experience necessary! Miller Performing Arts Center, AU campus.

DRAMA GROUPS
Wee Playhouse meets monthly. Call Vice-President Martha Lash at 587-8675 for more info.

Alfred Community Theatre (ACT). For more info, call Dave Snyder at 587-8110.

PERFORMANCES
Informal Dance Showing. AU Dance Program, 6 p.m. Thursday-Friday, Dec. 5-6 at CD Smith III Theatre, AU campus.

Tartuffe by Moliere, directed by Niki Tulk, will be staged at 7:30 p.m. Nov. 6-9 in C.D. Smith III Theatre, Miller Performing Arts Center, AU campus.



Art/Galleries

INSTRUCTION/GROUPS
Allegany Artisans. The Allegany Artisans, local artists and craftspeople working together

to host an annual studio tour, held annually in October, invite artists to apply. Work is judged. Studio must be in Allegany County. 585-593-6345 or visit the website: www.alleganyartisans.com.

Allegany Arts Association. regular board meetings open to public, 10 a.m. 2nd Tuesday monthly, at the David A. Howe Library, Wellsville.

Angelica Ink Letterpress Located at 20 Allegany Avenue, Angelica, NY. 585.466.7040

Angelica Sweet Shop 44 W. Main in Angelica's Park Circle National Historic District. Open daily 8 am–5 pm For more info: 585-466-7070 or www.angelicasweetshop.com.

Cohen Center for the Arts. 55 N. Main Street, Alfred. Gallery open Tues, Wed, Fri 11-4 pm; Thursday 11-7; Sat and Sun 1-3

Wellsville Art Association. For informationcall Karen Dickerson, 585-593-3579.

Steuben Trust Gallery. Steuben Square, Hornell. On-going exhibits of Artist of the Month. M-F 9:00 AM to 4:00 PM. Sponsored by the Hornell Area Arts Council.

Southern Tier Fiberarts Guild, founded in 1983, meets at Trinity Lutheran Church, 470 N. Main St., Wellsville, on the first Saturday of the month from 11 a.m. to 2 p.m. except months of July and Sept. The group welcomes spinners (and wannabes), quilters, knitters, crocheters, embroiderers, weavers, dyers, basket makers, hookers (rug hookers, that is) and everyone with a creative mind and an interest in fibers. For more information, call Debbie MacCrea at 607-587-9270, or T.C. Gary at 585-593-4799.

MUSEUMS/EXHIBITS
The Andover House, exhibiting Alfred connected Ceramic

Art and 2 dimensional art. Historical and contemporary. Open 11am to 4pm on Saturdays. At 21 North Main Street, Andover New York. For visits by appointment call 585 593 3947 or 607 478 5014. E-mail: Johnfdolan@yahoo.com.

Fountain Arts Center, 42 Schuyler Street, Belmont. For info or group arrangements, call 585-268-5951 or visit our website at: www.thefountainartscenter.org

The Corning Museum of Glass presents the most comprehensive glass collection in the world in "35 Centuries of Glassmaking." For info, call 607-937-5371.

Fosdick-Nelson Gallery at Alfred University. Fosdick-Nelson Gallery is located in Harder Hall, AU campus. Open 11-4 Mondays-Fridays. Info 871-2412.

Glenn H. Curtiss Museum 8419 Route 54, Hammond-sport. Special exhibits, special events. Open daily 10-4. Admission. (607) 569-2160.

Hagadorn House Museum Operated by Almond Historical Society. Genealogical research available Friday afternoons.

Hinkle Memorial Library Gallery, Alfred State College Campus. Open during library hours, 8 a.m.-10 p.m. Monday-Thursday, 8 a.m.-4 p.m. Fridays, 11 a.m.-5 p.m. Saturdays and 3-9 p.m. Sundays. For more information, call the library at 607-587-4313.

Hornell Erie Depot Museum, 111 Loder St., Hornell is open Wed. & Thurs. from 6-8 pm, Fri. from 4-8 pm and Sat from 12:30-3 pm.

Inamori Kyocera Museum of Fine Ceramics. The newly constructed museum focuses on fine ceramics used in technical and bio-medical applications. Located on the top floor

of Binns-Merrill Hall, AU campus, Alfred. Open 10-4 Wed.-Fri. Free admission.



Alfred Ceramic Art Museum. Located on Northeast corner of Main and Pine Streets, AU campus, Alfred. Hours: Tues. thru Friday 10-5, Thurs. 10-7, Sat. and Sun. 10-4. \$7 Adults, \$5 Seniors, \$3 Local Residents, Free for Museum members, 17 and under, AU and A State faculty staff and students. For information call 607-871-2421; or visit the museum website: ceramicsmuseum.alfred.edu

Alfred Art Walk, A collaborative monthly opening by galleries in the Village of Alfred and on the campuses of Alfred University and Alfred State College. For a complete and up to date listing of venues, please visit alfredartwalk.org. To add your event to Alfred Art Walk email: submit.alfredartwalk@gmail.com

National Warplane Museum. nationalwarplanemuseum.org, 3489 Big Tree Ln, Geneseo, NY 14454, (585) 243-2100.

The Pioneer Oil Museum in Bolivar will induct Henry Lindquist, Jim Beckwith, Don Miller, and Arthur Yahn, Sr. into the New York State Oil Producers' Association. Museum will open following Memorial Day Weekend. For updates, visit: www.pioneeroil-museum.com

Rockwell Museum, 111 Cedar St., Corning. Largest American Western Art collection on view in the eastern United States, with paintings, sculpture, Native American artifacts, and firearms. Info 607-937-5386.

Terra Cotta Museum, Main St., Alfred. Open on special occasions or by appointment.

ALLEGANY ARTISANS OPEN STUDIO TOUR

Cohen Gallery gives tour preview

ALFRED—The Cohen Gallery will present a preview of next month's Allegany Artisans Studio Tour, which includes an exhibition of selected work by Tour participants. The selected work will be on view Oct. 4-26 at the



Cohen Gallery, on Main Street in Alfred. The gallery will host a reception on Thursday, Oct. 17, from 5-8 p.m. during the Alfred Art Walk.

Allegany Artisans Studio Tour is an annual cooperative event that includes artisans of diverse styles, tastes and traditions working with clay, wood, metal, fiber, jewelry, paint, glass, paper and more. This year's Tour will be held Saturday and Sunday, Oct. 19 and 20, from 10 a.m. to 5 p.m. each day. A select group of studios will open their doors

for a preview on Friday, Oct. 18, from 5 to 8 p.m.

Participants in this year's Allegany Artisans Studio Tour includes 32 artisans at 26 locations with unique working studios. Visitors to the studios have the opportunity to talk with the artisans and shop in their homes and studios, and watch them create their unique artwork.

For more information about the 2019 Allegany Artisans Studio Tour, including a list of participating artisans and Studio Tour map, visit the Allegany Artisans website.

Herrick Library to host Team Trivia October 5

ALFRED—Get your team together and put your thinking caps on. Alfred University's Herrick Memorial Library will host its first Team Trivia Night of the fall semester from 8 to 10 p.m. Saturday, Oct. 5 in the library's Book-end Lounge.

Host of Herrick Library's Team Trivia Night is Mike Allen of Elmira. His trivia questions cover a broad range of topics such as current events, sports, geography and history. He intersperses his trivia questions with pop music, making for an enjoyable evening for those participating.

This will be the eleventh

year that Mike has been hosting Team Trivia twice a semester at Herrick Library. He's also been hosting at Hornell area restaurants for at least another ten years.

Groups are welcome to come compete as a team; individuals are also welcome to play either solo or to join others to compete for the prizes awarded to the top teams.

Pizza and soft drinks along with milk and cookies will be provided, free of charge, to all participants.

Future Team Trivia events at Herrick Library during the 2019-20 academic year have been scheduled for Saturdays, Nov. 16, Feb. 15 and April 4.

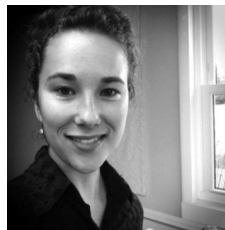
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Nutrition in a Nutshell

By MARIA ADAM

Nutritional Therapy Practitioner
 and Alfred Sun Columnist

Thriving Recipe: Pavel's Coconut Bread

This was a recipe perfected by Pavel (my cooking buddy...and boyfriend!) when he went through my RESTART program last fall.

RESTART includes a low-carb food challenge in order to support the blood sugar handling system and retrain the body to burn healthy fat efficiently for fuel. This is an incredible benefit but does mean cutting out your typical breads...even a nutrient-dense sourdough or sprouted grain.

Necessity is the mother of invention. Pavel didn't feel the need to go without bread so he crafted a RESTART approved recipe to enjoy!

We are whipping it out again this week as we host a dinner for friends--some of whom are going through RESTART. So I wanted to share it with you as well! Savor it on it's own or paired with your favorite harvest soup.

Ingredients:

- 1 Cup Coconut Flour
- ½ tsp Cinnamon
- ½ tsp Baking Soda
- ½ tsp Salt
- 10 Medium Eggs
- 3/4 cup Coconut Oil (melted)
- 1 Cup Almond Milk

Instructions: Mix dry ingredients well. Then add the wet ingredients. Pour into greased pie dish.

Bake for 45-55 minutes at 350 °F until bread is lightly browned. (You can use the toothpick test: It should come out with just a few moist crumbs clinging to it.)

Enjoy this low-carb, healthy-fat bread!

If you have questions or comments for Nutritional Therapy Practitioner, Maria Adam, contact her at thrivinghealthNY.com.

Stop in and check out our wide selection of instruments!



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Lectures/Readings

AU Environmental Studies Speakers Series. Talks are 12:20 to 1:10 Fridays in Science Center Room 247 during the fall semester. All are welcome; refreshments will be served.

Allegany County Bird Club. Meetings held at the Grace United Church, 289 N. Main Street, Wellsville, unless otherwise stated, at 7 p.m. on the first Friday of each month; speakers begin at 7:15 p.m. The club will NOT meet during the months of January and February 2018.

Baker's Bridge Historical Association. Meets 7:30 pm, third Monday of each month, Sept.-April in the Meeting House, 5971 Hamilton Hill Road, Alfred Station. Oct. 21-Chris Roman-chock, "Frederick Douglass"; Nov. 18-Craig Braack, "Women of the Civil War."; Dec. 9-Following Dish-to-Pass Dinner, Susan Greene, "Stories/Histories of Local Weavers."; Jan. 20-Abby Griffith, "Six-Horse Charley."; Feb. 17-Jim Ninos, "Helen Cottrell." March 16-Laurie Lounsberry Meehan, "Alfred Women's Suffrage Movement." All programs free, open to the public. Website: www.bakersbridge.org. For more information, contact President Jim Ninos, 607-587-9018, jninos@gmail.com. For a tour of the building contact our Collections Manager, Alexandra Hoffman, (607-382-9404, ahoffman4@gmail.com).

Bergren Forum. 12:10 p.m. Thursdays, Nevins Theater, Powell Campus Center, AU campus when classes are in

session. Sept. 19-Meghen Jones, "From Montelupo Fiorentino to Meissen: Notes on Local/Global Ceramics Cultural Heritage and State Patronage in Europe Today"; Sept. 26-Mallory Szymanski, "Nervous Men and their Confidants in the Gilded Age"; Oct. 3-Roger Loucks, "The Multiverse: Science or Science Fiction?"; Oct. 10-Elizabeth Matson, "Extreme-Equitable Block-Colorings of Various Graphs"; Oct. 17-Tim Keenan, "Biomaterials through the Ages"; Oct. 24-Matt Oakes, "The Olympic Paradox: a Successful Struggle"; Oct. 31-Sarah Blood, TBA; Nov. 7-Daniel Katz, "Powerful Art: Building a Radical Labor Movement Through Ethnic-Racial Cultures"; Nov. 14-Brian Saltzman, "The Color of Caring"; Nov. 21-Angus Powers, "GLASS ART ENGINE"; Nov. 28-Thanksgiving Break; Dec. 5-Gary Ostrower, TBA. Bring a brown bag lunch; coffee & tea available.

Nunda Historical Society. Questions: see www.nundahistory.org or call 585-476-2354 or 585-465-0971.



