

## **Lady Saxons in 11th place at state swimming and diving meet**

2/17/06

SYRACUSE, NY -- The Alfred University women's swimming and diving team is in 11th place following the second day of competition at the New York State Collegiate Women's Athletic Association championship meet at Nottingham High School in Syracuse. Alfred finished the second day of the three-day meet with 308 points, ahead of four other teams. Union College is leading the championships with 823.50 points. Alfred's top swimmers were freshman Kayln Follmer (Windfield, PA/Lewisburg), seventh in the 100-yard butterfly (1:03.69), and senior Bonnie McDermott (Grand Island, NY/Mt. St. Mary), ninth in the 100-yard breaststroke (1:10.78). Other top performers for AU were sophomore Lyndsay Scypta (Plymouth, MI/Cranbrook-Kingswood), 12th in the 400-yard individual medley (4:57.99); senior Rachel Saroka (Groton, NY/Groton), 14th in the 100-yard backstroke (1:04.56); and junior Jessica White (Palmyra, NY/Palmyra-Macedon), 19th in the 200-yard freestyle (2:02.39). AU's 800-yard freestyle relay team of freshman Jessie Caccamo (Ballston Lake, NY/Shenendehowa), White, Saroka and Follmer finished in ninth place (8:17.68), while Saroka, McDermott, Follmer and senior Tara Mungro (Rochester, NY/Wilson Magnet) were 12th in the 200-yard medley (1:56.80). The meet concludes Saturday with the 1,650-yard freestyle, 200-yard backstroke, 100-yard freestyle, 200-yard breaststroke, 200-yard butterfly, 3-meter diving and 400-yard freestyle relay.