

Off named Empire 8 women's hoops all-star

2/27/15



Amanda Off (New Berlin, NY/Unadilla Valley), a sophomore forward on the Alfred University women's basketball team, has been named an Empire 8 Conference all-star. Off was named to the Second Team.

A 6-0 forward, Off averaged a team-high 16.2 points (third in the Empire 8), 7.7 rebounds (seventh in the E8) and 1.3 blocks (third in the conference). She was second on the team in steals, with 1.4 per game, which ranked 11th in the league. She shot 42.9 percent from the floor and 71.9 percent from the foul line, which rank fifth and eighth, respectively, in the Empire 8.

Off finished the year with 407 points, the second most in a single season in team history, behind only the 420 that AU Hall of Famer Heidi Aldous scored in 1985-86. She scored in double figures in 22 of 25 games this year; had five games with 20 or more points (season- and career-high 27 vs. Houghton Jan. 8); and posted five double-doubles.

Each season, the Empire 8 honors students-athletes from each conference school who play on teams sponsored by the conference, with Sportsperson of the Year awards. Honorees, chosen by their coaches, exhibited outstanding sportsmanship in keeping with the conference's mission of "competing with honor and integrity." Senior guard **Emilea Harrison (Dansville, NY/Dansville)** is Alfred's honoree from the women's basketball team.