Films

GRAND THEATRE 585-593-6899, Main Street, Wellsville. Now featuring certified 3D!

SPOTLIGHT THEATER. 191 Main Street, Hornell. www.thespotlighttheaters.com (607) 661-4685

DAVID A. HOWE LIBRARY Nancy Howe Auditorium 155 N. Main Street, Wellsville Senior Matinees at the Howe The David A. Howe Library presents a special matinee screening for Senior Citizens the fourth Tuesday of each

month starting at 2:00 pm including: Sept. 24-From Russia with Love (1963) PG; Oct. 22-Autumn in New York (2000) PG-13; Nov. 26-The Fortune Cookie (1965) NR; Dec. 17-"A Christmas Story 2 (2012) PG. *A week early because of Christmas.

Fun-n-Games

STAR GAZING John Stull Observatory open to the public free of charge, clear Friday nights from 9-11 p.m. Sept.-Oct.-Nov. and Feb.-March, April. Open clear Thursday nights from 10 p.m.-12 midnight during May, June and July. For info, call the Observatory phone at Alfred University, 871-2270.

BOWLING Maple City Bowl, 7580 Seneca Road, Hornell. Check out our new Arcade Section. Visit www.maplecitybowl.net Or call 607-324-1011.

BRIDGE Helen Bailey Bridge Club. Games at 2 p.m. Wednesdays and at 7 p.m. Thursdays at the Hornell United Presbyterian Church, Main Street, Hornell. For further information, contact Pat LaCourse at 587-8570.

DAVID A. HOWE LIBRARY Nancy Howe Auditorium Events 155 N. Main Street, Wellsville History Week Talks (all start at 7pm) Mon, Sept. 23rd – Allegany County Historian Craig Braack Tues, Sept. 24th – Local Railroad Historian Bill Burt Wed, Sept. 25th – Jane Oakes on Early Women Physicians Thurs, Sept. 26th – Jim Ball on Early Surveyors Fri, Sept. 27th – Brendan Heaney as Moses Van Campen

Str8 Eight Tournament at the Terra Cotta Coffeehouse, Main St., Alfred. Next Tournament: 5:30 pm Tuesday, Oct. 8.

Monthly Str8 Eight tournaments on the 8th day of each month at the Terra Cotta Coffeehouse starting at 8 p.m. (unless otherwise noted). You get the idea.

To learn more about the card game invented in Alfred, NY, visit: www.str8-eight.com

Special Events

Allegany Artisans OPEN STUDIO TOUR October 19-20 with select studios open Friday night, Oct. 18. Come see some of the best known artist of our area and beyond. Visit their studios where their creative ideas come to life. The artists are there to demonstrate and answer questions. Every studio will have art pieces for sale. There is a broad variety of work from usable, everyday items, to one of a kind fine art. All work is hand made by the artist. The allegany artisans studio tour is a great way to learn about hand crafted work, meet the artist, and bring something special home for you to enjoy. It's the perfect chance to purchase gifts of distinction for all occasions. For a map, check out our our Web site. www.alleganyartisans.com

Journey to Transformation: Friday night community prayer for host, community and Allegany County churches, and beyond, are being held from 7 p.m. to 8 p.m.:

Biweekly Sunday night praise and worship and prayer time, with live music, 6 p.m. to 8 p.m. to pray for prime county-wide concerns.

Ongoing area prayer gatherings during the week available from 6:30 to 7:30 a.m. weekday mornings at Knights Creek Evangelical Methodist Church, 2987 County Road 9, Scio; 8 to 9 a.m. Wednesdays at the

Belfast Free Methodist Church; and from 10:30 to 11:30 a.m. Saturdays at the Powerhouse Youth Center, 23 West Main Street, Fillmore. Further information: Pastor Dan Kenyon, Wellsville Bible Church, at wbc@ne.twcbc.com or (585) 593-6471, or most area pastors.

Support Groups

Adult Survivors of Sexual Abuse. Meets at various times. Call 716-593-6300 for info.

AI-Anon. 7pm Thursdays and Sundays at the United Presbyterian Church, 150 Main Street, Hornell. Use the side entrance

Alcoholics Anonymous. 7 pm Fridays at Union University Church Center in Alfred. Call 607-276-8588 for help or information.

Alzheimer's Support Group. Meets third Thursday of the month at noon in United Church, Belmont. Call Allegany County Office for the Aging at 716-268-9390 for info.

Cardiac Support Group. Meets second Wednesday of the month at 6:30 p.m. in the St. James Mercy Hospital Cardiac Rehab (2nd floor). For info, call the Cardiac Rehab Unit at 324-8735.

Caregivers Support Group. For info, call the Allegany Office for the Aging, 716-268-9390 or toll-free 1-866-268-9390.

Celebrate Recovery/Celebrate Victory Christian 12-Steps support for all types of hurts, hangups, habits and struggles of life, including common addictions. 7PM Saturdays at Knights Creek Evangelical Methodist Church, 2987 Knights Creek Road (Co. Road 9), Scio. www.facebook.com/KnightsCreekChurch, or Casey Jones at bps461@msn.com or (484) 435-0503 for information.

Diabetes Support Group. Meets fourth Thursday of the month from 6:30-8 p.m. in the Memorial Conference Room, ground floor just off the cafeteria at St. James Mercy Hospital. For more info, contact Bonnie at 607-324-8900.

LaLeche League. Mother-to-Mother Breastfeeding Support. Hornell group meets third Thursday of each month at 7 p.m. at Christ Episcopal Church, corner of Main and Center Streets, Hornell. For more info, call 324-6266.

PARKINSON SUPPORT GROUP Meets 2nd Saturday of each month at 10:00 am to 11:00 am at the Hornell YMCA. For more info, call Lisa at 607-382-6497.

Etcetera

Guiding Eyes for the Blind. Puppy raisers needed. Classes 1st and 3rd Wednesdays at 6:30 pm, Bldg 18 BOCES Wildwood in Hornell. 585-335-2628 for info. www.guidingeyes.org.

Allegany County SPCA. Volunteers or those wishing to contribute are asked to call 585-593-2200. Send contributions to PO Box 381, Wellsville, NY 14895.

Wellsville Lioness meets second Monday of the month upstairs at the Beef Haus.

Clinics--Blood Pressure Screening. No appointments needed. All ages welcome. Offered 11 a.m.-12 noon occasional Thursdays at Office for the Aging Nutrition Luncheon, Union University Church Center, Alfred.

Deadline

To include your event in this calendar, send information to: Calendar, ALFRED SUN, PO Box 811, Alfred, NY 14802 or e-mail: alfredsun.news@gmail.com

WHAT'S COOKIN'?

Allegany County Office for the Aging Meals on Wheels & Luncheon Center Menu Monday, Oct. 7

Chilled Pears
Swedish Meatballs
Buttered Noodles
Carrots
Italian Bread
Lemon Mousse
Diabetic--Lemon Mousse
Tuesday, Oct. 8
Peachy Cottage Cheese Salad
Tuna Noodle Casserole
Beets
Wheat Dinner Roll
Oatmeal Raisin Cookie
Diabetic--Orange

Wednesday, Oct. 9
Cabbage Pineapple Salad
Roast Pork
Mashed Potatoes w/Gravy
Spinach
Whole Grain Rye Bread
Applesauce Cake
Diabetic--Applesauce
Thursday, Oct. 10
Tossed Salad w/Dressing
Chicken Parmesan Over Pasta
Green Beans
Whole Wheat Bread
Apple Crisp
Diabetic--Applesauce
Friday, Oct. 11
Pineapple Tidbits
Baked Ham
Whipped Sweet Potatoes
California Blend Vegetables
Wheat Dinner Roll
Apple
Diabetic--Apple

For reservations, call the site coordinator or 585-268-9390 or (toll free 1-866-268-9390) by 2 p.m. previous day.

ALFRED NUTRITION SITE

Union University Church Center, 11:45 a.m. Call Debbie Pierson at 607-793-0118. **Monday**—Exercises with Mary Lou Maxson 10:30-11:30 a.m. Lunch at 11:45 a.m. "Food Fads." **Tuesday**—Lunch at 11:45 a.m. "Meet a US President." **Wednesday**—Exercises with Mary Lou Maxson 10:30-11:30 a.m. **Thursday**—Lunch at 11:45 a.m. "Celebrating National Farmers Day." Crystal Malota, Nutrition Education.

BELMONT NUTRITION SITE American Legion Hall, 11:30 a.m. Call Linda Trask at 716-208-9755 **Tuesday**—Growing Stronger Exercises at 9:30 a.m., Lunch at 11:30

a.m. "Dave Pinney—Dyke St. Museum History." **Thursday**—9:30 Growing Stronger Exercises. Lunch at 11:30 a.m. "Voter Registration Ballot Machines with Marcy & Barb."

BOLIVAR NUTRITION SITE

Fire Hall 12 noon
Call Carrie Simon at 585-808-5640 **Monday**—Growing Stronger Exercises at 10:30 a.m. Lunch at 12 noon. Cards. **Wednesday**—Growing Stronger Exercises at 10:30 a.m. Lunch at 12 noon. Elaiza Cole-Neu, Issues & Answers. **Thursday**—Lunch at 12 noon. Cards.

CANASERAGA NUTRITION SITE Canaseraga Fire Hall, 12 noon
Call Barb Welch at 607-270-4070. **Tuesday**—Exercises at 9:45 a.m. Lunch at 12 noon. "Bingo." **Thursday**—Exercises at 9:45 a.m. Lunch at 12 noon. Cards/Games at 1 p.m. "Aha! Words"

CUBA NUTRITION SITE

AAArnold Community Center, 12 noon
Call Judy Enders at 585 808-5201 **Monday**—Bone Builders Exercises at 10:30 a.m. Cards, Dominoes, Puzzles, Euchre. Lunch at 12 noon. "Matching Definitions: Aha!" "Call in reservations for Senior Citizen's Mtg! **Tuesday**—10:30 Euchre, Cards, Dominoes, Puzzles. Lunch at 12 noon. "Words with 'EM' in Them." **Wednesday**—10:30 Cards, Dominoes, Puzzles, Euchre. Lunch at 12 noon. "Current Events." **Thursday**—Bone Builders Exercises at 9:30 a.m. Lunch at 12 noon. "Senior Citizen's Meeting."

FILLMORE NUTRITION SITE

Fillmore Fire Hall, 12 noon
Call Maggie Smith at 585-737-5609 **Monday**—Growing Stronger Exercises at 10:30 a.m. Lunch at 12 noon. Cards, Jigsaw Puzzles, Euchre. **Thursday**—Growing Stronger Exercises at 10:30 a.m. Cards, Jigsaw Puzzles, Euchre. Lunch at 12 noon.

FRIENDSHIP NUTRITION SITE

Community Center, 12 noon
Call Gail Bartas 585-973-2311 **Tuesday**—10:45 Growing Stronger Exercises. Lunch at 12 noon. Cards at 1 p.m. Crystal Malota, Nutrition Education. **Thursday**—10:45 Growing Stronger Exercises. Lunch at 12 noon.

WELLSVILLE NUTRITION SITE Grace United Church, N. Main 12 noon
Call Donna Fiegl at 585-593-7665. **Monday**—Dominoes at 10 a.m.

Lunch at 12 noon. **Wednesday**—Dominoes at 10 a.m. Lunch at 12 noon.

Thursday—Dominoes at 10 a.m. Lunch at 12 noon. **Friday**—Dominoes at 10 a.m. Lunch at 12 noon. Crystal Malota, Nutrition Education.

WHITESVILLE NUTRITION SITE

Whitesville Fire Hall, 12 noon
Call Barb Billings at 607-356-3390. **Monday**—Senior Center Library. Jigsaw Puzzle. Lunch at 12 noon. "Words with 'KI' in Them." **Tuesday**—Senior Center Library. Jigsaw Puzzle. Lunch at 12 noon. "Black." Anita Mattison, Issues & Answers. **Wednesday**—Senior Center Library. Jigsaw Puzzle. Lunch at 12 noon. "Halloween."



