

Bergren Forum speaker to detail 'Sleepless in Rochester'

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Michael Perlis, associate professor of psychiatry, neurosciences and psychology at the University of Rochester, will present "Sleepless in Rochester" at Alfred University's Thursday, Nov. 9 Bergren Forum, at 12:10 p.m. in the Nevins Theater, Powell Campus Center. During "Sleepless in Rochester," Perlis will review the latest research on sleep: what we know, what we don't know, where research is going, and why we should care. The Bergren Forum, sponsored by the Alfred University Division of Human Studies, meets Thursdays during each academic semester at the University. Participants are encouraged to bring a lunch; coffee and tea will be available.