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What's Happening?

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TODAY

TOMORROW

FRIDAY

3:45 [Zumba Fitness Classes](#)9:30 [AU Fridays](#)

Submit to the Get Involved Guide!

Do you have an event or activity coming up during the first half of the Fall Semester that you would like advertised in the CSI: AU Get Involved Guide?

The Center for Student Involvement (CSI) is beginning to organize events for the dates of Aug. 27 - Oct. 12, 2012.

If you would like to submit your event, please send your announcement and any attachments of photos to napolitano@alfred.edu by FRIDAY, AUG. 3. Thank you.

Submitted by: Nancy Banker

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Summer May Be Winding Down but Wellness is Here to Stay

Wellness is a year round issue and with August upon us it is good to think about how we plan to spend these last days of summer. The Wellness Newsletter attached gives some pointers on how to stay well and enjoy the rest of the season.

Attachment: [TopHealthAugust2012.pdf](#)

Submitted by: Mark Guinan

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Verizon Personal Accounts Update

Attached you will find information regarding the Share Everything plan.

If you have any questions regarding the plan please contact Jamie Kucia at 716-998-7816.

Attachment: [Verizon_Update.pdf](#)

Submitted by: Sue Peck

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Copy Paper Sale

You can purchase copy paper at \$31.50 per case at Stapleslink.com using the product code of 135848 (Staples red box paper).

OfficeMax paper is currently listed at \$33.47 per case and \$39.99 per case at Quill.

If you do not have an account with Stapleslink just complete the attached form and send it to Office & Procurement Services for processing.

Attachment: [STAPLESAPPLICATIONFORM.doc](#)

Submitted by: Sue Peck

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HP Inkjet Print Cartridge 100 Available

One print cartridge, HP Inkjet 100 available to anyone who can use it. I will drop it to you via campus mail. Email interest.

Submitted by: Linda Baker

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Zumba classes moved to Howell Hall

Zumba Fitness classes will be held at 3:45 p.m. each Tuesday and Thursday in Howell through Aug. 9. McLane Center gym will be closed during that time to allow the floor to be refinished. Classes are \$3 each, and no pre-registration is required. Just come in and join the party!

Submitted by: Susan Goetschius

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