

AU's Squillaciotti, Consolo set for ECAC outdoor track and field championships

5/13/08

SPRINGFIELD, MA Two members of the Alfred University men's track and field team will compete in this week's ECAC outdoor championship meet, Thursday and Friday, May 15 and 16, at Springfield (MA) College. Junior Ryan Squillaciotti (Smithtown, NY/Hauppauge) will compete in the shot put and sophomore Lee Consolo (Pleasantville, NY/Pleasantville) in the 400-meter run. Squillaciotti has been outstanding in the shot put throughout his career. In March, he won an Empire 8 title in the event at the conference championship meet held at Ithaca College. His toss of 14.25 meters established a new Empire 8 championship record. Last month he finished third in the shot (14.49 meters) at the New York State Collegiate Track Conference (NYSCTC) outdoor championships. He was named a First Team Empire 8 all-star in the shot put at the conference indoor championships in February and was ultimately named Empire 8 Field Athlete of the Year for the indoor season. Squillaciotti was a First Team conference all-star in the shot put as a sophomore during the 2006-07 indoor season, when he set the Empire 8 indoor championship record and was named Co-Field Athlete of the Year. Consolo has performed well in the 400 meters throughout this year's outdoor season. He placed fourth at the Empire 8 championship meet (51.97 seconds); seventh at the state championships (50.31 seconds); first at Houghton (50.40 seconds); and fourth at Rochester (51.34 seconds). He was a Second Team Empire 8 all-star in the outdoor 400 meters as a freshman in 2007, when he finished ninth at the state outdoor championships. As a freshman, Consolo placed seventh in the 500-meter run at the ECAC indoor championships and earned First Team Empire 8 honors in the 500 meters with his third-place finish at the state indoor championships. He ran on Alfred's distance medley relay team at this year's ECAC indoor championships.