At the Movies

(Effective Oct. 4-Oct. 10)

GRAND THEATER Main St., Wellsville 585-593-6899
Abominable (PG)
Rambo: Last Blood (R)
www.grandtheatrewellsville.com

SPOTLIGHT THEATER

191 Main St, Hornell 607-661-4685
Abominable (PG)
Downtown Abbey (PG)
Joker (R)
Addams Family (PG) starts Oct. 10

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Oct. 4-Oct. 10
Abominable (PG)
Fri. 12:45, 3:15, 5:45
Sat. 12:45, 3:15, 5:45, 8:30
Sun. 1:00, 4:00, 7:00 Mon. 7:00
Tues. 12:30, 3:15, 5:45, 8:30
Wed. 1:00, 7:00
Thurs. 1:00, 4:00

Oct. 4-Oct. 10
Downtown Abbey (PG)
Fri. 12:15, 3:00, 8:45
Sat. 12:30, 3:30, 6:15, 8:45
Sun. 1:30, 4:30, 7:30 Mon. 7:30
Tues. 12:30, 3:30, 6:15, 8:45
Wed. 1:30, 7:30
Thurs. 1:30, 4:30, 7:30

Oct. 4-Oct. 10
Joker (R)
Fri. 3:45, 6:30, 9:15
Sat. 12:00, 3:00, 6:00, 9:00
Sun. 1:15, 4:15, 7:15 Mon. 7:15
Tues. 12:00, 3:00, 6:00, 9:00
Wed. 1:15, 7:15
Thurs. 1:15, 4:15, 7:15

Friday, Oct. 4
The Exorcist
(Ext. Director's Cut)
1:00, 6:00, 9:00

Thurs., Oct. 10
Addams Family (PG)
7:00

Tuesday Bargain Day: Movies all day & evening \$7.00 plus FREE small popcorn w/fountain drink purchase.

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YOUR NUMBER ONE SOURCE FOR DIVISION III FOOTBALL INFORMATION

D3football.com Top 25 - Week Four

Through games of Sept. 28, 2019:

Rank	School (No. 1 votes)	W-L	Points	Prev.
1	Mary Hardin-Baylor (19)	3-0	617	1
2	Mount Union (6)	3-0	603	2
3	UW-Whitewater	3-0	565	3
4	St. John's	3-0	550	4
5	North Central (Ill.)	3-0	525	5
6	Hardin-Simmons	4-0	489	7
7	Bethel	3-0	461	8
8	Muhlenberg	4-0	450	9
9	Wheaton (Ill.)	3-0	382	11
10	Berry	4-0	370	10
11	Ithaca	3-0	307	13
12	Wesley	3-0	276	14
13	Delaware Valley	3-1	247	15
14	St. Thomas	2-1	213	6
15	Salisbury	2-0	203	17
16	UW-La Crosse	2-1	200	16
17	John Carroll	2-1	194	12
18	Redlands	3-0	186	19
19	Johns Hopkins	3-1	176	18
20	Warburg	4-0	168	20
21	Hobart	4-0	107	25
22	Susquehanna	3-1	101	24
23	Whitworth	1-1	98	21
24	Trine	3-0	80	23
25	Linfield	1-1	71	22

Dropped out: None.

Others receiving votes: Cortland 68; Case Western Reserve 61; Carnegie Mellon 58; Washington & Jefferson 36; Wittenberg 34; Chapman 34; RPI 32; Central 31; Washington U. 22; Illinois Wesleyan 22; UW-Platteville 22; Brockport 18; Baldwin Wallace 18; Randolph-Macon 11; Wabash 9; UW-Eau Claire 3; Marietta 3; Gustavus Adolphus 2; Bridgewater 1; Trinity (Texas) 1.

The D3football.com Top 25 is voted on by a panel of 25 coaches, Sports Information Directors and media members from across the country, and is published weekly.

Pigskin Picks

A weekly fall feature in which *Alfred Sun* readers attempt to pick the winners of ten small college (Division III) games and ten NFL games each week for 13 weeks during the football season.

Also featuring the D3football.com weekly Top 25, The D3 East Region Fan Poll, not to mention *Alfred Sun* sports columnist (and sports authority) Doug Lorow's weekly NFL "almost perfect" prognostications.

Just another good reason to make a habit of reading the *Alfred Sun*!

Doug's NFL Picks

WEEK FIVE THURSDAY	
SEAHAWKS	24 LA Rams.....23
SUNDAY	
TITANS	23 Buffalo
Minnesota	24 GIANTS
EAGLES	30 NJ Jets
Atlanta	27 TEXANS
PANTHERS	30 Jacksonville
SAINTS	30 Tampa Bay
New England	40 REDSKINS
STEELERS	20 Baltimore
BENGALS	23 Arizona
BEARS	20 Oakland
CHARGERS	27 Denver
COWBOYS	30 Green Bay
CHIEFS	30 Indianapolis
MONDAY	
NINERS	27 Cleveland
(Byes: Detroit and Miami) *game in London, UK	

Pigskin Picks Football Contest

Bob Baker wins Pigskin Picks Week 4

Bob Baker of Alfred grabbed Week 4 honors in Pigskin Picks with 4 misses, edging Judy Marlatt of Almond, Alan Clancy of Rochester, Doug Lorow of Webster and Floyd Farley of Hornell, each with 5 misses. Mack Mullen of Canisteo, Jim Gaiser of Sandwich, NH and Barb Welch of Alfred Station finished with 6 misses.

Among those with 7 misses were Lee Griffiths Katker of Lake Mary, FL, Jason Rawady of Charlotte, NC, Jim Moretti of Clermont, FL, Gary Moore of Geneseo, Art McLaughlin of Alfred Station, and Nelson Snyder of Alfred Station.

The competition is getting more fierce as the season moves along, with more entries each week. Don't forget to get your entries in for Week 5 by 5 p.m. Friday, Oct. 4!

It's easy to participate! Guess the winners of the 20 football games (found in ads on these pages) and predict the score for Monday Night Football as the tiebreaker in the form below. Enter today!

The entry form below is due by **5 p.m. Friday, OCT. 11**. Send entries to: Pigskin Picks, PO Box 811, Alfred, NY 14802 or take to the ALFRED SUN mailbox on the porch of the home office located at 764 Route 244 in Tinkertown, or scan your entry and email it to: alfredsun.news@gmail.com. Good luck!

2019 Winners:

Week 1: Doug Lorow of Webster
Week 2: Bob Baker of Alfred
Week 3: Mack Mullen of Canisteo
Week 4: Bob Baker of Alfred

Pigskin Picks Entry Form

College Picks Oct. 12 Games

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Pigskin Picks Contest Rules

1. Entries must be postmarked by 5 p.m. Friday week of the games.
2. One entry per person on official entry form or facsimile of same.
3. Write team next to number corresponding with games in ads on this form.
4. The person who picks the most games correctly wins. Tiebreaker determined by 1) best point spread; 2) closest total points scored.
5. Weekly winner will be awarded \$10 and bragging rights.
6. All entries included in \$50 cash drawing at season's end.
7. Contest is open to all.

NAME _____

Address _____

City _____

State _____

Zip _____

Monday Night Football Tiebreaker:

Detroit _____ Green Bay _____

Mail to: Pigskin Picks, Box 811, Alfred, NY 14802.

Pro Picks

Oct. 13 Pro Games

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

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9.Pittsburgh at LA Chargers

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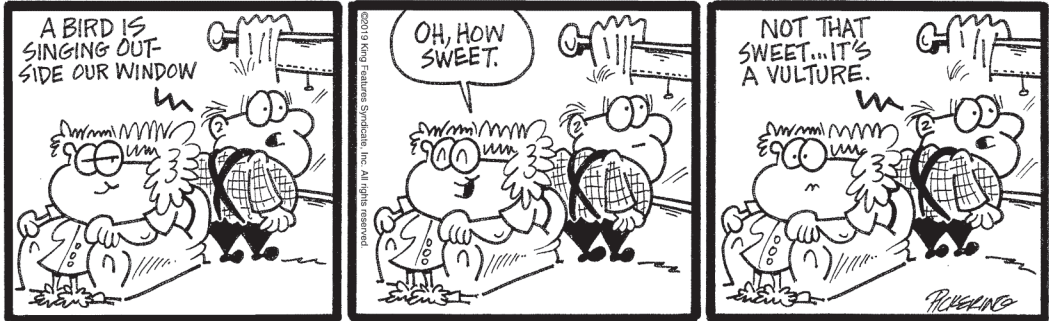
Amber Waves



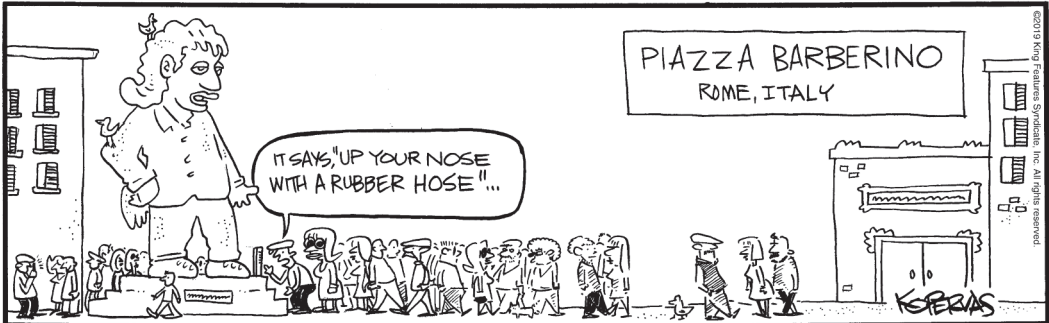
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The Spats



Out on a Limb



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Dirge

LEGEY

Small

FRAWD

Opposed

TAASING

Unique

LEVON

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by Mike Marland

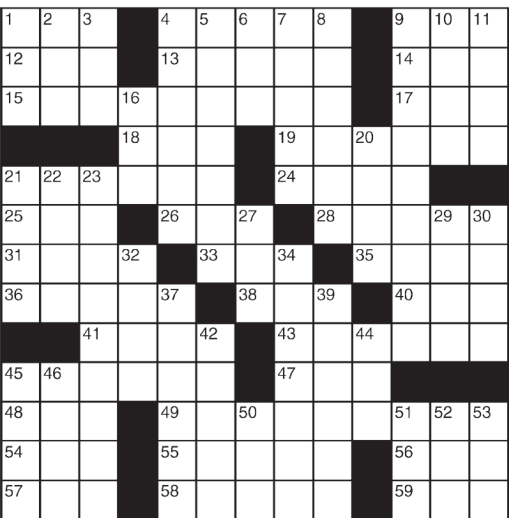
by Jeff Pickering

by Gary Kopervas

King Crossword

ACROSS

- 1 Donkey
4 Portion of an act
9 Mischievous tyke
12 Hawaiian garland
13 Overuse the mirror
14 Ultra-modern prefix
15 Clarified
17 Auto fuel
18 Upper limb
19 Lack
21 Uses twee-zers
24 Long story
25 A billion years
26 Male offspring
28 Jockey's handful
31 "No — luck!"
33 Phone bk. data
35 Winter fore-cast
36 Different
38 Charlotte's creation
40 Greek H
41 War god
43 Muffle
45 Landi of 1930s movies
47 Plant bristle
48 Lair
49 Didn't vote,



- perhaps
54 Rd.
55 Shunned one
56 Wall climber
57 Central
58 Obliterate
59 Grant oppo-nent
8 Ingratiate
9 Deep-seated
10 Vegan's no-no
11 Luxurious
16 Fond du —, Wis.
20 A long time
21 Mexican money
22 LummoX
23 "Django —" (film title)
27 Promptly
29 Brief letter
30 Pavlova por-trayal
32 Towel embroi-dery word
34 Tranquilizes
37 Auction, so to speak
39 Caveat word
42 Cavalry sword
44 Blackbird
45 Cheese choice
46 Jeans-maker Strauss
50 Hot tub
51 Zero
52 First lady
53 Coloring agent

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CryptoQuote

AXYDLBAAXR is LONGFELLOW
One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

ILJHGLH VGRKI GR LRWGDAQ,
MHLXWIH VGRKNHFCH MHNRC
DR YWUXGJDQ, XGF JI DYH
DRALY KYJLY JNNWUJGXDHI
DYH KRANF.
— NRWJI EXIDHWA
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GARDENING

Alfred Farmers Market to feature Todd Gardener

ALFRED—It's Autumn in Alfred and there are only five markets left until the end of the season!

