

Alfred University's Sanger earned Empire 8 honors for volleyball

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ALFRED -- Alfred University's Beth Sanger (Greece/Greece-Arcadia) was honored by the Empire 8, which announced its all-conference volleyball teams Wednesday. Sanger, a sophomore middle hitter and team captain, was given Honorable Mention by the Empire 8. She led the Lady Saxons in kills (319), digs (319) and blocks (50). She ranked sixth in the conference with 3.13 kills per game. The Empire 8 is made up of Alfred University, Elmira College, Hartwick College, Ithaca College, Nazareth College, Rochester Institute of Technology, St. John Fisher College and Utica College.