AU outdoor track and field teams open season at Ithaca 3/29/10



ITHACA, NY - The Alfred University men's and women's outdoor track and field teams opened their 2010 season at Ithaca Saturday. There were no team scores, but several AU athletes turned in solid performances. Freshman Emily Moorehead (Waverly, NY/Waverly) broke the women's school record in the hammer throw in her first time competing in the event at the collegiate level. Her throw of 37.30 meters broke the former record of Elizabeth Menter (32.72 meters) set in 2002. Sophomore Richard Scott (Eden, NY/Eden) earned the men's team's only victory, taking first place in the 200-meter dash (22.80 seconds). Scott also placed eighth in the 400-meter dash (50.50 seconds) and teamed with freshman Chris Lopez (Rochester, N Y/Pittsford Sutherland) and sophomores Justin Shardlow (Almond, NY/Alfred-Almond) and Mitchell Schrechengost (Falconer, NY/Falconer) to take fourth in the 4X100-meter relay (44.66 seconds). Other top performers for the AU men were: junior Shawn Ross (Ticoneroga, NY/Ticonderoga), third in the shot put (13.89 meters); junior Markenson Joseph (Brooklyn, NY/Nazareth Regional), eighth in the hammer throw (40.81 meters); senior Lee Consolo (Pleasantville, NY/Pleasantville), fourth in the 800-meter run (2:00.49); Lopez, fifth in the long jump (5.99 meters) and 10th in the 100-meter dash (11.65 seconds); senior Ned Lessig (Reading, PA/Wilson), seventh in the 400-meter hurdles (1:02.00); senior Jesse Schuster (Tonawanda, NY/Tonawanda), 10th in the 3,000-meter steeplechase (10:46.48); freshman Jeremy Weaver (Lancaster, PA/Lancaster Catholic), sixth in the 200-meter dash (23.73 seconds), and senior Corey Smith (Albion, NY/Albion), sixth in the 5,000-meter run (17:12.15). Freshmen Amy Morrissey (Hornell, NY/Hornell) and Kelly-Jo Beck (York, NY/York) helped pace the AU women. Morrissey was second in the 400-meter dash (1:03.85) and fifth in the 200-meter dash (28.28 seconds), while Beck placed in the top 10 in three throwing events sixth in the discus (27.09 meters), seventh in the shot put (9.71 meters), and eighth in the jevelin (24.67 meters). Other top performers for the Alfred women were: freshman Jordyn Larkins (Rochester, NY/Harley-Allendale-Columbia), fourth in the 100-meter dash (13.70 seconds); junior Melissa Haahr (Owego, NY/Tioga), third in the 3,000-meter steeplechase (12:48.78); senior Megan Crimmins (Big Flats, NY/Horseheads), fifth in the 1,500-meter run (5:12.68) and 800-meter run (2:35.31); senior Rachel Gaylord (Elmira, NY/Horseheads), ninth in the 1,500-meter run (5:30.50) and fourth in the 400-meter hurdles (1:14.32); sophomore Jen Chan (Angelica, NY/Genesee Valley), seventh in the 400-meter hurdles (1:19.83); and freshman Kirstin Cook (Tonawanda, NY/Kenmore East), fifth in the discus (27.14 meters). The team of Gaylord, Morrissey, Haahr and Crimmins were fourth in the 4X400-meter relay (4:23.09). Alfred is in action next on Saturday, April 3, at Muhlenburg.