This week, on Sunday, Oct. 6, the Alfred Farmers Market will be the place to be for excellent local food, music, art, and culture.

The musician of the week is Todd Gardener who will be performing from 11 a.m. to 3 p.m. Gardener has a YouTube page named 'Toddly Ma Boy' where you can listen to him play guitar ballads. Individuals of all ages and abilities can listen to the sounds of Todd Gardener while enjoying a hands-on activity at the Family Activities Tent.

This week, the Family Activities tent will feature a DIY acorn necklace where you can make your own acorn capped jewelry. A handcrafted mug made by Alfred University's

Clay Collective ceramic club will be raffled off as a fundraiser for the market. Don't miss out on this one of a kind item!

The Alfred Farmers Market wouldn't exist if not for the dedicated farmers and artisans that regularly attend. The highlighted vendor of this week is Bonnie's Honey Bees and their featured honey recipe is Slow Cooker Honey Garlic Chicken and Veggies. You can find local honey for this recipe at their market booth. Bonnie's Honey Bees was founded in Spring of 2019 by Bonnie Cobado, who partners with the Doan Family for production.

The Doan Family Farm have been involved in the honey industry for over 60 years and are largely involved in pollination in New York, Florida, and California. On

average, they raise and care for 1,000 honey bee hives which results in an average of 55,000 gallons of honey and 1,000 pounds of beeswax. Be sure to check out their wide variety of honey products at the market!

The Alfred Farmer's Mar-

ket is located at the Alfred Village Bandstand on the corner of Main Street and Saxon Drive. Market days are every Sunday from 11 a.m.-3 p.m. from June 16 to Oct. 27. SNAP/EBT, WIC checks and FMNP (Farmers Market Nutrition Program) and senior

checks are accepted.

Meet your friends, neighbors and farmers every Sunday and enjoy the bounty of the season. For more information, visit their website AlfredFarmersMarket.com or Like the Alfred Farmers Market on Facebook.



Bonnie Honey Bees Booth and Products.

Beginning small farm topic of October course offering

BELMONT—Cornell University Cooperative Extension can offer area residents the training and resources to select an enterprise suited for success. An introductory course designed for small, part-time or prospective farmers will be held from 6 to 8:30 p.m. Tuesday evenings Oct. 15, 22, 29, and Nov. 5 at the CCE Center, 5435A County Rd 48, Belmont, NY 14813.

Topics to be covered: Agriculture 101 is an introduction to agriculture within the region and an overview of agricultural terminology. Since the soil is the foundation of farming, the series continues with the Basics of Soil & Plant Fertility.

Basics of Farm Bookkeeping & Taxes introduces participants to sample financial systems available for use and tax related farm issues. Selecting an enterprise without checking the farm resources or marketing opportunities can create a roadblock to success. In the fourth class of the series we take a look at Selecting an Enterprise & Marketing What You Produce.

Enrollment will be limited; pre-registration is required by Friday, Oct. 11, 2019. There is a cost for this workshop. For more information or to pre-register contact Lynn Bliven, 585-268-7644 x 18.

The "Beginning a Successful Small Farm Operation" is one of many programs offered by Cornell Cooperative Extension of Allegany County (CCE-Allegany). The association is part of the national cooperative extension system, an educational partnership between County, State, and Federal governments. As New York's land grant university Cornell administers the system in this state. For more information, call 525-268-7644 or visit our website at www.cce.cornell.edu/allegany. Cornell University Cooperative Extension provides equal program and employment opportunities.

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FREE WELL ASSESSMENTS

Seeking area residents interested in having an on-site review of their private wells. The assessment considers site conditions, land use practices, well construction and maintenance in determining if conditions exist which could impact your well water quality. You will be given a well owner's manual and site-specific recommendations to help keep your water safe from contamination. Contact Catherine Rees of RCAP Solutions, Inc. at crees@rcap-solutions.org or 607-587-9598 to schedule an assessment. 30-1f

FREE ADS: Items selling for less than \$50 are FREE in the Sun! One item/ad. Must list price. Private parties only. Turn trash to cash! E-mail alfredsun.news@gmail.com

4a. Auctions/events

WARREN COUNTY TAX FORECLOSED REAL ESTATE AUCTION! Saturday, October 19, 2019. 30+ Parcels! Registration: 9AM; Start: 10AM Location: Warren County Courthouse: 1340 State Route 9, Lake George, NY Visit: www.auctionsinternational.com . Call: 800-536-1400

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The CTS department at SUNY Potsdam in Potsdam, NY, is accepting on-line applications for a Lead Programmer/Analyst. To apply, visit <https://employment.potsdam.edu>, job posting No. U-00350.

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21. Public Notices

NOTICE OF MANDATORY REFERENDUM TOWN OF ALMOND, ALLEGANY COUNTY, NEW YORK

NOTICE IS HEREBY GIVEN, that the Town Board of the Town of Almond, Allegany County, New York, did on the 18th day of June, 2019, adopt a resolution described in the following proposition and directed that a mandatory referendum of the qualified electors of the Town of Almond shall be held in the respective election districts of the Town of Almond located at the Almond Municipal Building, located at 1 Marvin Lane, Almond, New York, at the General Election on the 5th day of November, 2019 between the hours of 6:00 A.M. and 9:00 P.M. for the purpose of voting on the following proposition:

Proposition 1:
Shall the positions of Town Clerk and Tax Collector for the Town of Almond be changed from elected to appointed positions?
Dated: June 20, 2019
Almond, New York
By Order of the Almond Town Board

Michelle Stevens
Almond Town Clerk 30-1b

Email legal notices to: alfredsun.news@gmail.com by 12 noon Monday for Thursday publication.

In The Alfred Sun 50, 25 and 10 Years Ago

Compiled By DAVID L. SNYDER
Alfred Sun Editor and Publisher
50 Years Ago, October 3, 1969
(Photo) Dave Buchanan receives a check for \$100 from John Gorton, manager of Tech Lanes for Buchanan's 300-game. The perfect score was the first in the 12-year history of Tech Lanes.

Letters of Commendation honoring them for their high performance on the 1969 National Merit Scholarship Qualifying Test have been awarded to four students at Alfred-Almond Central School, Guidance Director Robert Bakeman has announced. Those named Commended students are Andrew Butler, son of Dr. and Mrs. Lewis Butler; Janet Hardy, daughter of Mr. and Mrs. Nathan Hardy; Christy Van Horn, daughter of Mr. and Mrs. Eugene Van Horn, and one student who wishes to remain anonymous...

Births—Mr. and Mrs. Andrew Erickson (Debbie Hitchcock) are parents of a son, Andrew III, born Sept. 29, 1969 at Columbus, Ga....Mr. and Mrs. Douglas Davis (Nancy Clicquennoi) are parents of a son, Patrick Leon, born Sept. 17, 1969, at Bethesda Hospital, North Hornell.

Dr. William L. Pulos, associate professor of psychology at Alfred University, has published results of a 14 year long animal study in experimental genetics...

Arthur Gaisser, assistant professor of medical services at Alfred State College, has been elected secretary-treasurer of the New York State Section of the American Association of Clinical Chemists...

Rep. James F. Hastings (38th Dist.-NY) said today he has joined a move to request Congress for legislation which would give the Interstate Commerce Commission authority to regular the quality of railroad passenger service. The Allegany lawmaker had warned of such legislation on Sept. 8, when he submitted a statement at an ICC hearing in Jamestown, N.Y., objecting to a request from the Erie-Lackawanna Railroad for permission to discontinue its last two passenger trains running through the Southern Tier of New York State between Hoboken, N.J., and Chicago, Ill....

The Alfred University Saxons rolled to their second win of the early football season Saturday when they defeated Brockport State 41-28. They accomplished the victory despite giving up 330 yards in passing to the losing Brockport team. The game produced a huge total of 65 passes thrown with Alfred's Moretti hitting 13 or 25, and Mike Driscoll of Brockport 22 of 40...

Over 80 hungry baseball players were honored at a dinner at the Alfred Rod and Gun Club Monday night. Coaches and officials of the Alfred-Almond Little League served the food to the greatest turn-out in the history of the league. The highlight of the evening was the presentation of trophies to outstanding players. Based on a vote of the coaches, the "Most Valuable Player" award was won by Jeff Calkins of the Almond Cardinals. The "Sportsmanship Trophy" designating the second most valuable player, went to Gary Reid of the champion Alfred Station Pirates. The annual "Rookie of the Year" trophy was justly earned by Pat Curran of the Alfred Yankees. Each coach also awarded a trophy to a player on his team whom he felt was the "Most Improved Player." The awards were won by Chris Giedlin of the Tigers; Frank Barney of the Dodgers; Matty Green of the Pirates; Andrew Rossington of the Yankees and Perry of the Cardinals...

John E. Meacham, of 1 Hillcrest Court, Alfred, has completed requirements for his doctor's degree and will receive the Ed.D. degree in May from Oklahoma State University. Mr. Meacham, who is counseling psychologist at Alfred State College, completed his work on his doctorate last August. It will be formally awarded during Oklahoma State's commencement exercises in May...

Alfredians—Mr. and Mrs. John Westlake recently entertained Mr. and Mrs. Earl Beeton and Mr. and Mrs. N.F. Tucker, at dinner...A group of Alfred residents attended the monthly meeting of the

American Association of Retired People at Wellsville last Wednesday. The Rev. Glenn Bucher showed slides of his recent trip to Palestine...

25 Years Ago, October 6, 1994
The Miller Performing Arts Center on the Alfred University campus is out of the ground and beginning to take shape. Since the project started in February—with site preparation, excavation, caisson drilling and foundation work—walls of reinforced concrete have been poured. The shape of the structure is now evident, with views of tall concrete piers marking the northwest façade of the \$9.2 million building. With the arrival of structural steel, construction crews have begun to assemble the building's frame – a process both architects and site workers concur is the most exciting of the project...

(Photo) Football Comes to Alfred State—College President Bill Rezak, Vice President Arnold Hence welcome Lou Saban as College Council President Patricia Fogarty hands off to Saban, who will inaugurate Alfred State's intercollegiate football program.

Alfred-Almond area residents received recognition at the Allegany County Mental Health Association Annul Meeting and Volunteer Recognition Dinner Monday night at Moonwinks Restaurant in Cuba. Glenn Fairchild of Almond was given the Volunteer of the Year Award while Judy Condrate of Alfred received the Compeer of the Year Award. Glenn and Judy have been active participants in the Compeer Program for many years...

The Alfred Montessori School has begun an after-school day care and homework help program. The hours go until 5 p.m. on weekdays, as well as on national holidays, when the Montessori schools offers daycare from 7:30 a.m. to 5 p.m. Children ages 3-12 may get off bus 55 from Alfred-Almond at the Montessori School. They will be escorted from the bus to the school by Cheryl Quagliato, the program director. Children are served a nutritious snack and allowed to play or receive homework help during the time...

Adv. Steve Galle is Back! Steve Galle, who operated his own auto repair service in Alfred Station from 1986 to 1989, has returned to the area to again offer his experience in auto maintenance and repair...Now that he's back in the Alfred Station area, he has joined the Gardner Body Shop team of auto technicians. Stop in to welcome him back! Gardner Body Shop, Rt. 21 Almond.

Notes from Palmiter Hill (By Rev. Albert N. Rogers): Our son Brian and his wife from Mystic, Conn., were with us for the (not long enough) weekend. They took the opportunity to see several of their high school friends of bygone days, and brought us up to date on the doings of their branch of our family...The grapes are ripe on our old vines, and are they ever good! We can't resist grabbing a bunch every now and then...Driving with your lights on when wipers are required by current regulations is awkward when you park and forget to turn them off, we found out. The battery ran down. We had to call our favorite mechanic, our son. He quickly towed our car to start it and put his charger on our depleted battery when we got home...A welcome letter came this week from my old college roommate in a Midwestern state. It brought back memories of old days as well as telling of his present activities. Such letters help to offset the mailers that tell us all about things we don't want or don't need...The hills are "alive with the Sound of Music" and just now with reds and yellows and browns as the maples don their autumn colors. They are well worth a leisurely drive in the country, or at least a long look out your favorite window. Take it from me!...Two hundred years of peace between our government and the Iroquois Federation will be celebrated November 11 in Canandaigua. G. Peter Jemison who is a member of the Seneca Nation is urging commemoration of the second century of the Pickering Treaty of 1794 which was signed by George Washington and the Iroquois chiefs of that day.

