

AU Graduate Student Publishes Article in National Professional Newsletter

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Alfred, NY -- Joanne P. Canty, a recent graduate of Alfred University's counseling program, recently published an article in Counseling Today, the newsletter of the American Counseling Association. The newsletter is distributed to more than 50,000 counselors nationwide. Canty's article, which appears in the newsletter's "Student Focus" section, relates a shattering experience during her time at AU. While watching a videotaped counseling session during a class in "The Principles of Counseling," Canty realized that she knew the client personally. The client was talking about the difficulty of dealing with a friend's untimely death in an accident. Even more distressing, Canty herself had known the person who died, and was still grieving over the death. Her article details her attempt to deal with this incident, the mistakes she made, and the vital lessons she learned about confidentiality, a guiding principle of the counseling profession. She wrote the article, she reported, partly to put her experience in perspective for herself and partly that other students could learn from her mistake. The journal Counseling Today has a web site. The address is www.counseling.org/ctonli....