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TODAY	TOMORROW	FRIDAY
5:30 Kripalu Yoga		12:00 Men's & Women's Swimming & Diving - Away 6:00 Women's Basketball - Away 8:00 Men's Basketball - Away

Water Off in Science Center Thursday

The water will be shut off at the Science Center Thursday, Jan. 15, from 7 a.m. to 3 p.m. Sorry for the inconvenience.

Submitted by: Deborah Clark

[back to top](#)[Send Email Reminder](#)**First in a Series of Three Retirement Investment/Planning Seminars**

TIAA-CREF and Alfred University are pleased to announce that a series of retirement investment and planning seminars targeted towards women workers has been scheduled for 2015. The first of three seminars, "Postcards from the Future: A Woman's Guide to Financially Ever After" will be held on Friday, Jan. 30 from 2:30-4:30 p.m. in the Kenyon-Allen Rooms, Powell Campus Center. Admission is free.

We encourage your participation in this very worthwhile event. Space is limited so reserve your seat by calling 1-800.732.8353 Monday-Friday from 8 a.m.-8 p.m., or by visiting going to www.tiaa-cref.org/schedul...

You will find more details about the event visiting:
<http://www.alfred.edu/alf...>

Submitted by: Deborah Clark

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Calling All Alumnae Athletes!

Alfred University plans to highlight the role that the athletic experience played in women's lives at AU and beyond. We are looking for stories and photos that illustrate the experience of women athletes at AU throughout the decades. This is a collaborative effort among AU's Student Affairs, Athletics, Archives, and University Relations divisions. Plans include an online timeline and memory book, and will culminate in celebratory events at Homecoming 2015.

The recently concluded ScoreOne Campaign, and the dedication of Harrington Park in honor of Doris Harrington, a former physical education department chair who helped usher women's sports into AU in the 1970s, brought renewed attention to the history of women's athletics at AU. We want to know more! (see <http://www.alfred.edu/pre...>)

To inform and give life to all of this, we hope you will share your stories and photos with us. Please contact Anne Cornell at cornella@alfred.edu with your stories, comments and questions.

Submitted by: Deborah Clark

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Green Tips

When you're doing "spring cleaning," rather than throwing all of that stuff in a dumpster, sort through to see if anything can be donated. Check out the Op Shop!

Submitted by: Jordyn Williams

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Zumba Classes Resume

Fulfill those New Year's resolutions by burning lots of calories in Zumba! Tuesdays and Thursdays at noon in the multi-purpose room at the Health and Wellness Center; \$40 for the month. If you can't make the entire month, you can drop in for \$5 a class for faculty, staff and community members, \$3 for students. Minimum number required to sign up for class to be held.

Submitted by: Susan Goetschius

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Spanish for Kids

An introduction to Spanish class will be offered this winter for kids with or without experience in Spanish.

Carla Allende, a certified Spanish teacher and native Spanish speaker, with assistance from Dr. Kerry

Kautzman, AU professor of Spanish, will hold classes at the Alfred Montessori School. Visit the school's website for more information.

Link: <http://alfredmontessori.com/>

Attachment: [SpanishClassPoster_Final.pdf](#)

Submitted by: Nicole Munkwitz

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Andover vs. Canaseraga Boys/Girls Varsity Basketball in McLane Friday

The Andover/Canaseraga Boys and Girls Varsity Basketball teams will play in McLane Center this coming Friday, 1/16/15.

The girls game starts at 6 p.m. with the Boys contest starting at 7:30 p.m. Please come out and support these area teams. Free admission!

Submitted by: Deborah Clark

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