Sunbeams—Hollie M. Cornell, daughter of Mr. and Mrs. Ronald O. Cornell of Andover, is a freshman at Alfred University where she is studying in the College of Liberal Arts and Sciences. She is an Alfred-Almond Central School graduate...Dick and Margee Fellenz have settled in their new home on Oak Ridge, just off Waterwells Road. He's employed by Dresser-Rand in Wellsville, transferred from Simsbury, CT...Evelyn Thomas paid a visit with the Philip Posts, former Alfred residents in Gowanda Monday...

Mike LaCroix's 20-yard field goal with 1:09 remaining lifted the Alfred Saxons to a 20-19 win over Albany State Saturday at University Field...

10 Years Ago, October 1, 2009
Jill Kelly, wife of retired Buffalo Bills quarterback Jim Kelly, will be the featured speaker at a special event to be held at 6 p.m. Friday, Oct. 9 at Alfred-Almond Central School. Jill is most likely known by her relationships than anything else. Her husband, Jim, led his team to four Super Bowl games. She is also known as the mother who lost her little son to a strange disease called Krabbe Leukodystrophy, and with Jim started a foundation for its awareness and research called Hunter's Hope...Most notably, Jill shares an inspirational message of joy, hope, and life amidst the trials and sufferings brought about by that very disease and the untimely death of her only son...

The "Art Force Five," the art heroes group from Alfred University's Drawn to Diversity program, will perform an interactive presentation at Strong National Museum of Play in Rochester. The performance is part of the opening weekend events for the museum's "American Comic Book Heroes: The Battle of Good vs. Evil" exhibit...

Ronnie Snyder of Performance Automotive of Alfred Station had the opportunity to race against the best in the country, when he competed in the Drag Racing National Finals over the Sept. 24-27 weekend. Driving his 1968 hemi-powered Plymouth Roadrunner, he won a total of 4 rounds in two gambler races at Pittsburgh Raceway Park in Pennsylvania. Final eliminator races scheduled for Saturday and Sunday were rained out, so IHRA officials decided to have racers compete on a practice tree to determine the best reaction times of all drivers in each class. Snyder bested a field of over 300 racers in the Pro class to finish tied for third place after eight rounds of competition. He received the third place purse, and earned seven points for his home team, International Raceway Park in Leicester. Snyder, who is 59 years young, said he was very pleased with his car's performance, as well as his own, as much younger drivers quite often have the edge over older drivers in reaction time competition.



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THE GLORY OF AMERICA

Thursday, October 3

On this day in 1789, mindful of the many blessings God had bestowed upon America, President Washington decided to proclaim a Day of Thanksgiving:

"It is the duty of all nations to acknowledge the Providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor."

Alfred Area Church Directory

ALFRED-ALMOND AREA

HORNELL ALFRED UNITARIAN UNIVERSALIST SOCIETY--Now meeting at 10:30 AM the second and fourth Sundays of each month at 198 Main Street across from Hornell Cinema. The Rev. George Smith leads the group the second Sunday. Call 607-698-4508 or 607-522-7803 for more information.

ALFRED-ALMOND BIBLE CHURCH--Rt. 21, Almond. Pastor Ken Shutt. Pastor Justin Langley. Sunday School 9:30 am, Sunday Worship 10:30 am. EPIC (for teens) and EPIC Kids Club (K - 6th grade) 5:30 pm Sundays (Sept. - May), and Adult Bible Study 6 pm Sundays. Midweek Home Groups 7:30 pm. Vintage Alfred meeting Wed. nights at ASC at 7:30 pm. Phone 607-276-6700. www.aabible.org.

ALFRED ASSEMBLY OF CHRISTIANS--Remembrance of the Lord in the Breaking of Bread, Sundays at 10:30 a.m.; Gothic Chapel, corner of Ford & Sayles, Alfred. Bible Study 8 p.m. Fridays in Almond. Call 607-382-4140 or e-mail lookup@frontiernet.net for more information.

ALFRED SEVENTH DAY BAPTIST CHURCH--5 Church St., Alfred. Adult Sabbath (Saturday) School, 10 a.m. in the SDB Parish House; Sabbath Worship Service at 11 a.m. Church Office: 607-587-9430. Pastor Christian R. Mattison.

ALFRED STATION SEVENTH-DAY BAPTIST CHURCH "Baptist with a Difference" Sabbath (Sat.) Sabbath School 9:45 am; Adult Department - 3 Adult Classes, Youth Dept. - 1 Class, Primary Dept. - 5 classes Sabbath Worship Hour 11:00 am (This Service is live streamed at www.alfredstationsdb.org) Sanctuary Choir Rehearsal (9th grade-Adult) 1st and 3rd Sabbath of the month 12:30 pm; Chime Choir Rehearsal 2nd and 4th Sabbath of the month 9:00 am Dish to Pass Fellowship Meal (Bring a dish to share) 2nd Sabbath of the month 12:30 pm; Junior Youth Fellowship (Grades 3-6) 2nd Sabbath of Month 2:00-4:00 pm; Alfred Area Food Pantry (Room 13 Christian Education Building) Tuesday and Thursday 5:30-7:00 pm; Youth Fellowship (Grades 7-12) Wed. 6:30 -8:00 pm, Room 15 Christian Education Building. Pastor's Phone 607-222-6023 Pastor's E-Mail pastor.chroniger@gmail.com Campus at 585 Rt. 244 Alfred Station. See you Sabbath.

ABUNDANT LIFE MINISTRIES--Rt. 21, Almond. Pastor Everett Hasper. Sunday 10 am & Wednesday at 7:30 pm. 276-6201. www.almcommunity.org

ALFRED UNITED METHODIST CHURCH--1389 Moland Road, Alfred. Sunday services at 9 a.m. Nursery care available. Join us for Small Group one Saturday a month at 7:00 pm. Pastor: Rev. Stephen Crowell. Pastor's Number: 716-982-6469. Church Office Number: 607-587-8355. Service day and time: Sunday at 9:00 a.m.

ALMOND COMMUNITY CHURCH--11 Main St., Almond. Charles Emerson, Pastor. A joyful, welcoming and compassionate multi-denominational church seeking God's truths for today's world. Sunday School 9:30 a.m., Morning Worship 10:30 a.m. Prayer Group Wednesdays 9 am. Call 276-6151 for more information.

HARTSVILLE COMMUNITY BAPTIST CHURCH--Purdy Creek Road, Hornell. Pastor Charles Williams. Sun. School 9:30 am, Worship 10:30 am.

HILLEL AT ALFRED--Friday night services 6:30 pm at Melvin Bernstein Hillel House, 18 S. Main St., when AU is in session. Add'l services & programs throughout year. For info, call Larry Greil (871-2215 work, 587-8694 home) or Barbara Greil (587-4313 work).

INSTITUTE OF DIVINE METAPHYSICAL RESEARCH--Sundays 12 noon at Almond Grange, Almond. Choir starts 11:40 am. Meetings Tuesdays and Thursdays 7:30 to 9:30 pm at Almond Grange Hall.

LIGHTHOUSE CHRISTIAN FELLOWSHIP--Randolph Road, Alfred. Pastor Roger Gardner. Worship 10 am Sundays. Kingdom Life School of the Bible 9-10:30 a.m. Saturdays at Seidlin Hall Room 114, AU campus. Student Prayer Meeting 7 p.m. Mondays in Scholes Library Rm. 218. Small Group Gatherings throughout the week. 607-587-9257.

SS. BRENDAN AND JUDE PARISH--Father Sean DiMaria, Pastor. St. Brendan Church, 11 S. Main St., Almond. Weekend Mass: Saturday, 5:00 p.m. Weekday Masses Monday, Wednesday, Friday 9:00 a.m.; St. Jude Chapel, Lower College Dr., Alfred (on the Alfred State College campus). Weekend Masses Sunday 11 a.m. & 6:30 p.m. (6:30 p.m. when colleges in session) Office phone: 607-587-9411, Rectory phone: 607-276-5304.

UNION UNIVERSITY CHURCH--Alfred, 10:30 a.m. Sunday at 5 Church Street. A multi-denominational community church welcoming all faiths. Infants nursery, K-6 classes during service, youth programs. Church Center at corner of Main and Church Streets, Rev. Laurie DeMott. 587-9288.

ANDOVER AREA

CHRISTIAN & MISSIONARY ALLIANCE--5 Rochambeau Ave. andoveralliance.com Rev. Philip Barner, Sunday School 9:00 AM, Worship Service 10:00 AM -- Worship Team Coffee Fellowship time before and after Worship Service. Wednesday -- Bible Study / Prayer Meeting 7:00 PM.

BLESSED SACRAMENT CHURCH--1 Church St., Andover. Father Sean DiMaria, Pastor. Weekend Mass Sunday 9:00 a.m. Weekday Mass Tuesday, 9:00 a.m. Office phone: 607-478-8885; Rectory phone 607-276-5304.

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Almond, WI meets Almond, NY

(Continued from front page) resident and editor of the Almond Historical Society Newsletter.

She learned that it was George Stevens who left Almond and moved to Wisconsin and founded the city of Stevens Point, Wisconsin.

The Almond, WI website shows: George Stevens, who is credited with founding Stevens Point, was the postmaster in Almond, N.Y., before establishing a trading post on the Wisconsin River where the city is located today.

Donna reported, "George Stevens was the son of Phineas Stevens, an early Almond settler -- The Almond Story (by John Reynolds) states that he arrived here from Rome, Oneida Cty, NY in 1803 and was the first settler in the Village of Almond (not a village yet -- but a "downtown" settlement). He built a log cabin (approximately where Doorleys live -- at the intersection of Main St and Karndale Ave)."

Quoting The Almond Story by John Reynolds now, "At one time, Stevens owned all the land occupied by the Village and much more which was subsequently sold to Joseph Corey. Phineas was an enterprising man. He opened the first tavern in the Village at the advantageous location he occupied (across from the United States Hotel). In 1806 he built the first sawmill, which was according to old accounts, located 'on the west bank of Canacadea Creek at the side of the bridge on the road to the depot' (road no longer open) -- About 1810 he built one of the first frame barns in the town. He was the father of George Stevens who became the first merchant in the southern portion of the Village and who at the time was associated with Joseph Corey, a prominent businessman in the community."

Donna added, "Almond Historical Society documents show George to be commis-

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Acts in the Old or New Testament or neither?
2. In 1 Kings 20, who besieged and made war against Samaria after gathering his forces? Benhadad, Menahem, Rezin, Omri
3. What king asked for the help of a woman who was a medium? Jehu, Amaziah, Saul, Neco
4. From 1 Samuel 19, whose life was saved when his wife put an idol into his bed? Samson, David, Amon, Cyrus
5. Who was the father of Elkanah? Jeremiah, Philip, Esau, Jeroham
6. From Esther 1, how many days did Ahasuerus' feast last? 2, 4, 7, 10

ANSWERS: 1) New; 2) Benhadad; 3) Saul; 4) David; 5) Jeroham; 6) 7

Sharpen your understanding of scripture with Wilson's Casey's latest book, "Test Your Bible Knowledge," now available in bookstores and online.

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E-mail church news to: alfredsun.news@gmail.com or mail to: PO Box 811 Alfred, NY 14802



Almond, Wisconsin Fire Chief Dan Folan with his wife Diane visit the Almond, New York Volunteer Fire Department on Sunday, Sept. 29. (Facebook photo)

sioner of highways, town clerk, and postmaster here in Almond, NY in the 1830s."

