

Three Saxons named ECAC Northwest Region football all-stars

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ALFRED, NY Three members of the Alfred University football team have been named First Team Northwest Region All-Stars by the Eastern College Athletic Conference (ECAC). Senior linebacker Brenton Brady (Rochester, NY/Marshall), junior strong safety Aaron Meyers (Delevan, NY/Pioneer) and senior tackle Matt Nelson (Glens Falls, NY/Glens Falls) were honored, the ECAC announced today. All three had previously been named Empire 8 Conference First Team All-Stars. Brady and Meyers were the leaders of one of the strongest defenses in the region. The Saxons allowed only 260 yards of offense per game (first in the Empire 8 Conference and second in Upstate New York). The team led the conference in rush defense (106.6 yards per game) and scoring defense (15.5 points per contest). For Brady, the 2004 ECAC Northwest Region Player of the Year, it marks the third straight year he was named an ECAC Northwest Region First Team all-star. He finished the 2005 season with a team-high 98 tackles (61 solo, 12.5 tackles for loss and six sacks) to go with four forced fumbles and an interception. Brady was recently chosen to play in the Aztec Bowl Dec. 17 in Toluca, Mexico. The game pits a team of Division III all-stars against collegiate all-stars from Mexico. Meyers, a three-year starter at strong safety, had 75 tackles (52 solo, six for loss), which ranked third on the team. His five interceptions led the team and were second in the Empire 8 and third in Upstate New York. The Empire 8 Conference Rookie of the Year in 2003 and an honorable mention pick a year ago, he has nine career interceptions. Nelson, a three-year starter, anchored an offensive line that helped produce 383.5 yards per game, including 186 yards per game on the ground. In his three years as a starter, Nelson has helped pave the way for three different 1,000-yard rushers. The Saxons also passed for nearly 200 yards per game, with the Nelson-led line allowing a mere seven sacks on the season. He was a Second Team Empire 8 all-star in 2004. The AU football team concluded its 2005 season with a 63-20 defeat of visiting Maine Maritime Academy in the ECAC North Atlantic Bowl Championship game to finish the year 9-2 record, the Saxons' best record since the 1989 team recorded the same mark.