"Dan Folan was born and raised in Almond WI, lives in the house he grew up in. He was the Almond WI village maintenance man for 38 years, just recently retired. Their population is about 450. He is Almond WI fire chief, and was interested in the Almond NY connection and saw many similarities. He and his wife, Diane, made the trip out to see Almond NY firsthand. They were impressed with our 1830s Hagadorn House--a treasure in this village," she continued.

"The Folans brought a book to us, Our Heritage: Almond and Vicinity, the story of Almond, WI," she said. The New Yorkers reciprocated and gave The Folans a copy of The Almond Story, Almond, NY's history by John Reynolds.

"It was interesting to me that they pronounce their

town's name EL-mond, just like 'us natives' do!" Donna added, "It gives credence to the correct pronunciation here!"

It was a fun afternoon for Donna, but the visit piqued her curiosity as to "1) why George Stevens went way out to WI 2) how he got there and 3) who went with him from Almond, NY!"

A copy of the Wisconsin Logging Book states that George Stevens brought with him (a saw mill) when he came to build a mill on the Wisconsin River at 'Big Bull Falls' (Wausau) in 1839."

The Folans' likely isn't the end of this Almond Story. More than likely, it's just the first chapter of many.

[Editor's Note: This story first appeared on the Almond, NY Fire & Rescue account on Facebook. Donna Ryan of Almond visited with the Folans and added additional information.]



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CONFUCIUS INSTITUTE NATIONAL HONORS GALA

Three students perform in Washington, D.C.

ALFRED— WASHINGTON, D.C.—Three students comprising Alfred University’s Guzheng Ensemble performed before more than 200 guests on Sept. 14 during the 2019 Confucius Institute U.S. Center National Honors Gala. The Guzheng Ensemble, under the direction of Daisy Wu, visiting professor of music and director of the Confucius Institute at Alfred University, performed at the National Press Club in Washington, D.C. Guzheng is a traditional Chinese stringed instrument.



The Cardiac Rehab Program at Jones Memorial involves group exercise sessions.

Jones Memorial Hospital Cardiac Rehab recertified

WELLSVILLE—T he Cardiac Rehab Program at Jones Memorial Hospital has been recertified by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). This certification is recognition of Jones Memorial Hospital’s commitment to improving the quality of life of patients by enhancing standards of care.

Cardiac Rehab is designed to help people recover faster and return to full, productive lives after being hospitalized with a heart event. Qualifying diagnoses or procedures include heart attack, balloon angioplasty, stent placement, bypass surgery, valve surgery, heart transplantation, and heart failure. The program includes exercise and education in group and individual settings.

“The individual exercise programs are designed based on the patient’s physical capabilities and limitation,” explained Devin Matthews, Cardiac Rehab Lead at JMH. “The education classes include disease specific information as well as counseling on nutrition, medications, exercise, emotional issues and stress management.”

To earn accreditation, Mr. Matthews completed an application process that required ex-

tensive documentation of the program’s practices. AACVPR Program Certification is the only peer-review accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by AACVPR and other related professional societies.

Each program’s application is reviewed by the AACVPR Program Certification Committee, and certification is awarded by the AACVPR Board of Directors.

In 2018, AACVPR moved to an outcomes-based process with performance measurements that represent more meaningful outcomes. Therefore, AACVPR-certified programs are leaders in the cardiovascular and pulmonary rehabilitation field because they offer the most advanced practices available and have proven track records of high quality patient care. AACVPR Program Certification is valid for three years.

For more information about the Cardiac Rehab Program at Jones Memorial, talk to your health care provider or call the Cardiac Rehab department at (585) 593-1100, ext. 5371.

Members of the Ensemble who performed at the Gala were students David Fuller, Ty Heyden and Nellie Dennis. Fuller, an accounting major from Groton, NY, and Dennis, a psychology major from Buffalo, are seniors; Heyden, a sophomore from Mount Shasta, CA, is an art and design major.

Each year, the Confucius Institute U.S. Center celebrates the global education and cross-cultural exchange between the United States and China. The National Honors Gala will recognize the achievements and contributions of 10 outstanding Confucius Institute students from around the United States.

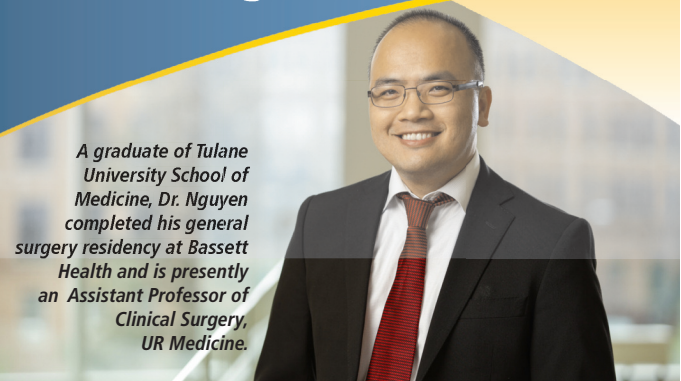
Guests at the Sept. 14 performance included distinguished academic and business leaders, educators, public officials, diplomats, media representatives, and artists. The Guzheng Ensemble, the only musical program that evening, was warmly received by the audience, Wu related.

“Our team’s efforts have been well rewarded. I believe this trip was an excellent experience for all of our Guzheng Ensemble students, and their experiences can inspire other students,” she said. “Alfred University is culturally diverse and student-centered. We are very proud of our Confucius Institute program. It has been serving our university community for 11 years to advance this mission and cherish the value of promoting global awareness, diversity, and creativity.”

Alfred University is one of a very few colleges in the United States with a special curriculum in music education focused on Chinese musical instruments. In collaboration with the Confucius Institute at Alfred University, Alfred University’s Division of Performing Arts has since 2010 offered a credit-bearing course, “Music of Guzheng,” taught by Wu. In response to students’ enthusiasm for guzheng, the University founded the Guzheng Ensemble in 2011 with Wu as its Artistic Director. Since then, more than two hundred Alfred University students have learned to play guzheng, and about 100 students have joined the Guzheng Ensemble.

Alfred University is the first U.S. college to offer the opportunity for students to learn guzheng and perform in a guzheng ensemble for credit. Sponsored by the Confucius Institute at Alfred University, the Guzheng Ensemble has given many successful concerts, not only on campus, but also at other cultural exchange events in the U.S. and even in China, where the group made its international debut in 2014. Alfred University’s Guzheng Ensemble enjoys a great reputation. In 2014, the Ensemble participated in the Global Confucius Institute Chinese New Year Gala and won the third-place prize. In 2016 and 2019, the ensemble won Gold Medals at the New York Chinese Musical Instrument International Competition in New York City.

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SPECIAL INTEREST: 240+ pieces of Alfred pottery, including Ted Randall, Robert Turner, Merkowitz, Glidden, many Tom Spleth, St. Pat’s, Harriet Bernstein, and many single signed or student pieces. Also, 3 Katherine Nelson paintings.

Numbers at 7 a.m. for first rush only. Come anytime both days.
This is an excellent and fascinating sale, hope to see you!
Suzanne Monaghan 607-324-2010 or Fred Bidell 607-382-8480

ALLEGANY COUNTY NEWS

George Borrello opens campaign headquarters

BELFAST—Surrounded by an enthusiastic gathering of area residents, business owners, local officials and volunteers, 57th District State Senate candidate George Borrello cut the ribbon on his new Allegany County campaign headquarters at 39 Main Street in Belfast. He thanked supporters for their confidence in him and vowed to fight to ensure the voices of

“the hardworking families, seniors, farmers and businesses are heard” in a state Capital now dominated by New York City interests. “This campaign has given me the opportunity to meet so many extraordinary people — people who work hard, provide for their families, volunteer their time and contribute to our communities. However, many of them are struggling

with New York’s burdensome taxes, the high cost of operating a farm or business and diminishing opportunities. They are worried these pressures will drive them, or their grown children, to other, more affordable states,” said George Borrello. “I am running for the State Senate to be their advocate. With my combination of public and private sector experience, I will work to make sure

residents can afford to live here and that job creators can afford to do business here. This area is my home and nothing is more important to me than working to ensure its vitality and future,” said Borrello. Dwight “Mike” Healy, Chairman of the Allegany County Republican Committee, said: “We are fortunate to have a State Senate candidate who not only has an outstanding

resume, but who genuinely shares the values and concerns of the folks in Allegany County and across the 57th District. As Chautauqua County Executive, he has consistently gone the extra mile to get results and I know he will do the same as our State Senator.” Learn more about George Borrello at www.voteborrello.com.



Left to right: Chairman of the Cattaraugus County Republican Committee Bob Keis; George Borrello; Mayor of Olean Bill Aiello (in back); Chairman of the Livingston County Republican Committee John Pauer; Chairman of the Allegany County Republican Committee Mike Healy and Assemblyman Joe Giglio

Fund will assist maintenance, care of Whitesville Cemetery

WHITESVILLE—A beautiful setting that serves as the resting place for its community’s founders and generations of beloved citizens, and a spot where many local residents take a peaceful walk, the Whitesville Cemetery faces the challenges common to many rural cemeteries — fewer burials, expansive grounds, and keeping up with costs for regular maintenance and upkeep. Working with the Allegany County Area Foundation (ACAF), Whitesville native Elton Harris has established a fund that will provide annual

assistance to the Cemetery — to supplement the Cemetery Association’s own resources. The Lester and Dorothea Harris Fund for the Whitesville Rural Cemetery honors Mr. Harris’ parents while helping to keep the cemetery a beautiful, well-kept place for remembrance and for Whitesville citizens to walk. Lester and Dorothea Harris were well-known in the community through their maple syrup production and involvement in numerous civic organizations, including the Grange, 4-H, and the historical society.

The first distribution to the Cemetery Association will be made in summer 2021. Interested persons may contribute to this fund through the Foundation. With assets of \$10 million, ACAF manages over 50 scholarship and grant funds. If you would like to donate to an existing fund, or establish a fund to support students or your community, contact Bruce Campbell at 585-296-5616 or director@acafny.org. Donations to the foundation are tax deductible.

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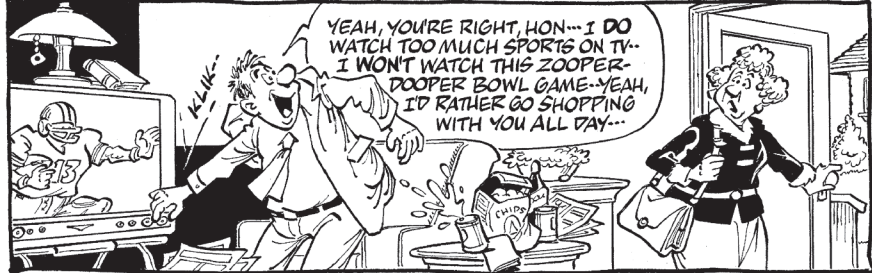


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Free rabies pet vaccination clinic set

BELMONT—Genesee Valley Central School and the Allegany County Department of Health will sponsor a Free Rabies Pet Vaccination Clinic at the Genesee Valley Central School bus garage located at 1 Jaguar Drive, Belmont, from 9 a.m. to 12 noon Saturday, Oct. 26. Please note that the clinic is for New York State residents ONLY. •Only dogs, ferrets, and cats three months (12 weeks) and older will be immunized. •ALL Dogs MUST be on a lease. •All Cats & Ferrets MUST be on a leash or in a pet carrier. •Please bring your pet’s previous rabies vaccination certificate to receive a three-year certificate. If you do not have the previous certificate, or your pet has not had a previous rabies vaccination, only a one-year certificate will be given. Ferrets will only receive

a one-year certificate/shot regardless. •Donations are appreciated and gratefully accepted. •Please be prepared to clean up after your pets. Staff reserves the right to refuse vaccinations to any animal(s). •If you have 5 or more animals you MUST pre-register. •We strongly encourage you to pre-register for the clinic by calling 585-268-9250 and select option #1 or option #4.

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AU Rugby Team defeats Niagara, 40-20, off to 2-1 record

ALFRED UNIVERSITY RUGBY DEFEATS NIAGARA, 40-20
The Alfred University Rugby Team on Sunday, Sept. 29 defeated Niagara University, 40-20. The game was played in Yunevich Stadium on Merrill Field. Alfred is 2-1 on the season, with the team’s next game at Fredonia State on Saturday, Oct. 5. The team has a bye week on Oct. 12 and will be home vs. Buffalo State on Jericho Hill on Saturday, Oct. 19. The team is captained by seniors Ben Conley and Jeff Wood, both of whom have played in each of the last two years in the National Division III All-Star tournament held in Austin Texas. Team President is senior Connor Glasser. Team photographer is Amy Kozlowski (pictured in the photo). The team is entering its 69th consecutive semester of good standing on the Alfred University campus.

ALFRED-ALMOND SPORTS ROUND-UP

A-A boys fall to rival Jasper-Troupsburg, 1-0

By BARB WELCH
Alfred Sun Sports Reporter
ALMOND—The Boys Varsity Soccer team lost to Jasper Troupsburg Tuesday, Sept. 24 in Jasper 1-0, succumbing to a 74th minute goal. The defense limited their opponents to 5 shots. Sadly, the 16 Eagle attempts at goal were fruitless.
The Eagles then defended The Nest Thursday, Sept. 26 against the Hammondport Lakers, winning 5-0. The defense limited their opponents to just 2 shots on goal, helping Ty Kenney earn his first Varsity shut out.
Colton Cook started the scoring in the 5th minute by directing in his 5th tally of the year on an assist from Carsen Hann. Jack Emo booted his 5th goal of the season in the 28th minute on an assist from Dylan Coots. Jack would go on to assist the next 3 Eagle goals, the first by Ayden Burdick and then two second half corner kick deliveries sent in by Will Tormey.

The 4-6 Eagles look to defend The Nest and build on their victory against the unbeaten 9-0 Knights of Addison on Tuesday, Oct. 1.

JV Boys Soccer 2-4-3 on Season

For the third time this season, the Boys JV Soccer team played a full 100 minutes of heart-pounding soccer. The game was fairly even in the first half, but the Eagles dominated Fillmore by controlling the ball in the 2nd half and both 10-minute overtime periods.

Freshman keeper Imre Hunter-To barely touched the ball in the last 20 minutes thanks to a strong defense led by Captain Zack Ledbetter, Ben Lloyd, Noah Dusinberre

and Brennan Lang. Gavin Dwyer and Caleb Price took control of the midfield along with outside midfielders Nolan Tormey and Chris Mormino. It was a fantastic team effort and the boys held their heads high even though they walked off the field with a tie.

The boys lost 2-1 on Saturday to host Genesee Valley. The Eagles tied the game up in the first half when Caleb Price slid a beautiful pass to Gavin Dwyer who hit a beauty past the GV keeper. They held the advantage in both shots on goal and corner kicks, but struggled to find the back of the net.

Eagle keepers Imre Hunter-To and Shane Davidson combined for six saves in the goal.

The Eagles played the Addison Knights Tuesday, Oct. 1 at 5:45 at home.

Girls JV Soccer 3-6 on Season

The girls’ JV soccer team beat Bath Wednesday, Sept. 25 by a convincing 4-0 final. Angela Smith got the team on the board with an unassisted goal in the 1st half. Kaiden Margen, Chloe Hann and Lauren Johnson added insurance goals off of assists by Summer Perry, Kaiden Margeson and Chloe Hann, respectively, in the 2nd half.

Great defense by Allie Hurd and Angela Smith helped Lexi Rao pick up the shutout in goal. It was a great team effort.

The girls got out to a 1-0 lead on a Kaiden Margeson goal on a hot Saturday game in Canisteo, but could not hold off the hosts, eventually falling 3-1. The team traveled to Bath for a 5 p.m. match Monday, Sept. 30, hoping to get back in the win column.

Boys Modified Soccer Team Defeats Canisteo-Greenwood 5-0

The boys modified soccer team traveled to Canisteo-Greenwood in mid-September for their second match of the season. The squad posted a convincing 5-0 win over the Redskins dominating ball control and territory for a majority of the contest. Alban, Aiden and Talan all had a hand in the scoring, with one goal apiece, while Ben chipped in two for the effort. Assisting those goals were Aiden, Ben and Kanye.

Despite a hard effort, the

boy’s modified soccer team lost on Tuesday, Sept. 24 at home to Jasper-Troupsburg. Goalies Aiden Patterson and Alban Renault had a combined total of 13 saves.

They also played in Andover on Saturday, Sept. 28.

Runners 5th in state

The Arkport cross country team, with several members from Alfred-Almond, traveled to Plattsburgh to race in their invite on the course where the state meet will be held. They took 8th place with 224 points behind winner Warwick Valley who had 63 points. Sam Lawler from Pittsford Men-

don won the race in 15:32. Jeremiah Ford was Arkport’s top runner covering the course in 16:35.5. Other A-A runners results are as follows. 52 Micah Ford 18:20, 76 Logan Whittall 19:17.5, 103 Dylan Cannon 20:10.

Yasmin Ford, the lone female from Alfred-Almond, was 142 in 29:15 for the 5k course. Her team was 14th overall.

Arkport has jumped five spots in the state rankings this week and is now fifth. There are four Section V teams in their class ranked in the top ten in the state.

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ALFRED UNIVERSITY SPORTS

AU dominates the dark; Griffin runs for 229 yards

ALFRED—In their first night home game in nearly 20 years and donned in alternate black uniforms, the Alfred University football team is not afraid of the dark. In fact, after struggling early in the daylight, after the sun went down, the Saxons dominated, outscoring their guests 49-3 in the 56-13 win over the Rochester Yellowjackets before a feisty crowd of 3300.

Alfred (3-1) used a relentless rushing attack, pounding the Yellowjackets for 406 yards on ground, including a career-high 229 from senior tailback Aaron Griffin (Queens/Holy Cross).

"I'm definitely happy with how our guys performed in the second half. I think we came out and did some good things on both sides of the ball," Head Coach Bob Rankl said. "Today was an absolute amazing atmosphere for the unveiling of the black jerseys. First of all, we want to thank our amazing alumni for not only the idea to run the alternate jerseys but also raising the money for it to actually happen."

Griffin scored three rushing touchdowns, including an 80-yarder that knotted the score at 7-7 with just under four minutes left in the opening quarter. Griffin's long run came on Alfred's first play from scrimmage after Rochester had taken a 7-0 lead on a scoring pass from Ryan Eamer to Noah Shinaman.

After Rochester (0-4) went back on top, 10-7, on a field goal at the 12:22 mark of the second quarter, Alfred answered on its ensuing drive to take the lead for good. The Saxons went 51 yards in five

plays, the drive ending on a 19-yard touchdown pass from senior quarterback Casey Boston (Brooklyn/Midwood) to senior tight end E.J. Staniszewski (S. Wales/Holland).

Alfred got back on the board again six minutes later, as Boston hooked up with sophomore wide receiver Zach Leinenbach (Penfield) on an eight-yard TD pass to put the Saxons up 21-10 with 3:18 left in the half. UR added its final points of the game on a short field goal just 17 seconds left before intermission, making the score 21-13.

It was all Alfred after intermission (and after sundown), as the Saxons scored touchdowns on five of six second-half drives. Griffin ran for two one-yard TDs over a six-minute span to put his team in control, 35-13, with 5:12 left in the third quarter.

After the Pep Band, directed this year by Dr. Raul Barcenes, yelled "Harass them, harass them, make them relenquish the ball," AU got the ball right back on a turnover on URs next play, as sophomore linebacker Christopher Cox (Pittsford Sutherland) forced a fumble and made the recovery, setting AU up at the Yellow-jacket 27-yard line. Alfred cashed in four plays later on an 11-yard touchdown run with a spin move by junior tailback Kevin Bragaglia (Holbrook/Sachem North). Bragaglia finished the day with 84 yards on 11 carries.

Alfred closed out the scoring with two fourth-quarter touchdowns: a one-yarder by junior quarterback Will Coats (Keeseville/Saranac Lake) with 8:02 remaining, and a

one-yard plunge by senior tailback Caleb Rinko (Great Valley/Ellicottville) with 5:28 remaining.

Griffin's 229 rushing yards – the sixth most in a game in AU history – came on just 18 carries, all coming in the first three quarters. He also had 38 yards on three catches. Coats ran for 53 yards on 12 carries, and first-year tailback Ugene Harrison (Albion) had 33 yards on seven attempts. Boston overcame an early interception to finish with 162 yards on 13-of-19 passing with a pair of touchdowns.

Alfred's defense was solid, allowing the Yellowjackets just 188 yards of offense, including a mere 28 on the ground. The Saxons now yield just 60 yards rushing per game. The Saxons harassed Rochester's quarterbacks all night, registering six sacks.

Senior linebacker Nick Milgate (Hilton) had a game-high 11 tackles (one sack, two tackles for loss, a forced fumble) and senior defensive end Leo Pamphile (Spring Valley) had eight (2 ½ sacks) to lead the Saxon defense. Cox chipped in with nine tackles (two for loss, 1 ½ sacks) and had a forced fumble and recovery.

Alfred returns to action Saturday, Oct. 5, when the Saxons open Empire 8 play hosting Morrisville State. Kickoff for the Homecoming game at Yunevich Stadium is at 1 p.m.

EXTRA POINTS: Aaron Griffin earned conference and national honors off his 229-yard rushing game. He was named to the D3Football.com "Team of the Week" and to the Empire 8 Co-Offensive Player of the Week...he shared

the E8 honor with St. John Fisher quarterback Hunter Walsh as he threw for 480 yards and two touchdowns while running one in himself in a 38-35 loss at Ithaca...It will be the 50th consecutive Homecoming game that AU alum Mark O'Meara has attended. As a student in the 1970s, O'Meara was a fixture at AU football games, selling programs dressed as a clown. During his senior year, he was on the field, minus his clown suit, serving as a long snapper for Coach Alex Yunevich.

Boshart win streak

For the second week in a row, AU junior women's tennis player Lauren Boshart (Owego) made the list of Empire 8 Players of the Week. Boshart was once again, undefeated on the week as she went 4-0 with doubles wins at No. 2 and No. 1 and two No. 2 singles wins. She picked up a No. 2 doubles win with Kailley Reyes (Dallas, TX/Trinity) against Oswego State, 8-5 and then teamed with Tori Pellegrino (Whitesboro) for a No. 1 doubles win at Sage Colleges. In singles, Boshart won, 6-1, 6-1 against her opponent from Oswego State and defeated her Sage foe, 6-1, 6-2 on Saturday. In singles, she is on a five-match win

streak and in doubles, she is on a four-match win streak. She is undefeated in Empire 8 play in singles and is 3-1 in doubles.

Saxon women fall at Fisher

The AU women's soccer team (4-3-2, 0-1-1 Empire 8) fell on the road on Saturday evening at St. John Fisher, 2-1. Natalie O'Brien (East Syracuse-Minoa) scored off of a free kick from 30 yards out to put the Saxons up 1-0. But opportunities were scarce for Alfred after that. A second half breakaway goal from Fisher's Carli Kovarik to put the Cardinals ahead 2-1.

Makenzie Cashmer (Weedville, PA/Elk Co. Catholic) started in goal for AU and finished with 7 saves.

Men fall to Sage

The AU men's soccer team, after holding #20 Ithaca scoreless for 90 minutes before giving up an overtime goal in a 1-0 loss, hosted The Sage Colleges on Saturday afternoon in an Empire 8 game at Yunevich Stadium. The Saxons (2-8, 0-2 Empire 8) fell to the Gators by a score of 2-1, giving up a late goal. Justin Eaton (Williamson) had the AU goal. AU hopes to get an E8 win as the Saxons are at Hartwick for a 3 p.m. game Saturday, Oct. 5.

ALFRED STATE SPORTS

Pioneers fall at Brockport State

Football: 1-3

Alfred State couldn't get much going as they fell 55-6 at Brockport on Saturday. The Golden Eagles scored on their first three possessions and never looked back. The Pioneers scored their only points of the game when Anthony Allen (Staten Island/New Dorp) scored from one yard out after Bladimir Vargas (Manhattan/George Washington) recovered a fumble on a punt return. Elijah Rimpel (Queens/Bayside) led the way for the Pioneers with nine tackles while Rylie Van Fleet (Maine Endwell) had eight.

Cross Country:

The cross country team had the weekend off. They resume their season on Saturday when they head to Houghton.

Men's Soccer: 0-7, 0-2 AMCC

The men's soccer team couldn't rally all the way back as they fell 2-1 to Penn State Altoona in a AMCC match at Pioneer Stadium

The Lions took an early 2-0 lead in the 1st half. 7:04 into the 2nd half, Jared Barlow (Penfield) got the Pioneers on the board with his first of the season. David Benson (Clifton Park/Shenendowa) picked up the assist. The Pioneers kept the pressure on the rest of the half, outshooting Altoona 9 to 4, but were unable to get the equalizer. Nico Coria (Honeoye Falls Lima) finished the day with seven saves in net for the Pioneers.

Women's Soccer: 0-5-1, 0-2 AMCC

Four different Pioneers found the back of the net as the Alfred State women's soccer team lost a wild 6-4 battle to Penn State Altoona on Saturday.

The Lions scored first but Brooke Scianna (Poughkeepsie/Spackenkill) tied it up on a penalty kick. Annaliese Ziemann (Lancaster) made it 2-1 six minutes later when she scored her first of the season after getting set up by Alyssa Delaney (Hornell). Penn State Altoona scored the next three goals to take the lead before Maggie Meyer (Red Creek) found the back of the net after getting a pass from Zie-

mann to make it 4-3.

After PSA made it 5-3, Abby King (Holland) cut the lead back to one with just over nine minutes remaining in the game when she scored after getting a pass from Angela Martone (Candor). The comeback was thwarted when the Lions scored in the 83rd minute to put the game out of reach.

Alfred State held a slight 17 to 16 shot advantage in the game.

Volleyball: 6-6, 0-1 AMCC

The volleyball team split a pair of matches on Saturday. They fell 15-25, 11-25, 20-25 in their AMCC opener vs. Pitt Greensburg but bounced back for a 18-25, 25-19, 28-26, 25-20 non-conference victory over D'Youville.

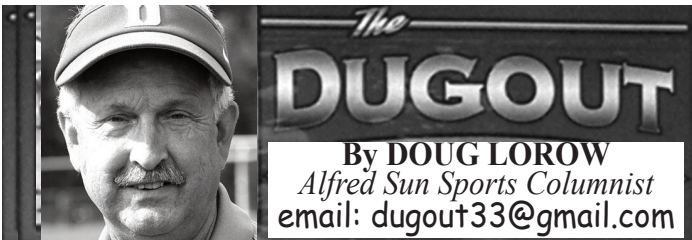
The Pioneers started the day slow vs. Pitt Greensburg as they hit .048 in the contest and had seven service errors. Isabella Slocum (Hornell/Cal Mum) was a bright spot as she collected seven kills on eight attempts. Kiara Perkins (Coudersport, PA) finished with eight kills while Jordan McCoe (Horseheads) passed out 23 assists.

D'Youville used a run midway through the 1st set to take control and take the early lead. In the 2nd set, the Pioneers led 7-6 before going on to win the next six points to take control of the set to even the match up at 1-1. The 3rd set proved to be a wild back and forth affair. D'Youville led 15-9 and 20-13 before the Pioneers rallied to get back to eventually tie the set at 24. A few points later, the blue & gold were able to pull out the 28-26 victory. D'Youville led 17-10 in the 4th set before the Pioneers turned it on and raced all the way back. Perkins served for seven straight points in the rally.

Slocum continued her solid day with a team high 13 kills (.500 hitting percentage). Alyssa Fox (Letchworth) finished with 12 kills and 13 digs, Perkins had 10 kills and 19 digs, and Jordan Stauffenecker (Lansing) chipped in 14 digs. McCoe passed out 40 assists and Mya Van-Duyn (Newark) chipped in seven kills.

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HITS AND MISSES:

It was the first nite game at Yunevich Stadium since 2002 and the black-clad Alfred Saxons football team (3-1) throttled the winless Rochester Yellowjackets, 56-13 with a Homecoming Weekend on tap this coming Saturday. AU should be at (4-1) as they then have their "bye" week prior to heading to Cortland to face a tough Red Dragons squad. The Mustangs of Morrisville come to Merrill Field this weekend off a, 42-15 blasting of Husson (0-3) this past Saturday.

In other Division III football games around NYS, it was: Cortland remaining undefeated by blasting a weak Buffalo State program at 59-21, Ithaca barely got by SJ Fisher 38-35, St. Lawrence blanked Hartwick (1-3) by a 33-0 tally, RPI skunked Anna Maria (Island) 38-0, Hobart eased by Montclair State to remain undefeated, Coach Murray's Hamilton team beat Colby, Union was "idle" and Brockport crushed Alfred State, 55-6.

The referee for the Rochester - Alfred football game at Merrill Field was Brian Uhrmacher ... not to be confused with the former Chicago Bears great, Brian Urlacher.

In the AP football poll for the big-time schools, five SEC teams are still in the top ten, with Alabama now #1 after Clemson barely edged a mediocre North Carolina team, 21-20. The Tar Heels went for two-points late and the win, but fell short. Georgia, LSU, Auburn and Florida are 3-5-7-10. The Tigers of Auburn have to play Florida, LSU, Georgia and 'Bama "every other game" starting this weekend. Yikes. Brownie says they'll lose to the Bulldogs from Georgia and a couple of the Capadonia's feel certain LSU will prevail.

The Buffalo Bills (3-1) finally lost an NFL game but they played the high-flying, visiting New England Patriots and kept them grounded for the most part as they lost 16-10. Tom Brady only had 150-yards passing, no TD's and was a mere 18-for-39. Great Bills defense! Buffalo is off to Tennessee this weekend to face the up-and-down Titans who are (2-2) after blitzing Atlanta on Sunday past.

In D3 women's soccer, Alfred University is now (4-3-2) after consecutive losses to the University of Rochester and SJ Fisher.

The Alfred State women's soccer program is still looking for win #1 on the season after a loss to PS-Altoona, 6-4. Coach Holmok's (A-A) troops are in the Allegheny Mountain Collegiate Conference and are at (0-5-1) overall now. The AMCC has long been dominated by Coach O'Driscoll's PS-Behrend squad but they are off to an uncharacteristic (1-5-2) start of their own with very few goals scored on the year. The two teams will meet later this month at Alfred.

Coach Wiley's Geneseo women's soccer team is now (7-2-1) after a weekend defeat of Oswego and a tie with Cortland, 1-1 in SUNYAC opening action.

The NYU women's soccer team (7-2) is looking strong in the early going with assistant coach, Taylor Booth on staff. They are at UR the first day of November.

It is time for playoff baseball! In the American League it will be Tampa Bay and Oakland in the wild card game as the Cleveland Indians faded down the stretch. The winner of that one-game outing will take on the strong Houston Astros in a best-of-five. Minnesota and the NY Yankees tangle in the other series. Back in June or July I took Houston to win the AL and face the LA Dodgers in the World Series. Sticking with that as I think they have a better "contact" hitting team than the Yanks or Twins. Not to mention their strong starting staff with the 1-

THE DUGOUT CONTINUED...

2 punch of Justin Verlander and Gerrit Cole. Houston over the Yanks with the valuable home field advantage.

Washington and Milwaukee will play each other in the wild card game as the Brewers surged at the end of the year as the Chicago Cubs fell apart. The winner of that game will play the LA Dodgers while the St. Louis Cardinals and Atlanta Braves face each other. The NL is about as even as it can get but sticking with LA and new "bandwagon fan" Jamie Bennett to prevail. The Nats have a solid starting staff with a suspect bullpen but they'll have to use their ace in Max Scherzer to get by the 'Brew Crew. Advantage LA, then Dodgers over the Cards after that. In the World Series, Houston beats the Dodgers, 4-3 ... sorry Big D and "Foolish" Farley!

Spotted some NYS vanity plates here and there of late: GOJETR ... with Yanks logo, FROSTBYT ... the clown known as Antonio Brown, OFFICES, FARSCPE1... 1999 television show and FRNKIE ... Our Man!

With Stephen Baker being inducted into the Section Five Soccer Hall of Fame on October 12th, it completes quite the lineage for the Bakers. Grandpa Bob Baker was inducted into the Genesee Valley Hall of Fame last year for his coaching at Belmont High. Stephen's father, John is a member of the Alfred-Almond Hall of Fame, Class of '79 and now Stephen. "Maybe" he'll actually get into the McQuaid Hall of Fame someday!

Ashley Collins has been named an assistant softball coach at Chowan University in NC. Not sure if former Chowan's men's soccer coach, Nate Wiley nor former Geneseo softball coach, Joe Q. French were on the selection committee?

In the NFL off-season the Oakland/Las Vegas Raiders signed WR Antonio Brown who would have problems galore, Vontaze Burfict ... who is probably the dirtiest player in the league and ex-Bills OL, Richie Incognito ... a certifiable "nut case." Brown is out of the league at the moment with lawsuits lined up against him. Burfict was just suspended for the rest of the season for a hit in the Indy game and who knows what is up with Incognito? Some great moves by "Chucky" Gruden, after trading away Khalil Mack (UB) during the season last year and he'll probably be the Defensive Player of the Year this season with the Chicago Bears.

Heading back to the World Series for a moment, as a lifelong Yankees fan I'd obviously love to see them play in the Fall Classic and against either the Cards or Dodgers. Just think Houston has an overall better lineup, that puts the ball in play, doesn't strike out as much and doesn't depend on the HR all the time. Springer - Altuve - Bregman - Correa and more, with home field advantage, spells WS for Houston.

It is time for the annual Frito Lay golf tourney at Terry Hills in Batavia on Wednesday (10/2) and playing with Frank "Chewy" Sce, Kevin Bowman and Brian Ottina ... a sad BoSox fan these

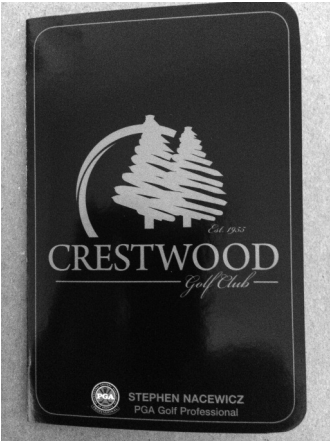


days. Ottina filling in for Larry Caruso who bailed on us this year to (allegedly) head to Ithaca in an attempt to find the Tops Friendly Markets store there!

This Friday is one of those days with three things going on all at once. Going to meet Dave & Tammy Smith in Hornell for lunch and might golf after with the illustrious Smitty in Dansville. Then Simbo calls me on Saturday past and wanted to know if I'd like to golf at Stafford CC with him, Chark and "Iron Mike" Heaney? Teammates all from the Jokers Wild softball squad. Dave Smith grew up in Almond before moving to Catonsville, MD in eighth-grade. He and Tammy spent a good portion of the summer in Towanda, Pa.

Was a great weekend past in Saratoga Springs with Lauren-Jason-Quinn and seeing others along the way. Golfed at the Crestwood GC in Marcy near Utica on the way out Friday. Hidden Valley in Whitesboro was just aerated on the front nine and was too crowded, unfortunately. Played Crestwood many years ago with Big Dale, Bob Springer and Our Man Frank. Decent layout right beside a prison!

Golfed Saturday morning with Bob Bergin and Bob Kruczewy at Airway Meadows in Gansevoort, north of 'Toga, on a quirky layout. Met the NYC trio afterwards in



Wilton at Allen and Steph (Bergin) Landman's house before heading to the AirBnB in Saratoga.

Sunday was quite busy as we met former Geneseo soccer player, Andy Marzo and his very pregnant wife, Amber for breakfast at the Country Corner Cafe. Hadn't seen Marzo since meeting him at the famed John Barley Corn in Owego about five years back. Off to the Pumpkin Patch at Sunnyside Farm afterwards as Quinn was having a blast. A trip over to the historic Congress Park next where were met Allen, Steph and baby Coen. Quinn on a carousel ride, twice. A stop at Druthers after for a Brevity Wit! Did not see Coach Beyer there. Finishing up the solid day with dinner at The Local Pub & Teahouse. Super weekend seeing all three as Quinn just turned two and is talking up a storm.

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